

# IAAF World Cross Country Championships 2008



WORLD CROSS COUNTRY CHAMPIONSHIPS  
EDINBURGH

## GET INVOLVED

Sat 29 March - Welcome the World Young Athlete Relays - (Under 11 and Under 13)

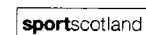
Sun 30 March - Welcome the World 5k Road Race around beautiful Holyrood Park

For [www.edinburgh2008.org](http://www.edinburgh2008.org) for details, tickets and for more information

Official IAAF Partners



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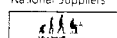
Official IAAF Supplier



National Partners



National Suppliers



# DM HALL

chartered surveyors

**DM Hall East & West District and  
Closed Senior Indoor  
Championships  
12/13 January 2008**

**Sunday 13th January 2008**

**Kelvin Hall International Sports  
Arena, Glasgow**

scottishathletics



## Welcome Messages.

Happy New Year to you all and welcome to the DM Hall Scottish Indoor Championships 2008, which we are thrilled to be sponsoring for a tenth year.

The Partners of DM Hall are delighted to be sponsors of such a consistently successful Championship and one, which has seen, year on year, increased numbers of both participants and spectators. We look forward to what promises to be an exciting indoor athletics season and trust you will enjoy the events and the competitions, which lie ahead.

DM Hall offers surveys, valuations and specialist advice in residential and commercial properties and businesses. For more information about our services and how they can benefit you please visit our website [www.dmhall.co.uk](http://www.dmhall.co.uk), or contact your local office.

### **The Partners of DM Hall**

I would like to take this opportunity to welcome you all to the DM Hall 2008 Indoor District and Closed Senior Championships.

Another important year looms ahead in 2008 for our athletes with the Olympic Games in Beijing in August, World Junior Championships in Poland in July and Commonwealth Youth Games for our U18 athletes in Pune, India in October. With many of our athletes working towards being selected for these teams it brings excitement to the first of the DM Hall series of Indoor Championships.

I would like to thank our sponsors DM Hall whose continued support of these Championships is very much appreciated. I would also like to thank Glasgow City Council and the management and staff at the Kelvin Hall for their help and support in preparing this facility for these Championships.

My thanks also go to the officials and volunteers who give up so much of their time and work tirelessly to ensure that the Championships run smoothly.

Finally may I wish the athletes who compete here this weekend best wishes for 2008 and may the season ahead be a successful one for you.

**Leslie Roy**

**Convenor**

**Track & Field Commission**

I am very pleased to welcome you all to the DM Hall District and Closed Senior Indoor Championships, the first Championship of 2008, after what I hope was a Merry Christmas and a Happy New Year.

The past few weeks have been a very busy time for all, but again the Convenors and organisers from the Track and Field Commission have worked hard behind the scenes to prepare for these two days of athletics. We must not forget to say thank you to all the many officials, coaches, and scottishathletics staff who are here this weekend and still working so willingly and hard to allow these events to happen.

This is the tenth consecutive year that our Indoor Championships have been sponsored by DM Hall. We really do appreciate their continuing involvement and thank them for their loyal support of scottishathletics. Also thank you to Glasgow City Council and the Kelvin Hall staff for their involvement in the two days of competition.

Good luck to all the competitors and I hope these District Championships prove to be a stepping stone to an excellent season for everyone.

**Alan Potts**

**President**

**scottishathletics**

## Closed Senior and East & West District Indoor Championships Sunday 13 January 2008 OFFICIALS

<b>MEETING MANAGER</b>	Bob Carter/ Frances Tatton	<b>CONVENOR</b>	Barry Craighead
<b>TRACK REFEREE</b>	Pat Hockley		
<b>TRACK JUDGES</b>	David Blues	Jim Callander	Xabier Cid
	Marjory Cook	Ken Davies	John Drummond
	Eleanor Gunstone	Hilary MacGuire	Moira Reid
<b>TRACK STEWARD</b>	Freda Silver		
<b>CHIEF TIMEKEEPER</b>	Jim Johnstone		
<b>TIMEKEEPERS</b>	George Kirk	Anna Poulton	Alistair Shaw
	Sylvia Wilson		
<b>CHIEF PHOTO FINISH</b>	Dave Finlayson		
<b>PHOTO FINISH JUDGES</b>	Ian McWatt	Margaret-Ann MacLachlan	Jason Pender
<b>CHIEF STARTER</b>	Alastair Thomson		
<b>STARTERS</b>	Ian Tatton	June Duffy	John Innes
<b>CHIEF MARKSMAN</b>	Bill Watson		
<b>MARKSMEN</b>	Margaret Benham	Angus Cameron	
<b>FIELD REFEREE</b>	Joyce Rammell		
<b>FIELD JUDGES</b>	Elsbeth Allan	Marion Allan	Neill Allan
	Mike Archibald	Ann Carter	David Grant
	Iain Houston	Barbara Howie	Ena Martin
	Anne McManus	Barbara McVey	Norman Mills
	Brian Nisbet	Jim Oliver	Karen Ritchie
	Marc Ritchie	Pam Robertson	George Wright
	Liz Scott	Cath Pender	Bill Stuart
	Ricky Taylor	Chris Tod	Steven Whyteside
	Brenda Stephen	Allister Murdoch	
<b>TECHNICAL MANAGER</b>	Shona Malcolm		
<b>CLERKS OF COURSE</b>	Brian Brown	Moira Nisbet	
<b>ADMINISTRATION</b>			
<b>Announcers</b>	Andrew MacKintosh	Murdoch McGregor	
<b>Declarations</b>	Peter Graham	Colin Strange	Alistair McNally
<b>Seeding</b>	Arnold Black	Margaret McNally	Alistair McNally
<b>Assembly</b>	Margaret Brown	Denis Shepherd	Fiona MacKintosh
<b>Results</b>	Gary Condie	Val Murdoch	Norman Horne
<b>Presentations</b>	Graham Sword	Jan Burnside	
<b>Control Room</b>	Isobel Dunkeld		
<b>Officials Report</b>	Denis Shepherd	<b>FINANCE OFFICER</b>	Graham Sword
<b>Doctor</b>	Fiona Marshall		
<b>Physio</b>	Lesley Dawson		
<b>First Aid</b>	British Red Cross		

**\* IMPORTANT INFORMATION FOR ATHLETES \***

**DM HALL CLOSED SENIOR INDOOR CHAMPIONSHIPS AND  
EAST & WEST DISTRICT INDOOR CHAMPIONSHIPS**

**SATURDAY 12 & SUNDAY 13 JANUARY 2008 - KELVIN HALL**

We look forward to seeing you at the Kelvin Hall for these Championships and wish you an enjoyable and rewarding competition.

**Entry to the Championship venue is free however please note that Car Park charges now apply in the Kelvin Hall Car Park. On arrival at the foyer of the Kelvin Hall you will be directed to the Athletes Declaration Area.**

**Please Note - No personal starting blocks will be allowed in the arena.** Sufficient sets of Stadium Blocks will be provided at the relevant start areas **and these should not be removed from these points. Spikes must not be worn outwith the athletics arena.**

For the Closed Senior 60m events on the Saturday False Start detection equipment will be in operation and it will, therefore, be mandatory that all athletes taking part in these events use starting blocks.

Your attention is drawn to UK Athletics Rule 22(2) regarding Misconduct – Athletes should make themselves aware of the content of this Rule.

**SECURITY OF PERSONAL BELONGINGS**

It is with great regret that it is felt necessary to add this to your instructions but there have in the recent past been unsavoury incidents where personal items have been removed.

If you are unable to take your belongings with you into the arena it is suggested that you use one of the lockers, which are situated in the yellow corridor.

**NO SPECTATORS WILL BE ALLOWED IN THE WARM UP AREA**

**Timetable of Events**

The Timetable is provisional and will be adhered to as far as possible unless circumstances beyond the organisers control deem it necessary to alter.

**IF HEATS ARE NOT REQUIRED Finals will be contested at HEAT time and if Semi Finals are not required Finals will be contested at SEMI FINAL time.**

**Athletes Declaration**

Athletes should declare their intention to compete at least 60 minutes before event time. **All declarations will close at 14.00.**

**Athletes Report**

All **Track athletes** (including Hurdlers) should report to Athletes Assembly 15 minutes prior to event time for escorting to the competition area. All **Field athletes** should listen to announcements, as they will be called to the competition site before the previous event ends to ensure maximum warm-up time at the event. Field athletes require to be in the arena 30 minutes prior to event start time. Please note that only the top 6 competitors will proceed to the final 3 attempts.

**Competition Numbers**

These will be issued on declaration for your event. Only competitors wearing the correct number will be permitted to enter the main arena. **Numbers must not be folded, mutilated or concealed in any way** and MUST, where applicable, be retained for day two of the Championships

**SPIKE SIZE AS PER KELVIN HALL RULES TRACK – 5mm Max; HIGH JUMP – 6mm Max.  
Spikes must not be worn outwith the athletic arena  
Club Colours**

Competitors must compete in the colours of the club under which they entered or national vest.

**Track Events**

No warming up will be allowed in the main arena. **No personal starting blocks will be allowed in the arena.** Sufficient sets of Stadium Blocks will be provided at the relevant start areas **and these should not be removed from these points. False Start detection Equipment will be in operation on the Saturday for the Closed Senior 60m events.** Qualifying conditions for any subsequent rounds will be declared immediately prior to the start of the event. Please inform Seeding/Declaration if you are not fit to continue in an event for which you have Qualified or Declared. You shall be excluded from further participation in any event if you **qualify** for an event in which you do not participate without giving a valid reason to the Referee. As this Championship extends over two days such exclusion will apply to all subsequent events at the Championships. (UK Athletics Rule 115).

**Field Events**

Competitors may use their own equipment provided it is "checked in" 90 minutes prior to event time and that it is passed by the Technical Manager/Referee. Where appropriate, competitors will be allowed three attempts and thereafter the leading eight competitors will be allowed a further three trials. **No vaulting poles will be available at the stadium.**

**Victory Ceremonies**

Presentation of awards will be made as soon as possible after the event. Medal winners must hold themselves available for presentation. The first Under 20 in the Closed Senior Championships will receive a medal.

**Anti Dope Testing - Random anti dope testing may be carried out.**

**Misconduct Rules:** - Your attention is drawn to UK Athletics Rule 22(2) regarding Misconduct – Athletes should make themselves aware of the content of this Rule.

**NO SPECTATORS WILL BE ALLOWED IN THE WARM UP AREA**

**Indoor Club Challenge and Sen/U17 Awards–  
Indoor Districts and Closed Senior Championships**

**U13 – Clubs must have pre entered**

- Each team will consist of four athletes – a different athlete in each event
- An athlete can only be in one team however each athlete can do up to three events on the day but can only score in one event
- Clubs can send in a block club entry using the club entry form. To enter teams for the districts a separate form will be issued and team names can be chosen. Individual entries will still be taken and athletes still compete in the Championship as individuals regardless if they are in a team or not
- Clubs can enter as many teams as they wish and must name the team of 4 athletes and the event they are scoring points in. Athletes must be entered in the Districts and be a member of Scottish Athletics in order to take part in the team competition
- Where less than 6 athletes are entered in any event no points will be scored in that event.
- Points will be awarded – 6, 5, 4, 3, 2, 1 in each event
- No composite club teams will be allowed.
- The winning boy's team and the winning girl's team will each receive £100 plus four gold medals, 2<sup>nd</sup> team will receive £75 plus four silver medals and 3<sup>rd</sup> team £50 plus four bronze medals.
- Results will be announced during the week following the Championships
- In the event of a draw, count-back for the number of first places, second places, third places etc will be used

### U15 - Clubs must have pre entered

- Each team will consist of four athletes – a different athlete in each event
- An athlete can only be in one team however each athlete can do up to three events on the day but can only score in one event
- Clubs can send in a block club entry using the club entry form. To enter teams for the districts a separate form will be issued and team names can be chosen. Individual entries will still be taken and athletes still compete in the Championship as individuals regardless if they are in a team or not
- Clubs can enter as many teams as they wish and must name the team of 4 athletes and the event they are scoring points in. Athletes must be entered in the Districts and be a member of Scottish Athletics in order to take part in the team competition
- Where less than 6 athletes are entered in any event no points will be scored in that event.
- Points will be awarded – 6, 5, 4, 3, 2, 1 in each event
- Athletes achieving the advertised standards will score extra points for their team (Grade 1 = 5 extra points, Grade 2 = 3 extra points, Grade 3 = 2 extra points, Grade 4 = 1 extra point).
- No composite club teams will be allowed.
- The winning boy's team and the winning girl's team will each receive £100 plus four gold medals, 2<sup>nd</sup> team will receive £75 plus four silver medals and 3<sup>rd</sup> team £50 plus four bronze medals.
- Results will be announced during the week following the Champions
- In the event of a draw, count-back for the number of first places, second places, third places etc will be used

### U17

- £50 will be paid to any athlete breaking a Scottish Record
- £25 will be paid to any athlete achieving a the advertised Grade 1 U17 standard

Only one award will be paid to an athlete – this will be for their highest performance.

A cheque will be sent to all those that break records or achieve the standard after the event

### Senior Closed

- £100 will be paid to any athlete breaking a Scottish Senior record
- £75 will be paid to any athlete breaking a Scottish U20 record
- £50 will be payable to any athlete achieving the advertised Grade 1 Senior standard
- £25 will be payable to any athlete achieving the advertised Grade 1 Under 20 Standard

Only one award will be paid to an athlete – this will be for their highest performance.

A cheque will be sent to all those that break records or achieve the standard after the event

*Incentives will only be awarded to **scottishathletics** registered athletes and clubs.*

## 2008 Standards (Based in AAA Standards)

### Senior Men

Event	Grade 1
60 metres	7.00 sec
60 metres Hurdles	7.85 sec
200 metres	21.7 sec
400 metres	49.0 sec
800 metres	1 min 51.8 sec
1,500 metres	3 min 48.5 sec
3000 meters	8 min 15 sec
High Jump	2.03 metres
Long Jump	6.90 metres
Triple Jump	13.75 metres
Pole Vault	4.70 metres
Shot	14.55 metres

### U20 Men

Event	Grade 1
60 metres	7.10 sec
60 metres Hurdles	8.00 sec
200 metres	22.3 sec
400 metres	49.9 sec
800 metres	1 min 54.8 sec
1500 metres	3 min 58.8 sec
3,000 metres	8 min 44.0 sec
High Jump	1.96 metres
Long Jump	6.60 metres
Triple Jump	13.25 metres
Pole Vault	4.40 metres
Shot	14.00 metres

### U17 Men

Event	Grade 1
60 metres	7.25 sec
60 metres Hurdles	8.30 sec
200 metres	22.8 sec
400 metres	51.4 sec
800 metres	1 min 58.5 sec
1500 metres	4 min 08.0 sec
High Jump	1.90 metres
Long Jump	6.20 metres
Triple Jump	12.85 metres
Pole Vault	4.20 metres
Shot	14.00 metres

### Senior Women

Event	Grade 1
60 metres	7.70 sec
60 metres Hurdles	8.40 sec
200 metres	24.3 sec
400 metres	56.1 sec
800 metres	2 min 09.5sec
1,500 metres	4 min 24.0 sec
3,000 metres	9 min 40.0 sec
High Jump	1.72 metres
Long Jump	5.65 metres
Triple Jump	11.95 metres
Pole Vault	3.90 metres
Shot	11.95 metres

### U20 Women

Event	Grade 1
60 metres	7.80sec
60 metres Hurdles	8.60 sec
200 metres	25.2 sec
400 metres	57.5 sec
800 metres	2 min 14.2 sec
1500 metres	4 min 37.3 sec
3,000 metres	10min 01.1sec
High Jump	1.70 metres
Long Jump	5.40 metres
Triple Jump	11.30 metres
Pole Vault	3.55 metres
Shot	11.05 metres

### U17 Women

Event	Grade 1
60 metres	8.00sec
60 metres Hurdles	8.90 sec
200 metres	25.7 sec
300 metres	41.5 sec
800 metres	2 min 16.5 sec
1500 metres	4 min 43.5 sec
High Jump	1.65 metres
Long Jump	5.25 metres
Triple Jump	11.05 metres
Pole Vault	3.45 metres
Shot	10.15 metres

# DM HALL EAST & WEST DISTRICT and CLOSED SENIOR INDOOR CHAMPIONSHIPS 13th JANUARY 2008 PROGRAMME

## SUNDAY TRACK EVENTS

**EVENT T1 60mH – Senior Men CLOSED Heats 10.00**

**Championship Holder :** Francis Smith Pitreavie 8.20  
**Championship Best:** Allan Scott Whitemoss AC 7.71 2005

**EVENT T9 60mH – Senior Men CLOSED Final 11.25**

15	Baillie	Christopher	VP-Glasgow AC	7.87
30	Clark	David	VP-Glasgow AC	9.26
32	Connerton	Sean	Edinburgh AC	
40	Dunn	Peter	Giffnock North AAC	16.3
612	Innes	Calum	VP-Glasgow AC	
61	Kelly	Neale	VP-Glasgow AC	8.44
65	Low	David	Dunfermline & West Fife	9.8
81	Miller	David	Orkney AC	
96	Scott	Allan	Shaftesbury Barnet Harriers	7.58
100	Smith	Francis	Pitreavie AAC	7.96

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Time.....Time.....Time.....

**EVENT T2 60mH –U17 Men East/West FINAL 10.15**

**Championship Holder (E):** Toby Harris City of Edinburgh 9.16  
**Championship Best:** Stuart Rowan Perth Strathtay H 8.40 2003

484	Hamilton	Allan	City of Edinburgh AC	12.09
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Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Time.....Time.....Time.....

**EVENT T2 60mH –U17 Men West FINAL 10.15**

**Championship Holder (W):** Callum Innes Victoria Park 8.59  
**Championship Best:** Allan Scott Whitemoss 7.06 1999

507	Milton	Jamie	Kilbarchan AAC	
494	Fishwick	Martin	Giffnock North AAC	

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Time.....Time.....Time.....

**EVENT T3 60mH – Senior Women CLOSED HEATS 10.25**

**Championship Holder :** Alyssa Fullelove City of Glasgow 8.71  
**Championship Best:** Alyssa Fullelove City of Glasgow 8.59 2003

632	Beich	Holly	Kilbarchan	
127	Carrington	Eve	VP-Glasgow AC	
136	Child	Eilidh	Pitreavie AAC	8.89
147	Fullelove	Alyssa	VP-Glasgow AC	8.05
150	Griffiths	Natalie	Edinburgh AC	
155	Hutchinson	Carolyn	Giffnock North AAC	
156	Kamya	Sylvia	Aberdeen AAC	15.3
165	Leggate	Erin	VP-Glasgow AC	
177	Mordi	Nony	Shaftesbury Barnet Harriers	
179	Nisbet	Jayne	Edinburgh AC	9.32
182	Rankine	Heather	VP-Glasgow AC	
647	Riches	Katie	VP-Glasgow AC	9.7
194	Werrett	Gemma	Cannock & Stafford AC	

**EVENT T10 60mH – Senior Women CLOSED FINAL 11.35**

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Time.....Time.....Time.....

**EVENT T4 60mH – U15 Boys WEST FINAL 10.40**

**Championship Holder:** Jax Thoires Victoria Park 9.96  
**Championship Best:** Kenneth McKeown Ayr Seaforth AAC 8.88 1996

332	Forbes	Jay	Ayr Seaforth AAC	
347	Lewis	Jamie	Giffnock North AAC	
348	Lochans	Jack	Kilbarchan AAC	
360	Murphy	Andrew	Girvan AAC	
362	O'Hara	Cory	Kilmarnock H&AC	

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Time.....Time.....Time.....

**EVENT T4 60mH – U15 Boys EAST FINAL 10.40**

**Championship Holder:** Matthew Jones City of Edinburgh 9.08  
**Championship Best:** Matthew Jones City of Edinburgh 9.08 2007

303	Goodall	Cameron	Lasswade AAC	8.87
315	Nairn	Christopher	Livingston & District AAC	
320	Wyllie	Joseph	Arbroath & District AC	

Result: 1<sup>st</sup>.....2<sup>nd</sup>.....3<sup>rd</sup>.....  
 Time.....Time.....Time.....

**EVENT T5 60mH – U17 Women EAST FINAL 10.50**

**Championship Holder:** Jill Brooks Falkirk Victoria 9.22  
**Championship Best:** Natalie Doyle Central 8.90 2004

521	Clark	Olivia	Pitreavie AAC	
528	Froude	Erin	Lasswade AAC	12.06
531	Mackie	Ailsa	Edinburgh AC	12.04
547	Workman	Eleanor	Banchory Stonehaven AC	

Result: 1<sup>st</sup>.....2<sup>nd</sup>.....3<sup>rd</sup>.....  
 Time.....Time.....Time.....

**EVENT T6 60mH – U17 Women WEST FINAL 10.55**

**Championship Holder:** Jennifer Wardhaugh Cumbernauld 9.56  
**Championship Best:** Natalie Doyle City of Glasgow 8.91 2005

558	Carman	Augusta	VP-Glasgow AC	
582	McMillan	Nile	Kilbarchan AAC	
583	McNicol	Judith	Kilbarchan AAC	
586	Parkin	Fiona	Unattached	
587	Paterson	Kirsty	Stewartry AC	
590	Taylor	Claire	Ayr Seaforth AAC	
594	Yates	Kirsty	Stewartry AC	9.6

Result: 1<sup>st</sup>.....2<sup>nd</sup>.....3<sup>rd</sup>.....  
 Time.....Time.....Time.....

**EVENT T7 60mH – U15 Girls EAST HEATS 11.05**

**Championship Holder:** Emma Dawson Perth Strathtay 9.45  
**Championship Best:** Natalie Doyle Central AC 9.25 2003

376	Bodley	Kelly	Ellon AAC	11.61
380	Dawson	Emma	Perth Strathtay Harriers	
385	Fagan	Rose	Pitreavie AAC	
386	Finlayson	Bethanie	Pitreavie AAC	

387	Fox	Naomi	Pitreavie AAC	12.6
390	Humphreys	Lisa	Ellon AAC	
403	Ryan	Martha	Edinburgh AC	10.57
405	Solley	Hannah	Stewartry AC	
406	Szymanski	Katherine	Lasswade AAC	
407	Szymanski	Sarah	Lasswade AAC	10.72

**EVENT T11 60mH – U15 Girls EAST FINAL 11.45**

Result: 1<sup>st</sup>.....2<sup>nd</sup>.....3<sup>rd</sup>.....  
 Time.....Time.....Time.....

**EVENT T8 60mH – U15 Girls WEST FINAL 11.15**

**Championship Holder:** Emma Brown Giffnock North 10.00  
**Championship Best:** Jennifer Wardhaugh Cumbernauld 9.50 2006

413	Adams	Nicole	Ayr Seaforth AAC	
414	Barbour	Jodie	Ayr Seaforth AAC	
416	Brown	Emma	Giffnock North AAC	
425	Fingland	Alice	Law & District AAC	12.6
433	Howat	Megan	Giffnock North AAC	
438	Loughran	Catriona	Giffnock North AAC	10.13
439	Manson	Nikki	Giffnock North AAC	
442	McCrinkle	Carly	Nithsdale AC	
451	Paterson	Fiona	Stewartry AC	12.2
460	Whittle	Rachel	Ayr Seaforth AAC	

Result: 1<sup>st</sup>.....2<sup>nd</sup>.....3<sup>rd</sup>.....  
 Time.....Time.....Time.....

**EVENT T12 800m – Senior Men CLOSED HEATS 10.00**

**Championship Holder:** Graeme Oudney Belgrave 1:52.95  
**Championship Best:** Tom McKean Lucozade Motherwell 1:49.01 1993

13	Arndt	Mark	Arbroath & District AC	1.52
19	Bole	Joseph	Glasgow School of Sport	2.06
25	Campbell	Stuart	Arbroath & District AC	1.54
37	Devenney	Shaun	Edinburgh AC	1.57
42	Edwards	Myles	Aberdeen AAC	1.55
46	Finlayson	Ross	Lasswade AAC	
606	Gibson	Graeme	Dunfermline & West Fife AC	1.59
51	Gorman	David	East Kilbride A.C.	1.59
607	Grieve	Gary	Law & District AAC	2.01
60	Kane	Kevin	Inverclyde AC	1.49
77	McDonald	Ryan	Irvine AC	2.03
79	McGoldrick	Stephen	Kilbarchan AAC	2.02
80	Menzies	Colin	Dunbar Running Club	
81	Miller	David	Orkney AC	1.57

82	Mitchell	Mark	Forres Harriers	1.48
622	Morgan	Fraser	East Kilbride A.C.	2.05
86	O'Brien	Christopher	Corstorphine AAC	1.55
623	O'Hare	Chris	Edinburgh AC	2.04
87	Oliver	Alex	Ayr Seaforth AAC	2.02
89	Oudney	Graeme	Belgrave Harriers	1.48
90	Pilkington	Scott	Corstorphine AAC	1.53
91	Ramsay	Allan	Kirkintilloch Olympians	1.58
92	Robertson	Craig	Pitreavie AAC	1.53
94	Robertson	Kris	Kirkintilloch Olympians	
102	Smith	Jamie	Edinburgh AC	1.56
101	Smith	Gary	Falkirk Victoria Harriers	1.52
104	Stevenson	John	Falkirk Victoria Harriers	2.05
112	Watson	Sean	Shettleston Harriers	1.58
113	Watson Snr.	Derek	VP-Glasgow AC	
115	Whitaker	Iain	Edinburgh AC	1.56
116	White	Paul	Calderglen Harriers	
122	Young	Cliff	Edinburgh AC	2.15

**EVENT T24**      **800m – Senior Men**      **CLOSED**      **SEMI 12.15**  
**EVENT T55**      **800m – Senior Men**      **CLOSED**      **FINAL 16.50**

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Time ..... Time ..... Time .....

**EVENT T13**      **800m – U17 Men**      **EAST**      **FINAL**      **10.25**

**Championship Holder:** Chris O'Hare      City of Edinburgh 2:01.6  
**Championship Best:** Steven Rusling      Aberdeen      1:59.34 2004

463	Douglas	Iain	Unattached	
465	Gilhooly	Ryan	Lasswade AAC	2.05
471	McDowall	Craig	Livingston & District AAC	2.03
477	Robinson	Craig	Pitreavie AAC	2.02
480	Stephen	Lewis	Aberdeen AAC	

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Time ..... Time ..... Time .....

**EVENT T14**      **800m – U17 Men**      **WEST**      **HEATS**      **10.30**

**Championship Holder:** Ryan Grant      Whitemoss 2.04.26  
**Championship Best:** Sean Watson      Shettleston 1.59.4 2006

494	Fishwick	Martin	Giffnock North AAC	
487	Clarkson	Billy	Law & District AAC	2.34
500	Hollinshead	Miles	Giffnock North AAC	2.07
513	Turner	Greg	Giffnock North AAC	2.09
502	Love	Kenneth	Giffnock North AAC	2.05
492	Dickson	Scott	Motherwell AC	2.38

495	Fleming	Stephen	Kilbarchan AAC	2.11
496	Frame	Douglas	Law & District AAC	
498	Harkin	Ryan	Ron Hill Cambuslang Harriers	2.16
499	Hill	Bobby	Law & District AAC	2.09
503	MacDonald	Ross	Law & District AAC	2.04
505	McCord	Ross	Whitemoss AAC	2.27
508	Prior	Craig	Glasgow School of Sport	2
514	Velu	Jonathan	Law & District AAC	2.13

**EVENT T25**      **800m – U17 Men**      **WEST**      **FINAL 12.25**

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Time ..... Time ..... Time .....

**EVENT T15**      **800m – U15 Boys**      **WEST**      **HEATS**      **10.40**

**Championship Holder:** Craig Prior      West Dunbartonshire 2:09.09  
**Championship Best:** Jonathan Hall      Ayr Seaforth 2.07.21 1998

325	Breckenridge	Archie	Shettleston Harriers	2.41
326	Britton	Douglas	Giffnock North AAC	
335	Gourlay	Neil	Unattached	
338	Gray	James	Giffnock North AAC	
340	Hall	Stewart	Law & District AAC	2.37
341	Heirs	Callum	Kirkintilloch Olympians	2.33
342	Hill	Ross	Law & District AAC	2.18
350	Lott	Max	Giffnock North AAC	2.2
357	Muir	Grant	Giffnock North AAC	
367	Walker	Euan	Whitemoss AAC	2.47
368	Wellcoat	Craig	Law & District AAC	

**EVENT T26**      **800m – U15 Boys**      **WEST**      **FINAL**      **12.30**

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Time ..... Time ..... Time .....

**EVENT T16**      **800m – U15 Boys**      **EAST**      **FINAL**      **10.50**

**Championship Holder:** Roddy Irvine      Central 2:23.00  
**Championship Best:** Craig Michie      Fife AC 2.09.04 1995

300	Blair	Ross	Edinburgh AC	2.29
301	Dyer	Ewan	Pitreavie AAC	
306	Irvine	Roddy	Central AC	2.24
311	McQueen	Callum	Pitreavie AAC	2.39
316	Paul	Douglas	Dunfermline & West Fife AC	2.32
319	Watt	Sigurd	Aberdeen AAC	
318	Webster	Donavan	Montrose & District AC	

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**EVENT T17 800m – U13 Boys EAST FINAL 11.00**

**Championship Holder:** Rory Muir Dunfermline & WF 2:35.3  
**Championship Best:** Shaun Devenney City of Edin 2:26.01 2003

200	Hogg	Kyle	Edinburgh AC	
204	Muir	Rory	Dunfermline & West Fife AC	2.24
205	O'Hare	Dominic	Edinburgh AC	
206	Potrykus	Ben	Pitreavie AAC	2.31
207	Rae	Liam	Ellon AAC	
208	Thompson	Aidan	Pitreavie AAC	2.5
209	Vandort	Christopher	Montrose	
211	Young	Liam	Pitreavie AAC	

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**EVENT T18 800m – U13 Boys WEST HEATS 11.10**

**Championship Holder:** Ross Hill Law & Dist 2:24.94  
**Championship Best:** Scott MacAuley Kilbarchan 2:22.62 2004

215	Black	Cameron	Greenock Glenpark Harriers	3
216	Breckenridge	Jock	Shettleston Harriers	
220	Flanagan	Ryan	Shettleston Harriers	
222	Gillham	Euan	Kilbarchan AAC	2.55
223	Gourlay	Rob	Giffnock North AAC	
224	Grant	Michael	Unattached	
225	Harrington	Jack	Greenock Glenpark Harriers	3
227	Lindsay	Calum	Law & District AAC	2.48
228	MacGregor	Alastair	Unattached	
230	McGiven	Murray	Shettleston Harriers	
233	Mooney	Craig	Whitemoss AAC	2.45
234	Smith	Gerard	Greenock Glenpark Harriers	
237	Stephen	Ron	Hill Cambuslang Harriers	2.38
238	Thomson	Ryan	Ron Hill Cambuslang Harriers	2.4
239	Walker	Calum	Whitemoss AAC	
241	Whyteside	Craig	Whitemoss AAC	2.36
242	Woods	Connor	Ayr Seaforth AAC	

**EVENT T27 800m – U13 Boys WEST FINAL 12.40**

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**EVENT T19 200m – U15 Girls EAST HEATS 11.20**

**Championship Holder:** Fiona Cleat Edinburgh Southern 27.57  
**Championship Best:** Amy Clancy EWM 26.07 2002

371	Adamson	Rachel	Central AC	29
372	Anderson	Louise	Central AC	30.39
377	Brown	Sophie	Central AC	29
378	Caswell	Rebecca	Edinburgh AC	29
379	Craig	Alison	Dunfermline & West Fife AC	28.7
381	Dick	Sarah	Central AC	29.5
382	Duncan	Claire	Pitreavie AAC	27.8
384	Elder	Sophie	Unattached	
386	Finlayson	Bethanie	Pitreavie AAC	
389	Hughes	Annabel	Unattached	
391	Law	Rebecca	Pitreavie AAC	26.95
396	McLaren	Sarah	Perth Straththay Harriers	28.14
397	Milne	Louise	Ellon AAC	3.03
402	Robertson	Anna	Pitreavie AAC	28.1
404	Scott	Ailsa	Falkirk Victoria Harriers	
407	Szymanski	Sarah	Lasswade AAC	

**EVENT T30 200m – U15 Girls EAST SEMI 13.30**  
**EVENT T45 200m – U15 Girls EAST FINAL 15.40**

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**EVENT T20 200m – U15 Girls WEST HEATS 11.35**

**Championship Holder:** Ruth Wallace Giffnock North 27.19  
**Championship Best:** Nicola Gossman City of Glasgow 25.64 2001

416	Brown	Emma	Giffnock North AAC	
417	Bury	Amelia	Whitemoss AAC	
418	Clark	Catherine	VP-Glasgow AC	29.02
420	Connelly	Jane	VP-Glasgow AC	
421	Dalgleish	Carly	Greenock Glenpark Harriers	30
422	Dalziel	Chelcie	Law & District AAC	27.11
427	Gaffney	Andrea	Kirkintilloch Olympians	27.39
428	George	Caroline	Ayr Seaforth AAC	
432	Houston	Paula	Giffnock North AAC	27.5
433	Howat	Megan	Giffnock North AAC	
437	Lambert	Chloe	VP-Glasgow AC	27.9
443	MacGregor	Rhona	Ayr Seaforth AAC	
444	McLellan	Jennifer	Giffnock North AAC	
448	Miller	Kerrie	Ron Hill Cambuslang Harriers	
454	Ross	Kendel	Ayr Seaforth AAC	28.2
456	Stack	Aimee	Kirkintilloch Olympians	
457	Swann	Cara	Law & District AAC	
461	Wood	Kirstin	Shettleston Harriers	



EVENT T29 200m – U15 Girls WEST SEMI 13.20

EVENT T44 200m – U15 Girls WEST FINAL 15.35

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Time ..... Time ..... Time .....

EVENT T21 200m – Senior Women CLOSED HEATS 11.50

Championship Holder: Gemma Nicol Dunfermline & WF 25.20  
Championship Best: Susan Burnside/Deacon EWM 23.85 2003

132	Begg	Suzanne	VP-Glasgow AC	24.73
634	Bodley	Michelle	Ellon AAC	27.8
136	Child	Eilidh	Pitreavie AAC	24.62
138	Connelly	Aileen	Aberdeen AAC	24.94
651	Dobson	Marie	Aberdeen AAC	27
141	Downie	Stacey	Pitreavie AAC	24.47
142	Evans	Kathryn	Elgin AAC	25.18
156	Kamya	Sylvia	Aberdeen AAC	
161	Kinder	Laura	Kilbarchan AAC	30
162	Laird	Samantha	Giffnock North AAC	
168	MacRae	Margaret	Orkney AC	
173	McIlveen	Erin	Glasgow University AC	26.5
178	Nicol	Gemma	Dunfermline & West Fife AC	24.13
181	Pettigrew	Emma	Kilbarchan AAC	27.5
187	Sheriff	Stephanie	VP-Glasgow AC	26.2

EVENT T37 200m – Senior Women CLOSED FINAL 14.30

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Time ..... Time ..... Time .....

EVENT T22 200m – U17 Women WEST HEATS 12.00

Championship Holder: Suzanne Begg City of Glasgow 25.94  
Championship Best: Kimberly Canning Law and District 25.10 1996

555	Burns	Rachael	Cumbernauld AAC	
558	Carman	Augusta	VP-Glasgow AC	
563	Gracie	Ciara	Ayr Seaforth AAC	27
565	Haddow	Zoe	East Kilbride A.C.	30.2
569	Howat	Roisin	Giffnock North AAC	27.07
573	Livesey	Lynn	Law & District AAC	27.33
572	Livesey	Laura	Law & District AAC	
579	McKenna	Laurie	Glasgow School of Sport	26.41
588	Ramsay	Diane	Kirkintilloch Olympians	26.9
589	Ross	Heather	Kilbarchan AAC	27.11
590	Taylor	Claire	Ayr Seaforth AAC	
592	Waddell	Lynsey	VP-Glasgow AC	27.2

EVENT T28 200m – U17 Women WEST FINAL 13.15

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Time ..... Time ..... Time .....

EVENT T23 200m – U17 Women EAST FINAL 12.10

Championship Holder: Amy Rogers City of Edinburgh 26.63  
Championship Best: Gemma Nicol Shaftesbury B 25.34 2002

520	Campbell	Lesley	Lasswade AAC	28.7
522	Cleat	Fiona	Edinburgh AC	26.31
540	Rogers	Amy	Edinburgh AC	25.6
545	Vita	Gabriella	Edinburgh AC	26.73

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Time ..... Time ..... Time .....

EVENT T31 200m – Senior Men CLOSED HEATS 13.40

Championship Holder: Alan Low Giffnock North 22.13  
Championship Best: Brian Doyle Cumbernauld AAC 21.60 2000

20	Bowie	Jamie Kerr	Inverness Harriers AAC	22.7
28	Charters	Steven	Edinburgh AC	22.5
30	Clark	David	VP-Glasgow AC	
34	Daffurn	Antony	Shettleston Harriers	23
35	Dalgleish	Alistair	Livingston & District AAC	23.9
41	Eaglesham	Craig	Shettleston Harriers	23.52
45	Farrell	Johnathon	Clydesdale Harriers	23.28
47	Fleming	Craig	Kilbarchan AAC	21.67
608	Hester	Matthew	VP-Glasgow AC	23.26
610	Hood	Sean	Edinburgh AC	22.56
614	Knowles	Craig	Corstorphine AAC	23.7
64	Low	Alan	Giffnock North AAC	22.1
67	MacGee	William	Team Southampton	22.11
68	MacKenzie	Alasdair	East Kilbride A.C.	22.3
71	MacCrosson	Duncan	Glasgow University Hare and H	23
73	Martin	David	Channel Island AC	23.1
76	McCloy	Kevin	Mid Ulster Athletic Club	22.89
78	McGill	Billy	Border Harriers	22.7
81	Miller	David	Orkney AC	
621	Mitchell	Robert	Dundee Hawkhill Harriers	22.5
624	Ruddy	John	Kirkintilloch Olympians	23.17
625	Scott	Ryan	Falkirk Victoria Harriers	
103	Smith	Ronald	Aberdeen AAC	23
99	Smith	Anton	Aberdeen AAC	22.4
105	Stewart	Craig	Kilbarchan AAC	22
629	Stock	Michael	Perth Strathtay Harriers	23.1
630	Swan	Patrick	Edinburgh AC	21.93
109	Thomson	Nigel	Orkney A.C.	22.07
111	Watson	George	Shettleston Harriers	22.5
118	Wilson	Callum	Lasswade AAC	23.07
119	Wilson	Gary	Shettleston Harriers	27.1

**EVENT T46 200m – Senior Men WEST SEMI 15.45**  
**EVENT T57 200m – Senior Men WEST FINAL 17.00**

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**EVENT T32 200m – U17 Men WEST HEATS 13.55**

**Championship Holder:** Johnathon Farrell Clydesdale 23.81  
**Championship Best:** Ross Baillie Victoria Park 22.85 1994

490	Cumming	Matthew	Giffnock North AAC	24.03
493	Dimeo	Sean	Shettleston Harriers	27
486	Byrne-Leitch	Jonathan	VP-Glasgow AC	25.5
488	Craig	John	VP-Glasgow AC	23.5
489	Crawford	Josh	Nithsdale AC	23.3
511	Thompson	Sean	Irvine AC	23.7
515	Wallace	Matthew	Kilbarchan AAC	

**EVENT T49 200m – U17 Men WEST FINAL 16.20**

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**EVENT T33 200m – U17 Men EAST FINAL 14.00**

**Championship Holder:** Craig Knowles Corstorphine 24.08  
**Championship Best:** Kris Stewart Scottish Borders 22.51 1996

468	Louden	Greg	Lasswade AAC	23.3
472	Newport	Jordan	Edinburgh AC	
473	Paterson	Martyn	Central AC	25.14
475	Purves	Donald	Unattached	
480	Stephen	Lewis	Aberdeen AAC	

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**EVENT T34 200m – U15 Boys EAST HEATS 14.05**

**Championship Holder:** Anthony Young Pitreavie 24.18  
**Championship Best:** Anthony Young Pitreavie 24.18

304	Holligan	Tom	Edinburgh AC	24.64
305	Hunter	Lewis	Pitreavie AAC	29.25
307	Kelly	Luke	Pitreavie AAC	
308	Kivlin	Kieren	City of Edinburgh AC	
312	Muirhead	Peter	Perth Strathtay Harriers	25.9
315	Nairn	Christopher	Livingston & District AAC	
316	Paul	Douglas	Dunfermline & West Fife AC	28.21

320	Wyllie	Joseph	Arbroath & District AC	
321	Wyse	Jamie	Lasswade AAC	24.78

**EVENT T51 200m – U15 Boys EAST FINAL 16.30**

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**EVENT T35 200m – U15 Boys WEST HEATS 14.15**

**Championship Holder:** Matthew Cumming Giffnock North 24.62  
**Championship Best:** Craig Eaglesham InverclydeA.C. 23.66 2003

323	Arnold	Angus	Ayr Seaforth AAC	
324	Bonner	Christopher	Giffnock North AAC	
327	Brown	Alistair	Giffnock North AAC	26.08
330	Divers	Calum	Shettleston Harriers	30.9
334	Gibb	Lewis	Motherwell AC	25.05
336	Gracie	Stephen	Shettleston Harriers	
337	Graham	Wallace	Ayr Seaforth AAC	
340	Hall	Stewart	Law & District AAC	
344	Kerr	David	Kilbarchan AAC	
347	Lewis	Jamie	Giffnock North AAC	
349	Loehr	Till	Unattached	
351	Martin	Andrew	Kilmarnock H&AC	28.34
353	McCall	John	Kirkintilloch Olympians	29
358	Mulhern	John	VP-Glasgow AC	26.01
359	Mullholland	Michael	Inverclyde AC	29.85
361	Nicholson	Lewis	Glasgow School of Sport	
362	O'Hara	Cory	Kilmarnock H&AC	
363	Quinn	James	Kilbarchan AAC	
364	Revie	Sam	Ayr Seaforth AAC	26.79
366	Smith	Billy	Unattached	
369	Williamson	Gary	Giffnock North AAC	27.9

**EVENT T50 200m – U15 Boys WEST FINAL 16.25**

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**EVENT T37 800m – Senior Women CLOSED HEATS 14.30**

**Championship Holder:** Kathryn Evans Elgin 2:13.01  
**Championship Best:** Hayley Ovens EWM 2:04.38 2006

128	Adams	Caroline	Giffnock North AAC	
130	Baird	Lauren	Giffnock North AAC	2.12
133	Brown	Laura	Dundee Hawkhill Harriers	2.15
145	Finch	Joanne	VP-Glasgow AC	2.08
153	Hunter	Kirsty	Falkirk Victoria Harriers	2.11
157	Kemp	Emma	Loughborough Students A.C.	

158	Kennedy	Ashleigh	Edinburgh AC	2.12
171	McColgan	Eilish	Dundee Hawkhill Harriers	2.12
649	Ross	Sarah	Pitreavie AAC	2.33
185	Scott	Kirsty	Dundee Hawkhill Harriers	2.34
186	Sharp	Lynsey	Edinburgh AC	2.06
650	Tait	Colleen	Kilmarnock H&AC	2.21
190	Tan	Jenny	Fife AC	2.12
191	Taylor	Laura	Giffnock North AAC	

**EVENT T56 800m – Senior Women CLOSED FINAL 16.55**

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**EVENT T38 800m – U13 Girls WEST HEATS 14.40**

**Championship Holder:** Nikki Manson Giffnock North 2:37.44  
**Championship Best:** Deborah Hannah Kirkintilloch Olymp 2:31.90 2006

270	Breckenridge	Myrtle	Shettleston Harriers	
275	Haran	Kerri	Shettleston Harriers	2.43
276	Harvey	Carolyn	Ayr Seaforth AAC	
278	Heggarty	Hannah	Shettleston Harriers	
279	Hendry	Mhairi	Motherwell AC	2.43
280	Hodge	Sarah	Glasgow School of Sport	2.45
281	Kangley	Shannon	Greenock Glenpark Harriers	3.2
285	McCafferty	Amy	Glasgow School of Sport	2.37
288	McDade	Meighan	Greenock Glenpark Harriers	3.2
290	McKay	Isla	Giffnock North AAC	
291	McQuillan	Jemma	Shettleston Harriers	2.42
292	Penrice	Laura	Stewartry AC	2.37
295	Wales	Fern	Kilmarnock H&AC	2.41
296	Wallace	Brogan	Kilmarnock H&AC	

**EVENT T52 800m – U13 Girls WEST FINAL 16.35**

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**EVENT T39 800m – U15 Girls WEST HEATS 14.50**

**Championship Holder:** Hollie Young City of Glasgow 2:25.07  
**Championship Best:** Abbey McGhee Victoria Park 2:24.97 2004

415	Brady	Johana	VP-Glasgow AC	2.51
419	Clark	Iona	Motherwell AC	2.31
423	Dobbin	Julie	Law & District AAC	2.3
424	Fairfield	Stephanie	Giffnock North AAC	2.41
430	Hannah	Deborah	VP-Glasgow AC	2.25
434	Howie	Heather	Giffnock North AAC	
435	Humes	Amanda	Kilmarnock H&AC	2.33
436	Kerr	Eve	Kilmarnock H&AC	

439	Manson	Nikki	Giffnock North AAC	2.29
440	Marshall	Petrena	Giffnock North AAC	2.28
441	McConway	Danielle	Shettleston Harriers	2.54
446	McSheffery	Jemma	Ayr Seaforth AAC	2.32
448	Miller	Kerrie	Ron Hill Cambuslang Harriers	
449	Monaghan	Amanda	Shettleston Harriers	2.37
450	Nicholson	Rebecca	VP-Glasgow AC	2.44
452	Pawelczyk	Helen	Shettleston Harriers	2.3
455	Sprang	Katie	Ayr Seaforth AAC	2.29
591	Vaughan	Caitlin	Glasgow School of Sport	2.41

**EVENT T53 800m – U15 Girls WEST FINAL 16.40**

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**EVENT T40 800m – U15 Girls EAST FINAL 15.00**

**Championship Holder:** Kathryn Pennel Pitreavie 2:25.07  
**Championship Best:** Iona McIntyre EWM 2:14.46 1996

371	Adamson	Rachel	Central AC	2.31
383	Dunphy	Naomi	Arbroath & District AC	2.32
395	Manson	Amy	Falkirk Victoria Harriers	2.33
397	Milne	Louise	Ellon AAC	3.01
399	O'Hare	Olivia	Edinburgh AC	
400	Pennel	Kathryn	Pitreavie AAC	2.22
401	Reid	Katie	Pitreavie AAC	2.32
409	Turnbull	Lana	Lothian Running Club	2.32
410	Wood	Blair	Livingston & District AAC	2.03

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**EVENT T41 800m – U13 Girls EAST FINAL 15.10**

**Championship Holder:** Blair Wood Livingston 2:38.44  
**Championship Best:** Stephanie Lyall Harmeny AC 2:29.75 2001

254	Kristofferson	Ellen	Lasswade AAC	2.48
259	Purves	Katie	Lasswade AAC	
260	Robertson	Rachel	Lasswade AAC	
264	Sneddon	Melanie	Livingston & District AAC	
249	Cameron	Hannah	Lasswade AAC	
255	MacLarty	Iona	Perth Strathtay Harriers	2.31
261	Russell	Louise	Pitreavie AAC	2.51
262	Shiell	Skye	Unattached	
263	Smith	Amy	Lasswade AAC	
265	Tavendale	Iona	Perth Strathtay Harriers	2.5
266	Turner	Katey	Pitreavie AAC	

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**EVENT T42 800m – U17 Women WEST HEATS 15.20**

**Championship Holder:** Beth Duff East Kilbride 2:20.77  
**Championship Best:** Joanne Finch City of Glasgow 2:15.59 2004

551	Archibald	Sarah	Larkhall YMCA Harriers	2.27
552	Barclay	Jade	Glasgow School of Sport	2.24
560	Dawes	Rhian	VP-Glasgow AC	2.21
562	Frier	Hayley	East Kilbride A.C.	2.36
565	Haddow	Zoe	East Kilbride A.C.	
566	Hannah	Jennifer	VP-Glasgow AC	2.21
571	Kelly	Samantha	Glasgow School of Sport	2.21
574	Lockie	Catriona	Giffnock North AAC	2.18
578	McAuley	Claire	Giffnock North AAC	2.17
584	McNish	Sarah	Kilmarnock H&AC	2.23
585	Mulholland	Nynke	Inverclyde AC	2.43
595	Young	Hollie	VP-Glasgow AC	2.13

**EVENT T54 800m – U17 Women WEST FINAL 16.45**

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**EVENT T43 800m – U17 Women EAST FINAL 15.30**

**Championship Holder:** Sarah Inglis Lothian 2:18.35  
**Championship Best:** Lynsey Sharp Edinburgh Southern 2:17.48 2006

518	Blair	Samantha	Edinburgh AC	2.25
532	McIlwraith	Rachael	Lothian Running Club	
533	McLeish	Megan	Falkirk Victoria Harriers	2.17
534	Muir	Laura	Dunfermline & West Fife AC	2.35
537	Peddie	Susan	Perth Strathhtay Harriers	2.24

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**EVENT T47 3000m – Senior Men CLOSED FINAL 15.50**

**Championship Holder:** Paul McCloskey Pitreavie 8:55.78  
**Championship Best:** Tom Hanlon Edinburgh SH 8:05.87 1988

697	Bell	Matt	Edinburgh AC	
25	Campbell	Stuart	Arbroath & District AC	8.42
31	Colligan	Max	Arbroath & District AC	8.35
38	Downie	Kevin	Unattached	8.27

39	Dunlop	Keith	Edinburgh AC	
48	Fontana	Sean	Glasgow School of Sport	
53	Hargreaves	John	Carnegie Harriers	
58	Johnston	Ian	Shettleston Harriers	8.5
74	Matthews	Stephen	East Kilbride A.C.	8.51
84	Murdoch	Iain	Law & District AAC	8.2
623	O'Hare	Chris	Edinburgh AC	8.49
626	Selman	Douglas	Corstorphine AAC	
98	Shinnie	Darren	Aberdeen AAC	8.34
102	Smith	Jamie	Edinburgh AC	9.1

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**EVENT T48 3000m – Senior Women CLOSED FINAL 16.05**

**Championship Holder:** Susan Finch City of Glasgow 10:23.40  
**Championship Best:** Sandra Branney Glasgow AC 9.41.9 1987

137	Clark	Jayne	Pitreavie AAC	10.33
638	Dunphy	Becky	Arbroath & District AC	
144	Ferry	Catherine	Edinburgh AC	10.39
146	Finch	Susan	VP-Glasgow AC	
640	Finch	Rebecca	VP-Glasgow AC	10.3
172	McCord	Laura	Whitemoss AAC	10.5
644	Moultrie	Josephine	VP-Glasgow AC	9.59
646	Phee	Sarah	Giffnock North AAC	10.48
184	Ridley	Susan	Edinburgh AC	9.56
193	Waterhouse	Emma	Chester Le Street Harriers	9.52
195	Whyteside	Julie	Whitemoss AAC	11.02

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Time ..... Time ..... Time .....

**SUNDAY FIELD EVENTS**

**EVENT F1 Pole Vault – Sen Women CLOSED FINAL 10.00**

**Championship Holder:** Kirsty Maguire Edinburgh SH 3.70  
**Championship Best:** Kimberley Skinner Falkirk VH 3.82 2005

128	Adams	Caroline	Giffnock North AAC	
140	Dorrian	Eilidh	VP-Glasgow AC	3.5
149	Graham	Jennifer	VP-Glasgow AC	3.95
159	Kennedy	Claire	Edinburgh AC	3.15
641	MacGuire	Courtney	VP-Glasgow AC	3.4
169	Maguire	Kirsty	Edinburgh AC	4.15
170	Marshall	Tanya	Falkirk Victoria Harriers	2.42
643	McKenzie	Stephanie	Falkirk Victoria Harriers	3.4
188	Skinner	Kimberly	Falkirk Victoria Harriers	3.9
695	Logan	Charlotte	VP-Glasgow AC	3.1

Result: 1<sup>st</sup>.....2<sup>nd</sup>.....3<sup>rd</sup>.....  
 Height.....Height.....Height.....

**EVENT F1 Pole Vault – U17 Women WEST FINAL 10.00**

**Championship Holder:** Not Contested  
**Championship Best:** Courtney MacGuire Kirkintilloch Olymp 3.20 2006

No Competitors

Result: 1<sup>st</sup>.....2<sup>nd</sup>.....3<sup>rd</sup>.....  
 Height.....Height.....Height.....

**EVENT F1 Pole Vault – U17 Women EAST FINAL 10.00**

**Championship Holder:** Amy Grant Falkirk Victoria 2.40  
**Championship Best:** Kimberly Skinner Falkirk VH 3.70 2004

529	Gauld	Aiden	Montrose & District AC	22
530	Grant	Amy	Falkirk Victoria Harriers	2.08
546	Winchester	Isla	Unattached	

Result: 1<sup>st</sup>.....2<sup>nd</sup>.....3<sup>rd</sup>.....  
 Height.....Height.....Height.....

**U15: No Competitors**

**EVENT F2 Long Jump – U17 Women EAST FINAL 10.00**

**Championship Holder:** Jade Nimmo Falkirk VH 5.70  
**Championship Best:** Jade Nimmo Falkirk VH 5.70 2007

524	Connelly	Aileen	Dunfermline & West Fife AC	
531	Mackie	Ailsa	Edinburgh AC	5.11
535	Nicholson	Faye	Moorfoot Runners	4.94
541	Seago	Anna	Edinburgh AC	5.39
547	Workman	Eleanor	Banchory Stonehaven AC	4.1
548	Young	Kaye	Aberdeen AAC	4.66

Result: 1<sup>st</sup>.....2<sup>nd</sup>.....3<sup>rd</sup>.....  
 Distance.....Distance.....Distance.....

**EVENT F2 Long Jump – U17 Women WEST FINAL 10.00**

**Championship Holder:** Laurie McKenna GSS 5.09  
**Championship Best:** Karen McNamee City of Glasgow 5.43 1993  
 Siobhan McVie Ayr Seaforth 5.43 2000

561	Dowd	Emma	Giffnock North AAC	4.72
563	Gracie	Ciara	Ayr Seaforth AAC	4.75
579	McKenna	Laurie	Glasgow School of Sport	5.41
586	Parkin	Fiona	Unattached	4.11
593	Webster	Sally	Kilbarchan AAC	
594	Yates	Kirsty	Stewartry AC	5.1

Result: 1<sup>st</sup>.....2<sup>nd</sup>.....3<sup>rd</sup>.....  
 Distance.....Distance.....Distance.....

**EVENT F3 Shot Putt – U17 Men EAST FINAL 10.00**

**Championship Holder:** Ryan Stewart Pitreavie 12.80  
**Championship Best:** Adam Major Elgin AAC 15.04 1998

464	Downie	Michael	Arbroath & District AC	
478	Smith	Allan	Pitreavie AAC	

Result: 1<sup>st</sup>.....2<sup>nd</sup>.....3<sup>rd</sup>.....  
 Distance.....Distance.....Distance.....

**EVENT F3 Shot Putt – U17 Men WEST FINAL 10.00**

**Championship Holder:** Daniel Carlin Giffnock North 16.07  
**Championship Best:** Daniel Carlin Giffnock North 16.07 2007

506	McLaughlan	Andrew	Kilbarchan AAC	15.08
85	Nicholl	Calum	Shettleston Harriers	10.8

Result: 1<sup>st</sup>.....2<sup>nd</sup>.....3<sup>rd</sup>.....  
 Distance.....Distance.....Distance.....

**EVENT F4 Long Jump – Senior Men CLOSED FINAL 14.00**

**Championship Holder:** Stephen Fleming City of Edinburgh 6.76  
**Championship Best:** Darren Ritchie Sale H 7.68 1999

17	Beimers	Jude	Shaftesbury Barnet Harriers	7.31
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26	Campbell	Thomas	VP-Glasgow AC	
603	Clark	Cameron	Kilbarchan AAC	
32	Connerton	Sean	Edinburgh AC	6.12
615	Lawson	Russell	Giffnock North AAC	5.79
73	Martin	David	Channel Island AC	6.69
123	McEwan	Craig	Whitemess	
110	Watson	David	Kilbarchan AAC	6.83
116	White	Paul	Calderglen Harriers	
118	Wilson	Callum	Lasswade AAC	6.51
694	McKay	Garry	Edinburgh AC	6.74

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Distance ..... Distance ..... Distance .....

**EVENT F5 Shot Putt – U17 Women WEST FINAL 11.30**

**Championship Holder:** Lauren Boyd Kilbarchan 8.78  
**Championship Best:** Julie Robin City of Glasgow 12.32 1993

556	Cairns	Megan	Giffnock North AAC	
570	Hunter	Rachel	Ayr Seaforth AAC	8.75
576	Manson	Kristina	Giffnock North AAC	7.14
581	McLeod	Kirstie	Law & District AAC	8.32
593	Webster	Sally	Kilbarchan AAC	
594	Yates	Kirsty	Stewartry AC	11.23
698	Irvin	Colette	Annan & District	

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Distance ..... Distance ..... Distance .....

**EVENT F5 Shot Putt – U17 Women EAST FINAL 11.30**

**Championship Holder:** Rachel McKie Falkirk Victoria 8.49  
**Championship Best:** Alison Grey Edin AC 12.85 1988

541	Seago	Anna	Edinburgh AC	10.68
547	Workman	Eleanor	Banchory Stonehaven AC	8.6

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Distance ..... Distance ..... Distance .....

**EVENT F6 High Jump – U15 Boys EAST FINAL 12.30**

**Championship Holder:** Allan Smith Pitreavie 1.59  
**Championship Best:** Greg Boyd Falkirk VH 1.63 2004

302	Coghill	Ian	Inverness Harriers	
315	Nairn	Christopher	Livingston & District AAC	
316	Paul	Douglas	Dunfermline & West Fife AC	1.5
320	Wyllie	Joseph	Arbroath & District AC	

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Height ..... Height ..... Height .....

**EVENT F6 High Jump – U15 Boys WEST FINAL 12.30**

**Championship Holder:** Billy Clarkson Law & District 1.50  
**Championship Best:** John McCafferty Irvine 1.81 2006

339	Grieve	Daniel	Law & District AAC	
345	Kerr	Matthew	Giffnock North AAC	
348	Lochans	Jack	Kilbarchan AAC	1.5
360	Murphy	Andrew	Girvan AAC	1.32

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Height ..... Height ..... Height .....

**EVENT F7 Long Jump – U13 Boys EAST FINAL 13.00**

**Championship Holder:** Douglas Paul Dunfermline & WF 4.10  
**Championship Best:** Toby Harris City of Edinburgh 4.50 2004

200	Hogg	Kyle	Edinburgh AC	4.5
207	Rae	Liam	Ellon AAC	3.1
209	Vandort	Christopher	Montrose	
201	Holligan	Daniel	City of Edinburgh AC	3.88
203	Law	Colin	Pitreavie AAC	

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
Distance ..... Distance ..... Distance .....

**EVENT F7 Long Jump – U13 Boys WEST FINAL 13.00**

**Championship Holder:** Ross Maxwell East Kilbride 4.31  
**Championship Best:** Blair Alexander Giffnock North 4.74 2002

220	Flanagan	Ryan	Shettleston Harriers	
230	McGiven	Murray	Shettleston Harriers	
233	Mooney	Craig	Whitemoss AAC	3.58
213	Ahmed	Mahad	Glasgow School of Sport	4.5
214	Anderson	Liam	Ayr Seaforth AAC	
217	Cannell	Stuart	Kilbarchan AAC	
218	Divers	Adam	Giffnock North AAC	
219	Firth	Calum	Giffnock North AAC	
226	Higgins	James	Airdrie Harriers	
229	Maxwell	Ross	East Kilbride A.C.	4.87
244	Carmichael	Paul	Shettleston Harriers	

Result:  
 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Distance ..... Distance ..... Distance .....

**EVENT F8 High Jump – U17 Women WEST FINAL 13.30**

**Championship Holder:** Paula Dalgleish Ayr Seaforth 1.55  
**Championship Best:** Lee McConnell City of Glasgow 1.65 1995  
 Erin Leggate City of Glasgow 1.65 2004/5

553	Barrows	Amy	Giffnock North AAC	1.61
582	McMillan	Nile	Kilbarchan AAC	

Result:  
 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Height ..... Height ..... Height .....

**EVENT F8 High Jump – U17 Women EAST FINAL 13.30**

**Championship Holder:** Jill Brooks Falkirk Victoria 1.58  
**Championship Best:** Jemma Scott Arbroath & Dist 1.65 1999

519	Brooks	Jill	Falkirk Victoria Harriers	1.7
523	Coghill	Natalie	Inverness Harriers AAC	
524	Connelly	Aileen	Dunfermline & West Fife AC	1.43
536	Nuttall	Emma	Edinburgh AC	1.64
547	Workman	Eleanor	Banchory Stonehaven AC	1.55

Result:  
 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Height ..... Height ..... Height .....

**EVENT F9 Shot Putt – Senior Women CLOSED FINAL 13.30**

**Championship Holder:** Alison Rodger Victoria Park 15.48  
**Championship Best:** Alison Grey City of Glasgow 15.20 1995

134	Cameron	Claire	VP-Glasgow AC	10.14
639	Durbidge	Michelle	Arbroath & District AC	10.62
164	Law	Kirsty	Shaftesbury Barnet Harriers	11.54
183	Reid	Claire	Morpeth Harriers	11.4

Result:  
 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Distance ..... Distance ..... Distance .....

**EVENT F10 Long Jump – U17 men WEST FINAL 14.00**

**Championship Holder:** Calum Innes Victoria Park 6.25  
**Championship Best:** Craig Elder Whitemoss AC 6.87 1998

486	Byrne-Leitch	Jonathan	VP-Glasgow AC	
507	Milton	Jamie	Kilbarchan AAC	

504	McAveety	Gerard	Shettleston Harriers	4.72
510	Russell	Antony	Clydesdale Harriers	6.04
85	Nicholl	Calum	Shettleston Harriers	5.61

Result:  
 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Distance ..... Distance ..... Distance .....

**EVENT F10 Long Jump – U17 Men EAST FINAL 14.00**

**Championship Holder:** Toby Harris City of Edinburgh 5.54  
**Championship Best:** Christopher Baily Fife AC 6.54 2003

464	Downie	Michael	Arbroath & District AC	
472	Newport	Jordan	Edinburgh AC	5.48
482	Tod	Donald	Perth Strathtay Harriers	5.21

Result:  
 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Distance ..... Distance ..... Distance .....

**EVENT F11 High Jump – U15 Girls WEST FINAL 14.30**

**Championship Holder:** Lara Davidson City of Glasgow 1.50  
**Championship Best:** Erin Leggate Whitemoss AC 1.60 2003  
 Paula Dalgliesh Ayr Seaforth 1.60 2004

429	Gray	Sarah	VP-Glasgow AC	1.57
439	Manson	Nikki	Giffnock North AAC	
442	McCrinkle	Carly	Nithsdale AC	1.45
445	McMurtrie	Nicky	Whitemoss AAC	
447	Middleton	Hayley	East Kilbride A.C.	1.38
459	Trainer	Rachel	Giffnock North AAC	1.35
460	Whittle	Rachel	Ayr Seaforth AAC	1.55

Result:  
 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Height ..... Height ..... Height .....

**EVENT F11 High Jump – U15 Girls EAST FINAL 14.30**

**Championship Holder:** Emma Dawson Perth Strathtay 1.45  
**Championship Best:** Anna Cathro Dunbar RC 1.60 2004

377	Brown	Sophie	Central AC	1.5
397	Milne	Louise	Ellon AAC	
403	Ryan	Martha	Edinburgh AC	1.4
405	Solley	Hannah	Stewartry AC	1.26
406	Szymanski	Katherine	Lasswade AAC	

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Height ..... Height ..... Height .....

**EVENT F12 Triple Jump – Senior Women CLOSED FINAL 15.00**

**Championship Holder:** Gillian Kerr Edinburgh SH 12.72  
**Championship Best:** Gillian Kerr Edinburgh SH 12.72

127	Carrington	Eve	VP-Glasgow AC	
139	Cooke	Gillian	Edinburgh AC	12.41
151	Haston	Louise	Edinburgh AC	12.22
160	Kerr	Gillian	Edinburgh AC	13.25
174	McKay	Catriona	Pitreavie AAC	11.17
175	McKay	Iona	Edinburgh AC	11.07
177	Mordi	Nony	Shaftesbury Barnet Harriers	12.97
179	Nisbet	Jayne	Edinburgh AC	12.57
180	O'Neill	Stephanie	VP-Glasgow AC	9.9
189	Steel	Kerry	VP-Glasgow AC	11.24

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Distance ..... Distance ..... Distance .....

**EVENT F12 Triple Jump – U17 Women EAST FINAL 15.00**

**Championship Holder:** Iona McKay Edinburgh SH 10.98  
**Championship Best:** Iona McKay Edinburgh SH 10.98 2007

523	Coghill	Natalie	Inverness Harriers AAC	
549	Davie	Claire	Falkirk Victoria Harriers	
537	Peddie	Susan	Perth Strathtay Harriers	9.99

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Distance ..... Distance ..... Distance .....

**EVENT F12 Triple Jump – U17 Women WEST FINAL 15.00**

**Championship Holder:** Paula Dalglish Ayr Seaforth 9.19  
**Championship Best:** Kerry Steel City of Glasgow 10.52 2006

553	Barrows	Amy	Giffnock North AAC	10.37
563	Gracie	Ciara	Ayr Seaforth AAC	
576	Manson	Kristina	Giffnock North AAC	
583	McNicol	Judith	Kilbarchan AAC	

Result: 1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> .....  
 Distance ..... Distance ..... Distance .....

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