

Saturday 9th February 2013

Track

Event No	Time	Event	Age
T01	9.45	60m	S/U20/18M CE
T02	10.05	60m	CE Vet M CE
T03	10.15	60m	ST
T04	10.45	4 x 200m Relay	ST
T05	11.10	60m Hurdles	U16 Boys CE
T06	12.15	60m	ST
T07	12.30	4 x 200m Relay	ST
LUNCH			
T08	13.45	3000m	SW/U20W/U18W/M
T09	14.05	60m	ST
T10	14.25	4 x 200m Relay	ST
T11	15.00	3000m	S/U20M
T12	16.10	60m	ST
T13	16.30	4 x 200m Relays	ST
T14	17.00	800m	U16 Boys CE

Field

Event No	Time	Event	Age	Location
F01	10.00	Long Jump	U16 Boys CE	Infield
F02	10.00	Shot Putt	ST	Area A cage
F03	10.00	Shot Putt	ST	Area B Home st
F04	10.00	Long Jump	ST	WU Lane 2
F05	10.00	Long Jump	ST	WU Lane 6
F06	10.45	Long Jump	S/U20/18/vetM CE	Infield
F07	10.45	Shot Putt	ST	Area A cage
F08	10.45	Shot Putt	ST	Area B Home st
F09	10.45	Long Jump	ST	WU Lane 2
F10	10.45	Long Jump	ST	WU Lane 6
F11	11.30	Shot Putt	ST	Area A cage
F12	11.30	Shot Putt	ST	Area B Home st
F13	11.30	Long Jump	ST	WU Lane 2
F14	11.30	Long Jump	ST	WU Lane 6
F15	12.15	High Jump	U16 Boys CE	PV runway
F16	12.15	Shot Putt	ST	Area B Home st
F17	12.15	Shot Putt	ST	Area A cage
F18	12.15	Long Jump	ST	WU Lane 2
F19	12.15	Long Jump	ST	WU Lane 6
F20	13.00	Shot Putt	S/U20/18/vetM CE	Area A cage
F21	14.00	Long Jump	ST	WU Lane 2
F22	14.00	Long Jump	ST	WU Lane 6
F23	14.00	Shot Putt	ST	Area B Home st
F24	14.00	Shot Putt	ST	Area A cage
F25	14.45	High Jump 2 beds	S/U20/18/vetM CE	PV runway
F26	14.45	Shot Putt	U16 Boys CE	Area A cage
F27	14.45	Long Jump	ST	WU Lane 2
F28	14.45	Long Jump	ST	WU Lane 6
F29	14.45	Shot Putt	ST	Area B Home st
F30	15.30	Shot Putt	ST	Area A cage
F31	15.30	Long Jump	ST	WU Lane 2
F32	15.30	Long Jump	ST	WU Lane 6
F33	16.15	Shot Putt	ST	Area B Home st
F34	16.15	Shot Putt	ST	Area A cage
F35	16.15	Long Jump	ST	WU Lane 2
F36	16.15	Long Jump	ST	WU Lane 6
F37	17.00	Shot Putt	ST	Area B Home st
F38	17.00	Shot Putt	ST	Area A cage
Warm ups	ST	Long Jump/Shot Putt - 1 warm up		
	CE	HJ, LJ, SP - 2 warmups		