

The Scottish Schools' Athletic Association

Entry Standards for Indoor Championships [Revised 2016]

Please ensure that only athletes who have achieved these standards are entered.

UNDER 16 GIRLS

60m Hcls 10.30 [75mH- 13.00]

60m 8.65 [100m-14.00]

200m 28.30

300m 47.00

800m 2.35

1500m 5.30

High Jump 1m.35
[Starting Height 1m30]

Long Jump 4m.70

Shot 7m.50

Pole Vault 2m.20
[Starting Height 2m]

OVER 16 GIRLS

10.00 [80mH-13.80]

8.50 [100m-13.80]

27.50

46.50

2.30

5.10

1m.45
[Starting Height 1m.35]

4m.80

8m.50

2m.40
[Starting Height 2m.20]

The Scottish Schools' Athletic Association

Entry Standards for Indoor Championships [Revised 2016]

Please ensure that only athletes who have achieved these standards are entered.

UNDER 16 BOYS

60m Hdls 10.00 [80mH-14.00]

60m 7.90 [100m-13.10]

200m 26.30

400m 58.00

800m 2.25

1500m 4.55

High Jump 1m.50
[Starting Height 1m.40]

Long Jump 5m

Shot 9m.50

Pole Vault 2m.30
[Starting Height 2m.20]

OVER 16 BOYS

9.60 [100mH-15.60]

7.65 [100m-12.60]

25.00

56.00

2.15

4.35

1m.65
[Starting Height 1m.60]

5m40

10m

2m.80
[Starting Height 2m.60]