



Division	National 1
Match	Match 2
Date	Saturday 07/06/2014

Venue	Gateshead
Host	Gateshead H & AC

Bib	TEAM NAMES	
1	Blackheath & Bromley H	BB
2	Gateshead Harriers & AC	GATE
3	Glasgow City	GLAS
4	Herne Hill Harriers	HHH
5	Kent AC	KENT
6	Thames Valley Harriers	TVH
7	Windsor Slough Eton & Hounslow AC	WSEH
8	Woodford Green w Essex Ladies	WGEL

Points After 19 Events										
POINTS			GRADES			STATS				
Track	Field	Total	1	2	3	Team	T/RFA	HCA	U17s	U20s
110	74	184	1		5	15	2	1		2
148	138	286	2	5	6	26		2		6
179	116	295	3	7	5	30	2	1		2
158	88.33	246.3	4	7	3	20	1	1	2	3
133	92.33	225.3	1	2	8	22	1			
150	132	282	2	5	7	24	6	3		1
128	151	279	4	1	9	26	1	1	1	6
210	162.3	372.3	5	6	9	30	3	2		2
			22	33	52	193	16	11	3	22

Positions	Club	Points	League	B/F	TOTAL	B/F	TOTAL
1	Woodford Green w Essex Ladies	372.3	8	8	16	399.0	771.3
2	Glasgow City	295.0	7	7	14	282.0	577.0
3	Gateshead Harriers & AC	286.0	6	1	7	229.0	515.0
4	Thames Valley Harriers	282.0	5	4	9	254.0	536.0
5	Windsor Slough Eton & Hounslow AC	279.0	4	2	6	237.0	516.0
6	Herne Hill Harriers	246.3	3	3	6	241.0	487.3
7	Kent AC	225.3	2	6	8	268.0	493.3
8	Blackheath & Bromley H	184.0	1	5	6	258.0	442.0

STANDINGS AFTER Match 2			
Positions	Club	Points	League
1	Woodford Green w Essex Ladies	16.0	771.3
2	Glasgow City	14.0	577.0
3	Thames Valley Harriers	9.0	536.0
4	Kent AC	8.0	493.3
5	Gateshead Harriers & AC	7.0	515.0
6	Windsor Slough Eton & Hounslow AC	6.0	516.0
7	Herne Hill Harriers	6.0	487.3
8	Blackheath & Bromley H	6.0	442.0



Track RESULTS

T1 400m H 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	4	BLADE Ashby	HHH	52.80	2
2	2	DEMPSEY David	GATE	53.55	2
3	3	HENDERSON Conner	GLAS	53.92	2
4	8	BAKER Mike	WGEL	55.78	3
5	6	MCALISTER Chris	TVH	56.12	3
6	1	HARRISON Edward	BB	58.04	
7	7	DOREY Max	WSEH	59.06	
8	5	ROGHI Jean-Charles	KENT	59.54	

T1 400m H 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	88	DYER Ewan	WGEL	53.96	2
2	33	DOWNIE Michael	GLAS	54.44	2
3	55	DAVIS-PHILIP Antoni	KENT	56.08	3
4	44	OGUNLADE Isaac	HHH	57.73	
5	22	KAUFMAN Richard	GATE	58.23	
6	66	MANN Jonathan	TVH	58.32	
7	77	GIBBONS Stirling	WSEH	62.52	
8	11	HOOSON Max	BB	73.34	

T2 800m 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	7	TOVEY Alex	WSEH	01:54.28	3
2	3	WILLIAMS Greg	GLAS	01:54.67	3
3	8	PHILLIPS Tom	WGEL	01:56.63	3
4	6	SEXTON Kieron	TVH	01:56.83	3
5	2	SIMMS Adam	GATE	01:57.55	3
6	4	CUMMINGS Michael	HHH	01:54.00	3
7	5	DAVIS Hassan	KENT	02:02.15	
8	1	BOOTH Mark	BB	02:07.32	

T2 800m 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	33	MUIR Grant	GLAS	01:56.48	3
2	88	MANSOUR Omar	WGEL	01:56.52	3
3	22	URWIN Greg	GATE	01:57.09	3
4	55	HIND Owen	KENT	01:57.14	3
5	77	NASRAT James	WSEH	01:58.99	3
6	44	NADEW Feysel	HHH	02:00.82	
7	11	DAVIES Richard	BB	02:01.74	
8	66	RUSSELL Robert	TVH	02:06.04	

T3 100m 'A'

Wind = -1.4

Posn	Bib	Athlete	Club	Perf	Gr
1	6	AMANING Edmond	TVH	10.77	1
2	2	CARSON Christian	GATE	10.85	2
3	4	POPOOLA Marvin	HHH	10.96	2
4	8	DEWAR Joseph	WGEL	11.02	3
5	7	PATTERSON Rhykiem	WSEH	11.03	3
6	3	DUNLOP Stephen	GLAS	11.15	
7	1	BOVELL Duayne	BB	11.17	
8	5	GREEN Darren	KENT	11.18	

T3 100m 'B'

Wind =

Posn	Bib	Athlete	Club	Perf	Gr
1	88	AYANFUL Eugene	WGEL	11.29	
2	44	ODURIYE Idris	HHH	11.41	
3	22	FERGUSON Chris	GATE	11.46	
4	77	LIMA Giziel	WSEH	11.47	
5	11	HYLTON Dean	BB	11.47	
6	66	COMMISSIONG Jason	TVH	11.51	
7	33	LAWSON Oliver	GLAS	11.63	
8	55	O'SHANE Witter	KENT	11.74	

T4 3000m S/Chase 'A'

Posn	Bib	Athlete	Club	Perf	Gr
1	3	OATES Lachlan	GLAS	09:05.67	2
2	8	MCKINLAY Ryan	WGEL	09:25.14	2
3	5	GREENWOOD Chris	KENT	09:49.49	3
4	6	RENFER Sean	TVH	09:56.15	
5	7	DITTON Nathan	WSEH	10:07.45	
6	4	CUNNINGHAM Jeffrey	HHH	10:24.72	
7	22	SIMMS Adam	GATE	10:55.20	
8	1	KENNEDY Daniel	BB	10:55.34	

T4 3000m S/Chase 'B'

Posn	Bib	Athlete	Club	Perf	Gr
1	33	DEASON Michael	GLAS	09:40.43	3
2	88	PLIBERSEK Tomaz	WGEL	10:06.23	
3	55	WILSON Jack	KENT	10:41.07	
4	44	TAYLEUR John	HHH	10:50.71	
5	66	BASHIR Mohamed	TVH	11:02.04	
6	77	BAYNHAM Gregory	WSEH	11:59.42	
7	2	FLANNERY Kieran	GATE	dnf	
8					

T5 110m H 'A'

Wind = -0.7

Posn	Bib	Athlete	Club	Perf	Gr
1	7	YARDE Joe	WSEH	15.08	3
2	1	CRYER Mark	BB	15.65	
3	5	APPIAH Joe	KENT	15.97	
4	3	DOWNIE Michael	GLAS	15.99	
5	6	COMMISSIONG Jason	TVH	16.15	
6	2	TURNBULL James	GATE	16.44	
7	8	SMITH Francis	WGEL	16.59	
8					

T5 110m H 'B'

Wind = -1.1

Posn	Bib	Athlete	Club	Perf	Gr
1	11	HARRISON Edward	BB	16.83	
2	22	KAUFMAN Richard	GATE	17.44	
3	55	ROGHI Jean-Charles	KENT	18.09	
4	77	WATERSON Russell	WSEH	18.51	
5	88	MCKINLAY Ryan	WGEL	19.97	
6	33	LITTLE David	GLAS	22.76	
7	66	VILGA Stanislav	TVH	23.36	
8					



Track RESULTS

T6 <u>400m 'A'</u>						T6 <u>400m 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	1	PUTNAM Daniel	BB	47.59	1	1	44	PHILLIPS Peter	HHH	48.37	1
2	3	LOUDON Gregor	GLAS	47.93	1	2	33	WATSON Sean	GLAS	48.90	2
3	4	ATWELL Nicholas	HHH	48.87	2	3	22	WILSON George	GATE	50.13	3
4	2	DEMPSEY David	GATE	49.59	3	4	88	SCANLAN Paul	WGEL	50.21	3
5	7	CLEMENTS Andrew	WSEH	50.07	3	5	11	JONES Matthew	BB	50.65	
6	5	WRIGHT Shawn	KENT	50.38		6	66	MITCHELL Delroy	TVH	51.22	
7	8	LAWRIE Jack	WGEL	50.83		7	77	THOMAS Jordan	WSEH	52.06	
8	6	KING Lloyd	TVH	51.36		8	55	SARGEANT Luke	KENT	53.87	

T7 <u>1500m 'A'</u>						T7 <u>1500m 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	7	TOVEY Alex	WSEH	03:58.57	3	1	5	BENTLEY Russell	KENT	04:03.79	
2	8	PHILLIPS Tom	WGEL	04:00.27		2	22	GREENWOOD Simeon	GATE	04:04.11	
3	6	MOHAMED Mohamed	TVH	04:01.07		3	88	LEWIS Gavin	WGEL	04:04.85	
4	3	MACAULEY Scott	GLAS	04:01.41		4	66	SEXTON Kieron	TVH	04:07.50	
5	55	ANSELL James	KENT	04:02.46		5	4	CUMMINGS Michael	HHH	04:07.62	
6	2	MASKELL Barry	GATE	04:03.57		6	77	GOODALL Alex	WSEH	04:08.34	
7	44	BUSAILEH Chris	HHH	04:06.12		7	33	WILLIAMS Greg	GLAS	04:29.20	
8	1	DAVIES Richard	BB	04:58.30		8					

T8 <u>200m 'A'</u>						T8 <u>200m 'B'</u>					
Wind = -1.0						Wind = -0.8					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	6	AMANING Edmond	TVH	21.38	1	1	44	ROBINSON Byron	HHH	21.98	2
2	8	ABIDDUN Omoloulu	WGEL	21.58	1	2	88	HOLLIGAN Tom	WGEL	22.41	
3	4	POPOOLA Marvin	HHH	21.83	2	3	22	FERGUSON Chris	GATE	22.53	
4	1	HYLTON Dean	BB	22.69		4	66	OLASUNKANMI James	TVH	22.67	
5	5	GREEN Darren	KENT	23.02		5	11	BOVELL Duayne	BB	22.83	
6	7	YARDE Joe	WSEH	23.17		6	77	TENUTA Bradley	WSEH	23.86	
7	2	MILLER Paul	GATE	23.23		7	55	O'SHANE Witter	KENT	31.02	
8						8					

T9 <u>5000m 'A'</u>						T9 <u>5000m 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	6	MOHAMUD AadaN	TVH	14:28.84	2	1	88	SHEPHERD Edward	WGEL	14:46.31	3
2	3	DEASON Michael	GLAS	14:44.16	2	2	55	GILBERT John	KENT	14:58.13	3
3	8	CRYER Martin	WGEL	14:45.88	3	3	33	OATES Lachlan	GLAS	15:33.45	
4	5	CONNOR James	KENT	14:47.83	3	4	66	HASKETT Mark	TVH	15:34.68	
5	1	RAYNER Andrew	BB	15:07.06	3	5	4	CUNNINGHAM Jeffrey	HHH	16:26.72	
6	44	BUSAILEH Chris	HHH	15:23.76		6	22	CONNELLY Kevin	GATE	16:41.28	
7	2	TURNER Joe	GATE	16:24.22		7	77	BAYNHAM Gregory	WSEH	19:22.52	
8	7	DITTON Nathan	WSEH	16:24.70		8					



Track RESULTS

RELAYS

T10 4 x 100m Relay

Posn	Bib					Perf	
1	8	DEWAR Joseph	ABIDDUN Omoloulu	HOLLIGAN Tom	AYANFUL Eugene	WGEL	41.41
2	4	OGUNLADE Isaac	ROBINSON Byron	POPOOLA Marvin	ODURIYE Idris	HHH	42.39
3	1	BOVELL Duayne	HYLTON Dean	PUTNAM Daniel	CRYER Mark	BB	42.42
4	6	SENIOR Jehvaun	COMMISSIONG Jason	OLASUNKANMI James	AMANING Edmond	TVH	42.64
5	3	CLARK David	DUNLOP Stephen	LAWSON Oliver	MARTIN David	GLAS	42.85
6	2	CARSON Christian	FERGUSON Chris	MILLER Paul	URWIN Greg	GATE	43.35
7	7	TENUTA Bradley	WATERSON Russell	DOREY Max	PATTERSON Rhykiem	WSEH	45.42
8	5	APIIAH Joe	WRIGHT Shawn	SARGEANT Luke	HALL, Max	KENT	48.82

T11 4 x 400m Relay

Posn	Bib					Perf	
1	3	LOUDON Gregor	WATSON Sean	HENDERSON Conner	HEATH Elliot	GLAS	03:17.52
2	8	DYER Ewan	SCANLAN Paul	ABIDDUN Omoloulu	BAKER Mike	WGEL	03:20.14
3	4	ATWELL Nicholas	BLADE Ashby	OGUNLADE Isaac	PHILLIPS Peter	HHH	03:27.17
4	2	URWIN Greg	WILSON George	DEMPSEY David	MILLER Paul	GATE	03:26.59
5	5	WRIGHT Shawn	DAVIS Hassan	DAVIS-PHILIP Antoni	ANSELL James	KENT	03:32.67
6	6	MITCHELL Delroy	MANN Jonathan	MOHAMED Mohamed	MCALISTER Chris	TVH	03:33.35
7	7	GIBBONS Stirling	DOREY Max	TOVEY Alex	CLEMENTS Andrew	WSEH	03:38.73
8							

T12 100m N/S

Posn	Bib	Athlete	Club	Perf	Gr
1		Marvin Popoola	HHH	11.09	3
2		David CLARKE	GLAS	11.58	
3		David Martin	GLAS	11.86	

Wind = -2.2

Discus (Guest)110m Hurdles (Guests)

Wind = -2.2

1

			Club	Perf	Gr
1	101	Byron ROBINSON	HHH	11.0	2
2		Nicholas ATEWLL	HHH	11.4	
3		Justin DURU	WGEL	11.5	
4		Chaka MAILLET	TVH	11.5	
5		Bradley TENUTA	WSEH	11.6	
6		Jevaur STNIA	TVH	11.6	

Long Jump1500M

Dan Gurton 04:01.7 WGEL

Long Jump (Best Legals)Triple Jump (Best Legals)

200M N/S

Wind -0.8
GLAS 23.34

5000m

Russell Bentley 15:27.8 Kent



Field RESULTS

F1 Hammer 'A'						F1 Hammer 'B'					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	8	FROST Andrew	WGEL	67.46	1	1	66	POTTON-BURRELL James	TVH	50.40	2
2	7	CAMPBELL Taylor	WSEH	63.66	1	2	77	FINN Michael	WSEH	48.34	3
3	6	WHYTE Steve	TVH	50.81	2	3	33	CARLIN Daniel	GLAS	41.23	
4	3	LITTLE David	GLAS	49.68	2	4	11	POPE Alexandre	BB	41.02	
5	1	TIMMINS Stephen	BB	45.02	3	5	88	HARFORD Fergus	WGEL	30.75	
6	44	HILL-KING Alex	HHH	35.75		6	55	MULLIGAN Shaun	KENT	16.38	
7	5	BREATHNACH Sean	KENT	25.74		7					
8	22	WRIGHT Fraser	GATE	23.06		8					

F2 Long Jump 'A'						F2 Long Jump 'B'							
Posn	Bib	Athlete	Club	Perf	Gr	Wind	Posn	Bib	Athlete	Club	Perf	Gr	Wind
1	33	MARTIN David	GLAS	7.30	+2.7	1	1	22	HOGG Anthony	GATE	6.40	+4.2	
2	4	ASHBY Thomas	HHH	7.10	+1.1	1	2	8	DEWAR Joseph	WGEL	6.40	+1.7	
3	2	HALL Scott	GATE	6.92	+2.3	2	3	6	CHILDS Nav	TVH	6.38	+3.2	
4	5	LAWRENCE Joe	KENT	6.87	+5.3	2	4	55	APPIAH Joe	KENT	6.33	+3.0	
5	66	ANOCHIRIONYE Ogo	TVH	6.62	+3.4	3	5	3	MACKAY Gary	GLAS	6.24	+1.4	
6	1	CRYER Mark	BB	6.50	+1.7	3	6	7	AWE Jake	WSEH	5.90	+1.7	
7	88	STAMP Adrian	WGEL	6.50	+2.4	3	7	44	BONNICK Alexander	HHH	5.87	+0.5	
8	77	WATERSON Russell	WSEH	6.10	+2.8		8	11	PUTNAM Daniel	BB	5.83	+3.2	

F3 Pole Vault 'A'						F3 Pole Vault 'B'					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	3	ADAMS Sam	GLAS	4.20	3	1	7	MCLENNAN Stephen	WSEH	3.40	
2	6	BARTLETT Michael	TVH	4.00	3	2	66	VILGA Stanislav	TVH	3.00	
3	77	BRYDEN Euan	WSEH	3.40		3	22	KAUFMAN Richard	GATE	2.60	
4	1	HOOSON Max	BB	3.00		4==	4	ASHBY Thomas	HHH	1.10	
5=	8	HOWARD Paul	WGEL	2.60		4==	88	AWDE Christopher	WGEL	1.10	
5=	2	FLANNERY Kieran	GATE	2.60		4==	55	MULLIGAN Shaun	KENT	1.10	
7	44	TAYLEUR John	HHH	2.20							
8	5	ROGHI Jean-Charles	KENT	1.10							

F4 High Jump 'A'						F4 High Jump 'B'					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	8	WOLKSI Robert	WGEL	2.00	2	1	33	WEIR Fraser	GLAS	1.85	
2	3	BOBROWNIKI Raymond	GLAS	2.00	2	2	22	SHORTEN Damian	GATE	1.80	
3	2	OGUNKEYEDE Dotun	GATE	1.90	3	3	7	MUSKWE Osman	WSEH	1.75	
4	77	WALKER David	WSEH	1.90	3	4	66	VILGA Stanislav	TVH	1.60	
5	44	ANDREWS Tavo	HHH	1.80		5	11	HOOSON Max	BB	1.60	
6	55	HALL, Max	KENT	1.80		6	5	MULLIGAN Shaun	KENT	1.50	
7	6	EDWARDS Stephen	TVH	1.75							
8	1	CRYER Mark	BB	1.70							

F5 Discus 'A'						F5 Discus 'B'					
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	2	TOWARD Alan	GATE	50.46	1	1	22	STURROCK Craig	GATE	41.28	2
2	7	MUSKWE Osman	WSEH	48.78	1	2	77	RHANDHAWA Guria	WSEH	39.76	3
3	8	LINQUE Chris	WGEL	46.94	1	3	44	HILL-KING Alex	HHH	35.30	
4	4	ASHBY Thomas	HHH	45.85	1	4	1	TIMMINS Stephen	BB	33.01	
5	5	BREATHNACH Sean	KENT	44.30	2	5	88	DOUGLAS Devon	WGEL	32.47	
6	6	WHYTE Steve	TVH	40.33	3	6	55	HALL, Max	KENT	32.19	
7	3	BROWN Calum Ramsay	GLAS	35.92		7	66	MORTIMORE Alistair	TVH	31.95	
8	11	POPE Alexandre	BB	35.91		8	33	CARLIN Daniel	GLAS	25.87	



Field RESULTS

F6 <u>Triple Jump 'A'</u>					Wind	F6 <u>Triple Jump 'B'</u>					Wind	
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr	
1	8	KIRABO Peter	WGEL	14.42	+2.1	2	1	88 TSHIRELETSO Thalasang	WGEL	13.75	+1.6	2
2	7	SAWYERS Jonathon	WSEH	14.41	+2.8	2	2	66 EDWARDS Stephen	TVH	13.73	+1.1	2
3	6	CHILDS Nav	TVH	14.37	+1.8	2	3	22 ANDREW James	GATE	12.59	+1.4	
4	2	HALL Scott	GATE	14.33	+1.9	2	4	3 AHMED Mahad	GLAS	12.48	+1.4	
5	33	MARTIN David	GLAS	13.34	+2.4	3	5	77 WALKER David	WSEH	11.42	+2.7	
6	5	WELLSTEAD David	KENT	13.20	+1.7	3	6	11 MULLIGAN Sean	BB	9.63	+0.6	
7	4	THOMAS Phillip	HHH	12.60	+1.7		7					
8	1	HARRISON Edward	BB	11.30	+1.2		8					

F7 <u>Javelin 'A'</u>					Gr	F7 <u>Javelin 'B'</u>					Gr
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	8	BONGART James	WGEL	54.15	2	1	88	SMITH Francis	WGEL	50.74	3
2	55	HALL, Max	KENT	50.36	3	2	77	SAMUELS Max	WSEH	44.63	
3	6	HARVEY Jon	TVH	49.56	3	3	66	COMMISSIONG Jason	TVH	44.09	
4	4	JOHNSON-ASSOON Gavin	HHH	49.37	3	4	3	BROWN Calum Ramsay	GLAS	39.38	
5	1	VAN DEN DOBBELSTEER Mike	BB	48.18	3	5	5	BREATHNACH Sean	KENT	37.46	
6	7	MUSKWE Osman	WSEH	45.09		6	11	CRYER Mark	BB	36.85	
7	22	CONNOR-WATSON Finn	GATE	44.49		7	2	DEMPSEY David	GATE	36.53	
8	33	DOWNIE Michael	GLAS	41.26		8					

F8 <u>Shot 'A'</u>					Gr	F8 <u>Shot 'B'</u>					Gr
Posn	Bib	Athlete	Club	Perf	Gr	Posn	Bib	Athlete	Club	Perf	Gr
1	8	OSHODI Anthony	WGEL	16.61	1	1	88	ZATAT Youcef	WGEL	16.07	1
2	2	STURROCK Craig	GATE	15.97	1	2	7	WATSON Joseph	WSEH	14.47	1
3	5	BREATHNACH Sean	KENT	15.51	1	3	44	ASHBY Thomas	HHH	13.14	2
4	77	DRUKTENIS Vutas	WSEH	15.10	1	4	22	TOWARD Alan	GATE	12.92	3
5	4	WHEELER Michael	HHH	15.01	1	5	55	GREEN Courtney	KENT	12.33	3
6	3	CARLIN Daniel	GLAS	14.34	1	6	11	POPE Alexandre	BB	11.37	
7	6	WHYTE Steve	TVH	12.74	3	7	66	MORTIMORE Alistair	TVH	11.07	
8	1	TIMMINS Stephen	BB	12.56	3	8					