

COMPETITION INFORMATION SHEET

Event	NATIONAL CROSS COUNTRY RELAYS (Incorporating Masters's Relays)				
Venue	CUMBERNAULD		Date	SATURDAY 25th OCTOBER 2008	
RACE	AGE GROUP	BORN DURING	DECLARATIONS CLOSE	RACE STARTS	LAPS
YOUNG FEMALES	U13	1/9/95to 31/8/97	12.00 noon	12.30pm	3 X 2,500 metres
	U15	1/9/93to 31/8/95			
	U17	1/9/91to 31/8/93			
YOUNG MALES	U13	1/9/95to 31/8/97	12.30 pm	1.00pm	3 X 2,500 metres
	U15	1/9/93to 31/8/95			
	U17	1/9/91to 31/8/93			
SENIOR/JUNIOR WOMEN	BORN BEFORE 1/9/91		1.00pm	1.30pm	3 X 4,000 metres
SENIOR/JUNIOR MEN	BORN BEFORE 1/9/91		2.00pm	2.30pm	4 X 4,000 metres

ENTRIES CLOSE first post on **SATURDAY 11th OCTOBER, 2008**

With ALEX JACKSON
26 MORTONHALL PARK CRESCENT
EDINBURGH
EH17 8SY

NO LATE ENTRIES

ENTRY FEES	YOUNG FEMALES	£9.00 PER TEAM	SEN./JUN. WOMEN	£12.00 PER TEAM
	YOUNG MALES	£9.00 " "	SEN./ JUN MEN	£16.00 " "

YOUNG ATHLETE RACES

1 st LAP	Under 13
2 nd LAP	Under 15 OR Under 13
3 rd LAP	Under 17 OR Under 15

Important Specific Event Notes

- (1) All athletes entered must be current members of the Scottish Athletics Membership Scheme.
 - (2) The Men and Women's races incorporate National Master's Relays. For this event Master's are defined as Over 35 on the day of the race. Teams eligible for awards (4 for Men, 3 for Women) must all be Masters.
 - (3) Acknowledgement of entry and further information will be posted to Club Secretary unless SAE with another address is enclosed with entries. For an e-mail acknowledgement e-mail alex.jackson@ed.ac.uk
- a) All remittances should be crossed and made payable to the "Scottish Athletics".
 - b) **Club Affiliation fees must have been paid**
 - c) In relay events all competitors **must** compete in the **declared** order
 - d) Competitors **must** wear their **club colours** in all events
 - e) Unless entry forms are fully completed with all details required, the scrutiny meeting will be forced to reject the entry.