



Date: 21 April 2009

To: Athletic Union Presidents / Sports Officers

Re: Outdoor Athletics Championships 2009 – Pre Event Information

DATE: Saturday 2 May – Monday 4 May 2009

Team Registration and the Withdrawals and Substitutions Desk will be open on Friday 1 May from 17.30-19.30pm.

VENUE: Bedford International Athletics Stadium
Barkers Lane
Bedford
MK41 9SB

CAR PARKING: There is plenty of parking on site. Attendants will direct you where to park.

ARRIVAL: All athletes and coaches are asked to enter the stadium by the main entrance. All spectators will be directed to enter at the turnstiles. Entry is £1 per day. This includes a copy of the programme. Each team will receive a copy of the programme in their Team Pack. Additional copies of the programme will be on sale for £1.

MEDICAL: There will be a team of physiotherapists on site as well as a sports doctor. There will also be an ambulance on standby, two Technicians and St John's Ambulance cover.

REFRESHMENTS: The bar area at the stadium will be open daily selling food and drinks to athletes and spectators. There are also vending machines available

QUERIES: Should you have any queries in advance of the event please contact Vikki Scott at vikki.scott@bucs.org.uk or on 020 7633 5083.

RESERVES LIST: An electronic reserves list can be completed via Athletic Unions/Sports Offices on the Fixtures Live system until midnight on April 29. Please note that only athletes on these reserve lists or those entered elsewhere in the competition will be eligible to be substituted into events.

TEAM REGISTRATION, WITHDRAWAL & SUBSTITUTION PROCEDURES:

Team Registration and the Withdrawal and Substitutions Desk is open the following hours

Friday 1 May 2009 – 17.30 – 19.30

Saturday 2 May 2009 – 07.30 – 18.00

Sunday 3 May 2009 – 07.30 – 17.00

Monday 4 May 2009 – 07.30 – 13.30

Where possible teams are encouraged to register their team and make any withdrawals/substitutions on Friday evening as it is expected that Saturday morning will be very busy. This is especially important for those with events first thing on Saturday morning.

Registration Procedure:

1. On arrival at Bedford team captains/coaches need to register at the Team Registration Desk and collect their Team Pack which includes competition numbers, a copy of the Programme, Call Room Schedule, relay declaration sheets, withdrawal and substitution forms.
2. Teams need to register only once. It will be assumed that once an institution has registered, **ALL** their competitors will participate in every event that they have entered.
3. **Failure to register will lead to the institution being withdrawn from all events until they have registered.**
4. Relay teams must still declare on the day. Declaration forms are in all team packs. Spare forms will be available from the Withdrawals and Substitutions Desk. Please refer to the note on page 7 for more relay declaration information.

Withdrawals and Substitutions Procedure:

1. The withdrawal and substitution deadline is **90 MINUTES PRIOR TO THE START OF EACH EVENT.** Team captains must complete a withdrawal/substitution form and submit this to the Withdrawals and Substitutions Desk by this time.
2. The 90 minute deadline will be judged from the clock on the Withdrawals and Substitutions Desk.
3. Alterations to the name of the competitor entered by an institution and listed in the programme for an event may be made **UP TO 90 MINUTES BEFORE** the event is due to take place.
4. Substitutions can only be made from the list of reserves submitted to BUCS by institutions electronically prior to the event or with an individual who has already been entered into another event and is listed elsewhere in the programme.
5. Withdrawals and substitutions may be made by email to vikki.scott@bucs.org.uk up to midnight on Wednesday 29 April. After this time withdrawals and substitutions must be made in person at the event.
6. It is possible to withdraw or substitute by phone by calling **07531 006127** during the event when the Withdrawals and Substitutions Desk is open (see above times). The call must be received before the 90 minute deadline. Messages should NOT be left on the mobile answer phone as these will not be accepted.
7. Competitors/Teams failing to advise the Withdrawals and Substitutions Desk of their withdrawal from an event before the 90 minute deadline will be liable to a fine. See below:

OFFENCE	CASH DURING EVENT	LATE PAYMENT
No Show or Late Withdrawal Heat	£10	£15
No Show or Late Withdrawal Final	£15	£25

Fines can be paid at the Withdrawals and Substitutions Desk throughout the event. Universities will be invoiced if fines are not paid.

TIMETABLE:

(as of 20 April 2009 - subject to change)

Please note that medal presentations will take place as soon as possible after the final has taken place

Changes to previously issued timetable in red

SATURDAY 2 MAY 2009							
TRACK				FIELD			
Time	Event	Entries	Round	Time	Event	Entries	Round
10:00	5000m WOMEN	44	2 Heats	10:00	High Jump WOMEN	37	Qualifying A
10:40	1500m MEN	85	7 Heats				
11:15	1500m WOMEN	60	5 Heats	11:00	Long Jump MEN	61	Qualifying A & B
11:40	10,000m MEN	54	FINAL	11:10	Discus MEN	28	Qualifying A
12:20	100m MEN	100	13 Heats				
				12:30	Discus MEN	~	Qualifying B
				12:30	High Jump WOMEN	~	Qualifying B
13:00	100m WOMEN	58	8 Heats	13:00	Pole Vault WOMEN	24	FINAL
13:30	400m Hurdles MEN**	41	6 Heats				
13:50	400m Hurdles WOMEN	26	4 Heats	13:45	Javelin WOMEN	29	Qualifying A
14:20	800m WOMEN	58	7 Heats				
14:45	800m MEN	77	9 Heats				
				15:00	Javelin WOMEN	~	Qualifying B
15:25	3000m S/c MEN	41	2 Heats				
				15:30	High Jump WOMEN	Q	FINAL
16:05	100m MEN	Q	4 Semis				
16:20	100m WOMEN	Q	3 Semis	16:00	Long Jump MEN	Q	FINAL
				16:00	Hammer WOMEN	22	FINAL
16:30	5000m MEN	76	3 Heats				
				17:00	Discus MEN	Q	FINAL
17:30	100m MEN	Q	FINAL				
17:35	100m WOMEN	Q	FINAL				
17:40	400M MEN	96	12 Heats				
				18:00	Javelin WOMEN	Q	FINAL
18:20	400m WOMEN	65	9 Heats				
18:50	10 000m MEN (if req.)	~	B FINAL	<i>If no qualifying, FINAL at QUALIFYING *A* Time</i>			
Where declared numbers do not merit heats/pools, Finals will be run at heat time and where Semi-finals are not necessary, Finals will be run at Semi-final time.							

**Please note that the 400m Hurdles for men and women are now over 3 days. The final is on Monday 4 May.

SUNDAY 3 MAY 2009							
TRACK				FIELD			
Time	Event	Entries	Round	Time	Event		Round
09:50	10,000m WOMEN*	28	FINAL	09:50	Long Jump WOMEN	44	Qualifying A & B
				*Incorporating the Sheila Fairweather Memorial Race			
				10:00	Discus WOMEN	24	Qualifying A
				10:30	High Jump MEN	48	Qualifying A
10:35	400m Hurdles WOMEN	Q	2 Semis				
10:50	400m Hurdles MEN	Q	3 Semis				
11:05	800m MEN	Q	4 Semis				
11:20	800m WOMEN	Q	3 Semis	11:30	Pole Vault MEN	30	FINAL
				11:30	Discus WOMEN	~	Qualifying B
11:35	110m Hurdles MEN	34	5 Heats				
				12:00	High Jump MEN	~	Qualifying B
12:00	100m Hurdles WOMEN	32	4 Heats	12:00	Shot MEN	27	Qualifying A & B
12:20	400m MEN	Q	4 Semis				
12:35	400m WOMEN	Q	3 Semis				
12:50	1500m WOMEN	Q	2 Semis	13:00	Javelin MEN	36	Qualifying A
13:15	100m Hlds WOMEN	Q	2 Semis				
13:30	110m Hlds MEN	Q	3 Semis				
13:40	200m WOMEN	62	8 Heats				
14:10	200m MEN	98	13 Heats				
				14:30	Long Jump WOMEN	Q	FINAL
				14:30	Javelin MEN	~	Qualifying B
15:00	2000m S/c WOMEN	23	FINAL	15:00	High Jump MEN	Q	FINAL
15:20	1500m Men	Q	3 Semis				
15:35	4 x 100m MEN	32	4 Heats				
				16:00	Shot MEN	Q	FINAL
16:05	4 x 100m WOMEN	21	3 Heats	16:00	Discus WOMEN	Q	FINAL
16:30	4 x 400m MEN	29	4 Heats				
17:00	4 x 400m WOMEN	20	3 Heats	<i>If no qualifying, FINAL at QUALIFYING *A* Time</i>			
<p>Where declared numbers do not merit heats/pools, Finals will be run at heat time and where Semi-finals are not necessary, Finals will be run at Semi-final time.</p>							

MONDAY 4 MAY 2009							
TRACK				FIELD			
Time	Event		Round	Time	Event		Round
10:00	400m Hurdles MEN	Q	FINAL	10:00	Triple Jump MEN	32	Qualifying A
10:10	400m Hurdles WOMEN	Q	FINAL	10:00	Shot WOMEN	37	Qualifying A & B
10:25	5000m MEN	Q	FINAL				
				10:15	Triple Jump WOMEN	30	Qualifying A
10:50	200m MEN	Q	4 Semis				
11:05	200m WOMEN	Q	3 Semis				
11:20	3000m S/c MEN	Q	FINAL	11:00	Triple Jump MEN	~	Qualifying B
11:35	800m WOMEN	Q	FINAL				
11:45	5000m WOMEN	Q	FINAL	11:15	Triple Jump WOMEN	~	Qualifying B
12:15	400m MEN	Q	FINAL				
12:25	400m WOMEN	Q	FINAL				
12:35	200m MEN	Q	FINAL	12:00	Hammer MEN	20	FINAL
12:45	200m WOMEN	Q	FINAL				
12:55	800m MEN	Q	FINAL				
13:05	110m Hurdles MEN	Q	FINAL				
13:15	100m Hurdles WOMEN	Q	FINAL	13:00	Triple Jump MEN	Q	FINAL
13:25	1500m WOMEN	Q	FINAL	13:00	Shot WOMEN	Q	FINAL
13:35	1500m MEN	Q	FINAL				
				13:30	Triple Jump WOMEN	Q	FINAL
13:45	4 x 100m WOMEN	Q	FINAL	13:30	Javelin MEN	Q	FINAL
13:55	4 x 100m MEN	Q	FINAL				
14:15	4 x 400m WOMEN	Q	FINAL				
14:30	4 x 400m MEN	Q	FINAL	<i>If no qualifying, FINAL at QUALIFYING *A* Time</i>			
Where declared numbers do not merit heats/pools, Finals will be run at heat time and where Semi-finals are not necessary, Finals will be run at Semi-final time.							

COMPETITOR INFORMATION:

REPORTING:

All competitors must report to Final Call a specific number of minutes before the event start time detailed in the programme (see table below). They **MUST** be wearing their correct competition numbers as detailed in the entry lists, except in the 5000m and 10000m (see page 7). The competition numbers must be worn as issued and not be cut, folded or otherwise concealed or mutilated in any way.

- | | |
|----------------|----------------------|
| ▪ Track | Call room 20 minutes |
| ▪ Hurdles | Call room 25 minutes |
| ▪ LJ/TJ/Throws | Call Room 45 minutes |
| ▪ High Jump | Call Room 60 minutes |
| ▪ Pole Vault | Call Room 60 minutes |

In the Call Room, Officials will:

- Ensure that athletes are wearing their university coloured appropriate athletic kit (see note below)
- Ensure that all competition numbers are worn correctly and correspond with start lists
- Issue leg numbers if needed
- Ensure that shoes, number and dimension of spikes, advertising on clothing and athletes' bags comply with UKA Rules
- Ensure that unauthorised material is not taken into the arena.

The responsibility to be in Final Call lies entirely with the competitor who must then remain in Final Call ready to be escorted to their event.

SEEDING:

For detailed information on seeding, lane draws, progression and qualification please see Appendix 1.

Information on the lane draws/pool grouping for each event will be posted on the results board after the 90 minute withdrawal and substitution deadline has passed and the start sheets have been printed.

WITHDRAWALS:

Once an athlete has qualified for a subsequent round of a particular event they are not permitted to opt out of that event and continue to compete in the Championships. This applies to both the track and field competitions. The track referee can prevent a competitor competing on the track if the competitor has opted out of a field event in which he/she has qualified for a subsequent round. The field referee has the same powers to exclude from a field event an athlete if he/she has opted out of a track event [UKA Rule 115(3)].

COMPETITION NUMBERS:

Each competitor must wear a number corresponding with his/her institution number as detailed on the entry lists. All competitors, with the exception of High Jump and Pole Vault competitors must wear two numbers, one front and one back. In the relays all runners must wear the same number – the lowest of their two institution numbers.

KIT AND COLOURS:

All athletes must wear university coloured appropriate athletic kit. E.g. vest, cropped top, shorts, lycra all-in-one etc. T-shirts and tracksuit bottoms are not permitted. Institutions who do not have a team kit may wear a plain running vest/cropped top and shorts at the discretion of the Event Manager/Meeting Manager.

RELAY TEAMS:

Please note the following criteria regarding relay selection:

- 1) Any 4 athletes from among those registered for the competition, may be used in the composition of the relay team for any round. However, once a relay team has started in a competition, only 2 additional athletes may be used as substitutes in the composition of the team.
- 2) For the Heats, teams of up to 6 athletes must be declared on the Relay Declaration forms provided, no later than 90 minutes before the published time for the first Heat of the competition.
- 3) For the Finals teams of up to 6 athletes must be declared on the Relay Declaration forms provided no later than 90 minutes before the published time for the first Final of the competition. However, only the non-runners from the heats may be substituted (see 1) above).
- 4) Only one relay team per Institution can take part. In the relays all runners must wear the same number – the lowest of their two scoring institution numbers.

OPENING HEIGHTS & QUALIFICATION:

After a review of the qualifying standards and the guidelines of UKA these standards have been set based on the nationally recognised method of looking at the PBs submitted for the event.

The following starting heights and qualification heights/distances will be in place:

Men's High Jump	2.05m (1.75m +5cm to 2.05m then + 3cm until last two)
Women's High Jump	1.80m (1.50m +3cm until last two)
Men's Pole Vault	4.80m (3.00m +20cm to 4.40m then + 10cm until last two)
Women's Pole Vault	3.60m (2.10m +20cm to 3.50m then + 10cm until last two)
Men's Long Jump	7.30m
Women's Long Jump	5.80m
Men's Triple Jump	14.50m (11m and 13m boards only)
Women's Triple Jump	12.20m (9m and 11m boards only)
Men's Shot	14.50m
Women's Shot	13.00m
Men's Javelin	63.00m
Women's Javelin	45.00m
Men's Discus	48.00m
Women's Discus	38.50m
Men's Hammer	54.00m
Women's Hammer	45.00m

ENTRY STANDARDS FOR NON-SCORING ATHLETES:

All non-scoring athletes entered into the event have had to achieve a PB which is equal to or better than the entry standards listed on the Entry Information. Should any non-scoring athlete be found to be vastly outside of this PB they may be asked to supply evidence of their PB. In the event that this evidence cannot be supplied then the athlete may face BUCS Disciplinary action. **Please note that any non-scoring substitutes must also have achieved the non-scoring entry standards.**

5000M AND 10000M:

Athletes competing in the 5000m and 10000m will be issued with a specific race number (not your university number) to aid the track officials and finish team. These numbers will be distributed from Final Call.

EQUIPMENT:

Throwing Events – Implements will be provided. Competitors may only use their own implements by arrangement with the Field Referee, to whom they should report not less than one hour before the respective event. All personal equipment must be weighed and measured. Such personal equipment is not available for use by other athletes without the permission of the owner.

Vaulting Poles - will not be supplied for the pole vault.

Starting Blocks - Competitors are only permitted to use the stadium starting blocks.

Spikes - The maximum spike length allowed is 6mm, spot checks may occur. Spiked shoes must not be worn outside of the Athletic Arena.

Numbers - Numbers must be worn as issued and not be cut, folded or otherwise concealed or mutilated in any way.

WARMING UP:

All warming up must be done away from the track. Athletes should use the indoor area for warm up.

DRUG TESTING:

Drug testing may take place at these Championships.

CAPTAINS MEETING:

The Captains' Meeting will take place on Sunday 3 May at 17:30

LOUGHBOROUGH INTERNATIONAL:

The Loughborough International Meeting will take place on Sunday 17 May. A BUCS squad will be selected. Nominations forms are attached to this information and will also be available the top 3 finishers in each event.

MEDALS & TEAM SCORING:

Medals will be awarded to the top three finishers in each event. Presentations will take place during the meeting and medal winners are asked to listen to announcements and proceed to the medal presentation area when required. Team Points will be awarded for the first 8 finishers in an event. BUCS points will be awarded to the first four finishers.

COMPETITION REGULATIONS:

TRACK EVENTS

- The maximum number of rounds, for events up to and including 2000m S/Ch, will be 3 (first rounds, semi-finals and final). For detailed information on seeding, lane draws, progression and qualification please see Appendix 1.
- Where declared numbers do not merit heats/pools, finals will be run at **heat time** and where semi-finals are not necessary, finals will be run at semi-final time.

FIELD EVENTS (QUALIFYING ROUNDS):

- For detailed information on seeding, lane draws, progression and qualification please see Appendix 1.
- If there is no Qualifying round, the competition shall be run as a straight final at **QUALIFYING 'A' time**.

COMPETITNG INSTITUTIONS:

Institution	SCORERS		NON-SCORERS		Vest Colours
	Athlete	Athlete	Athlete	Athlete	
Aberdeen	1	2	301	302	Royal Blue, Scarlet & Amber
Anglia Ruskin	7	8	307	308	Navy
Bangor	11	12	311	312	Green & Gold
Bath	13	14	313	314	Royal Blue & Gold
Bath Spa	15	16	315	316	
Bedfordshire	17	18	317	318	Black
Birmingham	19	20	319	320	Red
Bournemouth	25	26	325	326	
Bradford	27	28	327	328	Red & White
Brighton	29	30	329	330	
Bristol	31	32	331	332	Black & White Stripe
Brunel West London	33	34	333	334	Navy with Yellow & White
Cambridge	39	40	339	340	Cambridge Blue
Canterbury Christ Church	41	42	341	342	Navy
Cardiff	43	44	343	344	Red & Black
Central Lancashire	47	48	347	348	
Chester (Chester)	49	50	349	350	Black & Red
Chester (Warrington)	51	52	351	352	Black & Red
Coventry	57	58	357	358	Navy & Yellow
Derby	65	66	365	366	
Dundee	69	70	369	370	
Durham	71	72	371	372	Purple
East Anglia	73	74	373	374	Navy
Edge Hill	77	78	377	378	Black
Edinburgh	79	80	379	380	Navy & Green
Essex	81	82	381	382	Red & Black
Exeter	83	84	383	384	Green
Glamorgan	87	88	387	388	Navy & White
Glasgow Caledonian	91	92	391	392	
Gloucestershire	93	94	393	394	
Glyndwr	95	96	395	396	Red
Greenwich	99	100	399	400	
Heriot Watt	103	104	403	404	
Hertfordshire	105	106	405	406	
Huddersfield	107	108	407	408	White
Hull	109	110	409	410	
Imperial	111	112	411	412	Navy with a Red Band
Keele	115	116	415	416	Black & Red
Kent	117	118	417	418	White & Navy
Kingston	123	124	423	424	Navy with White Trim
Leeds	127	128	427	428	Green
Leeds Met Carnegie	129	130	429	430	Green with White & Purple Piping
Lincoln	135	136	435	436	
Liverpool	137	138	437	438	Navy
Liverpool Hope	139	140	439	440	
Liverpool John Moores	141	142	441	442	
London (ULU)	143	144	443	444	
London Metropolitan	145	146	445	446	
London South Bank	149	150	449	450	

Loughborough	151	152	451	452	African Violet
Manchester	153	154	453	454	Purple
Medway	157	158	457	458	White & Blue
Middlesex	159	160	459	460	
MMU Cheshire	161	162	461	462	
Napier	163	164	463	464	
Newcastle	165	166	465	466	Navy
Northampton	169	170	469	470	
Northumbria	171	172	471	472	
Nottingham	173	174	473	474	
Nottingham Trent	175	176	475	476	Light Blue
Oxford	177	178	477	478	Dark Blue & White
Oxford Brookes	179	180	479	480	
Portsmouth	183	184	483	484	Purple
Queen's Belfast	189	190	489	490	
Robert Gordon	193	194	493	494	Black
Roehampton	195	196	495	496	
Royal Holloway	201	202	501	502	
Salford	205	206	505	506	
Sheffield	209	210	509	510	Black & Gold
Sheffield Hallam	211	212	511	512	Maroon, Black & White
Southampton	215	216	515	516	Red & White
Southampton Solent	217	218	517	518	Black, White & red
St Andrews	219	220	519	520	Navy & White
St Mary's	227	228	527	528	Blue & White Quarters
Stirling	231	232	531	532	
Strathclyde	233	234	533	534	Maroon w/ Yellow & Blue Stripes
Surrey	239	240	539	540	Navy
Sussex	241	242	541	542	White
Swansea	243	244	543	544	Green with White Stripe
Teesside	247	248	547	548	Black & Maroon
Ulster	255	256	555	556	Light Blue
University College Birmingham	257	258	557	558	
University of the Arts London	261	262	561	562	
UW Newport	265	266	565	566	
UWIC	267	268	567	568	Maroon
UWE Bristol	269	270	569	570	Black
Warwick	271	272	571	572	
Winchester	277	278	577	578	Maroon
Wolverhampton	279	280	579	580	
York	285	286	585	586	Black

ENTRIES:

Please note the following colour coding in reference to the entries:

Non-scoring athlete who has not submitted appropriate PB. These athletes' AUs have been contacted and advised how to proceed. Any athlete not supplying a suitable PB by the end of Wed 22 April **WILL BE REMOVED FROM THE COMPETITION.**

Athlete in 5000m or 10000m with a PB vastly outside of the suggested entry time/no PB given. All these athlete's AUs have been contacted.

Name error.

Missing PB. Please supply PB urgently.

MEN'S ENTRIES:

MEN'S 100M

11	Tom Hutchinson	Bangor	12.00
13	Dan Cossins	Bath	10.63
14	Lloyd Rice	Bath	10.53
313	Ben Coghlan	Bath	10.90
314	Sean Buckeridge	Bath	10.90
17	Richard Elliot	Bedfordshire	10.90
19	Carl Macnamara	Birmingham	10.83
20	Oliver Armstrong	Birmingham	10.90
320	Jamie Vickery	Birmingham	10.90
25	Jason King	Bournemouth	11.54
26	Sven Knippahals	Bournemouth	10.64
27	Eno Ebong	Bradford	11.50
29	Luke Sargeant	Brighton	11.30
30	Lee Fullam	Brighton	11.30
31	Rae Olaitan	Bristol	11.24
32	Chuka Ilochi	Bristol	11.40
33	Harvey Byrne	Brunel	10.70
34	Ant McWilliams	Brunel	10.90
333	Kristian Clarke	Brunel	10.90
39	Ben Ellis	Cambridge	10.45
40	Mark Dyble	Cambridge	11.00
339	Dan Ekpe	Cambridge	10.90
340	George Kenyon	Cambridge	10.87
43	Deji Ali	Cardiff	11.28
57	Luke Baker	Coventry	10.60
58	Jadric Cummings	Coventry	11.30
69	Jamie Coull	Dundee	10.68
70	Chris Lavery	Dundee	10.95
71	Yinka Bolarinwa	Durham	11.20
72	Ade Akiyode	Durham	11.40
73	Alechi Nduka	East Anglia	11.50
74	Greg Pollard	East Anglia	11.61
77	Joe Frost	Edge Hill	11.60
81	Paul Slater	Essex	11.53
83	Matthew Davies	Exeter	11.00
84	Matthew Beech	Exeter	11.80
93	Ashleigh Naylor	Gloucestershire	11.20
94	Leigh Hayes	Gloucestershire	12.00
103	Ryan Oswald	Heriot-Watt	10.58
109	Edward Kariakri	Hull	10.23
110	Sam Botchey	Hull	12.00

111	Ewan Mackay	Imperial	12.50
112	James Sharples	Imperial	11.30
123	Femi Owolade	Kingston	10.78
124	Victor Nwagbara	Kingston	10.80
423	Jeff Ocrah	Kingston	10.80
127	Tobenna Oputa	Leeds	11.10
128	Kofi Kusi	Leeds	11.40
129	Simon Farrendon	Leeds Met Carnegie	10.49
130	Jonny Holmes	Leeds Met Carnegie	10.80
139	Christopher Bell	Liverpool Hope	10.80
144	Nndami Umeh	London	11.20
149	Grant Dwayne	London South Bank	10.26
151	Bradley Williams	Loughborough	10.72
152	Oluseyi Smith	Loughborough	10.48
451	Luke Giblin	Loughborough	10.90
452	Omokhudu Aliu	Loughborough	10.88
153	Thaddeus Anim-Somuah	Manchester	11.00
154	Del Adimah	Manchester	11.40
159	Leevan Yearwood	Middlesex	10.22
160	Kyle Andrew	Middlesex	11.06
165	Alex Turvill	Newcastle	11.32
166	Christopher Mossman	Newcastle	11.40
169	Alastair McDonald	Northampton	11.53
171	Chris Craigs	Northumbria	11.30
172	Steve Langley	Northumbria	11.20
173	Luke Emanuel	Nottingham	11.50
177	Josh Gilbert	Oxford	11.50
178	James Osun-Sanmi	Oxford	11.20
179	Freddie Naish	Oxford Brookes	11.00
180	Shadrack Muleli	Oxford Brookes	11.37
183	Jonathon Oviasu	Portsmouth	11.80
184	Andrew Waddington	Portsmouth	11.90
189	Andrew Graham	Queen's University Belfast	10.80
201	Chris Hall	Royal Holloway	11.34
202	Haris Adu	Royal Holloway	11.50
205	Tom Martin	Salford	10.60
211	Todd Marshall	Sheffield Hallam	10.90
212	James Mitchell	Sheffield Hallam	11.10
511	Peter Herberts	Sheffield Hallam	10.90
512	Ryan Gow	Sheffield Hallam	10.90
215	Rob Green	Southampton	11.50
217	Kelvin Callender	Southampton Solent	11.00

219	Ross Marshall	St Andrews	12.10
220	Derk Straathof	St Andrews	11.80
227	Emanuel Adeyemi	St Mary's	11.10
228	Nigel Thomas	St Mary's	11.05
231	Andrew Carroll	Stirling	11.20
232	Greig Kelly	Stirling	11.50
241	Dio Mavroyianis	Sussex	11.20
247	Andrew Simpson	Teesside	12.10
269	Gareth Akibo-Betts	UWE Bristol	12.10
267	Chris Howe	UWIC	10.90
268	Chris Hill	UWIC	11.20
567	Jon Simonson	UWIC	10.90
271	Greg Amos	Warwick	11.60
279	Ryan Farrington	Wolverhampton	10.78
280	Santino Dummett	Wolverhampton	11.20
579	Paul Keepax	Wolverhampton	10.90
580	Edirin Okoro	Wolverhampton	10.90

MEN'S 200M

1	Ian Garioch	Aberdeen	23.60
13	Dan Cossins	Bath	21.17
14	Nick Kanonick	Bath	22.10
17	Aaron Trimm	Bedfordshire	22.57
18	Richard Elliot	Bedfordshire	22.90
19	Ollie King	Birmingham	22.20
20	Carl Macnamara	Birmingham	22.20
319	Jamie Vickery	Birmingham	21.98
320	Ben Stanton	Birmingham	21.97
25	Colin Ulett	Bournemouth	25.39
26	Sven Knippahls	Bournemouth	21.41
27	Eno Ebong	Bradford	24.35
29	Luke Sargeant	Brighton	22.40
30	Lee Fullam	Brighton	23.00
31	Chris Bayley	Bristol	22.78
32	Dan Richards	Bristol	23.90
33	Harvey Byrne	Brunel	21.90
34	Ritchie Morgan	Brunel	22.04
39	Ben Ellis	Cambridge	20.91
40	Dan Ekpe	Cambridge	22.80
339	Owen Churton	Cambridge	22.00
340	Geoff Hill	Cambridge	21.94
43	Deji Ali	Cardiff	23.32
69	Jamie Coull	Dundee	21.33
70	Chris Lavery	Dundee	21.76
71	Yinka Bolarinwa	Durham	23.70
72	James Inkster	Durham	23.90

73	Alechi Nduka	East Anglia	23.20
74	Stuart Brill	East Anglia	23.48
77	Michael Taubman	Edge Hill	24.80
83	David Cook	Exeter	22.31
84	Joseph Welch	Exeter	24.60
93	Ashleigh Naylor	Gloucestershire	23.10
94	Jamie Brock	Gloucestershire	22.50
103	Ryan Oswald	Heriot-Watt	21.50
109	Edward Kariakri	Hull	21.73
110	Daniel Holiday	Hull	24.00
111	Ewan Mackay	Imperial	26.00
123	Femi Owolade	Kingston	21.47
124	Victor Nwagbara	Kingston	21.90
127	Daniel Taylor	Leeds	22.30
128	Leslie Addy	Leeds	22.90
129	Umar Hameed	Leeds Met Carnegie	21.58
130	Matthew Stone	Leeds Met Carnegie	22.90
137	Edward Romney	Liverpool	24.00
138	Jack Griffiths	Liverpool	29.70
139	Christopher Bell	Liverpool Hope	
144	Nndami Umeh	London	22.90
149	Grant Dwayne	London South Bank	20.58
151	Luke Stott	Loughborough	21.80
152	Daniel Cash	Loughborough	21.90
451	Josh Baxter	Loughborough	22.00
452	Luke Giblin	Loughborough	22.00
153	Alex Le	Manchester	23.38
154	Andrew Rostek	Manchester	23.40
159	Luke Fagan	Middlesex	20.86
160	David Telfer-James	Middlesex	21.25
459	Kyle Andrew	Middlesex	
165	Will Steel	Newcastle	22.60
166	Matthew Spence	Newcastle	24.52
169	Alastair McDonald	Northampton	22.90
173	Chris Craig	Nottingham	21.34
174	Doug Pielage	Nottingham	23.50
177	Will Hooton	Oxford	22.60
178	Mark Ponsford	Oxford	23.10
477	Andrew Bullimore	Oxford	21.90
183	Jonathon Oviasu	Portsmouth	24.10
184	Andrew Waddington	Portsmouth	23.80
201	Chris Hall	Royal Holloway	22.21
205	Chris Bramah	Salford	22.50
209	Matthew Quine	Sheffield	22.52
211	Todd Marshall	Sheffield Hallam	21.97

212	John Kelley	Sheffield Hallam	21.90
511	Peter Herberts	Sheffield Hallam	22.00
512	Sean Brindley	Sheffield Hallam	22.00
215	Rob Green	Southampton	23.90
217	Kelvin Callender	Southampton Solent	22.14
219	Ross Marshall	St Andrews	23.70
220	Derk Straathof	St Andrews	23.20
227	Nigel Thomas	St Mary's	22.72
228	Emanuel Adeyemi	St Mary's	22.80
231	Andrew Carroll	Stirling	23.40
232	Greig Kelly	Stirling	24.10
241	Dio Mavroyianis	Sussex	22.70
243	Simon Annan	Swansea	24.70
244	Gary Piazzon	Swansea	25.10
247	Karl Hawkins	Teesside	22.80
269	Alex Fields	UWE Bristol	22.47
270	Gareth Akibo-Betts	UWE Bristol	24.50
267	Mark Fletcher	UWIC	22.10
268	Jon Simonson	UWIC	22.40
567	Chris Howe	UWIC	22.00
279	Ryan Farrington	Wolverhampton	21.68
280	Paul Keepax	Wolverhampton	23.61
285	Kc To	York	24.40

MEN'S 400M

1	Ian Garioch	Aberdeen	48.90
13	Rhys Smith	Bath	48.22
14	Peter Morgan	Bath	49.10
313	Patrick Bogues	Bath	48.90
314	Ian Allerton	Bath	48.83
17	Aaron Trimm	Bedfordshire	47.56
18	Paul Graham	Bedfordshire	48.00
19	Ollie Francis	Birmingham	51.50
20	Ed Aston	Birmingham	48.79
319	Peter Whitehouse	Birmingham	48.67
320	Chris Long	Birmingham	48.78
25	Peter Eley	Bournemouth	58.50
26	Paul Hindle	Bournemouth	50.50
27	Eno Ebong	Bradford	55.30
29	Allan Dawson	Brighton	50.10
31	John Brierty	Bristol	50.69
32	Dan Richards	Bristol	54.10
33	Nick Leavey	Brunel	47.12
34	Patrick North	Brunel	48.76
333	Guy Stroud	Brunel	49.00
39	Louis Persent	Cambridge	46.71

40	David Nefs	Cambridge	50.90
339	Geoff Hill	Cambridge	48.50
340	Flynn Castles	Cambridge	48.99
43	Mike Simmons	Cardiff	49.00
57	Patrick Palmer	Coventry	48.10
71	Gareth Turner	Durham	49.80
72	James Inkster	Durham	52.00
73	Tom Love	East Anglia	49.85
74	Stuart Brill	East Anglia	50.80
77	Clark Roberts	Edge Hill	58.40
79	Scott Hughson	Edinburgh	48.26
81	Michael Skee	Essex	50.20
82	James Slade	Essex	50.59
83	James Meadows	Exeter	51.00
84	Daniel Strang	Exeter	52.00
91	Donald Maccloud	Glasgow Caledonian	48.93
93	Ashleigh Naylor	Gloucestershire	51.20
94	Dan Brown	Gloucestershire	56.50
95	Gawain Rogers	Glyndwr	52.20
103	Jamie Bowie	Heriot-Watt	48.35
109	Tom Roberts	Hull	51.13
127	Sam Cordin	Leeds	48.70
128	Dickie Davies	Leeds	50.20
427	Leslie Addy	Leeds	48.94
129	Richard Buck	Leeds Met Carnegie	46.13
130	Dan Williams	Leeds Met Carnegie	49.24
137	Edward Romney	Liverpool	49.14
138	Thomas Butler	Liverpool	52.66
141	James Hunter	Liverpool John Moores	47.85
151	Glyn Hawkes	Loughborough	48.06
152	Patrick Swan	Loughborough	48.21
451	Adam Daish	Loughborough	48.24
452	Paul Goodall	Loughborough	49.00
153	Mark Grimshaw	Manchester	48.07
154	Wayne Ashall	Manchester	48.34
453	Daniel Barry	Manchester	48.90
165	Will Steel	Newcastle	50.50
166	Richard Champney	Newcastle	55.10
171	James Whitehouse	Northumbria	49.90
173	Nick Choudhury	Nottingham	48.46
174	Peter Wilson	Nottingham	49.91
177	Angus Mercer	Oxford	51.50
178	Jonny Pearson	Oxford	52.70
183	Frazer Deans	Portsmouth	49.90
184	Tommy Bruce-Eagles	Portsmouth	53.40

205	James Colbeck	Salford	51.10
209	Matthew Quine	Sheffield	49.35
210	Samuel Touchard	Sheffield	53.00
211	Tim Burn	Sheffield Hallam	51.60
212	Billy Crowther	Sheffield Hallam	49.00
511	Peter Richardson	Sheffield Hallam	49.00
512	John Kelley	Sheffield Hallam	47.18
215	Daniel Robolledo	Southampton	53.40
227	Andrew Osagie	St Mary's	49.25
228	Mark Woodley	St Mary's	50.20
527	Tommy Carroll	St Mary's	49.00
528	Adam Binns	St Mary's	49.00
231	Michael Burns	Stirling	51.25
232	Nick Wales	Stirling	53.10
233	Sean Watson	Strathclyde	48.62
239	Jack Cooper	Surrey	53.00
241	Dio Mavroyianis	Sussex	50.70
243	Nathan Cooze	Swansea	51.70
244	Simon Annan	Swansea	54.80
247	Karl Hawkins	Teesside	52.63
255	Alistar Woods	Ulster	51.90
269	Alex Fields	UWE Bristol	50.90
270	Michael Tayo Olasanoye	UWE Bristol	52.00
569	Andrew Mapstone	UWE Bristol	49.00
267	Jonathan Hornblow	UWIC	49.10
268	Iain Bray	UWIC	49.30
567	Joe Thomas	UWIC	48.40
568	Richard Hill	UWIC	48.20
271	Mike Tallis	Warwick	53.50
279	Martin Pitts	Wolverhampton	49.05

MEN'S 800M

13	Steve Green	Bath	1.53.00
19	Chris Smith	Birmingham	1.48.00
20	Ben Craddock	Birmingham	1.52.39
319	Dom Henry	Birmingham	1.52.90
320	Andrew Stanton	Birmingham	1.51.87
25	James Eccles	Bournemouth	2.03.00
29	Rob Ingham	Brighton	1.53.00
30	Alex Matthews	Brighton	2.07.00
31	David Ridley	Bristol	1.57.29
33	Richard Larsen	Brunel	1.52.00
34	Rob Heaney	Brunel	1.52.00
39	Rory Graham-Watson	Cambridge	1.51.90
40	Jon Cook	Cambridge	1.53.91
339	Chasz Coulsting	Cambridge	1.52.97

340	Liam Fedus	Cambridge	1.52.67
47	Matthew Wood	Central Lancashire	1.52.00
48	Stephen Bennett	Central Lancashire	1.56.00
51	Jordan Wildriane	Chester (Warrington)	1.55.00
71	Owen Walpole	Durham	1.56.60
72	Tom Phillips	Durham	1.57.90
73	Tom Love	East Anglia	1.53.70
74	Chris Johnson	East Anglia	1.54.79
77	Joseph Mckenna	Edge Hill	1.57.00
81	Dale Powell	Essex	2.03.00
82	Scott Thrush	Essex	2.08.00
83	James Meadows	Exeter	1.56.00
84	Daniel Strang	Exeter	2.00.00
93	Philip Aconley	Gloucestershire	2.05.00
109	Mark Hallinan	Hull	2.22.00
117	Andrejs Safar	Kent	1.53.60
127	Daniel Marron	Leeds	1.59.18
128	Thomas Marnham	Leeds	2.00.40
129	Dan Grant	Leeds Met Carnegie	1.55.00
130	Graham Hogg	Leeds Met Carnegie	1.58.00
137	Andrew Martin	Liverpool	2.05.73
141	Sam Bradley	Liverpool John Moores	1.56.30
151	Benjamin Scarlett	Loughborough	1.49.00
152	Oliver Blake	Loughborough	1.49.00
451	Kieran Flannery	Loughborough	1.49.00
452	Steven Morrow	Loughborough	1.51.00
153	Dan Ansell	Manchester	2.13.00
154	Adam Gooch	Manchester	2.15.00
163	Myles Edwards	Napier	1.55.10
165	Joel English	Newcastle	1.57.00
173	Tom Bell	Nottingham	1.57.00
174	Jon Hiorns	Nottingham	1.59.80
177	Richard Hildick - Smith	Oxford	1.53.62
178	Dane Austin	Oxford	1.55.84
183	Oliver Heeks	Portsmouth	1.53.90
184	Joseph Easterbrook	Portsmouth	2.07.00
209	Adam Ree	Sheffield	1.57.60
210	Nick Howard	Sheffield	1.56.00
211	Jacob Harman	Sheffield Hallam	1.53.13
212	James Russell	Sheffield Hallam	1.53.59
511	James Thompson	Sheffield Hallam	1.53.00
512	James Porteous	Sheffield Hallam	1.53.00
215	Jon Dennis	Southampton	2.01.00
216	Matt Jobson	Southampton	2.04.00
515	Jamie Reynolds	Southampton	1.53.00

516	Ollie Collins	Southampton	1.53.00
227	Rick Ward	St Mary's	1.48.00
228	Micheal Cole	St Mary's	1.50.80
527	Carl Goose	St Mary's	1.51.00
528	Carl Bradbury	St Mary's	1.53.00
233	Allan Ramsay	Strathclyde	1.56.00
233	Matthew Turner	Strathclyde	1.52.14
243	Andrew De-Camps	Swansea	1.52.00
269	Andrew Mapstone	UWE Bristol	1.56.40
267	Joe Thomas	UWIC	1.46.00
268	Dean Goodman	UWIC	1.51.00
567	Paul Bradshaw	UWIC	1.50.00
568	Jonathan Butler	UWIC	1.53.00
271	Stuart Ellison	Warwick	1.58.00
272	Chris Keenan	Warwick	1.56.00
279	Matthew Bayliss	Wolverhampton	1.56.00
285	Kc To	York	2.10.00
286	Tom Graham	York	2.06.00

MEN'S 1500M

7	James Shane	Anglia Ruskin	3.45
11	Mark Hughes	Bangor	4.30
13	James Mills	Bath	3.49
14	Sam Walsh	Bath	3.55
15	Beren Cross	Bath Spa	4.20
19	Nick Goolab	Birmingham	3.53
20	Joseph Durrant	Birmingham	3.53
319	Alex Tovey	Birmingham	3.53
320	Harry Harper	Birmingham	3.53
25	Peter Eley	Bournemouth	5.18
29	Dan Stepney	Brighton	3.55
30	Matthew Southam	Brighton	4.15
31	Stephen Mitchell	Bristol	3.50
32	Christopher Dodd	Bristol	4.03
33	Harry Webb	Brunel	3.57
34	Jack Tyler	Brunel	3.49
39	Sam Dobin	Cambridge	4.05
40	Declan Murray	Cambridge	4.10
47	Alasdair Russell	Central Lancashire	4.03
48	Luke Minns	Central Lancashire	3.59
57	Tom Madden	Coventry	4.10
71	Matthew Proctor	Durham	4.05
73	Simon O'Meara	East Anglia	4.02
77	Robert Jowett	Edge Hill	4.07
79	Dougje Selman	Edinburgh	3.51
81	David Gibbon	Essex	3.56

82	Andrew Connorton	Essex	4.21
83	Jack Bancroft	Exeter	4.06
84	Olafur Margeirsson	Exeter	4.11
91	Iain Townsend	Glasgow Caledonian	4.27
93	Jack Spencer	Gloucestershire	4.35
109	Kris Lecher	Hull	4.03
111	Joshua Arnold	Imperial	4.08
117	James Hogg	Kent	4.13
127	Adam Carmichael	Leeds	3.58
128	Eddie Glaister	Leeds	4.06
129	Dan Garbutt	Leeds Met Carnegie	3.56
130	Stuart King	Leeds Met Carnegie	3.57
135	Chris Fullerton	Lincoln	4.12
137	Graham Powell	Liverpool	4.10
138	Jack Griffiths	Liverpool	5.20
141	Nathan Riding	Liverpool John Moores	4.02
142	Adam Clansey	Liverpool John Moores	4.04
151	Lewis Moses	Loughborough	3.46
152	Tim Dalton	Loughborough	3.50
451	Paul Hutton	Loughborough	3.53
452	Gary Bradbury	Loughborough	3.50
153	Tristram Castling	Manchester	5.39
154	Adam Gooch	Manchester	5.40
163	Dan Mulhare	Napier	3.55
165	Harry Paton	Newcastle	4.20
166	Kris Axon	Newcastle	4.24
171	Phil Moore	Northumbria	4.10
171	Andrew Young	Northumbria	4.08
173	Chris Davison	Nottingham	4.06
174	Tom Mahon	Nottingham	4.08
174	Daniel Augustus	Nottingham Trent	4.20
177	Andrew Heyes	Oxford	3.55
178	Chris Mcgurk	Oxford	4.07
183	Max Prien	Portsmouth	4.01
184	Luke Hine	Portsmouth	4.13
190	Gavin Massingham	Queen's University Belfast	3.45
209	Daniel Brewer	Sheffield	4.14
210	Steve Faulkner	Sheffield	4.20
211	James Kraft	Sheffield Hallam	4.08
212	David Howlett	Sheffield Hallam	4.12
215	Steven Underwood	Southampton	4.15
216	Matt Jobson	Southampton	4.10
220	Tom Cunningham	St Andrews	3.55
227	Andy Vernon	St Mary's	3.42
228	Simon Horsfield	St Mary's	3.46

527	Mitch Goose	St Mary's	3.46
528	Jonny Young	St Mary's	3.52
233	Allan Ramsay	Strathclyde	4.04
233	Paul Leck	Strathclyde	3.59
239	Chris West	Surrey	4.22
243	Craig Hopkins	Swansea	4.10
247	Jonathan Taylor	Teesside	3.45
267	Richard Hill	UWIC	3.48
268	Harry Jones	UWIC	3.51
567	Ieuan Thomas	UWIC	3.51
568	Tom Marley	UWIC	3.52
271	Chris Melbourne	Warwick	4.10
279	Ben Sharman	Wolverhampton	4.02

MEN'S 5000M

1	Andrew Bunn	Anglia Ruskin	15.30
2	Shaun Mochan	Bangor	16:00
3	Angus Mackay	Bangor	16:00
4	James Phillipson	Bath	14.59
5	Dan Woolford	Bath	15.38
6	Alan Metcalfe	Bedfordshire	17.38
7	Adrian Holliday	Birmingham	14.46
8	John Pepper	Birmingham	14.20
9	Craig Gundersen	Birmingham	14.30
10	Joshua Lilly	Birmingham	14.26
11	Matthew Kiernan	Bournemouth	19.13
12	Tom Best	Brighton	15.25
13	Matt Barrie	Brighton	15.30
14	Dave Green	Bristol	14.57
15	Doug Kelly	Bristol	15.07
16	Craig Berg	Brunel	15.30
17	Adam Stainsby	Brunel	
18	James Kelly	Cambridge	14.46
19	Tim Pattison	Cambridge	15.03
20	Robin Brown	Cambridge	14.28
21	James Trollope	Coventry	
22	Gareth Lloyd	Durham	14.30
23	Alex Davy	Durham	16.30
24	Richard Henderson	East Anglia	15.40
25	Torsten Chandler	Exeter	16.21
26	Michael Robbins	Exeter	19.45
27	Graham Hollingdale	Gloucestershire	16.40
28	Tom Richardson	Gloucestershire	17.01
29	Mike Tarpey	Hertfordshire	15.27
30	Richard Tarpey	Hertfordshire	16.05
31	Adam Field	Hull	17.30

32	Jack Haynes	Hull	17.10
33	Thomas Brown	Imperial	15.45
34	Elliot Hind	Leeds	16.59
35	Alec Duffield	Leeds Met Carnegie	15.50
36	Jonathan Holt	Leeds Met Carnegie	15.50
37	Aaron Scott	Lincoln	15.20
38	David Forrester	Liverpool	14.10
39	Michael Williams	Liverpool	15.10
40	Jonny Mellor	Liverpool John Moores	14.01
41	Ricky Challinor	Liverpool John Moores	15.23
42	Robert Hodges	Loughborough	14.44
43	James Poole	Loughborough	14.58
44	Sebastian Foy	Loughborough	14.27
45	Adam Hickey	Loughborough	14.25
46	Harry Paton	Newcastle	16.00
47	Kris Axon	Newcastle	16.10
48	Jonathan Thewlis	Nottingham	14.09
49	Jarrett Perkins	Nottingham Trent	16.16
50	Richard Franzese	Oxford	14.42
51	Ian Kimpton	Oxford	14.45
52	Michael Legg	Portsmouth	17.05
53	David Brown	Portsmouth	17.25
54	Damian Nevins	Roehampton	15.34
55	Mike Boakes	Salford	15.50
56	Simon Millett	Sheffield	15.20
57	David Howlett	Sheffield Hallam	16.09
58	Nasir Hussain	Sheffield Hallam	15.30
59	Tom Anderson	Southampton	15.00
60	Keith Gerrard	St Mary's	14.26
61	Hussain Jama	St Mary's	14.50
62	Neil Philips	St Mary's	14.29
63	Ben Hunter	St Mary's	14.28
64	Jed Bartlett	Stirling	15.07
65	Conor McNulty	Strathclyde	14.42
66	Ben Warren	Sussex	14.34
67	Craig Hopkins	Swansea	14.49
68	Dominic Shaw	Teesside	14.15
69	Jonathan Taylor	Teesside	None
70	Peter Grist	UWIC	15.29
71	Tom Marshall	UWIC	15.44
72	Luke Lambourne	Warwick	16.17
73	Vincent O'Sullivan	Warwick	15.30
74	Phillip Hinch	Wolverhampton	14.27
75	William Steven	York	18.00
76	Jonathan Blunden	York	17.00

MEN'S 10000M

1	Nick Swinburn	Bangor	30.30
2	Rob Samuel	Bangor	31.46
3	Richard Spear	Bath	34.15
4	Sanigo Martyn	Bedfordshire	32.38
5	Joshua Lilly	Birmingham	29.44
6	Matt Granger	Birmingham	33.57
7	Jack Swallow	Birmingham	30.56
8	James Mee	Birmingham	30.56
9	Laurent Kelly	Bournemouth	35.40
10	Oliver Mott	Bristol	31.39
11	Jonathan Lee	Brunel	
12	Paolo Natali	Cambridge	30.30
13	Will Mackay	Cambridge	33.24
14	Matthew Proctor	Durham	32.30
15	Ed Knudsen	Durham	33.26
16	Nick Earl	East Anglia	32.26
17	Gary Priestly	Edge Hill	32.57
18	Clark Roberts	Edge Hill	34.38
19	Nick Little	Essex	35.49
20	Joseph Cohen	Essex	36.31
21	Daniel Price	Exeter	37.26
22	Elliot Prince	Gloucestershire	34.42
23	Dominic Crowder	Gloucestershire	36.00
24	Daniel Walsh	Hull	34.29
25	Tim Williams	Hull	34.04
26	Matthew Grace	Leeds Met Carnegie	34.34
27	Mike Mannings	Leeds Met Carnegie	33.59
28	Dan Boatright	Liverpool	40.00
29	Adam Budd	Liverpool	40.00
30	Robert Wilson	London	33.17
31	Kevin Seaward	Loughborough	31.06
32	Nicholas McCormick	Loughborough	28.57
33	Aidan McCormack	Loughborough	30.59
34	Richard Harper	Loughborough	30.57
35	Thomas Cornthwaite	Northumbria	32.30
36	Andrios Ramonas	Nottingham	32.17
37	Sean Ledger	Oxford	32.23
38	Bryn Reynolds	Oxford	33.26
39	Michael Breed	Portsmouth	33.08
40	Chris Holmes	Portsmouth	33.42
41	Ben Corfield	Sheffield	35.33
42	Tim Carter	Sheffield	35.30
43	Matt Bennett	Southampton	33.23
44	John Charles	Southampton	33.07

45	Michael Gedge	Southampton	31.00
46	Luke Allen	St Mary's	32.38
47	Ben Lindsay	St Mary's	29.55
48	Andrew Conway	St Mary's	31.00
49	Steve Connor	St Mary's	30.50
50	Dave Archer	Teesside	32.57
51	Peter Grist	UWIC	31.30
52	Phillip Hinch	Wolverhampton	29.36
53	Martin Proctor	York	34.00
54	David Harper	York	36.00

MEN'S 110M HURDLES

13	Joseph Hylton	Bath	15.09
14	Matt Hudson	Bath	14.61
313	Chris Wakeford	Bath	14.73
19	Julian Adeniran	Birmingham	14.07
20	Mike Sweeney	Birmingham	15.50
31	Lawrence Clarke	Bristol	14.23
33	Daniel Davis	Brunel	13.95
34	Kevin Sempers	Brunel	14.41
333	Matt Field	Brunel	15.00
334	Matt George	Brunel	15.00
39	Ben Richardson	Cambridge	14.32
40	Mike Collins	Cambridge	15.55
47	Whittle Paul	Central Lancashire	15.08
91	Neale Kelly	Glasgow Caledonian	15.27
109	Sam Botchey	Hull	18.30
151	David Feeney	Loughborough	14.65
152	Jordan Fleary	Loughborough	14.54
451	Adrian Hemery	Loughborough	14.89
452	Michael Holden	Loughborough	15.00
159	Gianni Frankis	Middlesex	13.79
160	Callum Priestley	Middlesex	14.08
459	Aaron James	Middlesex	14.66
460	Alex Al-Ameen	Middlesex	14.69
165	Andrew Storey	Newcastle	16.20
177	Josh Gilbert	Oxford	16.40
178	Oliver Stogdale	Oxford	16.30
209	Dave Robertson	Sheffield	16.90
211	Matthew Shaw	Sheffield Hallam	16.30
212	Lewis Stead	Sheffield Hallam	16.23
511	Jonathan Newell	Sheffield Hallam	15.00
231	Shane Malone	Stirling	15.90
267	Francis Baker	UWIC	14.66
268	Steve Boyles	UWIC	15.29
279	Edirin Okoro	Wolverhampton	14.81

MEN'S 400M HURDLES

13	David Green	Bath	52.69
14	Simon Merrill	Bath	55.00
313	Chris Wakeford	Bath	54.00
17	Ashley Heany	Bedfordshire	58.60
19	Jamie Horder	Birmingham	55.90
25	Paul Hindle	Bournemouth	57.00
31	Gustav Klingstedt	Bristol	54.70
33	Andrew Howell	Brunel	51.58
34	Nick Bates	Brunel	56.20
39	Andrew Lomas	Cambridge	58.50
40	Ed Moyse	Cambridge	57.00
339	Charlie Romito	Cambridge	53.90
340	Ed Kater	Cambridge	53.60
71	Oliver Robinson	Durham	53.95
79	Martin Lipton	Edinburgh	52.73
91	Neale Kelly	Glasgow Caledonian	54.00
99	Shaun Mulligan	Greenwich	52.60
109	Daniel Holiday	Hull	57.70
110	Chris Lowe	Hull	61.60
111	Aaron Mason	Imperial	56.90
129	James Wright	Leeds Met Carnegie	56.50
151	Nathan Woodward	Loughborough	51.50
152	David Martin	Loughborough	52.01
451	Michael Baker	Loughborough	52.38
452	Tom Burton	Loughborough	54.00
177	Daniel Eckersley	Oxford	55.50
209	Steven Garrett	Sheffield	53.84
211	Matthew Shaw	Sheffield Hallam	58.60
212	Jonathan Newell	Sheffield Hallam	61.61
227	Ryan Dinham	St Mary's	50.12
228	Simeon Atkins	St Mary's	54.95
527	Aaron Dombey	St Mary's	54.00
528	Steve Cannell	St Mary's	54.00
231	Michael Burns	Stirling	57.10
232	Nicholas Accordino	Stirling	58.10
239	Jack Cooper	Surrey	56.88
267	Antoni Davis-Phillips	UWIC	53.70
268	Jon Lodowski	UWIC	54.20
567	Mike Haslett	UWIC	54.00
271	Diego Martin	Warwick	58.00
279	Darren Lewis	Wolverhampton	53.26

MEN'S 3000M STEEPLECHASE

13	Ben Nagy	Bath	9.54
17	Sanigo Martyn	Bedfordshire	10.09

19	James Wilkinson	Birmingham	9.13
20	Laurence Walker	Birmingham	9.25
319	Ander Russell	Birmingham	9.25
29	James Wright	Brighton	9.45
30	Alex Dennis	Brighton	10.15
33	Matt Carrey	Brunel	9.19
34	Daniel Thorne	Brunel	
39	Paolo Natali	Cambridge	9.00
40	Matt Grant	Cambridge	9.28
47	Alasdair Russell	Central Lancashire	9.52
73	Glen Watts	East Anglia	9.05
74	Josh Entwistle	East Anglia	9.50
77	Robert Jowett	Edge Hill	9.32
111	Samuel O'Neill	Imperial	10.30
129	Nick Hooker	Leeds Met Carnegie	10.14
137	Andrew Martin	Liverpool	10.00
138	Graham Powell	Liverpool	10.00
151	Adam Peers	Loughborough	9.15
152	Edward Womersley	Loughborough	9.22
451	Shane Kerr	Loughborough	9.24
452	Gregory Smith	Loughborough	9.24
153	Mike Holden	Manchester	9.55
154	Patrick Arnold	Manchester	10.00
173	Colin Palmer	Nottingham	9.36
177	David Bruce	Oxford	9.30
178	Thomas Samuel	Oxford	9.47
183	Alex Bruce-Littlewood	Portsmouth	9.30
184	Simon Munro	Portsmouth	10.12
211	Peter Huck	Sheffield Hallam	9.37
212	David Howlett	Sheffield Hallam	9.25
227	Ash Harrell	St Mary's	9.21
228	Sam Bradley	St Mary's	9.20
527	Tom Wade	St Mary's	9.24
528	Jo Wade	St Mary's	9.25
233	Conor McNulty	Strathclyde	9.27
267	Andy Friend	UWIC	10.16
268	Alex Bodin	UWIC	10.13
271	Chris Rye	Warwick	11.00
272	James Robertson	Warwick	10.30

MEN'S 4X100M RELAY

13	Bath
19	Birmingham
25	Bournemouth
29	Brighton
31	Bristol
33	Brunel
39	Cambridge
71	Durham
73	East Anglia
77	Edge Hill
83	Exeter
93	Gloucestershire
109	Hull
127	Leeds
129	Leeds Met Carnegie
151	Loughborough
153	Manchester
159	Middlesex
165	Newcastle
171	Northumbria
173	Nottingham
177	Oxford
183	Portsmouth
209	Sheffield
211	Sheffield Hallam
215	Southampton
220	St Andrews
231	Stirling
243	Swansea
269	UWE Bristol
267	UWIC
279	Wolverhampton

MEN'S 4X400M RELAY

13	Bath
19	Birmingham
31	Bristol
33	Brunel
39	Cambridge
71	Durham
73	East Anglia
77	Edge Hill
81	Essex
83	Exeter

93	Gloucestershire
109	Hull
127	Leeds
129	Leeds Met Carnegie
141	Liverpool John Moores
151	Loughborough
153	Manchester
165	Newcastle
173	Nottingham
177	Oxford
183	Portsmouth
209	Sheffield
211	Sheffield Hallam
215	Southampton
227	St Mary's
231	Stirling
267	UWIC
271	Warwick
279	Wolverhampton

MEN'S LONG JUMP

13	Rainer Groh	Bath	7.27
14	James Grocock	Bath	7.39
313	Richard Szarkowski	Bath	6.92
314	Phil Browne	Bath	6.91
17	Mark Bridges	Bedfordshire	6.57
18	Andy Slizys	Bedfordshire	6.51
19	Oliver Armstrong	Birmingham	6.00
20	Mike Sweeney	Birmingham	6.16
31	Rae Olaitan	Bristol	6.48
33	Nonso Okolo	Brunel	7.38
34	Guy Stroud	Brunel	6.94
39	Humphrey Waddington	Cambridge	6.95
40	Ian Simson	Cambridge	6.97
339	George Kenyon	Cambridge	6.89
57	Dainius Babrauskas	Coventry	6.60
71	Olly Briggs	Durham	6.82
71	Sylvain Garcon	Durham	6.62
73	Graham Stark	East Anglia	4.98
74	Steven Castelino	East Anglia	4.60
77	Andrew Robinson	Edge Hill	6.72
78	Joe Frost	Edge Hill	5.92
81	Paul Slater	Essex	6.52
83	David Cook	Exeter	7.43
84	Joseph Welch	Exeter	6.20

93	Dan Brown	Gloucestershire	5.89
111	Chris Jones	Imperial	5.50
112	Ewan Mackay	Imperial	5.30
127	Tobenna Oputa	Leeds	6.04
129	Jacob Brown	Leeds Met Carnegie	7.57
130	Anthony Timms	Leeds Met Carnegie	7.31
137	Adam Budd	Liverpool	4.92
141	Lee Vestey	Liverpool John Moores	
151	Felix Choo	Loughborough	7.17
152	Bradley Pickup	Loughborough	6.91
451	Anteson Twumasi	Loughborough	6.87
452	Michael Holden	Loughborough	6.87
153	Alex Le	Manchester	5.79
154	Tom Flint	Manchester	5.50
159	Omari Barton-Ellington	Middlesex	6.53
160	Tyrell Boatwain	Middlesex	6.56
459	Nicholas Adams	Middlesex	
165	Christopher Mossman	Newcastle	5.79
166	Andrew Storey	Newcastle	4.84
173	Paul Ogun	Nottingham	7.14
177	Andrew Bullimore	Oxford	7.21
178	Daniel Johnson	Oxford	6.23
183	Marcus Jones	Portsmouth	5.96
201	Chris Hall	Royal Holloway	6.68
209	Andy Bleakley	Sheffield	6.97
210	Christopher Wright	Sheffield	6.81
211	John Lee	Sheffield Hallam	6.80
212	Peter Richardson	Sheffield Hallam	6.41
227	Hansley Jones	St Mary's	7.10
231	Nicholas Accordino	Stirling	5.50
239	Jack Cooper	Surrey	5.97
241	Dio Mavroyianis	Sussex	5.48
247	Charlie Dryden	Teesside	6.78
269	Michael Tayo Olasanoye	UWE Bristol	6.40
267	Francis Baker	UWIC	7.32
268	Tom Kivell	UWIC	7.00
567	Andrew Holmes	UWIC	6.90
279	Anthony Stewart	Wolverhampton	6.51

MEN'S HIGH JUMP

13	Jason Fox	Bath	2.05
14	Ed Mason	Bath	2.00
313	Mark Brown	Bath	2.00
314	Simon Phelan	Bath	2.15
17	Simon Hemmings	Bedfordshire	2.03
19	Mike Sweeney	Birmingham	1.96

20	Karl Robbins	Birmingham	2.00
319	Lewis Long	Birmingham	1.95
33	Daniel Dunscombe	Brunel	2.03
34	Ashley Phillips	Brunel	1.95
71	Robin Tuck	Durham	1.90
77	Andrew Robinson	Edge Hill	1.93
79	Ray Bobrownicki	Edinburgh	2.10
80	Simon Herron	Edinburgh	2.00
81	Leron Norbert-John	Essex	2.05
83	Ashley Barker	Exeter	2.00
84	Neil McDaid	Exeter	2.00
93	Chris Webb	Gloucestershire	1.95
95	Gawain Rogers	Glyndwr	1.85
111	Chris Jones	Imperial	1.60
112	Ewan Mackay	Imperial	1.60
127	Matthew Smiley	Leeds	1.90
128	Richard Stilwell	Leeds	1.80
129	Olanrewaju Animashaun	Leeds Met Carnegie	1.96
137	Andrew Martin	Liverpool	
141	Matty Owens	Liverpool John Moores	2.00
143	Sergei Zotin	London	2.00
151	Matthew Ashley	Loughborough	1.95
152	Lewis Ely	Loughborough	1.95
451	Adrian Hemery	Loughborough	1.96
153	Carl Van Schie	Manchester	1.79
173	Bradley Armougie	Nottingham	2.03
177	Alex Skouby	Oxford	2.00
178	Abubakar Abioye	Oxford	1.88
209	Peter Drake	Sheffield	1.75
220	Geoffrey Beresford	St Andrews	1.75
227	Luke Martin	St Mary's	1.95
228	Hansley Jones	St Mary's	1.95
527	Brian Markham	St Mary's	1.95
528	Tim Burt	St Mary's	1.95
231	Nick Wales	Stirling	1.82
243	Daniel Williams	Swansea	1.80
247	Lloyd Powell	Teesside	2.08
267	Francis Baker	UWIC	2.02
268	Adam Gallie	UWIC	1.90
271	Shaun Creegen	Warwick	1.95

MEN'S TRIPLE JUMP

1	Chuxx Onyia	Aberdeen	14.49
13	Chris Wakeford	Bath	13.89
14	Malachi Dingis	Bath	12.12
17	Andy Slizys	Bedfordshire	13.50

29	Tyler Deas	Brighton	11.79
33	Michael Puplampu	Brunel	14.50
34	Daniel Lewis	Brunel	14.76
39	Humphrey Waddington	Cambridge	14.56
40	Ian Simson	Cambridge	13.96
57	Dainius Babrauskas	Coventry	15.60
71	Sylvain Garcon	Durham	13.21
73	Graham Stark	East Anglia	11.91
77	Christopher Sinclair	Edge Hill	13.27
83	Joseph Welch	Exeter	13.30
93	Leigh Hayes	Gloucestershire	11.96
129	Stuart Smith	Leeds Met Carnegie	13.33
130	Simon Newton	Leeds Met Carnegie	13.33
143	Sergei Zotin	London	13.10
151	Matthew Burton	Loughborough	15.25
152	Anteson Twumasi	Loughborough	13.76
451	Thomas Bell	Loughborough	13.71
452	Daniel Blackett	Loughborough	13.86
171	Sam Stanislaus	Northumbria	13.26
172	Igho Diegbe	Northumbria	13.40
177	Daniel Johnson	Oxford	11.42
209	Alastair Canaway	Sheffield	13.04
211	Joseph Curtis	Sheffield Hallam	14.97
212	Dave Smith	Sheffield Hallam	14.08
215	Jon Dennis	Southampton	13.45
247	Ade Babetunde	Teesside	14.84
267	Tom Kivell	UWIC	14.16
268	Adam Williams	UWIC	14.05
285	Aaron Rolf	York	12.50

MEN'S POLE VAULT

13	Christian North	Bath	5.30
19	Nick Cruchley	Birmingham	4.95
20	Ryszard Buk	Birmingham	4.75
33	Scott Huggins	Brunel	5.01
34	Kevin Sempers	Brunel	4.70
333	Matt George	Brunel	4.05
39	Tom Wagner	Cambridge	3.80
41	Nick Moore	Canterbury Christ Church	3.85
77	Laurie Needham	Edge Hill	4.60
117	Steve Walker	Kent	4.00
151	Paul Walker	Loughborough	5.31
152	Max Eaves	Loughborough	5.12
451	Mark Warensjo	Loughborough	4.70
452	Michael Holden	Loughborough	4.60
165	Nick Robinson	Newcastle	3.80

173	Freddie Pask	Nottingham	4.20
177	James Smithdale	Oxford	3.40
178	James Douglas	Oxford	3.00
205	Matthew Cullen	Salford	4.50
211	Sean Power	Sheffield Hallam	4.20
212	Lewis Stead	Sheffield Hallam	3.85
220	Geoffrey Beresford	St Andrews	3.70
227	Sam Colgate	St Mary's	4.75
228	Lee Coogan	St Mary's	4.50
527	Oli Crux	St Mary's	4.20
528	Ian May	St Mary's	4.10
233	Callum Sharp	Strathclyde	4.60
247	Glen Blenkinsop	Teesside	3.90
267	Francis Baker	UWIC	4.50
268	Andrew Holmes	UWIC	4.20

MEN'S SHOT PUT

13	Tommy Lillihagen	Bath	12.50
19	Chiedu Ufodiana	Birmingham	11.66
20	Mike Sweeney	Birmingham	10.27
33	Joe Lancaster	Brunel	12.64
34	Matt George	Brunel	12.54
39	Emmanuel Akinluyi	Cambridge	12.59
40	Felix Schaaf	Cambridge	12.87
83	Neil Mcdaid	Exeter	10.00
93	Scott Williams	Gloucestershire	10.60
111	James Sharples	Imperial	11.26
129	Rimantas Martisauskas	Leeds Met Carnegie	17.87
130	Karl Fitzgerald	Leeds Met Carnegie	12.17
151	Kieran Kelly	Loughborough	19.02
152	Adrian Hemery	Loughborough	13.63
451	David Feeney	Loughborough	13.61
452	Daniel Greaves	Loughborough	13.52
159	James Nicol	Middlesex	12.47
160	Daniel Dixon	Middlesex	12.36
161	David Freeman	MMU Cheshire	9.25
195	Ian Frankish	Roehampton	11.98
211	Lewis Stead	Sheffield Hallam	13.14
233	Allan Mackay	Strathclyde	12.97
265	Dean Bolt	UW Newport	15.00
267	Ryan Spencer-Jones	UWIC	16.30
268	Brett Morse	UWIC	14.87
567	Andrew Holmes	UWIC	13.68
285	Vidas Regelskis	York	13.97

MEN'S DISCUS

13	Tommy Lillihagen	Bath	40.00
19	Chiedu Ufodiama	Birmingham	38.00
20	Mike Sweeney	Birmingham	34.76
25	James Eccles	Bournemouth	32.71
33	Chris Hughff	Brunel	41.44
34	Kevin Sempers	Brunel	38.23
39	Ben Cossey	Cambridge	37.39
40	Emmanuel Akinluyi	Cambridge	34.51
339	Ryan Harper	Cambridge	41.78
57	Chris Horne	Coventry	40.51
111	Alex Rothnie	Imperial	33.00
129	Rimantas Martisauskas	Leeds Met Carnegie	48.22
130	Dave Pogson	Leeds Met Carnegie	36.93
151	Christopher Scott	Loughborough	53.87
152	Daniel Greaves	Loughborough	50.02
451	Tong Koh	Loughborough	42.10
452	John Tarrant	Loughborough	41.35
153	Elliot Price	Manchester	51.65
154	Carl Van Schie	Manchester	38.20
159	James Nicol	Middlesex	
160	Guy Djedje	Middlesex	
211	Lewis Stead	Sheffield Hallam	31.33
233	Allan Mackay	Strathclyde	42.64
265	Dean Bolt	UW Newport	45.00
267	Brett Morse	UWIC	57.49
268	Ryan Spencer-Jones	UWIC	48.17
285	Vidas Regelskis	York	44.85

MEN'S JAVELIN

13	Graham Smith	Bath	37.34
14	Harley Steele	Bath	50.00
313	Ben Woodruff	Bath	68.12
19	Richard Woolley	Birmingham	61.10
20	Ryhs Llewellyn-Eaton	Birmingham	47.80
31	Gustav Klingstedt	Bristol	44.35
33	Chris Hughff	Brunel	72.15
34	Neil Crossley	Brunel	60.98
333	Matt George	Brunel	59.25
39	Richard Martin	Cambridge	46.71
40	Mickael Decressac	Cambridge	63.92
339	Felix Schaaf	Cambridge	56.97
73	Matt Hitchner	East Anglia	47.00
77	Andrew Allan	Edge Hill	57.70
83	Joseph Welch	Exeter	26.13

129	James Campbell	Leeds Met Carnegie	73.70
130	Aaron Crawford	Leeds Met Carnegie	59.78
151	Adrian Hemery	Loughborough	56.84
152	Thomas Banham	Loughborough	56.60
451	Yong Tan	Loughborough	56.04
452	Will Lambourne	Loughborough	56.02
153	Carl Van Schie	Manchester	43.50
154	Tom Flint	Manchester	
159	James Nicol	Middlesex	
171	Sam Stanislaus	Northumbria	42.78
177	James Douglas	Oxford	41.15
209	Felix Hatton	Sheffield	70.99
211	Tim Burn	Sheffield Hallam	43.00
212	Lewis Stead	Sheffield Hallam	41.76
220	Kenneth Robertson	St Andrews	42.10
227	Allandre Johnson	St Mary's	62.55
243	Oliver Wright	Swansea	54.92
269	Jacob Lewis	UWE Bristol	51.50
267	Francis Baker	UWIC	52.50
268	Andrew Holmes	UWIC	52.79
271	Shaun Creegen	Warwick	35.00

MEN'S HAMMER

13	Alex Warner	Bath	54.83
25	Sam Chappell	Bournemouth	42.09
39	Andrew Lee	Cambridge	45.44
57	Peter Torok	Coventry	41.20
107	Matthew Lambley	Huddersfield	67.00
111	Sam Coe	Imperial	57.17
129	Stuart Smith	Leeds Met Carnegie	48.00
130	Morgan Bell	Leeds Met Carnegie	50.00
151	Christopher Scott	Loughborough	49.48
152	Luke Hyland	Loughborough	46.49
451	Andrew Windley	Loughborough	46.07
159	James Nicol	Middlesex	
193	Padraig White	Robert Gordon	60.90
205	Mike Rigby	Salford	50.95
227	Alistair Williamson	St Mary's	58.96
228	Chris Rook	St Mary's	52.10
243	Ritchie Wells	Swansea	50.28
244	James Dobler	Swansea	41.53
267	Brett Morse	UWIC	32.58
268	Ryan Spencer-Jones	UWIC	32.50

WOMEN'S ENTRIES:

WOMEN'S 100M

13	Joanna Patterson	Bath	12.25
17	Nikkita .	Bedfordshire	12.00
19	Sophie Lambert	Birmingham	12.40
20	Hannah Williams	Birmingham	12.78
319	Claudia Williams	Birmingham	12.47
25	Lucy Harrison	Bournemouth	13.80
29	Claire Welch	Brighton	12.40
31	Jane Annett	Bristol	13.67
33	Joey Duck	Brunel	11.69
34	Lucy Sargent	Brunel	11.65
333	Kara Dunn	Brunel	12.00
49	Katryna Hardcastle	Chester (Chester)	12.40
71	Alice Robins	Durham	12.40
72	Jenny Lee	Durham	13.90
73	Nikki Smith	East Anglia	13.00
77	Hannah Roberts	Edge Hill	14.10
83	Rebecca Courtney	Exeter	12.80
93	Holly Buckenham	Gloucestershire	12.70
109	Annabelle Lewis	Hull	11.90
111	Pavidra Sivanandarajah	Imperial	13.40
127	Remel Okeke-Wickham	Leeds	12.40
129	Alice Wilkinson	Leeds Met Carnegie	13.00
130	Katherine Appleton	Leeds Met Carnegie	13.30
141	Morgan Brown	Liverpool John Moores	12.15
142	Maggie Million	Liverpool John Moores	14.00
143	Henrietta Kodilinye-Sims	London	12.40
144	Janet Bolaji	London	12.71
151	Elaine O'Neill	Loughborough	11.74
152	Kylie Russell	Loughborough	12.01
451	Natalie Jowett	Loughborough	12.27
452	Denae Matthew	Loughborough	12.31
153	Adefikayo Titiloye	Manchester	12.30
154	Suki Annan	Manchester	12.50
159	Montell Douglas	Middlesex	10.95
165	Rowena Dyson	Newcastle	13.00
171	Rachel Davidson	Northumbria	12.30
177	Dominique Smith	Oxford	12.76
178	Natalie Christopher	Oxford	13.07
193	Lauren Harris	Robert Gordon	12.80
201	Lorraine Bobb	Royal Holloway	12.40
209	Suki Cirillo	Sheffield	13.50
211	Hannah Bird	Sheffield Hallam	12.30

212	Laura Creighton	Sheffield Hallam	12.60
511	Charlotte Hesketh	Sheffield Hallam	12.47
215	Megan Williams	Southampton	12.60
216	Catherine Seal	Southampton	12.60
515	Natasha Downes	Southampton	12.50
220	Jennifer Dunn	St Andrews	13.10
227	Natalie Bartley	St Mary's	11.88
228	Emily Martin	St Mary's	12.50
527	Lizzie Nation-Grainger	St Mary's	12.50
247	Faye Winspear	Teesside	12.60
257	Anja Meyer	UC Birmingham	12.60
269	Jade Palmer	UWE Bristol	12.80
270	Theresa Paul	UWE Bristol	13.50
267	Zara George	UWIC	12.12
268	Sarah Pole	UWIC	12.50
567	Michelle Thomas	UWIC	11.89

WOMEN'S 200M

13	Joanna Patterson	Bath	24.99
14	Lucy Ferguson	Bath	26.50
17	Nikkita .	Bedfordshire	26.00
19	Katie Flower	Birmingham	24.90
20	Seemita Gumbs	Birmingham	24.31
319	Rebecca Williams	Birmingham	25.40
320	Sophie Lambert	Birmingham	25.60
31	Amy Bond	Bristol	26.12
32	Marika Reed	Bristol	28.23
33	Perri Shakes-Drayton	Brunel	23.03
34	Lucy Sargent	Brunel	23.60
333	Charlotte Allee	Brunel	25.00
334	Dominique Blaize	Brunel	24.16
49	Katryna Hardcastle	Chester (Chester)	26.00
71	Alice Robins	Durham	26.20
77	Hannah Roberts	Edge Hill	29.40
83	Rebecca Courtney	Exeter	26.60
84	Lauren Searles	Exeter	25.80
109	Annabelle Lewis	Hull	24.46
111	Pavidra Sivanandarajah	Imperial	27.80
127	Remel Okeke-Wickham	Leeds	26.40
128	Charlotte Gaynor	Leeds	28.50
129	Emma Payne	Leeds Met Carnegie	25.56
130	Jess Whitton	Leeds Met Carnegie	27.60
137	Kristine Reinhold	Liverpool	27.70
141	Morgan Brown	Liverpool John Moores	25.27

143	Henrietta Kodilinye-Sims	London	24.70
144	Janet Bolaji	London	25.40
443	Imola Asztalos	London	
151	Holly Croxford	Loughborough	24.04
152	Kylie Russell	Loughborough	24.85
451	Natalie Jowett	Loughborough	25.56
452	Laura Hitchman	Loughborough	25.38
153	Adefikayo Titiloye	Manchester	24.76
154	Jade Peak	Manchester	25.00
453	Jess Taylor	Manchester	25.38
165	Amy Wrigley	Newcastle	26.20
166	Rowena Dyson	Newcastle	26.80
171	Lauren Arthur	Northumbria	24.89
177	Dominique Smith	Oxford	26.00
178	Emily Binner	Oxford	26.60
193	Lauren Harris	Robert Gordon	26.90
209	Suki Cirillo	Sheffield	26.50
210	Alicia Roberts-Brown	Sheffield	26.08
211	Hannah Bird	Sheffield Hallam	25.00
212	Laura Creighton	Sheffield Hallam	27.00
215	Megan Williams	Southampton	26.10
216	Natasha Downes	Southampton	28.00
220	Jennifer Dunn	St Andrews	26.70
227	Natalie Bartley	St Mary's	24.88
228	Emily Martin	St Mary's	25.76
527	Philippa McGregor	St Mary's	25.57
528	Natasha Edwards	St Mary's	26.00
243	Imelda Morrisson	Swansea	26.04
257	Susanna Banjo	UC Birmingham	25.60
269	Hannah Fairhurst	UWE Bristol	26.90
270	Jade Palmer	UWE Bristol	27.30
267	Karis Jones	UWIC	25.50
268	Michelle Thomas	UWIC	23.98
567	Zara George	UWIC	25.37
271	Sarah Webb	Warwick	28.00
272	Jenny Holden	Warwick	28.00

WOMEN'S 400M

17	Lauren Cunningham	Bedfordshire	58.90
19	Laura Gillhespy	Birmingham	54.50
20	Katie Flower	Birmingham	54.20
319	Seemita Gumbs	Birmingham	55.21
320	Laura Carmichael	Birmingham	58.78
29	Aliysa Codrington	Brighton	60.27
30	Emma Bubb	Brighton	63.50
31	Amy Bond	Bristol	58.67

33	Shelayna Oskan	Brunel	54.39
34	Tara Bird	Brunel	53.83
333	Harriet Pryke	Brunel	59.00
334	Hannah Jeanes	Brunel	58.40
39	Kate Laidlow	Cambridge	57.40
40	Becky Welbourn	Cambridge	57.12
339	Jo Lister	Cambridge	58.90
43	Rhianne Jones	Cardiff	
77	Gail Lipett	Edge Hill	57.15
79	Avril Jackson	Edinburgh	56.77
80	Louise McClelland	Edinburgh	57.34
83	Lauren Searles	Exeter	59.10
84	Sadie Addelee	Exeter	61.90
93	Lauren Tolmie	Gloucestershire	61.00
127	Josie Cram	Leeds	61.20
129	Jess Whitton	Leeds Met Carnegie	61.20
130	Lucy Abbott	Leeds Met Carnegie	64.34
143	Henrietta Kodilinye-Sims	London	53.24
144	Imola Asztalos	London	
151	Sarah Adams	Loughborough	54.72
152	Rebecca Syrocki	Loughborough	56.19
451	Mikaela Harrison	Loughborough	56.30
452	Emma Paton	Loughborough	58.80
153	Jade Peak	Manchester	56.30
154	Victoria Garrad	Manchester	56.37
453	Katie Neary	Manchester	58.90
454	Elizabeth Hogson	Manchester	59.00
159	Ese Okoro	Middlesex	55.89
160	Christina Silva	Middlesex	58.36
459	Jasmin Hicks	Middlesex	
165	Amy Wrigley	Newcastle	61.30
171	Gina Rutherford	Northumbria	57.30
177	Carolyn Plateau	Oxford	55.87
178	Emily Binner	Oxford	60.03
477	Catriona Witcombe	Oxford	58.80
195	Susan Bovill	Roehampton	55.91
209	Laura Bealey	Sheffield	60.53
210	Alicia Roberts-Brown	Sheffield	61.00
211	Rachael Shaw	Sheffield Hallam	57.13
212	Kelie Bewick	Sheffield Hallam	59.30
511	Kirsty Beaumont	Sheffield Hallam	59.40
215	Megan Williams	Southampton	60.10
216	Natasha Downes	Southampton	65.00
220	Anna Moles	St Andrews	66.30
227	Steph Twell	St Mary's	58.16

228	Liz Tipler	St Mary's	59.00
527	Sharon Walsh	St Mary's	59.00
231	Robyn Mcdowall	Stirling	66.10
232	Hannah Copland	Stirling	66.40
233	Jade Maclaren	Strathclyde	56.82
239	Anne Doyle	Surrey	63.00
247	Stacey Smith	Teesside	57.00
255	Leigh Whiteside	Ulster	58.20
269	Hannah Fairhurst	UWE Bristol	64.10
267	Nadine Okyere	UWIC	54.80
268	Emma Pullen	UWIC	56.40
567	Bryony Turnbull	UWIC	57.50

WOMEN'S 800M

11	Heather Roberts	Bangor	2.18.00
13	Annabel Grady	Bath	2.25.00
14	Amy Colwill	Bath	2.18.77
313	Siobhan Svendsen	Bath	2.16.73
17	Rebecca Hall	Bedfordshire	2.11.00
19	Alison Leonard	Birmingham	2.01.00
20	Lucy Dowsett	Birmingham	2.07.50
319	Philippa Aukett	Birmingham	2.12.98
320	Kate Hindle	Birmingham	2.10.90
31	Ashley Robinson	Bristol	2.18.23
33	Tara Bird	Brunel	2.03.60
34	Shelayna Oskan	Brunel	2.09.20
333	Hannah Jeanes	Brunel	2.12.50
39	Polly Keen	Cambridge	2.24.17
40	Christe Noble	Cambridge	2.31.00
69	Morag Maclarty	Dundee	2.05.17
73	Sarah Burdett	East Anglia	2.34.00
74	Rachel Ball	East Anglia	2.36.00
83	Sadie Addelesee	Exeter	2.22.00
84	Catherine Parsons	Exeter	2.30.00
87	Leila James	Glamorgan	2.12.00
93	Lauren Tolmie	Gloucestershire	2.15.60
103	Eilidh Mackenzie	Heriot-Watt	2.11.00
127	Laura Glenn	Leeds	2.21.40
128	Louise Smith	Leeds	2.26.60
129	Laura Kirk	Leeds Met Carnegie	2.08.90
130	Jo Adams	Leeds Met Carnegie	2.18.30
137	Seonaid Murray	Liverpool	2.12.78
141	Beccy Nuttall	Liverpool John Moores	2.15.20
143	Harriet Scott	London	2.06.00
144	Harriet Owles	London	2.30.00
151	Dani Christmas	Loughborough	2.05.60

152	Rachel Stringer	Loughborough	2.05.30
451	Alex Snook	Loughborough	2.15.00
452	Sarah Hudak	Loughborough	2.15.50
153	Anna Brooks	Manchester	2.28.00
154	Emma Tolond	Manchester	2.28.00
157	Ejiro Okoro	Medway	2.08.50
173	Anna Rainey	Nottingham	2.13.50
183	Charlotte Hunt	Portsmouth	2.21.00
209	Lucy Hawkins	Sheffield	2.45.00
211	Heidi Ghaichem	Sheffield Hallam	2.30.00
220	Hilary Armitage	St Andrews	2.25.00
227	Steph Twell	St Mary's	2.06.00
228	Suzi Boast	St Mary's	2.10.00
527	Natalie Grant	St Mary's	2.12.00
528	Lucy Baker	St Mary's	2.16.00
231	Robyn Mcdowall	Stirling	2.33.00
232	Hannah Copland	Stirling	2.30.00
233	Carla Sloss	Strathclyde	2.11.80
239	Anne Doyle	Surrey	2.28.00
247	Stacey Smith	Teesside	2.06.00
267	Hayley Wills	UWIC	2.09.00
268	Ruth Mitchell	UWIC	2.13.00
567	Sara Dobler	UWIC	2.12.00
279	Bethan Roberts	Wolverhampton	2.17.00
285	Charlotte Gaughan	York	2.17.00
286	Zofia Okuniewska	York	2.18.00

WOMEN'S 1500M

11	Heather Roberts	Bangor	5.00
12	Jess Bratt	Bangor	5.01
13	Laura Dunn	Bath	4.36
14	Kerry Iveston	Bath	5.04
17	Rebecca Newstead	Bedfordshire	4.43
18	Rachel Cave	Bedfordshire	4.58
19	Vicki Fouhy	Birmingham	4.29
20	Hannah Brooks	Birmingham	4.20
319	Sarah Waldron	Birmingham	4.30
320	Rebecca Gough	Birmingham	4.35
25	Sarah Bolton	Bournemouth	5.01
26	Carley Rose	Bournemouth	4.41
28	Emma Rogers	Bradford	
29	Caroline Fox	Brighton	4.50
31	Erica Golland	Bristol	5.04
33	Emma Pallant	Brunel	4.11
39	Charlotte Roach	Cambridge	4.24
40	Marie Cavitte	Cambridge	5.03

339	Cat Bounds	Cambridge	4.36
340	Naomi Taschimowitz	Cambridge	4.35
69	Morag Maclarty	Dundee	
71	Becky Howarth	Durham	4.50
73	Jennie Hunt	East Anglia	5.45
83	Anna Cartwright	Exeter	4.06
84	Charlotte Davies	Exeter	4.51
93	Rebecca Gould	Gloucestershire	5.10
103	Eilidh Mackenzie	Heriot-Watt	4.37
109	Klachen Cheshire	Hull	4.26
115	Emma Jackson	Keele University	4.16
127	Isabel Finley	Leeds	5.11
128	Laura Glenn	Leeds	5.21
129	Sarah Kemshall	Leeds Met Carnegie	4.48
130	Jane Kemshall	Leeds Met Carnegie	4.44
137	Sarah Jarvis	Liverpool	5.10
138	Sarah Neary	Liverpool	4.46
141	Beccy Nuttall	Liverpool John Moores	4.37
143	Harriet Scott	London	4.15
144	Sara Luck	London	4.36
151	Stevie Stockton	Loughborough	4.23
152	Jacqueline Fairchild	Loughborough	4.31
451	Jess Coulson	Loughborough	4.18
452	Jordan Kinney	Loughborough	4.28
173	Anna Rainey	Nottingham	4.49
175	Becka Tumbull	Nottingham Trent	4.50
177	Rachel Deegan	Oxford	4.38
178	Flo Ray	Oxford	4.35
209	Leila Armoush	Sheffield	5.15
211	Sarah Barnes	Sheffield Hallam	5.07
212	Victoria Needham	Sheffield Hallam	5.00
215	India Lee	Southampton	4.40
216	Elinor Kirk	Southampton	4.42
227	Steph Twell	St Mary's	4.05
228	Jess Sparke	St Mary's	4.15
527	Suzi Boast	St Mary's	4.29
528	Natalie Grant	St Mary's	4.34
231	Ann-Marie Parry	Stirling	5.12
232	Megan Stirling	Stirling	5.15
233	Josephine Moultrie	Strathclyde	4.26
247	Stacey Smith	Teesside	4.24
267	Stephanie Barnes	UWIC	4.20

WOMEN'S 5000M

1	Jenny Brierley	Bangor	18.00
2	Suzy Blandford	Bangor	19.00

3	Rachel Coe-O'Brien	Bath	17.35
4	Natasha Peters	Bedfordshire	17.00
5	Lauren Howarth	Birmingham	16.13
6	Hannah England	Birmingham	16.58
7	Del James	Birmingham	17.08
8	Katie Knowles	Birmingham	17.02
9	Samantha Franklin	Brighton	19.00
10	Georgie Brunivels	Bristol	17.12
11	Imogen Ainsworth	Bristol	17.23
12	Claire Hallissey	Bristol	16.27
13	Emma Pallant	Brunel	16.33
14	Becky Howarth	Durham	18.30
15	Sarah Kimpton	East Anglia	18.50
16	Tarley Barnes	East Anglia	18.55
17	Claire Hodgson	Exeter	17.30
18	Stephanie Kitson	Exeter	19.50
19	Jordan Folk	Gloucestershire	18.30
20	Rebecca Gould	Gloucestershire	18.16
21	Mary Ferrier	Leeds	17.48
22	Sarah Graham	Leeds	18.04
23	Sarah Peterson	Leeds	17.07
24	Emma Willets	Leeds Met Carnegie	18.19
25	Scarlet Gray	Leeds Met Carnegie	18.20
26	Emily Pidgeon	Loughborough	15.41
27	Alison Lavender	Loughborough	17.08
28	Kirsty Milner	Loughborough	17.05
29	Lucy O'Gorman	Loughborough	17.02
30	Michelle Sikes	Oxford	15.09
31	Cathy Ansell	Oxford	17.41
32	Zoe Boyland	Portsmouth	20.50
33	Sarah McCormack	Sheffield	17.05
34	Sarah Barnes	Sheffield Hallam	19.00
35	Rosie Edwards	Sheffield Hallam	17.07
36	Natalie Burke	Southampton	18.00
37	Steph Twell	St Mary's	15.47
38	Jo Harvey	St Mary's	16.53
39	Bryony Proctor	St Mary's	17.10
40	Tasha Doel	St Mary's	17.05
41	Stephanie Barnes	UWIC	16.53
42	Angela Speight	UWIC	17.45
43	Ellie Kitchen	Warwick	19.40
44	Sarah Holiday	Winchester	18.00

WOMEN'S 10000M

1	Jenny Brierley	Bangor	40.50
2	Rachel Coe-Obrien	Bath	40.50
3	Stacey Johnson	Birmingham	34.35
4	Fiona Clark	Birmingham	36.19
5	Olivia Kenney	Birmingham	36.45
6	Jo Ritson	Birmingham	36.46
7	Claire Hallissey	Bristol	34.54
8	Hilary Agate	Bristol	39.27
9	Helen Rollins	Cambridge	37.06
10	Hollie Rowland	East Anglia	36.11
11	Lucy Rogers	Exeter	42.20
12	Lucy Davies	Exeter	43.38
13	Hannah Townsend	Hull	41.00
14	Natasha Taylor	London South Bank	41.00
15	Katie Lomas	Loughborough	37.23
16	Suzanne Richards	Loughborough	36.54
17	Natalie Gray	Loughborough	36.54
18	Kirsty Hamilton	Loughborough	37.00
19	Sarah Davey	Portsmouth	34.30
20	Emily Armstrong	Sheffield	38.00
21	Sarah McCormack	Sheffield	37.00
22	Rosie Edwards	Sheffield Hallam	37.36
23	Tasha Doel	St Mary's	34.52
24	Bryony Proctor	St Mary's	35.10
25	Danni Nimmock	St Mary's	36.02
26	Kat Sparke	St Mary's	34.30
27	Alison Tay	Swansea	48.21
28	Rachel Wood	Warwick	38.05
29	Sandra Branney	GUEST	37.00
30	Natasha Poole	GUEST	37.00

WOMEN'S 100M HURDLES

13	Kim Motley	Bath	15.13
14	Serita Shone	Bath	14.80
19	Isabelle Hatton	Birmingham	15.89
20	Steph Kleynhans	Birmingham	15.30
25	Jillian Drouin	Bournemouth	13.72
33	Gemma Weetman	Brunel	14.38
34	Katia Lannon	Brunel	14.27
333	Dominique Blaize	Brunel	13.90
39	Emily Craven	Cambridge	17.20
73	Chloe Vanwulven	East Anglia	14.71
81	Nicola Gaisford	Essex	14.90
93	Holly Manning	Gloucestershire	15.90
109	Katie Mchale	Hull	14.99

129	Lauren Storr	Leeds Met Carnegie	15.84
130	Helen Goacher	Leeds Met Carnegie	15.52
139	Helen Asher	Liverpool Hope	13.64
141	Eleanor Markendale	Liverpool John Moores	14.80
151	Andrea Vinet	Loughborough	13.80
152	Kylie Robilliard	Loughborough	13.68
451	Lauren Dewdney	Loughborough	14.07
452	Jennifer Heckford	Loughborough	14.50
153	Victoria Garrad	Manchester	14.21
159	Christina Silva	Middlesex	15.60
165	Amy Richards	Newcastle	16.20
177	Natalie Christopher	Oxford	16.60
178	Helen Hanstock	Oxford	17.40
211	Zara Hohn	Sheffield Hallam	13.49
212	Lydia Chamberlin	Sheffield Hallam	14.50
227	Lizzie Nation-Grainger	St Mary's	15.50
228	Claudia Tabony	St Mary's	15.70
267	Michelle Thomas	UWIC	15.96
271	Sarah Webb	Warwick	15.60

WOMEN'S 400M HURDLES

13	Katie Sockett	Bath	63.97
14	Sophie Skinner	Bath	62.91
19	Vicki Holmes	Birmingham	64.40
31	Marika Reed	Bristol	62.34
33	Vicky Randall	Brunel	64.10
34	Katia Lannon	Brunel	60.80
39	Lucy Spray	Cambridge	63.70
79	Stephanie Walker	Edinburgh	60.69
80	Avril Jackson	Edinburgh	60.97
93	Lauren Tolmie	Gloucestershire	68.60
129	Helen Goacher	Leeds Met Carnegie	63.10
151	Meghan Beesley	Loughborough	57.08
152	Justine Kinney	Loughborough	58.84
451	Clare Cooper	Loughborough	60.30
452	Emily Parker	Loughborough	60.62
153	Elizabeth Hogson	Manchester	72.20
159	Ese Okoro	Middlesex	66.78
160	Jasmin Hicks	Middlesex	68.15
177	Jana Rieck	Oxford	66.40
178	Catriona Witcombe	Oxford	66.55
209	Laura Bealey	Sheffield	68.07
210	Amie Trewin	Sheffield	69.64
220	Anna Moles	St Andrews	72.00
267	Anwen Rees	UWIC	58.15
268	Sian Davies	UWIC	61.96

567	Michelle Thomas	UWIC	58.77
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WOMEN'S 2000M STEEPLECHASE

11	Suzy Blandford	Bangor	
13	Kate Spilsbury	Bath	8.10
19	Robyn Matson	Birmingham	7.23
20	Lucy Mayho	Birmingham	7.06
319	Vicky Smith	Birmingham	7.29
320	Sarah Hanley	Birmingham	7.27
39	Polly Keen	Cambridge	7.20
99	Amy Tanner	Greenwich	7.58
127	Sarah Peterson	Leeds	6.49
129	Sarah Kemshall	Leeds Met Carnegie	7.55
130	Jane Kemshall	Leeds Met Carnegie	7.54
143	Sara Luck	London	7.20
151	Ruth Senior	Loughborough	6.43
152	Emma-Leigh Heighway	Loughborough	7.02
451	Rachel Pearson	Loughborough	7.28
452	Charlotte Maxted	Loughborough	7.30
177	Alison Crocker	Oxford	7.11
178	Clare Kane	Oxford	7.35
211	Megan Jacobs	Sheffield Hallam	8.00
215	Natalie Burke	Southampton	8.30
216	Elinor Kirk	Southampton	8.00
227	Laura Parker	St Mary's	7.17
267	Emily Brown	UWIC	6.59

WOMEN'S 4X100M RELAY

13	Bath
19	Birmingham
29	Brighton
33	Brunel
71	Durham
77	Edge Hill
83	Exeter
93	Gloucestershire
127	Leeds
130	Leeds Met Carnegie
141	Liverpool John Moores
151	Loughborough
153	Manchester
165	Newcastle
177	Oxford
209	Sheffield
211	Sheffield Hallam
215	Southampton

227	St Mary's
243	Swansea
267	UWIC

WOMEN'S 4X400M RELAY

13	Bath
17	Bedfordshire
19	Birmingham
31	Bristol
33	Brunel
39	Cambridge
71	Durham
83	Exeter
127	Leeds
130	Leeds Met Carnegie
143	London
151	Loughborough
153	Manchester
177	Oxford
209	Sheffield
211	Sheffield Hallam
215	Southampton
227	St Mary's
231	Stirling
267	UWIC

WOMEN'S LONG JUMP

13	Kim Murray	Bath	6.03
14	Serita Shone	Bath	5.91
19	Emily Tabb	Birmingham	5.15
20	Steph Kleynhans	Birmingham	5.67
25	Jillian Drouin	Bournemouth	6.07
31	Jane Annett	Bristol	4.47
33	Gemma Weetman	Brunel	6.18
34	Dominique Blaize	Brunel	6.23
333	Katia Lannon	Brunel	5.85
334	Anna Newton	Brunel	5.43
39	Laura McGarty	Cambridge	5.00
71	Lucy Parker-Armitage	Durham	5.10
72	Elka Marsch	Durham	5.05
83	Sarah Warsop	Exeter	5.50
93	Gemma Byrne	Gloucestershire	5.17
117	Sophie Copping	Kent	5.32
127	Katherine James	Leeds	5.19
129	Jenny Lumley	Leeds Met Carnegie	5.66
130	Ashley Little	Leeds Met Carnegie	5.21
137	Kristine Reinhold	Liverpool	5.25

138	Jenny Reason	Liverpool	4.82
141	Eleanor Markendale	Liverpool John Moores	5.77
142	Doris King	Liverpool John Moores	
151	Denae Matthew	Loughborough	5.70
152	Katy-Louise Payne	Loughborough	5.17
451	Melissa Carr	Loughborough	5.72
153	Jess Taylor	Manchester	5.55
154	Amy Elston	Manchester	4.92
165	Amy Richards	Newcastle	4.46
177	Helen Hanstock	Oxford	4.90
178	Laura Groom	Oxford	4.89
201	Lorraine Bobb	Royal Holloway	5.55
209	Katie Noonan	Sheffield	4.58
210	Danielle Svoboda	Sheffield	4.76
211	Lydia Chamberlin	Sheffield Hallam	5.70
212	Leanne Spooner	Sheffield Hallam	5.52
511	Charlotte Hesketh	Sheffield Hallam	5.41
227	Natalie Drinkwater	St Mary's	5.20
228	Claudia Tabony	St Mary's	5.15
243	Imelda Morrisson	Swansea	5.76
244	Laura Joyce	Swansea	4.54
255	Lyndsey Herron	Ulster	5.57
267	Nadine Okyere	UWIC	5.80
268	Rachel Thomas	UWIC	5.25

WOMEN'S HIGH JUMP

13	Serita Shone	Bath	1.63
14	Nicola Breaks	Bath	1.60
19	Charlotte Berrington	Birmingham	1.60
20	Hayley Kruse	Birmingham	1.60
25	Jillian Drouin	Bournemouth	1.87
31	Rebecca Klys	Bristol	1.50
33	Pamela Hughes	Brunel	1.80
34	Katia Lannon	Brunel	1.76
333	Gemma Weetman	Brunel	1.66
334	Dominique Blaize	Brunel	1.80
43	Lucy Hodgkins	Cardiff	1.75
57	Natalie Daniel	Coventry	1.62
71	Flora Hill	Durham	1.50
81	Nicola Gaisford	Essex	1.65
82	Debbie Adeleye	Essex	1.45
129	Jenny Lumley	Leeds Met Carnegie	1.79
130	Lucy Hyde	Leeds Met Carnegie	1.60
137	Kristine Reinhold	Liverpool	1.58
151	Vikki Hubbard	Loughborough	1.81
152	Sophie Hine	Loughborough	1.80

451	Adele Lassu	Loughborough	1.72
452	Sade Thompson	Loughborough	1.75
153	Katie Neary	Manchester	1.65
159	Kerry Dixon	Middlesex	1.62
165	Amy Richards	Newcastle	1.60
166	Anna Hughes	Newcastle	1.50
177	Frances Smithson	Oxford	1.70
178	Gina Hood	Oxford	1.63
477	Helen Hanstock	Oxford	1.65
205	Kay Humberstone	Salford	1.78
211	Lydia Chamberlin	Sheffield Hallam	1.73
212	Charlotte Hesketh	Sheffield Hallam	1.60
231	Jayne Nisbet	Stirling	1.80
243	Caroline Park	Swansea	1.66
267	Emma Gulliver	UWIC	1.66
268	Nadine Okyere	UWIC	1.68
279	Katy Baker	Wolverhampton	1.62

WOMEN'S TRIPLE JUMP

13	Nicola Breaks	Bath	11.39
19	Emily Tabb	Birmingham	10.77
20	Laura Rigby	Birmingham	10.60
319	Hayley Kruse	Birmingham	10.70
31	Rebecca Klys	Bristol	10.60
33	Claire Linskill	Brunel	12.78
34	Shakira Wright	Brunel	12.76
333	Lauren Longhurst	Brunel	10.40
39	Laura McGarty	Cambridge	10.70
40	Meg Tyler	Cambridge	10.80
65	Claire-Louise O'Reilly	Derby	12.43
71	Lucy Parker-Armitage	Durham	10.20
81	Jade Morgan	Essex	12.01
83	Sarah Warsop	Exeter	11.44
109	Katie Mchale	Hull	11.31
129	Ashley Little	Leeds Met Carnegie	11.20
137	Jenny Reason	Liverpool	9.68
143	Angela Barret	London	12.60
151	Denae Matthew	Loughborough	13.08
152	Melissa Carr	Loughborough	12.73
451	Tamara Longwe	Loughborough	12.11
153	Amy Elston	Manchester	10.86
159	Katie Doody	Middlesex	10.17
177	Laura Groom	Oxford	10.19
183	Annie Onions	Portsmouth	11.18
209	Danielle Svoboda	Sheffield	10.58
211	Hannah Mitchell	Sheffield Hallam	10.50

261	Kirsty Smith	University of the Arts	11.83
267	Sian Davies	UWIC	11.37
279	Lauren Blackie	Wolverhampton	12.08

WOMEN'S POLE VAULT

13	Emily Taylor	Bath	3.55
14	Charlotte Howarth	Bath	3.60
19	Emma Tate	Birmingham	2.60
33	Stephanie Smith	Brunel	3.80
34	Rebecca Webber	Brunel	
39	Florence Cavilli	Cambridge	3.70
40	Sarah Williams	Cambridge	2.90
71	Delaney Chambers	Durham	2.40
93	Vicki Wagstaff	Gloucestershire	3.30
129	Maddison Carter	Leeds Met Carnegie	2.20
130	Laura Devergori	Leeds Met Carnegie	2.25
137	Jenny Reason	Liverpool	2.50
151	Rebecca Lilley	Loughborough	3.40
152	Caroline Adams	Loughborough	3.00
451	Kerrie Mott	Loughborough	2.20
153	Michelle Koutsolambrou	Manchester	2.90
159	Jasmin Hicks	Middlesex	
173	Kathryn Burton	Nottingham	2.40
177	Clara Blattler	Oxford	3.80
227	Jennifer Honeyball	St Mary's	3.10
267	Bryony Raine	UWIC	3.95
268	Jessica Abraham	UWIC	3.72
567	Katherine Ogden	UWIC	3.67
568	Rachel Thomas	UWIC	3.01

WOMEN'S SHOT PUT

13	Serita Shone	Bath	12.52
14	Nicola Breaks	Bath	10.25
17	Petra Tleschova	Bedfordshire	12.80
25	Jillian Drouin	Bournemouth	12.46
29	Rachael Bennett	Brighton	10.89
33	Dominique Blaize	Brunel	12.76
34	Katia Lannon	Brunel	12.29
333	Gemma Weetman	Brunel	11.23
334	Anna Newton	Brunel	10.09
41	Lucy Underdown	Canterbury Christ Church	13.22
73	Louise Owen	East Anglia	9.05
77	Natalie Livesey	Edge Hill	8.05
77	Laura Varrie	Edge Hill	9.30
93	Elizabeth Yarnold	Gloucestershire	9.80
94	Kirsty Grigg	Gloucestershire	7.70
127	Lauren Hunt	Leeds	11.03

129	Alice Simpson	Leeds Met Carnegie	13.08
130	Chloe Beckett	Leeds Met Carnegie	12.99
135	Rebecca Hall	Lincoln	12.25
145	Emma Beardmore	London Metropolitan	8.58
151	Sophie Thomas	Loughborough	12.72
152	Sade Thompson	Loughborough	10.06
153	Jess Taylor	Manchester	11.11
173	Elizabeth Goddard	Nottingham	9.81
177	Helen Hanstock	Oxford	9.53
183	Suzanna Wise	Portsmouth	9.81
209	Katie Noonan	Sheffield	7.57
211	Amy Hill	Sheffield Hallam	14.53
212	Lydia Chamberlin	Sheffield Hallam	11.73
511	Hannah Mitchell	Sheffield Hallam	9.70
257	Rachel Wallader	UC Birmingham	14.80
261	Suzie Scott	University of the Arts London	13.07
267	Sarah Benson	UWIC	11.32
268	Louise Ali	UWIC	10.82
271	Sarah-Jane Perry	Warwick	11.60
279	Laura Gomery	Wolverhampton	11.97
280	Lyndsey Stevenson	Wolverhampton	10.36

WOMEN'S DISCUS

19	Rachel Backhouse	Birmingham	43.85
20	Sarah Hanley	Birmingham	25.98
25	Thasha Ratnakumar	Bournemouth	32.54
29	Rachael Bennett	Brighton	38.52
31	Rebecca Klys	Bristol	31.23
33	Katia Lannon	Brunel	29.89
34	Beatrix Turner	Brunel	18.11
41	Lucy Underdown	Canterbury Christ Church	45.39
77	Natalie Walsh	Edge Hill	39.76
78	Natalie Livesey	Edge Hill	18.30
127	Lauren Hunt	Leeds	37.72
129	Jenny Scott	Leeds Met Carnegie	49.25
130	Alice Simpson	Leeds Met Carnegie	36.51
145	Emma Beardmore	London Metropolitan	33.00
151	Sophie Thomas	Loughborough	32.38
152	Claire Williams	Loughborough	36.78
451	Katy-Louise Payne	Loughborough	37.91
173	Elizabeth Goddard	Nottingham	30.59
177	Rebecca Kueny	Oxford	37.20
183	Suzanna Wise	Portsmouth	29.35
267	Sarah Benson	UWIC	31.65
2687	Louise Ali	UWIC	33.38
271	Sarah-Jane Perry	Warwick	38.03

279	Lyndsey Stevenson	Wolverhampton	31.00
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WOMEN'S JAVELIN

13	Diane Neza	Bath	36.58
14	Alex Cooke	Bath	39.00
19	Sara Treacy	Birmingham	33.00
20	Fran Athaws	Birmingham	34.85
319	Isabelle Hatton	Birmingham	37.24
25	Jillian Drouin	Bournemouth	41.13
33	Beatrix Turner	Brunel	33.62
34	Katia Lannon	Brunel	34.09
39	Clare Palmer	Cambridge	35.30
40	Sarah Vigrass	Cambridge	33.65
57	Felecia Rudolfo	Coventry	36.00
73	Louise Owen	East Anglia	39.50
77	Natalie Livesey	Edge Hill	29.57
81	Kim Box	Essex	41.16
83	Louise Watton	Exeter	50.22
91	Lisa Glover	Glasgow Caledonian	46.04
93	Angela Diggins	Gloucestershire	33.00
129	Chloe Beckett	Leeds Met Carnegie	38.95
130	Jenny Scott	Leeds Met Carnegie	32.09
151	Sophie Thomas	Loughborough	42.72
152	Rosanna Semenytsh	Loughborough	49.04
452	Elizabeth Henry	Loughborough	37.79
177	Rebecca Kueny	Oxford	41.16
178	Frances Smithson	Oxford	32.66
227	Natalie Drinkwater	St Mary's	29.20

228	Claudia Tabony	St Mary's	28.00
267	Lianne Clarke	UWIC	52.68
279	Lyndsey Stevenson	Wolverhampton	36.36

WOMEN'S HAMMER

17	Kirsty Hull	Bedfordshire	25.00
19	Katie Spooner	Birmingham	38.80
20	Rachel Backhouse	Birmingham	37.12
25	Thasha Ratnakumar	Bournemouth	27.90
29	Rachel Blackie	Brighton	56.74
39	Laura Duke	Cambridge	41.89
40	Jo Melliush	Cambridge	35.78
41	Donna Kent	Canterbury Christ Church	47.87
93	Anna Robertson	Gloucestershire	39.00
129	Amy Howard	Leeds Met Carnegie	50.24
130	Alice Simpson	Leeds Met Carnegie	39.28
145	Emma Beardmore	London Metropolitan	34.00
151	Sarah Holt	Loughborough	63.75
165	Katy Wilson	Newcastle	48.20
173	Elizabeth Goddard	Nottingham	37.80
177	Hannah Hogben	Oxford	39.80
178	Louise Steele	Oxford	30.54
183	Suzanna Wise	Portsmouth	43.28
211	Hannah Mitchell	Sheffield Hallam	28.00
255	Lynsey Glover	Ulster	40.38
267	Nikita Morgan	UWIC	48.11
268	Louise Ali	UWIC	30.11