

List:

Season:

Team:

SEASON RANKINGS

U11 Girls

60m

■ Tia Henry	9.96	Indoor League	Glasgow	20/02/2011
■ Ellissa McQueen	10.24	Club Championships	Livingston	18/09/2011
■ Isla Calvert	10.69	Club Championships	Livingston	18/09/2011
■ Holly White	11.37	Indoor League	Glasgow	20/02/2011
■ Helena Cutajar	11.68	Club Championships	Livingston	18/09/2011

80m

■ Tia Henry	12.6 w	Central & South League	Wishaw	01/05/2011
■ Holly White	14.9 w	Central & South League	Wishaw	01/05/2011

100m

■ Tia Henry	15.48	Club Championships	Livingston	18/09/2011
■ Sarah Calvert	16.14	Livingston Open	Livingston	17/08/2011
■ Isla Calvert	17.21	Livingston Open	Livingston	17/08/2011
■ Ellissa McQueen	17.49	Livingston Open	Livingston	17/08/2011
■ Rebecca Melvin	17.60	Livingston Open	Livingston	17/08/2011
■ Alexandra Dundas	17.65	Livingston Open	Livingston	17/08/2011
■ Holly White	17.76	Club Championships	Livingston	18/09/2011
■ Lauren Morris	18.29	Livingston Open	Livingston	17/08/2011

150m

■ Tia Henry	24.2	Central & South League	Grangemouth	05/06/2011
■ Sarah Calvert	25.2	Central & South League	Grangemouth	05/06/2011

200m

■ Tia Henry	32.69	Club Championships	Livingston	18/09/2011
■ Sarah Calvert	33.0	Forth Valley Div 1	Grangemouth	18/06/2011

600m

■ Sarah Calvert	2:03.5	Central & South League	Grangemouth	05/06/2011
■ Tia Henry	2:12.3	Central & South League	Glasgow	03/07/2011
■ Holly White	2:40.5	Central & South League	Glasgow	03/07/2011

800m

■ Sarah Calvert	2:43.1	Forth Valley Div 1	Grangemouth	06/08/2011
■ Isla Calvert	3:07.44	Livingston Open	Livingston	17/08/2011
■ Tia Henry	3:13.5	Forth Valley Div 1	Grangemouth	30/04/2011
■ Lauren Morris	3:33.06	Livingston Open	Livingston	17/08/2011
■ Holly White	3:36.1	Forth Valley Div 1	Grangemouth	18/06/2011

High Jump

■ Tia Henry	1.00m	Forth Valley Div 1	Grangemouth	06/08/2011
■ Holly White	0.90m	Forth Valley Div 1	Grangemouth	06/08/2011

Long Jump

■ Tia Henry	3.38m	Central & South League	Wishaw	01/05/2011
■ Sarah Calvert	3.16m	Club Championships	Livingston	18/09/2011
■ Holly White	2.88m	Central & South League	Glasgow	03/07/2011
■ Alexandra Dundas	2.69m	Livingston Open	Livingston	17/08/2011

Shot Putt (1kg)

■ Isla Calvert	3.68m	Club Championships	Livingston	18/09/2011
■ Helena Cutajar	3.65m	Club Championships	Livingston	18/09/2011

Shot Putt (2.72kg)

■ Tia Henry	5.49m	Forth Valley Div 1	Grangemouth	18/06/2011
■ Holly White	3.89m	Forth Valley Div 1	Grangemouth	18/06/2011

Standing Long Jump

■ Sarah Calvert	1.62m	Indoor League	Glasgow	20/02/2011
■ Isla Calvert	1.60m	Club Championships	Livingston	18/09/2011
■ Holly White	1.44m	Indoor League	Glasgow	20/02/2011
■ Helena Cutajar	1.42m	Club Championships	Livingston	18/09/2011

2K

■ Sarah Calvert	8:14	Round the Houses	Grangemouth	27/03/2011
■ Isla Calvert	8:58	Round the Houses	Grangemouth	27/03/2011

2.6 Mile

■ Carrie McFarlane	22:58	Nottingham Mini Marathon	Nottingham	11/09/2011
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U11 Boys

60m

■ Alastair Marshall	10.56	Club Championships	Livingston	18/09/2011
■ Fraser Morris	10.78	Club Championships	Livingston	18/09/2011
■ Fraser MacNeill	10.94	Club Championships	Livingston	18/09/2011
■ Angus Strachan	10.96	Club Championships	Livingston	18/09/2011

100m

■ Arron Black	17.27	Club Championships	Livingston	18/09/2011
■ Alastair Marshall	18.09	Livingston Open	Livingston	17/08/2011
■ Fraser Morris	18.20	Livingston Open	Livingston	17/08/2011
■ Hamish Strachan	18.58	Club Championships	Livingston	18/09/2011
■ Murray McFadyen	19.75	Club Championships	Livingston	18/09/2011

150m

■ Arron Black	27.5	Central & South League	Grangemouth	05/06/2011
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200m

■ Arron Black	34.93	Club Championships	Livingston	18/09/2011
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600m

■ Arron Black	2:19.4	Central & South League	Grangemouth	05/06/2011
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800m

■ Alastair Marshall	3:08.30	Livingston Open	Livingston	17/08/2011
■ Fraser Morris	3:19.98	Livingston Open	Livingston	17/08/2011

Long Jump

■ Arron Black	2.88m	Livingston Open	Livingston	17/08/2011
■ Murray McFadyen	2.34m	Club Championships	Livingston	18/09/2011

Shot Putt (1kg)

■ Angus Strachan	8.75m	Club Championships	Livingston	18/09/2011
■ Fraser MacNeill	6.50m	Club Championships	Livingston	18/09/2011
■ Alastair Marshall	4.79m	Club Championships	Livingston	18/09/2011
■ Fraser Morris	3.83m	Club Championships	Livingston	18/09/2011

Shot Putt (2.72kg)

■ Hamish Strachan	4.64m	Club Championships	Livingston	18/09/2011
■ Murray McFadyen	3.28m	Club Championships	Livingston	18/09/2011

Standing Long Jump

■ Fraser MacNeill	1.45m	Club Championships	Livingston	18/09/2011
■ Fraser Morris	1.44m	Club Championships	Livingston	18/09/2011
■ Angus Strachan	1.41m	Club Championships	Livingston	18/09/2011
■ Alastair Marshall	1.26m	Club Championships	Livingston	18/09/2011

2K

■ Alastair Marshall	8:52	Round the Houses	Grangemouth	27/03/2011
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U13 Girls

60m

■ Taygan Henry	9.54	Indoor League	Glasgow	09/01/2011
■ Louisa Marshall	9.59	U13 SuperTeams	Glasgow	12/02/2011
■ Robyn Fairley	9.75	U13 SuperTeams	Glasgow	12/02/2011
■ Nikki Kinghorn	10.31	Indoor League	Glasgow	09/01/2011
■ Leah Stewart	10.72	U13 SuperTeams	Glasgow	12/02/2011

100m

■ Taygan Henry	14.70	Club Championships	Livingston	18/09/2011
■ Louisa Marshall	14.72	Club Championships	Livingston	18/09/2011
■ Chloe McAlear	14.87	Club Championships	Livingston	18/09/2011
■ Robyn Fairley	15.0 w	Central & South League	Wishaw	01/05/2011
■ Nikki Kinghorn	15.56	U14 Inter-Regional	Wishaw	28/08/2011
■ Courtney Porter	17.11	Club Championships	Livingston	18/09/2011
■ Hannah Mackay	17.24	Club Championships	Livingston	18/09/2011
■ Nicole Campbell	17.29	WL Schools Champs	Grangemouth	22/06/2011
■ Hannah Mairs	17.4	Central & South League	Glasgow	03/07/2011
■ Katie Timmins	18.83	Livingston Open	Livingston	17/08/2011

200m

■ Taygan Henry	30.40	Club Championships	Livingston	18/09/2011
■ Robyn Fairley	31.17	Club Championships	Livingston	18/09/2011
■ Louisa Marshall	31.96	Club Championships	Livingston	18/09/2011
■ Chloe McAlear	32.6	Indoor League	Glasgow	20/02/2011
■ Nikki Kinghorn	33.7	Forth Valley Div 1	Grangemouth	06/08/2011
■ Kirsty McFadyen	34.09	Club Championships	Livingston	18/09/2011
■ Caitlin Reddington	34.2	Indoor League	Glasgow	20/02/2011
■ Hannah Mackay	34.75	Club Championships	Livingston	18/09/2011
■ Hannah Mairs	34.87	Club Championships	Livingston	18/09/2011
■ Courtney Porter	35.36	Club Championships	Livingston	18/09/2011
■ Katie Timmins	38.84	Club Championships	Livingston	18/09/2011

800m

■ Nikki Kinghorn	2:45.49	Club Championships	Livingston	18/09/2011
■ Chloe McAlear	2:46.5	Central & South League	Glasgow	03/07/2011
■ Taygan Henry	2:47.9	Central & South League	Glasgow	03/07/2011
■ Hannah Mairs	2:55.52	Club Championships	Livingston	18/09/2011
■ Louisa Marshall	3:03.7	Indoor League	Glasgow	20/02/2011
■ Kirsty McFadyen	3:24.93	Club Championships	Livingston	18/09/2011

1200m

■ Chloe McAlear	4:34.2	Central & South League	Grangemouth	05/06/2011
■ Nikki Kinghorn	5:02.1	Central & South League	Grangemouth	05/06/2011

1500m

■ Taygan Henry	5:54.7	Forth Valley Div 1	Grangemouth	06/08/2011
■ Chloe McAlear	6:06.0	Forth Valley Div 1	Grangemouth	06/08/2011
■ Louisa Marshall	6:07.6	Forth Valley Div 1	Grangemouth	18/06/2011
■ Nikki Kinghorn	6:23.1	Forth Valley Div 1	Grangemouth	18/06/2011

60m Hurdles (U13G)

■ Louisa Marshall	12.96	Indoor League	Glasgow	20/02/2011
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70m Hurdles (U13G)

■ Taygan Henry	15.8	Central & South League	Grangemouth	05/06/2011
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High Jump

■ Taygan Henry	1.25m	U14 Inter-Regional	Wishaw	28/08/2011
■ Louisa Marshall	1.15m	U13 SuperTeams	Glasgow	12/02/2011
■ Leah Stewart	1.15m	U13 SuperTeams	Glasgow	12/02/2011
■ Nikki Kinghorn	1.10m	Central & South League	Grangemouth	05/06/2011
■ Robyn Fairley	1.00m	U13 SuperTeams	Glasgow	12/02/2011

Long Jump

■ Taygan Henry	3.95m	Forth Valley Div 1	Grangemouth	18/06/2011
■ Louisa Marshall	3.45m	U14 Inter-Regional	Wishaw	28/08/2011
■ Chloe McAlear	3.32m	Club Championships	Livingston	18/09/2011

■ Hannah Mairs	3.05m	Club Championships	Livingston	18/09/2011
■ Kirsty McFadyen	2.91m	Club Championships	Livingston	18/09/2011
■ Katie Timmins	2.64m	Livingston Open	Livingston	17/08/2011
■ Nikki Kinghorn	2.56m	Livingston Open	Livingston	17/08/2011
■ Courtney Porter	2.08m	Club Championships	Livingston	18/09/2011

Shot Putt (2.72kg)

■ Robyn Fairley	5.59m	Central & South League	Grangemouth	05/06/2011
■ Leah Stewart	5.28m	U13 SuperTeams	Glasgow	12/02/2011
■ Chloe McAlear	5.05m	Central & South League	Glasgow	03/07/2011
■ Nicole Campbell	4.50m	WL Schools Champs	Grangemouth	22/06/2011
■ Taygan Henry	4.26m	Forth Valley Div 1	Grangemouth	06/08/2011
■ Louisa Marshall	4.11m	Central & South League	Glasgow	03/07/2011
■ Caitlin Reddington	3.81m	Central & South League	Grangemouth	05/06/2011
■ Nikki Kinghorn	3.14m	Indoor League	Glasgow	09/01/2011

Javelin (400g)

■ Robyn Fairley	11.17m	Forth Valley Div 1	Grangemouth	18/06/2011
■ Nikki Kinghorn	10.85m	Club Championships	Livingston	18/09/2011
■ Louisa Marshall	5.84m	Central & South League	Glasgow	03/07/2011

U13 Boys

60m

■ Ewan Ballantyne	9.39	Indoor League	Glasgow	20/02/2011
■ Aaron Crane	9.67	Indoor League	Glasgow	09/01/2011

100m

■ Ewan Ballantyne	14.40	Club Championships	Livingston	18/09/2011
■ Aaron Crane	14.8 w	Central & South League	Wishaw	01/05/2011
■ Jason Gregory	15.1	Forth Valley Div 1	Grangemouth	06/08/2011
■ Liam Wilson	15.40	Livingston Open	Livingston	17/08/2011
■ Ben Fulton	15.70	Club Championships	Livingston	18/09/2011
■ Stuart Garvin	15.83	Livingston Open	Livingston	17/08/2011
■ Matthew Cutajar	17.0 w	Central & South League	Wishaw	01/05/2011
■ Jamie Morris	17.34	Livingston Open	Livingston	17/08/2011
■ Michael Rooney	17.91	Livingston Open	Livingston	17/08/2011
■ Danny McKenna	18.38	Club Championships	Livingston	18/09/2011

200m

■ Ewan Ballantyne	30.52	Club Championships	Livingston	18/09/2011
■ Jason Gregory	30.94	Club Championships	Livingston	18/09/2011
■ Fraser McLean	31.93	Club Championships	Livingston	18/09/2011
■ Ben Fulton	34.7	Central & South League	Grangemouth	05/06/2011
■ Matthew Cutajar	37.1	Forth Valley Div 1	Grangemouth	18/06/2011
■ Michael Rooney	37.7	Indoor League	Glasgow	20/02/2011
■ Danny McKenna	38.9	Forth Valley Div 1	Grangemouth	06/08/2011

800m

■ Jason Gregory	2:43.95	Club Championships	Livingston	18/09/2011
■ Liam Wilson	2:46.46	Livingston Open	Livingston	17/08/2011
■ Stuart Garvin	2:50.33	Livingston Open	Livingston	17/08/2011
■ Fraser McLean	2:51.1	Central & South League	Wishaw	01/05/2011
■ Aaron Crane	2:52.4	Central & South League	Wishaw	01/05/2011
■ Nathan Campbell	2:56.98	Club Championships	Livingston	18/09/2011
■ Ewan Ballantyne	3:03.3	Forth Valley Div 1	Grangemouth	30/04/2011
■ Jamie Morris	3:23.09	Livingston Open	Livingston	17/08/2011
■ Callum Stevenson	3:23.3	Indoor League	Glasgow	20/02/2011
■ Michael Rooney	3:25.1	Central & South League	Glasgow	03/07/2011

1500m

■ Liam Wilson	5:46.0	Forth Valley Div 1	Grangemouth	06/08/2011
■ Fraser McLean	6:34.4	Forth Valley Div 1	Grangemouth	06/08/2011

60m Hurdles (U13B)

■ Fraser McLean	14.24	Indoor League	Glasgow	20/02/2011
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75m Hurdles (U13B)

■ Fraser McLean	17.3	Central & South League	Grangemouth	05/06/2011
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High Jump

■ Fraser McLean	1.15m	Forth Valley Div 1	Grangemouth	30/04/2011
■ Aaron Crane	1.15m	Forth Valley Div 1	Grangemouth	30/04/2011

Long Jump

■ Fraser McLean	3.91m	Central & South League	Grangemouth	05/06/2011
■ Ewan Ballantyne	3.71m	Club Championships	Livingston	18/09/2011
■ Callum Stevenson	3.47m	U14 Inter-Regional	Wishaw	28/08/2011
■ Jason Gregory	3.40m	Club Championships	Livingston	18/09/2011
■ Ben Fulton	3.29m	Club Championships	Livingston	18/09/2011
■ Nathan Campbell	3.11m	Livingston Open	Livingston	17/08/2011
■ Aaron Crane	3.03m	Central & South League	Wishaw	01/05/2011
■ Danny McKenna	2.48m	Livingston Open	Livingston	17/08/2011
■ Michael Rooney	1.98m	Livingston Open	Livingston	17/08/2011

Shot Putt (3.25kg)

■ Fraser McLean	6.56m	Forth Valley Div 1	Grangemouth	06/08/2011
■ Stuart Garvin	6.04m	Central & South League	Glasgow	03/07/2011
■ Matthew Cutajar	5.69m	Forth Valley Div 1	Grangemouth	06/08/2011
■ Danny McKenna	4.70m	Livingston Open	Livingston	17/08/2011
■ Ben Fulton	3.95m	Livingston Open	Livingston	17/08/2011
■ Michael Rooney	3.63m	Central & South League	Glasgow	03/07/2011

Javelin (400g)

■ Matthew Cutajar	15.59m	Club Championships	Livingston	18/09/2011
■ Fraser McLean	12.97m	Central & South League	Wishaw	01/05/2011
■ Danny McKenna	9.76m	Club Championships	Livingston	18/09/2011
■ Stuart Garvin	8.96m	Central & South League	Glasgow	03/07/2011
■ Michael Rooney	7.13m	Central & South League	Glasgow	03/07/2011

U15 Girls

60m

■ Nikisha Wright	8.88	Schools Indoor Champs	Glasgow	10/02/2011
■ Ella McFarlane	8.99	Edinburgh Open Graded	Edinburgh	27/02/2011
■ Sarah Dunn	9.54	Indoor League	Glasgow	09/01/2011
■ Morna Horn	9.75	Indoor League	Glasgow	09/01/2011

100m

■ Nikisha Wright	13.8	Central & South League	Glasgow	03/07/2011
■ Ella McFarlane	14.0	Central & South League	Glasgow	03/07/2011
■ Megan Brown	14.1 w	Central & South League	Wishaw	01/05/2011
■ Sophie Marshall	14.66	Lothian & Borders Open	Edinburgh	03/04/2011
■ Morna Horn	14.9	Forth Valley Div 1	Grangemouth	30/04/2011
■ Olivia Singleton	14.95	WL Schools Champs	Grangemouth	22/06/2011
■ Sarah Dunn	15.10	WL Schools Champs	Grangemouth	22/06/2011
■ Chloe French	15.10	Club Championships	Livingston	18/09/2011
■ Katie Marshall	15.29	Club Championships	Livingston	18/09/2011
■ Caitlin Smith	15.44	WL Schools Champs	Grangemouth	22/06/2011
■ Megan Hay	15.91	Livingston Open	Livingston	17/08/2011
■ Laoise Evans	17.75	Livingston Open	Livingston	17/08/2011

200m

■ Nikisha Wright	28.5	Forth Valley Select	Grangemouth	03/09/2011
■ Megan Brown	28.71	Club Championships	Livingston	18/09/2011
■ Ella McFarlane	29.2	Forth Valley Div 1	Grangemouth	18/06/2011
■ Sophie Marshall	30.23	Club Championships	Livingston	18/09/2011
■ Chloe French	31.07	Club Championships	Livingston	18/09/2011
■ Morna Horn	31.99	Club Championships	Livingston	18/09/2011
■ Sarah Dunn	32.6	Indoor League	Glasgow	09/01/2011
■ Katie Marshall	35.3	Indoor League	Glasgow	20/02/2011

300m

■ Ella McFarlane	47.7	Forth Valley Div 1	Grangemouth	06/08/2011
■ Katie Marshall	52.0	Forth Valley Div 1	Grangemouth	06/08/2011

800m

■ Katie Marshall	2:38.3	Central & South League	Glasgow	03/07/2011
■ Sophie Marshall	2:45.9	Central & South League	Glasgow	03/07/2011

■ Erin Lee	2:58.35	WL Schools Champs	Grangemouth	22/06/2011
■ Megan Brown	2:59.56	WL Schools Champs	Grangemouth	22/06/2011
■ Chloe French	3:11.0	Forth Valley Div 1	Grangemouth	30/04/2011
1500m				
■ Katie Marshall	5:59.8	Central & South League	Grangemouth	05/06/2011
■ Morna Horn	6:51.3	Central & South League	Grangemouth	05/06/2011
1 Mile				
■ Katie Marshall	6:31.4	Forth Valley Div 1	Grangemouth	06/08/2011
75m Hurdles (U15G)				
■ Sophie Marshall	15.8	Central & South League	Grangemouth	05/06/2011
■ Chloe French	17.0	Central & South League	Grangemouth	05/06/2011
High Jump				
■ Nikisha Wright	1.45m	Club Championships	Livingston	18/09/2011
■ Ella McFarlane	1.25m	Indoor League	Glasgow	09/01/2011
Long Jump				
■ Nikisha Wright	4.61m	Club Championships	Livingston	18/09/2011
■ Ella McFarlane	3.91m	Central & South League	Glasgow	03/07/2011
■ Megan Brown	3.84m	Central & South League	Wishaw	01/05/2011
■ Emma Laidlaw	3.60m	WL Schools Champs	Grangemouth	22/06/2011
■ Chloe French	3.43m	Club Championships	Livingston	18/09/2011
■ Katie Marshall	3.15m	Livingston Open	Livingston	17/08/2011
■ Sophie Marshall	3.08m	Central & South League	Glasgow	03/07/2011
■ Morna Horn	2.97m	WL Schools Champs	Grangemouth	22/06/2011
■ Megan Hay	2.94m	WL Schools Champs	Grangemouth	22/06/2011
■ Fortuna Tokics	2.93m	Livingston Open	Livingston	17/08/2011
■ Sarah Dunn	2.67m	Indoor League	Glasgow	09/01/2011
Shot Putt (2.72kg)				
■ Fortuna Tokics	9.03m	WL Schools Champs	Grangemouth	22/06/2011
■ Morna Horn	5.75m	U14 Inter-Regional	Wishaw	28/08/2011
Shot Putt (3.25kg)				
■ Fortuna Tokics	8.47m	Club Championships	Livingston	18/09/2011
■ Nikisha Wright	5.59m	Central & South League	Glasgow	03/07/2011
■ Chloe French	5.49m	Central & South League	Glasgow	03/07/2011
■ Morna Horn	5.41m	Livingston Open	Livingston	17/08/2011
■ Laoise Evans	4.74m	Livingston Open	Livingston	17/08/2011
■ Megan Brown	4.63m	Club Championships	Livingston	18/09/2011
■ Megan Hay	4.52m	Livingston Open	Livingston	17/08/2011
■ Katie Marshall	3.69m	Forth Valley Div 1	Grangemouth	30/04/2011
Javelin (600g)				
■ Megan Brown	10.22m	Central & South League	Wishaw	01/05/2011
■ Chloe French	9.85m	Forth Valley Div 1	Grangemouth	30/04/2011
■ Sophie Marshall	6.67m	Central & South League	Wishaw	01/05/2011
Discus (1kg)				
■ Sophie Marshall	11.66m	Forth Valley Div 1	Grangemouth	06/08/2011
■ Chloe French	10.47m	Central & South League	Glasgow	03/07/2011
■ Katie Marshall	9.87m	Forth Valley Div 1	Grangemouth	06/08/2011
2.6 Mile				
■ Ella McFarlane	20:49	Nottingham Mini Marathon	Nottingham	11/09/2011
<u>U15 Boys</u>				
60m				
■ Robbie Nairn	8.10	U13/U15 Indoor Champs	Glasgow	06/03/2011
■ Calum McLean	9.29	Indoor League	Glasgow	13/03/2011
■ Kieron Horrocks	11.22	Indoor League	Glasgow	20/02/2011
100m				
■ Robbie Nairn	12.4	Forth Valley Div 1	Grangemouth	06/08/2011
■ Robbie Oag	13.77	Club Championships	Livingston	18/09/2011
■ Elliot Stanton	13.96	Club Championships	Livingston	18/09/2011
■ Ben Watson	14.2	Forth Valley Select	Grangemouth	03/09/2011

■ Aidan McCusker	14.4 w	Central & South League	Wishaw	01/05/2011
■ Jake Thomas	14.6	Forth Valley Div 1	Grangemouth	30/04/2011
■ Conor Reid	14.60	Club Championships	Livingston	18/09/2011
■ Calum McLean	14.99 w	Lothian & Borders Open	Edinburgh	03/04/2011
■ Alastair White	15.4	Central & South League	Glasgow	03/07/2011

200m

■ Robbie Nairn	25.8	Forth Valley Div 1	Grangemouth	18/06/2011
■ Robbie Oag	28.59	Club Championships	Livingston	18/09/2011
■ Jake Thomas	30.0	Indoor League	Glasgow	09/01/2011
■ Aidan McCusker	30.24	Club Championships	Livingston	18/09/2011
■ Conor Reid	30.9	Forth Valley Div 1	Grangemouth	18/06/2011
■ Calum McLean	30.92	Club Championships	Livingston	18/09/2011
■ Ben Watson	31.5	Central & South League	Grangemouth	05/06/2011
■ Alastair White	31.9	Forth Valley Div 1	Grangemouth	06/08/2011
■ Kieron Horrocks	39.1	Indoor League	Glasgow	20/02/2011
■ Connor Leckie	47.0	Indoor League	Glasgow	20/02/2011

400m

■ Jake Thomas	59.44	Indoor League	Glasgow	13/03/2011
■ Calum McLean	68.95	Club Championships	Livingston	18/09/2011
■ Aidan McCusker	69.2	Central & South League	Glasgow	03/07/2011
■ Elliot Stanton	71.7	Indoor League	Glasgow	20/02/2011
■ Alastair White	74.95	Livingston Open	Livingston	17/08/2011
■ Cory Stratton	75.14	Livingston Open	Livingston	17/08/2011

800m

■ Jake Thomas	2:07.06	U16/U18 Open	Grangemouth	07/05/2011
■ Andrew Mitchell	2:22.38	WL Schools Champs	Grangemouth	22/06/2011
■ Elliot Stanton	2:42.2	Central & South League	Wishaw	01/05/2011
■ Ben Watson	2:42.5	Central & South League	Wishaw	01/05/2011
■ Calum McLean	2:44.6	Forth Valley Div 1	Grangemouth	30/04/2011
■ Alastair White	2:45.89	WL Schools Champs	Grangemouth	22/06/2011
■ Cory Stratton	2:53.99	Livingston Open	Livingston	17/08/2011

1500m

■ Jake Thomas	4:23.1	Forth Valley Div 1	Grangemouth	18/06/2011
■ Alastair White	6:13.9	Forth Valley Div 1	Grangemouth	18/06/2011

1 Mile

■ Alastair White	6:44.0	Forth Valley Div 1	Grangemouth	06/08/2011
■ Calum McLean	6:59.8	Forth Valley Div 1	Grangemouth	06/08/2011

60m Hurdles (U15B)

■ Alastair White	13.50	Indoor League	Glasgow	13/03/2011
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High Jump

■ Jake Thomas	1.50m	WL Schools Champs	Grangemouth	22/06/2011
■ Aidan McCusker	1.30m	Central & South League	Glasgow	03/07/2011
■ Alastair White	1.25m	Indoor League	Glasgow	13/03/2011
■ Conor Reid	1.20m	Central & South League	Grangemouth	05/06/2011

Long Jump

■ Robbie Oag	4.35m	Club Championships	Livingston	18/09/2011
■ Elliot Stanton	4.32m	Club Championships	Livingston	18/09/2011
■ Calum McLean	4.12m	Pitreavie Trophy Meeting	Dunfermline	11/09/2011
■ Aidan McCusker	3.90m	Central & South League	Glasgow	03/07/2011
■ Conor Reid	3.84m	Club Championships	Livingston	18/09/2011
■ Ben Watson	3.47m	Central & South League	Grangemouth	05/06/2011
■ Alastair White	3.46m	Central & South League	Glasgow	03/07/2011

Triple Jump

■ Elliot Stanton	7.37m	Indoor League	Glasgow	20/02/2011
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Shot Putt (4kg)

■ Robbie Nairn	13.99m	U16/U18 Inter-Regional	Wishaw	27/08/2011
■ Elliot Stanton	6.72m	Central & South League	Wishaw	01/05/2011
■ Ben Watson	6.44m	Central & South League	Wishaw	01/05/2011
■ Aidan McCusker	5.34m	Forth Valley Div 1	Grangemouth	30/04/2011
■ Calum McLean	5.18m	Indoor League	Glasgow	20/02/2011

■ Conor Reid	5.05m	Forth Valley Div 1	Grangemouth	30/04/2011
■ Alastair White	3.94m	Indoor League	Glasgow	13/03/2011

Javelin (600g)

■ Robbie Nairn	24.18m	Club Championships	Livingston	18/09/2011
■ Jake Thomas	21.11m	Forth Valley Div 1	Grangemouth	30/04/2011
■ Aidan McCusker	14.96m	Central & South League	Wishaw	01/05/2011
■ Calum McLean	13.05m	Central & South League	Wishaw	01/05/2011
■ Ben Watson	9.12m	Central & South League	Grangemouth	05/06/2011

Discus (1.25kg)

■ Robbie Nairn	37.13m	U16 Champs	Glasgow	31/07/2011
■ Ben Watson	12.28m	Central & South League	Wishaw	01/05/2011
■ Calum McLean	11.62m	Central & South League	Wishaw	01/05/2011
■ Alastair White	11.07m	Forth Valley Div 1	Grangemouth	06/08/2011

U17 Women

60m

■ Eileen Hulse	8.95	Indoor League	Glasgow	09/01/2011
■ Isla Bruce	9.19	Edinburgh Open Graded	Edinburgh	27/02/2011

100m

■ Eileen Hulse	14.2	Central & South League	Glasgow	03/07/2011
■ Isla Bruce	14.5 w	Central & South League	Wishaw	01/05/2011
■ Mhairi Horn	15.20	WL Schools Champs	Grangemouth	22/06/2011
■ Anna McPhillips	15.38	Club Championships	Livingston	18/09/2011

200m

■ Eileen Hulse	30.52	Club Championships	Livingston	18/09/2011
■ Anna McPhillips	30.62	Edinburgh Schools Champs	Edinburgh	08/06/2011
■ Rebecca Calder	31.9	Central & South League	Grangemouth	05/06/2011
■ Isla Bruce	32.3	Central & South League	Grangemouth	05/06/2011
■ Mhairi Horn	33.3	Indoor League	Glasgow	09/01/2011

300m

■ Eileen Hulse	47.6	Central & South League	Wishaw	01/05/2011
■ Anna McPhillips	48.5	Central & South League	Wishaw	01/05/2011

1500m

■ Eileen Hulse	6:38.8	Central & South League	Grangemouth	05/06/2011
■ Anna McPhillips	7:10.3	Central & South League	Grangemouth	05/06/2011

80m Hurdles (U17W)

■ Eileen Hulse	17.4	Central & South League	Grangemouth	05/06/2011
■ Anna McPhillips	18.3	Central & South League	Grangemouth	05/06/2011

High Jump

■ Isla Bruce	1.25m	Edinburgh Open Graded	Edinburgh	27/02/2011
■ Anna McPhillips	1.20m	Indoor League	Glasgow	20/02/2011

Long Jump

■ Eileen Hulse	4.26m	Central & South League	Wishaw	01/05/2011
■ Isla Bruce	3.60m	Central & South League	Wishaw	01/05/2011
■ Anna McPhillips	3.41m	Club Championships	Livingston	18/09/2011

Triple Jump

■ Eileen Hulse	8.62m	Indoor League	Glasgow	20/02/2011
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Shot Putt (4kg)

■ Anna McPhillips	6.26m	Club Championships	Livingston	18/09/2011
■ Isla Bruce	5.83m	Central & South League	Grangemouth	05/06/2011
■ Rebecca Calder	5.37m	Central & South League	Grangemouth	05/06/2011
■ Mhairi Horn	4.83m	Indoor League	Glasgow	09/01/2011

Javelin (600g)

■ Eileen Hulse	17.13m	Central & South League	Wishaw	01/05/2011
■ Mhairi Horn	12.39m	Central & South League	Wishaw	01/05/2011
■ Anna McPhillips	8.99m	Central & South League	Glasgow	03/07/2011

Discus (1kg)

■ Anna McPhillips	10.92m	Central & South League	Grangemouth	05/06/2011
■ Rebecca Calder	10.10m	Central & South League	Grangemouth	05/06/2011

U17 Men

60m

■ Shawn Wright	7.56	Edinburgh Open Graded	Edinburgh	27/02/2011
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100m

■ Scott Henderson	11.73 w	National Junior League	Gateshead	24/07/2011
■ Shawn Wright	12.09 w	Lothian & Borders Open	Edinburgh	03/04/2011
■ Calum Gregory	13.4	Central & South League	Glasgow	03/07/2011
■ Ryan White	14.55	Club Championships	Livingston	18/09/2011

200m

■ Shawn Wright	23.84	Club Championships	Livingston	18/09/2011
■ Scott Henderson	24.32	Club Championships	Livingston	18/09/2011
■ Calum Gregory	27.83	Lasswade Championships	Edinburgh	25/09/2011
■ Ryan White	32.73	Club Championships	Livingston	18/09/2011

400m

■ Shawn Wright	53.02	U16/U18 Inter-Regional	Wishaw	27/08/2011
■ Ruaridh McCusker	61.65	Club Championships	Livingston	18/09/2011
■ Calum Gregory	62.77	Club Championships	Livingston	18/09/2011
■ Harrison Box	68.7	Indoor League	Glasgow	20/02/2011
■ Ryan White	70.81	Club Championships	Livingston	18/09/2011

800m

■ Ruaridh McCusker	2:27.1	Central & South League	Wishaw	01/05/2011
■ Calum Gregory	2:36.27	Livingston Open	Livingston	17/08/2011
■ Ryan White	2:45.1	Central & South League	Glasgow	03/07/2011

1500m

■ Calum Gregory	5:40.4	Central & South League	Grangemouth	05/06/2011
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60m Hurdles (U17M)

■ Shawn Wright	12.10	Indoor League	Glasgow	20/02/2011
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100m Hurdles (U17M)

■ Shawn Wright	20.9	Central & South League	Grangemouth	05/06/2011
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110m Hurdles (U20M)

■ Shawn Wright	22.2	National Junior League	Manchester	10/07/2011
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High Jump

■ Ruaridh McCusker	1.65m	Club Championships	Livingston	18/09/2011
■ Shawn Wright	1.60m	Indoor League	Glasgow	09/01/2011

Long Jump

■ Scott Henderson	5.71m	Club Championships	Livingston	18/09/2011
■ Shawn Wright	5.62m	Club Championships	Livingston	18/09/2011
■ Calum Gregory	4.58m	Livingston Open	Livingston	17/08/2011
■ Ryan White	2.55m	Central & South League	Glasgow	03/07/2011

Triple Jump

■ Shawn Wright	11.92m	U16/U18 Inter-Regional	Wishaw	27/08/2011
■ Scott Henderson	11.16m	U16/U18 Inter-Regional	Wishaw	27/08/2011

Shot Putt (5kg)

■ Ruaridh McCusker	8.02m	Central & South League	Wishaw	01/05/2011
■ Scott Henderson	7.39m	Club Championships	Livingston	18/09/2011
■ Calum Gregory	5.66m	Central & South League	Grangemouth	05/06/2011
■ Harrison Box	4.74m	Indoor League	Glasgow	20/02/2011
■ Ryan White	3.68m	Livingston Open	Livingston	17/08/2011

Shot Putt (6kg)

■ Scott Henderson	5.49m	National Junior League	Gateshead	24/07/2011
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Javelin (600g)

■ Ruaridh McCusker	28.12m	WL Schools Champs	Grangemouth	22/06/2011
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Javelin (700g)

■ Shawn Wright	32.42m	Central & South League	Grangemouth	05/06/2011
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■ Ruairidh McCusker	30.17m	Club Championships	Livingston	18/09/2011
■ Ryan White	5.77m	Central & South League	Glasgow	03/07/2011

Javelin (800g)

■ Shawn Wright	29.40m	National Junior League	Manchester	10/07/2011
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U20 Women

100m

■ Shona Herron	13.96	WL Schools Champs	Grangemouth	22/06/2011
■ Katie McKain	15.19	WL Schools Champs	Grangemouth	22/06/2011

200m

■ Vicky Dalziel	28.2	Central & South League	Grangemouth	05/06/2011
■ Katie McKain	31.89	Club Championships	Livingston	18/09/2011

High Jump

■ Shona Herron	1.40m	WL Schools Champs	Grangemouth	22/06/2011
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Long Jump

■ Shona Herron	4.15m	Livingston Open	Livingston	17/08/2011
■ Katie McKain	3.99m	Club Championships	Livingston	18/09/2011

Shot Putt (4kg)

■ Vicky Dalziel	8.61m	U16/U18 Inter-Regional	Wishaw	27/08/2011
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Javelin (600g)

■ Katie McKain	12.35m	WL Schools Champs	Grangemouth	22/06/2011
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Discus (1kg)

■ Vicky Dalziel	27.42m	Linwood Open Graded	Linwood	29/06/2011
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U20 Men

60m

■ Stephen Watson	8.27	Indoor League	Glasgow	20/02/2011
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100m

■ Stephen Watson	12.8 w	Central & South League	Wishaw	01/05/2011
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200m

■ Daniel Fulton	26.03	Club Championships	Livingston	18/09/2011
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400m

■ Craig McDowall	52.8	Central & South League	Glasgow	03/07/2011
■ Daniel Fulton	53.86	Club Championships	Livingston	18/09/2011

800m

■ Craig McDowall	1:56.9	Central & South League	Glasgow	03/07/2011
■ Daniel Fulton	2:08.15	Livingston Open	Livingston	17/08/2011
■ Stephen Watson	2:41.9	Indoor League	Glasgow	20/02/2011

1500m

■ Craig McDowall	4:06.3	Central & South League	Grangemouth	05/06/2011
■ Daniel Fulton	4:48.9	Central & South League	Grangemouth	05/06/2011

110m Hurdles

■ Daniel Fulton	21.8	Central & South League	Grangemouth	05/06/2011
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High Jump

■ Stephen Watson	1.30m	Central & South League	Glasgow	03/07/2011
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Triple Jump

■ Stephen Watson	8.94m	Central & South League	Wishaw	01/05/2011
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Shot Putt (6kg)

■ Stephen Watson	6.77m	Livingston Open	Livingston	17/08/2011
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Shot Putt (7.26kg)

■ Stephen Watson	6.28m	Club Championships	Livingston	18/09/2011
■ Daniel Fulton	5.99m	Club Championships	Livingston	18/09/2011

Javelin (800g)

■ Stephen Watson	23.35m	Club Championships	Livingston	18/09/2011
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5K

■ Craig McDowall 17:08 Edinburgh Parkrun Edinburgh 30/10/2010

Senior Women

60m

■ Sharon Grierson 9.83 Indoor League Glasgow 20/02/2011

100m

■ Yvonne Crilly (M) 14.4 w Central & South League Wishaw 01/05/2011

■ Robyn McDowall 15.11 Livingston Open Livingston 17/08/2011

■ Sharon Grierson 15.6 w Central & South League Wishaw 01/05/2011

200m

■ Yvonne Crilly (M) 30.3 Central & South League Grangemouth 05/06/2011

■ Robyn McDowall 30.47 w Grangemouth Open Graded Grangemouth 01/06/2011

■ Sharon Grierson 34.3 Indoor League Glasgow 20/02/2011

400m

■ Amanda Campbell 58.12 Livingston Open Livingston 17/08/2011

■ Robyn McDowall 67.6 Central & South League Glasgow 03/07/2011

800m

■ Amanda Campbell 2:08.41 Senior Champs Glasgow 16/07/2011

■ Yvonne Crilly (M) 2:34.1 Central & South League Wishaw 01/05/2011

■ Robyn McDowall 2:38.31 SUA Freshers Indoor Glasgow 20/10/2010

1500m

■ Robyn McDowall 5:52.5 Central & South League Grangemouth 05/06/2011

3000m

■ Amanda Campbell 10:37.9 Central & South League Glasgow 03/07/2011

■ Yvonne Crilly (M) 11:41.2 Central & South League Glasgow 03/07/2011

■ Robyn McDowall 13:21.4 Central & South League Glasgow 03/07/2011

Long Jump

■ Robyn McDowall 3.40m Central & South League Grangemouth 05/06/2011

■ Sharon Grierson 3.06m Central & South League Grangemouth 05/06/2011

Triple Jump

■ Robyn McDowall 7.63m SUA Indoor Champs Glasgow 05/02/2011

■ Sharon Grierson 7.33m Indoor League Glasgow 20/02/2011

Shot Putt (4kg)

■ Claire Reynolds 7.73m Central & South League Grangemouth 05/06/2011

■ Sharon Grierson 5.97m Indoor League Glasgow 20/02/2011

■ Carrie-Anne Tugman 5.92m Central & South League Grangemouth 05/06/2011

■ Yvonne Crilly (M) 4.96m Central & South League Wishaw 01/05/2011

Javelin (600g)

■ Claire Reynolds 22.78m Club Championships Livingston 18/09/2011

■ Sharon Grierson 15.79m Central & South League Wishaw 01/05/2011

■ Robyn McDowall 11.41m SUA Championships Grangemouth 16/04/2011

■ Carrie-Anne Tugman 10.26m Central & South League Grangemouth 05/06/2011

Discus (1kg)

■ Sharon Grierson 14.43m Central & South League Glasgow 03/07/2011

■ Robyn McDowall 14.14m SUA Championships Grangemouth 16/04/2011

5K

■ Yvonne Crilly (M) 19:22 Edinburgh Parkrun Edinburgh 06/11/2010

■ Avril Gardner (M) 20:26 Edinburgh Parkrun Edinburgh 17/09/2011

■ Louise Crilly 20:58 Glasgow Parkrun Glasgow 06/11/2010

■ Sue McDowall (M) 23:35 Edinburgh Parkrun Edinburgh 07/05/2011

Senior Men

100m

■ Alistair Dalgleish 11.9 w Central & South League Wishaw 01/05/2011

■ Danny Nicoll 13.3 Central & South League Glasgow 03/07/2011

■ Stephen Marshall (M) 14.4 Central & South League Glasgow 03/07/2011

■ Steven Thomson	(M)	18.1 w	Central & South League	Wishaw	01/05/2011
200m					
■ Alistair Dalgleish		23.78 w	Lothian & Borders Open	Edinburgh	03/04/2011
■ Danny Nicoll		26.9	Central & South League	Grangemouth	05/06/2011
■ Steven Thomson	(M)	30.6	Central & South League	Grangemouth	05/06/2011
400m					
■ Alistair Dalgleish		54.6	Central & South League	Wishaw	01/05/2011
■ Ian Hardacre		55.9	Central & South League	Wishaw	01/05/2011
■ Danny Nicoll		59.45	Livingston Open	Livingston	17/08/2011
■ John McOmish		75.61	Livingston Open	Livingston	17/08/2011
800m					
■ Alistair Dalgleish		2:11.1	Central & South League	Wishaw	01/05/2011
■ Ian Hardacre		2:18.3	Central & South League	Wishaw	01/05/2011
■ Danny Nicoll		2:21.40	Livingston Open	Livingston	17/08/2011
■ Stephen Marshall	(M)	2:42.0	Central & South League	Glasgow	03/07/2011
1500m					
■ Steven Thomson	(M)	5:02.8	Central & South League	Grangemouth	05/06/2011
3000m					
■ Steven Thomson	(M)	10:47.6	Central & South League	Wishaw	01/05/2011
■ Danny Nicoll		12:02.0	Central & South League	Wishaw	01/05/2011
110m Hurdles					
■ Alistair Dalgleish		19.51 w	Scottish Athletics League	Grangemouth	14/08/2011
400m Hurdles					
■ Alistair Dalgleish		62.67	U20/Sen Inter-Regional	Wishaw	28/08/2011
High Jump					
■ Danny Nicoll		1.45m	Scottish Athletics League	Grangemouth	14/08/2011
■ Alistair Dalgleish		1.30m	Central & South League	Grangemouth	05/06/2011
Long Jump					
■ Danny Nicoll		5.18m w	Scottish Athletics League	Grangemouth	22/05/2011
■ Ian Hardacre		4.39m	Central & South League	Wishaw	01/05/2011
Triple Jump					
■ Danny Nicoll		10.90m w	Scottish Athletics League	Grangemouth	22/05/2011
Shot Putt (7.26kg)					
■ John McOmish		8.35m	SUA Indoor Champs	Glasgow	05/02/2011
■ Danny Nicoll		5.76m	Central & South League	Wishaw	01/05/2011
Javelin (800g)					
■ John McOmish		28.49m	Central & South League	Glasgow	03/07/2011
■ Danny Nicoll		22.68m	Central & South League	Glasgow	03/07/2011
■ Ian Hardacre		14.66m	Central & South League	Grangemouth	05/06/2011
Discus (2kg)					
■ John McOmish		24.85m	Central & South League	Grangemouth	05/06/2011
■ Ian Hardacre		15.75m	Central & South League	Grangemouth	05/06/2011
Hammer (7.26kg)					
■ John McOmish		22.69m	Scottish Athletics League	Grangemouth	14/08/2011
Half Marathon					
■ Ian Hardacre		95:54	GSR Half Marathon	Glasgow	04/09/2011
■ Billy Herron	(M)	1:50:36	GSR Half Marathon	Glasgow	04/09/2011