

Scottish Athletics Masters and Combined Events Indoor Championships

Sunday 24 January 2010

Provisional Track Timetable

No	Time	Event	Age	Athletes	Heats
CE-T1	10.00	60m Hurdles	Sen Men	4	1
CE-T2	10.05	60m Hurdles	U20 Men	3	1
M-T3	10.10	3000m	W35/40/45/50	5	1
CE-T3	10.10	60m Hurdles	Vet Men	8	2
CE-T4	10.20	60m Hurdles	U20/Sen/Vet Women	5+3+4	3
M-T2	10.35	60m Hurdles	Masters-Men/Women	9	3
M-T1	10.40	3000m	M40/45/50/55/60	13	1
CE-T5	11.00	60m Hurdles	U17 Women	6	1
M-T4	11.10	60m	W35/40/45/50	6	1
M-T5	11.15	60m	M35/40	3+4	1
M-T6	11.20	60m	M45	5	1
M-T7	11.25	60m	M50	6	1
M-T8	11.30	60m	M55	4	1
M-T9	11.35	60m	M65/70/75	3+3+1	1
M-T12	11.40	400m	M60/W35/45	1+1+1	1
M-T13	11.45	400m	M75/80	2+1	1
M-T11	11.50	400m	M50/55	2+2	1
M-T10	11.55	400m	M35/40/45	1+1+1	1
CE-T6	12.00	60m Hurdles	U15 Girls	12	2
M-T17	12.05	800m	W35/40/45	1+1+1	1
M-T14	12.15	800m	M35/40/45	1+2+2	1
M-T15	12.25	800m	M50	6	1

LUNCH					
M-T16	13.20	800m	M55/60/65/75/80	6	1
M-T18	13.30	200m	W40/45/M65	1+1+1	1
M-T19	13.35	200m	M70/75	2+2	1
M-T20	13.40	200m	M35	3	1
M-T21	13.45	200m	M40/45	2+2	1
M-T22	13.50	200m	M50	5	1
M-T23	13.55	200m	M55	4	1
CE-T7	14.30	1000m	Vet Men	8	1
M-T24	14.45	1500m	W35/40/45/M70/75/80	6	1
CE-T8	15.00	1000m	U20/Sen Men	3+4	1
CE-T9	15.30	800m	U17 Women	6	1
M-T25	16.00	1500m	M40/45	2+3	1
CE-T10	16.30	800m	U15 Girls	12	1
CE-T11	16.40	800m	U20/Sen Women	5+3	1
CE-T12	16.50	800m	Vet Women	4	1
M-T26	17.00	1500m	M50/55	5+3	1

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Provisional Field Timetable - Masters & Combined Events

MASTERS Field Events				
No	Time	Event	Age	Athletes
M-F1	10.00	Pole Vault	W50/M40/45/50	1+1+1+3
M-F2	10.00	Triple Jump	M35/45/50/55/65	5
CE-F1	10.00	High Jump	U15 Girls	12
CE-F2	10.00	Shot Putt	U17 Women	6
CE-F3	11.15	High Jump	U20/Sen/Vet Women	5+3+4
CE-F4	11.45	Long Jump	U17 Women	6
CE-F5	12.00	Pole Vault	U20/Sen Men	3+4
M-F3	12.30	Triple Jump	W35/40/45/50	1+1+1+1
CE-F6	12.30	High Jump	Vet Men	8
M-F4	13.00	Shot Putt	W35/40/50/60/65	7
CE-F7	13.30	Long Jump	U15 Girls	12
CE-F8	14.00	Shot Putt	U20/Sen/Vet Women	5+3+4
CE-F9	14.00	High Jump	U17 Women	6
M-F5	14.00	High Jump	W50/All Men	10
CE-F10	15.00	Long Jump	U20/Sen/Vet Women	5+3+4
CE-F11	15.00	Shot Putt	U15 Girls	12
M-F6	16.00	Shot Putt	All Men	14
M-F7	16.00	Long Jump	All Men/Women	9

IMPORTANT NOTES

ALL TIMES AFTER 10.00AM ARE APPROXIMATE AND LIABLE TO CHANGE

All Individual MASTERS MUST be aware that this is a tight timetable and they must be at their events in good time.

Combined Events will take precedence over Masters Events because of timing.