

Sportcity Grand Prix - 28 May - Results

Races: 28

Finishers: 306

PB's: 127 (42%)

Race : 16 BMC 800m A (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	5	5	01:48.56	Andy Baddeley	Harrow / St. Mary's Uni
2	3	3	01:49.53	Jack Bolas	United States
3	7	7	01:49.91	Colin Mccourt	Aldershot Farnham & District
4	9	9	01:49.94	Ed Jackson	Sale Harriers Manchester
5	2	2	01:51.05	James Bowness U23	Trafford / St. Mary's Uni
6	1	1	01:51.27	Warren Frey	Birchfield H
7	6	6	01:51.41	Giovanni Bellino	Italy
8	4	4	01:51.51	Ben Wallis U23	Guildford & Godalming / St. Mary'
9	8	8	01:51.99	Paul Bradshaw	Blackburn / UWIC

Race : 11 BMC 800m B (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	10	1	01:51.20	Rick Ward U23	City Of Norwich / St. Mary's Uni
2	11	2	01:51.83	Steve Evison	City Of Sheffield / Sheffield Hal
3	13	4	01:52.11	William Gurton U20	Vale Of Aylesbury
4	15	6	01:52.30	Kieran Flannery	Gateshead / Loughborough Uni
5	12	3	01:52.58	Anthony Whiteman V35	Shaftesbury Barnet
6	18	9	01:52.91	Aaron Bennett U20	Southampton / UWIC
7	16	7	01:52.98	Graeme Oudney	Belgrave / Pitreavie / Dundee Uni
8	14	5	01:54.89	Oliver Heeks U23	Orion / Portsmouth Uni

Race : 10 BMC 800m C (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	24	6	01:51.52	Niall Maguire U20	Derby
2	23	5	01:52.33	Michael Salter U23	Leeds City / Birmingham Uni
3	20	2	01:52.67	Paul Goodall	City Of Norwich / Loughborough Un
4	26	8	01:54.10	Chris Brown	Mansfield
5	27	9	01:54.33	Andrew De-camps	Gloucester / Swansea Uni
6	22	4	01:55.13	Ricky Soos	Mansfield / Loughborough Uni
7	19	1	01:55.45	Daniel Cheeseman U20	City Of York
8	25	7	01:57.65	Jarryd Dunn U20	Birchfield H / Wolverhampton Uni

Race : 13 BMC 800m D (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	29	2	01:52.28	Craig Stewart	Harrow / Kilbarchan
2	30	3	01:53.36	Fergal Ellis U23	Ireland

3	34	7	01:54.45	James Mills	Cardiff / Bath Uni
4	32	5	01:55.57	Ben Akin U20	Preston

Race : 12 BMC 800m E (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	43	8	01:51.91	Gary Smith	Falkirk
2	56	3	01:53.78	Tom Graves U20	Birchfield
3	39	4	01:53.91	Matthew Addison	Harrow / Met Police / Harrow
4	37	2	01:54.93	Martyn Paterson U20	Shaftesbury Barnet / Stirling Uni
5	42	7	01:55.26	James Blackburn U23	Liverpool H
6	41	6	01:55.38	James Miller	Cheltenham / Police
7	40	5	01:55.73	Gareth Hill	Ballymena & Antrim

Race : 7 BMC 800m F (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	48	5	01:53.09	Tom Watson U20	Central / Forth Valley
2	47	4	01:54.16	James Lamswood U17	Kingston Upon Hull
3	51	8	01:54.17	Josh Oguntayo U20	Sale Harriers Manchester
4	46	3	01:55.35	Adam Ingram U20	Lagan Valley / Ireland
5	52		01:55.76	Michael Quinn	Abbey Ac
6	44	1	01:55.89	Chris Matthews U20	Blackburn
7	49	6	01:58.03	Chris Lamb	Rugby & Northampton

Race : 9 BMC 800m G (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	53	2	01:53.82	Sam Bucknall U20	Leeds City
2	58	7	01:54.02	Sean Reilly U23	Central / Forth Valley
3	57	6	01:54.26	Gavin Lewis U23	Woodford Green Essex Ladies / St.
4	54	3	01:56.72	James Lynch	Birchfield H
5	60	9	01:56.91	Craig Mcdowall U20	Lothian / Dundee Uni / Forth Valley
6	59	8	01:57.16	Richard Owens U23	Sli Cualann / Ireland

Race : 2 BMC 800m H (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	62	2	01:52.78	Andrew Woods U23	Bristol & West / Bristol Uni
2	67	7	01:56.36	Daniel Poulton	Stevenage & North Herts
3	66	6	01:56.39	Joseph Moores U20	Rossendale / Lancashire Schs
4	68	8	01:57.25	Chris Prothero U23	Cardiff / Glamorgan Uni
5	64	4	01:57.94	Lee Wilson U20	Shettleston
6	61	1	01:58.22	Stewart Chalmers U23	Stornoway
7	65	5	01:59.08	David Devine U20	Liverpool H
8	69	9	02:01.60	Chris Thornton	Skyrac / Sheffield Hallam Uni

Race : 1 BMC 800m I (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	77	8	01:55.87	James Moroney	Notts
2	75	6	01:58.00	Chris Mcgahan U17	Sale Harriers Manchester
3	71	2	01:58.26	Alex Jones U20	Enfield & Haringey / Loughborough
4	70	1	01:58.47	Matthew O'connor U17	Wakefield
5	74	5	01:58.64	Samuel Millar	Ballymena & Antrim
6	72	3	02:00.68	Luke Ingham U20	Kendal
7	78	9	02:01.77	Matt Holmes U20	Sale Harriers Manchester

Race : 8 BMC 800m A (Womens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	80	2	02:06.16	Lynsey Sharp U23	Edinburgh / Team Edinburgh
2	81	3	02:06.61	Stacey Smith U23	Gateshead / Teeside U
3	85	7	02:06.72	Rose-anne Galligan	Gloucester / St. Mary's Uni / Shaft
4	86	8	02:06.95	Charlotte Best	Crawley / Loughborough Uni
5	79	1	02:06.98	Celia Taylor	Coventry
6	87	9	02:07.17	Tara Bird	Woodford Green Essex Ladies / Bru
7	82	4	02:07.90	Sarah Kelly U20	Dundee Hawkhill / Tayside / Fife / Ki
8	84	6	02:10.18	Vicky Griffiths	Liverpool H / Liverpool John Moor

Race : 15 BMC 800m B (Womens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	93	6	02:07.10	Ciara Everard U23	Kilkenny / Ireland
2	90	3	02:08.08	Rachael Thompson	Liverpool H / Loughborough Uni
3	92	5	02:08.99	Claire Tarplee	Solihull & Small Heath / Loughbor
4	88	1	02:09.08	Alexandra Bell U20	Pudsey & Bramley

Race : 14 BMC 800m C (Womens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	97	3	02:09.01	Amanda Campbell U23	Livingston / Dundee Uni / Forth Val
2	100	6	02:09.22	Dagmar Faester Olsen U20	Denmark
3	101	7	02:10.01	Nicola Maddick	Kingston Upon Hull / Sale Harrier
4	96	2	02:10.15	Chelsea Jarvis U17	Stockport
5	99	5	02:10.45	Jo Adams U23	Richmond & Zetland / Leeds Metrop
6	98	4	02:10.83	Rebecca Linney U20	Liverpool H
7	95	1	02:10.93	Amy O'donoghue U20	Emerald / Ireland
8	108	8	02:15.16	Lauren Scott U23	North Down

Race : 3 BMC 800m D (Womens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	107	6	02:12.52	Emily Jenkinson U17	Southampton
2	103	2	02:12.70	Joanne Dawes	Trafford
3	106	5	02:14.25	Tyra Watson U20	Sale Harriers Manchester
4	105	4	02:14.48	Aisling Mcghee U23	Victoria Park City Of Glasgow / L
5	102	1	02:15.22	Lucy Sumner U20	Preston
6	109	8	02:15.90	Natalie Shaw	Derby
7	104	3	02:19.67	Niamh Kearney U20	Sli Cualann / Ireland

Race : 17 BMC 800m E (Womens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	114	4	02:13.86	Victoria O'donnell	Trafford
2	113	3	02:15.48	Rachael Scott U17	Preston
3	112	2	02:16.32	Chloe Loredo U17	New Marske
4	116	6	02:16.48	Cherisse Walley U20	Ribble Valley
5	118	8	02:20.70	Rebecca Nuttall U23	Liverpool H / UWIC
6	111	1	02:24.30	Michelle Stone U23	Kingston Upon Hull / Hull Uni

Race : 6 BMC 1500m A (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	120	2	03:41.69	Bruce Raeside	Notts / Cambuslang
2	131	13	03:42.66	Daniel Clorley U23	Luton / Birmingham Uni / Team Bedfo
3	121	3	03:43.25	Paul Robinson U23	St. Cocas / Ireland
4	124	6	03:43.59	Steve Mitchell	Bristol & West / Bristol Uni / Craw
5	129	11	03:44.10	Stephen Davies	Belgrave
6	128	10	03:45.05	Niall Brooks U23	Sale Harriers Manchester
7	126	8	03:45.62	Mark Draper	Bedford & County
8	127	9	03:47.89	James Thie	Cardiff / UWIC
9	119	1	03:48.13	Harvey Dixon U20	Aldershot Farnham & District
10	123	5	03:48.52	Andy Vernon	Aldershot Farnham & District / S
11	125	7	03:53.36	Morten Velde	Norway
12	136	12	03:56.59	Joe Durrant	Cambridge H.

Race : 5 BMC 1500m B (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	137	5	03:44.70	Adam Cotton U20	Birchfield H
2	144	12	03:45.51	Eoin Everard	Kilkenny / Northumbria Uni / Irelan
3	141	9	03:45.70	Adam Bitchell U23	Cardiff / UWIC / West Wales
4	134	2	03:46.68	Steven Fennell	Tonbridge
5	146	14	03:46.82	Gary Bradbury U23	Woking / Loughborough Uni / Shaftes
6	140	8	03:47.47	Noel Collins U23	Finn Valley / Ireland
7	143	11	03:48.28	Tommy Carroll U23	City Of Norwich / North Sligo / St.
8	145	13	03:48.30	Richard Weir	Derby / Staffordshire Uni

9	147	15	03:48.34	Johan Hyden U23	Sweden
10	139	7	03:48.51	Liam Markham U20	Ennis Track / Ireland
11	133	1	03:49.50	Joe Warne	Doheny / Ireland
12	142	10	03:49.93	Andrew Heyes U23	Hallamshire / Oxford Uni
13	148	16	03:50.87	Robbie Farnham-rose U20	Tonbridge

Race : 23

BMC 1500m C (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	163	15	03:47.94	Luke Minns U23	Blackpool Wyre & Fylde / Central
2	153	5	03:48.10	Marcus Bridger-wilkinson U20	Newbury / Belmont
3	157	9	03:49.49	Ieuan Thomas U23	Cardiff / UWIC
4	149	1	03:50.78	Dale Clutterbuck U20	Basildon
5	161	13	03:52.75	Matthew Nicholson	Morpeth
6	164	16	03:53.36	Carl Bradbury U23	Reading Ac / St. Mary's Uni
7	186		03:54.05	Stephen Bennet U23	Preston
8	151	3	03:54.30	Niall Robinson U23	North Down / Queen's Uni Belfast
9	158	10	03:55.13	James Bailey	Sale Harriers Manchester / Loughb
10	156	8	03:55.68	Tim Burt U23	Ashford Ac / St. Mary's Uni
11	162	14	03:56.93	Brian Farrell	Sli Cualann / Ireland
12	155	7	03:59.43	Douglas Selman	Corstorphine / Edinburgh / Dundee U

Race : 21

BMC 1500m D (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	166	2	03:50.99	Chris Carter U23	Enfield & Haringey / Birmingham U
2	170	6	03:51.39	Liam White U20	Hercules Wimbledon
3	171	7	03:51.69	James McMurray U17	St. Albans Ac
4	167	3	03:51.72	Nick Hooker	Leeds City / Leeds Metropolitan U
5	175	11	03:51.94	Michael Kershaw U23	Cardiff / UWIC
6	168	4	03:52.75	Sam Mitchell	Notts / Royal Air Force / Worcester
7	174	10	03:53.25	Andrew Provost U20	Aldershot Farnham & District
8	172	8	03:53.52	Carl Smith U23	Leeds City / Birmingham Uni
9	165	1	03:53.64	John Ashcroft U20	St. Helens Sutton
10	176	12	03:53.97	Joe Gratton U23	Hallamshire / Birmingham Uni
11	180	16	03:56.01	Matthew Shirling U17	St. Helens Sutton
12	169	5	03:56.46	Tom Phillips	Derby
13	179	15	03:59.16	Dale Worton U23	Leeds City / St. Mary's Uni
14	173	9	04:01.96	Yuri Maenza	Italy

Race : 22

BMC 1500m E (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	183	3	03:49.45	Cameron Boyek U20	Sildon
2	195	15	03:53.59	Charlie Maclean U23	Bristol & West
3	196	16	03:53.66	Jason Prickett U20	Invicta East Kent / St. Mary's Un
4	185	5	03:54.36	Andrew Mariani U23	Woodford Green Essex Ladies / Lou

5	188	8	03:54.44 Rhys Glastonbury U23	Windsor Slough Eton & Hounslow /
6	182	2	03:55.51 Alex Flynn U23	Aldershot Farnham & District / F
7	187	7	03:56.57 Matthew Fayers U20	Hillingdon
8	184	4	03:57.12 Grant Muir U20	Giffnock North
9	181	1	03:57.57 Mark Haskett	Aberdeen / Edinburgh Uni
10	191	11	03:58.17 Matthew Allott U23	Staffordshire Moorlands / St. Mar
11	189	9	04:00.77 Sam Deathe U23	Marshall Milton Keynes / St. Mary
12	192	12	04:01.90 Scott Pilkington	Corstorphine / Napier Uni
13	190	10	04:05.67 Matt Willmott U23	Marshall Milton Keynes / Birmingham

Race : 20

BMC 1500m F (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	198	2	03:53.45	Tom Mahon U23	Owls Leicester / Nottingham Uni C
2	206	10	03:56.11	Nathan Bibby U23	Preston
3	213	17	03:56.85	Stewart Orr U20	Cambuslang / South Lanarkshire
4	202	6	03:57.25	Tom Crowley U23	Notts / Nottingham Uni
5	197	1	03:57.51	Callum Greenwood U20	Sale Harriers Manchester
6	208	12	03:58.45	Ryan Stephenson	Gateshead
7	211	15	03:58.99	Ben Martin U23	Trafford
8	207	11	03:59.38	Paul Bisceglia	Coventry / Warwick Uni / United Sta
9	200	4	04:00.61	Stephen Rooney U23	St. Malachy's
10	210	14	04:01.04	James Bleakley	Trafford
11	199	3	04:01.67	Thomas Meakin	Owls Leicester
12	205	9	04:02.06	Chris Perrin U20	Cannock & Stafford
13	201	5	04:02.87	Tom Straw U23	Lincoln Wellington
14	203	7	04:03.10	James Perrin U20	Cannock & Stafford

Race : 19

BMC 1500m A (Womens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	221	8	04:14.21	Jessica Judd U17	Chelmsford
2	81		04:14.22	Stacey Smith	Gateshead
3	227	14	04:14.58	Stevie Stockton U23	Vale Royal / Loughborough Uni
4	215	2	04:15.37	Orla Drumm	University College Cork / Ireland
5	217	4	04:15.81	Liz Brathwaite	Herts Phoenix / Oxford Uni
6	219	6	04:17.66	Josephine Moultrie U23	Victoria Park City Of Glasgow / S
7	225	12	04:20.21	Kelly Mcneice	City Of Lisburn / Windsor Slough
8	224	11	04:20.87	Abbey Mcghee U23	Victoria Park City Of Glasgow / L
9	226	13	04:22.09	Catherine Riley	Trafford / Manchester Uni
10	218	5	04:22.31	Kate Avery U23	Shildon
11	220	7	04:24.31	Jordan Kinney U23	Royal Sutton Coldfield / Loughbor
12	230	17	04:24.85	Sara Treacy U23	Moynalvey / Birmingham Uni / Irelan
13	214	1	04:25.24	Sarah Hood	Edinburgh / Edinburgh Uni
14	228	15	04:27.16	Georgia Peel U20	Aldershot Farnham & District
15	222	9	04:28.89	Hatti Dean	Hallamshire / Sheffield Uni
16	229	16	04:34.59	Adelina De Soccio	Italy

Race : 25

BMC 1500m B (Womens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	231	1	04:23.88	Sophie Crumly U23	Newbury / Loughborough Uni / Windso
2	234	4	04:23.92	Jennifer Walsh U20	Spensborough / Kirklees
3	241	11	04:25.64	Sophie Riches U17	Chelmsford
4	236	6	04:25.87	Lucy Dowsett U23	Cambridge & Coleridge / Birmingha
5	242	12	04:26.71	Emily Stewart U23	Edinburgh / Birmingham Uni
6	237	7	04:27.05	Natasha Doel U23	Aldershot Farnham & District / S
7	243	13	04:27.42	Abbie Hetherington U17	Carlisle Aspatria / Team North Cu
8	245	15	04:27.71	Charlotte Arter U23	Eden Runners / UWIC / Border
9	233	3	04:31.00	Natalie Sharp U23	Kilbarchan / Glasgow Uni
10	239	9	04:31.84	Grace Nicholls U23	Tonbridge
11	246	16	04:36.00	Joanna Emery	Coventry
12	238	8	04:36.01	Melissa Courtney U20	Shaftesbury Barnet / Poole Ac
13	244	14	04:45.02	Laura Dunn U23	Edinburgh / Bath Uni
14	235	5	04:49.00	Laura Riches U20	Leigh / Trafford

Race : 24

BMC 1500m C (Womens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	254	8	04:30.99	Ffion Price U20	Brecon
2	250	4	04:33.14	Catherine Gallagher (was Draper)	Liverpool H / Loughborough Uni / Ba
3	258	12	04:33.48	Amy Mellor U20	Buxton / Chesterfield
4	256	10	04:33.75	Deborah Niccol	Bristol & West / UWIC / Newham & Es
5	259	13	04:35.57	Sarah Mercier U23	Guernsey
6	257	11	04:38.59	Jennifer Nesbitt U17	Worcester
7	251	5	04:39.95	Rachel Robinson U20	Aldershot Farnham & District / S
8	247	1	04:42.17	Rhianwedd Price U20	Brecon
9	252	6	04:42.94	Bethan Strange	Cardiff / UWIC
10	249	3	04:44.36	Aiya Abe U23	Southampton / St. Mary's Uni
11	253	7	04:44.84	Dannii Johnson U20	Birchfield H
12	264	18	04:46.33	Becky Straw U17	Cannock & Stafford
13	263	17	04:49.39	Sarah Livett U20	Menai
14	248	2	05:01.57	Rochelle Harrison U23	Lincoln Wellington / Birmingham U
15	255	9	05:04.49	Sally Smith U20	Wakefield

Race : 27

BMC 5000m A (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	272	8	13:48.94	Tom Humphries	Cannock & Stafford
2	274	10	13:49.09	James Walsh	Leeds City / Leeds Uni
3	277	13	13:54.65	Jonathan Thewlis	Rotherham / Nottingham Uni
4	278	14	13:56.42	Joseph Sweeney	Dundrum South Dublin / Border / Ire
5	270	6	13:57.16	Jonathan Hay U20	Aldershot Farnham & District
6	266	2	13:58.99	Jonathan Mellor	Liverpool H / Liverpool John Moor
7	282	18	14:03.11	Eric Senorski U23	Sweden

8	275	11	14:04.16 James Wilkinson U23	Leeds City / Birmingham Uni
9	273	9	14:04.30 Richard Corcoran	Raheny Shamrocks / Ireland
10	293		14:08.36 Anton Danielson	Sweden
11	283	19	14:08.65 John Mcdonnell U23	Luton / St. Mary's Uni
12	267	3	14:11.15 Mikael Ekvall U23	Sweden
13	276	12	14:23.94 Abdul Aziz-abdulrahman	Birchfield H / Sudan
14	269	5	14:24.29 Andrew Combs U23	Tonbridge / St. Mary's Uni
15	281	17	14:24.32 Thomas Fitzpatrick	Tallaght / Ireland
16	271	7	14:25.81 Chris Warburton	Notts / Loughborough Uni
17	268	4	14:26.49 Chris Mackay	Newham & Essex Beagles / Invercly
18	285	21	14:27.63 Derek Hawkins U23	Kilbarchan
19	280	16	14:33.25 Ashley Harrell U23	City Of Norwich / St. Mary's Uni /

Race : 28

BMC 5000m B (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	289	4	14:17.51	Chris Powner	Winchester / Loughborough Uni
2	299	14	14:24.48	Sam Bradley U23	Tonbridge / St. Mary's Uni
3	294	9	14:25.17	Eddie Mcginley	Liverpool H
4	304	19	14:26.01	Shane Quinn U20	Ferrybank / Ireland
5	288	3	14:26.24	Paolo Natali	Cambridge Uni / Italy
6	300	15	14:28.92	Stephen Emery	Coventry / Loughborough Uni
7	303	18	14:35.54	James Smith	Leeds City
8	301	16	14:39.92	Dave Norman	Altrincham / Sale Harriers Manche
9	296	11	14:39.93	Jonathan Hopkins U20	Bridgend / Providence Col
10	286	1	14:40.05	Elliot Palmer U23	Ipswich
11	295	10	14:40.47	Asle Ronning Tjelta	Norway
12	297	12	14:40.62	James Ellis	Newham & Essex Beagles
13	313		14:41.37		
14	290	5	14:43.46	Ben Connor U20	Derby
15	287	2	14:43.91	Craig Ruddy	Inverclyde / Central
16	302	17	14:49.40	Kieran Clements U20	Ipswich / Hadleigh Hares
17	322		14:52.05		
18	291	6	14:55.61	Alex O'gorman	Stockport

Race : 4

BMC 5000m C (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	324	20	14:37.17	Mark Shaw U20	New Marsk
2	319	15	14:38.34	Steven Phillips	Southampton
3	323	19	14:40.48	Chris Busaileh	Herne Hill / Bath Uni
4	318	14	14:42.64	Ian Bailey U20	Aldershot Farnham & District
5	305	1	14:44.88	Mark Pollard	Belgrave / Inverclyde
6	316	12	14:46.89	Alex Bruce-littlewood U23	Blackheath & Bromley / Portsmouth
7	314	10	14:49.85	Dermot Cummins	West Waterford / Corstorphine / Ire
8	309	5	14:53.07	Alexander Hendry U23	Central / Forth Valley
9	308	4	14:55.41	Brian Macmahon	Clonliffe / Ireland
10	317	13	15:07.11	Karl Billington U20	Blackburn

11	321	17	15:09.50	Thomas Cornthwaite	Blackburn / Northumbria Uni
12	307	3	15:11.90	Mathew Jackson U23	Warrington / Birmingham Uni / Liver
13	311	7	15:15.53	Martin Conroy	Swansea / Sligo / Irelanddistrict / S
14	339		15:51.66	Jordan Ali	Ipswich

Race : 18

BMC 5000m D (Mens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	340	16	14:40.40	Ali Mauzibin	Leeds City
2	331	7	14:48.89	Daniel Woodgate U23	Luton / St. Mary's Uni
3	326	2	14:49.85	David Vernon U20	Victoria Park City Of Glasgow
4	334	10	14:50.21	Andrew Agnew	Abbey Ac
5	330	6	14:52.83	Michael Glowacki	Hillingdon
6	343	19	14:55.21	Shane Kerr	Armagh / Loughborough Uni
7	328	4	14:56.02	David Morwood V40	Annadale
8	344	20	14:57.09	Chris Thomson	Swansea
9	337	13	14:58.94	Matthew Bennett	Chiltern / Southampton Uni / Southa
10	335	11	14:59.60	Fergus Meade	Leeds City / Ireland
11	332	8	15:01.99	Dave Archer	Hallamshire
12	327	3	15:02.07	Niall Sheehan	Lasswade / Heriot-watt Uni / Irelan
13	336	12	15:05.48	Ryan Mcdermott U20	Dromore
14	325	1	15:26.96	James Riley	Liverpool H
15	341	17	15:32.95	James Scott-buccleuch	Stockport
16	329	5	15:42.52	Josh Tighe	Northumberland Fell Runners
17	342	18	15:48.33	David Rigby	Preston / Loughborough Uni

Race : 26

BMC 5000m A (Womens)

Posn	Vest No.	Leg No.	Time	Name	Club
1	348	4	15:51.20	Emelia Gorecka U20	Aldershot Farnham & District
2	352	8	15:51.49	Lauren Howarth U23	Leigh / Birmingham Uni / Wigan & Di
3	357	13	15:53.27	Annabel Gummow U20	Bristol & West / Cornwall
4	347	3	15:53.87	Eilish Mccolgan U23	Dundee Hawkhill / Kingdom Athleti
5	358	14	15:54.40	Emma Pallant U23	Aldershot Farnham & District / B
6	356	12	15:55.83	Beth Potter U23	Shaftesbury Barnet / Loughborough
7	354	10	15:56.84	Lauren Deadman	Havering Mayesbrook / Loughboroug
8	346	2	15:58.67	Kerry Harty	Windsor Slough Eton & Hounslow /
9	353	9	16:06.93	Hannah Walker U23	Birchfield H / Birmingham Uni
10	359	15	16:30.19	Faye Fullerton	Havering Mayesbrook
11	355	11	16:39.46	Elsbeth Curran U23	Kilbarchan / Glasgow Uni
12	364	20	16:51.33	Joanne Maddick	Kingston Upon Hull / Loughborough
13	351	7	17:02.33	Beth Carter U20	Aldershot Farnham & District / S
14	345	1	17:03.53	Sarah Inglis U23	Lothian / Edinburgh Uni / Forth Val
15	349	5	17:07.76	Stacey Johnson	Cannock & Stafford / Florida Uni
16	362	18	17:21.40	Louise Perrio	Guernsey
17	360	16	17:25.19	Leigh Lattimore U23	Harrow / St. Mary's Uni
18	363	19	18:12.33	Ruth Haynes U20	Aldershot Farnham & District