

Competition: UKWAL Div 1 Round:1 RESULTS  
 Venue: Rugby, Sun 19 May 2002

100M A	Wind -3.8 m/s	100M B	Wind -4.3 m/s
1 Marica Richardson	WSE 12.0	1 Lynn Fairweather	EWM 12.6
2 Kelly Thomas	SAL 12.0	2 Felicia Louisy	WSE 12.7
3 Ellena Ruddock	RUG 12.2	3 Jackie Agyepong	SBH 12.8
4 Donita Benjamin	TRF 12.3	4 Emma Bailey	RUG 12.8
5 Cherie Pierre	SBH 12.6	5 Sonia Rice	BIR 13.1
6 Zoe Wilson	BIR 12.6	6 Rebecca Sweeney	SAL 13.2
7 Carolyn McKenna	EWM 12.7	7 Melanie Pickersgill	TRF 13.2
8 Katy Sketchley	TSL 12.9	8 Rachel Rogers	TSL 13.8

200M A	Wind -5.4 m/s	200M B	Wind -5.0 m/s
1 Shani Anderson	SBH 24.7	1 Danielle Halsall	SAL 25.2
2 Ellena Ruddock	RUG 24.8	2 Michelle Pierre	SBH 25.5
3 Helen Frost	BIR 25.1	3 Karlene Palmer	WSE 25.5
4 Kelly Thomas	SAL 25.5	4 Zoe Wilson	BIR 25.9
5 Liz Fairs	TRF 25.9	5 Juanita Coleman	TRF 26.3
6 Felicia Louisy	WSE 26.0	6 Carolyn McKenna	EWM 26.4
7 Sarah Whigham	EWM 26.3	7 Nichola Nutting	RUG 26.8
8 Emma Duck	TSL 26.4	8 Jenny Harris	TSL 27.0

400M A		400M B	
1 Danielle Halsall	SAL 55.3	1 Laretta Thorne	WSE 56.7
2 Nicole Bowering	WSE 55.6	2 Lois Cresswell	SAL 56.7
3 Michelle Pierre	SBH 55.8	3 Anita Eagland	TRF 57.2
4 Katie Jones	TRF 56.1	4 Lindsey Singer	BIR 57.5
5 Mary McClung	EWM 57.2	5 Mhari Walker	EWM 59.7
6 Jesssica Cunliffe	RUG 58.0	6 Danielle Glover	RUG 59.8
7 Rachel Harris	BIR 58.5	7 Susan Potter	TSL 60.1
8 Jenny Harris	TSL 59.7	8 Sarah Heath	SBH 60.3

800M A		800M B	
1 Mary McClung	EWM 2.09.4	1 Donna Riding	SAL 2.11.5
2 Cath Riley	TRF 2.10.4	2 Mhari Walker	EWM 2.13.9
3 Sally Evans	SAL 2.11.1	3 Emma Brady	TRF 2.14.7
4 Sarah Heath	SBH 2.15.0	4 Lucy Pringle	WSE 2.14.8
5 Sarah Simmons	WSE 2.15.8	5 Jessica Nugent	SBH 2.17.0
6 Helena Trigg	BIR 2.19.2	6 Louisa Chown	RUG 2.22.9
7 Alison Cooper	RUG 2.19.8	7 Merina Semenova	BIR 3.46.6

1500M A		1500M B	
1 Kerry Gilibrand	SAL 4.31.8	1 Louise Whittaker	SAL 4.40.0
2 Lucy Elliott	SBH 4.37.2	2 Natalie Dover	WSE 4.50.3
3 Carolyn Dickie	WSE 4.46.7	3 Emma Brady	TRF 5.04.1
4 Cath Riley	TRF 4.49.4	4 Louisa Chown	RUG 5.18.6
5 Gill Cashell	TSL 4.50.0	5 Sam Stewart	TSL 5.33.6
6 Ruth Love	RUG 4.52.4	6 Wendy Morant	BIR 6.08.2
7 Helena Trigg	BIR 4.52.7		

3000M A		3000M B	
1 Lucy Elliott	SBH 9.32.5	1 Sharon Murphy	SBH 10.16.6
2 Jo Lodge	WSE 9.37.9	2 Ruth Waller	SAL 10.32.5
3 Jenny Heath	SAL 9.45.5	3 Sam Stewart	TSL 10.58.0
4 Helen Zenner	TSL 10.11.3	4 Judith Meeten	RUG 10.58.9
5 Katherine Hughes	RUG 10.54.3	5 Lucy Stone	WSE 11.38.7
6 Josie Grey	BIR 11.05.5	6 Lindsay Johnson	TRF 13.21.1
7 Emma Brady	TRF 11.17.4	7 Yvonne Baillie	BIR DNF

100MH A	Wind -5.3 m/s	100MH B	Wind -3.8 m/s
1 Liz Fairs	TRF 14.6	1 Clova Court	WSE 14.9
2 Lynn Fairweather	EWM 14.6	2 Katie Jones	TRF 14.9
3 Melani Wilkins	WSE 14.6	3 Kate Lestrangle	SAL 15.4
4 Jackie Agyepong	SBH 14.7	4 Emma Duck	TSL 15.5
5 Katy Sketchley	TSL 15.9	5 Gillian Stewart	EWM 16.1
6 Grace Smith	SAL 16.1	6 Lorna Waters Brown	BIR 18.3

7 Sharon Davidge	BIR 17.8	7 Kirsty Obern	RUG 20.3
8 Hollie Tinn	RUG 18.9		

400MH A

1 Katie Jones	TRF 60.5
2 Joanne Oates	SAL 62.6
3 Joanne Suddes	EWM 63.6
4 Susan Potter	TSL 64.1
5 Lyndsay Fitzgerald	WSE 65.6
6 Jessica Cunliffe	RUG 67.9
7 Sharon Davidge	BIR 72.6

400MH B

1 Jane Hale	SAL 63.1
2 Rebecca Wright	WSE 64.1
3 Emma Reid	EWM 66.1
4 Clare Acford	RUG 66.4
5 Carol Dawkins	TSL 67.8
6 Jayne Mould	BIR 68.9
7 Kelly Brady	TRF 69.5

Discus Throw A

1 Philippa Roles	SAL 55.57
2 Emma Merry	RUG 50.30
3 Vickie Foster	TSL 44.89
4 Navdeep Dhaliwal	SBH 44.43
5 Elaine Cank	TRF 43.72
6 Candice Francis	BIR 36.81
7 Janet Smith	WSE 29.12
8 Susan McKelvie	EWM 18.94

Discus Throw B

1 Rebecca Roles	RUG 48.25
2 Julie Dunkley	SBH 39.31
3 Alison Rodger	SAL 38.21
4 Debbie Callaway	TSL 36.91
5 Helen Wilding	TRF 36.90
6 Lesley Brannan	BIR 33.42

Hammer Throw A

1 Lyn Sprules	SBH 58.00
2 Zoe Derham	BIR 57.81
3 Laura Douglas	SAL 51.53
4 Vicki Scott	TRF 49.28
5 Lucy Marshall	RUG 48.68
6 Janet Smith	WSE 45.37
7 Vicky Foster	TSL 41.47
8 Susan McKelvie	EWM 39.13

Hammer Throw B

1 Lesley Brannan	BIR 54.29
2 Elmarie Knoetzen	SBH 52.91
3 Jenny Duff	RUG 43.87
4 Katy Lamb	WSE 43.56
5 Helen Wilding	TRF 43.04
6 Cathy Ann Hill	TSL 31.06
7 Chiara Collins	SAL 27.05
8 Joanne Suddes	EWM 17.71

High Jump A

1 Susan Jones	TRF 1.80
2 Julie Crane	SAL 1.80
3 Kelly Sotherton	BIR 1.70
4 Gillian Stewart	EWM 1.65
5 Catriona Christie	WSE 1.60
6 Hollie Tinn	RUG 1.40
7 Clare Ridgley	TSL 1.25

High Jump B

1 Rachel Martin	SAL 1.60
2 Kim Rothman	WSE 1.55
3 Emma Reid	EWM 1.50
4 Sally Kettle	RUG 1.40
5 Juanita Coleman	TRF 1.35
6 Marina Semenova	BIR 1.35

Javelin Throw A

1 Kirsty Morrison	SBH 49.18
2 Chloe Cozens	SAL 38.31
3 Alison Moffitt	WSE 36.25
4 Rebecca Roles	RUG 36.22
5 Laura Redmond	EWM 35.96
6 Joanne Harding	TRF 34.70
7 Candice Francis	BIR 31.71
8 Debbie Callaway	TSL 23.67

Javelin Throw B

1 Jenny Grimstone	SBH 43.45
2 Sarah Warrington	RUG 32.73
3 Helen Gilbert	BIR 29.69
4 Joanne Suddes	EWM 26.55
5 Ruth Waller	SAL 22.12
6 Clare Ridgley	TSL 21.57
7 Vicki Scott	TRF 20.34

Long Jump A

1 Donita Benjamin	TRF 6.17+3.8
2 Ann Danson	SAL 6.11+1.9
3 Kim Rothman	WSE 5.99+2.4
4 Tenita Scanlon	SBH 5.87+1.6
5 Belinda Samuels	BIR 5.71+2.5
6 Charmaine Turner	TSL 5.61+2.4

Long Jump B

1 Elaine Smith	SAL 5.93+3.9
2 Karlene Turner	WSE 5.93+4.0
3 Debbie Harrison	BIR 5.66+3.1
4 Cathryn Dale	RUG 5.45+1.3
5 Becky Ridgley	TSL 5.13+2.3
6 Emma Reid	EWM 4.71+1.6

7 Katie Evans	RUG 5.59+2.1	7 Joanne Harding	TRF 4.26+2.1
8 Laura Redmond	EWM 5.46+2.3		

Pole Vault A

1 Gillian Cooke	EWM 3.60
2 Emma Hornby	BIR 3.60
3 Ellie Spain	SBH 3.50
4 Claire Ridgley	TSL 3.50
5 Linda Stanton	SAL 3.30
6 Alison Davies	WSE 3.30
7 Hollie Tinn	RUG 2.90
8 Lindsay Johnson	TRF 2.80

Pole Vault B

1 Katherine Callaghan	WSE 3.30
2 Becky Ridgley	TSL 3.20
3 Gael Davies	SAL 3.00
4 Jayne Collins	BIR 2.80
5 Kirsty Obern	RUG 2.60

Shot Putt A

1 Julie Dunkley	SBH 15.86
2 Philippa Roles	SAL 14.66
3 Vicky Foster	TSL 14.18
4 Rebecca Roles	RUG 12.70
5 Kelly Sotherton	BIR 12.37
6 Elaine Cank	TRF 12.30
7 Gillian Stewart	EWM 12.13
8 Clova Court	WSE 11.51

Shot Putt B

1 Lesley Brannan	BIR 12.10
2 Alison Rodger	SAL 11.90
3 Helen Wilding	TRF 11.84
4 Cathy Ann Hill	TSL 11.81
5 Emma Merry	RUG 11.65
6 Navdeep Dhaliwal	SBH 11.41
7 Laura Redmond	EWM 11.29
8 Nightingale Anek	WSE 8.06

Triple Jump A

1 Debbie Rose	BIR 12.57+3.4
2 Tenita Scanlon	SBH 12.50+3.6
3 Charmaine Turner	TSL 12.26+3.3
4 Katie Evans	RUG 11.91+2.7
5 Alison McAllister	SAL 11.84+2.8
6 Marcia Walker	WSE 11.76+3.9
7 Melanie Pickersgill	TRF 9.85+2.9

Triple Jump B

1 Lizzie Ptrick	BIR 11.79+2.9
2 Jodie Hurst	SAL 11.52+4.6
3 Lydia Saka	WSE 11.34+2.3
4 Cathryn Dale	RUG 10.92+2.8
5 Becky Ridgley	TSL 10.87+3.2
6 Sarah Hunter	SBH 10.77+2.7
7 Kelly Brady	TRF 9.59+4.6

4x100M Relay

1 WSE 47.5	1 Clova Court	2 Marcia Richardson
	3 Melani Wilkins	4 Felicia Louisy
2 TRF 47.7	1 Juanita Coleman	2 Liz Fairs
	3 Melanie Pickersgill	4 Donita Benjamin
3 BIR 48.3	1 Sonia Rice	2 Kelly Sotherton
	3 Zoe Wilson	4 R Harris
4 SBH 48.5	1 Cheri Pierre	2 Jackie Agyepong
	3 Shani Anderson	4 Tenita Scanlon
5 SAL 48.6	1 Grace Smith	2 Elaine Smith
	3 Jane Hale	4 Kelly Thomas
6 EWM 49.0	1 Carolyn McKenna	2 Sara Whigham
	3 Joanne Suddess	4 Gillian Stewart
7 RUG 49.4	1 Nichola Nutting	2 Emma Bailey
	3 Stephanie Squires	4 Ellena Ruddock
8 TSL 50.5	1 Emma Duck	2 Susan Potter
	3 Rachel Rogers	4 Jenny Harris

4x400M Relay

1 SAL 3.52.7	1 Lois Cresswell	2 Joanne Oates
	3 Rebecca Sweeney	4 Danielle Halsall
2 WSE 3.53.2	1 Rebecca Wright	2 Lauretta Thorne
	3 Karlene Palmer	4 Nicole Bowring
3 TRF 3.53.3	1 Liz Fairs	2 Melanie Pickersgil
	3 Cath Riley	4 Anita Eagland
4 EWM 3.57.7	1 Emma Reid	2 Jo Suddes
	3 Mary McClung	4 Mhari Walker

5	SBH 4.00.7	1 Celia Brown	2 Tanitia Scanlon
		3 Sarah Heath	4 Michelle Pierre
6	TSL 4.04.1	1 Susan Potter	2 Gill Cashell
		3 Emma Duck	4 Jenny Harris
7	RUG 4.06.0	1 Danielle Glover	2 Clare Acford
		3 Alison Cooper	4 Jessica Cunliffe
8	BIR 4.15.8	1 Lindsey Singer	2 Lorna Waters
		3 Brown Sharon	4 Davidge Helena Trigg

MATCH RESULT		LEAGUE STANDINGS			
	Event	Lge		Event	Lge
1	SAL 225	8	1 Sale Harriers Manchester	225	8
2	WSE 179	7	2 W.S.E. & Hounslow AC	179	7
3	SBH 160	6	3 Shaftesbury Barnet H.	160	6
4	TRF 155	5	4 Trafford AC	155	5
5	BIR 147	4	5 Birchfield Harriers & AC	147	4
6	RUG 141	3	6 Rugby & Northampton AC	141	3
7	EWM 111	2	7 Edinburgh Woollen Mill AC	111	2
8	TSL 110	1	8 Team solent	110	1

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100m

1 J Jones TRF 11.1