

MEDLEY RELAY TEAMS

NAME	N0.	400M	300M	200M	200M	100M
WAN (We're all Winners)	274	Matthew Boules	Sophie Ure	Michael Wards	Katie Crawford	Kirsten Morris
Nae Chance!	266	Bob Douglas	Katie Craig	Ellissa McQueen	James Vivian	Megan Forrester
Livi Lions	260	Calum McLean	Eve Allison	Georgia Fraser	Angus McDonald	Roxanne Hardie
Let's Go Team 4	326	Fraser Morris	Abby Duncan	Courtney Moffat	Ella Watson	Alex Thomson
TRALE (Pronounced Trail)	328	Tammo Foad	Eilidh Brown	Rachel Gibb	Anna Allison	Lucas Frame
MAACD	334	Aidan Brady	Aidan McKeown	Charlie Maree Nolan	Matthew Power	Daniel Sutherland
Stephen's Favourites	330	Lewis MacIver	Hannah Mairs	Finlay Porteous	Alex White	Max Pickard
The Champions	261	Ricky Arthurs	Isla Calvert	Chloe McAlear	Dylan Richardson	Mia Sokoluk
IDK KO Code 358675123	270	Andrew Russell	David Threlfall	Rhys Ross	Andrew Cowie	Maia Campbell
Team 10	332	Ryan White	Rebecca Calder	Owen McDonald	Jonathan Marshall	Calum Anderson
The Fast Ones	246	Alastair White	Iona McDonald	Aisling McCusker	Eve Neally	Lucy Boules

RESERVES: Ryan Carroll, Logan Tait, Fraser Steele, Ruari Bell, Calum Ireland

NOTES:

- Running order is: 400m, 300m, 2x 200m, 100m.
- Team members can switch distances, but the 100m runner should wear the team's allocated vest number.