

National Indoor Senior Championships  
Kelvin Hall  
26th FEBRUARY 2011

**Track**

No	Time	Event	Age Group	Round	Entries
T1	10.00	60m Hurdles	Women	2 heats	9
T2	10.10	60m	Men	4 heats	26
T3	10.30	400m	Women	3 heats	6
T4	10.40	400m	Men	3 heats	15
T5	10.55	60m	Women	3 heats	15
T6	11.10	60m	IFC	Rd 1 of 2	8+8
T7	11.20	60m	Men	Semi final	12
T8	11.30	1500m	Women	Final	7
T9	11.40	1500m	Men	Final	8
T10	11.45	60m Hurdles	Women	Final	6
T11	11.50	60m Hurdles	Men	Final	4
T12	11.55	60m	IFC	Rd 2 of 2	8+8
T13	12.00	60m	Women	Final	6
T14	12.05	60m	Men	Final	6
		<b>LUNCH</b>			
T15	13.00	800m	Men	3 heats	13
T16	13.15	200m	Men	4 heats	19
T17	13.35	400m	Women	Final	5
T18	13.40	400m	Men	Final	5
T19	13.45	200m	Women	2 heats	9
T20	14.00	4 x 200m Relay	U17 Women	3 heats	11
T21	14.15	4 x 200m Relay	U17 Men	2 heats	9
T22	14.25	200m	Men	Semi final	10
T23	14.35	Medley Relay	IFC	Final	4+4
T24	14.55	800m	Women	Final	5
T25	15.00	800m	Men	Final	5
T26	15.10	4 x 200m Relay	U17 Women	Final	5
T27	15.15	4 x 200m Relay	U17 Men	Final	5
T28	15.25	200m	Women	Final	5
T29	15.30	200m	Men	Final	5
		<b>Field</b>			
F1	10.00	Triple Jump	Men	Final	5
F2	10.00	Pole Vault	Women	Final	7
F3	11.00	Shot Putt	Men	Final	3
F4	11.00	Long Jump	Women	Final	8
F5	12.30	Long Jump	IFC	Final	16
F6	12.30	Shot Putt	IFC	Final	16
F7	12.30	High Jump	IFC	Final	16
F8	13.00	High Jump	Women	Final	6
F9	13.15	Pole Vault	Men	Final	9
F10	13.30	Long Jump	Men	Final	8
F11	14.30	High Jump	Men	Final	7
F12	15.00	Shot Putt	Women	Final	4
F13	15.00	Triple Jump	Women	Final	5