

50 YEARS OF CAC - PRE SEASON OPEN - 2024-03-24

Complete Results

Opentrack URL: <https://data.opentrack.run/en-gb/x/2024/GBR/cac-ps/>

Organiser: Central Athletic Club

Venue: Grangemouth Sports Stadium

Type: TRACK

Contact Name:

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RESULTS

T10 - 100m - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 11:30

Race 1 of 12

Wind speed: +2.6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	11	Helena Dadun	Central Athletic Club	U13G	1	5	15.68	PB!
2	25	Oliver McDonald	Central Athletic Club	U13B	1	8	16.91	PB!
3	4	Amelie Ingram	Central Athletic Club	U11G	1	4	16.93	PB!
4	5	Molly O'Brien	Springburn Harriers	U11G	2	3	16.97	PB!
5	8	Ross Baldwin	Central Athletic Club	U11B	1	2	17.64	PB!
6	10	Iona Clark	Central Athletic Club	U13G	2	7	18.00	PB!
	87	Katy Bruce	Peterhead Athletics Club	W45	1	6	DNS	

Race 2 of 12

Wind speed: +2.0

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	19	Ella Shepherd	Falkirk Victoria Harriers	U13G	1	3	15.16	PB!
2	16	Summer Johnston	Central Athletic Club	U13G	2	2	15.33	PB!
3	12	Erica Deacons	Central Athletic Club	U13G	3	8	15.50	PB!
4	31	Katie Lynch	Falkirk Victoria Harriers	U15G	1	4	16.32	PB!
5	7	Wai Ni Tong	Victoria Park City of Glasgow AC	U11G	1	6	16.39	PB!
6	6	Ruth Thomas	Central Athletic Club	U11G	2	7	18.31	
	3	Harriett Brash	Dundee Hawkhill Harriers	U11G	3	5	DNS	

Race 3 of 12

Wind speed: +3.5

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	27	Bryn Papworth	Victoria Park City of Glasgow AC	U13B	1	4	14.55	PB!
2	26	Ross Murphy	Law & District AAC	U13B	2	6	14.77	PB!
3	35	Alexandra Montgomery	Central Athletic Club	U15G	1	3	15.00	PB!
4	23	Struan Mackie	Central Athletic Club	U13B	3	2	15.25	PB!
5	20	Amy Taylor	Falkirk Victoria Harriers	U13G	1	8	15.33	PB!
6	89	Deborah Roe	Springburn Harriers	W50	1	5	15.52	
7	13	Olivia Denholm	Central Athletic Club	U13G	2	7	15.84	PB!

Race 4 of 12

Wind speed: +1.4

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	37	Zoe Spowart	Falkirk Victoria Harriers	U15G	1	6	14.21	PB!
2	18	Sophia McMahon	Central Athletic Club	U13G	1	3	14.64	PB!
3	36	Elle Morrison	Central Athletic Club	U15G	2	2	15.08	PB!
4	34	Hannah McMeechan	Falkirk Victoria Harriers	U15G	3	5	15.39	PB!
5	21	Murray Baldwin	Central Athletic Club	U13B	1	8	16.08	
	41	Craig Hutchison	Central Athletic Club	U15B	1	4	DNS	
	29	Aurelia Biddlecombe	Falkirk Victoria Harriers	U15G	4	7	DNS	

Race 5 of 12

Wind speed: +0.1

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	33	Kay Manuel	Falkirk Victoria Harriers	U15G	1	5	14.14	PB!
2	17	Emmie Main	Falkirk Victoria Harriers	U13G	1	7	14.45	PB!
3	14	Tessa Gray	Central Athletic Club	U13G	2	2	14.77	PB!
4	28	Hugh Thomas	Central Athletic Club	U13B	1	6	15.02	PB!
5	88	Mark Hanlon	unattached	M45	1	3	16.00	
6	9	Hayley Abel	Central Athletic Club	U13G	3	4	16.95	
	92	David Edelman	Giffnock North AC	M65	1	8	DNS	

Race 6 of 12

Wind speed: +1.3

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	48	Lucy Kernahan	Victoria Park City of Glasgow AC	U17W	1	4	13.86	PB!
2	32	Kady Macleod	Central Athletic Club	U15G	1	8	13.93	PB!
3	75	Diana Raschella	Stirling University Athletics Club	SW	1	3	13.99	PB!
4	47	Mechele Fasoro	Falkirk Victoria Harriers	U17W	2	7	14.35	PB!
5	15	Zara Hector	Central Athletic Club	U13G	1	2	15.11	
	43	Matthew Savage	Falkirk Victoria Harriers	U15B	1	5	DNS	
	42	Charlie Murray	Giffnock North AC	U15B	2	6	DNS	

Race 7 of 12

Wind speed: +0.5

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	52	Laura Taylor	Falkirk Victoria Harriers	U17W	1	5	13.16	PB!
2	30	Rebecca Digger	Victoria Park City of Glasgow AC	U15G	1	4	13.25	PB!
3	70	Louisa Kane	Falkirk Victoria Harriers	U20W	1	3	13.35	PB!
4	69	Olivia Darwin	Stirling University Athletics Club	U20W	2	7	13.36	PB!
5	24	Lucas McDonald	Springburn Harriers	U13B	1	8	13.56	PB!
6	38	Daniel Alexander	Falkirk Victoria Harriers	U15B	1	1	13.68	PB!
7	22	Alfie Laing	Springburn Harriers	U13B	2	6	13.86	
8	91	Graeme Breslin	Corstorphine AAC	M55	1	2	14.29	

Race 8 of 12

Wind speed: +1.5

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	58	Corey Donaldson	Victoria Park City of Glasgow AC	U17M	1	7	12.42	PB!
2	40	Hok Man Leo Chan	Central Athletic Club	U15B	1	1	13.12	PB!
3	64	Alex Mann	Falkirk Victoria Harriers	U17M	2	5	13.14	PB!
4	59	Gerard Gontor	Victoria Park City of Glasgow AC	U17M	3	6	13.20	PB!
5	49	Eloise Scott	Lasswade Athletics Club	U17W	1	2	13.26	PB!
6	53	Sophia Waring	Central Athletic Club	U17W	2	8	13.57	
7	45	Elizabeth Ayodele-Raji	Glasgow School of Sport	U17W	3	4	13.67	
8	76	Zuzanna Szafranska	Kilbarchan AAC	SW	1	3	14.03	

Race 9 of 12

Wind speed: +2.0

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	39	Ben Anderson	Team East Lothian AC	U15B	1	3	12.44	PB!
2	83	Kevin Spillmann	unattached	SM	1	4	12.84	PB!
3	77	Samantha Turnbull	Dundee Hawkhill Harriers	SW	1	5	13.04	
4	51	Aoife Swan-Ashe	Team East Lothian AC	U17W	1	6	13.11	
5	50	Emily Sorley	Central Athletic Club	U17W	2	2	13.12	PB!
6	80	Stuart Gebbie	Red Star AC	SM	2	1	13.47	
	68	Adam Watts	Victoria Park City of Glasgow AC	U17M	1	7	DNS	
	90	James Cunningham	Lasswade Athletics Club	M50	1	8	DNS	

Race 10 of 12

Wind speed: +1.2

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	54	Flavio Balasoiu	Falkirk Victoria Harriers	U17M	1	3	12.22	PB!
2	63	Stewart Maclean	Corstorphine AAC	U17M	2	7	12.82	
3	81	Gregory Gontor	Victoria Park City of Glasgow AC	SM	1	8	12.97	
4	73	Grace Anthony	unattached	SW	1	6	13.52	
	67	Fergus Taylor	unattached	U17M	3	1	DNS	
	46	Rowan Calveley	Central Athletic Club	U17W	1	2	DNS	
	44	Wai Shun Tong	Victoria Park City of Glasgow AC	U15B	1	4	DNS	
	82	Kieran McGhee	Red Star AC	SM	2	5	DNS	

Race 11 of 12

Wind speed: +0.3

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	62	Lucas Key	Corstorphine AAC	U17M	1	3	11.80	PB!
2	57	Matthew Cox	Ayr Seaforth AC	U17M	2	5	12.22	PB!
3	79	Alexander Eyo	Edinburgh Athletic Club	SM	1	4	12.30	
4	86	Colin Brodie	Harmeny Athletic Club	M40	1	1	12.69	
	74	Selina Henderson	Shaftesbury Barnet Harriers	SW	1	2	DNS	
	249	Ismael Sadruddin	Victoria Park City of Glasgow AC	U17M	3	6	DNS	
	66	Conall Paterson	Central Athletic Club	U17M	4	7	DNS	
	78	Ivan Alimirzoev	Unattached	SM	2	8	DNS	

Race 12 of 12

Wind speed: +0.6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	71	Luca Capanni	Falkirk Victoria Harriers	U20M	1	4	11.22	PB!
2	72	Robbie Stevenson	Victoria Park City of Glasgow AC	U20M	2	5	11.47	PB!
3	60	Finlay Hall	Victoria Park City of Glasgow AC	U17M	1	7	11.81	
4	56	Alexander Clark	Giffnock North AC	U17M	2	3	11.89	
5	55	James Clark	Victoria Park City of Glasgow AC	U17M	3	2	11.92	
6	61	Mark Kelly	Victoria Park City of Glasgow AC	U17M	4	8	12.00	
	85	Alexander Thomson	Victoria Park City of Glasgow AC	SM	1	1	DNS	
	84	Sean Thompson	Ayr Seaforth AC	SM	2	6	DNS	

Summary of Round 1 T10 - 100m - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 12:03

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	71	Luca Capanni	U20M	1	Falkirk Victoria Harriers	11.22		12:4
2	72	Robbie Stevenson	U20M	2	Victoria Park City of Glasgow AC	11.47		12:5
3	62	Lucas Key	U17M	1	Corstorphine AAC	11.80		11:3
4	60	Finlay Hall	U17M	2	Victoria Park City of Glasgow AC	11.81		12:7
5	56	Alexander Clark	U17M	3	Giffnock North AC	11.89		12:3
6	55	James Clark	U17M	4	Victoria Park City of Glasgow AC	11.92		12:2
7	61	Mark Kelly	U17M	5	Victoria Park City of Glasgow AC	12.00		12:8
8	54	Flavio Balasoju	U17M	6	Falkirk Victoria Harriers	12.22		10:3
8	57	Matthew Cox	U17M	7	Ayr Seaforth AC	12.22		11:5
10	79	Alexander Eyo	SM	1	Edinburgh Athletic Club	12.30		11:4
11	58	Corey Donaldson	U17M	8	Victoria Park City of Glasgow AC	12.42		8:7
12	39	Ben Anderson	U15B	1	Team East Lothian AC	12.44		9:3
13	86	Colin Brodie	M40	1	Harmeny Athletic Club	12.69		11:1
14	63	Stewart Maclean	U17M	9	Corstorphine AAC	12.82		10:7
15	83	Kevin Spillmann	SM	2	unattached	12.84		9:4
16	81	Gregory Gontor	SM	3	Victoria Park City of Glasgow AC	12.97		10:8
17	77	Samantha Turnbull	SW	1	Dundee Hawkhill Harriers	13.04		9:5
18	51	Aoife Swan-Ashe	U17W	1	Team East Lothian AC	13.11		9:6
19	40	Hok Man Leo Chan	U15B	2	Central Athletic Club	13.12		8:1
19	50	Emily Sorley	U17W	2	Central Athletic Club	13.12		9:2
21	64	Alex Mann	U17M	10	Falkirk Victoria Harriers	13.14		8:5
22	52	Laura Taylor	U17W	3	Falkirk Victoria Harriers	13.16		7:5
23	59	Gerard Gontor	U17M	11	Victoria Park City of Glasgow AC	13.20		8:6
24	30	Rebecca Digger	U15G	1	Victoria Park City of Glasgow AC	13.25		7:4
25	49	Eloise Scott	U17W	4	Lasswade Athletics Club	13.26		8:2
26	70	Louisa Kane	U20W	1	Falkirk Victoria Harriers	13.35		7:3
27	69	Olivia Darwin	U20W	2	Stirling University Athletics Club	13.36		7:7
28	80	Stuart Gebbie	SM	4	Red Star AC	13.47		9:1
29	73	Grace Anthony	SW	2	unattached	13.52		10:6
30	24	Lucas McDonald	U13B	1	Springburn Harriers	13.56		7:8
31	53	Sophia Waring	U17W	5	Central Athletic Club	13.57		8:8
32	45	Elizabeth Ayodele-Raji	U17W	6	Glasgow School of Sport	13.67		8:4
33	38	Daniel Alexander	U15B	3	Falkirk Victoria Harriers	13.68		7:1
34	48	Lucy Kernahan	U17W	7	Victoria Park City of Glasgow AC	13.86		6:4
34	22	Alfie Laing	U13B	2	Springburn Harriers	13.86		7:6

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
36	32	Kady Macleod	U15G	2	Central Athletic Club	13.93		6:8
37	75	Diana Raschella	SW	3	Stirling University Athletics Club	13.99		6:3
38	76	Zuzanna Szafranska	SW	4	Kilbarchan AAC	14.03		8:3
39	33	Kay Manuel	U15G	3	Falkirk Victoria Harriers	14.14		5:5
40	37	Zoe Spowart	U15G	4	Falkirk Victoria Harriers	14.21		4:6
41	91	Graeme Breslin	M55	1	Corstorphine AAC	14.29		7:2
42	47	Mechele Fasoro	U17W	8	Falkirk Victoria Harriers	14.35		6:7
43	17	Emmie Main	U13G	1	Falkirk Victoria Harriers	14.45		5:7
44	27	Bryn Papworth	U13B	3	Victoria Park City of Glasgow AC	14.55		3:4
45	18	Sophia McMahon	U13G	2	Central Athletic Club	14.64		4:3
46	26	Ross Murphy	U13B	4	Law & District AAC	14.77		3:6
46	14	Tessa Gray	U13G	3	Central Athletic Club	14.77		5:2
48	35	Alexandra Montgomery	U15G	5	Central Athletic Club	15.00		3:3
49	28	Hugh Thomas	U13B	5	Central Athletic Club	15.02		5:6
50	36	Elle Morrison	U15G	6	Central Athletic Club	15.08		4:2
51	15	Zara Hector	U13G	4	Central Athletic Club	15.11		6:2
52	19	Ella Shepherd	U13G	5	Falkirk Victoria Harriers	15.16		2:3
53	23	Struan Mackie	U13B	6	Central Athletic Club	15.25		3:2
54	16	Summer Johnston	U13G	6	Central Athletic Club	15.33		2:2
54	20	Amy Taylor	U13G	7	Falkirk Victoria Harriers	15.33		3:8
56	34	Hannah McMeechan	U15G	7	Falkirk Victoria Harriers	15.39		4:5
57	12	Erica Deacons	U13G	8	Central Athletic Club	15.50		2:8
58	89	Deborah Roe	W50	1	Springburn Harriers	15.52		3:5
59	11	Helena Dadun	U13G	9	Central Athletic Club	15.68		1:5
60	13	Olivia Denholm	U13G	10	Central Athletic Club	15.84		3:7
61	88	Mark Hanlon	M45	1	unattached	16.00		5:3
62	21	Murray Baldwin	U13B	7	Central Athletic Club	16.08		4:8
63	31	Katie Lynch	U15G	8	Falkirk Victoria Harriers	16.32		2:4
64	7	Wai Ni Tong	U11G	1	Victoria Park City of Glasgow AC	16.39		2:6
65	25	Oliver McDonald	U13B	8	Central Athletic Club	16.91		1:8
66	4	Amelie Ingram	U11G	2	Central Athletic Club	16.93		1:4
67	9	Hayley Abel	U13G	11	Central Athletic Club	16.95		5:4
68	5	Molly O'Brien	U11G	3	Springburn Harriers	16.97		1:3
69	8	Ross Baldwin	U11B	1	Central Athletic Club	17.64		1:2
70	10	Iona Clark	U13G	12	Central Athletic Club	18.00		1:7
71	6	Ruth Thomas	U11G	4	Central Athletic Club	18.31		2:7

RESULTS

T11 - 200m - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 13:15

Race 1 of 10

Wind speed: +1.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	99	Millie Easton	Falkirk Victoria Harriers	U15G	1	8	30.52	PB!
2	18	Sophia McMahon	Central Athletic Club	U13G	1	4	30.59	PB!
3	11	Helena Dadun	Central Athletic Club	U13G	2	2	32.32	PB!
4	31	Katie Lynch	Falkirk Victoria Harriers	U15G	2	5	32.80	PB!
5	21	Murray Baldwin	Central Athletic Club	U13B	1	6	32.85	PB!
6	94	Mark Hendry	Edinburgh Athletic Club	U11B	1	7	34.89	
7	5	Molly O'Brien	Springburn Harriers	U11G	1	3	37.25	
8	6	Ruth Thomas	Central Athletic Club	U11G	2	1	37.70	

Race 2 of 10

Wind speed: +0.6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	48	Lucy Kernahan	Victoria Park City of Glasgow AC	U17W	1	4	29.87	PB!
2	15	Zara Hector	Central Athletic Club	U13G	1	6	31.27	PB!
3	34	Hannah McMeechan	Falkirk Victoria Harriers	U15G	1	3	31.48	PB!
4	103	Alastair Gingles	Central Athletic Club	U15B	1	7	32.17	
5	19	Ella Shepherd	Falkirk Victoria Harriers	U13G	2	1	33.51	
6	93	Kate Richardson	Springburn Harriers	U11G	1	2	40.65	
	106	Anna Gunn	Central Athletic Club	U17W	2	5	DNS	
	96	Dixie Linnen	Dundee Hawkhill Harriers	U13G	3	8	DNS	

Race 3 of 10

Wind speed: +2.2

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	105	Dara Clark	Central Athletic Club	U17W	1	5	28.08	PB!
2	101	Ella O'Brien	Springburn Harriers	U15G	1	7	29.71	PB!
3	98	Luke Brodie	Harmeny Athletic Club	U13B	1	1	30.26	PB!
4	95	Remy Carnegie	Falkirk Victoria Harriers	U13G	1	8	32.00	
	29	Aurelia Biddlecombe	Falkirk Victoria Harriers	U15G	2	2	DNS	
	23	Struan Mackie	Central Athletic Club	U13B	2	3	DNS	
	92	David Edelman	Giffnock North AC	M65	1	4	DNS	
	32	Kady Macleod	Central Athletic Club	U15G	3	6	DNS	

Race 4 of 10

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	38	Daniel Alexander	Falkirk Victoria Harriers	U15B	1	4	27.99	PB!
2	107	Loren Stewart	Central Athletic Club	U17W	1	6	28.19	PB!
3	75	Diana Raschella	Stirling University Athletics Club	SW	1	7	28.98	PB!
4	97	Kirsty Moffat	Falkirk Victoria Harriers	U13G	1	2	29.16	PB!
5	113	Jessie McLeod	Falkirk Victoria Harriers	U20W	1	3	29.87	
6	28	Hugh Thomas	Central Athletic Club	U13B	1	1	30.36	PB!
	43	Matthew Savage	Falkirk Victoria Harriers	U15B	2	5	DNS	
	115	Kirsty Taylor	Falkirk Victoria Harriers	U20W	2	8	DNS	

Race 5 of 10

Wind speed: +1.3

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	53	Sophia Waring	Central Athletic Club	U17W	1	7	27.48	PB!
2	45	Elizabeth Ayodele-Raji	Glasgow School of Sport	U17W	2	6	28.15	PB!
3	104	Aaron Macneil	Victoria Park City of Glasgow AC	U15B	1	2	28.39	PB!
4	24	Lucas McDonald	Springburn Harriers	U13B	1	3	28.63	PB!
5	22	Alfie Laing	Springburn Harriers	U13B	2	5	28.67	
6	100	Beth Gladston	Kilmarnock Harrier & Athletic Club	U15G	1	1	29.70	
7	114	Ellen Montgomery	Central Athletic Club	U20W	1	8	31.44	
	42	Charlie Murray	Giffnock North AC	U15B	2	4	DNS	

Race 6 of 10

Wind speed: +0.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	40	Hok Man Leo Chan	Central Athletic Club	U15B	1	5	26.85	PB!
2	50	Emily Sorley	Central Athletic Club	U17W	1	6	27.01	PB!
3	123	Peter Minting	Helensburgh AAC	M45	1	2	27.29	PB!
4	30	Rebecca Digger	Victoria Park City of Glasgow AC	U15G	1	1	27.51	PB!
5	81	Gregory Gontor	Victoria Park City of Glasgow AC	SM	1	4	28.08	PB!
6	37	Zoe Spowart	Falkirk Victoria Harriers	U15G	2	8	29.31	
	91	Graeme Breslin	Corstorphine AAC	M55	1	3	DNS	
	76	Zuzanna Szafranska	Kilbarchan AAC	SW	1	7	DNS	

Race 7 of 10

Wind speed: +0.3

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	46	Rowan Calveley	Central Athletic Club	U17W	1	1	27.03	PB!
2	121	Konstantina Roumanou	Stirling University Athletics Club	SW	1	7	27.38	
3	59	Gerard Gontor	Victoria Park City of Glasgow AC	U17M	1	3	27.52	
4	120	Anne Rodriguez	Stirling University Athletics Club	SW	2	5	27.69	
5	102	Layla Rowlands	Victoria Park City of Glasgow AC	U15G	1	8	27.79	
	112	Megan Dunlop	Central Athletic Club	U20W	1	2	DNS	
	69	Olivia Darwin	Stirling University Athletics Club	U20W	2	4	DNS	
	80	Stuart Gebbie	Red Star AC	SM	1	6	DNS	

Race 8 of 10

Wind speed: +1.7

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	111	Reuben Whamond	Dundee Hawkhill Harriers	U17M	1	8	26.65	
2	77	Samantha Turnbull	Dundee Hawkhill Harriers	SW	1	6	26.68	
3	51	Aoife Swan-Ashe	Team East Lothian AC	U17W	1	4	27.20	
4	64	Alex Mann	Falkirk Victoria Harriers	U17M	2	2	27.22	
5	119	Caroline MacConnell	Giffnock North AC	SW	2	3	27.24	
6	73	Grace Anthony	unattached	SW	3	5	28.17	
	44	Wai Shun Tong	Victoria Park City of Glasgow AC	U15B	1	1	DNS	
	90	James Cunningham	Lasswade Athletics Club	M50	1	7	DNS	

Race 9 of 10

Wind speed: +1.1

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	109	Ivor Scott	Victoria Park City of Glasgow AC	U17M	1	6	24.28	PB!
2	79	Alexander Eyo	Edinburgh Athletic Club	SM	1	8	24.56	
3	108	Andrew Low	Dundee Hawkhill Harriers	U17M	2	4	24.75	PB!
4	78	Ivan Alimirzoev	Unattached	SM	2	5	24.79	PB!
5	58	Corey Donaldson	Victoria Park City of Glasgow AC	U17M	3	7	24.96	PB!
6	110	George Scott	Victoria Park City of Glasgow AC	U17M	4	2	25.34	PB!
7	86	Colin Brodie	Harmeny Athletic Club	M40	1	1	25.50	
	82	Kieran McGhee	Red Star AC	SM	3	3	DNS	

Race 10 of 10

Wind speed: +1.7

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	117	Brodie Nixon	Livingston Athletic Club	U20M	1	7	22.68	PB!
2	118	Andrew Peters	Dundee Hawkhill Harriers	U20M	2	6	23.43	PB!
3	60	Finlay Hall	Victoria Park City of Glasgow AC	U17M	1	8	24.00	PB!
4	116	Harris Morrison	Greenock Glenpark Harriers	U20M	3	3	24.02	
5	66	Conall Paterson	Central Athletic Club	U17M	2	2	24.79	PB!
	122	Harry MacConnell	Stirling University Athletics Club	SM	1	1	DNS	
	84	Sean Thompson	Ayr Seaforth AC	SM	2	4	DNS	
	56	Alexander Clark	Giffnock North AC	U17M	3	5	DNS	

Summary of Round 1 T11 - 200m - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 13:42

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	117	Brodie Nixon	U20M	1	Livingston Athletic Club	22.68		10:7
2	118	Andrew Peters	U20M	2	Dundee Hawkhill Harriers	23.43		10:6
3	60	Finlay Hall	U17M	1	Victoria Park City of Glasgow AC	24.00		10:8
4	116	Harris Morrison	U20M	3	Greenock Glenpark Harriers	24.02		10:3
5	109	Ivor Scott	U17M	2	Victoria Park City of Glasgow AC	24.28		9:6
6	79	Alexander Eyo	SM	1	Edinburgh Athletic Club	24.56		9:8
7	108	Andrew Low	U17M	3	Dundee Hawkhill Harriers	24.75		9:4
8	78	Ivan Alimirzoev	SM	2	Unattached	24.79		9:5
8	66	Conall Paterson	U17M	4	Central Athletic Club	24.79		10:2
10	58	Corey Donaldson	U17M	5	Victoria Park City of Glasgow AC	24.96		9:7
11	110	George Scott	U17M	6	Victoria Park City of Glasgow AC	25.34		9:2
12	86	Colin Brodie	M40	1	Harmeny Athletic Club	25.50		9:1
13	111	Reuben Whamond	U17M	7	Dundee Hawkhill Harriers	26.65		8:8
14	77	Samantha Turnbull	SW	1	Dundee Hawkhill Harriers	26.68		8:6
15	40	Hok Man Leo Chan	U15B	1	Central Athletic Club	26.85		6:5
16	50	Emily Sorley	U17W	1	Central Athletic Club	27.01		6:6
17	46	Rowan Calveley	U17W	2	Central Athletic Club	27.03		7:1
18	51	Aoife Swan-Ashe	U17W	3	Team East Lothian AC	27.20		8:4
19	64	Alex Mann	U17M	8	Falkirk Victoria Harriers	27.22		8:2
20	119	Caroline MacConnell	SW	2	Giffnock North AC	27.24		8:3
21	123	Peter Minting	M45	1	Helensburgh AAC	27.29		6:2
22	121	Konstantina Roumanou	SW	3	Stirling University Athletics Club	27.38		7:7
23	53	Sophia Waring	U17W	4	Central Athletic Club	27.48		5:7
24	30	Rebecca Digger	U15G	1	Victoria Park City of Glasgow AC	27.51		6:1
25	59	Gerard Gontor	U17M	9	Victoria Park City of Glasgow AC	27.52		7:3
26	120	Anne Rodriguez	SW	4	Stirling University Athletics Club	27.69		7:5
27	102	Layla Rowlands	U15G	2	Victoria Park City of Glasgow AC	27.79		7:8
28	38	Daniel Alexander	U15B	2	Falkirk Victoria Harriers	27.99		4:4
29	105	Dara Clark	U17W	5	Central Athletic Club	28.08		3:5
29	81	Gregory Gontor	SM	3	Victoria Park City of Glasgow AC	28.08		6:4
31	45	Elizabeth Ayodele-Raji	U17W	6	Glasgow School of Sport	28.15		5:6
32	73	Grace Anthony	SW	5	unattached	28.17		8:5
33	107	Loren Stewart	U17W	7	Central Athletic Club	28.19		4:6
34	104	Aaron Macneil	U15B	3	Victoria Park City of Glasgow AC	28.39		5:2

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
35	24	Lucas McDonald	U13B	1	Springburn Harriers	28.63		5:3
36	22	Alfie Laing	U13B	2	Springburn Harriers	28.67		5:5
37	75	Diana Raschella	SW	6	Stirling University Athletics Club	28.98		4:7
38	97	Kirsty Moffat	U13G	1	Falkirk Victoria Harriers	29.16		4:2
39	37	Zoe Spowart	U15G	3	Falkirk Victoria Harriers	29.31		6:8
40	100	Beth Gladston	U15G	4	Kilmarnock Harrier & Athletic Club	29.70		5:1
41	101	Ella O'Brien	U15G	5	Springburn Harriers	29.71		3:7
42	48	Lucy Kernahan	U17W	8	Victoria Park City of Glasgow AC	29.87		2:4
42	113	Jessie McLeod	U20W	1	Falkirk Victoria Harriers	29.87		4:3
44	98	Luke Brodie	U13B	3	Harmeny Athletic Club	30.26		3:1
45	28	Hugh Thomas	U13B	4	Central Athletic Club	30.36		4:1
46	99	Millie Easton	U15G	6	Falkirk Victoria Harriers	30.52		1:8
47	18	Sophia McMahon	U13G	2	Central Athletic Club	30.59		1:4
48	15	Zara Hector	U13G	3	Central Athletic Club	31.27		2:6
49	114	Ellen Montgomery	U20W	2	Central Athletic Club	31.44		5:8
50	34	Hannah McMeechan	U15G	7	Falkirk Victoria Harriers	31.48		2:3
51	95	Remy Carnegie	U13G	4	Falkirk Victoria Harriers	32.00		3:8
52	103	Alastair Gingles	U15B	4	Central Athletic Club	32.17		2:7
53	11	Helena Dadun	U13G	5	Central Athletic Club	32.32		1:2
54	31	Katie Lynch	U15G	8	Falkirk Victoria Harriers	32.80		1:5
55	21	Murray Baldwin	U13B	5	Central Athletic Club	32.85		1:6
56	19	Ella Shepherd	U13G	6	Falkirk Victoria Harriers	33.51		2:1
57	94	Mark Hendry	U11B	1	Edinburgh Athletic Club	34.89		1:7
58	5	Molly O'Brien	U11G	1	Springburn Harriers	37.25		1:3
59	6	Ruth Thomas	U11G	2	Central Athletic Club	37.70		1:1
60	93	Kate Richardson	U11G	3	Springburn Harriers	40.65		2:2

RESULTS

T13 - 300m - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 14:40

Race 1 of 3

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	125	Morven Kenny	Team East Lothian AC	U15G	1	4	46.53	PB!
2	129	Anna Clark	Victoria Park City of Glasgow AC	U17W	1	7	47.23	
3	127	Isla Philp	Falkirk Victoria Harriers	U15G	2	3	48.50	PB!
4	128	Hamish Gillies	Falkirk Victoria Harriers	U15B	1	8	48.84	PB!
	92	David Edelman	Giffnock North AC	M65	1	1	DNS	
	31	Katie Lynch	Falkirk Victoria Harriers	U15G	3	2	DNS	
	41	Craig Hutchison	Central Athletic Club	U15B	2	5	DNS	
	124	Ruth Donaldson	Falkirk Victoria Harriers	U15G	4	6	DNS	

Race 2 of 3

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	131	Erin McGurk	Law & District AAC	U17W	1	7	42.57	PB!
2	46	Rowan Calveley	Central Athletic Club	U17W	2	4	42.87	PB!
3	130	Aneesah King-Oubacha	Victoria Park City of Glasgow AC	U17W	3	5	43.39	PB!
4	126	Aine McAtarsney	Falkirk Victoria Harriers	U15G	1	6	44.10	PB!
5	133	Iris Ryan	Perth Strathtay Harriers	U17W	4	3	44.95	PB!
6	91	Graeme Breslin	Corstorphine AAC	M55	1	2	45.77	
7	134	Fia Watkin	Central Athletic Club	U17W	5	1	47.05	
	132	Niamh McKinlay	Central Athletic Club	U17W	6	8	DNS	

Race 3 of 3

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	117	Brodie Nixon	Livingston Athletic Club	U20M	1	4	37.11	PB!
2	136	Gregor Knight	Lasswade Athletics Club	M40	1	7	38.81	PB!
3	135	Kyle De Pena Stark	Livingston Athletic Club	U20M	2	5	39.97	PB!
4	39	Ben Anderson	Team East Lothian AC	U15B	1	8	41.10	PB!
5	123	Peter Minting	Helensburgh AAC	M45	1	1	42.56	PB!
6	49	Eloise Scott	Lasswade Athletics Club	U17W	1	2	43.32	PB!
7	83	Kevin Spillmann	unattached	SM	1	6	43.45	
8	104	Aaron Macneil	Victoria Park City of Glasgow AC	U15B	2	3	45.41	

Summary of Round 1 T13 - 300m - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 14:46

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	117	Brodie Nixon	U20M	1	Livingston Athletic Club	37.11		3:4
2	136	Gregor Knight	M40	1	Lasswade Athletics Club	38.81		3:7
3	135	Kyle De Pena Stark	U20M	2	Livingston Athletic Club	39.97		3:5
4	39	Ben Anderson	U15B	1	Team East Lothian AC	41.10		3:8
5	123	Peter Minting	M45	1	Helensburgh AAC	42.56		3:1
6	131	Erin McGurk	U17W	1	Law & District AAC	42.57		2:7
7	46	Rowan Calveley	U17W	2	Central Athletic Club	42.87		2:4
8	49	Eloise Scott	U17W	3	Lasswade Athletics Club	43.32		3:2
9	130	Aneesah King-Oubacha	U17W	4	Victoria Park City of Glasgow AC	43.39		2:5
10	83	Kevin Spillmann	SM	1	unattached	43.45		3:6
11	126	Aine McAtarsney	U15G	1	Falkirk Victoria Harriers	44.10		2:6
12	133	Iris Ryan	U17W	5	Perth Strathhtay Harriers	44.95		2:3
13	104	Aaron Macneil	U15B	2	Victoria Park City of Glasgow AC	45.41		3:3
14	91	Graeme Breslin	M55	1	Corstorphine AAC	45.77		2:2
15	125	Morven Kenny	U15G	2	Team East Lothian AC	46.53		1:4
16	134	Fia Watkin	U17W	6	Central Athletic Club	47.05		2:1
17	129	Anna Clark	U17W	7	Victoria Park City of Glasgow AC	47.23		1:7
18	127	Isla Philp	U15G	3	Falkirk Victoria Harriers	48.50		1:3
19	128	Hamish Gillies	U15B	3	Falkirk Victoria Harriers	48.84		1:8

RESULTS

T14 - 400m - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 14:50

Race 1 of 4

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	78	Ivan Alimirzoev	Unattached	SM	1	6	58.64	PB!
2	111	Reuben Whamond	Dundee Hawkhill Harriers	U17M	1	4	1:02.56	
3	142	Natasha Turnbull	Tweed Leader Jed Track	SW	1	7	1:03.97	
4	137	Isabella Passway	Dundee Hawkhill Harriers	U20W	1	3	1:06.39	
	57	Matthew Cox	Ayr Seaforth AC	U17M	2	2	DNS	
	119	Caroline MacConnell	Giffnock North AC	SW	2	5	DNS	
	60	Finlay Hall	Victoria Park City of Glasgow AC	U17M	3	8	DNS	

Race 2 of 4

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	110	George Scott	Victoria Park City of Glasgow AC	U17M	1	4	56.81	PB!
2	108	Andrew Low	Dundee Hawkhill Harriers	U17M	2	6	57.56	PB!
3	61	Mark Kelly	Victoria Park City of Glasgow AC	U17M	3	7	57.69	PB!
	58	Corey Donaldson	Victoria Park City of Glasgow AC	U17M	4	2	DNS	
	68	Adam Watts	Victoria Park City of Glasgow AC	U17M	5	3	DNS	
	249	Ismael Sadruddin	Victoria Park City of Glasgow AC	U17M	6	5	DNS	
	141	Angelica Oparinde	Stirling University Athletics Club	SW	1	8	DNS	

Race 3 of 4

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	144	Lewis Martin	Stirling University Athletics Club	SM	1	6	54.41	
2	72	Robbie Stevenson	Victoria Park City of Glasgow AC	U20M	1	7	55.31	
3	145	Ross Paterson	Kilbarchan AAC	SM	2	4	55.76	
4	138	Haris Ali	Victoria Park City of Glasgow AC	U20M	2	3	59.75	
	109	Ivor Scott	Victoria Park City of Glasgow AC	U17M	1	2	DNS	
	85	Alexander Thomson	Victoria Park City of Glasgow AC	SM	3	5	DNS	
	86	Colin Brodie	Harmeny Athletic Club	M40	1	8	DNS	

Race 4 of 4

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	139	Dylan Mcculloch	Central Athletic Club	U20M	1	5	51.40	
2	118	Andrew Peters	Dundee Hawkhill Harriers	U20M	2	6	52.27	
2	55	James Clark	Victoria Park City of Glasgow AC	U17M	1	7	52.27	
4	143	Daniel Bruce	Stirling University Athletics Club	SM	1	4	52.69	
5	140	Rueben Spurdens	City Of Norwich AC	U20M	3	2	53.64	
6	116	Harris Morrison	Greenock Glenpark Harriers	U20M	4	3	56.20	
	83	Kevin Spillmann	unattached	SM	2	8	DNS	

Summary of Round 1 T14 - 400m - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 14:59

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	139	Dylan Mcculloch	U20M	1	Central Athletic Club	51.40		4:5
2	118	Andrew Peters	U20M	2	Dundee Hawkhill Harriers	52.27		4:6
2	55	James Clark	U17M	1	Victoria Park City of Glasgow AC	52.27		4:7
4	143	Daniel Bruce	SM	1	Stirling University Athletics Club	52.69		4:4
5	140	Rueben Spurdens	U20M	3	City Of Norwich AC	53.64		4:2
6	144	Lewis Martin	SM	2	Stirling University Athletics Club	54.41		3:6
7	72	Robbie Stevenson	U20M	4	Victoria Park City of Glasgow AC	55.31		3:7
8	145	Ross Paterson	SM	3	Kilbarchan AAC	55.76		3:4
9	116	Harris Morrison	U20M	5	Greenock Glenpark Harriers	56.20		4:3
10	110	George Scott	U17M	2	Victoria Park City of Glasgow AC	56.81		2:4
11	108	Andrew Low	U17M	3	Dundee Hawkhill Harriers	57.56		2:6
12	61	Mark Kelly	U17M	4	Victoria Park City of Glasgow AC	57.69		2:7
13	78	Ivan Alimirzoev	SM	4	Unattached	58.64		1:6
14	138	Haris Ali	U20M	6	Victoria Park City of Glasgow AC	59.75		3:3
15	111	Reuben Whamond	U17M	5	Dundee Hawkhill Harriers	1:02.56		1:4
16	142	Natasha Turnbull	SW	1	Tweed Leader Jed Track	1:03.97		1:7
17	137	Isabella Passway	U20W	1	Dundee Hawkhill Harriers	1:06.39		1:3

RESULTS

T9 - 800m - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 11:00

Race 1 of 6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	18	Sophia McMahon	Central Athletic Club	U13G	1	8	2:46.19	PB!
2	148	Simon Boyadjian	Edinburgh Athletic Club	U13B	1	6	2:46.34	PB!
3	149	Alasdair McNally	Falkirk Victoria Harriers	U13B	2	3	2:48.97	PB!
4	94	Mark Hendry	Edinburgh Athletic Club	U11B	1	7	2:52.86	PB!
5	146	Patrick McAtarsney	Falkirk Victoria Harriers	U11B	2	5	2:59.55	
6	153	Emily Watkin	Central Athletic Club	U15G	1	4	3:01.93	
7	147	Erin Donaldson	Falkirk Victoria Harriers	U13G	2	2	3:03.23	

Race 2 of 6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	154	Erin White	Falkirk Victoria Harriers	U15G	1	4	2:47.50	
2	127	Isla Philp	Falkirk Victoria Harriers	U15G	2	6	2:53.71	
3	155	Niamh Wilson	Springburn Harriers	U15G	3	2	2:55.51	
4	165	Arianna Carmichael	Victoria Park City of Glasgow AC	U20W	1	7	3:01.28	
5	157	Danny Harris	Falkirk Victoria Harriers	U15B	1	3	3:02.14	
6	163	Orla Turnbull	Law & District AAC	U17W	1	8	3:11.03	
7	95	Remy Carnegie	Falkirk Victoria Harriers	U13G	1	5	3:28.70	

Race 3 of 6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	170	Dima Graham	Tweed Leader Jed Track	U20M	1	4	2:04.35	PB!
2	99	Millie Easton	Falkirk Victoria Harriers	U15G	1	8	2:49.42	
3	20	Amy Taylor	Falkirk Victoria Harriers	U13G	1	3	2:54.10	
4	103	Alastair Gingles	Central Athletic Club	U15B	1	7	3:03.60	
	124	Ruth Donaldson	Falkirk Victoria Harriers	U15G	2	2	DNS	
	150	Briony Argo	Dunfermline Track and Field Club	U15G	3	5	DNS	
	98	Luke Brodie	Harmeny Athletic Club	U13B	1	6	DNS	

Race 4 of 6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	167	Tuscany Wright	Central Athletic Club	U20W	1	4	2:26.26	PB!
2	176	Paul Wilson	Springburn Harriers	M40	1	1	2:30.57	
3	156	Josh Cooper	Team East Lothian AC	U15B	1	7	2:32.93	
4	152	Skye Robertson	Falkirk Victoria Harriers	U15G	1	6	2:33.82	
5	166	Millie O'Neill	Central Athletic Club	U20W	2	3	2:36.06	
6	164	Olivia Boyle	Whitemoss Amateur Athletic Club	U20W	3	5	2:36.43	
7	160	Kayla Crawford	Central Athletic Club	U17W	1	2	3:00.79	
	173	Cliona Diamond	Central Athletic Club	SW	1	8	DNS	

Race 5 of 6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	108	Andrew Low	Dundee Hawkhill Harriers	U17M	1	4	2:15.54	PB!
2	161	Nieve Hannell	Pitreavie AAC	U17W	1	3	2:18.69	PB!
3	151	Millie Ovens	Fife AC	U15G	1	8	2:22.38	PB!
4	132	Niamh McKinlay	Central Athletic Club	U17W	2	7	2:24.31	
5	159	Cameron Tanner	Central Athletic Club	U15B	1	2	2:30.95	
6	162	Skye Smith	Springburn Harriers	U17W	3	5	2:31.57	
7	134	Fia Watkin	Central Athletic Club	U17W	4	1	2:51.41	
	122	Harry MacConnell	Stirling University Athletics Club	SM	1	6	DNF	

Race 6 of 6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	171	Cameron Macmillan	Central Athletic Club	U20M	1	7	2:01.78	
2	174	Alastair Scott	Stirling University Athletics Club	SM	1	4	2:03.12	
3	169	Alex Dunlop	Central Athletic Club	U20M	2	3	2:07.99	
4	175	Munro Stewart	Dundee Hawkhill Harriers	M35	1	8	2:09.16	PB!
5	168	Gregoire Boyadjian	Edinburgh Athletic Club	U20M	3	5	2:10.37	
6	66	Conall Paterson	Central Athletic Club	U17M	1	1	2:14.03	PB!
	158	Finn Smith	Springburn Harriers	U15B	1	2	DNS	
	172	Oliver Morrison	Dunfermline Track and Field Club	U20M	4	6	DNS	

Summary of Round 1 T9 - 800m - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 11:25

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	171	Cameron Macmillan	U20M	1	Central Athletic Club	2:01.78		6:7
2	174	Alastair Scott	SM	1	Stirling University Athletics Club	2:03.12		6:4
3	170	Dima Graham	U20M	2	Tweed Leader Jed Track	2:04.35		3:4
4	169	Alex Dunlop	U20M	3	Central Athletic Club	2:07.99		6:3
5	175	Munro Stewart	M35	1	Dundee Hawkhill Harriers	2:09.16		6:8
6	168	Gregoire Boyadjian	U20M	4	Edinburgh Athletic Club	2:10.37		6:5
7	66	Conall Paterson	U17M	1	Central Athletic Club	2:14.03		6:1
8	108	Andrew Low	U17M	2	Dundee Hawkhill Harriers	2:15.54		5:4
9	161	Nieve Hannell	U17W	1	Pitreavie AAC	2:18.69		5:3
10	151	Millie Ovens	U15G	1	Fife AC	2:22.38		5:8
11	132	Niamh McKinlay	U17W	2	Central Athletic Club	2:24.31		5:7
12	167	Tuscany Wright	U20W	1	Central Athletic Club	2:26.26		4:4
13	176	Paul Wilson	M40	1	Springburn Harriers	2:30.57		4:1
14	159	Cameron Tanner	U15B	1	Central Athletic Club	2:30.95		5:2
15	162	Skye Smith	U17W	3	Springburn Harriers	2:31.57		5:5
16	156	Josh Cooper	U15B	2	Team East Lothian AC	2:32.93		4:7
17	152	Skye Robertson	U15G	2	Falkirk Victoria Harriers	2:33.82		4:6
18	166	Millie O'Neill	U20W	2	Central Athletic Club	2:36.06		4:3
19	164	Olivia Boyle	U20W	3	Whitemoss Amateur Athletic Club	2:36.43		4:5
20	18	Sophia McMahan	U13G	1	Central Athletic Club	2:46.19		1:8
21	148	Simon Boyadjian	U13B	1	Edinburgh Athletic Club	2:46.34		1:6
22	154	Erin White	U15G	3	Falkirk Victoria Harriers	2:47.50		2:4
23	149	Alasdair McNally	U13B	2	Falkirk Victoria Harriers	2:48.97		1:3
24	99	Millie Easton	U15G	4	Falkirk Victoria Harriers	2:49.42		3:8
25	134	Fia Watkin	U17W	4	Central Athletic Club	2:51.41		5:1
26	94	Mark Hendry	U11B	1	Edinburgh Athletic Club	2:52.86		1:7
27	127	Isla Philp	U15G	5	Falkirk Victoria Harriers	2:53.71		2:6
28	20	Amy Taylor	U13G	2	Falkirk Victoria Harriers	2:54.10		3:3
29	155	Niamh Wilson	U15G	6	Springburn Harriers	2:55.51		2:2
30	146	Patrick McAtarsney	U11B	2	Falkirk Victoria Harriers	2:59.55		1:5
31	160	Kayla Crawford	U17W	5	Central Athletic Club	3:00.79		4:2
32	165	Arianna Carmichael	U20W	4	Victoria Park City of Glasgow AC	3:01.28		2:7
33	153	Emily Watkin	U15G	7	Central Athletic Club	3:01.93		1:4
34	157	Danny Harris	U15B	3	Falkirk Victoria Harriers	3:02.14		2:3
35	147	Erin Donaldson	U13G	3	Falkirk Victoria Harriers	3:03.23		1:2
36	103	Alastair Gingles	U15B	4	Central Athletic Club	3:03.60		3:7
37	163	Orla Turnbull	U17W	6	Law & District AAC	3:11.03		2:8
38	95	Remy Carnegie	U13G	4	Falkirk Victoria Harriers	3:28.70		2:5

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
	122	Harry MacConnell	SM	2	Stirling University Athletics Club	DNF		5:6

RESULTS
T12 - 1500m - 2024-03-24
 50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 14:15
Race 1 of 2

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	187	Chloe Hendry	Garscube Harriers	U17W	1	10	5:32.49	
2	188	Robyn Mckerracher	Central Athletic Club	U20W	1	8	5:40.80	
3	185	Neve Taylor	Falkirk Victoria Harriers	U15G	1	1	5:42.12	PB!
4	184	Ella Tanner	Central Athletic Club	U15G	2	3	5:42.30	
5	183	Sam White	Central Athletic Club	U13B	1	9	5:53.74	PB!
6	178	Naomi Prince	Central Athletic Club	U13G	1	7	6:12.36	PB!
7	177	Megan Blair	Falkirk Victoria Harriers	U13G	2	4	6:15.37	
8	13	Olivia Denholm	Central Athletic Club	U13G	3	6	6:25.78	
9	4	Amelie Ingram	Central Athletic Club	U11G	1	11	6:43.23	PB!
	165	Arianna Carmichael	Victoria Park City of Glasgow AC	U20W	2	2	DNS	
	160	Kayla Crawford	Central Athletic Club	U17W	2	5	DNS	

Race 2 of 2

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	170	Dima Graham	Tweed Leader Jed Track	U20M	1	1	4:24.97	PB!
2	192	Lou-Fabrice Fiedler	Central Athletic Club	SM	1	6	4:26.84	
3	175	Munro Stewart	Dundee Hawkhill Harriers	M35	1	3	4:27.52	
4	182	Evan Tyler	Giffnock North AC	U13B	1	10	4:51.83	PB!
5	189	Ross Lawrie	Central Athletic Club	U20M	2	12	4:57.20	
6	186	Sam Nicolson	Central Athletic Club	U15B	1	5	5:09.49	
7	179	Zoe Roberts	Shettleston Harriers	U13G	1	9	5:10.27	PB!
8	180	Willow Smith	Springburn Harriers	U13G	2	7	5:39.54	
	191	Dylan Crawford	Greenock Glenpark Harriers	SM	2	2	DNS	
	181	Andrew William Ross	Victoria Park City of Glasgow AC	U13B	2	4	DNS	
	193	David Scott	Cumbernauld Amateur Athletics Club	M35	2	8	DNS	
	190	Gavin Cooney	Glasgow Jaguars Track and Field Club	SM	3	11	DNS	

Summary of Round 1 T12 - 1500m - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 14:22

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	170	Dima Graham	U20M	1	Tweed Leader Jed Track	4:24.97		2:1
2	192	Lou-Fabrice Fiedler	SM	1	Central Athletic Club	4:26.84		2:6
3	175	Munro Stewart	M35	1	Dundee Hawkhill Harriers	4:27.52		2:3
4	182	Evan Tyler	U13B	1	Giffnock North AC	4:51.83		2:10
5	189	Ross Lawrie	U20M	2	Central Athletic Club	4:57.20		2:12
6	186	Sam Nicolson	U15B	1	Central Athletic Club	5:09.49		2:5
7	179	Zoe Roberts	U13G	1	Shettleston Harriers	5:10.27		2:9
8	187	Chloe Hendry	U17W	1	Garscube Harriers	5:32.49		1:10
9	180	Willow Smith	U13G	2	Springburn Harriers	5:39.54		2:7
10	188	Robyn Mckerracher	U20W	1	Central Athletic Club	5:40.80		1:8
11	185	Neve Taylor	U15G	1	Falkirk Victoria Harriers	5:42.12		1:1
12	184	Ella Tanner	U15G	2	Central Athletic Club	5:42.30		1:3
13	183	Sam White	U13B	2	Central Athletic Club	5:53.74		1:9
14	178	Naomi Prince	U13G	3	Central Athletic Club	6:12.36		1:7
15	177	Megan Blair	U13G	4	Falkirk Victoria Harriers	6:15.37		1:4
16	13	Olivia Denholm	U13G	5	Central Athletic Club	6:25.78		1:6
17	4	Amelie Ingram	U11G	1	Central Athletic Club	6:43.23		1:11

RESULTS

T15 - 3000m - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 15:00

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	194	Lydia Louw	Central Athletic Club	U20W	1	3	11:01.93	
	196	Jamie Stevenson	Central Athletic Club	SM	1	1	DNS	
	195	Fraser Kelly	Dundee Hawkhill Harriers	SM	2	2	DNS	
	169	Alex Dunlop	Central Athletic Club	U20M	1	4	DNS	

RESULTS

F5 - High Jump All 1m04+ - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 11:15

Place	Bib	Ord	Name	Club	Age	1.04	1.09	1.14	1.19	1.24	1.29	1.34	1.39	1.44	1.49	Best	Note
1	131	8	Erin McGurk	Law & District AAC	U17W						o	o	o	xxo	xxx	1.44	
2	200	9	Holly Finlayson	Harmeny Athletic Club	U15G				o	o	o	o	o	xxx		1.39	
3	208	4	Abigail Ramsay	Falkirk Victoria Harriers	U17W						xo	o	o	xxx		1.39	
4	199	2	Charlotte Doyle	Victoria Park City of Glasgow AC	U15G					o	o	xo	xxx			1.34	
5	153	7	Emily Watkin	Central Athletic Club	U15G		o	xo	xo	o	xxx					1.24	
6	17	11	Emmie Main	Falkirk Victoria Harriers	U13G		o	o	o	xo	xxx					1.24	
7	14	1	Tessa Gray	Central Athletic Club	U13G		o	o	o	xxx						1.19	
7	159	3	Cameron Tanner	Central Athletic Club	U15B				o	xxx						1.19	
9	157	10	Danny Harris	Falkirk Victoria Harriers	U15B	o	o	o	xo	xxx						1.19	
10	128	6	Hamish Gillies	Falkirk Victoria Harriers	U15B	o	o	o	xxo	xxx						1.19	
11	13	5	Olivia Denholm	Central Athletic Club	U13G	o	o	o	xxx							1.14	

RESULTS

F8 - High Jump All 1m43+ - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 13:00

Place	Bib	Ord	Name	Club	Age	1.39	1.44	1.49	1.54	1.57	1.59	1.61	1.64	1.69	1.74	1.77	1.80	Best	Note
1	210	8	Callum Roger	Edinburgh Athletic Club	U17M								o	o	xxo	xxo	xxx	1.77	
2	207	2	Isla Clements	Falkirk Victoria Harriers	U17W			o	xo		xxo		xxx					1.59	
3	59	5	Gerard Gontor	Victoria Park City of Glasgow AC	U17M		o	o	xxo	o		xxx						1.57	
4	209	1	Cameron Moore	Central Athletic Club	U17M				o		xxx							1.54	
5	205	3	Joseph Lanahan	Shettleston Harriers	U13B		o	o	xxo		xxx							1.54	
5	206	6	Abraham Lanahan	Shettleston Harriers	U15B			o	xxo		xxx							1.54	
7	105	4	Dara Clark	Central Athletic Club	U17W	o	o	o	xxx									1.49	
	204	7	Zoe Loughrey	Victoria Park City of Glasgow AC	U20W													DNS	

RESULTS

F9 - Pole Vault All - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 13:00

Place	Bib	Ord	Name	Club	Age	2.21	2.61	2.71	2.81	2.91	3.01	3.11	3.21	3.31	3.41	Best	Note
1	214	1	Ron Todd	Central Athletic Club	M60				xo			o	o	o	xxx	3.31	
2	203	7	Jamie Connor	Central Athletic Club	U17M		o	o	o	o	o	o	xxx			3.11	
3	189	2	Ross Lawrie	Central Athletic Club	U20M		xxo	xxx								2.61	
	211	3	Eve MacCallum	Glasgow Jaguars Track and Field Club	SW											DNS	
	212	5	Arne Rosenthal	Highgate Harriers	SM											DNS	
	213	6	Alison Murray	Hercules Wimbledon AC	W55											DNS	
	215	4	Ken Moncrieff	Falkirk Victoria Harriers	M65	xxx										NH	

RESULTS

F12 - Triple Jump - All - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 14:45

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	58	Corey Donaldson	Victoria Park City of Glasgow AC	U17M	9.41 (1.6)	9.31 (0.8)	10.10 (1.4)				10.10 (+1.4)	
2	198	Caitlin Allan	Victoria Park City of Glasgow AC	U15G	9.71 (1.1)	9.79 (0.7)	9.68 (1.6)				9.79 (+0.7)	
3	106	Anna Gunn	Central Athletic Club	U17W	7.65 (0.9)	8.78 (1.3)	8.45 (0.1)				8.78 (+1.3)	
	69	Olivia Darwin	Stirling University Athletics Club	U20W							DNS ()	

RESULTS

F3 - Discus All U13 - Senior - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 10:15

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
1	214	Ron Todd	Central Athletic Club	M60	x	x	34.75				34.75	
2	239	Rene Rogers	Dundee Hawkhill Harriers	M50	29.23	28.74	28.39				29.23	
3	236	Liam Nolan	Law & District AAC	SM	25.14	28.14	26.08				28.14	
4	109	Ivor Scott	Victoria Park City of Glasgow AC	U17M	x	27.08	27.84				27.84	
5	237	Lorna Brown	Falkirk Victoria Harriers	W50	27.72	27.46	x				27.72	
6	224	Jamie Lowrie	Springburn Harriers	U15B	27.71	x	26.33				27.71	
7	114	Ellen Montgomery	Central Athletic Club	U20W	26.45	23.68	22.12				26.45	
8	48	Lucy Kernahan	Victoria Park City of Glasgow AC	U17W	25.34	25.16	x				25.34	
9	110	George Scott	Victoria Park City of Glasgow AC	U17M	25.20	25.23	22.87				25.23	
10	240	Claire Cameron	Victoria Park City of Glasgow AC	W65	x	24.63	24.58				24.63	
11	47	Mechele Fasoro	Falkirk Victoria Harriers	U17W	19.19	21.16	21.80				21.80	
12	189	Ross Lawrie	Central Athletic Club	U20M	18.84	16.78	18.81				18.84	
13	233	Eloise Rogers	Dundee Hawkhill Harriers	U15G	18.00	x	18.71				18.71	
14	234	Jessica Taylor	Springburn Harriers	U17W	17.69	15.19	x				17.69	
15	238	Lorna Rogers	Dundee Hawkhill Harriers	W50	14.82	15.11	17.41				17.41	
16	232	Ian Jackson	Achilles Club	M60	x	x	15.82				15.82	

17	235	Lesley Rogers	Dundee Hawkhill Harriers	SW	x	14.88	x				14.88	
18	23	Struan Mackie	Central Athletic Club	U13B	11.40	x	9.83				11.40	
19	222	Angus Lowrie	Springburn Harriers	U13B	x	10.60	x				10.60	
181		Andrew William Ross	Victoria Park City of Glasgow AC	U13B							DNS	

RESULTS

F6 - Hammer Throw All - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 11:15

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
1	228	Lewis Fraser Shaw	unattached	U20M	42.60	44.19	40.53				44.19	
2	214	Ron Todd	Central Athletic Club	M60	35.67	36.30	x				36.30	
3	236	Liam Nolan	Law & District AAC	SM	33.15	x	33.73				33.73	
4	241	David Rose	Dundee Hawkhill Harriers	SM	32.69	x	x				32.69	
5	239	Rene Rogers	Dundee Hawkhill Harriers	M50	28.68	32.06	x				32.06	
6	237	Lorna Brown	Falkirk Victoria Harriers	W50	26.06	29.65	29.42				29.65	
7	235	Lesley Rogers	Dundee Hawkhill Harriers	SW	25.23	25.61	27.71				27.71	
8	233	Eloise Rogers	Dundee Hawkhill Harriers	U15G	26.52	27.19	x				27.19	
9	129	Anna Clark	Victoria Park City of Glasgow AC	U17W	26.21	x	x				26.21	
10	242	Laura Marie Kinder	Red Star AC	W40	x	24.56	x				24.56	
11	240	Claire Cameron	Victoria Park City of Glasgow AC	W65	23.05	23.58	23.24				23.58	
12	232	Ian Jackson	Achilles Club	M60	17.86	x	19.33				19.33	
13	106	Anna Gunn	Central Athletic Club	U17W	x	14.56	13.82				14.56	
	238	Lorna Rogers	Dundee Hawkhill Harriers	W50	x	x	x				NM	

RESULTS

F10 - Javelin All U13, U15 - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 14:00

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
1	224	Jamie Lowrie	Springburn Harriers	U15B	21.63	23.50	24.15				24.15	
2	205	Joseph Lanahan	Shettleston Harriers	U13B	24.14	21.23	23.89				24.14	
3	206	Abraham Lanahan	Shettleston Harriers	U15B	21.31	20.65	20.95				21.31	
4	27	Bryn Papworth	Victoria Park City of Glasgow AC	U13B	20.06	x	x				20.06	
5	95	Remy Carnegie	Falkirk Victoria Harriers	U13G	9.67	9.53	12.38				12.38	
6	15	Zara Hector	Central Athletic Club	U13G	x	8.76	8.46				8.76	
	23	Struan Mackie	Central Athletic Club	U13B	x	x	x				NM	
	181	Andrew William Ross	Victoria Park City of Glasgow AC	U13B							DNS	
	42	Charlie Murray	Giffnock North AC	U15B							DNS	
	41	Craig Hutchison	Central Athletic Club	U15B							DNS	
	100	Beth Gladston	Kilmarnock Harrier & Athletic Club	U15G							DNS	

RESULTS

F13 - Javelin All U17 - Senior - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 14:45

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
1	189	Ross Lawrie	Central Athletic Club	U20M	31.54	34.90	33.79				34.90	
2	57	Matthew Cox	Ayr Seaforth AC	U17M	31.68	30.38	31.85				31.85	
3	248	Richard Papworth	Victoria Park City of Glasgow AC	M50	28.49	20.96	25.76				28.49	
4	64	Alex Mann	Falkirk Victoria Harriers	U17M	21.97	25.80	x				25.80	
5	237	Lorna Brown	Falkirk Victoria Harriers	W50	24.80	25.12	24.68				25.12	
6	245	Andrew Twigg	Central Athletic Club	U20M	x	21.67	23.46				23.46	
7	244	Emily Tollett	Springburn Harriers	U17W	x	21.99	22.52				22.52	
8	226	Emilia Wortley	Falkirk Victoria Harriers	U17W	22.38	x	21.77				22.38	
9	202	Hazel Prince	Central Athletic Club	U17W	14.47	17.28	15.50				17.28	
10	246	Connie Chen	unattached	SW	15.56	15.68	x				15.68	
11	231	Lesley Anne Allen	Victoria Park City of Glasgow AC	W50	12.51	12.65	x				12.65	
12	243	Orla Pieroway	Central Athletic Club	U17W	x	11.86	11.20				11.86	
	247	Cameron Wilson	unattached	SM							DNS	
	110	George Scott	Victoria Park City of Glasgow AC	U17M							DNS	
	112	Megan Dunlop	Central Athletic Club	U20W							DNS	
	87	Katy Bruce	Peterhead Athletics Club	W45							DNS	

RESULTS

T6 - 100m Hurdles U17M/U20W - 2024-03-24
 50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 10:30

Wind speed: +1.0

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	203	Jamie Connor	Central Athletic Club	U17M	1	2	15.91	PB!
2	137	Isabella Passway	Dundee Hawkhill Harriers	U20W	1	5	17.97	
3	111	Reuben Whamond	Dundee Hawkhill Harriers	U17M	2	3	18.77	
4	164	Olivia Boyle	Whitemoss Amateur Athletic Club	U20W	2	7	19.83	
	204	Zoe Loughrey	Victoria Park City of Glasgow AC	U20W	3	6	DNS	

RESULTS

T8 - 110m Hurdles Males - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 10:30

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
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RESULTS

F1 - Long Jump U11B, U13B - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 10:30

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
1	205	Joseph Lanahan	Shettleston Harriers	U13B	4.78	5.60	5.53				5.60	
2	28	Hugh Thomas	Central Athletic Club	U13B	4.23	x	x				4.23	
3	22	Alfie Laing	Springburn Harriers	U13B	x	2.95	4.04				4.04	
4	26	Ross Murphy	Law & District AAC	U13B	x	3.46	3.66				3.66	
5	21	Murray Baldwin	Central Athletic Club	U13B	3.48	3.59	3.57				3.59	
6	217	Tyler Turnbull	Law & District AAC	U13B	x	x	3.52				3.52	
7	25	Oliver McDonald	Central Athletic Club	U13B	2.34	2.47	2.64				2.64	
8	8	Ross Baldwin	Central Athletic Club	U11B	2.36	2.26	2.31				2.36	
9	216	Ross Mcdonald	Central Athletic Club	U11B	1.95	2.11	2.03				2.11	

RESULTS

F4 - Long Jump U15B - Senior - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 11:15

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	206	Abraham Lanahan	Shettleston Harriers	U15B	5.41 (2.4)	2.06 (2.3)	5.23 (2.6)				5.41 (+2.4)	
2	39	Ben Anderson	Team East Lothian AC	U15B	5.07 (1.9)	5.33 (4.3)	x (3.4)				5.33 (+4.3)	
3	203	Jamie Connor	Central Athletic Club	U17M	5.13 (1.9)	x (2.6)	2.14 (2.0)				5.13 (+1.9)	
4	108	Andrew Low	Dundee Hawkhill Harriers	U17M	4.54 (2.8)	4.44 (1.1)	4.82 (1.1)				4.82 (+1.1)	
5	42	Charlie Murray	Giffnock North AC	U15B	4.18 (2.5)	x (1.9)	4.28 (2.7)				4.28 (+2.7)	
6	219	Gavin Rodger	Central Athletic Club	U15B	3.41 (3.6)	3.20 (2.2)	3.12 (2.5)				3.41 (+3.6)	
	221	Samuel Garry Kane	Falkirk Victoria Harriers	SM							DNS ()	
	43	Matthew Savage	Falkirk Victoria Harriers	U15B							DNS ()	

RESULTS

F14 - Shot Put - All Males - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 14:45

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
1	228	Lewis Fraser Shaw	unattached	U20M	x	10.08	9.64				10.08	
2	206	Abraham Lanahan	Shettleston Harriers	U15B	8.84	8.92	8.75				8.92	
3	224	Jamie Lowrie	Springburn Harriers	U15B	x	8.80	x				8.80	
4	205	Joseph Lanahan	Shettleston Harriers	U13B	8.73	8.79	8.66				8.79	
5	94	Mark Hendry	Edinburgh Athletic Club	U11B	5.92	x	4.76				5.92	
6	222	Angus Lowrie	Springburn Harriers	U13B	5.65	5.83	5.51				5.83	
7	232	Ian Jackson	Achilles Club	M60	5.64	5.63	5.60				5.64	
8	27	Bryn Papworth	Victoria Park City of Glasgow AC	U13B	5.40	4.83	x				5.40	
9	40	Hok Man Leo Chan	Central Athletic Club	U15B	4.85	5.05	x				5.05	
10	103	Alastair Gingles	Central Athletic Club	U15B	x	4.22	4.51				4.51	
	230	Graeme Ferguson	Law & District AAC	M45							DNS	
	214	Ron Todd	Central Athletic Club	M60							DNS	
	41	Craig Hutchison	Central Athletic Club	U15B							DNS	
	223	Kyle Ferguson	Law & District AAC	U15B							DNS	
	227	Ross Ferguson	Law & District AAC	U20M							DNS	

RESULTS

T1 - 70m Hurdles - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 10:30

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	14	Tessa Gray	Central Athletic Club	U13G	1	3	13.10	
2	97	Kirsty Moffat	Falkirk Victoria Harriers	U13G	2	4	13.80	
3	12	Erica Deacons	Central Athletic Club	U13G	3	5	14.00	
	96	Dixie Linnen	Dundee Hawkhill Harriers	U13G	4	6	DNS	

RESULTS

T3 - 75m Hurdles U13M/U15G - 2024-03-24
 50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 10:30

Race 1 of 2

Wind speed: +0.4

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	200	Holly Finlayson	Harmeny Athletic Club	U15G	1	2	13.56	PB!
2	32	Kady Macleod	Central Athletic Club	U15G	2	5	13.78	PB!
3	101	Ella O'Brien	Springburn Harriers	U15G	3	4	14.12	
4	183	Sam White	Central Athletic Club	U13B	1	3	16.48	
5	35	Alexandra Montgomery	Central Athletic Club	U15G	4	1	22.16	

Race 2 of 2

Wind speed: +1.8

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	100	Beth Gladston	Kilmarnock Harrier & Athletic Club	U15G	1	2	12.85	
2	102	Layla Rowlands	Victoria Park City of Glasgow AC	U15G	2	1	13.08	PB!
3	199	Charlotte Doyle	Victoria Park City of Glasgow AC	U15G	3	3	13.12	
4	198	Caitlin Allan	Victoria Park City of Glasgow AC	U15G	4	4	13.15	PB!
	197	Beth Aitchison	Dundee Hawkhill Harriers	U15G	5	5	DNS	

Summary of Round 1
T3 - 75m Hurdles U13M/U15G - 2024-03-24
 50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 10:33

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	100	Beth Gladston	U15G	1	Kilmarnock Harrier & Athletic Club	12.85		2:2
2	102	Layla Rowlands	U15G	2	Victoria Park City of Glasgow AC	13.08		2:1
3	199	Charlotte Doyle	U15G	3	Victoria Park City of Glasgow AC	13.12		2:3
4	198	Caitlin Allan	U15G	4	Victoria Park City of Glasgow AC	13.15		2:4
5	200	Holly Finlayson	U15G	5	Harmeny Athletic Club	13.56		1:2
6	32	Kady Macleod	U15G	6	Central Athletic Club	13.78		1:5
7	101	Ella O'Brien	U15G	7	Springburn Harriers	14.12		1:4
8	183	Sam White	U13B	1	Central Athletic Club	16.48		1:3
9	35	Alexandra Montgomery	U15G	8	Central Athletic Club	22.16		1:1

RESULTS

T5 - 80m Hurdles U15B/U17G - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 10:30

Wind speed: +2.2

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	201	Emily Doyle	Victoria Park City of Glasgow AC	U17W	1	5	13.18	
2	202	Hazel Prince	Central Athletic Club	U17W	2	7	13.87	PB!
3	48	Lucy Kernahan	Victoria Park City of Glasgow AC	U17W	3	4	14.27	PB!
	44	Wai Shun Tong	Victoria Park City of Glasgow AC	U15B	1	2	DNF	
	52	Laura Taylor	Falkirk Victoria Harriers	U17W	4	6	DNS	

RESULTS

F7 - Long Jump U11G, U13G - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 13:00

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	179	Zoe Roberts	Shettleston Harriers	U13G	3.98 (0.0)	3.76 (2.1)	3.76 (0.5)				3.98 (0.0)	
2	20	Amy Taylor	Falkirk Victoria Harriers	U13G	3.60 (0.0)	3.43 (0.0)	3.04 (0.0)				3.60 (0.0)	
3	13	Olivia Denholm	Central Athletic Club	U13G	3.47 (2.4)	3.35 (0.7)	3.49 (1.2)				3.49 (+1.2)	
4	16	Summer Johnston	Central Athletic Club	U13G	3.18 (0.5)	3.40 (1.5)	3.40 (1.5)				3.40 (+1.5)	
5	12	Erica Deacons	Central Athletic Club	U13G	3.14 (0.1)	3.37 (0.0)	3.27 (0.3)				3.37 (0.0)	
6	177	Megan Blair	Falkirk Victoria Harriers	U13G	3.11 (0.2)	3.14 (0.8)	2.97 (0.0)				3.14 (+0.8)	
7	4	Amelie Ingram	Central Athletic Club	U11G	3.05 (0.0)	3.10 (0.5)	2.97 (0.0)				3.10 (+0.5)	
8	11	Helena Dadun	Central Athletic Club	U13G	3.08 (1.3)	2.62 (2.3)	2.72 (0.9)				3.08 (+1.3)	
9	178	Naomi Prince	Central Athletic Club	U13G	2.98 (1.4)	2.94 (1.3)	2.84 (1.7)				2.98 (+1.4)	
10	9	Hayley Abel	Central Athletic Club	U13G	2.75 (0.3)	2.83 (0.7)	2.89 (0.0)				2.89 (0.0)	
11	10	Iona Clark	Central Athletic Club	U13G	2.45 (0.5)	2.76 (0.0)	2.77 (0.0)				2.77 (0.0)	
12	19	Ella Shepherd	Falkirk Victoria Harriers	U13G	2.66 (2.6)	2.39 (1.9)	2.68 (0.0)				2.68 (0.0)	
13	5	Molly O'Brien	Springburn Harriers	U11G	2.63 (1.6)	2.58 (0.7)	2.07 (0.0)				2.63 (+1.6)	
	96	Dixie Linnen	Dundee Hawkhill Harriers	U13G							DNS ()	
	3	Harriett Brash	Dundee Hawkhill Harriers	U11G							DNS ()	

RESULTS

F11 - Long Jump U15G -Senior - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 14:00

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	105	Dara Clark	Central Athletic Club	U17W	4.99 (0.0)	x (0.6)	5.08 (0.0)				5.08 (0.0)	
2	130	Aneesah King-Oubacha	Victoria Park City of Glasgow AC	U17W	4.59 (0.6)	4.58 (1.5)	4.36 (0.0)				4.59 (+0.6)	
3	198	Caitlin Allan	Victoria Park City of Glasgow AC	U15G	4.39 (0.0)	4.55 (1.1)	4.55 (0.9)				4.55 (+1.1)	
4	30	Rebecca Digger	Victoria Park City of Glasgow AC	U15G	4.44 (0.1)	x (0.0)	4.46 (1.4)				4.46 (+1.4)	
5	200	Holly Finlayson	Harmeny Athletic Club	U15G	4.14 (0.0)	4.17 (0.0)	4.45 (0.0)				4.45 (0.0)	
6	70	Louisa Kane	Falkirk Victoria Harriers	U20W	4.43 (0.0)	4.19 (-1.1)	4.27 (0.0)				4.43 (0.0)	
7	69	Olivia Darwin	Stirling University Athletics Club	U20W	4.27 (0.0)	x (0.1)	4.11 (0.0)				4.27 (0.0)	
8	125	Morven Kenny	Team East Lothian AC	U15G	3.65 (0.3)	4.20 (0.6)	3.86 (0.2)				4.20 (+0.6)	
9	127	Isla Philp	Falkirk Victoria Harriers	U15G	3.84 (-0.1)	3.73 (0.0)	x (0.0)				3.84 (-0.1)	
10	114	Ellen Montgomery	Central Athletic Club	U20W	3.83 (1.2)	3.83 (0.0)	3.70 (0.3)				3.83 (+1.2)	
11	153	Emily Watkin	Central Athletic Club	U15G	3.06 (0.0)	3.52 (0.9)	3.62 (0.0)				3.62 (0.0)	
12	101	Ella O'Brien	Springburn Harriers	U15G	2.89 (0.2)	3.56 (0.1)	3.42 (0.6)				3.56 (+0.1)	
13	34	Hannah McMeechan	Falkirk Victoria Harriers	U15G	2.95 (1.4)	3.41 (0.0)	2.45 (0.0)				3.41 (0.0)	
14	218	Stacey Clifford	Central Athletic Club	U15G	2.99 (0.0)	3.13 (0.0)	3.30 (0.0)				3.30 (0.0)	
15	185	Neve Taylor	Falkirk Victoria Harriers	U15G	2.75 (0.7)	2.55 (0.0)	3.14 (0.6)				3.14 (+0.6)	
	74	Selina Henderson	Shaftesbury Barnet Harriers	SW							DNS ()	

220	Sophie Hannah	Falkirk Victoria Harriers	U17W							DNS ()	
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RESULTS

F2 - Shot Put - All Females - 2024-03-24

50 YEARS OF CAC - PRE SEASON OPEN - 24 Mar 2024 - START TIME: 10:30

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result	Note
1	107	Loren Stewart	Central Athletic Club	U17W	7.74	7.55	8.79				8.79	
2	47	Mechele Fasoro	Falkirk Victoria Harriers	U17W	8.04	8.00	8.05				8.05	
3	164	Olivia Boyle	Whitemoss Amateur Athletic Club	U20W	7.21	7.20	7.35				7.35	
4	226	Emilia Wortley	Falkirk Victoria Harriers	U17W	7.30	6.73	6.49				7.30	
5	225	Eilidh Turner	Falkirk Victoria Harriers	U17W	x	6.56	x				6.56	
6	231	Lesley Anne Allen	Victoria Park City of Glasgow AC	W50	5.80	6.06	6.22				6.22	
7	95	Remy Carnegie	Falkirk Victoria Harriers	U13G	5.72	5.52	6.00				6.00	
8	97	Kirsty Moffat	Falkirk Victoria Harriers	U13G	5.44	5.62	5.93				5.93	
9	153	Emily Watkin	Central Athletic Club	U15G	4.83	4.58	5.16				5.16	
10	5	Molly O'Brien	Springburn Harriers	U11G	4.16	4.77	4.29				4.77	
11	177	Megan Blair	Falkirk Victoria Harriers	U13G	4.15	4.09	4.43				4.43	
12	10	Iona Clark	Central Athletic Club	U13G	4.22	4.11	4.39				4.39	
13	16	Summer Johnston	Central Athletic Club	U13G	3.60	4.20	x				4.20	
	229	Abbie Smith	Kilmarnock Harrier & Athletic Club	SW							NM	
	87	Katy Bruce	Peterhead Athletics Club	W45							NM	