



**Scottish Athletics Federation**



**National Cross Country  
Championships**

**For Males and Females**

**Bell Baxter High School**

**Cupar, Fife**

**Sunday 7<sup>th</sup> February 1999**

**At 12 noon**

**Official Programme £1.00**

**In Association with**



**FIFE AC,  
YOUR HOST CLUB TODAY  
WELCOMES EVERYONE  
TO THE 7<sup>th</sup> ANNUAL  
NATIONAL  
CROSS-COUNTRY CHAMPIONSHIPS**



**TIMETABLE**

RACE	DECLARATIONS CLOSE	RACE STARTS	DISTANCE
Under 13 Boys	11.30	12.00	3,200 metres
Under 13 Girls	11.45	12.15	3,200 "
Under 15 Boys	12.00	12.30	4,000 "
Under 15 Girls	12.15	12.45	4,000 "
Under 20 Men	12.35	1.05	8,000 "
Under 17 Women	1.00	1.30	4,800 "
Senior Men	1.10	1.50	12,000 "
Sen/Jun Women	2.10	2.40	6,400 "
Under 17 Men	2.40	3.10	6,400 "

**NOTE** It is approx. 0.5 mile from Bell Baxter School to start

**PRESENTATIONS**

Individual awards will be made immediately after each race at the course.

Team awards will be made in Bell Baxter High School at 4.30pm approx.

**SPECIAL NOTICES**

- (1) Please follow direction signs to course and **KEEP TO THE FOOTPATH**
- (2) It must be strictly observed that warming up will not be allowed on the actual course.
- (3) Spikes or cross country shoes should be removed before entering Bell Baxter High School
- (4) In all races numbers must be worn **FRONT**
- (5) Club vests must be worn. Athletes not wearing club vests will be liable for disqualification
- (6) Athletes and spectators must not encroach on the start/finish area
- (7) Toilets are available at the start/finish area
- (8) I.A.A.F advertising rules will be strictly enforced

## SCOTTISH ATHLETICS FEDERATION OFFICE -BEARERS

Hon President  
President DD  
Vice President  
Chief Executive

W.M.Campbell CBE QC MP  
Prof R.Morrison  
Mrs J.Watt  
D.Joy

### ROAD RUNNING AND CROSS COUNTRY COMMISSION

Convenor  
Vice Convenor  
Hon Secretary  
Finance Officer

Mrs E.Gunstone  
W.A.Robertson  
B. Goodwin  
D.McLaren

<p>THE A T MAYS TROPHY FOR THE OVERALL TEAM PERFORMANCE</p>
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#### Rules Determining Winner of Trophy

- (a) Clubs will be awarded points in each race equal to the finishing position of their team. That is 1<sup>st</sup> team (1 point) 2<sup>nd</sup> Team (2 points) etc
- (b) The AT Mays Trophy will be awarded to the club that scores the lowest aggregate number of points over the 5 National Championships calculated as per (a)
- (c) If part (b) fails to obtain a result then only clubs who have finished a Senior team and declared teams in other races are eligible for this trophy. In this case the trophy will be awarded to the club with the lowest aggregate number of points calculated as follows
- For finishing teams points are awarded as per part (a)
  - For declared but non-finishing teams the points awarded will be the highest team placing plus 1
  - The result will be determined for clubs with 4 finishing teams and if failing to achieve a result for 3 finishing teams and then 2 finishing teams
- (d) Clubs not finishing a Senior Team are not eligible for the trophy
- (e) In all cases in the event of a tie position of the club finishing highest in the senior race will be adjudged the winner

<p>THE PAT SPENCE MEMORIAL TROPHY WILL BE AWARDED FOR THE OVERALL WOMEN'S BEST PERFORMANCE</p>
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## OFFICIALS

Referee	J.Young
Clerk of the Course	D.Francis.
Judges/Funnel Control	R.McSwein (Chief) W.Banks, A.Potts, D.Wilmoth.
Timekeepers	J.Scott (Chief), J.G.Bruce, W.Ramsay, G.Sword, C.Stewart, D.McSwein, H.Quinn,
Recorders (Places)	Mrs S.Hardacre (Chief),A.Cameron, I.Hislop, I.Mann, R.Oliver, Mrs B.Oliver, Mrs J Cameron
Recorders (Times)	Mrs M.Daly, Mrs M.Wilmoth.
Starters	B.Craighead(Chief), J.Cameron.
Marksmen	F.McCluskie(Chief), A.Smith.
Officials Reception	J.Hamilton
Declarations	A.Scott, Mrs S.Scott, Mrs M.Gilfillan, Mrs E.Leach
Results	Mrs M.Cook, Mrs S.Smart, M Gray, C.Seaman., A.Jackson. Mrs J.Jackson, P.Jackson, H.Jackson
Results Runner	B.Scott.
Announcers	R.Gray, A.Naylor.
Medical Officer	Dr D.Bee
Drugs Control	G.Spence.
First Aid	St. Andrew's Ambulance Brigade.
Press Liaison	B.A.Goodwin
Presentations	Mrs E.Young.
Reception	Mrs E.Gunstone, W.A.Robertson, B.A.Goodwin, D.V.McLaren.
Stewards	Members of Fife A.C.
Jury of Appeal	Mrs E.Gunstone, B.A.Goodwin, R.Morrison.
Convener	J.E.Clifton.

## Fife Council

I am very pleased to welcome you to the National Cross Country Championships, which are being held in Fife for the first time.

Fife Athletic Club should be congratulated in agreeing to host this years event at such short notice given the unfortunate difficulty with the venue at Perth. Fife Council are pleased to be associated with such a prestigious event in the athletics calendar.

Fife is proud of its tradition in supporting sport in many different ways, from the direct provision of facilities to the organisation of events and training courses and the provision of financial assistance to sportsmen and women and to our clubs.

Fife has produced many great athletes not many greater than local MP Menzies Campbell who was an Olympic Sprinter and Great Britain team captain who will present the prizes today.

I hope that all competitors, officials, helpers and spectators enjoy the event and our excellent new facilities at Bell Baxter High School.

John W MacDougall J P  
Convenor  
Fife Council

## Scottish Athletics Federation

The SAF National Cross Country Championships present all cross country runners with the ultimate domestic challenge of the season. This year, 1999, sees us in Cupar for the first time and it is therefore an added pleasure for me, as President, to welcome you all to my adopted home for these Championships. May I take this opportunity to wish you all success in your particular event

Dave Francis, Andrew Arbuckle and the Fife AC team have prepared a very challenging course for this afternoon's event. To them our thanks for their hard work and commitment to the Championships.

The organisation of these Championships is a massive undertaking involving many athletes, officials and helpers. Our grateful thanks therefore go to all who have contributed to the successful day. In particular let me congratulate Jim Young, the SAF Road Running and Cross Country Commission's Championship Convenor and Ian Clifton as today's Convenor. Thanks to both of you for the many hours of preparation to ensure Championship conditions for the athletes.

Cross Country makes winners of those who finish any course. So let me add my congratulations to all our winners today whether it be as a champion, in achieving a best performance or in competing.

Ron Morrison  
President  
Scottish Athletics Federation



## Road Running and Cross Country Commission

It is with great pleasure that I extend a very warm welcome to you to-day. This is the first time the National Championships have been held in Cupar and the members of the Commission are grateful to Fife AC for agreeing to organise the event at very short notice when other venues became impossible.

Venues for championships involving so many competitors as we have to-day are becoming more and more difficult to find so we are deeply indebted to Messrs Murray Simpson and Richard Finnie whose land we are running on and we also wish to thank Bell Baxter High School Board for allowing us to use the school buildings for catering and changing facilities.

We are extremely fortunate to have Ian Clifton as convenor of this year's championships. No one has more experience of the task than he does and I thank him most sincerely for putting so much time and effort into staging the 1999 cross country championships.

Our thanks are also due to all the officials on duty to-day: the clerk of the course and the stewards; the referee, judges, recorders and timekeepers; the starter; the declaration stewards and results compilers; the announcers; the first aiders and other members of the medical team and many more, not forgetting, of course the workers who printed programmes and accepted entries accompanied by membership numbers for the first time! We are also indebted to the representatives of the press who report our activities so vividly and accurately throughout the year.

Whether competing or spectating, I am sure we shall all have a thrilling day. Enjoy yourselves!

Eleanor Gunstone  
Convenor  
Road Running and Cross Country Commission

SCOTTISH ATHLETICS FEDERATION



**FOR THE ATTENTION OF  
TEAM MANAGERS  
AND CLUB OFFICIALS**

Recent reports of vandalism at Cross Country events is giving cause for concern. Not only is this type of behaviour damaging other people's property, it is damaging the sport of athletics and must be curtailed now.

It is a great pity that needless acts can spoil what can otherwise be a successful day for competitors, officials and spectators, so it is up to everyone to see that it does not happen at Cupar today. Such incidents can only serve to bring the sport into disrepute and make it more difficult for organisers to obtain future premises and sponsors.

The Convening committee appeal to all team captains and club officials to make every effort to see that athletes under their supervision behave in a responsible manner and also to report any acts of misbehaviour by other runners to an S.A.F. official.

It is regrettable that it has been necessary to make this appeal, but it must be made and made in the strongest possible terms, so that the problem is highlighted and the proper action taken.

Your co-operation would be appreciated.

7<sup>th</sup> ANNUAL

**U13 BOY'S CHAMPIONSHIPS**

(Over 11 but under 13 as at 1<sup>st</sup> September 1998)

Distance 2miles/3,200metres

The winning team to hold the "McKenzie Cup" for 12 months

The winning individual to hold the "Alex Nangle Memorial Trophy" for 12months

**THE RACE WILL START AT 12.00 NOON**

The holders Ron Hill Cambuslang Harriers

Individual Winner D.Malin (Nithsdale AC)

**TEAMS NOT LESS THAN 4 AND 4 TO COUNT**

**Aberdeen AAC-Colours:** White with 2 red hoops

1 Andrew Hart                      2 Ian Jamieson                      3 Mark Kennedy                      4 Stephen Miller

**AC Eyemouth-Colours:** Yellow and Green

5 George Wood

**Annan & District AC-Colours:** Yellow Vest/Black Shorts

6 Gary Austin                      7 John Garner

**Arbroath & District AC-Colours:** Black with vertical yellow stripe

8 Kevin Meldrum

**Ayr Seaforth AAC-Colours:** White with Red Diagonal Cross

9 Tommy Boyd                      10 Gordon Munro

**Babcock Pitreavie AAC-Colours:** Navy/Yellow/White

11 Aaron Herbert                      12 Ewan Simpson

**Banchory Stonehaven AC-Colours:** Royal Blue with White band

13 Campbell Lawson                      14 Alasdair Ramage                      15 Calum Cloggie

**Central AC-Colours:** Yellow and Blue

16 Alistair Hay                      17 Christopher Reynolds                      18 Graeme McDougall

**City of Edinburgh AC-Colours:** White with one Blue, one Black Hoop

19 David Mann                      20 Ewan Smith                      21 Mark Smith                      22 Dean Wylie

**Dundee Hawkhill Harriers-Colours:** Blue and White Quarters

23 Duncan Clarke

**East Kilbride AAC-Colours:** Gold with 2 Black hoops

24 Graeme Caskie                      25 Mark Mc Cluskey                      26 Alistair Campbell

**Falkirk Victoria Harriers-Colours:** Black with Gold Band

27 Alasdair Stewart

**Fife AC-Colours:** White with Red Band

28 Graeme Noble                      29 Murray Westwater                      30 Stuart Westwater

31 John McIntosh                      32 Neil Porter                      33 David Mcfarlane                      34 J Waldie

**Forres Harriers-Colours:** Red

35 Kyle Hay                      36 Grant Fraser

**Gala Harriers-Colours:** White with Green Band

37 Luke Dumper

**George Heriots CCC-Colours:** White with Blue Band

38 Dean Owens                      39 James Gibson                      40 James Nicolson

41 Ross Alexander                      42 Alistair Bell

**Giffnock North AAC-Colours:** Amber with Royal Blue Hoop

43 Craig McDougall                      44 Antoni Dobrenko                      45 Stuart Bale

46 Norman Galbraith                      47 Ross McNay                      48 John MacLachlan                      49 Richard Allan

50 Andrew Fraser                      51 Luke Farrell                      52 David Grant                      53 Peter Dunn

**Gleniffer High School-Colours: Red/Black/Sky Blue**

54 Kevin McGregor 55 Guy Martindale 56 Mathew Leitch 57 Keith Higgins  
 58 Steven Lamb 59 Chris McCallum

**Greenock Glenpark Harriers-Colours: Sky Blue with Royal Blue and Gold Hoops**

60 David Butcher 61 William Sharp 62 Calum Wilson

**Inverclyde AC-Colours: Black & White Stripes**

63 Graham Murdoch

**Inverness Harriers-Colours: Gold with Maroon Diagonal**

64 Rikki Cooper 65 Steven Fraser 66 Calum Matheson

**Kwik Fit Corstorphine AC-Colours: White with Black Trim**

67 Alistair McColl 68 Scott Mitchell 69 Ross O'Hara

70 Scott Pilkington 71 Michael Szymanski

**Larkhall YMCA-Colours: Red with White Hoops**

72 John Mowbray 73 Euan Douglas

**Lasswade AAC-Colours: White with 2 Blue Bands and Red Band**

74 Dean Philip 75 Scott Fraser 76 Chester Jarron 77 John Urey

78 Jamie Bell

**Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band**

79 Richard Porte 80 Blair Struthers

**Livingston & District AAC-Colours: Yellow with Green Stripe**

81 Christopher Mckelvie 82 Andrew Woodhead

**Lochaber AC-Colours: White with 2 Blue Hoops**

83 Mark Chisolm 84 Graham Welsh 85 Scott Roger

86 Michael Sillars

**Peterhead AAC-Colours: Sky Blue**

87 Stuart Anderson

**Ron Hill Cambuslang Harriers-Colours: Red with White Band**

88 Stephen Dunn 89 Iain Gilchrist 90 Andrew McDonald 91 P McManus

92 Gary Semple 93 T Lamont 94 B Tallent 95 A Young

96 A McCandlish 97 D Docherty 98 B Kimmet 99 A Logie

**Shettleston Harriers-Colours: Blue with Yellow Band**

100 David Wallace 101 Mark Cunningham 102 Ian Alexander

103 Gordon Fleming 104 Gordon Phillips

**Springburn Harriers-Colours: Navy Blue with White Diamond**

105 Stephen Taggart 106 Paul McVey 107 Michael Comes

**Victoria Park AAC-Colours: Blue and White Hoops**

108 Michael McCue 109 Patrick Dillon 110 Alex Nixon

111 Nicholas Tolmie

**Wigtownshire AC-Colours: Blue/Red Quarters**

112 Silas Goldsworthy 113 Thomas Burns

**7<sup>th</sup> ANNUAL****U13 GIRL'S CHAMPIONSHIPS**

(Over 11 but under 13 as at 1<sup>st</sup> September 1998)

Distance 2miles/3,200metres

The winning team to hold the "John Waddell Trophy" for 12 months

The winning individual to hold the "William Bramwell Trophy" for 12months

**THE RACE WILL START AT 12.15 PM**

The holders Giffnock North AAC

Individual Winner N.Stephen (Banchory AC)

**TEAMS NOT LESS THAN 4 AND 4 TO COUNT****Aberdeen AAC-Colours: White with 2 red hoops**

1 Charlotte Forbes 2 Jade Christie 3 Jane Clark 4 Gillian Robb

**Annan & District AC-Colours: Yellow Vest/Black Shorts**

5 Laura Robertson 6 Caroline Hall

**Arbroath & District AC-Colours: Black with vertical yellow stripe**

7 Emma Macpherson 8 Sarah McNally

**Ayr Seaforth AAC-Colours: White with Red Diagonal Cross**

9 K Simpson

**Babcock Pitreavie AAC-Colours: Navy/Yellow/White**

10 Sharon Lamont 11 Eilidh Child 12 Claire Macaulay 13 Emily Newsom

14 Keleigh Paterson 15 Kristine Watt

**Banchory Stonehaven AC-Colours: Royal Blue with White band**

16 Rachel Spencer

**BP Black Isle AAC-Colours: Black with Red Diagonal Stripe**

17 Kirsty Law

**Central AC-Colours: Yellow and Blue**

18 Fiona Chalmers 19 Lauren Stuart 20 Cara Watson

21 Fiona Thompson

**City of Edinburgh AC-Colours: White with one Blue, one Black Hoop**

22 Megan Wright 23 Lauren Park 24 Kathy Robb 25 Jessica Fogarty

**City of Glasgow AC-Colours: Royal Blue with Green Panel**

26 Jill Roche 27 Laura Macpherson 28 Nicola Connolly

**Dumbartonshire AAC-Colours: Green with Navy Blue Stripe**

29 Marie Gardiner

**Dundee Hawkhill Harriers-Colours: Blue and White Quarters**

30 Jennifer Bell 31 Jennifer Jarrett 32 Sarah Booth

**East Kilbride AAC-Colours: Gold with 2 Black hoops**

33 Frances Mc Cluskey

**Falkirk Victoria Harriers-Colours: Black with Gold Band**

34 Moira Davie

**Fife AC-Colours: White with Red Band**

35 Alison Rowe 36 Alyson Forbes 37 Laura Nicholson 38 Fiona Muir

39 Fiona Thomson

**Giffnock North AAC-Colours: Amber with Royal Blue Hoop**

40 Fiona Noble 41 Jenna Roche 42 Lynne Beattie 43 Eilidh Dorrian

44 Gemma Mulvey 45 Kerry Cox 46 Susan Jenkins

47 Heather McCreadie 48 Gemma Carberry 49 Maya Gibbs

**Gleniffer High School-Colours: Red/Black/Sky Blue**

50 Amanda McLennan 51 Laura Docherty 52 Jacqueline Elliot  
 54 Stacy Blair 55 Fiona McIntire 56 Lecann Connolly  
 57 Katherine Wilkie

**Harmony AC-Colours: Red with Green Diagonal**

58 Marbeth Shiell 59 Amy-Jo Shiell

**Inverclyde AC-Colours: Black & White Stripes**

60 M Gray

**Inverness Harriers-Colours: Gold with Maroon Diagonal**

61 Alexena McArthur 62 Lynsey Henderson 63 Saskia Stevenson  
 64 Liusaidh Mathieson

**Irvine AC-Colours: Red with Black Trim**

65 Caroline Ferns 66 Kimberley Stevely 67 Deborah McNeil

**Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops**

68 Fiona Gentles 69 Nicky McKay 70 Heather Williams  
 72 Lisa Hutson 73 Lynsey Bowles 74 Jenna Witchell

**Kwik Fit Corstorphine AC-Colours: White with Black Trim**

75 Lyndsey Ferguson 76 Sara-Jane Ferguson 77 Dee Turner

**Lasswade AAC-Colours: White with 2 Blue Bands and Red Band**

78 Keira Murray 79 Laura Watson 80 Sophie Ferguson  
 81 Samantha Bruce

**Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band**

82 Pamela O'Connor 83 Natalie Harkins 84 Jennifer O'Hare

**Livingston & District AAC-Colours: Yellow with Green Stripe**

85 Linsey Nicoll

**Nithsdale AC-Colours: Jade Green/Black/White**

86 Lorna Innes

**Perth Strathtay Harriers-Colours: Orange with Blue Trim**

87 Jennifer Watson

**Shetland AAC-Colours: White Vests 3 Blue Hoops**

88 Claire Wilson

**Stewarty AC-Colours: Sky Blue with Black diag Band**

89 Siobhan McClung

53 Ruth Turner

71 Nicola Cassells



7<sup>th</sup> ANNUAL

## U15 BOY'S CHAMPIONSHIPS

(Over 13 but under 15 as at 1<sup>st</sup> September 1998)

Distance 2.5miles/4,000metres

The winning team to hold the "John Semple Cup" for 12 months

The winning individual to hold the "John Semple Trophy" for 12months

### THE RACE WILL START AT 12.30 PM

The holders Law & District AAC

Individual Winner A.Lemoncello (Fife AC)

### TEAMS NOT LESS THAN 4 AND 4 TO COUNT

**Aberdeen AAC-Colours: White with 2 red hoops**

1 Stuart Forbes 2 Ian Flett 3 Alan Wales 4 Robert Miller  
 5 Christopher Maslen

**Annan & District AC-Colours: Yellow Vest/Black Shorts**

6 Darren Malin 7 Lee Malin

**Ayr Seaforth AAC-Colours: White with Red Diagonal Cross**

8 Christopher Bodys

**Babcock Pitreavie AAC-Colours: Navy/Yellow/White**

9 W Bruce 10 Neil Koronka 11 Paul McCloskey 12 John Newsom  
 13 Derek Simpson

**BP Black Isle AAC-Colours: Black with Red Diagonal Stripe**

14 Jamie Stephen 15 Stuart Obree

**Central AC-Colours: Yellow and Blue**

16 Ryan Summerscales

**City of Edinburgh AC-Colours: White with one Blue, one Black Hoop**

17 Kevin Mann 18 Brett Dalglish

**Dumbartonshire AAC-Colours: Green with Navy Blue Stripe**

19 Gerard Gardiner

**Dundee Hawkhill Harriers-Colours: Blue and White Quarters**

20 Chris Kirkcaldy 21 Neil Ferguson

**East Kilbride AAC-Colours: Gold with 2 Black hoops**

22 Niall Barclay 23 Chris Kelly 24 Stephen Matthews

**Falkirk Victoria Harriers-Colours: Black with Gold Band**

25 Ross Munnoch 26 Donald Todd

**Fife AC-Colours: White with Red Band**

27 Andrew Murphy 28 Graham Bee 29 A Shanks 30 Kevin Wallace  
 31 Angus McLachlan 32 Aaron Mellon 33 P Murrison 34 Benjamin Pippard  
 35 Ben Anderson

**Forres Harriers-Colours: Red**

36 Alex O'May 37 Iain O'May

**George Heriots CCC-Colours: White with Blue Band**

38 Aaron Simpson 39 Peter Dickson 40 Alex Milne 41 Philip Purves

**Giffnock North AAC-Colours: Amber with Royal Blue Hoop**

42 Richard Munro 43 Barry Weatherston 44 Iain Campbell 45 Keith Chaplin

46 Steven Milligan 47 John Walker 48 Graham Thomson 49 Mathew Dorrian

50 Gavin Ross 51 Jim Maclachlan

**Gleniffer High School-Colours: Red/Black/Sky Blue**

52 Gary Darroch    53 Colins May    54 Scott Harvey    55 Peter Mack  
 56 Victor McGregor    57 Gary Browns    58 David Bannerman    59 David Barr  
 60 Scott Watkins

**Inverclyde AC-Colours: Black & White Stripes**

61 Colin Doherty

**Irvine AC-Colours: Red with Black Trim**

62 Craig Rodgers    63 Neil Collins    64 Chris Bevan

**Kilbarchan AAC-Colours: Gold with Black Hoop**

65 Kevin Downie    66 Iain Crapnell

**Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops**

67 Ross Mc Neil    68 James Witchell

**Kwik Fit Corstorphine AC-Colours: White with Black Trim**

69 Kris Berry

**L & L Track Club-Colours: Lemon with Scarlet Trim**

70 Stuart Griffin

**Larkhall YMCA-Colours: Red with White Hoops**

71 Ross Douglas

**Lasswade AAC-Colours: White with 2 Blue Bands and Red Band**

72 Paul Elliot

**Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band**

73 Stephen Porte    74 Tom Grant    75 David Campbell    76 Steven Lawley

**Livingston & District AAC-Colours: Yellow with Green Stripe**

77 Iain Donnan    78 Alex Thomas    79 John Graham    80 Marc Johnston

81 Phillip Milligan

**Lochaber AC-Colours: White with 2 Blue Hoops**

82 Michael Chisolm

**Peterhead AAC-Colours: Sky Blue**

83 Adam Watt

**Ron Hill Cambuslang Harriers-Colours: Red with White Band**

84 Mark Cassidy    85 A Gray    86 Christopher Hendry    87 Ian Munro

88 D Kelsey    89 Jasmair Pal    90 A Scott    91 A Stevens

92 J Walker    93 F Brown

**Shettleston Harriers-Colours: Blue with Yellow Band**

94 James McLaren    95 David Duff    96 Robert Colquhoun

**Teviotdale Harriers-Colours: White with Maroon Band**

97 A Maltman

**Wigtownshire AC-Colours: Blue/Red Quarters**

98 Richard Goldsworthy

**7<sup>th</sup> ANNUAL****U15 GIRL'S CHAMPIONSHIPS**

(Over 13 but under 15 as at 1<sup>st</sup> September 1998)

Distance 2.5miles/4,000metres

The winning team to hold the "Falkirk District Sports Council Trophy" for 12 months

The winning individual to hold the "William Bramwell Trophy" for 12months

**THE RACE WILL START AT 12.45 PM**

The holders Kilbarchan AAC

Individual Winner D.Smith (Helensburgh AAC)

**TEAMS NOT LESS THAN 4 AND 4 TO COUNT**

**Aberdeen AAC-Colours: White with 2 red hoops**

1 Laura Corsie    2 Angela Shearer    3 Lia Haskett    4 Natalie Rilisy

**Annan & District A-Colours: Yellow Vest/Black Shorts**

5 Lisa Smith    6 Amy Myatt    7 Gemma Weild    8 Ashley Legg

9 Emma Johnstone

**Arbroath & District A-Colours: Black with vertical yellow stripe**

10 Gemma Ritchie    11 Claire Webber

**Ayr Seaforth AAC-Colours: White with Red Diagonal Cross**

12 R Simpson

**Babcock Pitreavie AAC -Colours: Navy/Yellow/White**

13 Samantha Marshall    14 Amy Falconer    15 Nicola McFarlane    16 Erin Barclay

17 Victoria Watt    18 Alana Robertson

**Banchory Stonehaven AC-Colours: Royal Blue with White band**

19 Briony Curtis

**BP Black Isle AAC-Colours: Black with Red Diagonal Stripe**

20 Lorna Paton    21 Sarah Smith

**Central AC-Colours: Yellow and Blue**

22 Laurie Douglas    23 Suzanne Borrowman    24 Louise Martine    25 Catherine Robbins

26 Iona Cairns    27 Heather Dodds

**City of Edinburgh AC-Colours: White with one Blue, one Black Hoop**

28 Elizabeth Mill

**City of Glasgow AC-Colours: Royal Blue with Green Panel**

29 Heather Calderwood    30 Lauren Young    31 Danielle Keir    32 Lorna Stevens

33 Jemma Muir    34 Emma Blackwood

**Dundee Hawkhill Harriers-Colours: Blue and White Quarters**

35 Louise Helyer    36 Holly Scanlan    37 Amy Moore

**Dunfermline & West Fife AC-Colours: Dark Blue, Light Blue, White**

38 Hazel Ballantyne

**Ellon AAC-Colours: Black/Red/Gold**

39 Kimberley Miles

**Falkirk Victoria Harriers-Colours: Black with Gold Band**

40 Alison Davie    41 Susan Eardley    42 Heather Tatton

**Fife AC-Colours: White with Red Band**

43 Frances Meek    44 Finola Urquhart    45 Jemma Dalrymple

**Forres Harriers-Colours: Red**

46 Ruth Mitchell    47 Gemma Forbes

**Garscube Harriers-Colours: White with Blue Band**

48 Debbie Russell    49 Sarah Milne    50 Claire Pollard



**Giffnock North AAC**-Colours: Amber with Royal Blue Hoop  
 51 Yvonne Hamilton 52 Helen Stevenson 53 Alison Mackenzie 54 Carina Birrell  
 55 Kara Kerr

**Gleniffer High School**-Colours: Red/Black/Sky Blue  
 56 Lynn Pattison 57 Deborah McCool 58 Yvonne Gauldie 59 Stephanie Smith  
 60 Cheryl Watson 61 Lisa Garrott

**Inverclyde AC**-Colours: Black & White Stripes  
 62 L McIntosh

**Inverness Harriers**-Colours: Gold with Maroon Diagonal  
 63 Jennifer Main 64 Fiona Spence 65 Mhairi Spence 66 Eilidh Cole  
 67 Vaia Robertson

**Irvine AC**-Colours: Red with Black Trim  
 68 Cheryl Hanvey

**Johnnie Walker Kilmarnock Harriers**-Colours: Royal Blue with 2 White Stripes  
 69 Laura Cairns 70 Sarah Shanks 71 Gemma Houston

**Kilbarchan AAC**-Colours: Gold with Black Hoop  
 72 Fiona Steel 73 Anneka Galbraith 74 Karen Downie 75 Heather Gordon  
 76 Jennifer Queen 77 Gillian Cairns

**Kwik Fit Corstorphine AC** Colours: White with Black Trim  
 78 Elaine Smith

**Larkhall YMCA**-Colours: Red with White Hoops  
 79 Karen Mowbray 80 Lauren Craig

**Lasswade AAC**-Colours: White with 2 Blue Bands and Red Band  
 81 Freya Murray 82 Amberlee Harkins

**Law & District AAC**-Colours: Amber with 2 Red Bands and 1 White Band  
 83 Vicki Tidser

**Livingston & District AAC**-Colours: Yellow with Green Stripe  
 84 Mhairi Walker 85 Corrine Wardrop

**Penicuik Harriers**-Colours: Purple with White Panels  
 86 Sarah Blake

**Ron Hill Cambuslang Harriers**-Colours: Red with White Band  
 87 N McCartney



7<sup>th</sup> ANNUAL

**U20 MEN'S CHAMPIONSHIPS**

(Over 17 but under 20 as at 1<sup>st</sup> September 1998)

Distance 5miles/8,000metres

The winning team to hold the "Marshall Trophy" for 12 months

The winning individual to hold the "Livingston Trophy" for 12months

**THE RACE WILL START AT 1.05 PM**

The holders City of Edinburgh AC

Individual Winner G.Reid (Clydesdale H)

**TEAMS NOT LESS THAN 4 AND 4 TO COUNT**

**Central AC**-Colours: Yellow and Blue

1 James McDonald 2 William Ross 3 Ewan Gault

**City of Edinburgh AC**-Colours: White with one Blue, one Black Hoop

4 S Atkinson 5 Timothy Poyser 6 Alistair Urquhart 7 Angus Wardlaw

8 Jamie Hamilton

**Dundee Hawkhill Harriers**-Colours: Blue and White Quarters

9 Neil Gunstone

**East Kilbride AAC**-Colours: Gold with 2 Black hoops

10 Grant Baillie 11 Brian Gallacher 12 Alan Mitchell 13 Mark Smith

**Falkirk Victoria Harriers**-Colours: Black with Gold Band

14 Stuart Anderson 15 Gary Couper 16 Eric Donaldson 17 Steven Lawson

**Fife AC**-Colours: White with Red Band

18 Jonathan Stewart 19 Jonathan Seeley 20 Andrew Cassells 21 Gordon Mathieson

22 Owen Greene 23 Graeme Walker 24 K Anderson

**Forres Harriers**-Colours: Red

25 Niall Cameron

**George Heriots CCC**-Colours: White with Blue Band

26 Mark Cruikshank 27 Calum Smith 28 Andrew Purves

**Greenock Glenpark Harriers**-Colours: Sky Blue with Royal Blue and Gold Hoops

29 Robert Docherty 30 Cameron MacLean

**Inverclyde AC**-Colours: Black & White Stripes

31 Daniel Frazer

**Irvine AC**-Colours: Red with Black Trim

32 Stephen Nisbet

**Kilbarchan AAC**-Colours: Gold with Black Hoop

33 Colin Berry 34 Brian Christie 35 David May 36 Alasdair McLeod

37 Tommy Yule 38 Andrew Greig

**Kirkintilloch Olympians**-Colours: Sky Blue with White and Black Hoops

39 Edward Mc Loone 40 John Mc Loone 41 William Earnshaw

**Kwik Fit Corstorphine AC**-Colours: White with Black Trim

42 Bryan Clark 43 Chris O'Brien

**Larkhall YMCA**-Colours: Red with White Hoops

44 Brian Smart

**Lasswade AAC**-Colours: White with 2 Blue Bands and Red Band

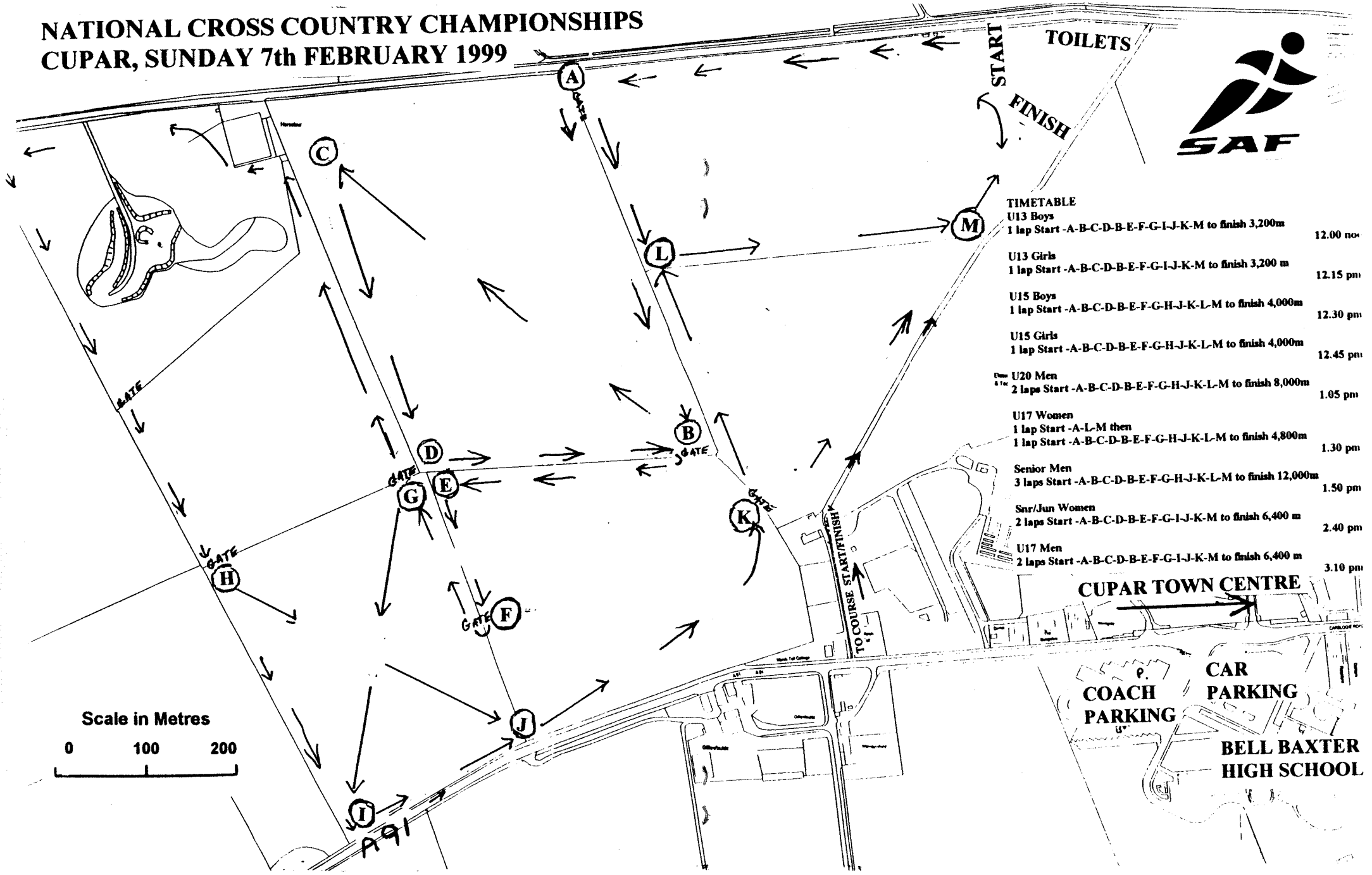
45 David Veitch

**Nithsdale AC**-Colours: Jade Green/Black/White

46 Wesley Fraser

# NATIONAL CROSS COUNTRY CHAMPIONSHIPS

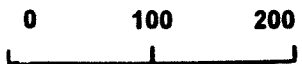
## CUPAR, SUNDAY 7th FEBRUARY 1999



**TIMETABLE**

U13 Boys	1 lap Start - A-B-C-D-B-E-F-G-I-J-K-M to finish 3,200m	12.00 noon
U13 Girls	1 lap Start - A-B-C-D-B-E-F-G-I-J-K-M to finish 3,200m	12.15 pm
U15 Boys	1 lap Start - A-B-C-D-B-E-F-G-H-J-K-L-M to finish 4,000m	12.30 pm
U15 Girls	1 lap Start - A-B-C-D-B-E-F-G-H-J-K-L-M to finish 4,000m	12.45 pm
U20 Men	2 laps Start - A-B-C-D-B-E-F-G-H-J-K-L-M to finish 8,000m	1.05 pm
U17 Women	1 lap Start - A-L-M then 1 lap Start - A-B-C-D-B-E-F-G-H-J-K-L-M to finish 4,800m	1.30 pm
Senior Men	3 laps Start - A-B-C-D-B-E-F-G-H-J-K-L-M to finish 12,000m	1.50 pm
Snr/Jun Women	2 laps Start - A-B-C-D-B-E-F-G-I-J-K-M to finish 6,400 m	2.40 pm
U17 Men	2 laps Start - A-B-C-D-B-E-F-G-I-J-K-M to finish 6,400 m	3.10 pm

Scale in Metres



**Ron Hill Cambuslang Harriers-Colours:** Red with White Band  
 47 S Carson      48 Graham Ferguson      49 Joseph Kealey      50 B King  
 51 Michael Mc Cabe      52 G Melvin      53 Gordon Robertson      54 A O'Hagen  
 55 D McRae

**Shettleston Harriers-Colours:** Blue with Yellow Band  
 56 Martin Graham      57 Brian McGarrity      58 David Gow

**Springburn Harriers-Colours:** Navy Blue with White Diamond  
 59 James Hendry      60 Martin Paton

**Teviotdale Harriers-Colours:** White with Maroon Band  
 61 Steven Lauder      62 Stuart Hogg      63 Andrew Gibson

**Victoria Park AAC-Colours:** Blue and White Hoops  
 64 J Pinto-Coelho

**Wigtownshire AC-Colours:** Blue/Red Quarters  
 65 James Burns

## ATHLETICS SCOTLAND

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7<sup>th</sup> ANNUAL

## U17 WOMEN'S CHAMPIONSHIPS

(Over 15 but under 17 as at 1<sup>st</sup> September 1998)

Distance 3miles/4,800metres

The winning team to hold the "Dundee Parks Department Trophy" for 12 months

The winning individual to hold the "Lothian Trophy" for 12months

**THE RACE WILL START AT 1.30 PM**

The holders Central AC

Individual Winner L.Paterson (Victoria Park AAC)

**TEAMS NOT LESS THAN 3 AND 3 TO COUNT**

**Aberdeen AAC-Colours:** White with 2 red hoops

1 Sally Ross      2 Laura Dow      3 Laura Henderson      4 Nicola Gauld

**Ayr Seaforth AAC-Colours:** White with Red Diagonal Cross

5 Natalie Haran      6 Kathleen Logue

**Babcock Pitreavie AAC-Colours:** Navy/Yellow/White

7 Genna Low

**Central AC-Colours:** Yellow and Blue

8 Jane McCrorie      9 Emma Waterhouse      10 Lindsay Douglas

**City of Edinburgh AC-Colours:** White with one Blue, one Black Hoop

11 Lucy Hancock      12 Eilidh Wardlaw

**City of Glasgow AC-Colours:** Royal Blue with Green Panel

13 Collette Fagan      14 Rosalind Clark      15 Karen Sturgeon      16 Susan Maxwell

17 Michelle Cameron      18 Pamela Mc Nellis

**Dundee Hawhill Harriers-Colours:** Blue and White Quarters

19 Susan Scott      20 Jennifer Millar      21 Kerry Gourley      22 Claire Burnett

**Dunfermline & West Fife AC-Colours:** Dark Blue, Light Blue, White

23 Racheal Pratt

**East Kilbride AAC-Colours:** Gold with 2 Black hoops

24 Laura Mooney

**Edinburgh Woollen Mill-Colours:** White /Blue /Red

25 Rona Macniven      26 Heather Fairbairn      27 Iona McIntyre      28 Kirsty Macpherson

**Fife AC-Colours:** White with Red Band

29 Angela Frame      30 Kym Forbes      31 Sarah Laing      32 Emma Stewart

33 Linsey Allison

**Giffnock North AAC-Colours:** Amber with Royal Blue Hoop

34 Susan Mackenzie      35 Sara Stevenson      36 Christine Campbell      37 Rachael Gardner

38 Eilidh Miller

**Inverness Harriers-Colours:** Gold with Maroon Diagonal

39 Clare MacIennan      40 Anna Watson

**Irvine AC-Colours:** Red with Black Trim

41 Lorraine McAuley      42 Karen Haddow

**Kilbarchan AAC-Colours:** Gold with Black Hoop

43 Susan McGrenaghan      44 Lynsey Macintosh      45 Karen Yule      46 Clare Gibson

47 Dennise Smith

**Lochaber AC-Colours:** White with 2 Blue Hoops

48 Michelle Black      49 Kerry Laird

**Ron Hill Cambuslang Harriers-Colours:** Red with White Band

50 Lauren Farmer

**Stewarty AC**-Colours: Sky Blue with Black diag Band  
 51 Rowan Armstrong  
**Victoria Park AAC**-Colours: Blue and White Hoops  
 52 Linda Newton



**Scottish Athletics Federation Update and Competition Review Meetings**

19.00 – 21.30

<b>Thursday 25<sup>th</sup> February</b>	<b>Town House, Aberdeen</b>
<b>Friday 26<sup>th</sup> February</b>	<b>Town House, Inverness</b>
<b>Monday 1<sup>st</sup> March</b>	<b>David Keswick Centre, Dumfries</b>
<b>Monday 3<sup>rd</sup> March</b>	<b>Meadowbank, Edinburgh</b>
<b>Friday 5<sup>th</sup> March</b>	<b>Scotstoun, Glasgow</b>
<b>Monday 8<sup>th</sup> March</b>	<b>Dewar's Ice Rink, Perth</b>

7<sup>th</sup> ANNUAL

**SENIOR MEN'S CHAMPIONSHIPS**

(Over 20 years of age as at 1<sup>st</sup> September 1998)  
 Distance 7.5miles/12,00metres  
 The winning team to hold the "Elkington Shield" for 12 months  
 The winning individual to hold the "W.H. Dunlop Trophy" for 12months

**THE RACE WILL START AT 1.50 PM**

The holders Ron Hill Cambuslang Harriers  
 Individual Winner R.Quinn (Kilbarchan AAC)  
**TEAMS NOT LESS THAN 6 AND 6 TO COUNT**

<b>Aberdeen AAC</b> -Colours: White with 2 red hoops			
1 David Armitage	2 Mark Caird	3 Stephen Cassells	4 David Duguid
5 Francis Duguid	6 Meldrum Edwards	7 Jonathan Musgrave	8 Mike Greaves
9 David Grubb	10 Peter Jones	11 Neil Murdock	12 Alexander Peddie
13 James Pirie	14 Christopher Simpson	15 Christopher Smith	16 Stephen Smith
17 James Tole	18 Dan Whitehead		
<b>Annan &amp; District AC</b> -Colours: Yellow Vest/Black Shorts			
19 Neil Henderson			
<b>Anster Haddies</b> -Colours: Yellow Vest			
20 Scott Taylor	21 George Findlay	22 Allan Gibson	23 Ewan Cameron
<b>Arran Runners</b> -Colours: Black/Yellow Vest			
24 Gordon Allsop			
<b>Ayr Seaforth AAC</b> -Colours: White with Red Diagonal Cross			
25 Iain Baird	26 Bill Boyd	27 J Caird	28 Douglas Munro
29 John Strawhorn			
<b>Babcock Pitreavie AAC</b> -Colours: Navy/Yellow/White			
30 David Arnott	31 Peter Baxter	32 Ian Brown	33 Allan Cowan
34 Nigel Cunningham	35 Jeffrey Farquhar	36 David Farquharson	37 S Forrester
38 Glyn Gardiner	39 James Garvie	40 Brian Gray	41 Colin Mathieson
42 Alan Russell	43 Colin Simpson	44 C Watson	45 S Evans
46 George Lees			
<b>Banchory Stonehaven AC</b> -Colours: Royal Blue with White band			
47 Michael Curtis			
<b>Bellahouston Harriers</b> -Colours: Dark Blue with Light Blue Cross			
48 Campbell Joss	49 G Gemmell	50 J McFadyen	51 G Bell
52 G Dickson	53 R Bruce	54 Colin Scott	55 M Ware
<b>Bristol</b> -Colours: White/Red hoop			
56 Charles Woodd			
<b>Calderglen Harriers</b> -Colours: Amber and Black Vertical Stripes			
57 Charles Steven	58 Alan Derrick	59 Stewart Robertson	60 Gordon Robinson
61 Alister Begg	62 Alexander Muir	63 Graham Allan	64 Roderick Shanks
65 Martin Duthie	66 Andrew Henderson	67 Thomas Morton	
<b>Carnethy Hill RC</b> -Colours: Yellow with Red letters			
68 Douglas Shiel	69 Brian Waldie		
<b>Central AC</b> -Colours: Yellow and Blue			
70 John Rooney	71 Adam Greasley	72 George Mchardy	73 Roger Greenaway
74 James Drummond	75 Cameron Campbell	76 David Hay	

**City of Edinburgh AC-Colours: White with one Blue, one Black Hoop**

77 Duncan Baker	78 Zenon Bankowski	79 William Begley	80 Colin Cable
81 David Campbell	82 Robert Cockburn	83 Andrew Donachie	84 Thomas Ellacott
85 Martin Ferguson	86 Ian Findlay	87 Owen Flage	88 Michael Fulthorpe
89 William Gallagher	90 Dave Garner	91 Alistair Gillies	92 Howard Glynn
93 Andrew Griffiths	94 Craig Henderson	95 Myles Holdsworth	96 Paul Holmes
97 Richard Hope	98 Brian Howie	99 Scott Innes	100 Mark Johnston
101 Ian Johnston	102 Leslie Kay	103 Andrew Laycock	104 Andrew Laird
105 Colin Laidlaw	106 Keith Lyall	107 R Lyall	108 Niall Macdonald
109 Alex MacEwen	110 W MacIntosh	111 Kevin McAlpine	112 David Millar
113 Mark Munro	114 Stuart Murray	115 P Patterson	116 Jamie Pringle
117 Jeff Pyrah	118 Robert Riddell	119 Andrew Scott	120 Drew Sharkey
121 Charles Smith	122 Martin Sneddon	123 Gordon Steel	124 John Steel
125 Robert Stevenson	126 Eric Stevenson	127 Andrew Wonnacott	128 Adam Ward
129 Robert Wiseman	130 Aidan Woods		

**Clydesdale Harriers-Colours: White with Black "C"**

131 Allan Adams	132 J Austin	133 Clifford Brown	134 Ewan Calvert
135 Philip Dolan	136 B Edridge	137 John Hanratty	138 W Jenkins
139 Murray McDonald	140 I Murphy	141 Simon O'Connor	142 Lawrence Pearson
143 Peter Rudzinski	144 J Shields	145 R Young	146 Gerald Kennedy

**Dumfries Running Club-Colours: White with Maroon and Sky blue Hoops**

147 Leslie Hill	148 James Grierson	149 Douglas Brown	150 Tony Davers
151 David Batstone	152 James Laird		

**Dundee Hawkhill Harriers-Colours: Blue and White Quarters**

153 Brian Cook	154 Neil Raitt	155 Gerald Hanlon	156 Stuart Kerr
157 Eddie Holmes	158 Craig Ross	159 Allan Wilson	160 William Rennie
161 David Adam	162 Stuart McRae	163 David Taylor	164 David Morgan
165 James MacGregor	166 Grahame Mitchell	167 Douglas Provan	168 Adam Lamb
169 Stephen Mason	170 Matthew Strachan	171 John Hepburn	172 Charlie Hasket
173 Roderick Bell	174 Mike Carroll	175 Gordon Rennet	176 Peter Fox

**Dundee Road Runners-Colours: White with Blue Diagonal**

177 Angus Hunter	178 Ronald McGill	179 Ricky Davidson	180 Charles Anderson
181 Daniel Fields	182 Rodney Fleming		

**East Kilbride AAC-Colours: Gold with 2 Black hoops**

183 Gordon Colvin	184 David Condra	185 Edgar Ramage	186 Andrew Turnbull
187 Kenneth Clements	188 Robert Ronald	189 Benny Rooney	190 Patrick Russell
191 Stuart Whitehill			

**Edinburgh University H&H-Colours: Green with White side Panel**

192 Paul In'anson

**Elgin AAC-Colours: Black White Band**

193 Colin Knox 194 Malcolm Christie

**Falkirk Victoria Harriers-Colours: Black with Gold Band**

195 Michael McQuaid	196 Ritchie McCallum	197 David Hart	198 Andrew Ronald
199 Neil Robertson	200 Kenneth Stirrat	201 David Beagley	202 John Martin

**Ferranti AAC-Colours: Yellow with Black letters**

203 Iain Shaw	204 James Shaw	205 Raymond Watters	206 Edward McDonald
207 Walter Fairmie	208 Paul Caban	209 Bruce Kidd	210 Stephen Reid
211 Alex Bell	212 Matt Bankhead	213 Jim Leach	214 Trevor Ridley
215 John Gavin	216 Keith Weston	217 Derek Pettiglio	

**Fife AC-Colours: White with Red Band**

218 Terry Mitchell	219 John Cunningham	220 Alexander Moss	221 Alan Milligan
222 Hugh McKay	223 David Anderson	224 Kevin Mccue	225 John Thomson
226 Martin Laing	227 James Meek	228 Bryan Mcmanus	229 Thomas Ross
230 Brian Landels	231 Douglas Gunstone	232 Ian Whyte	233 Graham Bennison
234 Roy McLachlan	235 R Forrester	236 Christopher Russell	237 Brian Cruickshank
238 Sandy Cruickshank	239 Bryce Aitken	240 John Murdoch	241 Brian Peachey
242 Michael Kuzyszyn	243 Alastair Robertson	244 Allan Jones	245 G Duncan
246 Andrew Barker	247 James Watson	248 John Macfarlane	249 Allan Lees
250 Daniel Connolly	251 Michael Mitchell	252 Gary Barker	253 David Scobie
254 Leonard Rhone	255 Jack Lumsdon	256 Derrick McGregor	257 Neil Duthie
258 Martin Farrally	259 Graham Simpson	260 Alan Meiklejohn	261 Peter Morrison
262 Billy Murdie			

**FMC Carnegie Harriers-Colours: Orange and Green**

263 Iain Macdonald	264 Steven Cairns	265 Iain Taylor	266 Alexander Nicol
267 Steve Ogg	268 Colin Law	269 Ian Stewart	270 Michael Buchanan
271 David Simpson	272 Andrew Hunter	273 Bryan Macdonald	274 Robert Milton
275 David Armour	276 Graham Clark	277 Steven Nicholson	278 Kenny Leitch
279 John Lambie	280 Peter Simpson	281 Robbie McKenzie	282 Allan Macaulay
283 Charles Seaman	284 Ian Mitchell	285 John Milton	286 Billy Duff
287 Ian Laird	288 Douglas McGarry	289 Tom Bowie	290 John Mearthur
291 Kenneth Daniels	292 Alexander Gibb	293 Richard Coates	294 James Lang

**Forres Harriers-Colours: Red**

295 Douglas Cowie	296 Paul Matheson	297 Stewart Burn	298 Mark Priestley
299 Hamish Cameron	300 Dale Woodman	301 Andy Beattie	302 Michael Milmoec
303 Robert Ellis	304 Steven Frear		

**Gala Harriers-Colours: White with Green Band**

305 David Wardman	306 Neil Renton	307 Graham Capper	308 Robin Murray
309 Scott Dumper	310 Alistair Meikle	311 Andrew Wilmshurst	312 Fergus Cochrane
313 Colin Christison	314 Rodger Kerr	315 Neil Potts	316 James Paxton

**Garscube Harriers-Colours: White with Blue Band**

317 Iain Cullen	318 Stephen Cullen	319 John Dryden	320 Iain Dunn
321 William Fus	322 David Geddes	323 David Heppell	324 Stuart Irvine
325 Kenneth Macanna	326 Peter McGlynn	327 William Marshall	328 Stephen Mulrine

**Giffnock North AAC-Colours: Amber with Royal Blue Hoop**

329 Charles Rankin	330 Alan Stewart	331 Gerard McNamee	332 Scott Goldie
333 Alastair Bale	334 Alastair MacLachlan	335 Charles Mc Kie	336 Ian Millar

**Glasgow University H & H-Colours: Black and Gold**

337 Colin Partridge	338 Chris Goddard	339 Alistair Akerman	340 Simon Robertson
341 Nick Pearson	342 J Dupuy	343 Lachlan Campbell	

**Greenock Glenpark Harriers-Colours: Sky Blue with Royal Blue and Gold Hoops**

344 James Cuffe	345 Richard Davidson	346 Robert Dolan	347 John Kerr
348 Thomas Knight	349 Andrew Mc Call	350 Willie McLaughlin	351 Daniel McLaughlin
352 Stephen Mc Loone	353 Duncan Mcneil	354 Phillip Russell	355 Kenneth Scott
356 James Sheridan	357 John Smith	358 Richard Hodelet	359 N Hay
360 A Morrison	361 G Mitchell	362 E Currie	363 R Shaw

**Haddington East Lothian Pacemakers-Colours: Red and White Halves**

364 Paddy McDonald	365 George Armstrong	366 James Baird	367 Brian Carr
368 Mere Dickie	369 Steven Morton	370 Joseph Forte	371 Alexander Wallace
372 Ray Harris	373 Douglas Elliot		

**Harmeny AC-Colours: Red with Green Diagonal**

374 David Cooper	375 Brian Mayor
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**Helensburgh AAC-Colours: Yellow with Red Band**

376 Wilson Hamilton	377 Martin Cornish	378 David MacDonald	379 Steve Styles
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**Hunters Bog Trotters-Colours: Brown**

380 Stephen Baxter	381 Norman Blissett	382 Robert Brown	383 Colin Farquharson
384 P Foy	385 Keith Gooch	386 Iain Harkness	387 Alistair Hart
388 Rob Herries	389 Craig Hunter	390 Hayden Lorimer	391 Graham McReady
392 I MacKay	393 John Mc Kay	394 Ian Malcolm	395 Myles Marshall
396 Philip Mowbray	397 Donald Naylor	398 Pat O' Kane	399 Eric Scott
400 Geoff Simpson	401 Mark Thomas	402 N Thomas	403 J Thyne
404 Dave Tinker	405 T Torgersen	406 Richard Wall	407 Dave Wright

**Inverclyde AC-Colours: Black & White Stripes**

408 N Armsworth	409 John Bannister	410 John Bruce	411 J Conaghan
412 S Conaghan	413 D Dunn	414 Gerard Gaffney	415 A Galbraith
416 G Hegarty	417 S Hodge	418 Robert Mcdonald	419 I MacDonald
420 Stephen McAllister	421 Thomas Murray	422 Chris Robison	423 Cameron Spence
424 T Tipping	425 T Tracey	426 Martin Hicks	

**Irvine AC-Colours: Red with Black Trim**

427 Brian Craig	428 Jim Morton	429 William Richardson	430 Lee Richardson
431 David Millar	432 Michael Flinn	433 Colin Miller	434 Ian Mc Manus
435 Andrew Clinton	436 Jim Stevenson	437 Andrew Rennie	438 James White
439 Ron Cheyne			

**Johnnie Walker Kilmarnock Harriers-Colours: Royal Blue with 2 White Stripes**

440 J Goldie	441 Graham Cairns	442 Edward Tonner	
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**Keith & D AAC-Colours: Red with Black Trim**

443 Ross Arbuckle	444 Frank Barton	445 Simon Pride	446 Herald Wright
447 William Johnstone	448 Brian Law	449 Michael Turner	

**Kilbarchan AAC-Colours: Gold with Black Hoop**

450 Thomas Anderson	451 George Gibson	452 Robert Fitzsimmons	453 Robert Brisco
454 Robert Miller	455 Robert Quinn	456 Thomas Hearle	457 Ian MacDougall
458 David Mewse	459 Andrew Muir	460 Alan Puckrin	461 James Snodgrass
462 Steven Hards	463 John Kloumann	464 Alistair Macangus	465 Michael McGinley
466 Alexander Ross			

**Kinross Road Runners-Colours: Yellow with Royal Blue Band**

468 Graham Cowan	469 Andrew Forgie	470 Euan Scott	471 Anthony Sweeney
472 Rashmi Shah	473 Mark McIntosh		

**Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops**

474 Gordon Mc Lean	475 Colin Burns	476 Gerard Mc Connell	477 John Campbell
478 Stuart Kerr	479 Douglas Douglas		

**Kwik Fit Corstorphine AC-Colours: White with Black Trim**

480 Martin Caldwell	481 Stuart Clarke	482 Iain Cumming	483 David Highton
484 Keith Hood	485 Martin Hulme	486 Rupert Jones	487 David Law
488 Graham Mclean	489 Mike Malcolm-Smith	490 Paul O'Brien	491 John O'Hara
492 Ewan Ross	493 Martin Tunstall		

**Lasswade AAC-Colours: White with 2 Blue Bands and Red Band**

494 Ben Mitchell	495 John Murray	496 Robert Kettles	497 Alan McIntosh
498 John Forker	499 Robert Wallace		

**Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band**

500 Alan Ramage	501 Alistair Russel	502 Jamie Reid	503 Russell Cook
504 Patrick Kelly	505 John Frood	506 Mark Hand	507 Willie Drysdale

**Livingston & District AAC-Colours: Yellow with Green Stripe**

508 Graeme Ackland	509 Andrew Barrie	510 Tim Brand	511 Stephen Dempsey
512 Peter Dymoke	513 David Eades	514 Jack Ewing	515 George Gilhooley
516 David Godfree	517 Martin Leadbetter	518 Robert Lee	519 Ian Leggett
520 Stewart Logan	521 Colin Meek	522 Gordon Riemersma	523 Steven Thomson

**Maryhill Harriers-Colours: Royal Blue**

524 K Stevenson	525 A Kinniburgh	526 S Walker	527 M McCartney
528 L McCue	529 J Micoud	530 A Gallacher	531 D Shearon
532 James Parker			

**Metro Aberdeen RC-Colours: Black/Yellow Quarters**

533 Charles Benzies	534 Kevin Brooks	535 Keith Farquhar	536 Peter Jennings
537 Mark Johnston	538 Darren Kinsella	539 Thomas Litterick	540 Nick Milovsorov
541 Jackie Stewart	542 James Strachan	543 Robert Taylor	544 Kevin Tulloch
545 Keith Varney	546 Ian Williamson		

**Milburn Harriers-Colours: Light Blue with Dark Blue Diagonal**

547 Edward Bushrod	548 James Robertson	549 Alexander Robertson	
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**Mizuno Racing Club-Colours: Purple**

550 Ian Brown	551 Stuart Campbell	552 Ken Chapman	553 Scott Cohen
554 Max Colligan	555 David Gardiner	556 Thomas Hanlon	557 Carl Heaven
558 Allister Hutton	559 Brian Kirkwood	560 Scott Mcdonald	561 Ian MacNicol
562 Alan Robson	563 John Robson	564 David Ross	565 John Ross
566 Kirk Smith	567 Glen Stewart		

**Motherwell AC-Colours: Red with White edging**

568 John Hughes	569 Alan Campbell	570 Patrick Mullen	571 Gordon Murray
572 James Dobbie	573 Stuart Gibson	574 Brian McLinden	

**Nithsdale AC-Colours: Jade Green/Black/White**

575 George Winchester	576 Joe Boardman		
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**Orkney Islands AC-Colours: Red White Black**

577 Craig Shearer			
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**Penicuik Harriers-Colours: Purple with White Panels**

578 Michael Browne	579 Sean Davidson	580 Robert Walker	581 Stephen Cant
582 Richie McCrae	583 Colin Graham	584 Kenneth Graham	

**Perth Strathtay Harriers-Colours: Orange with Blue Trim**

585 Norman Watson	586 Euan Mackay		
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**Peterhead AAC-Colours: Sky Blue**

587 Alan Reid	588 Iain Cruickshank	589 John Hay	
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**Redhill Road Runners-Colours: Red, White and Grey**

590 Alan Gourlay			
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**Ron Hill Cambuslang Harriers-Colours: Red with White Band**

591 J Bates	592 C Borthwick	593 B Brooks	594 J Brooks
595 J Brown	596 C Campbell	597 John Cowan	598 C Donnelly
599 K Downie	600 M Fairgrieve	601 Iain Grant	602 S Hunter
603 Wilson Mctaggart	604 Michael Ohagan	605 Iain Reid	606 A Robertson
607 D Rodger	608 Douglas Runcieman	609 James Sands	610 Charles Thomson
611 Neil Wilkinson	612 K Anderson	613 D Buchanan	614 Frederick Connor
615 Alex Eaglesham	616 David Fairweather	617 Bernard Gough	618 D Henderson
619 Archie Jenkins	620 Gerald Reid	621 William Reid	622 Edward Stewart

**Shettleston Harriers-Colours: Blue with Yellow Band**

623 Adrian Callan	624 David Cameron	625 William Coyle	626 Desmond Crowe
627 John Duffy	628 Raymond Johnston	629 John Mackay	630 Dermot Mc Gonigle
631 Ken Maloney	632 Malcolm Patterson	633 Brian Scally	634 Graham Wight
635 John Wilkinson	636 Frank McGowan	637 John Cairney	638 John Hendry
639 Tony McCall	640 John Donnelly	641 Neil McGregor	642 Alan Swann

**Springburn Harriers-Colours: Navy Blue with White Diamond**

643 John Bell	644 Alex Chalmers	645 Jim Cooper	646 Edward Dickson
647 Jamie Harper	648 Alan Hill	649 Derek Houston	650 Alexander Lees
651 Ian Marshall	652 Danny McVey	653 Douglas Morton	654 Daniel O'neil
655 John Owens	656 Adam Ross	657 Robert Soutar	658 Frank Thom
659 Frank Wright	660 Robert Young		

**Sri Chinmoy AC-Colours: White with Purple Hoop**

661 Adrian Stott

**Standard Life AC-Colours: Blue with Yellow trim**

662 Bruce Smith	663 Peter Shaw	664 Raymond Buchan	665 Alistair Scott
666 Bruce Hall	667 Chris Dum	668 Bernard Devoy	

**Strathclyde Police-Colours: Navy Blue with Black/White Stripe**

669 Stewart Croll	670 Robert Hawkins	671 David Mitchell	672 John Pretty
673 Harry Young	674 Jamie Harper	675 John McInnes	676 John Pollok
677 Danny Benson			

**Teviotdale Harriers-Colours: White with Maroon Band**

678 Michael Bryson	679 Francis Cannon	680 Patrick Douglas	681 Robert Halliday
682 Scott Watson	683 Robert Cranston	684 A Coltman	685 David Cavers
686 Brian Carlin	687 John Marsh	688 Nichol Maltman	

**Troon Tortoises AC-Colours: Yellow with 2 Black Half hoops**

689 Ian Beattie	690 George McGregor	691 Charles Martin	692 John Mc Kinlay
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**Victoria Park AAC-Colours: Blue and White Hoops**

693 Alastair Douglas	694 Stuart Barnett	695 Derek Watson	696 J MacMillan
697 A Brown	698 George Vosper	699 Kenneth Mc Vey	700 K Forster
701 Peter Mc Gregor	702 Crawford Little	703 R Newton	704 T McAra
705 Kenneth Brown	706 D Carlin		

**Westerlands CCC-Colours: Yellow with Black "W" on Back**

707 Matt Ogston	708 David Calder	709 Gibson Fleming	710 Brian Bonnyman
711 Charlie Campbell	712 Pete Baxter		

**Whitburn AAC-Colours: Claret with Amber Hoops**

713 Thomas McIntosh	714 Euan McIntosh
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**Wigtownshire AC-Colours: Blue/Red Quarters**

715 John Goldsworthy

**Unattached**

716 Grant Thomson

7<sup>th</sup> ANNUAL**SENIOR/JUNIOR WOMEN'S CHAMPIONSHIPS**(Over 17 years of age as at 1<sup>st</sup> September 1998)

Distance 4miles/6,400metres

The winning team to hold the "Daily Record Trophy" for 12 months

The winning individual to hold the "Mary Semple Trophy" for 12months

**THE RACE WILL START AT 2.40 PM**

The holders City of Glasgow AC

Individual Winner F.Lothian (FifeAC)

**TEAMS NOT LESS THAN 3 AND 3 TO COUNT****UNDER 20 WOMEN**1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Individual and the 1<sup>st</sup> Team will receive medals

The winning Junior Women to receive the "Young Endeavour Trophy " for 12 months

Title Holders Glasgow University H and H

Individual Winner

**TEAMS NOT LESS THAN 3 AND 3 TO COUNT****Aberdeen AAC-Colours: White with 2 red hoops**

1 Tracey Brindley	2 Sonia Armitage	3 Claire Miller	4 Carin Hume
5 Janice Gordon	6 Nicola Smith	7 Kathryn Mearns	8 Laura Stark(Jun)
9 Nancy Mackinnon	10 Carol Reid		

**Annan & District AC-Colours: Yellow Vest/Black Shorts**

11 Elizabeth Myatt

**Anster Haddies-Colours: Yellow Vest**

12 Hazel Bradley

**Arbroath & District AC-Colours: Black with vertical yellow stripe**

13 Mary McConnachie (Jun)

**Babcock Pitreavie AAC-Colours: Navy/Yellow/White**

14 Pamela Pattison	15 Trudi Thomson	16 Kim Roberts	17 Alison Whyte
18 Helen Kane	19 Marianne Hayward	20 Gillian Mcdonald	21 Pamela Blyth
22 Hannah Norman (Jun)	23 Kimberly Montador (Jun)	24 Anne Paterson	25 Christine Garv

**Banchory Stonehaven AC-Colours: Royal Blue with White band**

26 Catriona Curtis (Jun)

**Carnethy Hill RC-Colours: Yellow with Red letters**

27 Angela Mudge	28 Kate Jenkins	29 Anne Nimmo	30 Janice Smith
31 Jacqui Higginbottom			

**Central AC-Colours: Yellow and Blue**

32 Claire Waterhouse(Jun)	33 Jane Waterhouse	34 Alison Wylie(Jun)
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**City of Edinburgh AC-Colours: White with one Blue, one Black Hoop**

35 Lianne Harrison(Jun)	36 Sharyn Aitken	37 Debra Murray (Jun)	38 Aileen Wood
39 Karen Newman	40 Caroline Wallace		

Results for all races will be available on the Internet at  
<http://www.geocities.com/Colosseum/Dugout/6409/>  
 soon after the Championships.

**City of Glasgow AC-Colours: Royal Blue with Green Panel**

41 Julie McDevitt	42 Helen Slimon	43 Charlotte Mc Fadden	44 Eileen Cochrane
45 Alix Castro	46 Ann Macphail	47 Celia Thompson	48 Jacqueline Thomson
49 Lianne Campbell (Jun)	50 Carol-Ann Thomson	51 Susan Partridge (Jun)	52 Kelly Limond (Jun)
53 Sandra Campbell	54 Beth Cockburn	55 Margaret Sinclair	56 Lisa Moody
57 Anne Harvic	58 Maria Psatha	59 Gail Walker	60 Hayley Hainning

**City of Stoke-Colours**

62 Suzanne Owen (Jun)

**Dundee Hawkhill Harriers-Colours: Blue and White Quarters**

63 Gillian Hanlon	64 Morag Taggart	65 Alison Carr	66 Louis Provan
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**Dundee Road Runners-Colours: White with Blue Diagonal**

67 Margaret Anderson 68 Caroline Stewart 69 Sally Ibotson

**East Kilbride AAC-Colours: Gold with 2 Black hoops**

70 Kelly Smith (Jun)

**Edinburgh Woollen Mill-Colours: White /Blue /Red**

71 Ruth McKean	72 Susan Ridley	73 Isobel Knox(Jun)	74 Hayley Parkinson
75 Vicky Frew	76 Victoria Lawrence	77 Mary McClung	78 Sheila Coventry

**Falkirk Victoria Harriers-Colours: Black with Gold Band**

79 Caroline Lawless

**Ferranti AAC-Colours: Yellow with Black letters**

80 Susana Sanchez

**Fife AC-Colours: White with Red Band**

81 Eliza McLachlan	82 Fiona Lothian	83 Phyllis Lemoncello	84 Louise Burt
85 Karen Ritchie	86 Caroline Pollard	87 Kim Macgregor	88 Sandra Aitken

**FMC Carnegie Harriers-Colours: Orange and Green**

89 Abigail Morrison 90 Nicola May 91 Sarah Legge

**Gala Harriers-Colours: White with Green Band**

92 Karen Renton	93 Patricia Affleck	94 Christine Mckinlay	95 Laura Howie
96 Nicola Alexander	97 Suzanne Gilchrist	98 Lucy Dumper	

**Giffnock North AAC-Colours: Amber with Royal Blue Hoop**

99 Shona Hughes	100 Hilary Millar	101 Susan Robinson	102 Viviane Kerr
103 Ann Carroll	104 Jane Grassie	105 Lorna Paterson	106 Doleen Galbraith

**Glasgow University H & H-Colours: Black and Gold**

109 Emily Weathers 110 Alison Jones

**Greenock Glenpark Harriers-Colours: Sky Blue with Royal Blue and Gold Hoops**

111 Anne Hay

**Haddington East Lothian Pacemakers-Colours: Red and White Halves**

112 Lesley Nichol 113 Kelly Hensler

**Helensburgh AAC-Colours: Yellow with Red Band**

114 Audrey McBride 115 Karis Leckie 116 Noreen Jennison

**Herne Hill Harriers- Colours Red and Black Hoops**

117 Wendy Chalmers

**Hunters Bog Trotters-Colours: Brown**

118 Morag Campbell	119 Debbie McDonald	120 Alison Mc Neillage	121 Kirsten Simister
122 Megan Smith	123 Alison Sutherland		

**Inverclyde AC-Colours: Black & White Stripes**

124 Annmarie Mc Kee

**Inverness Harriers-Colours: Gold with Maroon Diagonal**

125 Alison Campbell(Jun)

**Irvine AC-Colours: Red with Black Trim**

126 Jan Roxburgh	127 Dawn Scott	128 Helen Morton	129 Elizabeth Mc Gar
130 Morag Burke			

**Johnnie Walker Kilmarnock Harriers-Colours: Royal Blue with 2 White Stripes**

131 Lindsay McMahon

**Kilbarchan AAC-Colours: Gold with Black Hoop**

132 Susan Pearson	133 Janice Moore	134 Katherine Chapman	135 Margaret Moore
136 Helen Lundie	137 Eileen Masson		

**Kinross Road Runners-Colours: Yellow with Royal Blue Band**

138 Sheila Bauchop

**Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops**

139 Carole Mc Innes 140 Ada Stewart 141 Laura Johnstone

**Kwik Fit Corstorphine AC-Colours: White with Black Trim**

142 Gillian Pilkington

**Lasswade AAC-Colours: White with 2 Blue Bands and Red Band**

143 Lorna Rice	144 Karen Meikle	145 Jean Neil	146 Morag Nicolson
147 Nicola Murray (Jun)			

**Livingston & District AAC-Colours: Yellow with Green Stripe**

148 Kim Buckley	149 Lorna Eades	150 Avril Gardner	151 Gillian Matthews
152 Fiona Weir			

**Loudoun Runners AC-Colours: Royal Blue with 3 Horizontal Yellow Bands**

153 Allison Higgins

**Motherwell AC-Colours: Red with White edging**

154 Phyllis Wilson

**Penicuik Harriers-Colours: Purple with White Panels**

155 Lori McCrae 156 Anna Graham

**Ron Hill Cambuslang Harriers-Colours: Red with White Band**

157 Vanessa Farmer (Jun)

**Shettleston Harriers Ladies-Colours: Blue with Yellow Band**

158 Susan Carter	159 Frances Florence	160 Lynn Harding	161 Elaine Mackay
162 Elaine Mcbrinn	163 Eileen Reid		

**Strathkelvin Ladies-Colours: Navy Blue with Green Trim**

164 Marlene Gemmell 165 Wendy Gorman

**Westerlands CCC-Colours: Yellow with Black "W" on Back**

166 Elsbeth Scott 167 Patricia McLaughlin 168 Muffy Thomas 169 Jane Robertson

**Unattached**

170 Julie Thomson





7<sup>th</sup> ANNUAL

**U17 MEN'S CHAMPIONSHIPS**

(Over 15 but under 17 as at 1<sup>st</sup> September 1998)

Distance 4miles/6,400metres

The winning team to hold the "Bryson Cup" for 12 months

The winning individual to hold the "Goodwin Bowl" for 12months

**THE RACE WILL START AT 3.10 PM**

The holders Fife AC

Individual Winner A.Cassalls (Fife AC)

**TEAMS NOT LESS THAN 4 AND 4 TO COUNT**

**Aberdeen AAC**-Colours: White with 2 red hoops

1 Charles Milne

**Arbroath & District AC**-Colours: Black with vertical yellow stripe

2 Grant Ritchie 3 Keith Tollerston

**Ayr Seaforth AAC**-Colours: White with Red Diagonal Cross

4 Paul Rogers

**Babcock Pitreavie AAC**-Colours: Navy/Yellow/White

5 Jamie Paterson

**BP Black Isle AAC**-Colours: Black with Red Diagonal Stripe

6 Alan Campbell 7 Craig Poole 8 Tony Golabek 9 Simon Marwick

**Central AC**-Colours: Yellow and Blue

10 Robert Russell 11 Paul Whitelam

**City of Edinburgh AC**-Colours: White with one Blue, one Black Hoop

12 Darrell Hastie 13 Leslie Simpson 14 Martin Booth 15 Gordon Rochoy

16 Steven Kemp

**Clydesdale Harriers**-Colours: White with Black "C"

17 M Rudzinski 18 Alistair Mc Donald

**Dundee Hawkhill Harriers**-Colours: Blue and White Quarters

19 Chris Foley 20 Ian Tkaczyk 21 John Nicoll 22 David MacDonald

**East Kilbride AAC**-Colours: Gold with 2 Black hoops

23 Colin Henderson

**Falkirk Victoria Harriers**-Colours: Black with Gold Band

24 Philip Evans 25 Robert Gliniany 26 Kerr Johnstone 27 Craig Russell

**Fife AC**-Colours: White with Red Band

28 Andrew Lemoncello 29 Thomas Greene 30 Scott Cassidy 31 M Nelson

32 P Parkinson

**Forres Harriers**-Colours: Red

33 John Mitchell

**Garscube Harriers**-Colours: White with Blue Band

34 Callum Russell

**George Heriots CCC**-Colours: White with Blue Band

35 Philip Williams 36 Scott Campbell 37 David Eynon 38 Christopher Collin

39 Andrew Gray 40 Christopher Leakey 41 Ian Purves 42 William Revolva

43 Gavin Steel 44 Keith Sutherland 45 Michael Walker 46 Christian McDermott

47 Neil Salmond

**Giffnock North AAC**-Colours: Amber with Royal Blue Hoop

48 Robbic Birrell 49 Colin George 50 Grant Mitchell

**Inverclyde AC**-Colours: Black & White Stripes

51 Mark Doherty 52 Mark Pollard 53 K McKenna 54 R Mark

**Inverness Harriers**-Colours: Gold with Maroon Diagonal

55 Simon MacIntyre 56 Andrew Duncan

**Irvine AC**-Colours: Red with Black Trim

57 Jonathon Smith 58 Graeme Ferguson

**Kilbarchan AAC**-Colours: Gold with Black Hoop

59 Stewart Crapnell 60 Graeme Dobbie 61 Neil Morrison 62 David Eules

**Kirkintilloch Olympians**-Colours: Sky Blue with White and Black Hoops

63 Russell Spinks

**Kwik Fit Corstorphine AC**-Colours: White with Black Trim

64 Ewan Stark

**L & L Track Club**-Colours: Lemon with Scarlet Trim

65 Brian Ward

**Lasswade AAC**-Colours: White with 2 Blue Bands and Red Band

66 Daryl Philip 67 Ross Martin

**Nithsdale AC**-Colours: Jade Green/Black/White

68 Ryan Maurer 69 Garry Legg

**Penicuik Harriers**-Colours: Purple with White Panels

70 Ian Veitch

**Ron Hill Cambuslang Harriers**-Colours: Red with White Band

71 A Davidson 72 K Dunlop 73 Darren Hyslop 74 Kevin Kealey

75 T McNally 76 P Mc Nally 77 Craig Neil 78 Simon Shinwell

**Shettleston Harriers**-Colours: Blue with Yellow Band

79 John McLaren 80 Stephen Waclawski

**Springburn Harriers**-Colours: Navy Blue with White Diamond

81 Ian Marshall

**Teviotdale Harriers**-Colours: White with Maroon Band

82 Christopher Watson 83 Brian Marsh

**Victoria Park AAC**- Colours: Blue and White Hoops

84 Christopher Watson 85 Derek Watson 86 David Bass 87 Peter Buckner

88 K Foster

**Unattached**

89 Robbie Grieve

Results for all races will be available on the Internet at  
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## SCOTTISH ATHLETICS AND THE INTERNET

The Internet is increasingly becoming a source of information on athletics and the number of clubs with their own web site is increasing all the time. Individuals and races also have sites.

### Scottish Clubs

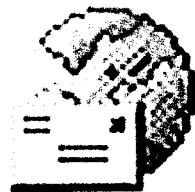
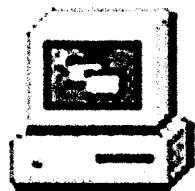
City of Edinburgh Athletic Club	<a href="http://www.harenet.demon.co.uk/coe/">www.harenet.demon.co.uk/coe/</a>
Ronhill Cambuslang Harriers	<a href="http://www.chem.gla.ac.uk/~david/harriers.html">www.chem.gla.ac.uk/~david/harriers.html</a>
Carnethy Hill Running Club	<a href="http://www.ed.ac.uk/~eobc02/running/carnethy/carnethy.htm">www.ed.ac.uk/~eobc02/running/carnethy/carnethy.htm</a>
Edinburgh Woollen Mill	<a href="http://www.eece.napier.ac.uk/~derek/">www.eece.napier.ac.uk/~derek/</a>
Edinburgh University H & H	<a href="http://www.ed.ac.uk/~haries/">www.ed.ac.uk/~haries/</a>
Glasgow University H & H	<a href="http://www.gla.ac.uk/Clubs/HaresandHounds/">www.gla.ac.uk/Clubs/HaresandHounds/</a>
Harmeny Athletic Club	<a href="http://dSPACE.dial.pipex.com/town/plaza/ca37/hrhome.htm">http://dSPACE.dial.pipex.com/town/plaza/ca37/hrhome.htm</a>
Shettleston Harriers Ladies	<a href="http://homepages.strath.ac.uk/~chfs10/">http://homepages.strath.ac.uk/~chfs10/</a>
Strathclyde University Harriers	<a href="http://www.strath.ac.uk/Students/Harriers/">www.strath.ac.uk/Students/Harriers/</a>
FMC Carnegie Harriers	<a href="http://www.users.globalnet.co.uk/~cseaman/FMCCar.htm">www.users.globalnet.co.uk/~cseaman/FMCCar.htm</a>
Penicuik Harriers	<a href="http://expage.com/page/penicuikharriers2">http://expage.com/page/penicuikharriers2</a>

### Other Scottish Pages

Scottish Athletics Federation	<a href="http://www.ppg.dcs.st-and.ac.uk/SAFPages/SAFHomePage/saf.html">www.ppg.dcs.st-and.ac.uk/SAFPages/SAFHomePage/saf.html</a>
Paul Caban's Results Page	<a href="http://www.ed.ac.uk/~sr25/running.html">www.ed.ac.uk/~sr25/running.html</a>
West Highland Way Pages	<a href="http://freespace.virgin.net/dario.melaragni/INDEX.htm">http://freespace.virgin.net/dario.melaragni/INDEX.htm</a>
Scottish CC & RR Results	<a href="http://www.geocities.com/Colosseum/Dugout/6409/">www.geocities.com/Colosseum/Dugout/6409/</a>
Brian Howie's Shorts	<a href="http://www.b-howie.demon.co.uk/run.htm">www.b-howie.demon.co.uk/run.htm</a>
Alloa Half Marathon	<a href="http://www.lornshil.demon.co.uk/marathon/index.html">www.lornshil.demon.co.uk/marathon/index.html</a>
Guide to Highland Games	<a href="http://www.kedslie.demon.co.uk/">www.kedslie.demon.co.uk/</a>

It is possible there are other Scottish sites not listed above

Both individual and team results from today's races will be available at: [www.geocities.com/Colosseum/Dugout/6409/](http://www.geocities.com/Colosseum/Dugout/6409/) shortly afterwards. There are also links to all the pages listed above on this page.



*Supporting  
And  
Developing  
Local Sport*