

# SIAB Cross Country

## at Woolaton Park, Nottingham on Saturday 24th March 2018

### Junior Girls — FINAL RESULTS

| Pos | Num | Name               | Club     | Time  |    |                    |          |       |
|-----|-----|--------------------|----------|-------|----|--------------------|----------|-------|
| 1   | 1   | Bea Wood           | England  | 14:04 | 17 | 68 Zoe Flower      | Scotland | 15:51 |
| 2   | 2   | Bethany Cook       | England  | 14:27 | 18 | 67 Bridget Harley  | Scotland | 15:52 |
| 3   | 66  | Anya Maclean       | Scotland | 14:30 | 19 | 37 Hannah Kehoe    | Ireland  | 15:52 |
| 4   | 65  | Anna Hedley        | Scotland | 14:45 | 20 | 101 Lily Williams  | Wales    | 15:56 |
| 5   | 97  | Samia Jones        | Wales    | 14:48 | 21 | 99 Abigail Davies  | Wales    | 15:57 |
| 6   | 4   | Emily Shaw         | England  | 14:52 | 22 | 72 Abby Thomson    | Scotland | 15:57 |
| 7   | 6   | Kiya Dee           | England  | 14:57 | 23 | 40 Shauna McCarthy | Ireland  | 16:01 |
| 8   | 5   | Abigail Ives       | England  | 14:59 | 24 | 98 Abbi Parkinson  | Wales    | 16:06 |
| 9   | 3   | Faye O'Hare        | England  | 15:04 | 25 | 100 Moli Lyons     | Wales    | 16:09 |
| 10  | 8   | Holly Weedall      | England  | 15:15 | 26 | 102 Fiona Bostock  | Wales    | 16:12 |
| 11  | 35  | Cara Laverty       | Ireland  | 15:28 | 27 | 104 Neisha Roberts | Wales    | 16:13 |
| 12  | 7   | Isabelle Hinkley   | England  | 15:28 | 28 | 39 Saoirse O'Brien | Ireland  | 16:14 |
| 13  | 38  | Victoria Lightbody | Ireland  | 15:31 | 29 | 69 Niamh Riggins   | Scotland | 16:15 |
| 14  | 34  | Emma Landers       | Ireland  | 15:31 | 30 | 71 Anna Dalglish   | Scotland | 16:23 |
| 15  | 36  | Roisin O'Brien     | Ireland  | 15:32 | 31 | 33 Eleanor Godden  | Ireland  | 16:25 |
| 16  | 70  | Rachel Muir        | Scotland | 15:37 | 32 | 103 Alanah Hill    | Wales    | 16:34 |

### Junior Girls — TEAM RESULTS

|            |         |              |                       |                   |                   |                   |                    |
|------------|---------|--------------|-----------------------|-------------------|-------------------|-------------------|--------------------|
| 1 England  | 33 — 1  | Bea Wood     | 2 Bethany Cook        | 6 Emily Shaw      | 7 Kiya Dee        | 8 Abigail Ives    | 9 Faye O'Hare      |
| 2 Scotland | 80 — 3  | Anya Maclean | 4 Anna Hedley         | 16 Rachel Muir    | 17 Zoe Flower     | 18 Bridget Harley | 22 Abby Thomson    |
| 3 Ireland  | 95 — 11 | Cara Laverty | 13 Victoria Lightbody | 14 Emma Landers   | 15 Roisin O'Brien | 19 Hannah Kehoe   | 23 Shauna McCarthy |
| 4 Wales    | 121 — 5 | Samia Jones  | 20 Lily Williams      | 21 Abigail Davies | 24 Abbi Parkinson | 25 Moli Lyons     | 26 Fiona Bostock   |

### Junior Boys — FINAL RESULTS

| Pos | Num | Name             | Club     | Time  |    |                      |          |       |
|-----|-----|------------------|----------|-------|----|----------------------|----------|-------|
| 1   | 14  | Joe Ponter       | England  | 15:36 | 17 | 108 Liam Edwards     | Wales    | 16:27 |
| 2   | 13  | Fraser Sproul    | England  | 15:36 | 18 | 79 Gregor Collins    | Scotland | 16:30 |
| 3   | 106 | Huw Jones        | Wales    | 15:41 | 19 | 110 Charlie Holland  | Wales    | 16:31 |
| 4   | 73  | Harry Henriksen  | Scotland | 15:44 | 20 | 77 Gregor Campbell   | Scotland | 16:35 |
| 5   | 12  | Sam Smith        | England  | 15:47 | 21 | 45 Matthew Beveridge | Ireland  | 16:38 |
| 6   | 9   | Woody Jerome     | England  | 15:48 | 22 | 78 Sam Griffin       | Scotland | 16:39 |
| 7   | 105 | Adam Beer        | Wales    | 15:55 | 23 | 109 Frank Morgan     | Wales    | 16:41 |
| 8   | 11  | William Ashfield | England  | 15:57 | 24 | 48 Jake Stafford     | Ireland  | 16:47 |
| 9   | 15  | Sam Hodgson      | England  | 16:00 | 25 | 75 Harris Paterson   | Scotland | 16:50 |
| 10  | 16  | Louis Small      | England  | 16:08 | 26 | 42 Dylan McBride     | Ireland  | 16:54 |
| 11  | 111 | Dafydd Jones     | Wales    | 16:11 | 27 | 76 Ross O'Brien      | Scotland | 17:01 |
| 12  | 112 | Jacob Reynolds   | Wales    | 16:14 | 28 | 74 Lucas Cairns      | Scotland | 17:06 |
| 13  | 44  | Scott Fagan      | Ireland  | 16:16 | 29 | 47 Oscar Lubliner    | Ireland  | 17:24 |
| 14  | 10  | Thomas Heal      | England  | 16:18 | 30 | 43 Luke Griffin      | Ireland  | 17:39 |
| 15  | 107 | Iori Humphreys   | Wales    | 16:21 | 31 | 46 Callum McDonagh   | Ireland  | 18:10 |
| 16  | 41  | Oisín Tóye       | Ireland  | 16:23 |    |                      |          |       |

### Junior Boys — TEAM RESULTS

|            |          |                 |                   |                      |                   |                    |                   |
|------------|----------|-----------------|-------------------|----------------------|-------------------|--------------------|-------------------|
| 1 England  | 31 — 1   | Joe Ponter      | 2 Fraser Sproul   | 5 Sam Smith          | 6 Woody Jerome    | 8 William Ashfield | 9 Sam Hodgson     |
| 2 Wales    | 65 — 3   | Huw Jones       | 7 Adam Beer       | 11 Dafydd Jones      | 12 Jacob Reynolds | 15 Iori Humphreys  | 17 Liam Edwards   |
| 3 Scotland | 116 — 4  | Harry Henriksen | 18 Gregor Collins | 20 Gregor Campbell   | 22 Sam Griffin    | 25 Harris Paterson | 27 Ross O'Brien   |
| 4 Ireland  | 129 — 13 | Scott Fagan     | 16 Oisín Tóye     | 21 Matthew Beveridge | 24 Jake Stafford  | 26 Dylan McBride   | 29 Oscar Lubliner |

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### Inter Girls — FINAL RESULTS

| Pos | Num | Name               | Club     | Time  |    |                     |                |
|-----|-----|--------------------|----------|-------|----|---------------------|----------------|
| 1   | 17  | Ella McNivern      | England  | 16:24 | 17 | 83 Carrie Banks     | Scotland 18:20 |
| 2   | 81  | Cera Gemmell       | Scotland | 16:33 | 18 | 50 Holly Brennan    | Ireland 18:22  |
| 3   | 20  | Sian Heslop        | England  | 16:39 | 19 | 88 Emily Andrew     | Scotland 18:24 |
| 4   | 18  | Keely Hodgkinson   | England  | 16:47 | 20 | 116 Eluned King     | Wales 18:26    |
| 5   | 21  | India Pentland     | England  | 16:50 | 21 | 55 Hannah O'Keeffe  | Ireland 18:34  |
| 6   | 23  | Abigail Durand     | England  | 17:07 | 22 | 113 Ashleigh Willis | Wales 18:38    |
| 7   | 19  | Mason Olivia Grace | England  | 17:14 | 23 | 118 Darcie Bass     | Wales 18:40    |
| 8   | 24  | Lucy Smith         | England  | 17:21 | 24 | 84 Kate Richardson  | Scotland 18:45 |
| 9   | 86  | Pippa Carcas       | Scotland | 17:29 | 25 | 51 Sorchu Mullan    | Ireland 18:48  |
| 10  | 82  | Isla Calvert       | Scotland | 17:34 | 26 | 53 Katie Agnew      | Ireland 18:51  |
| 11  | 85  | Rosie Davidson     | Scotland | 17:41 | 27 | 120 Ffion Jones     | Wales 18:53    |
| 12  | 49  | Niamh O'Mahony     | Ireland  | 17:53 | 28 | 56 Tara Ramasawmy   | Ireland 19:24  |
| 13  | 22  | Emily Williams     | England  | 17:57 | 29 | 54 Bethany Nixon    | Ireland 19:56  |
| 14  | 87  | Alisha Sivell      | Scotland | 18:03 | 30 | 117 Bethan Davies   | Wales 20:16    |
| 15  | 114 | Nia Clatworthy     | Wales    | 18:12 | 31 | 119 Caitlin Hwyther | Wales 21:51    |
| 16  | 52  | Orla Reidy         | Ireland  | 18:18 |    |                     |                |

### Inter Girls — TEAM RESULTS

|            |       |                   |                |                    |                    |                  |                      |
|------------|-------|-------------------|----------------|--------------------|--------------------|------------------|----------------------|
| 1 England  | 26 —  | 1 Ella McNivern   | 3 Sian Heslop  | 4 Keely Hodgkinson | 5 India Pentland   | 6 Abigail Durand | 7 Mason Olivia Grace |
| 2 Scotland | 63 —  | 2 Cera Gemmell    | 9 Pippa Carcas | 10 Isla Calvert    | 11 Rosie Davidson  | 14 Alisha Sivell | 17 Carrie Banks      |
| 3 Ireland  | 118 — | 12 Niamh O'Mahony | 16 Orla Reidy  | 18 Holly Brennan   | 21 Hannah O'Keeffe | 25 Sorchu Mullan | 26 Katie Agnew       |
| 4 Wales    | 137 — | 15 Nia Clatworthy | 20 Eluned King | 22 Ashleigh Willis | 23 Darcie Bass     | 27 Ffion Jones   | 30 Bethan Davies     |

### Inter Boys — FINAL RESULTS

| Pos | Num | Name                | Club    | Time  |    |                    |                |
|-----|-----|---------------------|---------|-------|----|--------------------|----------------|
| 1   | 27  | David Stone         | England | 19:29 | 17 | 62 John Fanning    | Ireland 21:04  |
| 2   | 30  | Sam Charlton        | England | 19:31 | 18 | 92 Adam Brown      | Scotland 21:05 |
| 3   | 26  | Matthew Stonier     | England | 19:39 | 19 | 127 Carwyn Owen    | Wales 21:10    |
| 4   | 31  | Oudtshoorn Luke Van | England | 19:45 | 20 | 89 Sunny McGrath   | Scotland 21:15 |
| 5   | 28  | Joshua Dickinson    | England | 20:09 | 21 | 124 James Penrose  | Wales 21:19    |
| 6   | 25  | Henry McLuckie      | England | 20:17 | 22 | 128 Lloyd Sheppard | Wales 21:28    |
| 7   | 29  | David Dow           | England | 20:22 | 23 | 91 Jack Trainer    | Scotland 21:32 |
| 8   | 32  | Harris Mier         | England | 20:24 | 24 | 121 Finley Hines   | Wales 21:33    |
| 9   | 123 | Joe Reardon         | Wales   | 20:34 | 25 | 126 Spencer Smith  | Wales 21:34    |
| 10  | 63  | Thomas Connolly     | Ireland | 20:41 | 26 | 93 Iain McWhinnie  | Scotland 21:41 |
| 11  | 57  | Michael Morgan      | Ireland | 20:42 | 27 | 64 Jake Cullen     | Ireland 21:42  |
| 12  | 122 | Louis Spencer       | Wales   | 20:48 | 28 | 95 Michael Watt    | Scotland 21:49 |
| 13  | 58  | Louis O'Loughlin    | Ireland | 20:49 | 29 | 60 Sean O'Donoghue | Ireland 21:59  |
| 14  | 61  | Adam Ferris         | Ireland | 20:55 | 30 | 96 Fraser Clyne    | Scotland 22:13 |
| 15  | 59  | Michael McCaul      | Ireland | 21:01 | 31 | 90 Kane Elliott    | Scotland 22:29 |
| 16  | 125 | Osian Perrin        | Wales   | 21:03 | 32 | 94 Ethan Carolan   | Scotland 22:45 |

### Inter Boys — TEAM RESULTS

|            |       |                    |                   |                     |                       |                    |                   |
|------------|-------|--------------------|-------------------|---------------------|-----------------------|--------------------|-------------------|
| 1 England  | 21 —  | 1 David Stone      | 2 Sam Charlton    | 3 Matthew Stonier   | 4 Oudtshoorn Luke Van | 5 Joshua Dickinson | 6 Henry McLuckie  |
| 2 Ireland  | 80 —  | 10 Thomas Connolly | 11 Michael Morgan | 13 Louis O'Loughlin | 14 Adam Ferris        | 15 Michael McCaul  | 17 John Fanning   |
| 3 Wales    | 99 —  | 9 Joe Reardon      | 12 Louis Spencer  | 16 Osian Perrin     | 19 Carwyn Owen        | 21 James Penrose   | 22 Lloyd Sheppard |
| 4 Scotland | 145 — | 18 Adam Brown      | 20 Sunny McGrath  | 23 Jack Trainer     | 26 Iain McWhinnie     | 28 Michael Watt    | 30 Fraser Clyne   |

# Home Countries International Cross Country at Woolaton Park, Nottingham on Saturday 24th March 2018

## Junior Women — FINAL RESULTS

| Pos | Num | Name                | Club             | Time  |    |                       |                  |       |
|-----|-----|---------------------|------------------|-------|----|-----------------------|------------------|-------|
| 1   | 4   | Julia Paternain     | England          | 22:01 | 16 | 12 Gracie Wheeler     | Wales            | 24:08 |
| 2   | 3   | Holly Page          | England          | 22:11 | 17 | 20 Charlotte McKenna  | Scottish Schools | 24:14 |
| 3   | 1   | Scarlett Dale       | England          | 22:30 | 18 | 19 Katie Rourke       | Scottish Schools | 24:18 |
| 4   | 7   | Naomi Lang          | Scotland         | 22:43 | 19 | 5 Gillian Black       | Scotland         | 24:24 |
| 5   | 27  | Claudia Cowan       | North            | 22:50 | 20 | 31 Georgia Curry      | Midlands         | 24:28 |
| 6   | 6   | Anna MacFadyen      | Scotland         | 23:05 | 21 | 21 Sarah Tait         | Scottish Schools | 24:28 |
| 7   | 2   | Meg Ormand          | England          | 23:14 | 22 | 13 Naomi Reid         | Welsh Schools    | 24:40 |
| 8   | 10  | Kiara Frizele       | Wales            | 23:18 | 23 | 11 Martha Owen        | Wales            | 24:51 |
| 9   | 8   | Laura Stark         | Scotland         | 23:22 | 24 | 30 Louise Whittingham | North            | 24:59 |
| 10  | 9   | Abi Fisher          | Wales            | 23:33 | 25 | 33 Amber Owens        | Midlands         | 25:07 |
| 11  | 32  | Lily Higgins        | Midlands         | 23:39 | 26 | 14 Megan Bowen        | Welsh Schools    | 25:33 |
| 12  | 23  | Sarah Calvert       | Scottish Schools | 23:47 | 27 | 15 Laura Wright       | Welsh Schools    | 25:53 |
| 13  | 34  | Rebecca Twandochleb | Midlands         | 23:53 | 28 | 18 Lucy Ormet         | Welsh Schools    | 26:17 |
| 14  | 28  | Juliet Downs        | North            | 23:55 | 29 | 17 Carys Bill         | Welsh Schools    | 26:27 |
| 15  | 22  | Anisha Badial       | Scottish Schools | 24:01 | 30 | 24 Emily Crusher      | Scottish Schools | 27:02 |

## Junior Women — TEAM RESULTS

|   |                  |      |    |                 |    |                     |    |                    |
|---|------------------|------|----|-----------------|----|---------------------|----|--------------------|
| 1 | England          | 6 —  | 1  | Julia Paternain | 2  | Holly Page          | 3  | Scarlett Dale      |
| 2 | Scotland         | 19 — | 4  | Naomi Lang      | 6  | Anna MacFadyen      | 9  | Laura Stark        |
| 3 | Wales            | 34 — | 8  | Kiara Frizele   | 10 | Abi Fisher          | 16 | Gracie Wheeler     |
| 4 | North            | 43 — | 5  | Claudia Cowan   | 14 | Juliet Downs        | 24 | Louise Whittingham |
| 5 | Scottish Schools | 44 — | 12 | Sarah Calvert   | 15 | Anisha Badial       | 17 | Charlotte McKenna  |
| 6 | Midlands         | 44 — | 11 | Lily Higgins    | 13 | Rebecca Twandochleb | 20 | Georgia Curry      |
| 7 | Welsh Schools    | 75 — | 22 | Naomi Reid      | 26 | Megan Bowen         | 27 | Laura Wright       |

## Junior Men — FINAL RESULTS

| Pos | Num | Name               | Club             | Time  |    |                     |                  |       |
|-----|-----|--------------------|------------------|-------|----|---------------------|------------------|-------|
| 1   | 37  | John Millar        | England          | 25:59 | 21 | 59 Alex Lawrence    | East             | 28:03 |
| 2   | 42  | Tristan Rees       | Scotland         | 26:23 | 22 | 69 Alex Hampson     | Midlands         | 28:10 |
| 3   | 35  | Lachlan Wellington | England          | 26:25 | 23 | 54 Ryan Gray        | Scottish Schools | 28:13 |
| 4   | 38  | Joshua Schofield   | England          | 26:27 | 24 | 44 Oliver Dickinson | Wales            | 28:18 |
| 5   | 64  | Nathan Dunn        | North            | 26:31 | 25 | 66 Joe Massingham   | North            | 28:23 |
| 6   | 36  | Angus McMillan     | England          | 26:35 | 26 | 62 Afewerk Rossum   | East             | 28:28 |
| 7   | 40  | Freddie Carcas     | Scotland         | 26:48 | 27 | 58 Magnus Tait      | Scottish Schools | 28:35 |
| 8   | 63  | Joseph Dugdale     | North            | 26:54 | 28 | 48 Larry Ryan       | Welsh Schools    | 28:36 |
| 9   | 39  | Gavin Bryson       | Scotland         | 26:59 | 29 | 71 Richard Bartram  | Guernsey         | 28:42 |
| 10  | 67  | Shaun Evans        | Midlands         | 27:00 | 30 | 51 Ethan Ackroyd    | Welsh Schools    | 28:44 |
| 11  | 41  | James Donald       | Scotland         | 27:13 | 31 | 55 Cameron Watson   | Scottish Schools | 28:46 |
| 12  | 65  | Hedley Hardcastle  | North            | 27:14 | 32 | 50 Morgan James     | Welsh Schools    | 28:50 |
| 13  | 46  | James Vincent      | Wales            | 27:20 | 33 | 74 Alex Rowe        | Guernsey         | 28:57 |
| 14  | 47  | Elliot Lawrence    | Welsh Schools    | 27:22 | 34 | 53 Callum Tharme    | Scottish Schools | 29:02 |
| 15  | 60  | Ben Davis          | East             | 27:33 | 35 | 72 Daniel Galpin    | Guernsey         | 29:06 |
| 16  | 70  | Connor Smith       | Midlands         | 27:39 | 36 | 68 Oliver Freer     | Midlands         | 29:12 |
| 17  | 56  | Andrew Rolland     | Scottish Schools | 27:41 | 37 | 49 Ben Bartlett     | Welsh Schools    | 29:26 |
| 18  | 45  | Dominic Smith      | Wales            | 27:43 | 38 | 52 Jacson Mountford | Welsh Schools    | 29:32 |
| 19  | 43  | Joe Crutchley      | Wales            | 27:55 | 39 | 61 Amanuel Tesfay   | East             | 30:18 |
| 20  | 57  | Robert Sparks      | Scottish Schools | 27:59 | 40 | 73 Samuel Galpin    | Guernsey         | 31:40 |

## Junior Men — TEAM RESULTS

|   |                  |      |    |                 |    |                    |    |                   |
|---|------------------|------|----|-----------------|----|--------------------|----|-------------------|
| 1 | England          | 8 —  | 1  | John Millar     | 3  | Lachlan Wellington | 4  | Joshua Schofield  |
| 2 | Scotland         | 18 — | 2  | Tristan Rees    | 7  | Freddie Carcas     | 9  | Gavin Bryson      |
| 3 | North            | 25 — | 5  | Nathan Dunn     | 8  | Joseph Dugdale     | 12 | Hedley Hardcastle |
| 4 | Midlands         | 48 — | 10 | Shaun Evans     | 16 | Connor Smith       | 22 | Alex Hampson      |
| 5 | Wales            | 50 — | 13 | James Vincent   | 18 | Dominic Smith      | 19 | Joe Crutchley     |
| 6 | Scottish Schools | 60 — | 17 | Andrew Rolland  | 20 | Robert Sparks      | 23 | Ryan Gray         |
| 7 | East             | 62 — | 15 | Ben Davis       | 21 | Alex Lawrence      | 26 | Afewerk Rossum    |
| 8 | Welsh Schools    | 72 — | 14 | Elliot Lawrence | 28 | Larry Ryan         | 30 | Ethan Ackroyd     |
| 9 | Guernsey         | 97 — | 29 | Richard Bartram | 33 | Alex Rowe          | 35 | Daniel Galpin     |

# Home Countries International Cross Country at Woolaton Park, Nottingham on Saturday 24th March 2018

## Senior Women — FINAL RESULTS

| Pos | Num | Name                 | Club     | Time  |    |                      |          |       |
|-----|-----|----------------------|----------|-------|----|----------------------|----------|-------|
| 1   | 78  | Eleanor Vernon       | England  | 28:54 | 11 | 92 Emma Holt         | North    | 31:21 |
| 2   | 76  | Beth Hawling         | England  | 29:39 | 12 | 90 Hannah Brown      | North    | 31:45 |
| 3   | 75  | Charlott Christensen | England  | 29:43 | 13 | 84 Bronwen Jenkinson | Wales    | 32:10 |
| 4   | 81  | Anna Tait            | Scotland | 30:06 | 14 | 86 Justine Anthony   | East     | 32:20 |
| 5   | 85  | Beth Kidger          | Wales    | 30:25 | 15 | 80 Michelle Sandison | Scotland | 32:24 |
| 6   | 91  | Natasha Hatswell     | North    | 30:35 | 16 | 88 Rebekah Ward      | East     | 32:25 |
| 7   | 94  | Lon Handbury         | Midlands | 30:42 | 17 | 95 Lucy Holt         | Midlands | 32:38 |
| 8   | 79  | Kayleigh Jarrett     | Scotland | 30:45 | 18 | 93 Katie Allen       | Midlands | 33:02 |
| 9   | 82  | Jo Williams          | Scotland | 30:59 | 19 | 83 Lauren Cooper     | Wales    | 33:19 |
| 10  | 96  | Polly Keen           | Midlands | 31:06 |    |                      |          |       |

## Senior Women — TEAM RESULTS

|            |      |                    |                      |                        |
|------------|------|--------------------|----------------------|------------------------|
| 1 England  | 6 —  | 1 Eleanor Vernon   | 2 Beth Hawling       | 3 Charlott Christensen |
| 2 Scotland | 21 — | 4 Anna Tait        | 8 Kayleigh Jarrett   | 9 Jo Williams          |
| 3 North    | 29 — | 6 Natasha Hatswell | 11 Emma Holt         | 12 Hannah Brown        |
| 4 Midlands | 34 — | 7 Lon Handbury     | 10 Polly Keen        | 17 Lucy Holt           |
| 5 Wales    | 37 — | 5 Beth Kidger      | 13 Bronwen Jenkinson | 19 Lauren Cooper       |

## Senior Men — FINAL RESULTS

| Pos | Num | Name            | Club     | Time  |    |                      |          |       |
|-----|-----|-----------------|----------|-------|----|----------------------|----------|-------|
| 1   | 100 | Adam Hickey     | England  | 31:44 | 11 | 116 Daniel Hallam    | Midlands | 33:34 |
| 2   | 97  | Carl Avery      | England  | 32:24 | 12 | 111 Grant Twist      | East     | 33:42 |
| 3   | 101 | Andy Douglas    | Scotland | 32:47 | 13 | 117 Joe Smith        | Midlands | 33:52 |
| 4   | 98  | Peter Huck      | England  | 32:56 | 14 | 112 James Douglas    | North    | 34:03 |
| 5   | 115 | Jack Gray       | Midlands | 33:03 | 15 | 99 Jack Millar       | England  | 34:07 |
| 6   | 118 | Alistair Watson | Midlands | 33:06 | 16 | 113 Harry Powell     | North    | 34:17 |
| 7   | 103 | Calum McKenzie  | Scotland | 33:16 | 17 | 110 Jack Parslow     | East     | 34:24 |
| 8   | 107 | Phil Matthews   | Wales    | 33:18 | 18 | 105 Gareth Griffiths | Wales    | 34:38 |
| 9   | 114 | Robert Warner   | North    | 33:21 | 19 | 109 Alex Milne       | East     | 34:51 |
| 10  | 106 | Ciaran Lewis    | Wales    | 33:29 | 20 | 108 Ben Heron        | East     | 35:35 |

## Senior Men — TEAM RESULTS

|            |      |                 |                   |                     |
|------------|------|-----------------|-------------------|---------------------|
| 1 England  | 7 —  | 1 Adam Hickey   | 2 Carl Avery      | 4 Peter Huck        |
| 2 Midlands | 22 — | 5 Jack Gray     | 6 Alistair Watson | 11 Daniel Hallam    |
| 3 Wales    | 36 — | 8 Phil Matthews | 10 Ciaran Lewis   | 18 Gareth Griffiths |
| 4 North    | 39 — | 9 Robert Warner | 14 James Douglas  | 16 Harry Powell     |
| 5 East     | 48 — | 12 Grant Twist  | 17 Jack Parslow   | 19 Alex Milne       |