

PROVISIONAL PROGRAMME – EDINBURGH & LOTHIAN ATHLETIC TRIALS

12th APRIL 2009

TIMES / ORDER MAY VARY, DEPENDING ON ENTRIES

TRACK			FIELD EVENTS			
No Finals - Electric Times Only			UNDER 11	UNDER 13	UNDER 15	UNDER 17 & OVER
1	10.00	400mH SM / U17M / SW	Shot P B / G	Shot P B / G		
2	10.10	300mH U17W		Long J Boys	Long J Boys	High Jump U17M, SM U17W, SW
3	10.20	100m U11 Boys				Hammer SW / SM
4	10.30	100m U11G				
5	10.40	100m U13B				
6	10.50	100m U13G				
7	11.05	100m U15B				
8	11.10	100m U15G			Shot P B / G	Shot P SM /U17M/ U17W / SW
9	11.15	100m U17M		LJ G	LJ G	
10	11.20	100m U17W				
11	11.25	100m SW				
12		100m SM				
13		800m U11B				
14		800m U11G	HJ B / G	Javelin B / G	Javelin B / G	JAVELIN SM, U17M, U17W, SW
15		800m U13B				
16		800m U13G				
17		800mU15B				
18	12.10	800m U15G				
19	12.20	800mU17M/U17W /SW				
20	12.25	800m SM				
LUNCH						
21	13.30	70m Hurd U13G		HJ B/G	HJ B/G	LONG JUMP SM, U17M, U17W, SW
22	13.40	75m H U15G/U13B				
23	13.50	80m H U15B				
24	13.55	80mH/100mH U17W/SW				
25	14.00	100mH /110mH U17M/ SM				
26	14.10	200m U17M		Discus U15B, U17M, SM, U17W, SW,U15G		
27	14.15	200m U17W				
28	14.20	200m SW				
29	14.25	200m SM				
30	14.35	200m U15B	LJ B / G			
31	14.45	200m U15G				
32	14.55	200m U13B				
33	15.05	200m U13G				
34	15.15	200m U11B				
35	15.25	200m U11G				
36	15.35	1500m U17M / SM / SW / U17W				
37	15.45	300/400m U17W/SW				
38	15.55	400m U17M /SM				