

National CC Relays 28th October 2006 - Young Females Results

	Stage 1		Stage 2		Stage 3	
1 Edinburgh Southern H "A"	Emily Owens (U13)	1 10:35	Emily Dudgeon (U15)	1 10:30	Lynsey Sharp (U17)	1 11:08
2 City of Edinburgh "A"	Faye Kearney (U13)	4 11:07	Samantha Blair (U15)	4 11:04	Lauren Stoddart (U17)	2 10:49
3 Dundee Hawkhill "A"	Iona Brodie (U13)	3 10:58	Emily Stewart (U15)	2 10:37	Eilish McColgan (U17)	3 11:27
4 Pitreavie AAC "A"	Kathryn Pennel (U13)	2 10:41	Natalie Fox (U15)	5 11:41	Rebecca Burns (U17)	4 11:06
5 East Kilbride AAC "A"	Rhona Calder (U13)	15 11:59	Deborah Stokoe (U15)	9 11:02	Beth Duff (U17)	5 10:49
6 Fife AC "A"	Maya Stone (U13)	5 11:26	Sarah Kelly (U15)	3 10:42	Jenny Tan (U17)	6 11:54
7 Kilbarchan AAC "A"	Elaine Eadie (U13)	12 11:46	Kirsty Porteous (U15)	17 11:35	Jessica Martin (U17)	7 10:41
8 City of Glasgow "A"	Rebecca Nicholson (U13)	58 13:12	Elizabeth Potter (U15)	12 9:57	Rebecca Finch (U17)	8 10:56
9 Giffnock North "A"	Karin Belch (U13)	6 11:34	Claire McAuley (U15)	6 10:58	Nicole McLeod (U17)	9 11:48
10 Edinburgh Southern H "B"	Caitlin Gray (U13)	31 12:30	Laura Goodson (U15)	13 10:40	Catriona Sinclair (U17)	10 11:18
11 Dundee Hawkhill "B"	Louisa Stewart (U13)	10 11:42	Yolanda Hudson (U15)	10 11:24	Elizabeth MacLeish (U17)	11 11:29
12 Ron Hill Cambus "A"	Elaine Brown (U13)	13 11:50	Claire Wallace (U15)	15 11:26	Danielle Melville (U17)	12 11:25
13 Aberdeen AAC "A"	Kate Murdoch (U13)	9 11:39	Ellie Buchan (U15)	7 11:05	Chantel Clark (U17)	13 12:02
14 City of Glasgow "B"	Rachel Knox (U13)	41 12:46	Michaela Stephen (U15)	23 11:00	Hollie Young (U15)	14 11:01
15 Whitemoss AAC "A"	Kirsty Jamieson (U13)	18 12:04	Lauren Mooney (U15)	21 11:35	Rachel Barlas (U17)	15 11:10
16 Inverclyde AC "A"	Emma Meechan (U13)	21 12:09	Emma Rice (U15)	18 11:12	Nynke Mullholland (U15)	16 11:30
17 JW Kilmarnock "B"	Stephanie Sloan (U13)	7 11:36	Sarah McNish (U15)	19 11:50	Lauren Campbell (U17)	17 11:28
18 JW Kilmarnock "A"	Bethany Ross (U13)	14 11:54	Lois Shankland (U15)	11 11:13	Colleen Tait (U17)	18 11:52
19 Falkirk Victoria H "A"	Abby Kemp (U13)	44 12:48	Megan McLeish (U15)	16 10:30	Karen Glover (U15)	19 11:50
20 Giffnock North "B"	Nikki Manson (U13)	8 11:39	Joanna Thomson (U15)	14 11:35	Lauren Hollinshead (U17)	20 12:03
21 Edinburgh Southern H "C"	Eilidh Manson (U13)	40 12:43	Claire Florence (U15)	26 11:30	Alice Loudon (U17)	21 11:11
22 Central AC "A"	Kirsty Buchanan (U13)	26 12:20	Catriona Buchanan (U15)	20 11:08	Gemma Milne (U17)	22 11:59
23 Kilbarchan AAC "B"	Kate Gillies (U13)	38 12:40	Sarah Ogilvie (U15)	32 12:03	Natalie Sharp (U17)	23 10:50
24 City of Edinburgh "B"	Laura Robertson (U13)	16 12:01	Jenny MacDougall (U15)	8 10:59	Stacey Pendreigh (U15)	24 13:05
25 Giffnock North "C"	Louise Bainbridge (U13)	56 13:06	Catriona Lockie (U15)	28 11:10	Rachel McDowall (U17)	25 11:52
26 Kilbarchan AAC "C"	Jennifer Frew (U13)	34 12:36	Amanda Herron (U15)	31 11:51	Michelle Bell (U17)	26 11:53
27 Giffnock North "D"	Frances Lowrey (U13)	24 12:12	Alex Porteous (U15)	29 12:04	Anna Hilley (U15)	27 12:16
28 Fife AC "B"	Olivia Collison-Owen (U13)	43 12:48	Kiri Stone (U15)	42 12:33	Fiona Bracegirdle (U15)	28 11:20
29 City of Glasgow "D"	Suzy Nairn (U13)	27 12:20	Rachel McLellan (U15)	25 11:46	Anna Bruce (U17)	29 12:39

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30 Kirkintilloch Oly "A"	Maria Milliken (U13)	23	Alexandra Lamond (U15)	22	Laura McKie (U17)	30
	12:12	12:12	23:45	11:33	36:45	13:00
31 JW Kilmarnock "C"	Amanda Humes (U13)	28	Sally Pugh (U15)	27	Maire Gorman (U17)	31
	12:20	12:20	24:15	11:55	36:49	12:34
32 Kilbarchan AAC "D"	Kirsty Boswell (U13)	54	Charlotte Walker (U15)	48	Christina Rankin (U17)	32
	13:03	13:03	25:42	12:39	36:54	11:12
33 Dundee Hawkhill "C"	Aeron Mellish (U13)	39	Claire Fox (U15)	37	Yasmine Tosh (U17)	33
	12:40	12:40	25:01	12:21	37:05	12:04
34 City of Glasgow "C"	Amy MacLellan (U13)	52	Rhian Dawes (U15)	30	Katie Wylie (U17)	34
	12:59	12:59	24:20	11:21	37:16	12:56
35 Ayr Seaforth "A"	Lauren Goldie (U13)	46	Stephanie Dougan (U15)	38	Heather Ridland (U17)	35
	12:50	12:50	25:03	12:13	37:25	12:22
36 Central AC "B"	Shona Buchanan (U13)	51	Rebecca Hay (U15)	43	Mairi Gillespie (U15)	36
	12:58	12:58	25:27	12:29	37:44	12:17
37 East Kilbride AAC "D"	Jennifer Waddell (U13)	11	Julia Calder (U13)	36	Ailis Clements (U15)	37
	11:44	11:44	24:59	13:15	37:48	12:49
38 JW Kilmarnock "D"	Gemma McCutcheon (U13)	20	Mia Tait (U15)	35	Yvonne Richmond (U17)	38
	12:08	12:08	24:58	12:50	38:09	13:11
39 East Kilbride AAC "B"	Hayley Middleton (U13)	64	Fiona Borthwick (U15)	53	Stephanie Wright (U17)	39
	13:56	13:56	26:14	12:18	38:12	11:58
40 Pitreavie AAC "B"	Sarah Turner (U13)	22	Melissa Hynd (U15)	40	Levi Young (U17)	40
	12:12	12:12	25:13	13:01	38:20	13:07
41 Fife AC "C"	Grace Collison-Owen (U13)	59	Lucy Duff (U15)	52	Jennifer Kibble (U17)	41
	13:17	13:17	26:11	12:54	38:26	12:15
42 Corstorphine AAC "A"	Nicky Mercer (U13)	49	Danielle Clyde (U15)	44	Mhairi Hunter (U17)	42
	12:54	12:54	25:31	12:37	38:32	13:01
43 Inverclyde AC "B"	Hannah McIntyre (U13)	63	Deborah Moore (U15)	51	Rachael Bushfield (U15)	43
	13:51	13:51	26:10	12:19	38:33	12:23
44 Giffnock North "E"	Petrena Marshall (U13)	62	Bethany Frank (U15)	49	Nicola Callaghan (U17)	44
	13:35	13:35	25:46	12:11	38:33	12:47
45 Kirkintilloch Oly "B"	Andrea Gaffney (U13)	45	Jodie Mullen (U15)	39	Julie Connelly (U17)	45
	12:50	12:50	25:10	12:20	38:43	13:33
46 Pitreavie AAC "C"	Megan Kirk (U13)	37	Olivia Clark (U15)	54	Sarah Ross (U17)	46
	12:38	12:38	26:14	13:36	38:44	12:30
47 Kilbarchan AAC "E"	Beth Milligan (U13)	65	Lisa Petrie (U15)	61	Lauren Young (U17)	47
	14:26	14:26	27:14	12:48	38:46	11:32
48 Falkirk Victoria H "B"	Hollie Lister (U15)	57	Leigh Skelton (U13)	56	Ashley Madden (U17)	48
	13:10	13:10	26:30	13:20	38:50	12:20
49 North Uist AAC "A"	Fiona Morrison (U13)	29	Laura Macinnes (U15)	57	Laura Johnson (U17)	49
	12:24	12:24	26:32	14:08	39:22	12:50
50 East Kilbride AAC "C"	Hannah Milligan (U13)	17	Hayley Frier (U15)	41	Morag Russell (U15)	50
	12:02	12:02	25:18	13:16	39:30	14:12
51 Corstorphine AAC "B"	Lisa Christy (U13)	50	Anna Hulme (U13)	59	Eilidh Nolan (U15)	51
	12:54	12:54	26:52	13:58	40:12	13:20
52 Helensburgh AAC "A"	Madeline Robinson (U13)	25	Morven Thompson (U13)	60	Zoe Clarke (U15)	52
	12:18	12:18	26:59	14:41	40:28	13:29
53 JW Kilmarnock "E"	Fern Wales (U13)	60	Vhairi Robertson (U15)	47	Amy Milliken (U17)	53
	13:28	13:28	25:40	12:12	41:05	15:25
54 Kilbarchan AAC "F"	Erin Ferguson (U13)	70	Sorcha Lynch (U15)	64	Jillian Allan (U17)	54
	16:00	16:00	29:20	13:20	42:30	13:10
55 Kilbarchan AAC "G"	Robyn Lewis (U13)	69	Ainsley Hards (U15)	63	Nile McMillan (U15)	55
	16:00	16:00	29:04	13:04	42:31	13:27
56 North Uist AAC "B"	Eiligh Boyle (U13)	72	Louise Maclean (U15)	66	Eleanor MacDonald (U17)	56
	17:20	17:20	30:50	13:30	43:28	12:38
57 Kilbarchan AAC "H"	Kerry Anderson (U13)	66	Rachel Campbell (U15)	62	Laura Adams (U15)	57
	15:09	15:09	28:55	13:46	43:30	14:35
58 Kirkintilloch Oly "C"	Megan Stewart (U13)	68	Lauren McIntyre (U15)	65	Gillian Reid (U15)	58
	15:27	15:27	29:57	14:30	43:30	13:33
59 North Uist AAC "C"	Essianne MacQuarrie (U13)	71	Ann MacLeod (U15)	67	Gemma Beaton (U17)	59
	16:04	16:04	32:16	16:12	45:55	13:39

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Ron Hill Cambus "B"	Claire Wetherspoon (U13)	19	Rebecca Forrest (U15)	24
	12:06	12:06	23:55	11:49
Aberdeen AAC "B"	Abbey Buchan (U13)	61	Rachel Armitage (U15)	33
	13:29	13:29	24:49	11:20
City of Glasgow "E"	Johana Brady (U13)	55	Sarah Potter (U13)	34
	13:05	13:05	24:51	11:46
Shettleston Harriers "A"	Helen Pawelczyk (U13)	30	Kirstin Wood (U13)	45
	12:25	12:25	25:32	13:07
Inverclyde AC "C"	Natalie O'Neill (U13)	42	Sarah Glenny (U13)	46
	12:46	12:46	25:37	12:51
Dundee Hawkhill "D"	Amy Barton (U13)	36	Louise Webster (U15)	50
	12:38	12:38	26:04	13:26
Inverclyde AC "D"	Anna Gillies (U13)	53	Susan Waugh (U15)	55
	13:03	13:03	26:29	13:26
Ayr Seaforth "B"	Marie Hill (U13)	48	Katie Sprang (U13)	58
	12:54	12:54	26:45	13:51
Shettleston Harriers "B"	Danielle McConway (U13)	32		
	12:32	12:32		
Kirkintilloch Oly "D"	Rachel Hayes (U13)	33		
	12:34	12:34		
City of Edinburgh "C"	Nicola Thomson (U13)	35		
	12:36	12:36		
East Kilbride AAC "E"	Laura McLaughlin (U13)	47		
	12:53	12:53		
JW Kilmarnock "F"	Stephanie Miller (U15)	67		
	15:16	15:16		
Kilbarchan AAC "I"	Kelly Lawrie (U13)	73		
	17:43	17:43		
North Uist AAC "D"	Rebekah MacSween (U13)	74		
	18:23	18:23		

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	Stage 1		Stage 2		Stage 3	
1 Kilbarchan AAC "A"	Calum McLeod (U13)	4 10:11	Callum Hawkins (U15)	2 19:34	Scott Hawkins (U17)	1 8:50
2 Giffnock North "A"	Grant Muir (U13)	1 10:01	Miles Hollinshead (U15)	1 19:19	Jamie MacGregor (U17)	2 9:36
3 Kilbarchan AAC "B"	Jack Lochans (U13)	24 10:55	Stephen Fleming (U15)	6 20:16	Paul Leck (U17)	3 9:06
4 Central AC "A"	Conor Kerr (U13)	7 10:25	Tom Watson (U13)	11 20:34	Sean Reilly (U17)	4 8:49
5 Kirkintilloch Oly "A"	Christopher Allan (U13)	16 10:42	Adam Hamilton (U15)	13 20:45	Matthew Graham (U17)	5 8:57
6 Ron Hill Cambus "A"	Michael Rankin (U13)	3 10:08	Andrew Coulter (U15)	3 20:01	Raymond Black (U17)	6 9:46
7 Shettleston Harriers "B"	Nicholas Devlin (U13)	12 10:37	Andrew Dearie (U15)	9 20:29	Christopher McGarrity (U17)	7 9:19
8 Giffnock North "B"	Max Lott (U13)	8 10:27	Matthew Ritchie (U15)	5 20:09	Ian Whiteford (U17)	8 9:41
9 Central AC "B"	Ross Milne (U13)	11 10:37	Scott Green (U15)	16 20:59	Scott McDonald (U17)	9 8:55
10 Nithsdale AC "A"	Calum Gibson (U13)	23 10:55	David Vernon (U15)	14 20:47	Andrew Gibson (U17)	10 9:14
11 Giffnock North "C"	Sandy Nimmo (U13)	6 10:23	Alistair McCallum (U15)	8 20:23	Rory Cartwright (U17)	11 9:39
12 Victoria Park AAC "A"	Max Aitchison (U13)	2 10:02	Michael Gray (U15)	10 20:29	Gregor Innes (U17)	12 9:40
13 Shettleston Harriers "A"	Gary Smith (U13)	18 10:46	Lachlan Oates (U15)	7 20:18	Ruairidh Munro (U17)	13 10:01
14 Ayr Seaforth "A"	Finlay Rae (U13)	10 10:30	Mark Ferguson (U15)	12 20:39	Alex Oliver (U17)	14 9:48
15 Ron Hill Cambus "B"	Stephen Ponsoyby (U13)	34 11:08	Stewart Orr (U15)	17 21:02	Ian Francis MacDonald (U17)	15 9:30
16 Central AC "C"	Roddy Irvine (U13)	17 10:45	David Hutchison (U15)	19 21:14	Alexander Hendry (U17)	16 9:27
17 Kilbarchan AAC "C"	Alistair McDougall (U13)	44 11:24	Andrew McAlpine (U15)	25 21:30	Grant Higgins (U17)	17 9:20
18 Inverclyde AC "A"	Michael Houston (U13)	49 11:32	Andrew Campbell (U15)	20 21:17	David Bateman (U17)	18 9:39
19 Giffnock North "D"	Drew Hollinshead (U13)	28 11:01	Ewan McCallum (U15)	15 20:58	Ross McLearie (U17)	19 10:06
20 Dundee Hawkhill "A"	Michael Overend (U13)	5 10:12	Reubin Toy (U15)	4 20:05	Ryan Conway (U17)	20 11:00
21 Victoria Park AAC "B"	Paul MacFarlane (U13)	38 11:13	Stuart Ross (U15)	30 21:45	Max Ralston (U17)	21 9:29
22 Kilbarchan AAC "D"	Daniel Fullerton (U13)	48 11:30	Scott MacAulay (U15)	23 21:29	Stuart King (U17)	22 9:48
23 Aberdeen AAC "A"	Jeremy O'Neill (U13)	42 11:22	Ryan Gauld (U15)	33 21:50	Ross Fulton (U17)	23 9:30
24 George Heriots "A"	Scott MacDougall (U13)	43 11:22	Roger Poolman (U15)	26 21:36	Charles Brown (U17)	24 9:49
25 Falkirk Victoria H "A"	Ben Stevenson (U13)	14 10:41	Darren Weir (U15)	18 21:12	Graeme MacGregor (U15)	25 10:14
26 East Kilbride AAC "A"	Corey Little (U13)	39 11:15	Adam Gatens (U15)	28 21:38	Jamie Clements (U17)	26 9:49
27 JW Kilmarnock "C"	Cameron Mackie (U17)	41 11:18	David Meikle (U15)	38 21:56	Cameron Wilson (U17)	27 9:31
28 Victoria Park AAC "C"	Findlay Parker (U13)	29 11:01	Gavin Murty (U15)	37 21:56	David Law (U17)	28 9:33
29 Shettleston Harriers "C"	Ryan Taylor (U13)	32 11:06	Adam Drummond (U15)	27 21:38	Gary McBride (U15)	29 9:57

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30 Arran Runners "A"	Michael Jenks (U13)	21	Cameron Paul (U15)	24	Nicholas Emsley (U17)	30
	10:50	10:50	21:30	10:40	31:38	10:08
31 Pitreavie AAC "A"	Callum McQueen (U13)	36	Craig Robinson (U15)	21	Alan Love (U17)	31
	11:08	11:08	21:17	10:09	31:38	10:21
32 East Kilbride AAC "B"	Steven Mckenzie (U13)	27	Andrew Shaw (U15)	39	David Gorman (U17)	32
	11:01	11:01	22:02	11:01	31:41	9:39
33 JW Kilmarnock "B"	Evan Cornforth (U13)	35	Craig Robertson (U15)	35	Roger Naughton (U17)	33
	11:08	11:08	21:53	10:45	31:45	9:52
34 Kilbarchan AAC "E"	Andrew Quinn (U13)	50	Connor Henderson (U15)	32	Stuart Miller (U17)	34
	11:34	11:34	21:49	10:15	32:05	10:16
35 Lasswade AAC "B"	Ryan Cook (U13)	26	Peter Loudon (U15)	36	Martin Brash (U17)	35
	10:59	10:59	21:55	10:56	32:09	10:14
36 Central AC "D"	Alexander Coubrough (U13)	19	Kelly Carruthers (U13)	42	Jonathon Tolson (U17)	36
	10:48	10:48	22:12	11:24	32:11	9:59
37 JW Kilmarnock "A"	Andrew Martin (U13)	37	Ross Connelly (U15)	41	James Wales (U17)	37
	11:11	11:11	22:12	11:01	32:13	10:01
38 Ayr Seaforth "B"	David Carter (U13)	33	Andrew Rae (U15)	22	Greg Templeton (U17)	38
	11:07	11:07	21:25	10:18	32:15	10:50
39 Kirkintilloch Oly "C"	Callum Heirs (U13)	25	Craig McIntyre (U15)	31	Neill Hamilton (U17)	39
	10:58	10:58	21:46	10:48	32:17	10:31
40 Corstorphine AAC "A"	Tim Sawrey (U13)	9	Jack Keane (U13)	29	Andrew Christy (U15)	40
	10:28	10:28	21:40	11:12	32:31	10:51
41 Aberdeen AAC "B"	Joshua Arrowsmith (U13)	61	Lewis Stephen (U15)	52	James Joy (U17)	41
	11:56	11:56	23:00	11:04	32:33	9:33
42 Law & District "A"	Ross Hill (U13)	15	Bobby Hill (U15)	40	Josh Elwood (U15)	42
	10:42	10:42	22:03	11:21	32:35	10:32
43 Lasswade AAC "A"	Adam Lyon (U13)	47	Zander Lyon (U15)	44	Scott Anderson (U17)	43
	11:27	11:27	22:24	10:57	32:36	10:12
44 Giffnock North "F"	Neil Gourlay (U13)	13	Gordon Belch (U15)	34	David Walker (U17)	44
	10:40	10:40	21:52	11:12	32:45	10:53
45 Ron Hill Cambus "C"	Scott Blackwood (U13)	71	Jack Hamilton (U15)	49	Connor Gallacher (U17)	45
	12:31	12:31	22:45	10:14	32:46	10:01
46 Giffnock North "E"	James Gray (U13)	20	Matthew Cumming (U15)	48	Lyle Frank (U17)	46
	10:48	10:48	22:41	11:53	32:52	10:11
47 Whitemoss AAC "A"	Nicholas Phillips (U13)	56	Ross McCord (U15)	43	Gary Mooney (U17)	47
	11:42	11:42	22:20	10:38	32:55	10:35
48 Kirkintilloch Oly "B"	Scott Lawrie (U13)	30	Callum Pettigrew (U15)	46	Kevin Cornes (U17)	48
	11:03	11:03	22:27	11:24	32:57	10:30
49 East Kilbride AAC "C"	Scott Hernon (U13)	53	Stephen Paris(jnr) (U15)	53	Kevin Harvey (U17)	49
	11:38	11:38	23:12	11:34	33:04	9:52
50 East Kilbride AAC "D"	Nathan Milligan (U13)	62	David MacMillan (U15)	57	John Fergusson (U17)	50
	11:56	11:56	23:36	11:40	33:41	10:05
51 Falkirk Victoria H "B"	Gavin Ferguson (U13)	46	Euan Martin (U15)	47	Andrew Crone (U15)	51
	11:26	11:26	22:40	11:14	33:42	11:02
52 North Uist AAC "A"	Graham Black (U13)	52	Rory McClure (U15)	61	Angus MacDougall (U17)	52
	11:35	11:35	23:51	12:16	34:01	10:10
53 Dundee Hawkhill "B"	David Finn (U13)	55	Shaun Dempsey (U13)	54	Paul Dempsey (U15)	53
	11:41	11:41	23:16	11:35	34:03	10:47
54 Corstorphine AAC "B"	Callum Smith (U13)	31	Hamish Hepburn (U15)	51	Craig Knowles (U17)	54
	11:05	11:05	22:58	11:53	34:07	11:09
55 JW Kilmarnock "D"	Roy Shankland (U13)	72	Robert Cochrane (U15)	60	Mathew Daley (U17)	55
	12:35	12:35	23:50	11:15	34:14	10:24
56 Fife AC "A"	Ryan McIntosh (U13)	59	Liam Hutson (U15)	56	Mark Buchan (U15)	56
	11:52	11:52	23:27	11:35	34:21	10:54
57 Clydesdale Harriers "A"	Tony Dolan (U13)	45	Antony Russell (U15)	70	Ryan Savage (U17)	57
	11:24	11:24	24:38	13:14	34:33	9:55
58 Ron Hill Cambus "D"	Seamus Semple (U13)	77	Andrew Wilson (U15)	69	Paul McGarry (U17)	58
	12:58	12:58	24:20	11:22	34:36	10:16
59 Inverclyde AC "B"	Jack Bushfield (U13)	63	Craig Anderson (U15)	65	Paul Currie (U15)	59
	11:56	11:56	24:12	12:16	34:39	10:27

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60 East Kilbride AAC "E"	Ryan McGowan (U13)	66	Calum McLaughlin (U15)	68	Niall Walker (U17)	60
	12:21	12:21	24:19	11:58	35:05	10:46
61 North Uist AAC "C"	Ewen Campbell (U13)	69	Andrew Currie (U15)	63	Paul Ferguson (U17)	61
	12:29	12:29	24:01	11:32	35:07	11:06
62 JW Kilmarnock "E"	Jamie Clark (U13)	54	Murray McDonald (U15)	58	David Clark (U17)	62
	11:40	11:40	23:40	12:00	35:35	11:55
63 North Uist AAC "B"	Peter Johnson (U13)	74	Fraser MacDonald (U15)	71	Joe Smithyman (U17)	63
	12:42	12:42	24:38	11:56	35:39	11:01
64 Ayr Seaforth "C"	Angus Johnston (U13)	67	Ben Johnston (U13)	72	Thomas Andrews (U15)	64
	12:23	12:23	24:55	12:32	36:07	11:12
65 Calderglen H "A"	Daniel Mullen (U13)	82	Kyle Gatens (U15)	73	Jamie Ferguson (U17)	65
	14:09	14:09	25:03	10:54	36:13	11:10
66 Ron Hill Cambus "E"	Kriss Bready (U13)	80	Jordan Samson (U15)	75	Andrew Robertson (U17)	66
	13:19	13:19	26:00	12:41	36:19	10:19
67 George Heriots "A"	Sam Harrison (U13)	78	Daniel Sakovics (U13)	76	Ben McCullough-Young (U15)	67
	12:58	12:58	26:01	13:03	36:33	10:32
Kilbarchan AAC "G"	Matt Wild (U13)	65	David Claes (U15)	45		
	12:05	12:05	22:26	10:21		
Kilbarchan AAC "F"	Ross Heggie (U13)	64	Thomas McDonald (U15)	50		
	11:58	11:58	22:45	10:47		
JW Kilmarnock "F"	Luke McGill (U13)	58	Gregor Devoy (U15)	55		
	11:50	11:50	23:19	11:29		
Kilbarchan AAC "H"	Jack Baird (U13)	70	Callum Blair (U15)	59		
	12:31	12:31	23:41	11:10		
Clydesdale Harriers "B"	Greig Morison (U13)	75	Michael Pothan (U15)	62		
	12:46	12:46	23:51	11:05		
Kilbarchan AAC "J"	Scott Williams (U13)	68	Brett Wild (U15)	64		
	12:26	12:26	24:07	11:41		
Kilbarchan AAC "I"	Paul Johnstone (U13)	81	Graham Evans (U15)	66		
	13:31	13:31	24:15	10:44		
Gala Harriers "A"	Cameron Gowans (U13)	73	Dylan Howell (U13)	67		
	12:40	12:40	24:16	11:36		
Kirkintilloch Oly "D"	Jack Allan (U13)	40	Kyle McBride (U15)	74		
	11:15	11:15	25:11	13:56		
Corstorphine AAC "C"	Connor Johnston (U13)	76	Fergus McNab (U15)	77		
	12:52	12:52	26:32	13:40		
Moray Road Runners "A"	Moray Goodfellow (U13)	22				
	10:51	10:51				
Giffnock North "G"	Scott Chapman (U13)	51				
	11:35	11:35				
Inverclyde AC "C"	Greg Williams (U13)	57				
	11:48	11:48				
JW Kilmarnock "G"	Cory O'Hara (U13)	60				
	11:54	11:54				
Inverclyde AC "D"	Kyle McCabe (U13)	79				
	13:04	13:04				

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	Stage 1		Stage 2		Stage 3	
1 City of Glasgow "A"	Susan Finch	1 16:48	Kirsteen Young	2 33:04	Pamela Nicholson	1 49:07
		16:48		16:16		16:03
2 JW Kilmarnock "A"	Lindsay McMahon	4 16:57	Allison Simpson	1 32:45	Kara Tait (J)	2 50:46
		16:57		15:48		18:01
3 Giffnock North "A"	Sarah Phee (J)	15 17:42	Sara Stevenson	3 33:36	Ruth Joss (J)	3 51:09
		17:42		15:54		17:33
4 Central AC "A"	Fiona Thompson	10 17:17	Jennifer Emsley (J)	5 34:33	Ainsley Normand	4 51:12
		17:17		17:16		16:39
5 Edinburgh Southern H "A"	Roslyn Campbell (J)	48 19:15	Sarah Hood	17 36:23	Freya Murray	5 51:35
		19:15		17:08		15:12
6 Edinburgh Uni "A"	Jessica VanBinsbergen	20 17:51	Jennifer Barker	7 35:05	Anna Haw	6 51:59
		17:51		17:14		16:54
7 Central AC "B"	Alison Docherty	5 17:05	Claire Waterhouse	6 34:40	Sarah-Jane Pickett	7 52:06
		17:05		17:35		17:26
8 Kilbarchan AAC "A"	Kerry Lang	9 17:14	Elspeth Curran (J)	4 34:22	Hannah Waugh	8 52:16
		17:14		17:08		17:54
9 Falkirk Victoria H "A" (V)	Fiona Matheson	2 16:48	Caroline Lawless	8 35:11	Janette Stevenson	9 52:30
		16:48		18:23		17:19
10 Bellahouston RR "A"	Claire Thompson	13 17:37	Johanna Jefferies	11 35:40	Iona Robertson	10 52:42
		17:37		18:03		17:02
11 Dundee Hawkhill "A"	Heather Brookes (J)	25 18:06	Julia Orr (J)	10 35:28	Laura Brown (J)	11 53:44
		18:06		17:22		18:16
12 Carnegie H "B"	Nicola May	37 18:47	Kate McKinnon	16 36:18	Rosalyn Alexander	12 53:48
		18:47		17:31		17:30
13 Fife AC "A"	Sarah Cullen	6 17:08	Jennifer MacMaster	9 35:26	Louise Provan	13 53:51
		17:08		18:18		18:25
14 Lothian RC "A"	Kate Kitchin	40 19:01	Helen Murray	29 37:39	Edel Mooney	14 53:56
		19:01		18:38		16:17
15 Central AC "D" (V)	Hazel Dean	3 16:55	Andrina Buchanan	12 35:57	Jane Waterhouse	15 54:34
		16:55		19:02		18:37
16 Aberdeen AAC "A"	Rhona Buchan	30 18:19	Hilary Armitage (J)	25 37:25	Sonia Armitage	16 54:38
		18:19		19:06		17:13
17 Pitreavie AAC "A"	Sharon Lamont	23 18:02	Eilidh Child (J)	22 37:10	Jayne Clark	17 55:08
		18:02		19:08		17:58
18 Carnegie H "A" (V)	Fabienne Thompson	27 18:17	Gail Murdoch	32 37:56	Sarah Legge	18 55:20
		18:17		19:39		17:24
19 Gala Harriers "B"	Rachel Fagan	14 17:41	Gillian Duncan	19 36:52	Katy Anderson	19 55:22
		17:41		19:11		18:30
20 Garscube H "A" (V)	Moira Young	47 19:15	Mairi Stanley	21 37:08	Alison Winship	20 55:29
		19:15		17:53		18:21
21 Kilbarchan AAC "B"	Karen Yule	33 18:33	Nicola Fleming	23 37:15	Claire MacAulay (J)	21 55:33
		18:33		18:42		18:18
22 East Kilbride AAC "A"	Kelly Smith	19 17:49	Valerie Martin	20 37:01	Angela Martin	22 55:37
		17:49		19:12		18:36
23 Fife AC "B" (V)	Lorna Sibbett	12 17:32	Susan Thomson	15 36:16	Margaret McLaren	23 55:38
		17:32		18:44		19:22
24 Corstorphine AAC "A"	Megan Smith (J)	21 17:59	Gillian Cockerell	18 36:34	Laura Gibson	24 55:42
		17:59		18:35		19:08
25 Hunters Bog T "A"	Claire Ward	18 17:47	Isobel Knox	14 36:12	Deborah MacDonald	25 55:46
		17:47		18:25		19:34
26 Helensburgh AAC "A"	Michelle Hetherington	26 18:10	Jennifer Fitzgerald	34 38:19	Julia Henderson	26 56:10
		18:10		20:09		17:51
27 Gala Harriers "A" (V)	Fiona Dalglish	36 18:43	Melanie Goodson	27 37:31	Suzanne Carson	27 56:17
		18:43		18:48		18:46

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28 JW Kilmarnock "B"	Emma Mackie (J)	22	Laura Cairns	26	Paula Wilson	28
	18:01	18:01	37:29	19:28	56:35	19:06
29 Springburn Harriers "A"	Clare Gemmell	11	Julie Thomson	28	Wendy Gorman	29
	17:29	17:29	37:38	20:09	56:36	18:58
30 Motherwell AC "A"	Jessie Miller	16	Carol Munro	31	Joanne Clark	30
	17:44	17:44	37:53	20:09	56:43	18:50
31 City of Edinburgh "B" (V)	Joanne Whitehead	34	Sharyn Ramage	37	Marietta Vander Linden	31
	18:34	18:34	38:45	20:11	56:49	18:04
32 Bellahouston RR "C" (V)	Claire Wharton	31	Nicola Johnston	30	Sarah Dowling	32
	18:30	18:30	37:41	19:11	57:03	19:22
33 Garscube H "B"	Marion Kelly	45	Carole Gilmour	24	Kathryn Ellis	33
	19:13	19:13	37:25	18:12	57:24	19:59
34 City of Edinburgh "A"	Debra Murray	28	Catherine Ferry	13	Faye McManus	34
	18:18	18:18	36:06	17:48	57:28	21:22
35 East Kilbride AAC "B"	Joanne McEvoy	38	Gillian Anderson	42	Lauren Trevethan	35
	18:48	18:48	39:41	20:53	58:24	18:43
36 City of Glasgow "B"	Jacqueline Thomson	8	Helen Sweeney (J)	38	Kirsty Baird	36
	17:12	17:12	39:11	21:59	58:47	19:36
37 Dundee Hawkhill "B"	Kirsty Scott	54	Georgia Zissler	51	Lynsey Murray (J)	37
	19:50	19:50	40:48	20:58	59:16	18:28
38 Perth Road Runners "A" (V)	Clare Frulloni	65	Fiona Angus	53	Erni Hamilton	38
	21:31	21:31	41:02	19:31	59:32	18:30
39 Giffnock North "B"	Sally Smith	57	Maureen McVey	39	Anne Lee	39
	19:57	19:57	39:19	19:22	59:34	20:15
40 Garscube H "C"	Alison McCarn	46	Karen McIlvenna	45	Rachel Stevenson	40
	19:13	19:13	39:50	20:37	59:41	19:51
41 Calderglen H "A"	Louise Brown	32	Frances Maxwell	33	Mandy Cullie	41
	18:31	18:31	38:14	19:43	59:43	21:29
42 Kirkintilloch Oly "A" (V)	Karen Murray	56	Susan Addison	43	Aida Stewart	42
	19:53	19:53	39:43	19:50	59:54	20:11
43 Westerlands CCC "A" (V)	Jane Robertson	39	Pauline McAdam	48	Muffy Calder	43
	18:57	18:57	40:03	21:06	59:58	19:55
44 Dundee Road R "A" (V)	Morag Taggart	41	Gillian Hanlon	47	Denise Mellish	44
	19:02	19:02	39:54	20:52	1:00:20	20:26
45 Central AC "C"	Becky Wilson	55	Elinor Coombs	54	Stephanie Auge	45
	19:51	19:51	41:37	21:46	1:00:34	18:57
46 Irvine AC "A" (V)	Helen Morton	35	Mary Miller	46	Elizabeth McGarry	46
	18:37	18:37	39:52	21:15	1:01:08	21:16
47 Fife AC "C" (V)	Varry McCullough-Young	52	Jocelyn Scott	40	Fiona Walker	47
	19:33	19:33	39:27	19:54	1:01:10	21:43
48 Corstorphine AAC "B" (V)	Beverley Christy	42	Susan Waddell	49	Pauline Kell	48
	19:04	19:04	40:39	21:35	1:01:53	21:14
49 Hunters Bog T "B"	Janice Smith	66	Sandra Rathjen	60	Alison McNeillage	49
	21:36	21:36	42:44	21:08	1:02:27	19:43
50 Inverclyde AC "A"	Rhona Bushfield	7	Susanna Spence (J)	36	Kym Cameron (J)	50
	17:12	17:12	38:39	21:27	1:02:32	23:53
51 Lothian RC "B" (V)	Margaret Turnbull	62	Rosemary Ewing	55	Lorna Eades	51
	20:51	20:51	41:50	20:59	1:02:35	20:45
52 Greenock Glenpark "A"	Alison King	53	Fiona Cushnaghan	56	Elizabeth Forbes	52
	19:41	19:41	42:21	22:40	1:02:49	20:28
53 Gala Harriers "C"	Karen Haldane	59	Karen Renton	58	Nicola J. Meikle	53
	20:26	20:26	42:37	22:11	1:03:13	20:36
54 Bellahouston RR "B"	Helen Palmer	29	Kate Gray	50	Joanne Berry	54
	18:19	18:19	40:47	22:28	1:03:21	22:34

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55 Helensburgh AAC "B"	Debbie Savage	63	Emma Cummings	57	Janet Fellowes	55
	21:11	21:11	42:30	21:19	1:03:25	20:55
56 Bellahouston RR "D" (V)	Helen Lees	71	Jane Wild	63	Julia Harris	56
	22:29	22:29	43:40	21:11	1:03:55	20:15
57 Motherwell AC "B"	Elaine Jamieson	64	Rosemary Wilson	62	Phyllis Hands	57
	21:21	21:21	43:40	22:19	1:04:09	20:29
58 Fife AC "D"	Sandra Aitken	67	Claire Jarvis (J)	59	Innes Bracegirdle	58
	21:54	21:54	42:38	20:44	1:04:30	21:52
59 Kilbarchan AAC "D" (V)	Sallyann Ferguson	50	Wanda Phillips	61	Lorraine Sharp	59
	19:19	19:19	43:25	24:06	1:05:44	22:19
60 Kirkintilloch Oly "B" (V)	Mary Hendry	75	Shirley MacNab	65	Pamela Parker	60
	25:00	25:00	45:42	20:42	1:08:03	22:21
61 Corstorphine AAC "C"	Margaret McCaig	74	Jillian Hogg	67	Corrie Roberts	61
	23:16	23:16	46:21	23:05	1:08:20	21:59
62 Cumbernauld AAC "A"	Jennifer McQuary	73	Carla McLellan	69	Shelley Spencer	62
	23:01	23:01	48:59	25:58	1:10:54	21:55
63 Carnegie H "C"	Helena Sim	58	Laura Stewart	64	Mehrmaz Campbell	63
	20:08	20:08	43:48	23:40	1:11:14	27:26
64 Pitreavie AAC "B"	Kim Paterson (J)	68	Avril McQueen	68	Evelyn Turner	64
	22:00	22:00	46:50	24:50	1:11:30	24:40
Stirling Univ AC "A"	Fiona Ramsay (J)	60	Christine Bertram	35		
	20:32	20:32	38:21	17:49		
Falkirk Victoria H "B"	Michelle McCormick	44	Aisla Brown	41		
	19:10	19:10	39:39	20:29		
Kilbarchan AAC "C"	Claire McNicol (J)	51	Fiona McIntyre (J)	44		
	19:25	19:25	39:47	20:22		
Central AC "E"	Mary Kerr	61	Gillian Gilvear	52		
	20:40	20:40	40:59	20:19		
Lasswade AAC "A"	Lorna Rice	43	Johanne Turnbull	66		
	19:07	19:07	46:12	27:05		
Springburn Harriers "B"	Laura Douglas	17				
	17:45	17:45				
Pitreavie AAC "C"	Alison Whyte	24				
	18:02	18:02				
Strathclyde Uni "A"	Sarah Louise Johnson (J)	49				
	19:17	19:17				
Fife AC "E"	Kate Pether-Smith	69				
	22:16	22:16				
Helensburgh AAC "C"	Mary Connolly	70				
	22:19	22:19				
Calderglen H "B"	Mary Goldsmith	72				
	22:30	22:30				

Fastest Laps

1	Freya Murray - Edinburgh Southern H "A"	15:12
2	Allison Simpson - JW Kilmarnock "A"	15:48
3	Sara Stevenson - Giffnock North "A"	15:54
4	Pamela Nicholson - City of Glasgow "A"	16:03
5	Kirsteen Young - City of Glasgow "A"	16:16
6	Edel Mooney - Lothian RC "A"	16:17
7	Ainsley Normand - Central AC "A"	16:39
8	Susan Finch - City of Glasgow "A"	16:48
9	Fiona Matheson - Falkirk Victoria H "A" (V)	16:48
10	Anna Haw - Edinburgh Uni "A"	16:54
11	Hazel Dean - Central AC "D" (V)	16:55
12	Lindsay McMahon - JW Kilmarnock "A"	16:57

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	Stage 1		Stage 2		Stage 3		Stage 4	
1 Inverclyde AC "A"	Kevin Kane 13:58	6 13:58	Craig Ruddy (J) 27:37	3 13:39	Graeme Hyett 41:27	1 13:50	Mark Pollard 54:44	1 13:17
2 Central AC "A"	Michael Gillespie (J) 13:39	2 13:39	Alastair Hay 27:11	1 13:32	Kyle Cowie (J) 41:32	2 14:21	Robert Russell 55:08	2 13:36
3 Hunters Bog T "A"	Murray Strain 13:34	1 13:34	Ray Ward 27:30	2 13:56	Alistair Hart 41:52	4 14:22	Steven Cairns 55:32	3 13:40
4 Ron Hill Cambus "A"	Ian Munro 14:18	15 14:18	Iain MacCorquodale 28:01	7 13:43	Jamie Reid 41:57	5 13:56	Stephen Wylie 55:43	4 13:46
5 City of Edinburgh "A"	Mark Mitchell (J) 14:06	9 14:06	Kris Gauson (J) 27:44	4 13:38	Grant Stewart 41:47	3 14:03	Yoann Colombet 56:10	5 14:23
6 Kilbarchan AAC "A"	Derek Hawkins (J) 13:43	3 13:43	Calum Morrison 27:59	6 14:16	Conor McNulty (J) 42:23	6 14:24	Chris Devenney (J) 56:50	6 14:27
7 Ron Hill Cambus "B"	Iain Reid 14:16	13 14:16	Andrew Wright 28:23	10 14:07	Joseph Kealey 42:38	8 14:15	Alan MacPherson 56:51	7 14:13
8 Shettleston Harriers "A"	Paul Sorrie 13:52	4 13:52	Kenneth McCoy 27:58	5 14:06	Stephen Matthews 42:34	7 14:36	Stuart Greenway (J) 57:08	8 14:34
9 Pitreavie AAC "A"	Paul McCloskey 14:55	27 14:55	John Newsom 28:14	9 13:19	Kenny Anderson 43:02	10 14:48	Alasdair Donaldson 57:13	9 14:11
10 Corstorphine AAC "A"	Moray Anderson 13:59	7 13:59	Douglas Selman (J) 28:05	8 14:06	Calum McKenzie (J) 42:59	9 14:54	Tom Ferrington 57:47	10 14:48
11 Ron Hill Cambus "C" (V)	John Brown 14:09	11 14:09	Ross Arbuckle 29:00	14 14:51	Stephen McGrory 43:54	12 14:54	Greg Hastie 58:35	11 14:41
12 Central AC "B"	Ross Houston 14:13	12 14:13	Lewis Millar 28:56	13 14:43	Michael Wright (J) 43:47	11 14:51	Murray MacLarty (J) 58:41	12 14:54
13 Kilbarchan AAC "B" (V)	James Snodgrass 14:35	20 14:35	Thomas Hearle 28:49	11 14:14	Ian MacDougall 43:55	13 15:06	Robert Quinn 59:03	13 15:08
14 City of Edinburgh "D"	Darren Steel (J) 15:06	34 15:06	Chris Black (J) 30:07	23 15:01	Jonathan Henderson 44:45	16 14:38	Keith Dunlop 59:24	14 14:39
15 City of Edinburgh "B" (V)	Robert Riddell 15:36	52 15:36	Neil Thin 30:11	26 14:35	Sean Wilkinson 44:56	18 14:45	Roger Alsop 59:44	15 14:48
16 Lothian RC "A"	Ross Milne 14:06	10 14:06	Murray Robertson 29:41	19 15:35	Richard Docherty 45:53	26 16:12	Iain Donnan 59:47	16 13:54
17 Falkirk Victoria H "A"	Alasdair Stewart 14:22	17 14:22	Gary Smith (J) 29:37	18 15:15	Kerr Johnstone 44:36	14 14:59	Andrew Ronald 59:51	17 15:15
18 Carnegie H "A" (V)	Thomas Lawrence 14:26	18 14:26	Ian Stewart 29:17	15 14:51	Mike Harvey 44:54	17 15:37	Lewis Lawson 59:59	18 15:05
19 Shettleston Harriers "B" (V)	Robert Soutar 15:23	39 15:23	Andy Little 29:31	17 14:08	Malcolm Patterson 45:03	20 15:32	Desmond Crowe 1:00:07	19 15:04
20 Edinburgh Uni "A"	Iain Clark (J) 14:49	24 14:49	Matthew Sutherland (J) 30:10	25 15:21	Robert Kerr (J) 45:13	22 15:03	Benedict Cole 1:00:09	20 14:56
21 Fife AC "A" (V)	Christopher Russell 14:18	16 14:18	David Weir 29:27	16 15:09	John Thomson 44:43	15 15:16	Terry Mitchell 1:00:17	21 15:34
22 Law & District "A"	Stephen Allen 15:08	35 15:08	James MacDonald 30:17	27 15:09	Alaister Russell 44:57	19 14:40	Mark Hand 1:00:22	22 15:25
23 Aberdeen AAC "A"	Mark Haskett (J) 13:56	5 13:56	Darren Shinnie (J) 28:51	12 14:55	Robert Thornhill 45:07	21 16:16	Alex Thoires (J) 1:00:47	23 15:40
24 Giffnock North "A"	David Phee (J) 14:18	14 14:18	Neil Deerey 30:06	22 15:48	Norman Galbraith (J) 45:52	25 15:46	Douglas Rathey (J) 1:01:32	24 15:40
25 Springburn Harriers "A"	John Bell 15:00	30 15:00	Andrew Callan 30:41	34 15:41	Brian Mackie 45:47	24 15:06	Damian McAuley 1:01:33	25 15:46
26 Corstorphine AAC "B"	Chris O'Brien 15:33	49 15:33	Bryan Clark 30:39	33 15:06	Scott Pilkington 46:25	30 15:46	Ewan Stark 1:01:53	26 15:28
27 Central AC "C"	Gavin Hogarth 15:00	31 15:00	Philip Williams 30:09	24 15:09	Alan Hume 46:02	27 15:53	David Lindsay 1:02:03	27 16:01
28 Glasgow Uni "A"	Angus McLachlan 15:23	40 15:23	Rory Scott 31:24	45 16:01	John Pearman 47:43	39 16:19	Andrew Douglas (J) 1:02:08	28 14:25
29 Carnegie H "B"	John Lambie 15:05	33 15:05	Kevin Mathie (J) 31:27	48 16:22	Iain Taylor 47:06	33 15:39	Chris Robison 1:02:13	29 15:07
30 Irvine AC "B" (V)	George Irving 14:51	25 14:51	Brian Craig 30:55	37 16:04	Colin Miller 46:09	28 15:14	Ian Berryman 1:02:42	30 16:33
31 Bellahouston RR "A"	David Tamburini 14:45	23 14:45	Alasdair McLeod 30:24	29 15:39	Scott Kennedy 47:25	36 17:01	Colin McGill 1:03:06	31 15:41
32 Fife AC "C"	Bryce Aitken 15:36	53 15:36	Gary Pirie 31:22	43 15:46	David Adam 46:55	32 15:33	Bill Smith 1:03:19	32 16:24
33 Kirkintilloch Oly "A" (V)	David Gardiner 14:05	8 14:05	Alistair Allan 29:41	20 15:36	Robert Rogerson 46:19	29 16:38	Stuart Kerr 1:03:22	33 17:03

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34 Kilbarchan AAC "D"	Thomas Anderson	43	Nicholas Moore (J)	21	John McMillan	23	Fraser Williams (J)	34
	15:25	15:25	30:01	14:36	45:38	15:37	1:03:38	18:00
35 Edinburgh Uni "B"	Matthew Donnery	47	Rupert Nash	54	William Bailey	49	Nicolas Hanson	35
	15:31	15:31	32:03	16:32	48:37	16:34	1:03:50	15:13
36 Ron Hill Cambus "D" (V)	Benny McLaughlin	26	Bernard Gough	49	David Dymond	34	Michael O'Hagan	36
	14:53	14:53	31:32	16:39	47:18	15:46	1:03:52	16:34
37 Falkirk Victoria H "B"	Alexander Davidson	37	Colin McCluskie (J)	30	Stephen Moore	31	John Martin	37
	15:14	15:14	30:25	15:11	46:49	16:24	1:03:55	17:06
38 Victoria Park AAC "A"	Martin Hayes (J)	22	Gerard Craig	41	Charles Murray	40	Vernon Phoenix	38
	14:43	14:43	31:10	16:27	47:49	16:39	1:04:06	16:17
39 Shettleston Harriers "C"	Marc McColl	46	Martin Graham	32	John Duffy	37	Allan Sneddon	39
	15:31	15:31	30:38	15:07	47:37	16:59	1:04:19	16:42
40 Fife AC "B"	Alex Jones (J)	36	Daniel MacQueen	35	Philip Salter (J)	35	Tom Scott	40
	15:10	15:10	30:44	15:34	47:21	16:37	1:04:28	17:07
41 Inverclyde AC "B"	Sean Gaffney (J)	45	Thomas Jamieson	46	Robert Shaw	51	Gerard Gaffney	41
	15:27	15:27	31:24	15:57	48:43	17:19	1:04:39	15:56
42 Irvine AC "A"	Francis Napier	38	Douglas Con	58	Stephen Daye (J)	38	Joseph McNamee	42
	15:20	15:20	32:15	16:55	47:41	15:26	1:04:51	17:10
43 Clydesdale Harriers "A" (V)	James Austin	21	Michael Diver	31	Brian Campbell	46	Augustine Cairney	43
	14:40	14:40	30:27	15:47	48:15	17:48	1:04:54	16:39
44 Dundee Hawkhill "A" (V)	Alistair McDonald	72	John Castle	56	Brian Cook	52	Stephen Mason	44
	16:50	16:50	32:07	15:17	48:46	16:39	1:05:08	16:22
45 City of Edinburgh "C" (V)	Adam Ward	32	Garry Robertson	38	Richard Hope	43	Brian Howie	45
	15:02	15:02	30:57	15:55	48:03	17:06	1:05:17	17:14
46 Bellahouston RR "B"	Alastair MacLachlan	74	Alex Mcindoe	65	Nick Reid	56	Ken Macmahon	46
	16:56	16:56	33:15	16:19	49:09	15:54	1:05:18	16:09
47 Pitreavie AAC "B" (V)	Jeff Farquhar	61	Nigel Cunningham	40	Archibald Duncan	44	Stephen Skene	47
	15:56	15:56	31:08	15:12	48:12	17:04	1:05:33	17:21
48 Metro Aberdeen "B"	Darren Kinsella	28	Andrew Reid	44	Bjoern Reiss	42	William Reid	48
	14:56	14:56	31:23	16:27	47:55	16:32	1:05:38	17:43
49 Corstorphine AAC "D" (V)	Grant Wilkie	58	David Law	50	Martin Caldwell	47	Graeme Gow	49
	15:52	15:52	31:36	15:44	48:21	16:45	1:05:43	17:22
50 JW Kilmarnock "A"	Iain Connell	41	Steven McNeil (J)	36	Graham Cairns	41	Colin Martin	50
	15:25	15:25	30:54	15:29	47:54	17:00	1:05:55	18:01
51 Calderglen H "A"	Stuart Gibson	44	Alan Cullie	52	Jamie McMonagle	50	Edward Reid	51
	15:27	15:27	31:47	16:20	48:40	16:53	1:05:58	17:18
52 Gala Harriers "A"	Graeme Murdoch	50	Euan Jardine	28	Ewan Lindores (J)	48	Anthony Lunn	52
	15:33	15:33	30:22	14:49	48:34	18:12	1:05:59	17:25
53 Motherwell AC "A"	Benjamin Hands	51	Brian McLinden	53	John Hughes	54	Graham Hawkins	53
	15:36	15:36	32:00	16:24	48:55	16:55	1:06:04	17:09
54 Ron Hill Cambus "E"	Ryan Dickson (J)	29	John McPake	55	Scott Hunter	53	Craig Ramsay	54
	15:00	15:00	32:05	17:05	48:54	16:49	1:06:08	17:14
55 Ferranti AAC "A"	Walter Fairmie	78	Adam Priestley	47	Neil Jones	57	Trevor Ridley	55
	17:06	17:06	31:25	14:19	49:20	17:55	1:06:11	16:51
56 Giffnock North "B"	Derek Breen	64	George Taylor	59	Derren Thomson	55	James Galbraith	56
	16:23	16:23	32:30	16:07	48:59	16:29	1:06:18	17:19
57 Perth Road Runners "A" (V)	Derek Phillips	69	Stephen Ferguson	75	Martin Ryan	68	David Knight	57
	16:44	16:44	34:36	17:52	51:25	16:49	1:06:20	14:55
58 Dundee Hawkhill "B"	David Mitchell	83	David Hanlon	73	Neil Gunstone	59	Stuart Kerr	58
	17:19	17:19	34:12	16:53	49:30	15:18	1:06:30	17:00
59 Teviotdale Harriers "A"	Darrell Hastie	19	Bill Knox	62	Wayne McIntosh	45	Alan Coltman	59
	14:33	14:33	32:47	18:14	48:14	15:27	1:06:47	18:33
60 Central AC "E" (V)	Alex Milne	54	Stuart Watson	68	Gordon Adam	62	Liam McCabe	60
	15:40	15:40	33:36	17:56	50:04	16:28	1:07:15	17:11
61 Irvine AC "C"	John Moore	66	James Sneddon	72	Alex Allardyce	61	Andrew Rennie	61
	16:33	16:33	34:08	17:35	49:59	15:51	1:07:42	17:43
62 Helensburgh AAC "A" (V)	Erwin Losekoot	76	Ross McInroy	81	Damien Theaker	66	Paul Thompson	62
	17:04	17:04	34:54	17:50	51:18	16:24	1:07:47	16:29
63 Ayr Seaforth "A"	Laurence Baker	55	Donny Campbell	63	Kevan Fulton	64	Connell Drummond	63
	15:47	15:47	32:49	17:02	50:25	17:36	1:07:56	17:31
64 Kirkintilloch Oly "B"	Edward McLoone	57	Martin Hamilton	57	Gary Mitchell	58	Neil McCover	64
	15:52	15:52	32:13	16:21	49:25	17:12	1:08:02	18:37
65 Central AC "D"	Ian McDonald	93	Jamie McDonald	71	Martin Crawford	65	Philip Sweeney	65
	17:54	17:54	34:00	16:06	50:42	16:42	1:08:03	17:21
66 East Kilbride AAC "A"	Alan Mitchell	67	Graeme Haddow	67	Edgar Ramage	73	David J. Condra	66
	16:37	16:37	33:26	16:49	52:34	19:08	1:08:33	15:59
67 Greenock Glenpark "A"	Michael McLoone Jnr (J)	42	Andrew McCall	61	Kenneth Scott	63	Richard Hodelet	67
	15:25	15:25	32:43	17:18	50:15	17:32	1:08:45	18:30

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68 City of Edinburgh "E"	R Moore	60	Martin Sneddon	69	Keith Lyall	69	J Agnew	68
	15:55	15:55	33:45	17:50	51:50	18:05	1:08:52	17:02
69 Lothian RC "B"	Harry Mulholland	79	Alan McIntosh	70	Brian Welsh	67	Darren Thomson (J)	69
	17:09	17:09	33:50	16:41	51:20	17:30	1:09:34	18:14
70 JW Kilmarnock "B"	David Mitchell	86	Leslie McDerment	85	Jim Goldie	78	Ryan Kennedy (J)	70
	17:31	17:31	35:21	17:50	53:40	18:19	1:09:40	16:00
71 Westerlands CCC "A"	Hamilton Semple	101	David Calder	86	Fraser Dalziel	80	John Donnelly	71
	18:39	18:39	35:36	16:57	54:19	18:43	1:10:10	15:51
72 Garscube H "A" (V)	Jim McAneny	80	Euan Mackay	66	Stephen Cullen	70	James Taylor	72
	17:09	17:09	33:21	16:12	52:11	18:50	1:10:11	18:00
73 Calderglen H "B"	Kenneth Davidson	68	Scot Hill	74	George Stewart	71	Jim Holmes	73
	16:42	16:42	34:21	17:39	52:17	17:56	1:10:24	18:07
74 Shettleston Harriers "D"	Mark McKelvie (J)	70	Mark McKenny (J)	83	Andrew McIntyre	74	Kenneth McClean	74
	16:44	16:44	35:12	18:28	52:49	17:37	1:10:33	17:44
75 Corstorphine AAC "C"	Scott Bisset	48	Dean Carr	60	Alex Cumming	60	John O'Hara	75
	15:33	15:33	32:34	17:01	49:57	17:23	1:10:56	20:59
76 Hunters Bog T "B"	Ian Campbell	102	Norman Weir	104	James Williamson	86	Craig McBurney	76
	18:41	18:41	39:24	20:43	55:35	16:11	1:11:12	15:37
77 Kilbarchan AAC "C" (V)	Donald Petrie	59	Steven Hards	64	Jason Pender	72	James McMillan	77
	15:52	15:52	33:10	17:18	52:26	19:16	1:11:15	18:49
78 Central AC "F" (V)	Hugh Buchanan	77	Robert Hutchison	77	Cameron Campbell	75	Roger Greenaway	78
	17:05	17:05	34:42	17:37	52:57	18:15	1:12:00	19:03
79 Fife AC "E"	Ian Poolman	85	Nigel Fowler	78	Steven Pennycook	79	Colin Brown	79
	17:29	17:29	34:46	17:17	54:02	19:16	1:12:21	18:19
80 Carnegie H "C" (V)	Alexander Nicol	94	George Murdoch	88	Robbie McKenzie	76	Tommy Lawlor	80
	17:56	17:56	35:52	17:56	53:17	17:25	1:12:45	19:28
81 Gala Harriers "B" (V)	Robin Murray	96	Will McDermott	97	Malcolm Gowans	89	Alan Goodson	81
	18:09	18:09	37:20	19:11	55:50	18:30	1:12:48	16:58
82 Giffnock North "C"	Gerard McNamee	84	Marc Roper	89	David Logan	83	Alan Stewart	82
	17:22	17:22	35:57	18:35	54:39	18:42	1:14:07	19:28
83 Fife AC "F" (V)	Douglas Robertson	87	Douglas Gunstone	91	Ronnie Morrison	91	Frank McLaren	83
	17:34	17:34	36:13	18:39	56:32	20:19	1:14:08	17:36
84 Garscube H "B"	Kenneth Macanna	97	Paul Goddard	93	John Dryden	90	Andrew Griffiths	84
	18:10	18:10	36:42	18:32	56:08	19:26	1:14:09	18:01
85 Inverclyde AC "C"	Jude Boulton	82	Robert Gray	80	Damien Mallet	77	George Hegarty	85
	17:15	17:15	34:54	17:39	53:19	18:25	1:14:24	21:05
86 Calderglen H "C"	Ian Rae	92	Graham Allan	94	David Herbertson	87	Graham Lindsay	86
	17:44	17:44	36:43	18:59	55:37	18:54	1:14:29	18:52
87 Carnegie H "D"	Steven King	71	Neil Campbell	87	Ryan McKenzie	85	Stephen Greer	87
	16:49	16:49	35:42	18:53	55:33	19:51	1:15:09	19:36
88 Bellahouston RR "C"	Stewart Robertson	81	John Milligan	99	Douglas MacGregor	95	Liam Conway	88
	17:13	17:13	37:50	20:37	57:34	19:44	1:15:21	17:47
89 Motherwell AC "B"	James Tracey	91	Nicholas Hughes	95	Donald McCaffer	92	James Riley	89
	17:44	17:44	36:57	19:13	56:54	19:57	1:15:50	18:56
90 Pitreavie AAC "C"	Barry Davie	89	Barry McCleery	92	Kevin Davie	93	Roy Buchanan	90
	17:38	17:38	36:22	18:44	56:59	20:37	1:17:22	20:23
91 Central AC "G" (V)	John Millar	107	Alan Gall	102	George McHardy	96	Philip Hendry	91
	19:23	19:23	39:01	19:38	58:41	19:40	1:18:27	19:46
92 Greenock Glenpark "B"	Thomas Knight	106	Duncan MacNeill	100	Robert Wilson	97	John Kerr	92
	19:11	19:11	38:21	19:10	59:01	20:40	1:21:35	22:34
93 Fife AC "G" (V)	Alan Meiklejohn	88	Sandy Cruickshank	105	Graham Bennison	99	Andrew Barker	93
	17:37	17:37	39:39	22:02	1:02:10	22:31	1:22:44	20:34
94 Westerlands CCC "B"	Jason Kaushal	104	Graeme Orr	101	Ian Struthers	98	Andrew Turnbull	94
	18:43	18:43	38:38	19:55	1:00:27	21:49	1:24:02	23:35
City of Edinburgh "F"	Eric Stevenson	108	Alex MacEwen	90	Ryan O'Hare (J)	81		
	20:00	20:00	36:03	16:03	54:25	18:22		
Clydesdale Harriers "B" (V)	Colin Gray	99	John Foley	103	John Kinsella	82		
	18:32	18:32	39:06	20:34	54:26	15:20		
Wee County H "A"	Barry Sturrock	73	Martin Quinn	79	Stuart Aitken	84		
	16:52	16:52	34:47	17:55	54:57	20:10		
Kilbarchan AAC "E"	Michael Finlay	63	Andrew Clugston	84	Robert Allison	88		
	16:14	16:14	35:19	19:05	55:41	20:22		
Kirkintilloch Oly "C" (V)	Terry Addison	95	Christopher Craig	98	Jim McLoone	94		
	18:01	18:01	37:37	19:36	57:08	19:31		
Lothian RC "C"	Jim Salvage	112	Mark Kassyk	106	Graeme Ackland	100		
	20:32	20:32	39:51	19:19	1:02:34	22:43		
Calderglen H "D"	Russell Couper	111	Charles Steven	107	Malcolm Buchanan	101		
	20:18	20:18	41:51	21:33	1:03:47	21:56		

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Stirling Univ AC "A"	Colin Dalziel (J)	56	Iain Whittaker	39
	15:48	15:48	31:07	15:19
Strathclyde Uni "A"	Jamie Frame	62	Michael McKean (J)	42
	16:05	16:05	31:21	15:16
Lasswade AAC "A"	Ross Finlayson (J)	65	Daryl Philip	51
	16:26	16:26	31:40	15:14
Carnegie H "E"	Allan Wilson	103	Duncan McGougan	76
	18:42	18:42	34:39	15:57
Ron Hill Cambus "F"	Alexander Eaglesham	75	David Fairweather	82
	17:01	17:01	35:07	18:06
Victoria Park AAC "B"	Alan Hamilton	100	Kenneth McVey	96
	18:38	18:38	37:01	18:23
Ferranti AAC "B"	John Gavin	114	Edward McDonald	108
	21:45	21:45	41:56	20:11
Falkirk Victoria H "C"	David Robertson	90		
	17:41	17:41		
Inverclyde AC "D"	John Smillie	98		
	18:20	18:20		
Teviotdale Harriers "B"	Alister Biggar	105		
	18:54	18:54		
Pitreavie AAC "D"	Alex Keenan	109		
	20:10	20:10		
East Kilbride AAC "B"	Michael Browne	110		
	20:12	20:12		
Irvine AC "D"	James White	113		
	21:13	21:13		
Garscube H "C"	Dermot Williamson	115		
	22:17	22:17		
Fife AC "H"	Martin Hutson	116		
	23:39	23:39		

Fastest Laps

1	Mark Pollard - Inverclyde AC "A"	13:17
2	John Newsom - Pitreavie AAC "A"	13:19
3	Alastair Hay - Central AC "A"	13:32
4	Murray Strain - Hunters Bog T "A"	13:34
5	Robert Russell - Central AC "A"	13:36
6	Kris Gauson (J) - City of Edinburgh "A"	13:38
7	Michael Gillespie (J) - Central AC "A"	13:39
8	Craig Ruddy (J) - Inverclyde AC "A"	13:39
9	Steven Cairns - Hunters Bog T "A"	13:40
10	Derek Hawkins (J) - Kilbarchan AAC "A"	13:43
11	Iain MacCorquodale - Ron Hill Cambus "A"	13:43
12	Stephen Wylie - Ron Hill Cambus "A"	13:46
13	Graeme Hyett - Inverclyde AC "A"	13:50
14	Paul Sorrie - Shettleston Harriers "A"	13:52
15	Iain Donnan - Lothian RC "A"	13:54
16	Ray Ward - Hunters Bog T "A"	13:56
17	Mark Haskett (J) - Aberdeen AAC "A"	13:56
18	Jamie Reid - Ron Hill Cambus "A"	13:56
19	Kevin Kane - Inverclyde AC "A"	13:58
20	Moray Anderson - Corstorphine AAC "A"	13:59
21	Grant Stewart - City of Edinburgh "A"	14:03
22	David Gardiner - Kirkintilloch Oly "A" (V)	14:05
23	Kenneth McCoy - Shettleston Harriers "A"	14:06
24	Mark Mitchell (J) - City of Edinburgh "A"	14:06
25	Ross Milne - Lothian RC "A"	14:06
26	Douglas Selman (J) - Corstorphine AAC "A"	14:06
27	Andrew Wright - Ron Hill Cambus "B"	14:07
28	Andy Little - Shettleston Harriers "B" (V)	14:08
29	John Brown - Ron Hill Cambus "C" (V)	14:09
30	Alasdair Donaldson - Pitreavie AAC "A"	14:11