VENUES

	EAST DIVIS	SIONS 1 and	2					
SUNDAY	17 APRIL	12.30 p.m.	GRANGEMOUTH					
SUNDAY	8 MAY	12.30 p.m.	LIVINGSTON					
SUNDAY	5 JUNE	12.30 p.m.	PITREAVIE					
	NORT	TH EAST						
SUNDAY		1.15 p.m.	DUNDEE					
SUNDAY	8 MAY	1.15 p.m.	INVERNESS					
SUNDAY	12 JUNE	1.15 p.m.	DUNDEE					
WEST DIVISIONS 1 and 2								
SUNDAY	8 MAY	12.30 p.m.	CROWN POINT					
SUNDAY	15 MAY	12.30 p.m.	AYR					
SUNDAY	19 JUNE	12.30 p.m.	CROWN POINT					
SUNDAY	3 JULY	12.30 p.m.	COATBRIDGE					
		DIVISION 3	A)/D					
SUNDAY		12.30 p.m.	AYR					
SUNDAY	15 MAY	12.30 p.m.	COATBRIDGE COATBRIDGE					
SUNDAY	19 JUNE	12.30 p.m.	CROWN POINT					
SUNDAY	3 JULY	12.30 p.m.	CHOWN POINT					
SEMI-FINAL AND CONSOLATION TROPHY								
	I-FINAL AND C	ONSULATIO	PITREAVIE					
SUNDAY	31 JULY	1.00 p.m.	PITREAVIE					
	•	MEETING	CROWN BOINT					
SUNDAY	7 AUGUST	1.00 p.m.	CROWN POINT					

FM CLUSKIE

SCOTTISH YOUNG ATHLETES



1988

NOTES FOR COMPETITION

- 1 Team Managers should declare their teams in writing at least 30 minutes prior to the first event and any changes must be reported to the Meeting Secretary.
- Field events (excluding High Jump and Pole Vault) Officials are asked to ensure that all competitors are given three trials, even though a competitor may have missed a round, provided he returns before the competition has been completed.
- 3 Athletes and spectators are reminded that they must keep clear of the inside of the track and of throwing areas and co-operate with Officials at all times.
- 4 All Athletes (except High Jump and Pole Vault) *must* wear numbers both FRONT and BACK.
- 5 All meetings will be conducted under the Rules of SAAA and clubs are reminded of Rule 103 in particular.
- 6 Apart from the Relays each event will be on an A and B string competitor basis.
 - The A and B string races will be run separately in all events up to and including 400 metres.
- 7 All times quoted are approximate and given for guidance only and are liable to be changed at short notice.
- 8 Scoring System. Points will be awarded as follows :—
 - 'A' String and Relays 16, 14, 13, 12, 11, 10, 9, 8.
 - 'B' String 12, 10, 9, 8, 7, 6, 5, 4.

SCOTTISH YOUNG ATHLETES LEAGUE

League Chairman
Vice-Chairman
Secretary/Treasurer
East Division 1 Secretary
East Division 2 Secretary
North East Division Secretary
West Division 1 Secretary
West Division 2 Secretary
West Division 3 Secretary

J. A. INNES, Victoria Park AAC G. DUNCAN, Perth Strathtay H J. W. CRAWFORD, Victoria Park AAC G. KIRK, Pitreavie AAC

I. JACK. Harmeny AC

J. SHEPHERD, Aberdeen AC

B. COLLIE, Bellahouston H. D. McGINLAY, Clydesdale H.

PARTICIPATING CLUBS

EAST DIVISION 1 EAST DIVISION 2

CENTRAL REGION AC EDINBURGH SOUTHERN H
EDINBURGH AC FIFE AC
FALKIRK VICTORIA H HARMENY AC
LIVINGSTON & DISTRICT AC LASSWADE AC
PERTH STRATHTAY H LOTHIAN AC

PITREAVIE AAC MONTROSE AC

NORTH EAST DIVISION

ABERDEEN AC
BANCHORY AC
DUNDEE HAWKHILL H
INVERNESS H
TAYSIDE AC

VICTORIA PARK AAC

ABROATH & DISTRICT LAC

WEST DIVISION 1 WEST DIVISION 2 WEST DIVISION 3

AYR SEAFORTH AC
BELLAHOUSTON H
CAMBUSLANG H
CLYDEBANK AC
KILBARCHAN AC
KILMARNOCK H
KIRKINTILLOCH OLY
COLZIUM AC
EAST KILBRIDE AAC
HAMILTON H
IRVINE AAC
SHETTLESTON H

DUMBARTON AAC DUMFRIES AAC NITH VALLEY AAC TROON TORTOISES AAC

CHAIRMAN'S MESSAGE

The Scottish Young Athletes League, formed in 1972 with 6 Clubs taking part, now has 39 Clubs in membership. I would like to extend a warm welcome to the new Clubs joining the League.

The League is structured, as a result of the various changes in membership, into a North East Division, 2 East Divisions and 3 West Divisions. Promotion and relegation operates in both the East and West sections with a 2 up and 2 down basis normally applying.

Following the League based competition there are further events for the more successful Clubs with the East of Scotland Semi-Final being contested by:

First 2 Clubs in the North East Division First 3 Clubs in the East Division 1 First 1 Club in the East Division 2

and the Consolation Plate being competed for by:

4th Club in East Division 1
2nd Club in East Division 2
3rd Club in North East Division
1st & 2nd Clubs in West Division 2
1st Club in West Division 3

Thereafter the League Final is contested by the Clubs finishing in the first 4 places in the East Semi Final and those placed 1st to 4th in West Division 1.

We are grateful to those who have seen fit to sponsor the League in the past but regretfully it is unlikely that any such support will be forthcoming for this season.

Whether you are involved in the League as an athlete, official or spectator I would hope that you will enjoy the various competitions during the season. I would also ask that you will do your part to ensure that the League continues to go from strength to strength.

JOHN A. INNES

Chairman

EAST DIVISIONS 1 AND 2 — 1st MEETING GRANGEMOUTH

12.30	100m Hurdles		Youths	A & B	Sect. 1 & 2
12.50	80m Hurdles		SB	A & B	Sect. 1 & 2
1.10	200m	All age groups		A & B	Sect. 1 & 2
2.00 2.20	2000m S/Ch 1500m S/Ch		Youths SB	A & B A & B	Sect. 1 & 2 Sect. 1 & 2
2.35	400m	All age groups			Sect. 1 & 2
3.25	1500m	All age groups			Sect. 1 & 2
4.30	4 x 100m Relay	All age groups			Sect. 1 & 2
NON-C	OUNTING COLTS	EVENTS			,
1.45	200m				Sect. 1 & 2
4.10	1500m				Sect. 1 & 2
4.45	4 x 100m Relay				Sect. 1 & 2

EAST DIVISIONS 1 AND 2 — 2nd MEETING LIVINGSTON

EAST DIVISIONS 1 AND 2 — 3rd MEETING PITREAVIE

12.30	80m Hurdles		SB	A & B	Sect. 1 & 2							
12.45	3000m		Youths	A & B	Sect. 1 & 2	f 5	12.30	100m Hurdles		Youths	A & B	Sect. 1 & 2
			. 0010	, , ,		•	12.45	100m	All age groups		A & B	Sect. 1 & 2
1.15	100m	All age groups			Sect. 1 & 2	1,	1.25	800m	All age groups		A & B	Sect. 1 & 2
1.55	_800m	All age groups			Sect. 1 & 2				, ege g. eape			
3.05	2000m S/Ch		Youths		Sect. 1 & 2		2.25	3000m		Youths	A & B	Sect. 1 & 2
3.25	_1500m S/Ch		SB		Sect. 1 & 2		2.55	200m	All age groups		A & B	Sect. 1 & 2
0.20			02		000 1 0. 2		3.25	1500m	All age groups		A & B	Sect. 1 & 2
3.40	400m	All age groups			Sect. 1 & 2		0.20		All ago groups			
4.35	4 x 200m Relay	All aga graupa			Sect. 1 & 2		4.15	4 x 400m Relay	All age groups	A	A & B	Sect. 1 & 2
4,55	4 x 200111 Relay	All age groups			Sect. 1 & 2		NON-C	OUNTING COLTS	EVENTS			
NON-C	OUNTING COLTS	EVENTS					(Both S	ections)				
1.45	100m			A & B	Sect. 1 & 2							
2.40	800m			A & B	Sect. 1 & 2		1.15	100m			A & B	Sect. 1 & 2
4.55	4 x 200m Relay			A & B	Sect. 1 & 2		2.10	800m			A & B	Sect. 1 & 2
	•						4.55	4 x 100m Relay			A & B	Sect. 1 & 2

EAST DIVISIONS 1 AND 2 — FIELD EVENTS

(All A & B unless specified — Both Sections)

FIRST	MEETING		SECON	ID MEETING	i	THIRD	MEETING		
12.30	Pole Vault Long Jump Shot High Jump	Youths "A" S Boys S Boys J Boys	and other sections of the section of	Triple Jump High Jump Shot Discus	S Boys Youths S Boys J Boys	12.30	Pole Vault Long Jump High Jump Javelin	Youths Youths S Boys J Boys	"A"
1.30	Discus Triple Jump	J Boys		Long Jump Javelin	J Boys Youths	1.40	Triple Jump Discus	S Boys S Boys	
	Javelin	Youths	2.00	Shot	J Boys	2.00	Shot	Youths	
2.30	Shot High Jump	Youths S Boys	2.30	Triple Jump High Jump	Youths J Boys		High Jump	Youths	
2.50	Discus	S Boys	2.50	Discus	Youths	2.50	Javelin Long Jump	S Boys J Boys	
3.15	Long Jump	Youths	3.40	Long Jump	S Boys	3.30	Shot	J Boys	
4.00	Javelin Triple Jump	J Boys Youths	4.00	Javelin	S Boys	4.00	Discus Triple Jump	Youths J Boys	
				Shot	OLIS EVENT	NON-	COUNTING	OLTS EV	ENT
NON-	COUNTING C	OLTS EVENT	3.00			12.30	Shot		
2.30	Long Jump	Sect 1 & 2							

SCOTTISH YOUNG ATHLETES LEAGUE RECORDS

(As advised before preparation of Programme)

JUNIOR BOYS (11 – 13)

EVENT	NAME	CLUB	TIME/DIST	VENUE	DATE
100m	C Dickie	Ayr Seaforth	12.0	Coatbridge	02.08.81
200m	S Robertson	Central Region	24.8	Meadowbank	03.09.77
400m	J Hemmings	Pitreavie	56.4	Pitreavie	19.05.85
800m	J Hemmings	Pitreavie	2.11.8	Pitreavie	19.05.85
1500m	A Walsh	Kilbarchan	4.32.0	Scotstoun	09.05.82
4 x 100m Relay		Central Region	52.2	Meadowbank	11.09.79
4 x 200m Relay		Pitreavie	1.52.3	Pitreavie	19.05.85
4 x 400m Relay		Shettleston H	4.10.7	Meadowbank	11.09.79
Medley Relay	400/200/200/400	Aberdeen AAC	3.04.7	Aberdeen	27.06.82
Long Jump	J [*] Milby	Ayr Seaforth		Scotstoun	
Triple Jump	F Hopkins	East Kilbride	11.05m	Wishaw	04.08.85
High Jump	B Whittle	Ayrshire	1.61m	Nethercraigs	01.05.77
Discus	F Norris	Victoria Park	28.42m	Coatbridge	08.08.82
Shot Putt	F Norris	Victoria Park	11,73m	Meadowbank	05.09.82
Javelin	C Bell	Fife AC	35.60m	Aberdeen	27.06.82

SENIOR BOYS (13 – 15)

EVENT	NAME	CLUB	TIME/DIST	VENUE	DATE
80m Hurdles	N Foster	Shettleston	11.1	Scotstoun	
100m	J Burt	Central Region	11.0	Meadowbank	06.09.80
200m	M Niven	Bellahouston	23.0	Coatbridge	08.08.82
400m	R Nelson	Bellahouston	51.4	Coatbridge	05.09.76
800m	C Donald	Aberdeen	1.58.4	Aberdeen	05.06.83
1500m	T Young	Grangemouth Oly	4.07.6	Meadowbank	15.09.74
2000m	T Young	Grangemouth Oly	6.02.6	Hawick	02.06.74
1500m S/Chase	T Miller	Edinburgh AC	4.40.2	Meadowbank	03.09.77
4 x 100m Relay		Central Region	45.6	Glenrothes	22.08.81
4 x 200m Relay		Edinburgh Southern	1.40.0	Grangemouth	11.05.81
4 x 400m Relay		Ayr Seaforth	3.31.5	Meadowbank	05.09.82
Medley Relay		Grangemouth Oly	3.57.6	Hawick	02.06.74
Long Jump	B McGurk	Clydebank	6.26m	Grangemouth	12.08.84
Triple Jump	N Ross	Bellahouston	13.46m	Scotstoun	09.08.81
Discus	D Fenwick	Fife Southern	39.04m	Dundee	08.06.80
Shot Putt	R Kirkham	Fife Southern	13.76m	Grangemouth	12.08.84
Javelin	F Norris	Victoria Park	57.30m	Scotstoun	08.07.84
High Jump	R Hepburn	Edinburgh AC	1.95m	Coatbridge	05.09.76

YOUTHS (15 – 17)

EVENT -	NAME	CLUB	TIME/DIST	VENUE	DATE
100m Hurdles	S McAslan	Edinburgh AC	13.3	Meadowbank	11.09.79
100m	S Graham	Aberdeen	10.7	Glenrothes	22.08.81
200m	P Little	Edinburgh AC	21.8	Meadowbank	03.09.77
400m	M Johnson	Aberdeen	49.1	Glenrothes	22.08.81
800m	G McCann	Bellahouston	1.56.7	Wishaw	04.08.85
1500m	M Hughes	Cambuslang	4.00.5	Coatbridge	03.06.84
2000m S/Chase	A Mackay	Edinburgh AC	5.59.2	Glenrothes	25.08.79
3000m	A Mackay	Edinburgh AC	8.56.3	Saughton	11.06.79
4 x 100m Relay		Edinburgh AC	44.4	Meadowbank	11.09.79
4 x 200m Relay		Central Region	1.33.6	Grangemouth	21.05.78
4 x 400m Relay		Aberdeen AAC	3.31.5	Pitreavie	11.08.85
Medley Relay		Edinburgh AC	3.44.3	Pitreavie	06.05.73
Triple Jump	C Duncan	Shettleston	14.52m	Meadowbank	05.09.82
High Jump	R Hepburn	Edinburgh AC	2.03m	Meadowbank	03.09.77
Long Jump	K McKay	Pitreavie AAC	6.35m	Grangemouth	26.05.74
Pole Vault	S McIntyre	Cupar & Dist.	3.40m	Meadowbank	21.09.75
Discus	P Mardle	Tayside AC	49.48	Dundee	20.05.79
Shot Putt	D Morris	Pitreavie AC	15.39m	Pitreavie	22.04.84
Javelin	A Norris	Victoria Park	51.82m	Meadowbank	05.09.82