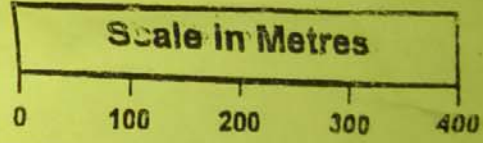
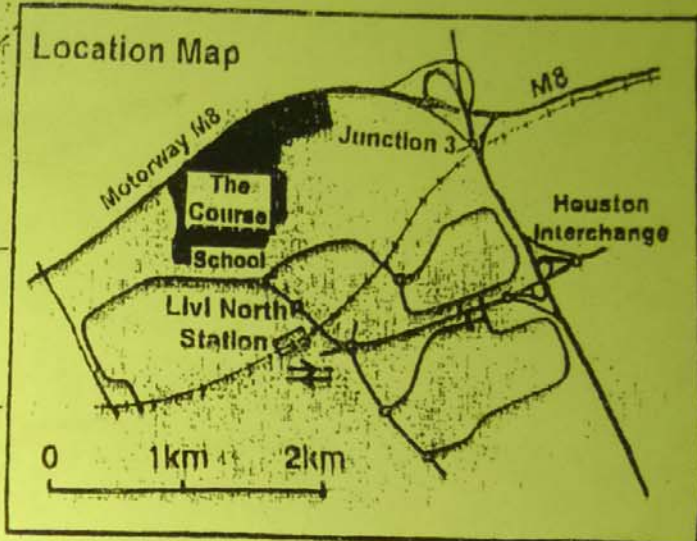
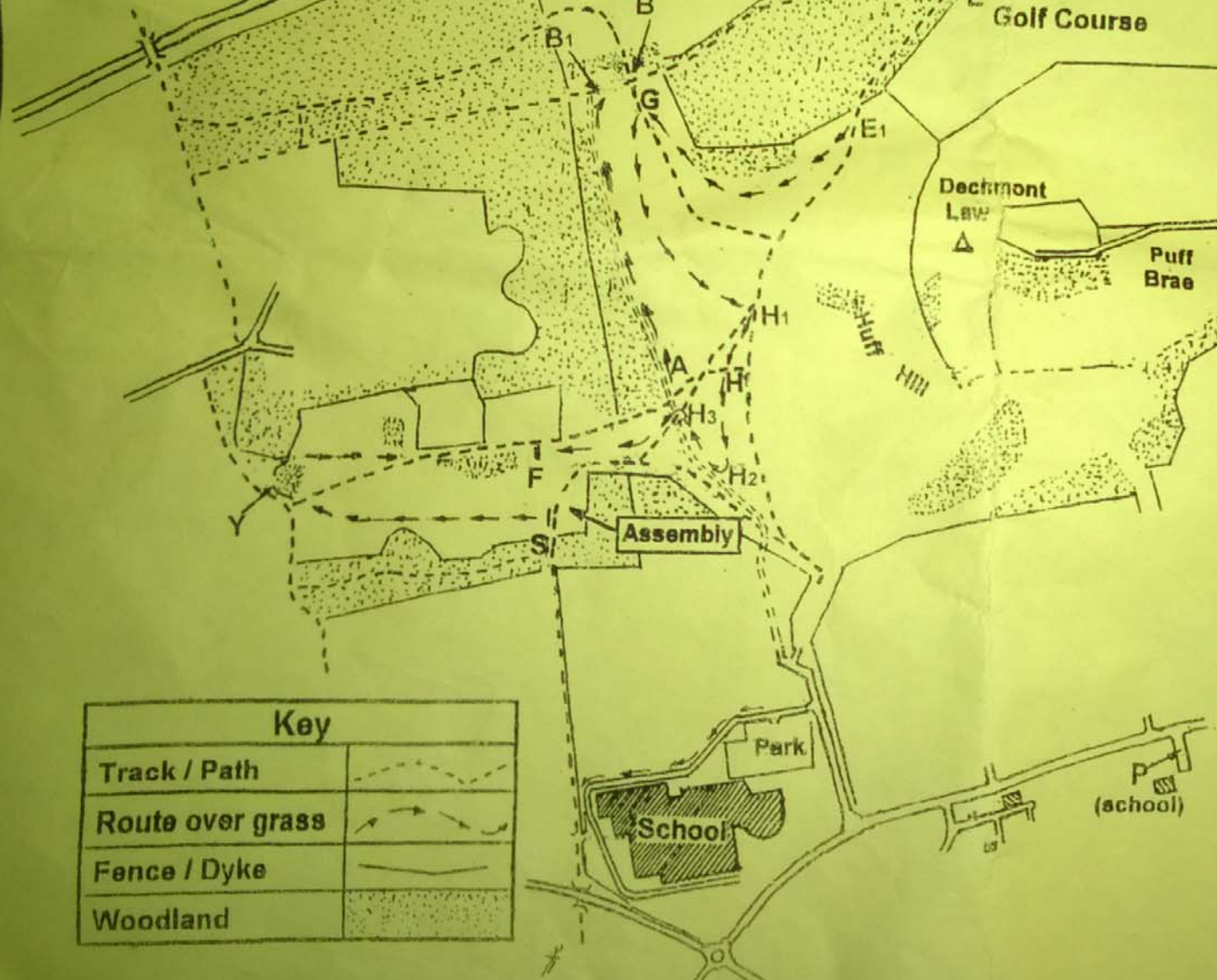


# West Lothian Schools & S.D.S. XC Races

Deans, Livingston.

## Marshals

M8 motorway



Key	
Track / Path	
Route over grass	
Fence / Dyke	
Woodland	

Schedule (Courses all suitable for spikes)			
Event	Time	Course	Km
P6 Girls	12.45	S-A-H-F	1.1
P6 Boys	12.55	S-A-H-F	1.1
P7 Girls	1.05	S-A-H-F	1.1
P7 Boys	1.15	S-A-H-F	1.1
S1G	1.25	S-A-B-G-H-F	1.7
S1B	1.35	S-A-B-G-H-F	1.7
S2G	1.45	S-A-B-C-E-G-H-F	2.5
S2B	1.55	S-A-B-C-E-G-H-F	2.5
S3G	2.05	S-A-B-C-E-G-H-F	2.5
S3B	2.15	S-A-B-C-E-G-H-F	2.5
S4/5/6G	2.25	S-A-B-C-E-G-H-F	2.5
S4/5/6B	2.35	S-A-B-C-D-E-G-H-F	3.25