

# LIVINGSTON TRIALS NIGHT

Wednesday 8<sup>th</sup> June 2011, 6.30PM – 9.00PM

Craigswood Sports Centre, Livingston

# TIMETABLE

	TRACK	FIELD	
7.15		Long Jump (U15+)	Shot Putt (U11/U13)
7.30	100m		
8.00	800m	Long Jump (U11/U13)	Shot Putt (U15+)
8.20	400m (U15B/U17M/SEN)		
8.30	300m (U17W)		
8.50	Relay		

- Registration will open at 6.30PM and close 30 minutes before the start time of each event.
- Entries must be made in advance using the online entry form.
- Entries for the relay only will be taken on the night.