

Saturday 12th May 2018

FPSG scottishathletics District Championships

PROVISIONAL TIMETABLE

EAST / WEST DISTRICT

Grangemouth Stadium

Ayrshire Athletics Arena

2018 East West TT DRAFT

Track				
Event No	Time	Event	Age Group	Round
	10.00	110m Hurdles	Sen/U20M	F
	10.05	100m Hurdles	U17M	F
	10.10	100m Hurdles	Sen/U20W	F
	10.15	80m Hurdles	U15B	F
	10.20	80m Hurdles	U17W	F
	10.25	75m Hurdles	U15G	1
	10.35	75m Hurdles	U13B	F
	10.40	70m Hurdles	U13G	1
	10.50	800m	U15G	1
	11.06	800m	U15B	1
	11.18	800m	U17W	F
	11.22	800m	U17M	1
	11.34	800m	U20W	F
	11.38	800m	Sen W	F
	11.42	800m	U20M	F
	11.46	800m	SenM	1
	11.50	70m Hurdles	U13G	F
	11.55	75m Hurdles	U15G	F
	12.00	100m	U13G	1
	12.16	100m	U13B	1
	12.28	100m	U15G	1
	12.42	100m	U15B	1
	12.50	100m	U17W	1
	12.58	100m	U17M	1
	13.06	100m	U20W	1
	13.14	100m	Sen W	F
	13.18	100m	U20M	1
	13.26	100m	Sen M	1
LUNCH				

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Track				
Event No	Time	Event	Age Group	Round
	14.15	400m	U20W	F
	14.19	400m	Sen W	F
	14.23	400m	U20M	1
	14.31	400m	Sen M	1
	14.39	400m	U17M	1
	14.47	300m	U15B	1
	14.55	300m	U17W	1
	15.03	300m	U15G	1
	15.15	100m	U13G	SF
	15.21	100m	U13B	SF
	15.27	100m	U15G	SF
	15.33	100m	U15B	F
	15.36	100m	U17W	F
	15.39	100m	U17M	F
	15.42	100m	U20W	F
	15.45	100m	U20M	F
	15.48	100m	Sen M	F
	15.51	800m	U13G	F
	16.08	800m	U13B	F
	16.16	800m	U15G	F
	16.20	800m	U15B	F
	16.24	800m	U17 M	F
	16.28	800m	Sen M	F
	16.32	100m	U13G	F
	16.35	100m	U13B	F
	16.38	100m	U15G	F
	16.41	400m	U20M	F
	16.45	400m	Sen M	F
	16.49	400m	U17M	F
	16.53	300m	U15B	f
	16.57	300m	U17W	F
	17.01	300m	U15G	F

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Field			
Event No	Time	Event	Age Group
	10.00	Javelin	Sen/U20W
		Javelin	U17W
	10.00	Long Jump	U13G
	10.00	Shot Putt	Sen/U20/17 M
		Shot Putt	U15B
	11.30	Javelin	Sen/U20/17M
	11.30	High Jump	Sen/U20W
		High Jump	U17W
	11.30	Long Jump	Sen/U20M
	11.30	Pole Vault	All male/female
			Sen/U17MU15B
			U17W/U15G
	13.00	Shot Putt	Sen/U20W
		Shot Putt	U17W
	13.00	Long Jump	U13B
	13.00	High Jump	Sen/U20M
		High Jump	U17M
	14.30	Long Jump	Sen/U20W
		Long Jump	U17W
	14.30	Shot Putt	U15G
	14.30	Discus	Sen/U20/17M
	15.30	Discus	Sen/U20W
		Discus	U17W
	15.30	Shot Putt	U13G
		Shot Putt	U13B
	16.00	Long Jump	U15G

Field Events: Minimum 2 warm up attempts; best 6 in each age group qualify for a further 3 attempts

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Track				
Event No.	Time	Event	Age Group	Round
	10.00	400m Hurdles	Sen/U20/17M	F
	10.05	400m Hurdles	Sen/U20W	F
	10.10	300m Hurdles	U17W	F
	10.20	200m	U13G	1
	10.40	200m	U15G	1
	10.55	1500m	U15G	1
	11.15	1500m	U15B	1
	11.30	1500m	U17M	1
	11.45	200m	U13B	1
	11.55	200m	U15B	1
	12.10	200m	U13G	SF
	12.20	200m	U15G	SF
	12.30	200m	U17W	1
	12.45	200m	U17M	1
	12.55	200m	U20W	1
	13.05	200m	Sen W	1
	13.15	200m	U20M	1
	13.25	200m	Sen M	1
Lunch				
	14.00	3000m SC	M (East)/W(West)	
	14.15	1500m	U13G	F
	14.25	1500m	U13B	F
	14.35	1500m	U17W	F
	14.45	1500m	Sen/U20 W	F
	14.55	1500m	U20 M	F
	15.05	1500m	Sen M	F
	15.15	1500m	U15G	F
	15.25	1500m	U15B	F
	15.35	1500m	U17M	F
	15.45	200m	U13G	F
	15.50	200m	U13B	F
	15.55	200m	U15G	F
	16.00	200m	U15B	F
	16.05	200m	U17W	F
	16.10	200m	U17M	F
	16.15	200m	U20W	F
	16.20	200m	Sen W	F
	16.25	200m	U20M	F
	16.30	200m	Sen M	F



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Field			
Event No.	Time	Event	Age Group
	10.00	Hammer	U15B/G
	10.00	Triple Jump	Sen/U20 W
		Triple Jump	U17W
	10.00	Javelin	U13B/G
	11.30	Hammer	Sen/U20W
	11.30	High Jump	U15G
	11.30	Triple Jump	Sen/U20M
		Triple Jump	U17M
	13.30	Hammer	U17M/W
	13.30	High Jump	U13B/G
	13.30	Triple Jump	U15B/G
	15.00	Javelin	U15B/G
	15.00	High Jump	U15B
	15.00	Discus	U13B/G
	16.00	Discus	U15B
		Discus	U15G
	16.00	Long Jump	U17M
		Long Jump	U15B

Field Events: Minimum 2 warm up attempts; best 6 in each age group qualify for a further 3 attempts

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