

# PROGRAMME

| APPROX TIME  | TRACK EVENTS   | FIELD EVENTS  |
|--|--|---|
| 10.15<br>10.45   | 110m Hurdles – Sen/U20 Men<br>110m Hurdles - U18 Men<br>100m Hurdles - Sen Women<br>100m Hurdles - U20 Women   | Long Jump - U16 & U18 Women<br>Shot Putt – U12, U14 & U16 Boys<br>High Jump – U14 Girls                     |
| 11.30  | 100m Hurdles – U16 Boys<br>100m Hurdles – U18 Women<br>80m Hurdles – U16 Girls<br>80m Hurdles – U14 Boys<br>75m Hurdles – U14 Girls<br>100m – U12 Boys<br>100m – U12 Girls | Half an hour after final Hurdles event<br>Long Jump U20 & Senior Women<br>Shot Putt - U18, U20 & Senior Men |
| 12.30  |  | Long Jump – U12, U14 & U16 Boys<br>Shot Putt – U12, U14 & U16 Girls   |
| 1.30   | 200 metres Senior Men<br>200 metres U18 Men<br>200 metres U16 Boys<br>200 metres U14 Boys  | Long Jump U12 & U14 Girls<br>Shot Putt U18, U20, Senior Women<br>High Jump – U16 Girls                      |
| 2.30   |  | Long Jump – U18, U20, Senior Men<br>High Jump – U18, U20, Senior Women                                      |
| 800 metres will follow on half an hour after the completion of each age group's final field event. |  | 1500 metres will follow on half an hour after the completion of each age group's final field event.         |

Athletics Tayside Partnership  
in conjunction with the  
Tayside & Fife Sporting  
Partnership



## OPEN COMBINED EVENT CHAMPIONSHIPS

**Quadrathon** (Under 12's) **Pentathlon** (Under 14's – Seniors)

**Sunday 23rd September 2012**

**George Duncan Athletics Arena  
Perth**

**Please note that new age groups are being used in accordance with Scottish Athletics rules for Championship competitions. Please see notes.**

### PROGRAMME & ENTRY FORM

CLOSING DATE FOR ALL ENTRIES:

Monday 10th September 2012

For further details please visit: [www.SportTayside-Fife.co.uk](http://www.SportTayside-Fife.co.uk)

# ENTRY FORM

## PERSONAL DETAILS

Name \_\_\_\_\_

Address \_\_\_\_\_

Town \_\_\_\_\_ Postcode \_\_\_\_\_

Tel N° \_\_\_\_\_

Club / School \_\_\_\_\_

scottishathletics Membership N° \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age at 1/1/12 \_\_\_\_\_

### Age Group (please circle):

Female U12, U14, U16, U18, U20, Senior

Male U12, U14, U16, U18, U20, Senior

Please detail best performances in your events in the table below.

| Event                     | Personal Best in the last 2 years (if known) |           |
|---------------------------|--|-----------|
| Sprint Hurdles            | Time:  | Distance: |
| 100m/200m                 |  |           |
| 800m/1500m                |  |           |
| Long Jump                 |  |           |
| High Jump                 |  |           |
| Shot Putt                 |  |           |
| <b>Entry Fee Enclosed</b> |  |           |

Photographs & video footage may be taken at the event. It is assumed that athletes taking part can be included in any photos/videos that can be used in press or promotional material unless notification to the contrary is made in writing to the **Athletics Tayside Partnership**.

Signed (athlete) \_\_\_\_\_

Signed ((parent / legal guardian if athlete U16) \_\_\_\_\_

Please complete and return with appropriate fee to: **Administration Manager, Tayside & Fife Sporting Partnership, Lynch Sports Centre, South Road, Dundee, DD2 4SR by Monday 10<sup>th</sup> September 2012. No late entries will be accepted.** Cheque(s) to be made payable to **sportscotland**

## Tayside & Fife Combined Events Championships

23rd September 2012 at George Duncan Athletics Arena, Perth

### NOTES:

1. **New age groups used in accordance with Scottish Athletics rules for Championship competitions.** Championships are open to:

U12 – born between 1/1/01 & 31/12/02, U14 – between 1/1/99 & 31/12/00, U16 – born between 1/1/97 & 31/12/98, U18 – between 1/1/95 & 31/12/96, U20 – born between 1/1/93 & 31/12/94, Seniors

Minimum age 8 yrs on date of competition

2. **Entry fees:**

**PENTATHLON - £7.00** per athlete

**QUADRATHON** (Under 12's) - **£5.00** per athlete

Please note non-**scottishathletics** members must add an additional £2 to entry fee – except U12's where ATP will pay £2 on the athlete's behalf.

3. Cheque(s) to be made payable to 'sportscotland'

4. Entry form and payment must be returned to the Administration Manager, **Tayside & Fife Sporting Partnership**, Lynch Sports Centre, South Road, Dundee, DD2 4SR by **Monday 10<sup>th</sup> September 2012.**

5. The events are as follows:

- **U12 Boys & Girls** – QUADRATHON – 100m, 800m, long jump & shot putt
- U14 / 16 / 18 / 20 / Senior **MALES** – PENTATHLON – Hurdles, long jump, shot putt, 200m, 1500m (U14's & U16's will do 800m instead)
- U14 / 16 / 18 / 20 / Senior **FEMALES** – PENTATHLON – Hurdles, long jump, shot putt, high jump, 800m

6. The competition will commence at 10.15am prompt

7. Registration - **60 minutes** before first event

8. All competitors will be issued with numbers to be worn front and back

9. The programme of events is given on the page overleaf. There may be adjustments to the timings of events in order to accommodate the half hour rest between events. Please listen for any changes announced throughout the day

10. Trophies will be awarded to the top three athletes in each age group

11. All field events will be allowed three attempts (except high jump)

12. All entries will be posted on the **SportTayside & Fife** website by the Wednesday before the event. Results will be posted there after the event.