



# SCOTTISH CHAMPIONSHIPS

## CLUB ENTRY GUIDELINES

For athletes who commit to training regularly at the club, who represent the club regularly in team competitions and who are prepared to put in the effort to progress; Scottish District and National Championships are the next steps in the competition pathway and provide an opportunity to test yourself against some of the best athletes in Scotland!

As a reward and thanks to those athletes, and parents, that make a positive contribution to the club, the club will submit entries and will subsidise the entry fees for participation in Scottish District and National Championships.

As the actual cost of entry to the club can be up to £15 per event per athlete, the following guidelines apply, with athletes expected to:

- Represent the club regularly in team competitions.
- Compete in a maximum of 2 events per day, or 3 events over a weekend - as Championships will potentially have multiple heats and rounds, athletes should be focussing on competing in their strongest events and giving their best possible performance.
- Discuss event selection with your lead coach before entering.
- Use Open Graded Meetings, not Scottish Championships, to try an event for the first time.
- Submit your entry to the club before the club's advertised closing date.
- Have paid monthly membership fees continuously for the previous six months, with no amounts outstanding to the club.
- Have reached the club's entry standard in the event at least once in the previous 12 months.
- If you unable to compete in the Championships for whatever reason, inform the club and reimburse the club for the cost of entry fees.

Athletes who do not qualify for this reward can enter Championships either direct with Scottish Athletics or via the club after payment of the appropriate entry fees.