

June 2017

Throws GP 3 - Discus

Event	Age group	Age group	Weight	First name	Surname	Club	PB	Event Number	Distance	GP Points	PB points	Total Points
DT	U13W	U11W	0.75kg	Meghan	Porterfield	VP-Glasgow AC	27.81	3B	30.10	6	1	7
DT	SM		2kg	Angus	McInroy	Sgftesbury Barnet Harriers	58.77	14	50.26	4	0	4
DT	U13W		0.75kg	Danielle	McNamara	Falkirk Victoria	18.00	6	20.82	3	1	4
DT	U17M		1.5kg	Ruaridh	Lang	Morpeth Harriers	47.24	14	41.56	4	0	4
DT	SW		1kg	Tara	Park	North Ayrshire AC	48.00	14	38.56	3	0	3
DT	U15M		1.25kg	Danny	Gracie	Annan& Dist	36.52	14	33.68	3	0	3
DT	U15W		1kg	Hayley	Berry	Law & District AAC	31.62	14	26.26	3	0	3
DT	U17M		1.5kg	John	Angus	Aberdeen	37.22	14	37.14	3	0	3
DT	U17W		1kg	Emma	Gunn	Montrose & District AC	28.39	3B	29.39	2	1	3
DT	U20M		1.75kg	Harry	Zagorski	Inverness Harriers	36.76	14	38.58	2	1	3
DT	SM	T20	2kg	Liam	Nolan	Forth Valley Flyers	19.44	6	22.00	1	1	2
DT	SW		1kg	Hannah	Hogben	VP-Glasgow AC	34.03	3A	33.67	2	0	2
DT	U13M		1kg	Craig	MacLennan	Inverness Harriers AAC	17.39	6	18.73	1	1	2
DT	U15W		1kg	Shannon	Gough	Law & District AAC		6	21.57	1	1	2
DT	U17M		1.5kg	Matthew	Law	Arbroath&Dist	39.32	14	36.18	2	0	2
DT	U17W		1kg	April	Heggie	Perth Strathtay Harriers	25.38	3A	25.88	1	1	2
DT	U17W		1kg	Heather	Welsh	Nairn Area AAC		3A	24.54	1	1	2
DT	U17W		1kg	Lucy	Wroe	Whitemoss	30.10	3B	28.99	2	0	2
DT	U15M		1.25kg	David	Rose	Perth Strathtay Harriers	15.70	6	18.05	0	1	1
DT	U15M		1.25kg	Craig	Watts	Inverness Harriers	28.16	3A	26.53	1	0	1
DT	U15W		1kg	Rebekah	Rose	Perth Strathtay Harriers	24.13	3A	20.90	1	0	1
DT	U17M		1.5kg	Connor	Currie	Team East Lothian	34.17	14	29.90	1	0	1
DT	U17M		1.5kg	Steven	Sey	Aberdeen AC	29.18	14	28.66	1	0	1
DT	U17W		1kg	Rachel	MacLennan	Inverness Harriers	26.61	3B	25.55	1	0	1
DT	U20W		1kg	Rebecca	Porter	Herts Phoenix	37.28	14	30.60	1	0	1
DT	U15M		1.25kg	Oliver	Maher	Giffnock North AAC	24.04	3B	23.58	0	0	0
DT	U15W		1kg	Stella	Couts	Cumbernauld	17.61	6	16.87	0	0	0
DT	U17M		1.5kg	George	Russell	Inverness Harriers	28.88	3B	28.04	0	0	0
DT	U20M	F37	1kg	Dylan	Keville	North Shields Polytechnic	32.81	3B	32.57	0	0	0
DT	U17W		1kg	Ellen	Ranklin	Dunfermline		6	17.46	0	0	0

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Throws GP 3 - Hammer

Event	Age group	Age group	Weight	First name	Surname	Club	PB	Event Number	Distance	GP Points	PB points	Total Points
HT	U15W		3kg	Kirsty	Costello	Kilbarchan AAC	54.90	8	55.92	6	1	7
HT	U13W		2kg	Meghan	Porterfield	VP-Glasgow AC	43.40	8	36.11	6	0	6
HT	U20W		4kg	Stephanie	Fowler	Edinburgh AC	51.39	8	50.37	6	0	6
HT	U13W		3kg	Dawn	Russell	Law & District		10	33.07	4	1	5
HT	SW	W35	4kg	Mhairi	Porterfield	VP-Glasgow AC	58.47	12	53.15	4	0	4
HT	U15M		4kg	Danny	Gracie	Annan and Dist	50.13	12	46.48	4	0	4
HT	U17W		3kg	Martyna	Kolan	Edinburgh AC	44.91	8	43.67	4	0	4
HT	U17W		3kg	Rachel	MacLennan	Inverness Harriers	46.10	8	41.60	4	0	4
HT	U17M		5kg	Matt	MacFarlane	Inverness Harriers	44.75	12	46.32	2	1	3
HT	U17W		3kg	Heather	Welsh	Nairn Area AAC	25.97	10	31.68	2	1	3
HT	SM		7.26kg	Nicky	Stone	Nairn Area AAC	48.14	12	46.13	2	0	2
HT	SM	M35	7.26kg	David	Little	Shettleston Harriers	59.15	12	46.79	2	0	2
HT	SW		4kg	Tara	Park	North Ayrshire AC	50.30	12	40.45	2	0	2
HT	SW		4kg	Mia	Shepherd	Kilbarchan	41.94	8	39.78	2	0	2
HT	U13W		2kg	Sarah	Dyer	Kilbarchan AAC	30.63	10	27.18	2	0	2
HT	U13W		2kg	Danielle	McNamara	Falkirk Victoria Harriers	31.95	8	25.37	2	0	2
HT	U15M		4kg	Oliver	Maher	Giffnock North AAC	30.22	8	34.28	1	1	2
HT	U15W		3kg	Amy	Colliar	Inverness Harriers	31.58	10	32.49	1	1	2
HT	U15W		3kg	Stella	Couts	Cumbernauld	41.37	8	38.01	2	0	2
HT	U17W		3kg	April	Heggie	Perth Strathtay Harriers	32.72	10	30.03	2	0	2
HT	SM		7.26kg	Shane	Hand	Kilbarchan	43.37	8	39.61	1	0	1
HT	SW		4kg	Hannah	Hogben	VP-Glasgow AC	44.25	8	36.94	1	0	1
HT	U13M	L/H	3kg	Craig	MacLennan	Inverness Harriers AAC	18.71	10	21.12	0	1	1
HT	U15W		3kg	Rachel	Muir	Kilbarchan AAC	19.00	10	22.64	0	1	1
HT	U20W		4kg	Rebecca	Porter	Herts Pheonix	23.83	10	29.54	0	1	1
HT	SM	M37	7.26kg	Graham	Porterfield	Central	38.39	12	38.23	0	0	0
HT	SW	W50	3kg	Julie	Porter	Pittrreavie AC	25.21	10	20.84	0	0	0
HT	U15M		4kg	David	Rose	Perth Strathtay Harriers	17.43	10	17.25	0	0	0
HT	U20M		6kg	Ruaridh	Gray	Inverness Harriers	51.35	12	43.86	0	0	0

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Throws GP 3 - Javelin

Event	Age group	Age group	Weight	First name	Surname	Club	PB	Event Number	Distance	GP Points	PB points	Total Points
JT	U15W		500grm	Emma	Solley	Edinburgh AC	29.95	2B	32.44	4	1	5
JT	U13W		400grm	Dawn	Russell	Law & District AAC		2B	23.47	3	1	4
JT	U15W		500grm	Claudia	Preiss	Edinburgh AC	26.95	2B	27.10	3	1	4
JT	U17W		500grm	Keira	Waddell	Edinburgh AC	42.51	2A	40.01	4	0	4
JT	U15W		500grm	Lauryn	Wood	Perth Strath	32.95	5	27.45	3	0	3
JT	U15W		500grm	Sara	Barbour	Kilmarnock H&AC	29.64	2B	28.55	3	0	3
JT	SW		600grm	Jade	Nimmo	VP-Glasgow AC	28.00	2B	30.11	1	1	2
JT	U17W		500grm	Amy	Leith	Ayr Seaforth AAC	34.96	5	32.28	2	0	2
JT	U17W		500grm	April	Heggie	Perth Strathtay Harriers	30.78	2B	28.88	2	0	2
JT	U13M		400grm	Daniel	Martin	Giffnock North AAC	23.69	2A	23.60	1	0	1
JT	U13W		400grm	Imogen	Maher	Giffnock North AAC	12.61	2A	12.68	0	1	1
JT	U15M		600grm	David	Rose	Perth Strathtay Harriers	16.27	2A	18.49	0	1	1
JT	U15W		500grm	Shannon	Gough	Law & District AAC	16.47	2B	17.23	0	1	1
JT	U17M		700grm	Connor	Currie	Team East Lothian	27.76	2B	33.99	0	1	1
JT	U17W		500grm	Ruby	Dunkley	Nairn Area AAC		2A	23.18	0	1	1
JT	U20M		800grm	Finlay	MacLeay	Inverness Harriers AAC	45.94	5	46.67	0	1	1
JT	SW		600grm	Lee-Ann	Gunn	Montrose & District AC	24.54	2A	21.78	0	0	0
JT	U15M		600grm	Craig	Watts	Inverness Harriers	30.22	2B	29.02	0	0	0
JT	U15W		500grm	Rebekah	Rose	Perth Strathtay Harriers	20.93	2B	19.98	0	0	0
JT	U17M		700grm	Steven	Sey	Aberdeen AC	26.93	5	24.27	0	0	0
JT	U17W		500grm	Emma	Gunn	Montrose & District AC	24.10	2A	23.55	0	0	0
JT	U17W		500grm	Ellen	Ranklin	Dunfermline T&F Club	20.92	2A	16.93	0	0	0
JT	U17W		500grm	Lucy	Wroe	Whitemoss	26.48	2A	22.79	0	0	0
JT	U20M	U18M	700grm	David	Lees	Larkhall YMCA Harriers	50.11	5	46.28	0	0	0
JT	U20M	F37	800grm	Dylan	Keville	North Shields Polytechnic	22.80	2A	19.19	0	0	0

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Throws GP 3 - Shot

Event	Age		Weight	First name	Surname	Club	Event			GP Points	PB		Total
	group	group					PB	Number	Distance		points	Points	
SP	U13W	U11W	2.72kg	Meghan	Porterfield	VP-Glasgow AC	9.76	13	10.06		6	1	7
SP	U15W		3kg	Kara	Thompson	Shettleston Harriers	10.23	11	10.56		4	1	5
SP	SW		4kg	Tara	Park	North Ayrshire AC	10.00	11	11.13		3	1	4
SP	SW	W35	4kg	Mhairi	Porterfield	VP-Glasgow AC	13.78	11	13.17		4	0	4
SP	U15W		3kg	Hayley	Berry	Law & District AAC	11.17	11	10.16		4	0	4
SP	U17W		3kg	Lucy	Wroe	Whitemoss	10.00	13	10.03		3	1	4
SP	U13M		3.25kg	Daniel	Martin	Giffnock North AAC	7.82	9	8.24		2	1	3
SP	U15M		4kg	Danny	Gracie	Annan&Dist	12.17	11	11.86		3	0	3
SP	U15W		3kg	Stella	Coutts	Cumbernauld	7.87	9	9.23		2	1	3
SP	U15W		3kg	Emma	Solley	Edinburgh AC	9.79	13	9.29		3	0	3
SP	U15W		3kg	Shannon	Gough	Law & District AAC		9	9.00		2	1	3
SP	U17M		5kg	John	Angus	Aberdeen	13.13	11	12.96		3	0	3
SP	SW		4kg	Jade	Nimmo	VP-Glasgow AC	11.27	11	10.75		2	0	2
SP	U17W		3kg	Emma	Gunn	Montrose & District AC	9.80	9	8.92		2	0	2
SP	U20M		6kg	Harry	Zagorski	Inverness Harriers	11.83	11	12.18		1	1	2
SP	U15M		4kg	Oliver	Maher	Giffnock North AAC	9.28	13	10.04		0	1	1
SP	U15W		3kg	Rebekah	Rose	Perth Strathtay Harriers	8.15	13	8.12		1	0	1
SP	U17W		3kg	Ellen	Ranklin	Dunfermline T&F Club	9.35	13	8.56		1	0	1
SP	U17W		3kg	Heather	Welsh	Nairn Area AAC	8.67	13	8.46		1	0	1
SP	SM	M35	7.26kg	Graham	Porterfield	VP-Glasgow AC	11.90	11	11.39		0	0	0
SP	SM	T20	7.26kg	Liam	Nolan	Forth Valley Flyers	7.87	9	7.71		0	0	0
SP	U13W		2.72kg	Imogen	Maher	Giffnock North AAC	5.90	9	5.30		0	0	0
SP	U15W		3kg	Amy	Collier	Inverness Harriers	7.58	9	6.83		0	0	0
SP	U17M		5kg	Connor	Currie	Team East Lothian	10.53	11	10.19		0	0	0
SP	U20M	F37	6kg	Dylan	Keville	North Shields Polytechnic	8.81	9	6.98		0	0	0