

M 100m A	Wind +7.7 m/s	M 100m B	Wind +5.0 m/s
1 Tom Holligan	EDN 10.55	1 Allan Hamilton	EDN 10.77
2 Christian Carson	GHD 10.72	2 Sam Miller	PST 11.14
3 Ross McGill	GSW 10.84	3 James McLaren	KGA 11.24
4 Anthony Young	KGA 10.86	4 Scott Hall	GHD 11.40
5 Charles Burke	SAL 10.89	5 Victor Neyu Bako	SAL 11.51
6 Tom Bradbury	PST 10.96	6 Joshua Bunney	WKF 11.54
7 Nathaniel Louis	WKF 11.21	7 James Quinn	GSW 11.57
8 Peter Muirhead	TFV 11.28	8 Ryan Calder	TFV 11.75
M 200m A	Wind +6.5 m/s	M 200m B	Wind +6.9 m/s
1 Tom Holligan	EDN 21.70	1 Greg Louden	EDN 22.84
2 Christian Carson	GHD 21.89	2 Charles Burke	SAL 22.85
3 Anthony Young	KGA 22.18	3 James McLaren	KGA 23.05
4 Roy Ejiakuekwu	U17 SAL 22.27	4 Brett Daley	GHD 23.65
5 Kyle Henderson	TFV 22.88	5 Stuart Laing	GSW 23.85
6 Nathaniel Louis	WKF 23.08	6 Lewis Grant	TFV 25.14
7 David Kerr	GSW DNF	7 James Earl McBorrowh	U17 WKF DQ
8 Tom Bradbury	PST DNS	8 Andy Burrell	U17 PST DNS
M 400m A		M 400m B	
1 George Caddick	SAL 50.81	1 Clovis Asong	U17 SAL 51.72
2 Greg Louden	EDN 51.24	2 Allen Farrington	EDN 55.36
3 Greg Urwin	GHD 52.62	3 Daniel Chapman	GSW 55.83
4 Scott Macaulay	GSW 53.36	4 Robbie Cuthbert	U17 KGA 57.65
5 Craig McDowal	TFV 55.24	5 Humish Inness	U17 TFV 58.73
6 Ed Greenall	PST 57.02	6 David Dixon	GHD 59.91
7 Tom Coney	WKF 57.02	7 Ewan McHnight	WKF 1.01.88
8 Lewis Hunter	U17 KGA 57.46	8	PST DNS
M 800m A		M 800m B	
1 Grant Muir	GSW 1.59.49	1 Daniel Hardy	GHD 2.07.02
2 Peter Louden	EDN 1.59.85	2 Lewis Grant	TFV 2.07.46
3 Dale Coley	U17 TFV 2.02.08	3 Graham Evans	GSW 2.09.22
4 Mathew Crawshaw	WKF 2.07.33	4 Ben Daggett	U17 WKF 2.13.62
5 Simeon Greenwood	GHD 2.07.34	5 Ben Potryhus	U17 KGA 2.14.58
6 Andreas Iden	U17 SAL 2.12.21		
7 Scott McAlpine	U17 KGA 2.17.72		
8 Andy Burrell	PST 3.11.26		
M 1500m A		M 1500m B	
1 Max Aitchison	U17 GSW 4.18.89	1 Jack Walker	GSW 4.18.91
2 Callum Johnson	GHD 4.20.24	2 Daniel Hardy	GHD 4.24.04
3 Edward Dudgeon	EDN 4.22.67	3 Ben Stevenson	TFV 4.30.72
4 Ewan Martin	TFV 4.24.63	4 Jake Kerr	U17 EDN 4.36.81
5 Steven Eastwood	U17 WKF 4.31.25	5 Ryan Hartley	WKF 4.46.82
6 Bruce Millar	U17 KGA 4.40.51	6 Scott McAlpine	U17 KGA 4.51.03
M 3000m A		M 3000m B	
1 Luke Traynor	GSW 9.15.52	1 Howell Craske	KGA 9.31.57
2 Jamie Crowe	KGA 9.28.22	2 Martin Fishwick	GSW 9.38.29
3 Jake Wightman	EDN 9.43.19	3 Peter Cameron	EDN 10.28.61
4 Sam Hearn	GHD 9.56.40	4 Ben Daggett	U17 WKF 10.44.76
5 Max McNeil	TFV 10.09.86	5 Daniel Cunningham	GHD 11.07.08
6 Mathew Crawshaw	WKF 10.17.28	6 Ryan Steel	TFV 11.57.28

M 110mH A Wind +0.0 m/s
 1 Toby Harris EDN 14.78
 2 Alex Wort SAL 15.55
 3 Jack Lawrie U17 KGA 15.78
 4 Nick Wood GHD 16.06
 5 Peter Muirhead TFV DNF
 6 John Mulhern GSW DQ
 7 WKF DNS
 8 PST DNS

M 110mH B Wind +7.1 m/s
 1 Cameron Goodall EDN 16.15
 2 Mark Purkis GHD 17.44
 3 Keiron Ferguson U17 TFV 22.33
 4 SAL DNS
 5 WKF DNS
 6 KGA DNS
 7 Jack Lochans GSW DNS
 8 PST DNS

M 400mH A
 1 Toby Harris EDN 57.53
 2 Clovis Asong U17 SAL 57.69
 3 Connor Henderson GSW 58.73
 4 Ameen Abushaira WKF 1.06.55
 5 Joey Williams U17 GHD 1.09.46
 6 Ryan Steele U17 TFV 1.11.27
 7 Ewan Dyer KGA DNF
 8 PST DNS

M 400mH B
 1 Seumas Thomson U17 EDN 1.01.43
 2 John Mulhern GSW 1.02.43
 3 David Dixon GHD 1.10.90
 4 Keiron Ferguson U17 TFV 1.11.19

M 2000m Sc A
 1 Russell Mountford U17 GSW 6.34.01
 2 Jamie Crowe KGA 6.45.87
 3 Ryan Hartley WKF 7.36.89
 4 Max McNeil TFV 7.42.71
 5 Ruairidh Miller U17 EDN 8.02.54
 6 David Dixon GHD 8.41.94

M 2000m Sc B
 1 Ethan Sloan-Dennison GSW 6.37.34
 2 Howell Craske KGA 6.47.76
 3 Aidon Hilton TFV 8.18.40
 4 Ashley Raby WKF 8.28.56
 5 Mark Purkis GHD 10.01.14

M Discus Throw A
 1=Brett Daley GHD 1.00
 1=Scott McNiff U17 KGA 1.00
 1=Sam Johnson PST 1.00
 1=Alex Wort SAL 1.00
 1=Ross McManus EDN 1.00
 1=Edmund Reid TFV 1.00
 1=Daniel Chapman GSW 1.00
 1=Craig Westermon WKF 1.00

M Discus Throw B
 1=Alan Toward GHD 1.00
 1=Gary Stewart KGA 1.00
 1=Darren Evans PST 1.00
 1=Jack Sheldon U17 SAL 1.00
 1=Jonathan Murray EDN 1.00
 1=Taylor Nimo U17 TFV 1.00
 1=Nick Stone GSW 1.00
 1=Chris Wood WKF 1.00

M Hammer Throw A
 1 Ross McManus EDN 51.18
 2 Edmund Reid TFV 51.12
 3 Nicky Stone GSW 49.46
 4 Sam Johnson PST 44.75
 5 Jordan Bowser GHD 43.99
 6 Craig Westermon WKF 33.96
 7 Jack Sheldon U17 SAL 24.24
 8 Scott McNiff U17 KGA 19.84

M Hammer Throw B
 1 Darren Evans PST 39.69
 2 Andrew McLaughlan GSW 38.81
 3 Jonathan Murray EDN 34.22
 4 Kieran Thackray U17 WKF 29.31
 5 Terry Morgan GHD 22.12
 6 Taylor Nimo U17 TFV 19.62
 7 Anthony Young KGA 10.35

M High Jump A
 1 Callum Blaikie SAL 1.90
 2 Fraser Weir TFV 1.90
 3 Jack Roach U17 GHD 1.80
 4 Corey Hastings EDN 1.75
 5 Sean Gaffney GSW 1.70
 6 Curtis Mitchell U17 PST 1.65
 7 Jack Lawrie U17 KGA 1.65

M High Jump B
 1 Kyle Henderson TFV 1.85
 2 Sean Okome U17 SAL 1.80
 3 Robert Ferguson U17 EDN 1.70
 4 Mark Purkis GHD 1.70
 5 Jack Lochans GSW 1.50
 6 Donald Tod KGA 1.50

M Javelin Throw A

1 Terry Morgan	GHD	48.60
2 Tom Dewhurst	PST	42.11
3 Alex Wort	SAL	37.37
4 Fraser Weir	TFV	37.26
5 Andrew McLaughlan	GSW	34.59
6 Andrew Lorkins	U17 WKF	30.21
7 Jake Kerr	U17 EDN	30.18
8 Robbie Cuthbert	U17 KGA	11.12

M Javelin Throw B

1 Brett Daley	GHD	48.49
2 Jack Sheldon	U17 SAL	34.50
3 Sam Johnson	PST	31.56
4 Kieran Thackray	U17 WKF	29.17
5 Robert Ferguson	U17 EDN	26.47
6 Nicky Stone	GSW	26.30
7 Ryan Steele	U17 TFV	25.20

M Long Jump A

1 Allan Hamilton	EDN	7.42+7.3
2 James Davies	SAL	7.09+3.7
3 Kyle Henderson	TFV	7.00+2.4
4 Donald Tod	KGA	6.54+4.4
5 Scott Hall	GHD	6.48+8.7
6 Sam Miller	PST	6.39+5.6
7 Patrick Bowman	U17 GSW	5.30+9.6
8 Andrew Lorkins	U17 WKF	5.30+5.6

M Long Jump B

1 Peter Muirhead	TFV	6.70+5.8
2 Max Martin	EDN	6.59+5.8
3 Joey Williams	U17 GHD	6.21+7.8
4 James Barratt	SAL	6.16+6.0
5 Curtis Mitchell	U17 PST	5.95+5.2
6 Jamie Robertson	U17 GSW	5.17+7.8
7 Ameen Abushaira	WKF	5.15+6.7
8 Scott McAlpine	U17 KGA	4.31+8.9

M Pole Vault A

1=Grant Cryer	GHD	1.00
1=Alex Wort	SAL	1.00
1=Freddy Smith	U17 EDN	1.00
1=Callum Woods	TFV	1.00
1=Paddy O'Donnell	GSW	1.00
1=Kieran Thackray	U17 WKF	1.00

M Pole Vault B

1=Mark Purkis	GHD	1.00
1=Jacob Sutcliffe	U17 SAL	1.00
1=Kevin Woods	U17 TFV	1.00
1=Fraser O'Rouke	U17 GSW	1.00
1=Tom Coney	WKF	1.00

M Shot Putt A

1 Alan Toward	GHD	13.50
2 Darren Evans	PST	12.96
3 Andrew McLaughlan	GSW	12.65
4 Edmund Reid	TFV	12.29
5 Craig Westerland	WKF	12.05
6 Ross McManus	EDN	11.63
7 Gary Stewart	KGA	9.77

M Shot Putt B

1 Sam Johnson	PST	9.80
2 Taylor Nimo	TFV	9.79
3 Chris Wood	WKF	9.42
4 Jonathan Murray	EDN	9.21
5 Terry Morgan	U17 GHD	9.06
6 Nicky Stone	GSW	8.92
7 Scott McNiff	U17 KGA	8.38

M Triple Jump A

1 Allan Hamilton	EDN	14.30
2 Alex Bellis	SAL	13.77
3 Douglas Paul	TFV	13.41
4 Donald Tod	KGA	13.25
5 Scott Hall	GHD	13.13
6 Curtis Mitchell	U17 PST	11.11
7 Jamie Robertson	U17 GSW	10.92
8 Ewan McHnight	WKF	10.50

M Triple Jump B

1 James Barratt	SAL	13.11
2 Daniel Ingram	U17 EDN	12.33
3 Jack Roach	U17 GHD	12.11
4 Fraser Baird	TFV	11.90
5 Patrick Bowman	U17 GSW	10.30
6 Tom Coney	WKF	9.75

W 100m A

	Wind +6.5 m/s	
1 Rachael Highfield	U17 GHD	12.11
2 Molly Cockburn	SAL	12.16
3 Emma Brown	GSW	12.60
4 Rebecca Caswell	EDN	12.71
5 Louise Russell	U17 KGA	12.73
6 Kati Williams	PST	12.74
7 Lois Brown	WKF	13.16
8 Kirsty Forsyth	U17 TFV	13.27

W 100m B

	Wind +6.5 m/s	
1 Laura Walker	GHD	12.51
2 Lauren Lambie	U17 GSW	12.66
3 Abbie Unsworth	U17 PST	12.85
4 Rachel Easton	U17 KGA	12.95
5 Rachel Dinsdale	EDN	13.07
6 Jade Clarke	U17 SAL	13.26
7 Stacy McArdle	U17 TFV	13.84
8 Emily Wadge	U17 WKF	14.61

W 200m A	Wind +10.3 m/s	W 200m B	Wind +5.4 m/s
1 Chloe Lambert	GSW 25.11	1 Rachel Whittle	GSW 25.63
2 Rachael Highfield	U17 GHD 25.22	2 Zoe Kerins	U17 WKF 26.99
3 Samantha Brook	WKF 26.60	3 Beth Towers	PST 27.31
4 Kirsten Galbraith	U17 KGA 26.66	4 Rachel Easton	U17 KGA 27.55
5 Kirsty McKean	U17 EDN 27.18	5 Gabi Vita	EDN 27.58
6 Hannah Lupton	PST 27.57	6 Kirsty Forsyth	U17 TFV 28.44
7 Amy Manson	U17 TFV 27.71	7 Laura Walker	GHD DQ
8 Molly Cockburn	SAL 28.20	8 Connie Briggs	SAL DNS
W 400m A		W 400m B	
1 Diane Ramsey	GSW 59.22	1 Rebecca Ferguson	GHD 1.01.77
2 Stephanie Loraine	GHD 1.03.51	2 Rebecca Hart	GSW 1.05.85
3 Bethany Sharo	U17 WKF 1.04.83	3 Connie Briggs	SAL 1.06.01
4 Sophie Elder	EDN 1.05.08	4 Nicola Kellock	TFV 1.06.15
5 Lauren Bowen	U17 SAL 1.06.43	5 Gabi Vita	EDN 1.07.15
6 Anna Robertson	KGA 1.07.50	6 Lois Brown	WKF 1.07.80
7 Kirsty Forsyth	U17 TFV 1.07.59	7 Rachel Hunter	U17 KGA 1.14.32
8 Sohpie Fletcher	PST DNS	8	PST DNS
W 800m A		W 800m B	
1 Iona Brodie	KGA 2.23.77	1 Kathryn Pennel	KGA 2.30.79
2 Stella Winters	GSW 2.25.80	2 Lauren Lambie	U17 GSW 2.36.15
3 Zoe Kerins	U17 WKF 2.29.21	3 Emily Greenan	U17 TFV 2.40.61
4 Blair Wood	U17 EDN 2.31.58	4 Emily Wadge	U17 WKF 3.07.87
5 Nichola Jackson	PST 2.35.97		
6 Imani Modahl	U17 SAL 2.42.02		
W 1500m A		W 1500m B	
1 Stella Winters	GSW 5.10.02	1 Sarah Hodgson	U17 PST 5.15.87
2 Nichola Jackson	PST 5.15.06	2 Sarah Potter	GSW 5.16.81
3 Rosanna Stewart	U17 EDN 5.24.97	3 Caitlin Gray	EDN 5.33.47
4 Lana Turnbull	TFV 5.37.47	4 Emily Greenan	U17 TFV 5.37.72
5 Rebecca Pease	U17 GHD 5.48.49	5 Faye Lockhart	U17 GHD 5.52.45
6 Imani Modahl	U17 SAL 5.49.03	6 Fiona Cruichshank	U17 KGA 6.13.44
7 Laura Gibson	U17 KGA 5.51.93	7 Laura Ward	U17 WKF 6.51.80
8 Hannah Marsh	U17 WKF 6.01.14		
W 3000m A		W 3000m B	
1 Sarah Potter	GSW 10.34.73	1 Laura Penrice	U17 GSW 11.16.85
2 Emma Dunnett	U17 EDN 11.08.68	2 Ounagh Dunnett	U17 EDN 11.25.08
3 Sarah Hodgson	U17 PST 11.22.79	3 Kerry Gibson	U17 KGA 12.33.39
4 Jennifer Cruichshank	KGA 11.53.74	4 Jessica Timmins	U17 WKF 12.56.79
5 Rebecca Pease	U17 GHD 11.53.86	5 Katie Taylor	GHD 13.29.02
6 Lara Penbo	TFV 12.26.11		
7 Olivia Radcliffe	U17 WKF 12.48.96		
8 Misha Nayak Oliver	U17 SAL 12.57.81		
W 100mH A	Wind +8.3 m/s	W 100mH B	Wind +7.7 m/s
1 Ashleigh Wood	GHD 15.24	1 Kirsty Yates	GSW 17.22
2 Brogan Crowley	SAL 15.32	2 Charlotte Sadler	GHD 18.09
3 Beth Towers	PST 15.93	3 Kati Williams	PST 18.16
4 Sarah Watters	EDN 18.67	4 Rachel Grieve	U17 KGA 22.90
5 Rose Fagan	U17 KGA 19.01	5 Laura Robertson	EDN 25.64
6 Rebecca Hart	GSW 19.28	6 Lucy Holmes	WKF DNF
7 Danielle Anderson	U17 WKF 19.56	7 Lauren Bowen	SAL DNS
8	TFV DNS	8	TFV DNS

W 400mH A

1	Fiona Trew	EDN	1.09.23
2	Samantha Brook	WKF	1.09.53
3	Sophie Fletcher	PST	1.11.32
4	Katie Corner	GHD	1.12.99
5	Connie Briggs	SAL	1.13.69
6	Hollie Lister	TFV	1.13.72
7	Rebecca Hart	GSW	1.19.71
8	Rose Fagan	U17 KGA	1.24.37

W 400mH B

1	Bethany Sharp	U17 WKF	1.11.90
2	Lauren Bowen	SAL	1.15.49
3	Sarah Dick	TFV	1.17.24
4	Ashley Smith	U17 PST	1.19.82
5	Charlotte Sadler	GHD	1.21.28
6	Rachel Grieve	U17 KGA	1.25.31
7	Laura Robertson	EDN	DQ
8		GSW	DNS

W 1500m Sc A

1	Halina Rees	U17 KGA	5.13.45
2	Nicola Kellock	TFV	7.02.90
3	Hannah Marsh	U17 WKF	7.24.59

W 1500m Sc B

1	Jennifer Cruichshank	KGA	6.20.66
2	Reyanne Buckley Anders	U17 WKF	7.55.20

W Discus Throw A

1	Emily Lupton	U17 PST	30.14
2	Rebecca Simpson	GHD	25.00
3	Lisa McAlpine	KGA	24.73
4	Hannah Yates	U17 WKF	24.53
5	Jaqueline Plain	TFV	18.67
6	Kimberley Reid	U17 EDN	17.86
7	Kirsty Yates	GSW	16.35
8	Emily Rawlins	SAL	16.30

W Discus Throw B

1	Lucy Holmes	WKF	23.24
2	Agatha Williams Kelly	U17 TFV	18.62
3	Rebecca Johnstone	KGA	17.34
4	Amy Lupton	PST	15.84
5	Charlotte Sadler	GHD	13.35
6	Evelyn Bryce	U17 GSW	11.94

W Hammer Throw A

1	Kimberley Reid	U17 EDN	48.16
2	Jaqueline Plain	TFV	40.15
3	Kirsty Yates	GSW	37.05
4	Laura Walker	GHD	36.27
5	Lisa McAlpine	KGA	31.04
6	Hannah Yates	U17 WKF	26.72
7	Emily Rawlins	SAL	21.78
8	Emily Lupton	U17 PST	17.41

W Hammer Throw B

1	Kelly Bodley	U17 EDN	41.14
2	Jasmine Burke	U17 SAL	21.55
3	Amy Hutchinson	GHD	19.06
4	Amy Lupton	PST	16.76
5	Nicola Mackay	U17 GSW	16.69
6	Agatha Williams Kelly	U17 TFV	15.64
7	Megan Reynolds	WKF	13.91
8	Kirsty Armstrong	KGA	3.60

W High Jump A

1	Hannah Pringle	GHD	1.00
2	Rebecca Johnstone	KGA	1.00
3	Hannah Lupton	PST	1.00
4	Jade Clark	U17 SAL	1.00
5	Ellen Krisofferson	U17 EDN	1.00
6	Hollie Lister	U17 TFV	1.00
7	Hazel Ross	GSW	1.00
8	Samantha Brook	WKF	1.00

W High Jump B

1=Kirsty Armstrong	KGA	1.00
1=Abbie Unsworth	U17 PST	1.00
1=Lauren Bowen	SAL	1.00
1=Erin Feeley	U17 EDN	1.00
1=Sarah Dick	TFV	1.00
1=Nicola Mackay	U17 GSW	1.00
1=Leanne Barraclough	U17 WKF	1.00

W Javelin Throw A

1 Amy Lupton	PST	39.23
2 Bethany Valente	EDN	27.21
3 Emma Pringle	GHD	26.32
4 Evelyn Bryce	U17 GSW	20.71
5 Kirsty Armstrong	KGA	18.85
6 Brogan Crowley	SAL	17.19
7 Megan Reynolds	WKF	10.20
8 Nicola Kellock	TFV	9.79

W Javelin Throw B

1 Hannah Lupton	PST	26.62
2 Charlotte Sadler	GHD	18.56
3 Erin Feeley	U17 EDN	16.79
4 Rachel Hunter	U17 KGA	15.93
5 Kirsty Yates	GSW	12.12
6 Bethany Porter	U17 WKF	7.04

W Long Jump A

1 Faye Nicholson	EDN	5.56
2 Kirsten Galbraith	U17 KGA	5.53
3 Emma Pringle	GHD	5.49
4 Jade Clarke	U17 SAL	5.46
5 Bethany Porter	U17 WKF	5.12
6 Katy Alderson	U17 PST	4.94
7 Louise Anderson	TFV	4.81
8 Lisa Thomson	U17 GSW	4.36

W Long Jump B

1 Molly Cockburn	SAL	5.38
2 Rachel Robertson	U17 EDN	5.33
3 Ashliegh Wood	GHD	4.73
4 Danielle Anderson	U17 WKF	4.62
5 Amy Lupton	PST	4.37
6 Rebecca Johnstone	KGA	4.23
7 Hollie Meikle	U17 TFV	4.07
8 Evelyn Bryce	U17 GSW	3.99

W Pole Vault A

1 Hanah Lawler	U17 TFV	3.05
2 Samara Mohtasham	SAL	2.60
3 Ellen Kristofferson	U17 EDN	2.60
4 Hannah Downie	U17 KGA	2.60
5 Ashley Smith	U17 PST	2.15
6 Leanne Barraclough	U17 WKF	2.00

W Pole Vault B

1 Katherine Symanski	U17 EDN	1.85
2 Hannah Yates	U17 WKF	1.70

W Shot Putt A

1 Kirsty Yates	GSW	13.10
2 Lucy Holmes	WKF	10.73
3 Emma Pringle	GHD	10.62
4 Hannah Lupton	PST	10.26
5 Brogan Crowley	SAL	8.92
6 Rebecca Johnstone	KGA	8.78
7 Katie Logan	U17 EDN	8.08
8 Agatha Williams Kelly	TFV	7.92

W Shot Putt B

1 Bethany Porter	U17 WKF	8.37
2 Emily Lupton	PST	8.35
3 Nicola Mackay	U17 GSW	8.20
4 Hannah Pringle	GHD	8.19
5 Erin Feeley	U17 EDN	7.88
6 Emily Rawlins	SAL	7.71
7 Jaqueline Plain	TFV	7.27
8 Lisa McAlpine	KGA	7.21

W Triple Jump A

1 Ahtollah Rose	SAL	12.70
2 Emma Pringle	GHD	12.36
3 Abbie Unsworth	U17 PST	11.13
4 Louise Anderson	TFV	10.34
5 Katherine Symanski	U17 EDN	10.21
6 Lisa Thomson	U17 GSW	9.87
7 Danielle Anderson	U17 WKF	9.70
8 Rebecca Johnstone	KGA	9.62

W Triple Jump B

1 Hannah Pringle	GHD	11.38
2 Beth Towers	PST	10.33
3 Hollie Lister	U17 TFV	10.29
4 Sarah Watters	EDN	9.57
5 Leanne Barraclough	WKF	8.89

W 4x100m Relay

1	EDN	52.20	1 Kirsty McKean	U17	2 Rachel Robertson	U17
			3 Rachel Dinsdale		4 Rebecca Caswell	
2	PST	52.33	1 Abbie Unsworth	U17	2 Beth Towers	
			3 Hannah Lupton		4 Kati Williams	
3	GSW	53.02	1 Alana Sinclair	U17	2 Diane Ramsey	
			3 Lauren Lambie	U17	4 Lisa Thomson	U17
4	GHD	53.29	1 Rachel McEwan		2 Rachael Highfield	U17
			3 Laura Walker		4 Ashleigh Wood	
5	KGA	53.65	1 Rachel Easton	U17	2 Louise Russell	U17
			3 Anna Robertson		4 Kirsten Galbraith	U17
6	WKF	55.24	1 Emily Wadge	U17	2 Bethany Porter	U17
			3 Lois Brown		4 Zoe Kerins	U17
7	TFV	1.01.78	1 Kirsty Forsyth	U17	2 Stacy McArdle	U17
			3 Hanah Lawler	U17	4 Nicola Kellock	
8	SAL	DQ				

W 4x400m Relay

1	GHD	4.08.97	1 Katie Corner		2 Laura Walker	
			3 Stephanie Loraine		4 Rebecca Ferguson	
2	KGA	4.10.22	1 Kathryn Pennel		2 Anna Robertson	
			3 Iona Brodie		4 Halina Rees	U17
3	GSW	4.14.45	1 Katie McKnight		2 Stella Winters	
			3 Rebecca Hart		4 Diane Ramsey	
4	EDN	4.19.74	1 Emily Dudgeon		2 Gabi Vita	
			3 Fiona Trew		4 Sophie Elder	
5	WKF	4.20.72	1 Samantha Brook		2 Lois Brown	
			3 Lucy Holmes		4 Bethany Sharp	U17
6	TFV	4.30.60	1 Amy Manson	U17	2 Hollie Lister	U17
			3 Sarah Dick		4 Lana Turnbull	
7	PST	DQ				

M 4x100m Relay

1	EDN	44.00	1 Allan Hamilton		2 Tom Holligan	
			3 John Glen	U17	4 Max Martin	
2	SAL	44.37	1 Charles Burke		2 Victor Neyu Bako	
			3 Roy Ejiakuekwu	U17	4 James Davies	
3	GHD	45.01	1 Nick Wood		2 Scott Hall	
			3 Brett Daley		4 Christian Carson	
4	GSW	45.22	1 Ross McGill		2 John Mulhern	
			3 James Quinn		4 Stuart Laing	
5	KGA	45.66	1 Robbie Cuthbert	U17	2 Anthony Young	
			3 Lewis Hunter	U17	4 James McLaren	
6	WKF	45.89	1 Nathaniel Louis		2 James Earl McBorough	U17
			3 Ewan McHnight		4 Joshua Bunney	
7	PST	46.57	1 Andy Burrell	U17	2 Curtis Mitchell	U17
			3 Sam Miller		4 Ed Greenall	
8	TFV	46.95	1 Kyle Henderson		2 Ryan Calder	
			3 Douglas Paul		4 Peter Muirhead	

M 4x400m Relay

1	EDN	3.28.93	1	Peter Louden		2	Allen Farrington	
			3	Tom Holligan		4	Greg Louden	
2	GSW	3.31.17	1	Grant Muir		2	Jamie Lewis	U17
			3	Scott Macaulay		4	Blair Crawford	
3	TFV	3.34.63	1	Lewis Grant		2	Craig McDowal	
			3	Dale Coley	U17	4	Ewan Martin	
4	GHD	3.35.73	1	Joey Williams	U17	2	Simeon Greenwood	
			3	Greg Urwin		4	James Tumilty	
5	KGA	3.37.26	1	James McLaren		2	Anthony Young	
			3	Lewis Hunter	U17	4	Robbie Cuthbert	U17
6	WKF	3.45.29	1	Nathaniel Louis		2	Mathew Crawshaw	
			3	Ameen Abushaira		4	Tom Coney	

PRIOR STANDINGS			MATCH RESULT			LEAGUE STANDINGS					
	Event	Lge		Event	Lge		Event	Lge			
1	EDN	519	8	1	EDN	477.06	8	1	Team Edinburgh	996.06	16
2	GHD	468.5	7	2	GHD	449.12	7	2	Gateshead Harriers & AC	917.62	14
3	SAL	439.5	6	3	GSW	424.26	6	3	Team Glasgow	814.26	10
4	PST	399	5	4	TFV	354.26	5	4	Sale Harriers (Manchester)	747.76	8
5	GSW	390	4	5	KGA	348.39	4	5	Team Forth Valley	712.26	8
6	TFV	358	3	6	WKF	341.26	3	6	Preston Harriers	693.39	6
7	WKF	347	2	7	SAL	308.26	2	7	Wakefield D. H. & AC	688.26	5
8	KGA	311	1	8	PST	294.39	1	8	Kingdom Athletics	659.39	5

Athlete of the Match: Toby Harris EDN 14.78 M 110mH A(no wind assisted performance con
 Kirsty Yates GSW 13.10m W Shot Putt A(no wind assisted performan

M 200m	Wind +8.1 m/s	M 400m	
1 John Glen	U17 EDN 23.21	1 Blair Crawford	GSW 54.66
2 Callum McLean	SAL 23.43	2 Calum William	U17 GSW 56.40
3 Connor Henderson	GSW 23.91	3 Jamie Lewis	U17 GSW 56.73
4 Jordan Charters	U17 EDN 23.92	4 Clovis Asong	SAL DNS
5 James Tumilty	GHD 24.54	5 Calum McWilliam	U17 GSW DNS
6 Adam Butler	GSW 24.73	6 Niall Curley	U17 KGA DNS
M 200m		M 100m	
1 Seamas Thomson	U17 EDN 23.41	1 Callum McLean	SAL 10.99
2 James Quinn	GSW 24.01	2 Freddy Smith	U17 EDN 11.16
3 Michael Fernie	EDN 25.20	3 Ewan McKnight	WKF 11.34
4 Katie McKnight	U17 GSW 28.73	4 Adam Butler	GSW 11.60
5 Victor Neyu Bako	SAL DNS	5 Taylor Nimmo	U17 TFV 11.65
W Long Jump		M 100m	Wind +5.0 m/s
1 Ellen Kristofferson	U17 EDN 5.24NWI	1 Max Martin	EDN 11.04
2 Kirsty McKean	U17 EDN 4.97NWI	2 David Kerr	GSW 11.18
3 Brogan Crowley	SAL 4.80NWI	3 Jordan Charters	U17 EDN 11.45
4 Katie Logan	U17 EDN 4.60NWI	4 Ameen Abushaira	WKF DNS
5 Erin Feeley	U17 EDN 4.24NWI		
W Triple Jump		M 1500m	
1 Rachael McHugh	U17 GHD 11.68NWI	1 Ewan Berry	U17 KGA 4.52.94
2 Carla McMullen	GHD 10.59NWI	2 Cameron Thomas	U17 KGA 5.03.91
3 Rachel Dimsdale	EDN 9.96NWI		
4 David Kerr	GSW 8.48NWI		
W 100m	Wind +6.3 m/s	M Shot Putt	
1 Ashleigh Wood	GHD 12.93	1 Andrew Loudon	U17 EDN 9.47
2 Alana Sinclair	U17 GSW 13.47	2 Fraser Weir	TFV 11.07
M Triple Jump		M 800m	
1 Freddy Smith	U17 EDN 11.82NWI	1 Ben Stevenson	KGA 2.08.68
2 Fraser O'Rourke	GSW 11.27NWI	2 Aiden Hilton	SAL 2.27.69
M Triple Jump		M Long Jump	
1 Fraser O'Rourke	GSW 11.27NWI	1 Jordan Newport	EDN 6.21NWI
M 3000m		W 800m	
1 Daniel Johnson	U17 GHD 10.31.14	1 Stephanie Penkirk	KGA 2.41.85
W 1500m		M High Jump	
1 Kate Watson	U17 EDN 5.40.69	1 Freddy Smith	U17 EDN 1.50