

SAIL 8 January 2006

Morning Results

Boys

Under 11 Boys 60m				Under 11 Boys 600m			
No	Name	Club	Perf	No	Name	Club	Perf
			A String				*A* String
19	S Thistleton	Victoria Park	9.61	20	C Whyteside	Whitemoss	2.02.0
17	C Taylor	Shettleston	9.84	6	F Rathey	Giffnock North	2.03.7
4	S Marshall	Cumbernauld	9.94	19	F Barbour	Victoria Park	2.07.1
9	L McGill	Girvan	9.95	10	R Kennedy	Helensburgh	2.07.2
21	G Steven	Whitemoss *B*	10.25	7	David Tolland	Giffnock North *B*	2.10.7
13	C Atkinson	Linlithgow	10.36	21	S Murphy	Whitemoss *B*	2.14.5
3	K Whyte	Clydesdale	10.36	13	C Atkinson	Linlithgow	2.21.5
14	E McCormach	Livingston	10.39	17	C Taylor	Shettleston	2.24.9
6	L Fossett	Giffnock North	10.55			*B*String	
18	R Graham	Stewartry	10.57	120	J Holmes	Whitemoss	2.08.5
10	R Kennedy	Helensburgh	10.61	119	Robbie Pollock	Victoria Park	2.09.4
20	J McGregor	Whitemoss	10.74	106	M McQueen	Giffnock North	2.12.1
7	L Higgins	Giffnock North *B*	11.08	107	C McWilliam	Giffnock North *B*	2.16.4
16	G Loudon	Musselburgh	11.37	113	M Currie	Linlithgow	dnf
			B String			Standing Long Jump *A*	
119	D Martin	Victoria Park	9.55	20	C Whyteside	Whitemoss	1.82
113	A McConnell	Linlithgow	10.39	19	S Thistleton	Victoria Park	1.82
106	B Williamson	Giffnock North	10.74	13	M Currie	Linlithgow	1.78
120	A Ravenscroft	Whitemoss	11.15	6	F Rathey	Giffnock North	1.74
121	J Herd	Whitemoss *B*	11.21	9	L McGill	Girvan	1.68
			Standing Long Jump *B*	3	K White	Clydesdale	1.68
119	R Pollock	Victoria Park	1.76	4	S Marshall	Cumbernauld	1.66
107	C McWilliam	Giffnock North *B*	1.74	18	R Graham	Stewartry	1.62
113	A McConnell	Linlithgow	1.64	14	E McCormach	Livingston	1.50
120	A Ravenscroft	Whitemoss	1.62	7	D Tolland	Giffnock North *B*	1.42
121	J Holmes	Whitemoss *B*	1.40	21	G Steven	Whitemoss *B*	1.26
106	M McQueen	Giffnock North	1.40				

Under 13 Boys**60m**

15	L Gibb	Motherwell	8.64
6	G Williamson	Giffnock North	9.04
20	R McGill	Whitemoss	9.22
14	M Thomson	Livingston	9.37
13	A Cairns	Linlithgow	9.64
21	M Cassidy	Whitemoss *B*	9.67
3	G Whyte	Clydesdale	9.81
18	R Fenwick	Stewartry	9.83
9	C Gracie	Girvan	9.91
1	S Cullie	Ayr Seaforth	9.95
19	P McFarlane	Victoria Park	10.26
16	A Loudon	Musselburgh	10.70
109	J McTaggart	Girvan	11.81

60m Hurdles

6	G Williamson	Giffnock North	12.05
9	A Murphy	Girvan	12.34
1	L Cater	Ayr Seaforth	12.48
20	R McGill	Whitemoss *B*	12.54
7	D Hollinshead	Giffnock North *B*	12.62
19	A Mills	Victoria Park	12.68
3	G Whyte	Clydesdale	13.14
21	K Sheridan	Whitemoss *B*	13.41

200m

6	L McSweeney	Giffnock North	29.9
20	P O'Neil	Whitemoss	31.4
1	A Johnston	Ayr Seaforth	32.5
21	M Cassidy	Whitemoss *B*	32.6
15	S Dickson	Motherwell	33.0
18	R Fenwick	Stewartry	33.4
19	L Wilson	Victoria Park	33.8
13	R Paterson	Linlithgow	33.9
9	C Gracie	Girvan	34.1

Under 15 Boys**60m**

6	R McLarty	Giffnock North	7.95
19	J Craig	Victoria Park	8.03
1	S Currie	Ayr Seaforth	8.05
3	L Heath	Clydesdale	8.23
17	C Nicholl	Shettleston	8.54
20	J Robertson	Whitemoss	8.59
14	S Matheson	Livingston	8.91
117	G McAveety	Shettleston	9.03
16	P Loudon	Musselburgh	9.12
7	B Lochhead	Giffnock North *B*	9.35
13	D Wright	Linlithgow	9.67
10	R Gladden	Helensburgh	9.73
22	J Henry	Whitemoss *C*	9.79
21	J Shaw	Whitemoss *B*	9.97
9	J Galliford	Girvan	10.06

800m

7	M Lott	Giffnock North *B*	2.35.6
19	M Aitchieson	Victoria Park	2.36.5
1	F Rae	Ayr Seaforth	2.39.9
6	S Nimmo	Giffnock North	2.41.5
18	R fenwick	Stewartry	2.46.8
9	S Rowney	Girvan	2.48.3
106	S Hall	Giffnock North	2.48.7
20	E Walker	Whitemoss *B*	2.50.7
3	T Dolan	Clydesdale	3.01.3
13	G Durrant	Linlithgow	3.27.7

High Jump

6	M Kerr	Giffnock North	1.35
1	L Cater	Ayr Seaforth	1.30
9	A Murphy	Girvan	1.30
14	M Thomson	Livingston	1.20
20	P McNeill	Whitemoss	1.20
21	K Sheridan	Whitemoss *B*	1.10
19	S Andrew	Victoria Park	1.10
13	R Paterson	Linlithgow	1.05

Long Jump

9	A Murphy	Girvan	3.92
6	N lawson	Giffnock North	3.78
20	S Gormley	Whitemoss	3.72
1	A Johnston	Ayr Seaforth	3.65
7	M Lott	Giffnock North *B*	3.54
19	P McFarlane	Victoria Park	3.34
13	S Mitchell	Linlithgow	3.05
21	F Reid	Whitemoss *B*	2.69

Shot Put

15	D McCrum	Motherwell	7.25
3	G Meldrum	Clydesdale	5.58
1	J Gaffney	Ayr Seaforth	5.32
7	D Hollinshead	Giffnock North *B*	5.20
6	M Kerr	Giffnock North	5.10
9	F Rowney	Girvan	4.58
13	S Mitchell	Linlithgow	4.43
20	S Gormley	Whitemoss	4.43
19	A Mills	Victoria Park	4.17
16	A Loudon	Musselburgh	3.60
21	F Reid	Whitemoss *B*	2.53

Under 15 Boys High Jump

1	C McKay	Ayr Seaforth	1.51
6	A Russell	Giffnock North	1.40
13	D Wright	Linlithgow	1.30
19	G Murty	Victoria Park	1.25
21	J Shaw	Whitemoss *B*	1.20
20	R McCord	Whitemoss	1.15

Under 15 Boys**60m Hurdles**

19	M Gray	Victoria Park	17.84
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200m

6	M Cumming	Giffnock North	26.1
19	J Burn-Leitch	Victoria Park	26.4
3	L Heath	Clydesdale	26.5
13	M McConnell	Linlithgow	28.4
106	A McCallum	Giffnock North	28.4
20	G Masson	Whitemoss	29.5
10	D Theaker	Helensburgh	29.6
14	S Matheson	Motherwell	29.9
21	J Lindsay	Whitemoss *B*	32.6
7	A Urquhart	Giffnock North	32.8
22	K Burnie	Whitemoss *C*	34.2
9	J Galliford	Girvan	35.2
17	G McAveety	Shettleston G60m	disq

400m

6	K Love	Giffnock North	58.4
20	R Ward	Whitemoss	66.2
3	P Bowman	Clydesdale	67.6
19	G Murty	Victoria Park	69.5
10	T Rettie	Helensburgh	76.1
13	J Martin	Linlithgow	76.9

800m

19	M Gray	Victoria Park	2.23.6
3	P Bowman	Clydesdale	2.33.4
6	E McCallum	Giffnock North	2.36.8
7	P Bainbridge	Giffnock North *B*	2.38.9
1	A Rae	Ayr Seaforth	2.39.9
20	R McCord	Whitemoss	2.41.5
2	T Andrews	Ayr Seaforth	2.44.8
16	P Loudon	Musselburgh	2.56.4
13	F Smith	Linlithgow	3.05.4

Under 17 Men**60m**

6	S Nesbit	Giffnock North	7.53
3	J Farrell	Clydesdale	7.66
20	R Holmes	Whitemoss	7.68
118	C Crothers	Stewartry	7.74
15	C McCrum	Motherwell	7.88
18	J Prentice	Stewartry	8.00
17	A MacLean	Shettleston	8.05
19	L Menzies	Victoria Park	8.09
14	D Nicholl	Livingston	8.13
16	C McGeady	Musselburgh	8.55

60m Hurdles

19	C Innes	Victoria Park	9.07
16	F Thomson	Musselburgh	9.34
14	J McOmish	Livingston	13.12

Long Jump

17	C Nicholl	Shettleston	4.98
20	J Robertson	Whitemoss	4.38
6	E McCallum	Giffnock North	4.35
1	S Morrison	Ayr Seaforth	4.27
14	S Mathieson	Livingston	4.23
10	D Theaker	Helensburgh	4.03
19	J Craig	Victoria Park	3.97
2	T Andrews	Ayr Seaforth	3.88
13	R Lowther	Linlithgow	3.75
16	P Loudon	Musselburgh	3.72
7	S Gillespie	Giffnock North *B*	3.69
21	G Lindsay	Whitemoss *B*	3.58
9	J Galliford	Girvan	3.32
3	P Bowman	Clydesdale	2.23

Shot Put

3	S Griffin	Clydesdale	8.32
17	C Nicholl	Shettleston	7.96
1	C McKay	Ayr Seaforth	7.62
6	E McCallum	Giffnock North	7.61
7	A McCallum	Giffnock North *B*	6.97
20	J Robertson	Whitemoss	6.54
19	G Murty	Victoria Park	5.51
13	G McCluskie	Linlithgow	4.97
10	R Gladden	Helensburgh	4.94
21	G Lindsay	Whitemoss *B*	4.88
22	J Hendry	Whitemoss *C*	4.65

Under 17 Men**800m**

6	S Gray	Giffnock North	2.12.4
20	R Grant	Whitemoss	2.16.3
1	A Oliver	Ayr Seaforth	2.18.0
14	I Hardacre	Livingston	2.19.0
21	S Jamieson	Whitemoss *B*	2.19.7
9	C Sturgeon	Girvan	2.20.1
19	S Booth	Victoria Park	2.22.5
16	A Szymaszowskyj	Musselburgh	2.37.8
3	D Brown	Clydesdale	2.43.7

High Jump

16	F Thomson	Musselburgh	1.60
3	J farrell	Clydesdale	1.60
19	C Hayes	Victoria Park	1.45
20	R Grant	Whitemoss	1.35

Under 17 Men		200m	
20	R Holmes	Whitemoss	24.7
3	R Savage	Clydesdale	25.4
6	K Gallgher	Giffnock North	25.5
117	C Leyden	Shettleston	25.9
15	M Lynch	Motherwell	26.0
19	L Menzies	Victoria Park	26.1
14	D Nicholl	Livingston	26.5
16	C McGeady	Musselburgh	27.1

		400m	
19	G Innes	Victoria Park	54.6
3	R Savage	Clydesdale	60.1
20	D Boyd	Whitemoss	60.2
9	C Sturgeon	Girvan	61.2
14	I Hardacre	Livingston	61.5
21	M Keenan	Whitemoss *B*	62.1
119	C Hayes	Victoria Park	62.1
16	A Szymoszoskyj	Musselburgh	62.5

		Under 20 men	
		60m	
1	A Wilson	Ayr Seaforth	7.05
19	C Severin	Victoria Park	7.14
20	B McGill	Whitemoss	7.31
17	C Hodgkins	Shettleston	7.37
6	M McCluskey	Giffnock North	7.41
21	J McEwan	Whitemoss *B*	7.64
2	A Morton	Ayr Seaforth	7.76
22	C Stoddart	Whitemoss *C*	8.04
7	C McCaw	Giffnock North *B*	8.15

		60m Hurdles	
6	P Dunn	Giffnock North	8.94
1	H Smith	Ayr Seaforth	9.54
19	N Kelly	Victoria Park	9.85
2	A McElwee	Ayr Seaforth	10.09
20	M Stringer	Whitemoss	11.47
21	J McEwan	Whitemoss *B*	11.50

		200m	
17	C Hodgkins	Shettleston	23.6
19	S Beattie	Victoria Park	24.3
1	D Phillips	Clydesdale	24.8
21	C White	Whitemoss *B*	25.0
6	D Williamson	Giffnock North	25.2
20	C McEwan	Whitemoss	25.5
22	R Agnew	Whitemoss *C*	26.2
15	A Black	Motherwell	27.7

		Long Jump	
19	C Innes	Victoria Park	6.04
20	R Holmes	Whitemoss	5.38
18	J Prentice	Stewartry	4.97
6	R Iawson	Giffnock North	4.71
14	I Hardacre	Livingston	4.42
16	A Scymovzowsky	Musselburgh	4.12
3	D Brown	Clydesdale	3.94
21	S Jamieson	Whitemoss *B*	3.91

		Shot Put	
6	D Carlin	Giffnock North	12.10
14	J McOmish	Livingston	9.68
16	F Thomson	Musselburgh	9.26
18	J Prentice	Stewartry	8.91
3	J Farrell	Clydesdale	8.16
19	G Innes	Victoria Park	7.70
21	M Keenan	Whitemoss *B*	6.27
20	D Boyd	Whitemoss	6.12

		Under 20 men 400m	
20	B McGill	Whitemoss	51.6
6	D Rathey	Giffnock North	55.5
1	K Kelly	Ayr Seaforth	56.6
21	B Valentine	Whitemoss *B*	59.8

		800m	
17	M Turner	Shettleston	2.00.3
6	D Rathey	Giffnock North	2.05.2
19	M Hayes	Victoria Park	2.06.4
1	C Hutton	Ayr Seaforth	2.09.4
20	G Mackay	Whitemoss	2.12.9

		Shot Put	
1	H Smith	Ayr Seaforth	11.12
6	A Allan	Giffnock North	10.67
19	L Milligan	Victoria Park	9.58
2	A Morton	Ayr Seaforth	8.44
20	G Leggate	Whitemoss	8.26
21	C White	Whitemoss *B*	8.26
22	C Stoddart	Whitemoss *C*	6.97

		High Jump	
6	A Allan	Giffnock North	1.90
19	T Campbell	Victoria Park	1.85
7	R Martindale	Giffnock North *B*	1.75
2	A McElwee	Ayr Seaforth	1.65
20	C McEwan	Whitemoss	1.60
21	J McEwan	Whitemoss *B*	1.55

		Long Jump	
19	Stephen Beattie	Victoria Park	5.84
1	Fraser Redmond	Ayr Seaforth	5.37
2	Andrew McElwee	Ayr Seaforth *B*	4.95
17	Matthew Turner	Shettleston	4.80
6	Peter Dunn	Giffnock North	4.76
22	R Agnew	Whitemoss *C*	4.73
20	M Stringer	Whitemoss	4.40
21	B Valentine	Whitemoss *B*	4.31

SAIL 8 January 2006

MorninGResults

Girls

Under 11 Girls 60m			Under 11 Girls 600m				
No	Name	Club	Perf	No	Name	Club	Perf
			A String				*A* String
1	C Gillon	Ayr Seaforth	9.67	6	J McCormick	Giffnock North	2.14.0
14	M Horn	Livingston	9.89	10	H Powell	Helensburgh	2.14.6
10	H Powell	Helensburgh	9.97	20	S Curran	Whitemoss	2.16.2
19	S McDonald	Victoria Park	10.04	9	Z Dupuy	Girvan	2.19.2
20	L McSkimming	Whitemoss	10.22	4	F Smith	Cumbernauld	2.26.2
6	C Dunn	Giffnock North	10.65	19	I Wilson	Victoria Park	2.28.7
13	H Martin	Linlithgow	10.66	21	M Owen	Whitemoss B	dnf
21	S Alison	Whitemoss B	10.82	7	P McConville	Giffnock North B	dnf
4	M Bradley	Cumbernauld	10.99				*B* String
18	T Adam	Stewartry	11.10	113	K Lowther	Linlithgow	2.16.7
17	N Mackay	Shettleston	11.25	114	M Sneddon	Livingston	2.19.7
7	E McDonald	Giffnock North B	11.36	104	V Burns	Cumbernauld	2.20.6
3	S Reid	Clydesdale	11.60	120	Y Wu	Whitemoss	2.22.3
9	M Bell	Girvan	11.72	106	A McLachlan	Giffnock North	2.22.6
				107	S Blair	Giffnock North B	2.29.6
			*B*String				*A*String
104	E Charters	Cumbernauld	10.32	6	A McLachlan	Giffnock North	1.72
101	A Arnold	Ayr Seaforth	10.46	19	S McDonald	Victoria Park	1.62
113	K Lowther	Linlithgow	10.61	18	T Adam	Stewartry	1.60
120	Y Wu	Whitemoss	10.76	20	L McSkimming	Whitemoss	1.52
114	M Sneddon	Livingston	10.81	9	Z Dupuy	Girvan	1.48
119	S Mills	Victoria Park	10.82	3	S Reid	Clydesdale	1.36
109	O McColm	Girvan	10.96	21	S Alison	Whitemoss B	1.24
107	AS Witjington	Giffnock North B	11.18	7	S Blair	Giffnock North B	1.24
106	M Gray	Giffnock North	11.36	4	F Smith	Cumbernauld	1.20
121	L Crawford	Whitemoss B	11.92	13	A Devine	Linlithgow	1.20
							*B*String
				120	Y Wu	Whitemoss	1.78
				119	S Mills	Victoria Park	1.68
				109	O McColm	Girvan	1.60
				114	M Horn	Livingston	1.48
				106	M Gray	Giffnock North	1.48
				107	P McConville	Giffnock North B	1.40
				104	E McCourtner	Cumbernauld	1.38
				121	L Crawford	Whitemoss B	1.28
				113	T Cairns	Linlithgow	1.18

Under 13 Girls 60 m				Under 13 Girls 800m			
7	E Brown	Giffnock North B	8.82	6	N Manson	Giffnock North	2.49.0
14	G Gisby	Livingston	9.20	14	L Rooney	Livingston	2.52.4
6	C Loughran	Giffnock North	9.40	7	S Fairfield	Giffnock North B	2.53.7
20	F Thomson	Whitemoss	9.47=	1	J McSheffery	Ayr Seaforth	2.56.1
19	J Callaghan	Victoria Park	9.47=	114	R Rooney	Livingston	2.58.7
1	T Gibson	Ayr Seaforth	9.50	20	J Benson	Whitemoss	3.00.3
13	C Smith	Linlithgow	9.52	2	L Goldie	Ayr Seaforth B	3.02.4
10	C Clark	Helensburgh	9.54	21	K Jamieson	Whitemoss B	3.03.3
2	N Adams	Ayr Seaforth B	9.59	10	M Robinson	Helensburgh	3.04.5
114	N Sneddon	Livingston	9.87	22	R Mitchell	Whitemoss C	3.20.0
18	J Yates	Stewartry	9.99	13	L White	Linlithgow	3.24.7
5	S Fairbairn	Cumbernauld	10.07	High Jump			
3	J Connelly	Clydesdale	10.10	19	S Gray	Victoria Park	1.30
11	G Bankier	Helensburgh B	10.24	10	C Clark	Helensburgh	1.25
103	B McKenzie	Clydesdale	10.28	1	H Jamieson	Ayr Seaforth	1.20
8	H McCallum	Giffnock North C	10.38	3	S Manley	Clydesdale	1.15=
22	E McKinly	Whitemoss C	10.60	20	A Douglas	Whitemoss	1.15=
21	E Mclver	Whitemoss B	10.91	21	M Robertson	Whitemoss B	1.15
4	J O'Neill	Cumbernauld	11.08	18	J Yates	Stewartry	1.10
60m Hurdles				13	C Howie	Linlithgow	1.10
7	E Brown	Giffnock North B	10.61	4	A Struthers	Cumbernauld	1.10
19	S Gray	Victoria Park	11.45	14	R Rooney	Livingston	1.05
6	C Laughran	Giffnock North	11.47	7	C Anderson	Giffnock North B	1.00
20	N McMurtrie	Whitemoss	12.49	Long Jump			
10	M Robinson	Helensburgh	12.56	2	N Adams	Ayr Seaforth B	4.07
3	S Manley	Clydesdale	12.86	19	S Gray	Victoria Park	3.92
22	E McKinly	Whitemoss C	13.30	7	E Brown	Giffnock North B	3.75
21	M Robertson	Whitemoss B	13.38	6	P Houston	Giffnock North	3.56
4	J Keenan	Cumbernauld	13.42	18	J Yates	Stewartry	3.52
114	C McKechnie	Livingston	14.30	1	R Whittle	Ayr Seaforth	3.45
14	N Sneddon	Livingston G60m	disq	20	F Thomson	Whitemoss	3.42
200m				14	L Rooney	Livingston	3.35
14	G Gisby	Livingston	31.6	10	M Thomson	Helensburgh	3.22
2	A Ivory	Ayr Seaforth B	31.8	3	J Connelly	Clydesdale	3.22
3	A Mclver	Clydesdale	32.0	21	C Costello	Whitemoss B	2.96
10	M Thomson	Helensburgh	32.5=	4	J Keenan	Cumbernauld	2.95
6	L Lambie	Giffnock North	32.5=	13	C Howie	Linlithgow	2.87
18	H Solley	Stewartry	32.6	22	L Reid	Whitemoss C	2.84
7	S Sutherland	Giffnock North B	32.6	11	G Bankier	Helensburgh B	2.55
19	J Callaghan	Victoria Park	32.8	Shot Put			
20	N Reid	Whitemoss	33.1=	20	N McMurtrie	Whitemoss	6.85
13	C Smith	Linlithgow	33.1=	1	R Whittle	Ayr Seaforth	6.48
114	K McKain	Livingston	33.3	2	A Ivory	Ayr Seaforth B	6.26
21	C Costello	Whitemoss B	33.4	7	C Anderson	Giffnock North B	5.90
8	E Sutherland	Giffnock North C	34.0	13	C Smith	Linlithgow	5.85
120	A Douglas	Whitemoss	34.7	6	N Manson	Giffnock North	5.81
4	A Struthers	Cumbernauld	35.0	10	M Robinson	Helensburgh	5.18
103	B McKenzie	Clydesdale	35.5	14	K McKain	Livingston	5.10
104	K Bell	Cumbernauld	35.6	18	H Solley	Stewartry	5.06
22	E McKinly	Whitemoss C	36.2	19	J Callaghan	Victoria Park	4.97
5	M Robson	Cumbernauld B	37.5	8	H McCallum	Giffnock North C	4.45
				22	R Mitchell	Whitemoss C	4.39
				9	L Capaldi	Girvan	4.25
				21	E Mclvor	Whitemoss B	3.96

Under 15 Girls 60m			
4	R Burns	Cumbernauld	8.50
7	R C-Gold	Giffnock North B	8.68
6	M Cairns	Giffnock North	8.77
20	M-C Martin	Whitemoss	8.78
9	C Gracie	Girvan	8.81
1	R Towle	Ayr Seaforth	8.83
15	L Livesey	Motherwell	8.85
8	C Fitzsimmons	Giffnock North C	8.87
21	L Greenfield	Whitemoss B	8.90
106	J McKee	Giffnock North	8.95
18	K Paterson	Stewartry	8.98
14	J Rogers	Livingston	9.33
17	G McCann	Shettleston	9.41
10	E Rankin	Helensburgh	9.42
19	A Marshall	Victoria Park	9.47=
22	C Daly	Whitemoss C	9.47=
119	L Struthers	Victoria Park	9.54
114	R Radbourne	Livingston	10.33
5	C Leska	Cumbernauld B	10.39
16	A Eadie	Musselburgh	10.58
60m Hurdles			
4	J Wardhaugh	Cumbernauld	9.97
18	K Paterson	Stewartry	10.68
1	C Taylor	Ayr Seaforth	11.24
13	L Douglas	Linlithgow	11.33
7	L Stewart	Giffnock North B	11.44
6	A Hilley	Giffnock North	11.58
10	M MacFarlane	Helensburgh	12.50
20	A Clark	Whitemoss	12.95
9	F Capaldi	Girvan	12.96
14	R McIlwraith	Livingston	13.10
114	R Radbourne	Livingston	15.24
200m			
6	A Barrows	Giffnock North	28.5
4	R Burns	Cumbernauld	28.7
9	C Gracie	Girvan	29.3
8	K McKnight	Giffnock North C	29.4
15	L Livesey	Motherwell	29.5
106	R Howat	Giffnock North	30.4
10	K MacFarlane	Helensburgh	30.5
20	A Totton	Whitemoss	30.7
1	K Leith	Ayr Seaforth	31.7
21	A Keenan	Whitemoss B	31.8
19	A Marshall	Victoria Park	32.0
22	N Ferguson	Whitemoss C	33.0
114	Kate Thomson	Livingston	33.6
14	S Hopkinson	Livingston	35.3

Under 15 Girls 300m			
6	R Wallace	Giffnock North	46.3
1	R Towle	Ayr Seaforth	46.5
7	H Brown	Giffnock North B	46.8
8	M Carlin	Giffnock North C	46.9
21	C Muir	Whitemoss B	47.9
19	C Tullett	Victoria Park	48.6
20	J Stoddart	Whitemoss	48.9
13	L Douglas	Linlithgow	50.2=
14	J Rodgers	Livingston	50.2=
22	M Cassidy	Whitemoss C	50.8
9	J Paton	Girvan	52.5
106	H Moore	Giffnock North	54.4
High Jump			
6	A Barrows	Giffnock North	1.50
7	N Prossor	Giffnock North B	1.50
4	J Wardhaugh	Cumbernauld	1.45
8	E Proctor	Giffnock North C	1.35
20	MCMartin	Whitemoss	1.3=<
13	L Douglas	Linlithgow	1.3=<
21	A Keenan	Whitemoss B	1.3=>
9	J Paton	Girvan	1.3=>
1	R Towle	Ayr Seaforth	1.25
22	G Sinclair	Whitemoss C	1.15
Long Jump			
4	J Wardhaugh	Cumbernauld	4.31
9	C Gracie	Girvan	4.17
10	E Rankin	Helensburgh	4.00
20	A Totton	Whitemoss	3.88
21	C Muir	Whitemoss B	3.83
7	K Manson	Giffnock North B	3.74
8	S Russell	Giffnock North C	3.57
14	J Rodgers	Livingston	3.47
19	A Innes	Victoria Park	3.39
6	A Hilley	Giffnock North	3.38
1	S Archibald	Ayr Seaforth	3.35
16	A Eadie	Musselburgh	3.27
5	K Glennow	Cumbernauld B	2.83
22	M Cassidy	Whitemoss C	2.73

Under 15 Girls**800m**

7	C Lockie	Giffnock North B	2.31.1
6	J Thomson	Giffnock North	2.34.3
1	S Archibald	Ayr Seaforth	2.34.5
21	R Barlas	Whitemoss B	2.44.7
22	C Thomson	Whitemoss C	2.47.2
20	K Murphie	Whitemoss	2.52.0
8	J McConville	Giffnock North C	2.53.8
19	C McConnachie	Victoria Park	2.58.2
108	B Frank	Giffnock North C	2.59.1
2	S Dougan	Ayr Seaforth B	3.02.0
14	S Hopkinson	Livingston	3.02.3
9	F Capaldi	Girvan	3.09.2
16	A Eadie	Musselburgh	3.36.3

Under 17 Women 60m

6	L Hunter	Giffnock North	8.32
21	D Robertson	Whitemoss B	8.41
19	R Riches	Victoria Park	8.42
119	K Riches	Victoria Park	8.69
1	C Gibson	Ayr Seaforth	8.76
20	M Stringer	Whitemoss	8.94
3	L Meldrum	Clydesdale	9.22
22	N Clark	Whitemoss C	9.56
9	R Hand	Girvan	10.73

60m Hurdles

3	M Reid	Clydesdale	10.61
6	L Hollinshead	Giffnock North	11.29
19	S Gray	Victoria Park	11.54
13	T Marshall	Linlithgow	11.61
20	L Boyd	Whitemoss	12.10
9	L McTaggart	Girvan	12.70

200m

6	L Hunter	Giffnock North	26.8
19	G Galloway	Victoria Park	28.8
21	S Laird	Whitemoss B	29.4
20	A Turnbull	Whitemoss	29.6
15	C Hughes	Motherwell	29.7
3	S Griffin	Clydesdale	30.0
1	S McGarrity	Ayr Seaforth	30.2
13	T Marshall	Linlithgow	30.8
119	R Kay	Victoria Park	31.1
22	P Mitchell	Whitemoss C	31.2
7	D McHue	Giffnock North B	31.4
14	S Thompson	Livingston	31.6
9	R Hand	Girvan	37.0

300m

19	Abbey McGhee	Victoria Park	44.1
6	L Hollinshead	Giffnock North	46.5
1	C Gibson	Ayr Seaforth	46.9
20	L Ferguson	Whitemoss	47.1
3	N Quinn	Clydesdale	47.4
21	V Moore	Whitemoss B	48.6
22	R Beveridge	Whitemoss C	50.5
9	L McTaggart	Girvan	53.3

Shot Put

6	M Cairns	Giffnock North	8.39
7	K Manson	Giffnock North B	7.20
14	R Radbourne	Livingston	6.73
10	E Rankin	Helensburgh	6.19
8	S Russell	Giffnock North C	6.15
19	A Innes	Victoria Park	6.01
1	N Gibson	Ayr Seaforth	5.83
9	F Capaldi	Girvan	5.52
20	A Clarke	Whitemoss	5.47
22	G Sinclair	Whitemoss C	5.41
4	R Burns	Cumbernauld	5.12
21	L Greenfield	Whitemoss B	4.86

800m

19	Aisling McGhee	Victoria Park	2.22.1
6	N McLeod	Giffnock North	2.25.8
21	L McCord	Whitemoss B	2.32.5
7	R McDowell	Giffnock North B	2.36.1
20	J Whiteside	Whitemoss	2.37.0
1	H Ridland	Ayr Seaforth	2.37.0
22	S Robertson	Whitemoss C	2.47.8
2	M Hewitson	Ayr Seaforth B	3.28.4

High Jump

1	P Dalgliesh	Ayr Seaforth	1.45
20	L Ferguson	Whitemoss	1.45
13	T Marshall	Linlithgow	1.40
19	A McGhee	Victoria Park	1.25
9	L McTaggart	Girvan	1.25
3	N Quinn	Clydesdale	1.25=
22	P Mitchell	Whitemoss C	1.25=
21	L McCord	Whitemoss B	1.20

Long Jump

19	K Riches	Victoria Park	4.41
6	N McLeod	Giffnock North	4.10
15	C Hughes	Motherwell	4.04
20	M Stringer	Whitemoss	4.02
1	S McGarrity	Ayr Seaforth	3.97
3	M Reid	Clydesdale	3.76
21	S Laird	Whitemoss B	3.41
14	S Thompson	Livingston	3.37
22	T Henry	Whitemoss C	2.99

Shot Put

19	R Kay	Victoria Park	7.85
6	L Hunter	Giffnock North	7.49
20	A Turnbull	Whitemoss	7.25
4	C Keenan	Cumbernauld	7.02
3	S Griffin	Clydesdale	6.46
21	D Robertson	Whitemoss B	6.33
1	S McGarrity	Ayr Seaforth	5.81
22	R Stoddart	Whitemoss C	5.73
14	S Thompson	Livingston	4.84
9	R Hand	Girvan	4.67

Under 20 Women 60m

6	M Crawford	Giffnock North	8.57
19	M Burton	Victoria Park	8.68
1	E Montgomerie	Ayr Seaforth	8.86

60m Hurdles

6	F McTaggart	Giffnock North	10.77
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200m

6	M Crawford	Giffnock North	28.80
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19	Y MacFarlane	Victoria Park	30.60
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400m

6	F McTaggart	Giffnock North	65.30
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20	R Grant	Whitemoss	69.90
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800m

6	S Phee	Giffnock North	2.31.4
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7	R Joss	Giffnock North B	2.33.9
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Under 20 Women High Jump

20	R Grant	Whitemoss	1.45
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6	M Crawford	Giffnock North	1.30
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Long Jump

6	F McTaggart	Giffnock North	4.67
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Shot Put

6	F McTaggart	Giffnock North	6.59
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19	Y McFarlane	Victoria Park	5.19
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nos	club	60m	800m	60m Hur	200m	300/400m	TRACK	High	Long/T	Shot	FIELD	TOTAL
19	Victoria Park	14	15	15	14	12	70	12	9	9	30	100
6	Giffnock North	15	13		15	15	58	14	13	12	39	97
3	Clydesdale H	12	14		13	13	52		2	15	17	69
1	Ayr Seaforth	13	11				24	15	12	13	40	64
20	Whitemoss	10	10		11	14	45	10	14	10	34	79
13	Linlithgow	6	7		12	10	35	13	7	8	28	63
35	Clydesdale *B*						0				0	0
21	Whitemoss *B*	3			8		11	11	4	6	21	32
10	Helensburgh	5			10	11	26		10	7	17	43
7	Giffnock North *B*	7	12		7		26		5	11	16	42
17	Shettleston H	11			disq		11		15	14	29	40
2	Ayr Seaforth *B*		9				9		8		8	17
14	Livingston & Dist	9			9		18		11		11	29
16	Musselburgh & Dist	8	8				16		6		6	22
22	Whitemoss *C*	4			6		10			5	5	15
9	Girvan	2			5		7		3		3	10
15	Motherwell						0				0	0
4	Cumbernauld						0				0	0
5	Cumbernauld *B*						0				0	0
8	Giffnock North *C*						0				0	0
11	Helensburgh *B*						0				0	0

nos	club	60m	800m	60m Hur	200m	TRACK	High	Long/T	Shot	FIELD	TOTAL
7	Giffnock North *B*	15	13	15	9	52	5	13	12	30	82
20	Whitemoss	11.5	11	12	6.5	41	11.5	9	15	35.5	76.5
6	Giffnock North	13	15	13	11.5	52.5		12	10	22	74.5
19	Victoria Park	11.5		14	8	33.5	15	14	6	35	68.5
10	Helensburgh	8	8	12	11.5	39.5	14	7	9	30	69.5
1	Ayr Seaforth	10	12			22	13	10	14	37	59
21	Whitemoss *B*	1	9	9	5	24	10	5	2	17	41
14	Livingston & D	14	14	disq	15	43	6	8	8	22	65
2	Ayr Seaforth *B*	7	10		14	31		15	13	28	59
8	Giffnock North *C*	2			4	6			5	5	11
3	Clydesdale H	4		11	13	28	11.5	6		17.5	45.5
13	Linlithgow	9	6		6.5	21.5	8	3	11	22	43.5
22	Whitemoss *C*	1	7	10	2	20		2	4	6	26
18	Stewartry	6			10	16	9	11	7	27	43
11	Helensburgh *B*	3				3		1		1	4
4	Cumbernauld	1		8	3	12	7	4		11	23
5	Cumbernauld *B*	5			1	6				0	6
9	Girvan					0			3	3	3
16	Musselburgh					0				0	0
17	Shettleston H					0				0	0
12	Helensburgh *C*					0				0	0
15	Motherwell					0				0	0
						0				0	0
						0				0	0
						0				0	0
						0				0	0

nos	club	60m	800m	60m Hur	200m	300/400m	TRACK	High	L/TJ	Shot	FIELD	TOTAL
6	Giffnock North	13	14	10	15	15	67	15	6	15	36	103
7	Giffnock North *B*	14	15	11		13	53	14	10	14	38	91
1	Ayr Seaforth	10	13	13	8	14	58	7	5	9	21	79
4	Cumbernauld	15		15	14		44	13	15	5	33	77
20	Whitemoss	12	10	8	9	9	48	10.5	12	7	29.5	77.5
8	Giffnock North *C*	8	9		12	12	41	12	9	11	32	73
9	Girvan	11	5	7	13	5	41	8.5	14	8	30.5	71.5
21	Whitemoss *B*	7	12		7	11	37	8.5	11	4	23.5	60.5
19	Victoria Park	1.5	8		6	10	25.5		7	10	17	42.5
22	Whitemoss *C*	1.5	11		5	6	23.5	6	2	6	14	37.5
16	Musselburgh	1	4				5		4		4	9
10	Helensburgh	3		9	10		22		13	12	25	47
13	Linlithgow			12		7.5	19.5	10.5			10.5	30
14	Livingston & D	5	6	6	4	7.5	28.5		8	13	21	49.5
18	Stewartry	6		14			20				0	20
2	Ayr Seaforth *B*		7				7				0	7
15	Motherwell	9			11		20				0	20
5	Cumbernauld *B*	1					1		3		3	4
17	Shettleston	4					4				0	4
3	Clydesdale H						0				0	0
11	Helensburgh *B*						0				0	0
35	Clydesdale H *B*						0				0	0
							0				0	0
							0				0	0
							0				0	0
							0				0	0

