

Timetable Match 2**TRACK**

11:00am	300m Hurdles	U17 Women
11:10am	400m Hurdles	U20/Senior Women
11:20am	400m Hurdles	U17 Men
11:25am	400 Hurdles	U20 / Senior Men
11:35am	200m	Senior/U20/U17 Men
12:15pm	200m	Senior/U20/U17 W
12:45pm	3000m	All Women

LUNCH

13:30pm	2000m SC	U18 Men
13:45pm	2000m SC	U20/SM
14:00pm	300m	U17 Women
14:20pm	400m	U17 Men
14:30pm	400m	U20/Senior Women
14:40pm	400m	U20/Senior Men
15:00pm	1500m	Senior/U20/U17 Men
15:15pm	1500m	Senior/U20/U17 Women
15:30pm	100m	Senior/U20/U17 Men
16:10pm	100m	Senior/U20/U17 Women

FIELD

11:00am	Triple Jump	Men 7m/9m
	Hammer	All Women
	Shot	U17 Men
	High Jump	All Men
12:30pm	Hammer	All Men
	Triple Jump	All Men
	Shot	U17 Women
	High Jump	U20/Sen Men
14:00pm	Triple Jump	Women 7m / 9m
	Shot	U20/Sen Men
	Javelin	All Women
	High Jump	U17 Women
14:15pm	Pole Vault	All Men & Women
15:00pm	Shot	U20/Sen Women
15:00pm	Triple Jump	Women 9m/11m
15:15pm	Javelin	All Men
15:15pm	High Jump	U20/Sen Women