

LOTHIAN ATHLETIC TRIALS

At Meadowbank

Sunday

12th April 2009

Entries close with Mrs M Reid, 4, South Park Crescent, Peebles, EH45 9DY (for males) and Mrs M Cook, 80 Caroline Terrace, Edinburgh (for females) on Friday, 27th March 2009 or Bill Walker (at Meadowbank)

Entry Fee: £2 per event: No cash by post - cheques, postal orders etc made payable to Edinburgh Athletic Club.

Late entries will be rejected

Track places will be taken on times

ENTRY FORM

Age Group

Name

Address

.....
.....

Telephone No **Date of Birth**

Club **SAL Number**.....

Email address:

I wish to be entered in the following events:

| | | | |
|---------|----------|---------|----------|
| 1 | PB | 4 | PB..... |
| 2 | PB | 5 | PB |
| 3 | PB | 6..... | PB |

I enclose being my entry fee(s) for events.

Signed

AGE GROUPS

Male

| | |
|---|---|
| Under 11 (born between 1.9.98 and 31.8.2000) | 100m, 200m, 800m, High Jump, Long Jump, Shot |
| Under 13 (born between 1.9.96 and 31.8.98) | 100m, 200m, 800m, 75m Hurdles, High Jump, Long Jump, Shot, Javelin |
| Under 15 (born between 1.9.94 and 31.8.96) | 100m, 200m, 800m, 80m Hurdles High Jump, Long Jump, Shot, Javelin, Discus |
| Under 17 (born between 1.9.92 and 31.8.94) | 100m, 200m, 400m, 800m, 1500m, 100m Hurdles, 400m Hurdles, High Jump, Long Jump, Shot, Javelin, Discus |
| Senior/Junior (born before 1.9.92) | 100m, 200m, 400m, 800m, 1500m, 110m Hurdles, 400m Hurdles, High Jump, Long Jump, Shot, Javelin Discus, Hammer |

Female

| | |
|---|---|
| Under 11 (born between 1.9.98 and 31.8.2000) | 100m, 200m, 800m, High Jump, Long Jump, Shot |
| Under 13 (born between 1.9.96 and 31.8.98) | 100m, 200m, 800m, 70m Hurdles, High Jump, Long Jump, Shot, Javelin |
| Under 15 (born between 1.9.94 and 31.8.96) | 100m, 200m, 800m, 75m Hurdles, High Jump, Long Jump, Shot, Javelin, Discus |
| Under 17 (born between 1.9.92 and 31.8.94) | 100m, 200m, 300m, 800m, 1500m, 80m Hurdles, 300m Hurdles, High Jump, Long Jump, Shot, Javelin Discus |
| Senior (born before 1.9.92) | 100m, 200m, 400m, 800m, 1500m, 100m Hurdles, 400m Hurdles, High Jump, Long Jump, Shot, Javelin Discus, Hammer |