MEDLEY RELAY TEAMS

NAME	NUMBER	400M	300M	200M	100M
World's Worst Team	13	Marc Boyd	Vicky Dalziel	Scott Malcolm	Kieran Kilpatrick
Team	34	Alyssa	Ruaridh	Megan	Calum
Muppets!		McCarthy	McCusker	Laing	McLean
Aaar!	9	Amanda Campbell	Alice Fisher	Robbie Nairn	Amy Robertson
No Name	4	Michael Deegan	Shona Herron	Mhairi Horn	Morna Horn
The Livi	12	Craig	Shawn	Nikisha	Fraser
Lions		McDowall	Wright	Wright	McLean
Johnny	3	Stephen	Eileen	Rhiannon	Chloe
Cash		Watson	Hulse	Armstrong	French
Team	5	Robyn	Zoe	Scott	Holly
Scott		McDowall	Houston	Henderson	Middleton
Craigswood	1	Alistair	Melanie	Chris	Niamh
Cheetahs		Dalgleish	Sneddon	Nairn	Armstrong
Team 9	11	Ryan Stuart	Katie McKain	Isla Bruce	Aidan McCusker

SPONSORED BY:



NOTES:

- Running order is: 400m, 300m, 200m, 100m.
- Team members can switch distances, but the 100m runner should wear the team's allocated vest number.