

LIVINGSTON
ATHLETIC CLUB

WHITBURN PRIMARY ATHLETICS CLUB



APRIL - JUNE 2019



DAY	TIME	LOCATION	AGES	DATES	WEEKS	COST
FRI	1.15 pm – 2.15 pm	Whitburn Academy	P4 – P7	26 April – 21 June	9 Weeks	£18

Fun athletics training for P4 to P7

What is it? Our Whitburn cluster Primary Athletics Club is a recreational club for primary aged children. The club focuses on fundamental movement skills and helps children learn vital skills which they will need as they develop. Youngsters are introduced to a range of athletic events, basic skills, balance, coordination and speed sessions; the essential ABC's of all sports.



Who is it for? Primary aged children aged (P4-P7) who enjoy athletics or would like to try athletics for the first time.

Where is it? All sessions take place indoors in the games hall at Whitburn Academy.

How do I register? You can register and pay the block fee online at www.livingstonac.com/whitburn



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