

*** IMPORTANT INFORMATION FOR ATHLETES ***

DM HALL MASTERS & COMBINED EVENTS INDOOR CHAMPIONSHIPS
SATURDAY 21 and SUNDAY 22 FEBRUARY 2009 - KELVIN HALL

We look forward to seeing you at the Kelvin Hall for these Championships and wish you an enjoyable and rewarding competition.

Please find enclosed a Timetable for the event. The Timetable is provisional and will be adhered to as far as possible unless circumstances beyond the organisers control deem it necessary to alter. **IF HEATS ARE NOT REQUIRED Finals will be contested at HEAT time.** Entry to the Championship venue is free however please note that Car Park charges now apply in the Kelvin Hall Car Park. On arrival at the foyer of the Kelvin Hall you will be directed to the Athletes Declaration Area.

Declarations for Masters athletes close 60 minutes before each event (90 minutes for Pole Vault) with all declarations requiring to be made by 2pm.

Athletes should be aware that the Programme may alter throughout the day, please listen for announcements.

Please Note - Personal starting blocks will not be allowed in the arena. Sufficient sets of Stadium Blocks will be provided at the relevant start areas **and these should not be removed from these points. Spikes must not be worn outwith the athletics arena.**

Qualifying conditions for any subsequent rounds will be declared immediately prior to the start of the event. Please inform The Referee if you are not fit to continue in an event for which you have Qualified. You shall be excluded from further participation in any event if you qualify for an event in which you do not participate without giving a valid reason to the appropriate Referee. (UK Athletics Rule 115). This Rule applies to both Track & Field events.

Combined Event Participants

Please find enclosed an Athlete Detail Sheet for the event that must be completed and handed to Declaration Staff when reporting.

Please note that declarations for the Combined Events close at 9.00am on both days. Athletes competing on both days are reminded that **they are required to declare by 9am on BOTH days.**

It is important that Combined Events athletes check with Officials as to the time of their next event.

Masters

If an athlete is in a field or track event at the same time, please report to the Call Room and inform an official of your location so that you can be collected from there.

CALL ROOM – (not applicable to Combined Events Athletes)

scottishathletics will be incorporating a Call Room procedure in place of Assembly for all Track & Field Championships in 2009. Athletes are advised to read this document and make themselves familiar with the procedures.

All Track & Field athletes must report to the Call Room area 30 minutes prior to the start of their event, 75 minutes for Pole Vaulters.

Personal equipment, including phones, ipod/mp3/CD players should not be brought into the Call Room - Bags will be checked and any of the above items brought to the Call Room will be removed and sealed in named bags.

Personal items can be collected from the Call Room after competition. All athletes will be asked to sign for their personal belongings.

Vests, bib numbers and spikes will be checked in the Call Room and leg numbers will be distributed here. Athletes must compete in the colours of the club under which they entered or a National vest.

Spike Length: Max 5mm spikes must be worn by all athletes. Spikes will be on sale from the declaration desk on the day of the Championships.

A warm-up area will be situated in the upper gallery. Hurdlers will be allowed time on the track prior to the start of their race.

Field Events: competitors may use their own equipment provided it is “checked in” 90 minutes prior to event time and that it is passed by the Technical Manager. Where appropriate, competitors will be allowed three attempts and thereafter the leading **six** competitors will be allowed a further three trials. **No Vaulting poles will be available at the stadium.**

Victory Ceremonies: Presentation of awards will be made as soon as possible after the event. Medal winners must hold themselves available for presentation.

Anti Dope Testing: Random anti dope testing may be carried out.

Please Note: Photo finish will be in operation and care should be taken by spectators and athletes at the finish of the circular track.

Your attention is drawn to UK Athletics Rule 22(2) regarding Misconduct – Athletes should make themselves aware of the content of this Rule.

SECURITY OF PERSONAL BELONGINGS

It is suggested that you make use of the lockers, which are situated in the yellow corridor, for items of value.

