## Power of 10 Rankings

## 2009 - Scotland

U13 Boys	100m	8 <sup>th</sup>	13.37	Robbie Nairn
	200m	21 <sup>st</sup>	28.9	Robbie Nairn
	1500m	16 <sup>th</sup>	5:03.77	Jake Thomas
	High Jump	35 <sup>th</sup>	1.25m	Callum McDonald
	Long Jump	7 <sup>th</sup>	4.52m	Robbie Nairn
	Shot Putt	4 <sup>th</sup>	9.76m	Robbie Nairn
	Discus	10 <sup>th</sup>	18.85m	Robbie Nairn
	Javelin	16 <sup>th</sup>	20.99m	Robbie Nairn
U13 Girls	100m	15 <sup>th</sup>	14.2	Nikisha Wright
		47 <sup>th</sup>	14.71	Ella McFarlane
	200m	31 <sup>st</sup>	29.9	Nikisha Wright
		34 <sup>th</sup>	30.0	Ella McFarlane
		68 <sup>th</sup>	30.9	Caitlin Smith
		72 <sup>nd</sup>	31.0	Megan Brown
	70mH	17 <sup>th</sup>	13.5	Nikisha Wright
		22 <sup>nd</sup>	13.9	Ella McFarlane
	High Jump	4 <sup>th</sup>	1.40m	Nikisha Wright
	Long Jump	57 <sup>th</sup>	3.81m	Nikisha Wright
	Shot Putt	28 <sup>th</sup>	6.47m	Yasmin Eddie
		4 <sup>th</sup>		
	Discus		21.20m	Megan Laing
		16 <sup>th</sup>	14.93m	Yasmin Eddie
	100	o 4th	40.4	0 1111
U15 Boys	100m	24 <sup>th</sup> 35 <sup>th</sup>	12.4	Scott Henderson
	200	35 <sup>th</sup>	12.5	Shawn Wright
	200m	31 <sup>st</sup>	25.3	Shawn Wright Scott Henderson
	I I cula I I una na	26 <sup>th</sup>	25.48	
	High Jump	26" 17 <sup>th</sup>	1.50m	Shawn Wright
	Long Jump	21 <sup>st</sup>	5.27m	Scott Henderson
	Triple lump	15 <sup>th</sup>	5.20m	Shawn Wright
	Triple Jump	15	10.25m	Scott Henderson
	100m	43 <sup>rd</sup>	13.7	Eileen Hulse
	200m	25 <sup>th</sup>	28.0	Rhiannon Armstrong
U15 Girls	300m	21 <sup>st</sup>	46.1	Rhiannon Armstrong
	HJ	20 <sup>th</sup>	1.40m	Rhiannon Armstrong
	SP	41 <sup>st</sup>		
	3P	41	7.48m	Rhiannon Armstrong

U17 Women	300m 80mH Shot Putt	31 <sup>st</sup> 13 <sup>th</sup> 6 <sup>th</sup>	44.4 13.0 9.37m	Vicky Dalziel Vicky Dalziel Vicky Dalziel
U20 Women	400m 800m 3000m	2 <sup>nd</sup> 7 <sup>th</sup> 13 <sup>th</sup>	58.65 2:13.53 11:30.59	Amanda Campbell Amanda Campbell Amanda Campbell
Overall Men	200m 400m	64 <sup>th</sup> 68 <sup>th</sup>	23.28 52.02	Alistair Dalgleish Alistair Dalgleish
Overall Women	400m 800m Shot Putt	19 <sup>th</sup> 24 <sup>th</sup> 26 <sup>th</sup>	58.65 2:13.53 9.37m	Amanda Campbell Amanda Campbell Vicky Dalziel