

**Straight Track**

<b>Time</b>	<b>Event</b>	<b>Age</b>
10.00	60m Hurdles	Sen M
	60m Hurdles	U20M
	60m Hurdles	U17M
	60m Hurdles	SW
	60m Hurdles	U20W
	60m Hurdles	U15B
	60m Hurdles	U17W
	60m Hurdles	U15G/U13B
	60m Hurdles	U13B
	60m Hurdles	U13G
11.15	60m	OPEN

**LUNCH****Circular Track**

<b>Time</b>	<b>Event</b>	<b>Age</b>
10.00	800m	OPEN
11.30	400M	OPEN
12.40	300M	U17W,U15G/B
13.15	<b>LUNCH</b>	
13.40	1500m	OPEN
15.05	200m	OPEN
17.30	Approx time of last heat	

**Field**

<b>Time</b>	<b>Event</b>	<b>Pool</b>
10.00	Long Jump	Pool 4
10.00	Shot Putt	Pool 2
10.00	Triple Jump	Pool 1
10.15	Pole Vault	Pool 2
11.30	Triple Jump	Pool 2
11.30	Shot Putt	Pool 1
11.30	Long Jump	Pool 6
12.30	Pole Vault	Pool1
13.00	Shot Putt	Pool 3
13.00	Long Jump	Pool 1
14.00	High Jump	Pool 4
14.00	High Jump	Pool 1
14.30	Long Jump	Pool 3
14.30	Shot Putt	Pool 4
16.15	High Jump	Pool 3
16.15	High Jump	Pool 2
16.15	Long Jump	Pool 2
16.15	Long Jump	Pool 5