

Competition: UKWAL Div 1 Round:3 RESULTS
 Venue: Barnet Copthall, Sat 3 August 2002

100M A	Wind -0.2 m/s	100M B	Wind +0.8 m/s
1 Ellena Ruddock	RUG 12.01	1 Sharon Wilson	EWM 12.17
2 Zoe Wilson	BIR 12.30	2 Katie Jones	TRF 12.29
3 Karlene Palmer	WSE 12.34	3 Rachel Harris	BIR 12.34
4 Sara Whigham	EWM 12.42	4 Emma Bailey	RUG 12.49
5 Margaret Veldman	SAL 12.84	5 Felicia Louisy	WSE 12.62
6 Juanita Coleman	TRF 12.90	6 Melanie Rogers	TSL 12.82
7 Charmaine Turner	TSL 13.05	7 Rebecca Sweeney	SAL 12.88
8 Eloise Dubrarid	SBH 13.91	8 Lauren Thomas	SBH 14.69

200M A	Wind -0.5 m/s	200M B	Wind -0.2 m/s
1 Melanie Purkiss	TSL 23.81	1 Zoe Wilson	BIR 24.73
2 Ellena Ruddock	RUG 24.14	2 Sharon Wilson	EWM 25.31
3 Rachel Harris	BIR 24.90	3 Anita Eagland	TRF 25.39
4 Sara Whigham	EWM 25.07	4 Karlene Turner	WSE 25.75
5 Michelle Pierre	SBH 25.23	5 Emma Duck	TSL 25.78
6 Karlene Palmer	WSE 25.26	6 Tina Thirwell	SAL 25.89
7 Rebecca Sweeney	SAL 26.13	7 Emma Bailey	RUG 26.03
8 Juanita Coleman	TRF 26.28	8	SBH 26.22

400M A		400M B	
1 Michelle Pierre	SBH 54.82	1 Liz Fairs	TRF 55.89
2 Anita Eagland	TRF 55.20	2 Danielle Glover	RUG 58.45
3 Nicole Bowering	WSE 55.29	3 Sarah Heath	SBH 59.04
4 Rebecca Sweeney	SAL 56.12	4 Joanne Dawes	SAL 60.07
5 Michelle Thomas	BIR 56.16	5 Simone Harrison	WSE 60.30
6 Mary McClung	EWM 57.25	6 Mhairi Walker	EWM 60.31
7 Jessica Cunliffe	RUG 57.90	7 Jayne Mould	BIR 60.65
8 Rachael Lewington	TSL 60.87	8 Camilla Waite	TSL 62.70

800M A		800M B	
1 Louise Whittaker	SAL 2.09.15	1 Joanne Dawes	SAL 2.12.73
2 Karen Hill	TRF 2.09.90	2 Sarah Heath	SBH 2.14.08
3 Mary McClung	EWM 2.11.20	3 Mary Edwards	WSE 2.14.61
4 Vicky Jamison	WSE 2.11.80	4 Mhairi Walker	EWM 2.15.85
5 Lynne Gallagher	SBH 2.13.73	5 Emma Brady	TRF 2.18.52
6 Danielle Glover	RUG 2.14.98	6 Alison Cooper	RUG 2.22.44
7 Camilla Waite	TSL 2.17.18	7 Chantelle Cox	BIR 2.34.16
8 Wendy Morant	BIR 2.41.08		

1500M A		1500M B	
1 Louise Whittaker	SAL 4.28.33	1 Ruth Waller	SAL 4.36.18
2 Freya Murray	EWM 4.31.62	2 Lynne Gallagher	SBH 4.41.67
3 Caroliyn Dickie	WSE 4.35.75	3 Ceri Mitchell	TSL 4.49.57
4 Jade Wright	SBH 4.39.22	4 Lisa Elliott	WSE 5.02.82
5 Danielle Woods	TRF 4.39.57	5 Vikki Frew	EWM 5.10.40
6 Helen Zenner	TSL 4.42.62	6 Kathryn Arnold	RUG 5.17.44
7 Yvonne Baillie	BIR 5.11.77	7 Wendy Marrant	BIR 6.11.38
8 Michelle Leach	RUG 5.16.05		

3000M A		3000M B	
1 Hayley Ovens	EWM 9.32.46	1 Natalie Dover	WSE 10.16.61
2 Mel Ellis	SBH 9.50.35	2 Sonia Clark	SAL 10.30.05
3 Jenny Heath	SAL 9.55.83	3 Emma Brady	TRF 10.39.44
4 Paula Fudge	WSE 10.08.83	4 Vikki Frew	EWM 10.59.38
5 Karen Hill	TRF 10.20.53	5 Lee Avery	SBH 11.11.79
6 Sue Bellamy	RUG 10.56.17	6 Ester Love	RUG 11.20.23

100MH A	Wind -1.1 m/s	100MH B	Wind -1.7 m/s
1 Melani Wilkins	WSE 13.67	1 Katie Jones	TRF 14.46
2 Liz Fairs	TRF 13.91	2 Lyndsey Fitzgerald	WSE 15.73
3 Jane Hale	SAL 14.67	3 Emma Reid	EWM 15.74
4 Joanne Suddes	EWM 14.92	4 Sam Watts	SAL 16.58
5 Belinda Samuels	BIR 15.23	5 Clare Ridgley	TSL 16.96
6 Emma Duck	TSL 15.27	6 Lorna Waters-Brown	BIR 17.87

7 Celia Brown	SBH 17.09	7 Fiona Wright	RUG 19.02
8 Vicky Nealon	RUG 17.93		

400MH A

1 Liz Fairs	TRF 59.77
2 Celia Brown	SBH 60.61
3 Joanne Suddes	EWM 62.82
4 Jane Hale	SAL 63.09
5 Leanne Buxton	BIR 63.19
6 Lybdsey Fitzgerald	WSE 63.74
7 Sue Potter	TSL 64.78
8 Jessica Cunliffe	RUG 65.75

400MH B

1 Sam Watts	SAL 63.5
2 Emma Reid	EWM 63.6
3 Clare Bryant	WSE 66.6
4 Robyn Winn	SBH 68.0
5 Carol Dawkins	TSL 68.1
6 Jayne Mould	BIR 70.8
7 Rachel Smith	TRF 72.7
8 Vicky Nealon	RUG 75.8

Discus Throw A

1 Philippa Roles	SAL 56.12
2 Rebecca Roles	RUG 46.49
3 Navdeep Dhaliwal	SBH 45.35
4 Vickie Foster	TSL 44.54
5 Elaine Cank	TRF 44.49
6 Sarah Henton	BIR 39.45
7 Katy Lamb	WSE 29.63
8 Lorna Jackson	EWM 24.18

Discus Throw B

1 Alison Rodger	SAL 40.53
2 Helen Wilding	TRF 39.69
3 Debbie Callaway	TSL 39.06
4 Candice Francis	BIR 35.41
5 Jenny Duff	RUG 34.68
6 Jo Holloway	WSE 27.49
7 Jenny Grimstone	SBH 26.69
8 Ruth Irving	EWM 15.49

Hammer Throw A

1 Lyn Sprules	SBH 56.13
2 Lesley Brannan	BIR 54.94
3 Laura Douglas	SAL 53.53
4 Vicki Scott	TRF 48.36
5 Katy Lamb	WSE 46.92
6 Vickie Foster	TSL 39.96
7 Jenny Duff	RUG 32.21
8 Shelagh Jackson	EWM 16.17

Hammer Throw B

1 Jo Holloway	WSE 45.26
2 Helen Wilding	TRF 43.85
3 Helen Gilbert	BIR 39.29
4 Debbie Callaway	TSL 32.52
5 Rebecca Roles	RUG 26.97
6 Chiara Collins	SAL 25.32
7 Linda Fogg	SBH 21.07
8 Joanne Stanley	EWM 14.18

High Jump A

1 Julie Crane	SAL 1.83
2 Jo Jennings	RUG 1.70
3 Catriona Christie	WSE 1.60
4 Jemma Scott	EWM 1.50
5 Juanita Coleman	TRF 1.45
6 Marina Seminova	BIR 1.40
7 Rachel Rogers	TSL 1.35

High Jump B

1 Niina Masolin	SAL 1.70
2 Fiona Wright	RUG 1.55
3=Shelagh Jackson	EWM 1.45
3=Carly Robson	WSE 1.45
5 Joanne Harding	TRF 1.35
6 Melanie Rogers	TSL 1.30

Javelin Throw A

1 Lorna Jackson	EWM 44.31
2 Jenny Grimstone	SBH 41.16
3 Jennifer Kemp	TRF 40.58
4 Nightingale Anek	WSE 34.72
5 Helen Gilbert	BIR 33.46
6 Sarah Warrington	RUG 31.48
7 Margaret Veldman	SAL 31.18
8 Carol Dawkins	TSL 20.46

Javelin Throw B

1 Joanne Harding	TRF 38.37
2 Tina Thirwell	SAL 28.38
3 Joanne Suddes	EWM 26.10
4 Catriona Christie	WSE 18.16
5 Clare Ridgley	TSL 18.04
6 Fiona Wright	RUG 16.41
7 Lauren Thomas	SBH 5.22

Long Jump A

1 Ruth Irving	EWM NRP
2 Kim Rothman	WSE NRP
3 T. Robinson-Scanlon	SBH NRP
4 Elaine Smith	SAL NRP
5 Charmaine Turner	TSL NRP
6 Cathryn Dale	RUG NRP

Long Jump B

1 Karlene Turner	WSE NRP
2 Margaret Veldman	SAL NRP
3 Katie Evans	RUG NRP
4 Belinda Samuels	BIR NRP
5 Gillian Cooke	EWM NRP
6 Becky Ridgley	TSL NRP

7 Linsi Robinson	BIR NRP	7 Anita Eagland	TRF NRP
8 Rachel Smith	TRF NRP	8 Lauren Thomas	SBH NRP

Pole Vault A		Pole Vault B	
1 Laura Ballotta	EWM 3.80	1 Becky Ridgley	TSL 3.20
2 Clare Ridgley	TSL 3.50	2 Amy Rennison	SAL 3.00
3 Catherine Macrae	WSE 3.30	3 Kirsty Obern	RUG 2.50
4 Eloise Dubrarid	SBH 3.30		
5 Linda Stanton	SAL 3.20		
6 Hollie Tinn	RUG 2.80		
7 Lindsay Johnson	TRF 2.70		

Shot Putt A		Shot Putt B	
1 Vickie Foster	TSL 13.44	1 Alison Rodger	SAL 12.08
2 Philippa Roles	SAL 13.36	2 Helen Wilding	TRF 12.00
3 Elaine Cank	TRF 12.09	3 Debbie Callaway	TSL 11.18
4 Lesley Brannan	BIR 12.03	4 Candice Francis	BIR 9.41
5 Rebecca Roles	RUG 11.69	5 Jenny Duff	RUG 8.70
6 Jo Holloway	WSE 10.48	6 Gillian Cooke	EWM 7.76
7 Lauren Thomas	SBH 10.02	7 Nightingale Anek	WSE 7.57
8 Lorna Jackson	EWM 9.35	8 Jenny Grimstone	SBH 5.57

Triple Jump A		Triple Jump B	
1 Yamile Aldama	SBH NRP	1 T. Robinson-Scanlon	SBH NRP
2 Michelle Griffiths	WSE NRP	2 Carly Robson	WSE NRP
3 Charmaine Turner	TSL NRP	3 Cathryn Dale	RUG NRP
4 Katie Evans	RUG NRP	4 Gillian Cooke	EWM NRP
5 Linsi Robinson	BIR NRP	5 Becky Ridgley	TSL NRP
6 Niina Masolin	SAL NRP	6 Vicki Lamb	SAL NRP
7 Joanne Stanley	EWM NRP	7 Lindsay Johnson	TRF NRP
8 Joanne Harding	TRF NRP		

4x100M Relay			
1 WSE 48.18	1 Felicia Louisy	2 Loretta Thorne	
	3 Karlene Turner	4 Melanie Wilkins	
2 EWM 48.28	1 Ruth Irving	2 Sara Whigham	
	3 Shelagh Jackson	4 Sharon Wilson	
3 BIR 48.73	1 Lorna Waters-Brown	2 Michelle Thomas	
	3 Rachel Harris	4 Zoe Wilson	
4 SAL 48.83	1 Jane Hale	2 Tina Thirwell	
	3 Margaret Veldman	4 Elaine Smith	
5 TSL 48.91	1 Emma Duck	2 Melanie Purkiss	
	3 Melanie Rogers	4 Charmaine Turner	
6 TRF 49.29	1 Anita Eagland	2 Rachel Smith	
	3 Liz Fairs	4 Juanita Coleman	
7 RUG 49.47	1 Emma Bailey	2 Cathryn Dale	
	3 Jessica Cunliffe	4 Eleanor Ruddock	

4x400M Relay			
1 WSE 3.48.33	1 Loretta Thorne	2 Vicky Jamison	
	3 Simone Harrison	4 Karlene Palmer	
2 TRF 3.53.26	1 Liz Fairs	2 Emma Brady	
	3 Juanita Coleman	4 Anita Eagland	
3 EWM 3.54.43	1 Emma Reid	2 Hayley Ovens	
	3 Joanne Suddes	4 Mhairi Walker	
4 RUG 3.57.60	1 Jessica Cunliffe	2 Danielle Glove	
	3 Alison Cooper	4 Eleanor Ruddock	

5	SAL	3.57.89	1	Joanne Dawes	2	Tina Thirwell
			3	Rebecca Sweeney	4	Sam Watts
6	TSL	4.09.12	1	Rachel Lewington	2	Ceri Mitchelle
			3	Charmaine Turner	4	Sue Potter
7	BIR	4.09.38	1	Wendy Morant	2	Chantelle Coxs
			3	Jayne Mould	4	Michelle Thomas
8	SBH	4.14.14	1	Celia Brown	2	Sarah Heath
			3	Tina Tierstein	4	Robyn Winn

PRIOR STANDINGS			MATCH RESULT			LEAGUE STANDINGS					
	Event	Lge		Event	Lge		Event	Lge			
1	SAL	432	16	1	SAL	203	8	1	Sale Harriers Manchester	635	24
2	WSE	355.5	14	2	WSE	187.5	7	2	W.S.E. & Hounslow AC	543	21
3	SBH	332	12	3	EWM	167.5	6	3	Shaftesbury Barnet H.	464	15
4	BIR	308	9	4	TRF	162	5	4	Trafford AC	463	14
5	TRF	301	9	5	RUG	134	4	5	Edinburgh Woollen Mill AC	401	11
6	RUG	261.5	5	6	SBH	132	3	6	Birchfield Harriers & AC	420	10
7	EWM	233.5	5	7	TSL	128	2	7	Rugby & Northampton AC	395.5	9
8	TSL	208.5	2	8	BIR	112	1	8	Team Solent	336.5	4