

Men

Sheet 1: 60m

60m MEN Heats

Winners and 9 fastest losers to 3 semi finals

Heat 1

18 Chris TYE-WALKER	BRUNEL WL	7.18 Q
2 Kevin MORICE	ABERDEEN	7.64
65 Andrew JOHNSON	LEEDS MET	7.78
Harry BENJAMIN-		
70 LAING	LIVERPOOL	7.81
43 Ian TAYLOR	EXETER	8.22

Heat 2

131 Olu BAPTIST	SURREY	7.16 Q
124 Tommy OFFE	STAFFS	7.35
74 Harry WOOLHOUSE	LONDON	7.60
26 Joe McHUGH	CHELT & GLOS	7.96
15 Michael BRIGHT	BRISTOL	8.11

Heat 3

33 Gareth GETTINBY	DUNDEE	7.16 Q
129 Ainsley CHINEMBRI	SUNDERLAND	7.30 Q
51 Tunji OYEDELE	GREENWICH	7.33
11 Alex SZEREMATA	BOURNEMOUTH	7.37
93 Henry FARRIS	NOTTINGHAM	7.46
25 Aaron RYAN	CHELT & GLOS	7.89

Heat 4

6 Chris STOBART	BATH	7.07 Q
39 Tim WARD	EDGE HILL	7.18 Q
103 Dan BRANDWOOD	RIPON & YORK	7.31 Q
132 Kwame BEKOE	SURREY	7.78
37 Olliseun DUROWOJU	EAST ANGLIA	7.78
69 Chris WHITE	LIVERPOOL	7.86

Heat 5

76 James CHATT	LOUGHBOROUGH	7.19 Q
73 Guido GUIZZARDI	LONDON	7.29 Q
23 James PRIOR	CEN LANCS	7.32
101 Paul LYNAS	QUEENS	7.44
8 Robie ATWELL	BIRMINGHAM	7.48
122 Alexander WEISS	SOUTH BANK	7.60

Heat 6

57 Paul NWAOLISE	KEELE	7.06 Q
21 Navid CHILDS	CAMBRIDGE	7.45
134 Greg GOODWIN	TEESSIDE	7.49
35 Toby GLOVER	DURHAM	7.52
104 David HARKNESS	RIPON & YORK	7.63

Peter LEIGHTON-
63 JONES LEEDS 8.19

Heat 7

17 Mark HANSON	BRUNEL WL	7.02 Q
111 Steve CASEY	ST MARYS	7.20 Q
114 Adam WOOLGAR	SHEFFIELD	7.58
36 William GREENHALGH	DURHAM	7.73
31 Joseph IBE	COVENTRY	7.95
24 Isiah BOZIMO	CEN LANCS	7.96

Heat 8

141 Steven SHALDERS	UWIC	6.87 Q
75 Ed GREY	LOUGHBOROUGH	6.96 Q
66 Theocharis ISPOGLOU	LEEDS MET	7.28 Q
44 James FAULKNER	EXETER	7.31 Q
145 Alan BECKEN	WARWICK	7.54
94 Alistair DALGLEISH	NOTTINGHAM	7.62

Heat 9

146 Owusu DAKO	WARWICK	6.98 Q
5 Nathan PALMER	BATH	7.17 Q
123 Pete LE ROSSIGNOL	STAFFS	7.62
113 Brian RAGOBAR	SHEFFIELD	7.76
79 Mpho MMONO	MANCHESTER	7.76
7 Adam GUNDY	BIRMINGHAM	7.86

60m MEN Semi Finals

Winners and 3 fastest losers to Final

Race 1

141 Steven SHALDERS	UWIC	6.87 Q
33 Gareth GETTINBY	DUNDEE	7.09
39 Tim WARD	EDGE HILL	7.12
131 Olu BAPTIST	SURREY	7.12
111 Steve CASEY	ST MARYS	7.15
44 James FAULKNER	EXETER	7.27

Race 2

146 Owusu DAKO	WARWICK	6.94 Q
6 Chris STOBART	BATH	7.01 Q
18 Chris TYE-WALKER	BRUNEL WL	7.02
5 Nathan PALMER	BATH	7.12
103 Dan BRANDWOOD	RIPON & YORK	7.20
66 Theocharis ISPOGLOU	LEEDS MET	7.29

Race 3

17 Mark HANSON	BRUNEL WL	6.92 Q
57 Paul NWAOLISE	KEELE	6.94 Q
76 James CHATT	LOUGHBOROUGH	7.01 Q
75 Ed GREY	LOUGHBOROUGH	7.03
73 Guido GUIZZARDI	LONDON	7.26
129 Ainsley CHINEMBRI	SUNDERLAND	7.28

60m MEN Final

141 Steven SHALDERS	UWIC	6.78
17 Mark HANSON	BRUNEL WL	6.87
146 Owusu DAKO	WARWICK	6.94
57 Paul NWAOLISE	KEELE	6.98
6 Chris STOBART	BATH	7.02
76 James CHATT	LOUGHBOROUGH	7.05

134 Paul CAMPBELL	TEESSIDE	23.48 Q
21 Andrew FRENCH	CAMBRIDGE	23.73
44 Craig HASKINS	EXETER	25.42
70 Harry BENJAMIN-LAING	LIVERPOOL	25.79
85 Stephen LITHERLAND	NEWCASTLE	26.46

Heat 6

103 Dan BRANDWOOD	RIPON & YORK	23.45 Q
115 Jonathan WAINWRIGHT	SHEFF HALL	24.47
74 Leo BARKER	LONDON	24.49
36 Edwin COOK	DURHAM	26.09
63 Peter LEIGHTON-JONES	LEEDS	27.19

Heat 7

18 Nigel LOWTHER	BRUNEL WL	23.23 Q
146 Daniel MEDCALF	WARWICK	23.43 Q
43 Stewart TURTON	EXETER	23.91
13 John SMYTHE	BRIGHTON	24.73
7 Andy POPPLETON	BIRMINGHAM	25.54

Heat 8

33 Mike BURSLEM	DUNDEE	23.25 Q
23 James PRIOR	CEN LANCs	23.52 Q
121 Alexander WEISS	SOUTH BANK	24.66
8 Adam GUNDY	BIRMINGHAM	25.38
111 Matt SIMISTER	ST MARYS	26.46

Heat 9

47 Sandy SCOTT	GLASGOW	23.18 Q
94 Dean HARDMAN	NOTTINGHAM	24.04
123 Pete LE ROSSIGNOL	STAFFS	24.43
131 Steve EMEGBO	SURREY	24.52
145 Andrew COOKNELL	WARWICK	25.72

Heat 10

76 Dave BRACKSTONE	LOUGHBOROUGH	22.89 Q
57 Paul NWAOLISE	KEELE	23.38 Q
56 Raymond NDENGEYA	HUDDERSFIELD	24.24
93 Shane BETTS	NOTTINGHAM	24.74
35 John MULHOLLAND	DURHAM	25.06

200m MEN Semi Finals**Winners and 2 fastest losers to Final**

17 Gavin STEPHENS	BRUNEL WL	22.07 Q
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Sheet 2: 200m**200m MEN Heats****Winners and 5 fastest losers to 3 Semi Finals****Heat 1**

75 James CHATT	LOUGHBOROUGH	22.80 Q
66 Theocharis ISPOGLOU	LEEDS MET	23.84
113 Tristan FRYATT	SHEFFIELD	24.53
25 Simon MINTING	CHELT & GLOS	25.80

Heat 2

19 Ben ELLIS	BUCKS COLL	23.36
79 Ben SUMNER	MANCHESTER	23.56 Q
142 Kodie THOMPSON	UWIC	23.92
65 Andrew JOHNSON	LEEDS MET	25.87
122 Conrad WILLIAMS	SOUTH BANK	DNF

Heat 3

17 Gavin STEPHENS	BRUNEL WL	22.54 Q
128 Alan LOW	STRATHCLYDE	23.03 Q
124 Tom OFFE	STAFFS	23.13 Q
64 Simon GRIER	LEEDS	25.18
69 Chris WHITE	LIVERPOOL	DNF

Heat 4

73 Guido GUIZZARDI	LONDON	23.41 Q
11 Alex SZEREMATA	BOURNEMOUTH	23.99
26 Stuart CARRINGTON	CHELT & GLOS	24.67
114 Rick MATHER	SHEFFIELD	25.02
112 Simon HUNT	ST MARYS	25.20

Heat 5

33 Mike BURSLEM	DUNDEE	23.02
73 Guido GUIZZARDI	LONDON	23.11
146 Daniel MEDCALF	WARWICK	23.53
57 Paul NWAOLISE	KEELE	DNF

Race 2

75 James CHATT	LOUGHBOROUGH	22.41 Q
103 Dan BRANDWOOD	RIPON & YORK	22.64 Q
124 Tom OFFE	STAFFS	22.65
18 Nigel LOWTHER	BRUNEL WL	23.00
23 James PRIOR	CEN LANCs	23.40

Race 3

76 Dave BRACKSTONE	LOUGHBOROUGH	22.40 Q
47 Sandy SCOTT	GLASGOW	22.59 Q
128 Alan LOW	STRATHCLYDE	23.20
134 Paul CAMPBELL	TEESSIDE	23.33
79 Ben SUMNER	MANCHESTER	23.75

200m MEN

Final

17 Gavin STEPHENS	BRUNEL WL	22.07
75 James CHATT	LOUGHBOROUGH	22.11
76 Dave BRACKSTONE	LOUGHBOROUGH	22.13
47 Sandy SCOTT	GLASGOW	22.72
103 Dan BRANDWOOD	RIPON & YORK	23.30

Heat 3

5 Jeffrey CHRISTIE	BATH	50.11 Q
21 Andrew FRENCH	CAMBRIDGE	51.41 Q
112 Andy WRIGHT	ST MARYS	53.92
25 Simon MINTING	CHELT & GLOS	56.44
103 Mufund NENE	RIPON & YORK	DNF

Heat 4

71 Tom GRANTHAM	LIVERPOOL JM	52.07 Q
80 Ben SUMNER	MANCHESTER	52.47
85 James PETERS	NEWCASTLE	54.74
64 Richard DARBY	LEEDS	59.12
91 Gal DE-HAAS	NORTHUMBRIA	59.30

Heat 5

93 Matt DEWSBERY	NOTTINGHAM	51.83 Q
116 Glen DAVIDSON	SHEFF HALL	53.18
63 Simon GRIER	LEEDS	54.77
79 Gavin MACAULAY	MANCHESTER	55.28
55 Greg RUSHWORTH	HUDDERSFIELD	61.58

Heat 6

125 Scott McDIARMID	STIRLING	51.19 Q
41 Scott KORONKA	EDINBURGH	51.31 Q
119 Dan JACKSON	SOTON INST	53.93
131 Steve EMEGBO	SURREY	59.17
19 Ciaran HAMMOND	BUCKS COLL	60.24

Heat 7

47 Iain DARROCH	GLASGOW	52.05 Q
22 Mike COLLINS	CAMBRIDGE	53.40
8 Matt DUNCAN	BIRMINGHAM	55.28
134 Martyn GORDON	TEESSIDE	56.43
15 Charlie ROMITO	BRISTOL	DNF

Heat 8

75 Chris RAWLINSON	LOUGHBOROUGH	53.54 Q
35 John MULHOLLAND	DURHAM	54.21
13 John SMYTHE	BRIGHTON	55.17
146 Pav VESELOV	WARWICK	55.81
113 Etimon KAURANDUA	SHEFFIELD	57.77

Heat 9

17 Steve SURETY	BRUNEL WL	50.80 Q
114 Peter WILSON	SHEFFIELD	53.53
94 Wilby WILLIAMSON	NOTTINGHAM	54.04
65 Dave NIBLOCK	LEEDS MET	57.22
26 Phil NEEDHAM	CHELT & GLOS	57.58

Heat 10

18 Tim BAYLEY	BRUNEL WL	51.29 Q
141 Andy CLEMENTS	UWIC	52.13

Sheet 3: 400m

400m MEN Heats AMENDED

Winners and 4 fastest losers to 3 Semi Finals

Heat 1

121 Conrad WILLIAMS	SOUTH BANK	49.97 Q
143 Carl McEWAN	UW NEWPORT	49.99 Q
73 David WILLIS	LONDON	55.05
42 Michael ROBINSON	EDINBURGH	56.31

Heat 2

96 Richard COSTELLO	NOTTM TRENT	50.54 Q
115 Drew HALL	SHEFF HALL	51.70 Q
123 Barry STRATFORD	STAFFS	54.97
7 Ian BAROUGH	BIRMINGHAM	55.24

11 Lee MANVELL	BOURNEMOUTH	53.49
56 Raymond NDENGEYA	HUDDERSFIELD	55.43
124 Simon FIELD	STAFFS	56.06

Heat 11

76 Kemet THOMPSON	LOUGHBOROUGH	52.24 Q
117 Marc STACEY	SOUTHAMPTON	53.39
36 Matthew McAULEY	DURHAM	55.25
95 Andrew MURPHY	NOTTM TRENT	55.37
69 Ben TROMANS	LIVERPOOL	DNF

400m MEN

Winners and 2 fastest losers to qualify

Semi-final

Race 1

121 Conrad WILLIAMS	SOUTH BANK	48.72 Q
18 Tim BAYLEY	BRUNEL WL	48.95 Q
93 Matt dewsbery	NOTTINGHAM	50.49
143 Carl McEWAN	UW NEWPORT	50.64
41 Scott KORONKA	EDINBURGH	52.30

Race 2

75 Chris RAWLINSON	SOUTH BANK	49.45 Q
5 Jeffrey CHRISTIE	BRUNEL WL	49.96
21 Andrew FRENCH	CAMBRIDGE	50.91
47 Iain DARROCH	UW NEWPORT	52.75
125 Scott McDIARMID	EDINBURGH	

Race 3

17 Steve SURETY	BRUNEL WL	48.62 Q
76 Kemet THOMPSON	LOUGHBOROUGH	48.66 Q
96 Richard COSTELLO	NOTTM TRENT	50.8
115 Drew HALL	SHEFF HALLAM	52.21
71 Tom GRANTHAM	LIVERPOOL JM	53.03

400m MEN

Final

76 Kemet THOMPSON	LOUGHBOROUGH	47.99
75 Chris RAWLINSON	LOUGHBOROUGH	48.06
121 Conrad WILLIAMS	SOUTH BANK	49.12
18 Tim BAYLEY	BRUNEL WL	49.78
17 Steve SURETY	BRUNEL WL	DNF

First 2 and 4 fastest losers to 2 Semi-Finals

Heat 1

116 Sam ELLIS	SHEFF HALL	1.59.36	Q
47 Craig HOUSTON	GLASGOW	2.01.15	Q
117 Nigel WRIGHT	SOUTHAMPTON	2.02.13	
101 Paul WILSON	QUEENS	2.05.34	
123 Paul HODGKINSON	STAFFS	2.07.57	
114 David PRYOR	SHEFFIELD	2.08.87	
25 Jon JAMES	CHELT & GLOS	2.18.06	

Heat 2

6 Mark GLENNIE	BATH	1.57.49	Q
21 Andy BROWN	CAMBRIDGE	1.57.72	Q
66 Steven DUNN	LEEDS MET	1.57.80	Q
135 Matthew NICHOLSON	TASC	2.00.15	
42 Tony GARNER	EDINBURGH	2.01.92	
59 David HARMER	KINGSTON	2.11.19	
112 Andy GALLBRAITH	ST MARYS	2.17.44	

Heat 3

142 Steve MILLWARD	UWIC	2.00.58	Q
65 Daniel HERMANN	LEEDS MET	2.00.84	Q
133 Martyn GORDON	TEESSIDE	2.01.50	
17 Tom GUNNING	BRUNEL WL	2.03.22	
111 Luke TEVERINI	ST MARYS	2.04.32	
41 Keith DUNLOP	EDINBURGH	2.04.66	
26 Phil NEEDHAM	CHELT & GLOS	2.09.40	

Heat 4

7 Ben COOKE	BIRMINGHAM	2.02.08	Q
76 James HOGG	LOUGHBOROUGH	2.02.27	Q
48 Paul ROGERS	GLASGOW	2.02.68	
143 Paul JONES	UW NEWPORT	2.03.07	
69 Ben TROMANS	LIVERPOOL	2.05.95	
43 Andy BELL	EXETER	2.06.42	
95 Tim BROWNING	NOTTM TRENT	2.21.44	

Heat 5

19 Ian WILLIAMSON	BUCKS COLL	1.58.60	Q
5 Dave MOULTON	BATH	1.58.69	Q
80 Paul WHITELAM	MANCHESTER	1.58.70	Q
63 Ian FISHER	LEEDS	1.58.99	Q
36 Matthew McAULEY	DURHAM	2.07.57	
93 Francis HOOTON	NOTTINGHAM	2.09.47	
73 Lloyd PRITCHARD	LONDON	2.11.98	

Sheet 4: 800m

800m MEN

Heats

96 Phillip STOREY NOTTM TRENT 2.29.02

Heat 6

75 James PARKER LOUGHBOROUGH 1.58.20 Q
115 Andrew EVANS SHEFF HALL 1.58.35 Q
137 Paul CARRON ULSTER 1.58.62 Q
118 Jon BROWN SOUTHAMPTON 2.00.37
113 Peter WILSON SHEFFIELD 2.06.06
44 Marc LEYSHAN EXETER 2.06.63
35 Simon HARMSWORTH DURHAM 2.11.55
132 Simon JONES SURREY 2.16.82

800m MEN Semi Finals

First 2 and fastest loser to Final

Race 1

116 Sam ELLIS SHEFF HALL 1.53.36 Q
5 Dave MOULTON BATH 1.55.38 Q
115 Andrew EVANS SHEFF HALL 1.55.59 Q
142 Steve MILLWARD UWIC 1.59.71
63 Ian FISHER LEEDS 2.00.66
76 James HOGG LOUGHBOROUGH 2.00.77
66 Steven DUNN LEEDS MET 2.02.59
6 Mark GLENNIE BATH DNF

Race 2

65 Daniel HERMANN LEEDS MET 1.55.74 Q
75 James PARKER LOUGHBOROUGH 1.56.04 Q
7 Ben COOKE BIRMINGHAM 1.56.49
137 Paul CARRON ULSTER 1.58.19
47 Craig HOUSTON GLASGOW 1.58.39
21 Andy BROWN CAMBRIDGE 1.58.41
80 Paul WHITELAM MANCHESTER 2.00.26
19 Ian WILLIAMSON BUCKS COLL 2.01.13

800m MEN Final

116 Sam ELLIS SHEFF HALL 1.51.57
5 Dave MOULTON BATH 1.54.33
65 Daniel HERMANN LEEDS MET 1.54.76
115 Andrew EVANS SHEFF HALL 1.55.59
75 James PARKER LOUGHBOROUGH 2.01.44

1500m MEN Heats

First 2 and 2 fastest losers to Final

Heat 1

79 Richard WARD MANCHESTER 4.02.83 Q
117 Gareth KLEPACZ SOUTHAMPTON 4.05.30 Q
19 Ian WILLIAMSON BUCKS COLL 4.07.13 Q
21 Andy BROWN CAMBRIDGE 4.09.99
35 Darren HUGILL DURHAM 4.11.01
125 Rob HUGHES STIRLING 4.18.04
111 Luke TEVERINI ST MARYS 4.32.37

Heat 2

91 Nick McCORMICK NORTHUMBRIA 4.03.22 Q
59 Russell SLADE KINGSTON 4.05.65 Q
141 Steve MILLWARD UWIC 4.07.39 Q
115 Adam DYSON SHEFF HALL 4.09.20
101 Noel POLLOCK QUEENS 4.12.51
133 John SELBY-SLY TEESSIDE 4.36.41
23 Tim HARRIS CEN LANCS 4.42.22
129 James FIRTH SUNDERLAND 6.13.22

Heat 3

Benjamin
43 TICKNER EXETER 4.12.73 Q
75 Ricky SOOS LOUGHBOROUGH 4.13.33 Q
Oliver
113 JOSEPHSON SHEFFIELD 4.14.02
Paul
123 HODGKINSON STAFFS 4.16.46
73 Gordon IRVINE LONDON 4.17.39
25 Phil NEEDHAM CHELT & GLOS 4.36.88
77 Mark REYNARD LUTON 4.44.45
55 David MASTERS HUDDERSFIELD DNF

1500m MEN Final

91 Nick McCORMICK NORTHUMBRIA 3.49.67
79 Richard WARD MANCHESTER 3.54.02
75 Ricky SOOS LOUGHBOROUGH 3.55.34
Benjamin
43 TICKNER EXETER 3.56.24
141 Steve MILLWARD UWIC 4.03.68
59 Russell SLADE KINGSTON 4.04.47
117 Gareth KLEPACZ SOUTHAMPTON 4.05.52

Sheet 5: 1500m

Sheet 6: 3000m**3000m MEN****Heats****First 3 and 3
fastest losers to
Final****Heat 1**

76 Richard BLAGROVE	LOUGHBOROUGH	8.53.63	Q
79 Andrew FRANKLIN	MANCHESTER	8.56.26	Q
21 Darren TALBOT	CAMBRIDGE	8.56.85	Q
5 Alex LOCKETT	BATH	8.58.92	Q
36 Joe HARDIMAN	DURHAM	9.14.80	
97 Jeremy BRADLEY	OXFORD	9.25.75	
73 Demetrius ONOFRIOU	LONDON	9.46.29	
116 Dave RYAN	SHEFF HALL	9.50.12	
133 John SELBY-SLY	TEESSIDE	9.55.14	
130 Rael CLAPAM	SUNDERLAND	10.15.29	
25 Kevin WALDEN	CHELT & GLOS	10.20.41	
55 David MASTERS	HUDDERSFIELD	11.01.89	

Heat 2

80 Carl TIPTON	MANCHESTER	8.50.53	Q
123 Nick GOODLIFFE	STAFFS	8.51.60	Q
35 Peter GRIME	DURHAM	8.55.46	Q
17 Andy THOMAS	BRUNEL WL	8.58.47	Q
42 Andy FIFE-JACKSON	EDINBURGH	9.22.63	
43 John O'KEEFFE	EXETER	9.30.12	
59 James RIDD	KINGSTON	9.46.10	
146 Kenny THOMPSON	WARWICK	9.54.39	
96 Thomas McKEE	NOTTM TRENT	10.04.01	
26 Jon RHYS	CHELT & GLOS	10.33.17	
19 Steven BARBER	BUCKS COLL	11.16.92	
66 Matt DONNELLY	LEEDS MET	11.30.47	

Heat 3

75 Gareth TUNRBULL	LOUGHBOROUGH	8.50.99	Q
7 David RICKETTS	BIRMINGHAM	8.54.71	Q
41 AC MUIR	EDINBURGH	8.55.22	Q
44 Shaun DIXON	EXETER	8.55.81	Q
98 Ryan STARR	OXFORD	9.08.84	
113 Sammy RASHID	SHEFFIELD	9.29.42	
145 Graham HOPE	WARWICK	9.33.34	
69 Clive PATEL	LIVERPOOL	9.43.62	
74 Oliver THWAITES	LONDON	9.53.05	
129 Matt CHEAL	SUNDERLAND	9.55.14	
95 Christopher KNIGHT	NOTTM TRENT	9.55.45	
23 Tim HARRIS	CEN LANCS	10.36.57	
60 Oscar BATTRAM	KINGSTON	10.43.97	

3000m MEN**Final**

75 Gareth TUNRBULL	LOUGHBOROUGH	7.57.90
123 Nick GOODLIFFE	STAFFS	8.24.19
79 Andrew FRANKLIN	MANCHESTER	8.26.51
35 Peter GRIME	DURHAM	8.29.40
41 AC MUIR	EDINBURGH	8.30.63
76 Richard BLAGROVE	LOUGHBOROUGH	8.38.44
7 David RICKETTS	BIRMINGHAM	8.39.92
80 Carl TIPTON	MANCHESTER	8.44.53
44 Shaun DIXON	EXETER	8.45.83
17 Andy THOMAS	BRUNEL WL	8.59.17
5 Alex LOCKETT	BATH	9.05.55
21 Darren TALBOT	CAMBRIDGE	DNF

Sheet 7: 60mH**60m HDLES MEN Heats****Winners and 3
fastest losers to
Final****Heat 1**

75 Dominic GIRDLER	LOUGHBOROUGH	8.17	Q
17 Chris TYE-WALKER	BRUNEL WL	8.30	Q
124 Ashley SWAIN	STAFFS	8.67	
36 Adrian SMOLLET	DURHAM	10.92	

Heat 2

73 Richard SEAR	LONDON	8.12	Q
6 Tristan ANTONY	BATH	8.15	Q
76 Ed GREY	LOUGHBOROUGH	8.47	
101 Paul LYNAS	QUEENS	8.74	
35 Phil MICHEL	DURHAM	9.26	

Heat 3

47 Allan SCOTT	GLASGOW	7.87	Q
5 Nathan PALMER	BATH	8.09	Q
129 Ainsley CHINEMBRI	SUNDERLAND	8.54	
122 Dimeari COOKEY	SOUTH BANK	8.99	
18 Obie MATTHEW	BRUNEL WL	9.20	
53 David LOW	HERIOT-WATT	10.40	

60m HDLES MEN Final

47 Allan SCOTT	GLASGOW	7.90
75 Dominic GIRDLER	LOUGHBOROUGH	7.92
6 Tristan ANTONY	BATH	7.98
5 Nathan PALMER	BATH	8.15
73 Richard SEAR	LONDON	8.20
17 Chris TYE-WALKER	BRUNEL WL	8.23

FINAL

75 LOUGHBOROUGH	1.28.06
5 BATH	1.29.24
17 BRUNEL WL	1.29.43
141 UWIC	1.30.27
115 SHEFF HALLAM	1.33.54

Sheet 8: 4x200m

4x200m MEN Heats

5 fastest to final

Heat 1

5 BATH	1.29.90	Q
115 SHEFF HALLAM	1.33.95	Q
55 HUDDERSFIELD	1.42.98	
63 LEEDS	1.43.28	

Heat 2

17 BRUNEL WL	1.29.35	Q
113 SHEFFIELD	1.37.85	
65 LEEDS MET	1.43.43	
25 CHELT & GLOS	1.44.15	

Heat 3

75 LOUGHBOROUGH	1.30.16	Q
145 WARWICK	1.36.20	
21 CAMBRIDGE	1.36.89	
111 ST MARYS	1.40.93	
69 LIVERPOOL	DNF	

Heat 4

141 UWIC	1.33.98	Q
43 EXETER	1.35.67	
73 LONDON	1.36.32	
35 DURHAM	1.38.38	
103 RIPON & YORK	1.40.70	

Heat 5

123 STAFFS	1.34.48	
93 NOTTINGHAM	1.35.29	
121 SOUTH BANK	1.35.36	
7 BIRMINGHAM	1.38.65	
95 NOTTM TRENT	DNF	

4x200m MEN

Sheet 9: LJ

Long Jump MEN

Qualifying A

35 James ETCHELLS	DURHAM	6.79	Q
17 Gavin STEPHENS	BRUNEL WL	6.45	Q
13 Paul PALMER	BRIGHTON	6.44	Q
43 James POINTER	EXETER	6.31	Q
25 Dave BUTLER	CHELT & GLOS	6.30	Q
76 Andy EAST	LOUGHBOROUGH	6.19	
127 Alan LOW	STRATHCLYDE	6.15	
116 Chris DACK	SHEFF HALL	6.03	
11 Lee MANVELL	BOURNEMOUTH	5.98	
87 Steve FROST	NEWI	5.98	
145 Sean McGUIRE	WARWICK	5.85	
7 Matt COOPER	BIRMINGHAM	5.82	
95 Dan ANDERTON	NOTTM TRENT	5.75	
22 Mike COLLINS	CAMBRIDGE	5.71	
41 Jonathan RITCHIE	EDINBURGH	5.62	
104 Nick HORN	RIPON & YORK	5.30	
111 Dan BATTERHILL	ST MARYS	5.17	
103 Jed HUSBAND	RIPON & YORK	4.86	
74 Leo BARKER	LONDON	DNF	

Qualifying B

81 Levi EDWARDS	MIDDLESEX	6.74	Q
141 G GARENAMOTSE	UWIC	6.70	Q
5 Dale GARLAND	BATH	6.64	Q
19 Jon FRENCH	BUCKS COLL	6.48	Q
6 Andrew PATTON	BATH	6.43	Q
142 J BIRKS	UWIC	6.34	Q
112 Matt BARTON	ST MARYS	6.29	Q
21 Navid CHILDS	CAMBRIDGE	6.26	Q
64 Phil RILEY	LEEDS	6.23	Q
18 Jon RAMOS	BRUNEL WL	6.20	Q
122 D COOKEY	SOUTH BANK	6.18	

75 P LLOYD-JONES	LOUGHBOROUGH	6.10
73 S LEWIS	LONDON	6.09
69 Andrew ALBEY	LIVERPOOL	5.79
14 Adam GREAVES	BRIGHTON	5.56
12 Alex SZEREMATA	BOURNEMOUTH	5.46
91 Michael KINNAIRD	NORTHUMBRIA	5.24
36 Edwin COOK	DURHAM	5.21

FINAL

141 G GARENAMOTSE	UWIC	7.65
17 Gavin STEPHENS	BRUNEL WL	6.90
5 Dale GARLAND	BATH	6.89
6 Andrew PATTON	BATH	6.64
25 Dave BUTLER	CHELT & GLOS	6.64
81 Levi EDWARDS	MIDDLESEX	6.60
18 Jon RAMOS	BRUNEL WL	6.48
19 Jon FRENCH	BUCKS COLL	6.38
35 James ETCHELLS	DURHAM	6.37
43 James POINTER	EXETER	6.35
64 Phil RILEY	LEEDS	6.31
112 Matt BARTON	ST MARYS	6.30
21 Navid CHILDS	CAMBRIDGE	6.21
142 J BIRKS	UWIC	6.15
13 Paul PALMER	BRIGHTON	6.10

Sheet 10: TJ

Triple Jump MEN

7 Philip FERDINAND	BIRMINGHAM	15.35
Gable		
142 GARENAMOTSE	UWIC	15.32
112 Matt BARTON	ST MARYS	13.97
5 Luke GARLAND	BATH	13.61
111 Mike CORRIGAN	ST MARYS	13.58
87 Steve FROST	NEWI	13.51
115 David BUDD	SHEFF HALL	13.21
18 M CAME	BRUNEL WL	13.00
17 Jon RAMOS	BRUNEL WL	12.97
59 L CATLING	KINGSTON	12.80
75 Matt PULLAN	LOUGHBOROUGH	12.75
21 Navid CHILDS	CAMBRIDGE	12.65
63 Phil RILEY	LEEDS	12.60
131 Olu BAPTIST	SURREY	12.56
103 David HARKNESS	RIPON & YORK	12.45

35 Jonathan BEST	DURHAM	12.41
19 Jon FRENCH	BUCKS COLL	12.28
85 Alex TRACEY	NEWCASTLE	12.28
145 Sean McGUIRE	WARWICK	12.27
74 Andrew McNAMARA	LONDON	12.19
91 Matt KELLY	NORTHUMBRIA	12.18
8 Matt COOPER	BIRMINGHAM	12.01
73 S LEWIS	LONDON	11.93
95 Dan ANDERTON	NOTTM TRENT	11.60
22 Mike COLLINS	CAMBRIDGE	11.38
14 Adam GREAVES	BRIGHTON	11.19
31 Joseph IBE	COVENTRY	10.99
13 Paul PALMER	BRIGHTON	10.80
55 Gary CHECKETTS	HUDDERSFIELD	9.72
36 Adrian SMOLLET	DURHAM	9.62
69 Andrew ALBEY	LIVERPOOL	DNF

Sheet 11: HJ

High Jump MEN

Qualifying A

5 Luke CRAWLEY	BATH	1.90 Q
21 Simon THOMAS	CAMBRIDGE	1.90 Q
31 Stuart RANCE	COVENTRY	1.90 Q
111 Robert PAUL	ST MARYS	1.90 Q
116 W MKANSANIRE	SHEFF HALL	1.90 Q
6 Darran CRONESHAW	BATH	1.85 Q
75 S BOOTH	LOUGHBOROUGH	1.85 Q
115 Pete FISHER	SHEFF HALL	1.85 Q
141 Kim HARLAND	UWIC	1.80 Q
142 Matt LEDGER	UWIC	1.80 Q
17 Matthew OBIE	BRUNEL WL	1.75 Q
41 Andrew GRANT	EDINBURGH	1.75 Q

Qualifying B

76 S HUGHES	LOUGHBOROUGH	1.75 Q
63 Phil RILEY	LEEDS	1.70
25 Jon RHYS	CHELT & GLOS	1.65)
42 Jonathan HORNER	EDINBURGH	1.65)
95 Dan ANDERTON	NOTTM TRENT	1.65)
103 Jed HUSBAND	RIPON & YORK	1.65
36 Marcus McCONNELL	DURHAM	1.65)
104 Nick HORN	RIPON & YORK	1.65)
26 Joe McHUGH	CHELT & GLOS	1.60)
35 Simon HARMSWORTH	DURHAM	1.60)
112 James PROCTOR	ST MARYS	1.60)
122 D COOKEY	SOUTH BANK	DNS

FINAL

21 Simon THOMAS	CAMBRIDGE	2.00
5 Luke CRAWLEY	BATH	2.00
111 Robert PAUL	ST MARYS	1.95
116 W MKANSANIRE	SHEFF HALL	1.90
31 Stuart RANCE	COVENTRY	1.90)
115 Pete FISHER	SHEFF HALL	1.90)
142 Matt LEDGER	UWIC	1.85
17 Matthew OBIE	BRUNEL WL	1.80
141 Kim HARLAND	UWIC	1.75
76 S HUGHES	LOUGHBOROUGH	DNF
6 Darran CRONESHAW	BATH	DNF
41 Andrew GRANT	EDINBURGH	DNF
75 S BOOTH	LOUGHBOROUGH	DNF

Sheet 12: PV

Pole Vault MEN

141 Scott SIMPSON	UWIC	5.31 CBP
75 Mark BEHARRELL	LOUGHBOROUGH	5.00
123 Ashley SWAIN	STAFFS	4.70
65 Alan RICHARDSON	LEEDS MET	4.70
142 Chris TYPE	UWIC	4.70
27 Andrew PENK	CHESTER	4.70
76 C MILLS	LOUGHBOROUGH	4.40
5 Tim HOLSGROVE	BATH	4.30
95 Ian BOWLEY	NOTTM TRENT	4.00
109 John HUTCHINSON	ST MARTINS	3.80
41 Iain ROBERTS	EDINBURGH	3.60
113 Tristan FRYATT	SHEFFIELD	3.60
111 Stuart FAWCETT	ST MARYS	DNF
131 Cameron JOHNSTON	SURREY	DNF

Sheet 13: SP

Shot Put MEN

17 Nick OWEN	BRUNEL WL	15.63
125 Scott THOMPSON	STIRLING	14.95
127 William FALCONER	STRATHCLYDE	14.05
112 Andy FROST	ST MARYS	13.61

111 Dave LOVETT	ST MARYS	13.19
141 Chris MARLAND	UWIC	12.46
124 James HUNT	STAFFS	12.41
142 James COOMBES	UWIC	12.28
73 Leo BARKER	LONDON	12.25
5 Josh LAMB	BATH	11.70
91 Chris ORR	NORTHUMBRIA	11.02
76 Steven HUGHES	LOUGHBOROUGH	10.95
36 Tom MEREDITH	DURHAM	10.33
6 C MARCHMENT	BATH	10.09
55 David LITTLE	HUDDERSFIELD	9.38
92 Matt KELLY	NORTHUMBRIA	DNS

Women

Sheet 1: 60m

60m WOMEN Heats

First 2 and 2 fastest losers to 2 Semi Finals

Heat 1

113 Yvette HENRY	SHEFFIELD	7.69 Q
17 Laura TURNER	BRUNEL WL	7.79 Q
91 Susan COATES	NORTHUMBRIA	8.08
48 Sharon CARSTAIRS	GLASGOW	8.34
36 Victoria FOSTER	DURHAM	8.56
112 Heather GASH	ST MARYS	9.07

Heat 2

73 Emily K FREEMAN	LONDON	7.57 Q
Lucy		
21 STOCKBRIDGE	CAMBRIDGE	7.84 Q
103 Sara TODD	RIPON & YORK	7.91
35 Rebecca GUTHRIE	DURHAM	7.97
124 Tina THIRWELL	STAFFORDSHIRE	8.06
111 Angela WALPOLE	ST MARYS	8.54

Heat 3

75 Kelly THOMAS	LOUGHBOROUGH	7.62 Q
47 Emma BRYSON	GLASGOW	7.74 Q
	SHEFFIELD	
115 Natasha MAY	HALLAM	7.76 Q
147 Sarah TOMLINS	WEST OF ENGLAND	7.84 Q
Hannah		
18 GAMESTER	BRUNEL WL	8.46
25 Mabs KWOK	CHELT & GLOS	8.47

Heat 4

141 Angharrad JAMES	UWIC	7.73 Q
137 Anna BOYLE	ULSTER	7.78 Q
123 Wendy DAVIDSON	STAFFORDSHIRE	7.94
Gemma		
8 METHERELL	BIRMINGHAM	8.17
65 Francesca GIBSON	LEEDS MET	8.32
118 Bronwyn HARTNEY	SOUTHAMPTON	9.18

Heat 5

128 Sara WHIGHAM	STRATHCLYDE	7.73 Q
5 Becky WHITE	BATH	7.80 Q
142 Laura EASTMAN	UWIC	7.91
7 Tina JONES	BIRMINGHAM	8.06
74 Siobhan BISHOP	LONDON	8.49
Francesca		
66 BLECHNER	LEEDS MET	9.42

60m WOMEN Semi Finals

First 2 and 2 fastest losers to Final

Race 1

73 Emily K FREEMAN	LONDON	7.50 Q
141 Angharrad JAMES	UWIC	7.62 Q
17 Laura TURNER	BRUNEL WL	7.65 Q
128 Sara WHIGHAM	STRATHCLYDE	7.68 Q
5 Becky WHITE	BATH	7.74
147 Sarah TOMLINS	WEST OF ENGLAND	7.83

Race 2

75 Kelly THOMAS	LOUGHBOROUGH	7.62 Q
47 Emma BRYSON	GLASGOW	7.69 Q
113 Yvette HENRY	SHEFFIELD	7.70
137 Anna BOYLE	ULSTER	7.72
	SHEFFIELD	
115 Natasha MAY	HALLAM	7.75
Lucy		
21 STOCKBRIDGE	CAMBRIDGE	7.96

60m WOMEN Final

75 Kelly THOMAS	LOUGHBOROUGH	7.51
73 Emily K FREEMAN	LONDON	7.52
141 Angharrad JAMES	UWIC	7.65
47 Emma BRYSON	GLASGOW	7.70
17 Laura TURNER	BRUNEL WL	7.71

128 Sara WHIGHAM **STRATHCLYDE** 7.72

Sheet 2: 200m

200m WOMEN Heats

Winners and 4 fastest losers to 2 Semi Finals

Heat 1

73 Emily FREEMAN	LONDON	24.47 Q
7 Andrea HAYLES	BIRMINGHAM	26.86
Rebecca		
35 GUTHRIE	DURHAM	27.05
91 Susan COATES	NORTHUMBRIA	27.12

Heat 2

Maiteland		
75 MARKS	LOUGHBOROUGH	25.72 Q
Lucy		
21 STOCKBRIDGE	CAMBRIDGE	26.28 Q
Angela		
111 WALPOLE	ST MARYS	28.23
25 Kate FOSTER	CHELT & GLOS	28.68
65 Fran BLECHNER	LEEDS MET	33.55

Heat 3

142 Sarah LANE	UWIC	26.00 Q
76 Nicola SANDERS	LOUGHBOROUGH	26.84
Clare		
104 EYEINGTON	RIPON & YORK	27.64
Sharon		
48 CARSTAIRS	GLASGOW	27.87
36 Anna PIPKIN	DURHAM	28.76

Heat 4

127 Sara WHIGHAM	STRATHCLYDE	25.40 Q
103 Sara TODD	RIPON & YORK	26.55 Q
Louise		
18 DOUGLASS	BRUNEL WL	27.49
74 Siobhan BISHOP	LONDON	28.07
123 Louise BEALE	STAFFORDSHIRE	DNF

Heat 5

47 Emma BRYSON	GLASGOW	24.99 Q
137 Anna BOYLE	ULSTER	26.13 Q
141 Rebecca BIRD	UWIC	26.67
22 Clara BROWN	CAMBRIDGE	27.25

Anna

94 COSTELLO NOTTINGHAM 28.03

Heat 6

147 Sarah TOMLINS WEST OF ENGLAND 25.29 Q
113 Yvette HENRY SHEFFIELD 25.77 Q
8 Naomi TAPLIN BIRMINGHAM 27.26
93 Erica SMITH NOTTINGHAM 27.57
17 Carolyn SKANNE BRUNEL WL 29.15

200m WOMEN Semi Finals

First 2 and fastest loser to Final

Race 1

73 Emily FREEMAN LONDON 24.24 Q
Maiteland
75 MARKS LOUGHBOROUGH 24.61 Q
127 Sara WHIGHAM STRATHCLYDE 25.07 Q
Lucy
21 STOCKBRIDGE CAMBRIDGE 26.31
137 Anna BOYLE ULSTER 26.37

Race 2

47 Emma BRYSON GLASGOW 24.77 Q
WEST OF ENGLAND
147 Sarah TOMLINS ENGLAND 25.19 Q
113 Yvette HENRY SHEFFIELD 25.85
142 Sarah LANE UWIC 26.45
103 Sara TODD RIPON & YORK DNF

200m WOMEN Final

73 Emily FREEMAN LONDON 24.02
47 Emma BRYSON GLASGOW 24.47
Maiteland
75 MARKS LOUGHBOROUGH 24.52
127 Sara WHIGHAM STRATHCLYDE 25.50
WEST OF ENGLAND
147 Sarah TOMLINS ENGLAND 25.71

Winners and 5 fastest losers to 2 Semi Finals

Heat 1

39 Danielle HALSALL EDGE HILL 57.26 Q
8 Laura CURTIS BIRMINGHAM 58.29 Q
103 Clare EYEINGTON RIPON & YORK 63.07
NOTTINGHAM
96 Stefanie ASCHKAR TRENT 69.55

Heat 2

47 Lesley CLARKSON GLASGOW 57.31 Q
7 Celia BROWN BIRMINGHAM 57.64 Q
Rhianna PARKER-5 SIMPSON BATH 58.99
94 Anna COSTELLO NOTTINGHAM 62.04

Heat 3

75 Michelle CAREY LOUGHBOROUGH 56.17 Q
128 Lisa WHIGHAM STRATHCLYDE 56.93 Q
93 Erica SMITH NOTTINGHAM 60.40
17 Louise DOUGLASS BRUNEL WL 62.70

Heat 4

113 Hannah WOOD SHEFFIELD 56.72 Q
15 Amy FREEMAN BRISTOL 58.28 Q
123 Louise BEAL STAFFORDSHIRE 63.12
63 Lucy GRIFFITHS LEEDS 65.64

Heat 5

9 Rachael KAY BOLTON 57.54 Q
76 Lois CRESWELL LOUGHBOROUGH 58.36 Q
73 Charlotte RANDALL LONDON 60.54
21 Clara BROWN CAMBRIDGE 62.17
111 Vicki STOKES ST MARYS DNF

400m WOMEN

Semi Finals

First 2 and fastest loser to Final

Race 1

47 Lesley CLARKSON GLASGOW 56.61 Q
9 Rachael KAY BOLTON 57.19 Q
8 Laura CURTIS BIRMINGHAM 58.48

Sheet 3: 400m

400m WOMEN

Heats

15 Amy FREEMAN	BRISTOL	58.52
75 Michelle CAREY	LOUGHBOROUGH	DISQ

95 Stefanie ASCHKAR	TRENT	2.36.27
69 Emma KNIGHT	LIVERPOOL	2.45.05

Race 2

113 Hannah WOOD	SHEFFIELD	55.86 Q
39 Danielle HALSALL	EDGE HILL	56.66 Q
7 Celia BROWN	BIRMINGHAM	57.32 Q
128 Lisa WHIGHAM	STRATHCLYDE	57.34
76 Lois CRESWELL	LOUGHBOROUGH	59.63

800m WOMEN Semi Finals

First 2 and fastest loser to Final

Race 1

49 Joanna ROSS	GLASGOW CAL	2.19.25 Q
141 Ceri MITCHELL	UWIC	2.21.51 Q
5 Helen ROBINSON	BATH	2.21.77 Q
123 Danielle GLOVER	STAFFORDSHIRE	2.24.45
117 Georgie PARNELL	SOUTHAMPTON	2.25.18

Race 2

75 Rebecca LYNE	LOUGHBOROUGH	2.15.67 Q
115 Julia RUSSELL	SHEFFIELD HALLAM	2.21.19 Q
Charlene		
65 SNELGROVE	LEEDS MET	2.22.55
6 Elizabeth AUSTEN	BATH	2.23.10
Renee		
41 CUNNINGHAM	EDINBURGH	2.34.74

400m WOMEN

Final

47 Lesley CLARKSON	GLASGOW	55.49
113 Hannah WOOD	SHEFFIELD	56.19
39 Danielle HALSALL	EDGE HILL	56.23
7 Celia BROWN	BIRMINGHAM	57.48
9 Rachael KAY	BOLTON	57.57

800m WOMEN

Final

49 Joanna ROSS	GLASGOW CAL	2.08.02
75 Rebecca LYNE	LOUGHBOROUGH	2.08.35
141 Ceri MITCHELL	UWIC	2.19.76
5 Helen ROBINSON	BATH	2.21.65
115 Julia RUSSELL	SHEFFIELD HALLAM	2.22.13

Sheet 4: 800m

800m WOMEN

Heats

First 3 and 4 fastest losers to 2 Semi Finals

Heat 1

49 Joanna ROSS	GLASGOW CAL	2.20.00
5 Helen ROBINSON	BATH	2.22.28
115 Julia RUSSELL	SHEFFIELD HALLAM	2.22.40
117 Georgie PARNELL	SOUTHAMPTON	2.23.69
26 Louise WHITBREAD	CHELT & GLOS	2.41.64
113 Rebecca CANDLIN	SHEFFIELD	2.46.26
35 Marika HAYWARD	DURHAM	DNF

Heat 2

75 Rebecca LYNE	LOUGHBOROUGH	2.21.03
Charlene		
65 SNELGROVE	LEEDS MET	2.22.26
141 Ceri MITCHELL	UWIC	2.22.39
6 Elizabeth AUSTEN	BATH	2.22.54
123 Danielle GLOVER	STAFFORDSHIRE	2.27.07
Renee		
41 CUNNINGHAM	EDINBURGH	2.32.30
	NOTTINGHAM	

Sheet 5: 1500m

1500m WOMEN FINAL

75 Caroline WALSH	LOUGHBOROUGH	4.47.93
117 Camilla WAITE	SOUTHAMPTON	4.51.83
93 Helen BARNES	NOTTINGHAM	4.51.85
71 Liz EGAN	LIVERPOOL JM	5.03.01
Kelly		
5 CRICKMORE	BATH	5.27.34

43 Sian REES	EXETER	5.31.35
Marika		
35 HAYWARD	DURHAM	5.55.48
25 Helen BUTLER	CHELT & GLOS	6.06.11
Santosh		
131 SPRINGER	SURREY	6.21.57
149 Sue VARNEY	WOLVERHAMPTON DNF	

75 Erica MARTIN	LOUGHBOROUGH	10.10.62
Rebecca		
124 HARRISON	STAFFORDSHIRE	10.29.31
118 Claire THORNE	SOUTHAMPTON	10.33.91
117 Beth HARRIS	SOUTHAMPTON	10.34.46
142 Eloise CROWLEY	UWIC	10.34.80
65 Louise JACKSON	LEEDS MET	10.42.37
73 Louise DULLEY	LONDON	10.52.41
76 Sarah MAUDE	LOUGHBOROUGH	10.53.43

Sheet 6: 3000m

3000m WOMEN Heats

First 4 and 4 fastest losers to Final

Heat 1

123 Suzanne OWEN	STAFFORDSHIRE	10.20.88	Q
75 Erica MARTIN	LOUGHBOROUGH	10.30.84	Q
129 Alison DIXON	SUNDERLAND	10.30.98	Q
142 Eloise CROWLEY	UWIC	10.33.19	Q
65 Louise JACKSON	LEEDS MET	10.40.48	Q
118 Claire THORNE	SOUTHAMPTON	10.44.39	Q
73 Louise DULLEY	LONDON	10.54.49	Q
43 Victoria PENN	EXETER	11.34.65	
69 Emma JACKSON	LIVERPOOL	12.03.66	
103 Abigail SILCOX	RIPON & YORK	13.09.45	

Heat 2

Rebecca			
124 HARRISON	STAFFORDSHIRE	10.44.11	Q
117 Beth HARRIS	SOUTHAMPTON	10.46.27	Q
93 Jo Ankie	NOTTINGHAM	10.50.12	Q
97 Kelley WILDER	OXFORD	10.50.73	Q
76 Sarah MAUDE	LOUGHBOROUGH	11.00.49	Q
44 Fiona LOVE	EXETER	11.09.71	
70 Ruth CLEGG	LIVERPOOL	11.24.06	
25 Jennifer CALVER	CHELT & GLOS	11.29.32	
21 Claire WILLER	CAMBRIDGE	11.31.16	
113 Alex MINSHULL	SHEFFIELD	12.14.73	

3000m WOMEN Final

97 Kelley WILDER	OXFORD	9.47.70
123 Suzanne OWEN	STAFFORDSHIRE	9.59.53
93 Jo Ankie	NOTTINGHAM	10.01.41
129 Alison DIXON	SUNDERLAND	10.10.11

Sheet 7: 60m H

60m Hds WOMEN Heats

First 2 and 2 fastest losers to Final

Heat 1

76 Helen WORSEY	LOUGHBOROUGH	8.49	Q
142 Sarah LANE	UWIC	8.92	Q
41 Claire LOMAS	EDINBURGH	8.98	
6 Grace SMITH	BATH	9.08	
Charmaine			
117 JOHNSON	SOUTHAMPTON	9.38	

Heat 2

Tamsin			
75 STEPHENS	LOUGHBOROUGH	8.66	Q
Alyssa			
47 FULLELOVE	GLASGOW	8.71	Q
Sarah			
5 McGRAVEY	BATH	8.75	Q
141 Vicky WILLIAMS	UWIC	8.81	Q
103 Sara TODD	RIPON & YORK	8.84	
123 Tina THIRWELL	STAFFORDSHIRE	DNF	

60m Hds WOMEN Final

76 Helen WORSEY	LOUGHBOROUGH	8.43
Sarah		
5 McGRAVEY	BATH	8.56
Alyssa		
47 FULLELOVE	GLASGOW	8.68
141 Vicky WILLIAMS	UWIC	8.75

Tamsin		
75 STEPHENS	LOUGHBOROUGH	8.77
142 Sarah LANE	UWIC	9.05

137 Mary DEVLIN	ULSTER	5.44
Charmaine		
17 TURNER	BRUNEL WL	5.32
6 Aimee CUTLER	BATH	5.11
47 Gillian COOKE	GLASGOW	5.10
18 Jenny TRUELOVE	BRUNEL WL	5.07
76 J PACEY	LOUGHBOROUGH	4.93
141 A JAMES	UWIC	4.79
75 D WILSON	LOUGHBOROUGH	4.78
142 A CROAD	UWIC	4.76
7 Tina JONES	BIRMINGHAM	4.73
65 Francesca GIBSON	LEEDS MET	4.65
35 Victoria FOSTER	DURHAM	4.61
73 Laura JULVE	LONDON	4.54
150 Lisa BAGNALL	WOLVERHAMPTON	3.81

Sheet 8: 4x200m

4x200m WOMEN Heats

Five fastest to Final

Heat 1

17	BRUNEL WL	1.51.08
35	DURHAM	1.52.67
65	LEEDS MET	DNS

Heat 2

75	LOUGHBOROUGH	1.42.04	Q
141	UWIC	1.44.45	Q
73	LONDON	1.51.99	
25	CHELT & GLOS	1.58.12	

Heat 3

5	BATH	1.45.08	Q
7	BIRMINGHAM	1.46.83	Q
123	STAFFORDSHIRE	1.50.18	Q
111	ST MARYS	DNF	

4x200m WOMEN Final

75	LOUGHBOROUGH	1.40.39
141	UWIC	1.41.11
5	BATH	1.43.26
7	BIRMINGHAM	1.44.52
17	BRUNEL WL	1.49.21

Sheet 9: LJ

LJ WOMEN FINAL

115 Natasha MAY	SHEFFIELD HALLAM	5.68
5 Emma HUGHES	BATH	5.64
21 Rosie CURLING	CAMBRIDGE	5.55

Sheet 10: TJ

TJ WOMEN FINAL

5 Becky WHITE	BATH	12.15
Charmaine		
17 TURNER	BRUNEL WL	11.81
Rachel		
6 PEACOCK	BATH	11.68
105 N BRANT	ROEHAMPTON	11.36
137 Mary DEVLIN	ULSTER	11.30
142 Lydia CYCANSKI	UWIC	11.16
41 Julia STRAKER	EDINBURGH	10.98
18 Kate KINNER	BRUNEL WL	10.93
141 Alison CROAD	UWIC	10.81
76 Jenny PACEY	LOUGHBOROUGH	10.62
77 Ola WILLIAMS	LUTON	10.09
103 A SILCOCK	RIPON & YORK	8.62

Sheet 11: HJ

HJ WOMEN FINAL

75 Natalie CLARK	LOUGHBOROUGH	1.68
31 Antonia Bemose	COVENTRY	1.65
65 Susannah GREEN	LEEDS MET	1.60
76 Natalia NORWOOD	LOUGHBOROUGH	1.60
123 Tina THIRWELL	STAFFORDSHIRE	1.60
Charmaine		
117 JOHNSON	SOUTHAMPTON	1.55
29 Danielle HASSELL	CITY	1.55
41 Vanessa KENNEDY	EDINBURGH	1.50

Sheet 12: PV

Pole Vault WOMEN FINAL

142 Anna LEYSHON	UWIC	3.50
123 Laura PATTERSON	STAFFORDSHIRE	3.40
17 Dawn WRIGHT	BRUNEL WL	3.00
93 Carys HOLLOWAY	NOTTINGHAM	2.80
141 H TINN	UWIC	2.80
	SHEFFIELD	
115 Lindsay JOHNSON	HALLAM	2.70
5 Sarah NICHOLS	BATH	2.60
124 Lucy HOWCROFT	STAFFORDSHIRE	2.40
19 Caroline SMITH	BUCKS COLL	DNF

Sheet 13: SP

Shot WOMEN FINAL

137 Eva MASSEY	ULSTER	14.15
Joan		
17 MACPHERSON	BRUNEL WL	12.93
75 Rebecca PEAKE	LOUGHBOROUGH	12.83
51 Joanna BENNET	GREENWICH	12.60
Charmaine		
117 JOHNSON	SOUTHAMPTON	12.22
149 Natasha MIGHTY	WOLVERHAMPTON	11.29
112 Rachel BOARD	ST MARYS	10.55
76 J PACEY	LOUGHBOROUGH	10.55
18 Katy WATTS	BRUNEL WL	9.88
127 Fiona CLASPER	STRATHCLYDE	9.79
138 Claire McALEESE	ULSTER	9.78
124 Wendy DAVIDSON	STAFFORDSHIRE	9.44
73 Jeanette OKOBI	LONDON	8.53
123 Tina THIRLWELL	STAFFORDSHIRE	8.50
150 L BEADY	WOLVERHAMPTON	6.82