

PROVISIONAL TIMETABLE AND EVENTS			
EV. No.	TIME	EVENT	AGE GROUP
1	10am	400m Hurdles	SM
2	10.05	400m Hurdles	SW
3	10.40 - 12.00	100m	SEN/U17/U15/U13/U11(M & F)
4	14.00	300m	U17W
5	14.10	400m	SM /SW
6	15.20	1500m	SW
7	16.00 - 17.00	200m	SEN/U17/U15/U13/U11(M & F)

FIELD EVENTS			
F1	10.00	HAMMER	U17/SM/SW
F2	10.00	SHOT	U11 / U13 B & G
F3	11.00	LONG JUMP	SM
F4	11.15	HIGH JUMP	U17/SW
F5	12.15	HIGH JUMP	U13/15 GIRLS
F6	12.15	JAVELIN	U17 / SW
F7	14.00	POLE VAULT	OPEN
F8	14.00	SHOT	U17 / SW
F9	14.15	LONG JUMP	U17 / SW
F10	14.15	HIGH JUMP	U13 / U15 BOYS
F11	15.15	LONG JUMP	U11 / U13 B & G

PROGRAMME IS VERY PROVISIONAL AND LIMITED AS THIS EVENT IS A JOINT MATCH WITH THE SCOTTISH MASTERS CHAMPIONSHIPS
And SCOTTISH 10Km TRACK CHAMPIONSHIP (Approx. 12.30?)
 ALL LBT TRACK EVENTS WILL BE BASED ON ELECTRONIC TIMES – NO FINALS

Distance events and some field events may be incorporated within Master's Events, depending on entries from either event.