

LIVINGSTON OPEN MEETING

Wednesday 17th August 2011, 7.00PM – 9.00PM Craigswood Sports Centre, Livingston

TIMETABLE

	TRACK	FIELD	
7.00		Long Jump (U15+)	
7.15	300m		
7.30	400m		
7.45	100m		
8.00		Long Jump (U11/U13)	Shot Putt
8.30	800m		

■ Registration will open at 6.00PM and close 30 minutes before the start time of each event.