

SAF Indoor Combined Events Champs - 25/26 Jan 2003

Senior M +																		
Pos	No	NAME	CLUB	TOTAL	60M		SHOT		HIGH (cm)	LONG (cm)	1000M		60m HUR	Pole Vault				
1	152	Evling-Jones, Louis	Corby	5181	7.32	772	11.65	585	201	813	680	767	2.42.66	844	8.48	865	370	535
2	151	Coats, Edward	Harrow	4893	7.33	769	12.80	655	180	627	628	648	2.48.26	784	9.04	737	420	673
3	157	Rice, John	Liverpool	4325	7.41	742	8.29	384	192	731	597	580	2.41.91	852	8.98	750	270	286
4	154	Kierans, John	London Ir	3711	7.64	668	11.08	551	162	480	557	496	3.10.84	562	9.71	597	300	357
5	156	Pearson, Glen	Arbroath	3422	8.00	560	10.17	496	162	480	547	475	3.00.83	656	10.27	491	260	264
6	150	Christie, Colin	Montrose	3091	8.12	525	7.26	323	165	504	506	394	3.04.70	619	10.19	506	240	220
7	153	Graham, Dougie	CoE	2056	8.25	489	7.04	310	150	389	509	400		0	11.26	328	200	140
	160	Shoker, Tarzem	GN	2075	7.89	592	10.07	490	171	552	530	441		0		0		0
	155	Pearson, Kenneth	Central	0		0		0		0		0		0		0		0
	158	Roberts, Iain	CoE	0		0		0		0		0		0		0		0
	159	Scott, Eric	Shettleston	0		0		0		0		0		0		0		0
Under 20 Men																		
Pos	No	NAME	CLUB	TOTAL	60M		SHOT		HIGH (cm)	LONG (cm)	1000M		60m HUR	Pole Vault				
1	165	Sherman, William	Corby	4880	7.39	749	11.35	567	195	758	677	760	3.00.35	661	8.32	903	350	482
2	163	Miller, Robert	Harrow	4529	7.42	739	11.20	558	174	577	651	700	2.52.24	742	8.62	832	310	381
3	161	Allan, Mark	Corby	4318	7.65	665	12.10	612	180	627	601	589	3.16.15	515	8.87	775	370	535
4	162	Kerr, Benjamin	Shetland	3972	7.62	675	9.04	428	183	653	577	537	3.11.70	554	8.90	768	300	357
5	166	Stacy, John	Gateshead	3901	7.62	675	9.30	444	177	602	618	626	2.59.27	671	9.10	724	210	159
6	164	Miller, Stephen	Aber	3817	7.65	665	10.15	495	156	434	558	498	2.55.06	713	9.09	726	270	286

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POS	NO.	NAME	CLUB	TOTAL	60m HUR		SHOT		HIGH (cm)		LONG (cm)		1000m	
1	185	Eveling White, Joe	Corby	3328	9.18	707	12.62	644	187	687	608	604	2.57.84	686
2	182	Beeken, George	Corby	3043	8.48	865	11.03	548	175	585	527	435	3.05.65	610
3	192	Tough, Sean	Montrose	2842	8.97	752	11.49	575	163	488	533	447	3.08.85	580
4	191	Sweeney, Gary	Moray	2838	9.62	615	11.62	583	160	464	556	494	2.58.24	682
5	189	Smith, Hugh	Ayr	2597	10.00	541	11.04	548	154	419	497	377	2.55.16	712
6	188	McTaggart, Craig	GN	2417	10.02	537	10.16	495	154	419	486	356	3.05.66	610
7	184	Dunn, Peter	GN	2392	9.21	700	8.41	391	166	512	517	415	3.33.43	374
8	186	Gaw, Brian	Irvine	1947	13.12	108	9.64	464	166	512	462	312	3.12.03	551
9	187	Martin, Graham	Law	1799	11.52	291	6.44	274	154	419	420	239	3.09.29	576
10	183	Burns, Michael	Pit	1757	10.88	387	5.58	224	145	352	447	285	3.16.83	509
11	190	Strachan, Craig	Law	1569	dnf		6.65	287	151	396	440	273	3.05.37	613

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Vet Men																	
Pos	No	NAME	CLUB	TOTAL	60M		SHOT		LONG (cm)	LONG (cm)	Pole Vault	60m HUR					
1	179	Howe, John	Rhondda	4853	7.32	772	14.24	743	563	508	563	508	443	740	9.94	8.53	852
2	173	Slaughter, Brian	Eastbourne	4695	7.32	772	12.27	623	630	652	630	652	306	371	10.02	9.04	738
3	175	Lewis, Tyrone	RN	4481	7.42	739	9.50	456	596	578	596	578	379	560	9.90	9.00	747
4	176	Martindale, John	Pit	4316	7.15	830	12.22	620	643	682	643	682	316	396	10.51	9.55	629
5	174	Kennedy, Julian	Poole	4154	7.62	675	12.01	607	578	540	578	540	303	364	10.49	9.53	633
6	171	Waddington, Andrew	SWV	4121	7.39	749	8.03	368	598	582	598	582	231	201	10.01	9.57	625
8	168	Lyon, Kenneth	Aberdeen	3851	7.58	687	8.96	423	617	624	617	624	353	490	11.03	10.55	442
7	177	Dunn, Lawrie	Notts	3783	7.57	690	8.11	373	576	535	576	535	299	354	12.13	10.26	494
9	172	McAvoy, Ray	Southport	3560	7.65	665	9.67	466	553	487	553	487	259	262	11.30	10.19	505
11	180	Freebairn, John	Cumb	3474	8.20	503	16.45	879	512	405	512	405	322	411	13.16	10.27	491
10	167	Cannon, Michael	Blackheath	3459	7.98	565	8.15	375	578	540	578	540	298	352	10.68	10.21	501
13	181	Carter, Norman	Burton	3116	8.20	503	9.48	454	463	313	463	313	302	362	13.16	10.33	481
12	170	Pokorniecki, Kenneth	Ross C	3017	7.92	583	9.51	456	526	433	526	433	287	326	11.75	11.24	332
14	169	Martin, Wayne	Hastings	2400	8.69	376	8.77	412	465	317	465	317	265	275	11.35	10.85	391
	178	Masson, Bob	Aber	0		0		0		0		0		0			0

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	Vet Men													
	Pos	No	NAME	CLUB	TOTAL	HIGH (cm)				1000M				
M60	1	179	Howe, John	Rhondda	4853	1.42	1.9494	194	749	4.12.67	#VALUE!	3.19.9	489	M60
M45	2	173	Slaughter, Brian	Eastbourne	4695	1.57	1.8250	182	644	2.56.23	#VALUE!	2.38.8	895	M45
M50	3	175	Lewis, Tyrone	RN	4481	1.48	1.8130	181	636	3.18.50	#VALUE!	2.50.8	765	M50
M50	4	176	Martindale, John	Pit	4316	1.51	1.8498	184	661	3.50.49	#VALUE!	3.18.4	498	M50
M50	5	174	Kennedy, Julian	Poole	4154	1.51	1.8498	184	661	3.28.04	#VALUE!	2.59.4	674	M50
M40	6	171	Waddington, Andrew	SWV	4121	1.78	1.9685	196	767	2.53.96	#VALUE!	2.44.4	829	M40
M40	8	168	Lyon, Kenneth	Aberdeen	3851	1.57	1.7363	173	569	3.16.27	#VALUE!	3.05.2	616	M40
M55	7	177	Dunn, Lawrie	Notts	3783	1.36	1.7608	176	593	3.29.14	#VALUE!	2.52.7	744	M55
M45	9	172	McAvoy, Ray	Southport	3560	1.39	1.6157	161	472	3.16.68	#VALUE!	2.56.8	703	M45
M65	11	180	Freebairn, John	Cumb	3474	1.36	1.9870	198	785	0	0.0000		0	M65
M40	10	167	Cannon, Michael	Blackheath	3459	1.66	1.8358	183	653	3.33.36	#VALUE!	3.21.3	473	M40
M70	13	181	Carter, Norman	Burton	3116	1.15	1.7955	179	619	4.53.14	#VALUE!	3.32.9	384	M70
M40	12	170	Pokorniecki, Kenneth	Ross C	3017	1.45	1.6036	160	464	3.40.38	#VALUE!	3.27.9	423	M40
M40	14	169	Martin, Wayne	Hastings	2400	1.36	1.5040	150	389	4.07.08	#VALUE!	3.53.4	240	M40
		178	Masson, Bob	Aber	0		0.0000		0		0.0000		0	

SAF Indoor Combined Events Champs - 25/26 Jan 2003

Vet Men																	
Pos	No	NAME	CLUB	TOTAL	60M		SHOT		HIGH (cm)	LONG (cm)	1000M		60m HUR	Pole Vault			
1	179	Howe, John	Rhondda	2763	7.32	772	14.24	743	0	563	508	0	0	443	740		
2	176	Martindale, John	Pit	2528	7.15	830	12.22	620	0	643	682	0	0	316	396		
3	173	Slaughter, Brian	Eastbourne	2418	7.32	772	12.27	623	0	630	652	0	0	306	371		
4	175	Lewis, Tyrone	RN	2333	7.42	739	9.50	456	0	596	578	0	0	379	560		
5	168	Lyon, Kenneth	Aberdeen	2224	7.58	687	8.96	423	0	617	624	0	0	353	490		
6	180	Freebairn, John	Cumb	2198	8.20	503	16.45	879	0	512	405	0	0	322	411		
7	174	Kennedy, Julian	Poole	2186	7.62	675	12.01	607	0	578	540	0	0	303	364		
8	177	Dunn, Lawrie	Notts	1952	7.57	690	8.11	373	0	576	535	0	0	299	354		
9	171	Waddington, Andrew	SWV	1900	7.39	749	8.03	368	0	598	582	0	0	231	201		
10	172	McAvoy, Ray	Southport	1880	7.65	665	9.67	466	0	553	487	0	0	259	262		
11	167	Cannon, Michael	Blackheath	1832	7.98	565	8.15	375	0	578	540	0	0	298	352		
12	170	Pokorniecki, Kenneth	Ross C	1798	7.92	583	9.51	456	0	526	433	0	0	287	326		
13	181	Carter, Norman	Burton	1632	8.20	503	9.48	454	0	463	313	0	0	302	362		
14	169	Martin, Wayne	Hastings	1380	8.69	376	8.77	412	0	465	317	0	0	265	275		
15	178	Masson, Bob	Aber	0		0		0	0		0	0	0		0		

SAF Indoor Combined Events Champs - 2601003

Senior Women														
POS	NO	NAME	CLUB	TOTAL	LONG(CM)		60m HUR		HIGH (CM)		SHOT PUTT		800M	
1	231	Gallen, Sharon	Lifford	3636	552	706	9.25	858	177	941	9.43	492	2.34.42	639
2	237	Stewart, Geraldine	Tar Connail	3440	498	554	10.00	712	168	830	12.15	671	2.31.59	673
3	233	McGuire, Niamh	Navan	3126	494	543	10.18	679	150	621	10.78	581	2.29.24	702
4	234	Milne, Vicky	Wirral	3017	499	557	9.75	759	162	759	8.67	443	2.46.64	499
5	232	Lampkin, Fiona	Montrose	2212	416	345	10.83	565	129	399	5.68	251	2.33.32	652
6	238	Young, Susan	DHH	0		0		0		0		0		0
7	235	Scott, Jemma	EWM	0		0		0		0		0		0
8	236	Stevens, Gayle	DHH	0		0		0		0		0		0
9	230	Davidson, Wendy	Stoke	0		0		0		0		0		0
U20 Women														
POS	NO	NAME	CLUB	TOTAL	LONG(CM)		60m HUR		HIGH (CM)		SHOT PUTT		800M	
1	239	Halket, Jade	Ellon	2950	491	535	10.09	695	156	689	8.32	420	2.36.74	611
2	245	Larcombe, Amanda	GN	2802	458	448	10.86	560	165	795	8.19	412	2.38.79	587
Vet Women														
1	240	McKinnon, Shona - W35	Aber	2070	418	350	11.02	533	134	449	8.22	413	3.04.49	325
					4.03	4.1860	11.52	11.0189	1.29	1.3426	7.78	8.2157		

U13 Girls - 260103

Under 13 girls														
POS	NO	NAME	CLUB	TOTAL	LONG(CM)		60m HUR		HIGH (CM)		SHOT PUTT		800M	
1	273	Quigley, Jennifer	Ayr	2210	424	364	10.69	589	127	379	7.33	356	2.44.51	522
2	276	Conway, Amanda	Ayr	2170	441	406	10.67	592	133	439	7.04	338	2.56.83	395
3	270	McKie, Rachel	Liv & D	1897	380	263	10.79	571	124	350	6.13	280	2.52.96	433
4	269	Logan, Lucinda	CoG	1793	370	242	11.86	404	133	439	5.06	212	2.46.95	496
5	271	McManus, Lauren	Pit	1544	354	208	11.79	414	109	214	6.06	275	2.52.99	433
6	272	Oberg, Jenna	Falk V	1514	357	214	11.90	398	118	293	6.37	295	3.05.72	314
7	274	Wakeling, Gwen	Mont & D	887	334	168	13.07	247	100	141	5.13	216	3.33.88	115
8	268	Grant, Amy	Falk V	882	316	135	13.49	200	112	239	3.58	120	3.21.94	188

U15 Girls - 260103

Under 15 girls														
POS	NO	NAME	CLUB	TOTAL	LONG(CM)		60m HUR		HIGH (CM)		SHOT PUTT		800M	
1	261	Leggate, Erin	Whitemoss	2825	432	384	10.17	681	158	712	7.68	379	2.31.93	669
2	256	Davidson, Rachel	Stewartry	2646	430	379	9.79	752	131	419	8.78	450	2.33.80	646
3	258	Hunter, Kirsty	Livingston	2570	379	261	9.96	720	146	577	6.57	308	2.29.13	704
4	265	Rankin, Melanie	West Dunb	2450	423	362	10.18	679	143	544	7.92	394	2.49.25	471
5	262	Collier Lumsden, Rachel	Falkirk	2348	411	333	10.75	578	146	577	6.34	293	2.40.54	567
6	275	Hall, Carly	Perth	2304	418	350	10.43	634	125	359	7.11	342	2.36.03	619
7	254	Campbell, Christina	Lochaber	2274	404	317	10.30	657	140	512	7.20	348	2.52.26	440
8	255	Cathro, Anna	Dunbar	2209	356	212	10.77	575	146	577	6.13	280	2.40.66	565
9	259	Kamya, Sylvia	Aberdeen	2141	400	308	10.25	666	137	481	6.70	316	2.59.49	370
10	253	Belch, Holly	Kilbarchan	2016	389	283	10.28	661	110	222	6.02	273	2.39.64	577
11	257	Duthie, Iona	Montrose	1755	364	229	10.77	575	143	544	5.63	248	3.26.39	159
12	263	McIntosh, Helen	Montrose	1683	378	259	10.73	582	140	512	6.92	330	0	0
13	267	Young, Kirsten	Aberdeen	1367	0	0	13.07	247	131	419	6.88	327	2.59.04	374
14	264	Murray, Paula	Montrose	1332	319	140	13.63	186	128	389	5.89	264	3.01.37	353
	260	Kolanski, Barbra	Giffnock	419		0		0	131	419		0		0
	266	Suttie, Kirstyn	Pitreavie	0		0		0		0		0		0
	252	Appleby, Cheryl	Arbroath	0		0		0		0		0		0

SAF Indoor Combined Events Champs - 260103

U17 Women														
POS	NO	NAME	CLUB	TOTAL	LONG(CM)		60m HUR		HIGH (CM)		SHOT PUTT		800M	
1	243	Ferguson, Lisa	Ellon	3163	516	603	9.32	844	167	818	6.69	315	2.39.08	583
2	250	Thompson, Nicole	Lancaster	3057	507	578	9.58	792	158	712	7.61	374	2.37.59	601
3	241	Bell, Hailey	Montrose	2714	428	374	9.48	812	149	610	6.52	304	2.36.48	614
4	246	MacKenzie, Keri	Livingstone	2498	419	352	10.34	650	146	577	6.04	274	2.33.92	645
5	242	Carrington, Eve	Stornoway	2449	488	527	10.80	570	158	712	7.54	370	3.10.91	270
6	249	Stewart, Emma	Dunbar	2272	404	317	11.06	527	149	610	5.98	270	2.42.21	548
7	251	Wallace, Rebecca	Dundee	2144	404	317	10.85	561	131	419	5.63	248	2.37.78	599
8	247	Milton, Linzi	Kilbarchan	1726	391	287	11.25	496	110	222	6.17	282	2.52.41	439
9	244	Grant, Rebecca	Montrose	1601	371	244	11.62	439	128	389	6.20	284	3.14.14	245
10	248	Smy, Catherine	Banchory	0		0		0		0		0		0

				60m	60m Factor	Result	60m Points	Long jump	LJ Factor	Result	LJ Points	Shot	Shot Factor	Result
Pokornieck	Kenneth	M	M40	8.32	0.9517	7.92	583	4.74	1.1112	5.26	433	9.26	1.0271	9.51
Cannon	Malcolm	M	M40	8.38	0.9517	7.94	565	5.21	1.1112	5.78	540	7.94	1.0271	8.15
Lyon	Kenneth	M	M40	7.96	0.9517	7.58	687	5.56	1.1112	6.17	624	8.73	1.0271	8.96
Martin	Wayne	M	M40	9.13	0.9517	8.69	376	4.19	1.1112	4.65	317	8.54	1.0271	8.77
Waddingto	Andrew	M	M40	7.76	0.9517	7.39	749	5.39	1.1112	5.98	582	7.82	1.0271	8.03
McAvoy	Ray	M	M45	8.34	0.9169	7.65	665	4.7	1.1787	5.53	487	8.69	1.1131	9.67
Slaughter	Brian	M	M45	7.98	0.9169	7.32	772	5.35	1.1787	6.3	652	11.03	1.1131	12.27
Kennedy	Julian	M	M50	8.61	0.8846	7.62	675	4.61	1.2549	5.78	540	10.48	1.1468	12.01
Lewis	Ty	M	M50	8.38	0.8846	7.42	739	4.75	1.2549	5.96	578	8.29	1.1468	9.5
Martindale	John	M	M50	8.08	0.8846	7.15	830	5.13	1.2549	6.43	682	10.66	1.1468	12.22
Dunn	Lawrie	M	M55	8.86	0.8544	7.57	690	4.3	1.3417	5.76	535	6.37	1.2736	8.11
Howe	John	M	M60	8.86	0.8262	7.32	772	3.91	1.4414	5.63	508	11.21	1.2703	14.24
Freebairn	John	M	M65	10.25	0.7998	8.2	503	3.29	1.557	5.12	405	11.18	1.4719	16.45
Carter	Norman	M	M70	10.58	0.7751	8.2	503	2.74	1.6929	4.63	313	7.29	1.3017	9.48

Shot P	Poi	PV	PV Factor	Result	PV Points	60mH	60mH Fact	Result	60mH Poin	High jump	HJ Factor	Result	HJ Points	1000m
456			2.6	1.1046	2.87	326	11.75	0.9563	11.24	332	1.45	1.1059	1.6	464 3.40.38
375			2.7	1.1046	2.98	352	10.68	0.9563	10.21	501	1.66	1.1059	1.83	653 3.33.36
423			3.2	1.1046	3.53	490	11.03	0.9563	10.55	442	1.57	1.1059	1.73	569 3.16.27
412			2.4	1.1046	2.65	275	11.35	0.9563	10.85	391	1.36	1.1059	1.5	389 4.07.8
368			2.1	1.1046	2.31	201	10.01	0.9563	9.57	625	1.78	1.1059	1.96	767 2.53.96
466			2.2	1.1791	2.59	262	11.3	0.9019	10.19	505	1.39	1.1624	1.61	472 3.16.68
623			2.6	1.1791	3.06	371	10.02	0.9019	9.04	738	1.57	1.1624	1.82	644 2.56.23
607			2.4	1.2643	3.03	364	10.49	0.9086	9.53	633	1.51	1.225	1.84	661 3.28.04
456			3	1.2643	3.79	560	9.9	0.9086	9	747	1.48	1.225	1.81	636 3.18.5
620			2.5	1.2643	3.16	396	10.51	0.9086	9.55	629	1.51	1.225	1.84	661 3.50.49
373			2.2	1.3628	2.99	354	12.13	0.8455	10.26	494	1.36	1.2947	1.76	593 3.29.14
743			3	1.478	4.43	740	9.94	0.8584	8.53	852	1.42	1.3728	1.94	749 4.12.67
879			2	1.6144	3.22	411	13.16	0.7804	10.27	491	1.36	1.461	1.98	785 0
454			1.7	1.7786	3.02	362	13.16	0.7846	10.33	481	1.15	1.5613	1.79	619 4.53.14

1000m Fac Result	1000m Poi	Overall poi	Position
0.945 3.27.9	423	3017	
0.945 3.21.3	473	3459	
0.945 3.05.2	616	3851	
0.945 3.53.4	240	2400	
0.945 2.44.4	829	4121	6
0.9019 2.56.8	703	3560	
0.9019 2.38.8	895	4695	2
0.8625 2.59.4	674	4154	5
0.8625 2.50.8	765	4481	3
0.8625 3.18.4	498	4316	4
0.8264 2.52.7	744	3783	
0.7932 3.19.9	489	4853	1
0.7626	0	3474	
0.7268 3.32.9	384	3116	