

Timetable Friday 9th June 2017

Track Events

Event No	Time	Event	Progress	Age Group
1	11:00am	800m	4 heats	Girls D
2	11:15am	800m	3 heats	Boys D
3	11:25am	800m	4 heats	Girls C
4	11:40am	800m	4 heats	Boys C
5	11:55am	100m	5 heats	Girls B
6	12:15pm	100m	7 heats	Boys B
7	12:37pm	100m	4 heats	Boys A
8	12:49pm	100m	3 heats	Girls A
9	1:00pm	3000m	<b>Final</b>	Girls A/B
10	1.15pm	100m	Semi-final	Girls B
11	1.18pm	100m	Semi-final	Boys B
12	1:25pm	800m	<b>Final</b>	Girls C
13	1:30pm	800m	<b>Final</b>	Boys C
14	1:35pm	1500m	3 heats	Girls D
15	1:55pm	1500m	2 heats	Boys D
16	2:10pm	1500m	3 heats	Girls B
17	2:30pm	1500m	3 heats	Boys B
18	2:50pm	1500m	2 heats	Boys A
19	3:00pm	1500m	<b>Final</b>	Girls A
20	3:10pm	300m	5 heats	Girls B
21	3:25pm	100m	<b>Final</b>	Boys A
22	3:28pm	100m	<b>Final</b>	Girls A
23	3:31pm	100m	<b>Final</b>	Girls B
24	3:34pm	100m	<b>Final</b>	Boys B
25	3:40pm	400m	4 heats	Boys B
26	3:50pm	400m	2 heats	Girls A
27	3:55pm	400m	2 heats	Boys A
28	4:00pm	3000m	<b>Final</b>	Boys B
29	4:15pm	80m H	3 heats	Girls B
30	4:25pm	100m H	2 heats	Girls A
31	4:30pm	100m H	2 heats	Boys B
32	4:35pm	110m H	<b>Final</b>	Boys A
33	4:40pm	200m	5 heats	Girls D
34	4:55pm	200m	5 heats	Girls C
35	5:10pm	200m	3 heats	Boys D
36	5:20pm	200m	4 heats	Boys C
37	5:35pm	1500m	<b>Final</b>	Girls B
38	5:42pm	1500m	<b>Final</b>	Boys B
39	5:49pm	1500m	<b>Final</b>	Boys A
40	5:55pm	300m	<b>Final</b>	Girls B
41	6:00pm	200m	Semi-final	Girls D
42	6:05pm	200m	Semi-final	Girls C
43	6:10pm	400m	<b>Final</b>	Boys B
44	6:13pm	400m	<b>Final</b>	Girls A
45	6:16pm	400m	<b>Final</b>	Boys A
46	6:20pm	5000m	<b>Final</b>	Boys A
47	6:40pm	100m H	<b>Final</b>	Boys B
48	6:43pm	100m H	<b>Final</b>	Girls A
49	6:46pm	80m H	<b>Final</b>	Girls B
50	6:50pm	200m	<b>Final</b>	Boys D
51	6:52pm	200m	<b>Final</b>	Boys C
52	6:55pm	200m	<b>Final</b>	Girls D
53	6:57pm	200m	<b>Final</b>	Girls C

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Field Events

Event No	Time	Event	Age Group
1	09:30am	Hammer	Boys A/B
2	10:30am	Hammer	Girls A/B
3	11:00am	High Jump	Boys B
4		Shot Putt	Girls D
5		Long Jump	Boys C
6	12:00pm	Pole Vault	Girls A/B/C/D
7		Shot Putt	Boys C
8		Javelin	Boys B
9	12:30pm	Long Jump	Girls C
10	1:00pm	High Jump	Girls C
11		Javelin	Girls A/B
12	2:00pm	Long Jump	Boys A
13		Shot Putt	Boys A
14		Javelin	Girls C
15	3:00pm	Shot Putt	Girls B
16		Discus	Boys B
17	3:30pm	Long Jump	Girls A
18	4:00pm	High Jump	Girls D
19		Discus	Boys A
20		Shot Putt	Girls A
21	4:30pm	Triple Jump	Boys B

**NB If heats are not required, Finals will be held at heat time.  
If Semi-Finals are not required, Finals will be held at Semi-Final Time**

**This may have an effect on timings. Please listen for announcements**