

M 100m A	Wind -2.1 m/s	M 100m B	Wind -1.1 m/s
1 Isaiah Symonds	EDN 11.24	1 Allan Hamilton	EDN 10.97
2 Victor Neyu	SAL 11.45	2 Marcel Stevens	SAL 11.48
3 Tom Bradbury	U17 PST 11.49	3 Andrew Wilkinson	GHD 11.50
4 Christian Carson	MID 11.58	4 Jonathan Harker	PST 11.59
5 Matthew Greenhow	U17 GHD 11.65	5 Craig Ritchie	TFV 11.79
6 Ewan McBride	U17 KGA 11.79	6 Gary McBride	GSW 12.05
7 Sanju Sinwardena	U17 TFV 11.99	7 Mark Travers	U17 KGA 12.05
8 Jack Walker	GSW 13.53	8 Phil Hay	MID 12.18

M 200m A	Wind -2.4 m/s	M 200m B	Wind +0.9 m/s
1 Isaiah Symonds	EDN 22.66	1 Jay Younger	U17 EDN 22.70
2 Christian Carson	MID 22.95	2 Victor Neyu	SAL 22.97
3 Marcel Stevens	SAL 23.24	3 Jax Thoires	GSW 23.12
4 Martyn Paterson	TFV 23.47	4 Andrew Wilkinson	GHD 23.28
5 Jonathan Harker	PST 23.74	5 Ewan McBride	U17 KGA 23.39
6 David Kerr	GSW 23.81	6 Daniel Loughran	MID 23.45
7 Ewan Dyer	U17 KGA 23.94	7 Andy Burrell	U17 PST 23.89
8 Jack Greenwell	GHD 24.36	8 Sanju Sinwardena	U17 TFV 24.02

M 400m A		M 400m B	
1 Greg Louden	EDN 48.65	1 Jay Younger	U17 EDN 49.43
2 Martyn Paterson	TFV 49.47	2 Ewan Dyer	U17 KGA 51.58
3 Josh Oguntayo	SAL 50.73	3 Daniel Loughran	MID 51.76
4 Anthony Young	KGA 50.78	4 David Kerr	GSW 52.58
5 Adam Rowland	GHD 51.01	5 Simeon Greenwood	U17 GHD 54.10
6 Gary McBride	GSW 52.47	6 Craig Ritchie	TFV 54.44
7 Joe Cox	MID 54.06	7 Tom Sims	SAL 58.45
8 Eddie Greenall	PST 56.50		

M 800m A		M 800m B	
1 Ross Matheson	EDN 1.55.53	1 Peter Loudon	EDN 1.57.44
2 Michael Overand	U17 KGA 1.56.36	2 Dale Colley	U17 TFV 1.59.24
3 Charles Hulson	SAL 1.58.68	3 Tom Maper	GHD 1.59.86
4 Craig McDowall	TFV 1.59.18	4 Jaimie Roden	SAL 1.59.91
5 Nathan Reed	GHD 2.01.08	5 Gareth Lamb	KGA 2.00.14
6 Martin Fishwick	GSW 2.03.69	6 Jack Walker	GSW 2.06.72
7 Patrick Dryden	MID 2.11.21	7 Ralph Pearce	U17 MID 2.15.31
8 Jonathan Harker	PST 2.31.72		

M 1500m A		M 1500m B	
1 Andrew Crichton	EDN 4.06.23	1 Callum Greenwood	SAL 4.13.81
2 Charles Hulson	SAL 4.07.19	2 Jack Walker	GSW 4.15.95
3 Gary McBride	GSW 4.09.39	3 Edward Dudgeon	EDN 4.18.31
4 Lewis Hogg	U17 GHD 4.09.98	4 Adam Rowland	GHD 4.24.35
5 Robert Inyles	TFV 4.10.39	5 Dale Colley	U17 TFV 4.26.10
6 Jamie Crowe	U17 KGA 4.17.95	6 Scott McAlpine	U17 KGA 4.35.25

M 3000m A		M 3000m B	
1 Andrew Crichton	EDN 8.45.26	1 Sam Hearn	GHD 9.20.55
2 Stephen Fleming	GSW 8.53.60	2 Lachlan Oats	GSW 9.41.16
3 Michael Grimes	GHD 9.09.95	3 Alasdair Robertson	TFV 10.15.44
4 Howell Craske	KGA 9.19.70	4 Mark Buchan	KGA 10.21.85
5 Jamie Roden	SAL 9.29.79	5 Peter Cameron	U17 EDN 10.45.86
6 Max McNeil	TFV 10.01.87		

M 110mH A			M 110mH B	Wind -1.5 m/s
1 Toby Harris	EDN	15.33	1 Adam Davies	SAL 20.69
2 Matthew Wright	SAL	18.23		
3 Connor Henderson	GSW	19.73		
4 Craig Birch	GHD	20.85		

M 400mH A			M 400mH B	
1 Anthony Young	KGA	56.13	1 Callum Robson	GHD 59.24
2 Joe Cox	MID	57.37	2 Adam Jack	EDN 66.11
3 Toby Harris	EDN	57.41	3	MID 77.74
4 Elliott Jackson	GHD	62.52		
5 Tom Sims	SAL	64.31		
6 Criss Ogilvie	U17 TFV	68.31		

M 2000m Sc A			M 2000m Sc B	
1 Ryan Worland	SAL	6.07.2	1 James Wignall	SAL 6.42.2
2 Elliott Jackson	GHD	6.14.4	2 Jamie Crowe	U17 KGA 7.03.9
3 Lachlan Oats	GSW	6.31.0	3 Craig Birch	GHD 7.15.4
4 Adam Jack	EDN	6.35.4	4 Sam Adams	GSW 7.20.3
5 Paul Hodgson	PST	6.39.7		
6 Howell Craske	KGA	6.52.6		
7 Max McNeil	TFV	7.17.9		

M Discus Throw A			M Discus Throw B	
1 Alan Toward	GHD	43.62	1 Jordan Bowser	GHD 34.42
2 John Macafferty	GSW	39.38	2 Kyle Randalls	TFV 31.56
3 Iain Swall	U17 MID	37.49	3 Adam Davies	SAL 28.35
4 Edmund Reid	TFV	32.37	4 Andrew Robertson	EDN 24.79
5 Ross McManus	EDN	31.35	5 James Savage	U17 MID 24.73
6 Matthew Wright	SAL	29.91	6 Michael Porter	PST 20.96
7 Bradley Tracey	U17 KGA	25.49	7 Connor Henderson	GSW 20.12
8 Jonathan Harker	PST	21.85	8 Matthew White	KGA 17.21

M Hammer Throw A			M Hammer Throw B	
1 Adam Davies	SAL	53.67	1 Edmund Reid	TFV 50.51
2 Kyle Randalls	TFV	51.92	2 Nathan Morris	SAL 37.81
3 Ross McManus	EDN	51.39	3 John King	U17 EDN 24.98
4 Jordan Bowser	GHD	45.02	4 Jack Roach	U17 GHD 15.49
5 Joe Cox	MID	20.99	5 Alex Hamer	U17 MID 14.44
6 Tom Dewhurst	U17 PST	17.43	6 Michael Porter	PST 9.18
7 John McCafferty	GSW	16.49	7 Stephen Fleming	GSW 6.52
8 Matthew White	KGA	8.02	8 Gareth Lamb	KGA 5.39

M High Jump A			M High Jump B	
1 David Smith	GSW	2.00	1 Corey Hastings	EDN 1.75
2 Gino Harvey	SAL	1.90	2 Jack Lochans	GSW 1.75
3 Allan Hamilton	EDN	1.90	3 Criss Ogilvie	U17 TFV 1.70
4 Jack Roach	U17 GHD	1.75	4 Mark Purkis	U17 GHD 1.65
5 Douglas Paul	U17 TFV	1.75		
6 Anthony Young	KGA	1.60		

M Javelin Throw A

1 Brett Daley	GHD	43.67
2 Tom Dewhurst	U17 PST	39.76
3 John Macafferty	GSW	39.28
4 Matthew Wright	SAL	38.90
5 Andrew Robertson	EDN	38.74
6 Kyle Papals	TFV	34.91
7 James Savage	U17 MID	31.85
8 Matthew White	KGA	21.43

M Javelin Throw B

1 Ross McManus	EDN	33.20
2 Jordan Bowser	GHD	33.04
3 Michael Porter	PST	31.13
4 Adam Davies	SAL	29.17
5 Phil Hay	MID	27.78
6 Ryan Steel	U17 TFV	23.36
7 Bradley Tracey	KGA	20.82
8 Martin Fishwick	GSW	13.68

M Long Jump A

1 Allan Hamilton	EDN	6.78+1.1
2 Douglas Paul	U17 TFV	6.37+1.6
3 David Smith	GSW	6.13+0.9
4 Sam Miller	U17 PST	5.99+1.2
5 Ben Porter	GHD	5.93+1.4
6 Robbie Nixon	SAL	5.73+1.0
7 Patrick Dryden	MID	5.53+1.5
8 Ewan Dyer	KGA	5.18+1.4

M Long Jump B

1 Callum Wilson	EDN	6.25+2.3
2 John Macafferty	GSW	6.06+1.2
3 Alex Bellis	SAL	5.72+2.0
4 Mark Purkis	U17 GHD	5.55+0.6
5 Garry Plain	TFV	5.52+1.7
6 Michael Overand	KGA	4.72+1.5
7 Andy Burrell	U17 PST	4.46+1.0

M Pole Vault A

1 Jax Thoires	GSW	4.40
2 Phil Hicks	GHD	3.20
3 Gino Harvey	SAL	2.90
4 Craig Dickson	EDN	2.30
5 Ben Aston	U17 KGA	2.00

M Pole Vault B

1 Sam Adams	GSW	3.85
2 Grant Cryer	GHD	2.60

M Shot Putt A

1 Alan Toward	GHD	13.78
2 John Macafferty	GSW	13.02
3 Nathan Morris	SAL	12.48
4 Iain Swall	U17 MID	12.00
5 Kyle Randalls	TFV	11.88
6 Ross McManus	EDN	11.10
7 Jonathan Harker	PST	10.76
8 Bradley Tracey	KGA	7.70

M Shot Putt B

1 Matthew Wright	SAL	11.61
2 Jordan Bowser	GHD	10.89
3 Edmund Reid	U17 TFV	10.83
4 Jax Thoires	GSW	10.80
5 Andrew Robertson	EDN	9.62
6 Patrick Dryden	MID	8.41
7 Michael Porter	PST	7.97
8 Matthew White	KGA	7.27

M Triple Jump A

1 Allan Hamilton	EDN	14.04-0.9
2 Ben Porter	GHD	13.91+2.0
3 Alex Bellis	SAL	12.93+0.9
4 David Smith	GSW	12.68+1.4
5 Criss Ogilvie	U17 TFV	10.37+0.9
6 Mark Travers	KGA	9.34+0.5

M Triple Jump B

1 Callum Wilson	EDN	13.31-0.1
2 Scott Hall	U17 GHD	13.19+1.1
3 Robbie Nixon	SAL	11.79-0.2
4 Jack Lochans	GSW	11.38+0.0

W 100m A

Wind -2.8 m/s

1 Olivia Callaghan	U17 SAL	12.47
2 Chloe Lambert	GSW	12.54
3 Hope Robertson	EDN	12.64
4 Lorna Goldsmith	MID	12.93
5 Georgia Dawson	U17 GHD	12.98
6 Abbie Unsworth	U17 PST	13.37
7 Jessica Barrows	U17 KGA	13.71
8 Jemma Learmouth	U17 TFV	14.02

W 100m B

Wind -3.1 m/s

1 Ashleigh Stone	MID	13.13
2 Becky Caswell	U17 EDN	13.30
3 Lauren Lambie	GSW	13.31
4 Jessica Read	U17 GHD	13.52
5 Alison Craig	U17 KGA	13.54
6 Molly Cockburn	U17 SAL	13.62
7 Sophie Brown	U17 TFV	15.22

W 200m A		Wind -1.5 m/s	W 200m B		Wind -1.0 m/s
1	Olivia Callaghan	U17 SAL 25.76	1	Chloe Lambert	GSW 25.24
2	Kirsten Galbraith	U17 KGA 26.44	2	Tyra Watson	SAL 26.51
3	Georgia Dawson	U17 GHD 26.61	3	Rachel Dinsdale	EDN 26.84
4	Fiona Cleat	EDN 26.89	4	Ashleigh Wood	GHD 27.35
5	Lorna Goldsmith	MID 27.12	5	Jessica Barrows	U17 KGA 27.38
6	Jennifer Hannah	GSW 27.29	6	Jess Kennedy	MID 27.45
7	Abbie Unsworth	U17 PST 27.39	7	Amy Manson	TFV 27.78
8	Sarah Dick	U17 TFV 27.68	8	Katy Alderson	U17 PST 28.48

W 400m A			W 400m B		
1	Diane Ramsey	GSW 57.01	1	Emma Masson	GHD 58.18
2	Rebecca Ferguson	GHD 58.45	2	Katie McKnight	GSW 59.18
3	Tyra Watson	SAL 58.64	3	Faye Kerney	U17 EDN 62.71
4	Emily Dudgeon	EDN 59.33	4	Lateffa Burton	SAL 63.64
5	Christina Sharples	KGA 61.49	5	Amy Manson	TFV 64.54
6	Mhari Ingles	TFV 61.50			
7	Rebecca Maguire	MID 65.14			
8	Katie Berry	U17 PST 68.61			

W 800m A			W 800m B		
1	Sarah Ingles	TFV 2.14.40	1	Amanda Campbell	TFV 2.17.96
2	Olivia O'Hare	U17 EDN 2.15.24	2	Stephanie Loraine	GHD 2.21.12
3	Kathryn Pennel	U17 KGA 2.15.38	3	Blair Wood	U17 EDN 2.28.22
4	Hollie Young	GSW 2.19.99	4	Catriona Lockie	GSW 2.31.93
5	Stephanie Bruce	U17 GHD 2.20.63			
6	Catherine Maynell	U17 MID 2.29.25			
7	Chloe Grant	U17 SAL 2.29.29			
8	Ellen Buckley	PST 2.34.92			

W 1500m A			W 1500m B		
1	Sarah Dick	TFV 4.39.25	1	Hollie Young	GSW 4.58.15
2	Stella Winters	GSW 4.47.5	2	Misha Nayak-Oliver	U17 SAL 5.20.06
3	Kristie Leybourne	SAL 4.47.88	3	Rebecca Oldham	GHD 5.22.37
4	Louisa Stewart	EDN 4.50.10	4	Isabelle Bough	EDN 5.22.79
5	Faye Lockhart	U17 GHD 5.17.06			
6	Ellen Buckley	PST 5.19.83			

W 3000m A			W 3000m B		
1	Deborah Hannah	GSW 10.41.0	1	Rhain Dawes	GSW 11.01.5
2	Rebecca Oram	U17 GHD 11.07.8	2	Amanda Watt	U17 GHD 12.18.3
3	Jess Wilkinson	U17 MID 12.15.9	3	Laura Gibson	U17 KGA 13.09.7
4	Kerry Gibson	U17 KGA 12.51.5			

W 100mH A		Wind -2.8 m/s	W 100mH B		Wind -2.8 m/s
1	Ashleigh Wood	GHD 15.22	1	Kirsty Yates	GSW 18.26
2	Judith McNicole	GSW 17.04	2	Hannah Pringle	U17 GHD 19.57
3	Emma Gordon	KGA 17.11	3	Lauren Stoddart	EDN 21.31
4	Sarah Watters	EDN 18.03			

W 400mH A

1 Rachel Mitchinson	MID	65.00
2 Lauren Stoddart	EDN	65.33
3 Lateffa Burton	SAL	68.66
4 Rose Fagan	U17 KGA	70.78
5 Rebecca Hart	GSW	71.62
6 Katie Berry	U17 PST	73.78
7 Carla McMullen	U17 GHD	88.36

W 400mH B

1 Fiona Cleat	EDN	67.61
2 Jennifer Simmons	SAL	74.65
3 Judith McNicole	GSW	76.86

W 1500m Sc A

1 Amanda Campbell	TFV	5.22.86
2 Lateffa Burton	SAL	5.44.68
3 Caroline Adams	GSW	6.24.69

W 1500m Sc B

1 Mhari Ingles	TFV	5.30.56
2 Rebecca Hart	GSW	7.21.37

W Discus Throw A

1 Kimberley Reid	U17 EDN	29.14
2 Charlotte Dickenson	U17 SAL	29.05
3 Kimberley Burt	GHD	26.94
4 Sally Webster	GSW	25.15
5 Lisa McAlpine	KGA	22.92
6 Jaqualine Plain	U17 TFV	21.61
7 Kayleigh Huggins	PST	19.65
8 Kate Welford	MID	14.91

W Discus Throw B

1 Nicky McMurtrie	U17 EDN	29.05
2 Karen Cairns	KGA	22.22
3 Rachael McIntyre	GHD	17.29
4 Emily Rawlins	SAL	15.94
5 Charlotte McEwan	U17 MID	13.66
6 Allison Innes	GSW	12.53
7 Mhari Ingles	TFV	12.14
8 Ellen Buckley	PST	11.13

W Hammer Throw A

1 Kimberley Reid	U17 EDN	42.89
2 Charlotte McEwan	MID	41.88
3 Jaqualine Plain	U17 TFV	41.25
4 Sally Webster	GSW	38.09
5 Jess Wilson	GHD	35.42
6 Alix Barton	SAL	30.55
7 Lisa McAlpine	KGA	16.08

W Hammer Throw B

1 Heather Johnson	U17 MID	38.64
2 Kelly Bodley	U17 EDN	37.81
3 Kirsty Yates	GSW	34.97
4 Emily Rawlins	SAL	24.47
5 Ameer Welsh	GHD	15.47
6 Sarah Dick	U17 TFV	15.08
7 Karen Cairns	KGA	13.35

W High Jump A

1 Kirsty Barr	GSW	1.61
2 Leah Kennedy	MID	1.58
3 Aimee Jones	U17 SAL	1.50
4 Sarah Dick	U17 TFV	1.50
5 Stephanie Bruce	U17 GHD	1.45
6 Sarah Watters	U17 EDN	1.35
7 Kirsten Galbraith	U17 KGA	1.35

W High Jump B

1=Jennifer Simmons	SAL	1.45
1=Rachel Whittle	GSW	1.45
3 Sophie Brown	U17 TFV	1.45
4 Naomi Symonds	U17 EDN	1.45
5 Ashleigh Stone	MID	1.30
6 Emily McLaughlan	U17 KGA	1.30

W Javelin Throw A

1 Paula Gass	U17	EDN	34.53
2 Kayleigh Huggins		PST	30.43
3 Bella Hailstone		SAL	30.36
4 Rachael McIntyre		GHD	27.89
5 Kirsty Yates		GSW	21.30
6 Kate Welford		MID	17.78
7 Karen Cairns		KGA	17.68
8 Sarah Ingles		TFV	12.00

W Javelin Throw B

1 Bethany Valente	U17	EDN	31.30
2 Brogan Crowley	U17	SAL	22.90
3 Evelyn Bryce		GSW	20.55
4 Heather Johnson	U17	MID	16.85
5 Jayne Hansom		GHD	15.04
6 Jessica Barrows	U17	KGA	10.45

W Long Jump A

1 Sarah Warnock		EDN	5.61+0.5
2 Kirsten Galbraith	U17	KGA	5.32+0.5
3 Kirsty Barr		GSW	5.22+1.4
4 Jessica Read	U17	GHD	5.03+1.9
5 Brogan Crowley		SAL	4.95+1.3
6 Ashleigh Stone		MID	4.85+1.4
7 Jemma Learmouth	U17	TFV	4.66+1.2
8 Katy Alderson	U17	PST	4.34+0.7

W Long Jump B

1 Faye Nicholson		EDN	5.21+2.9
2 Ashleigh Wood		GHD	4.83+1.6
3 Ahtollah Rose		SAL	4.71+1.4
4 Judith McNicole		GSW	4.64+0.8
5 Alison Craig	U17	KGA	4.42+0.5
6 Christine O'Connor		MID	3.99+0.9
7 Kayleigh Huggins		PST	3.52+0.9

W Pole Vault A

1 Caroline Adams		GSW	3.20
2 Emma Anderson		SAL	3.00
3 Kerry McGuire	U17	GHD	2.60

W Pole Vault B

1 Joanne Lawton		GHD	2.60
2 Samara Mohtasham	U17	SAL	2.60

W Shot Putt A

1 Kirsty Yates		GSW	12.11
2 Jayne Hansom		GHD	10.01
3 Naomi Symonds	U17	EDN	9.94
4 Charlotte Dickenson	U17	SAL	9.79
5 Karen Cairns		KGA	8.26
6 Charlotte McEwan	U17	MID	7.59
7 Kayleigh Huggins		PST	6.80
8 Jaqualine Plain	U17	TFV	6.79

W Shot Putt B

1 Bella Hailstone		SAL	9.47
2 Sally Webster		GSW	9.33
3 Nicki McMurtrie		EDN	9.18
4 Ashleigh Wood		GHD	9.03
5 Lisa McAlpine		KGA	6.60
6 Kate Welford		MID	6.34
7 Ellen Buckley		PST	5.70
8 Amy Manson		TFV	4.82

W Triple Jump A

1 Ahtollah Rose		SAL	11.84+0.4
2 Sarah Warnock		EDN	11.45+1.8
3 Abbie Unsworth	U17	PST	10.83-0.6
4 Hannah Pringle	U17	GHD	10.71+0.4
5 Kirsty Barr		GSW	10.04-0.3
6 Christine O'Connor		MID	9.48-0.3
7 Emma Gordon		KGA	8.50-0.2
8 Amanda Campbell		TFV	7.99+2.0

W Triple Jump B

1 Judith McNicole		GSW	9.92+0.0
2 Emma Pringle		GHD	9.82+0.7
3 Sarah Watters		EDN	9.63+0.1
4 Leah Kennedy		MID	9.25-0.2
5 Katy Alderson	U17	PST	8.69+2.2
6 Emily McLaughlan	U17	KGA	7.84+1.2

W 4x100m Relay

1	EDN	49.35	1	Hope Robertson	2	Sarah Warnock
			3	Rachel Dinsdale	4	Becky Caswell
2	GHD	49.49	1	Rachel McHugh	U17	2 Jessica Read
			3	Georgia Dawson	U17	4 Ashleigh Wood
3	SAL	49.67	1	Molly Cockburn	U17	2 Brogan Crowley
			3	Jennifer Simmons	4	Olivia Callaghan
4	MID	49.68	1	Kate Welford	2	Ashleigh Stone
			3	Jess Kennedy	4	Lorna Goldsmith
5	GSW	51.45	1	Rachel Whittle	2	Chloe Lambert
			3	Lauren Lambie	4	Kirsty Barr
6	KGA	51.62	1	Emma Gordon	2	Alison Craig
			3	Jessica Barrows	U17	4 Kirsten Galbraith
7	TFV	88.0	1	Jemma Learmouth	U17	2 Sophie Brown
			3	Amy Manson	4	Katie Mhari King

W 4x400m Relay

1	GHD	3.57.34	1	Stephanie Loraine	2	Emma Masson
			3	Rebecca Ferguson	4	Stephanie Bruce
2	GSW	3.58.24	1	Jennifer Hannah	2	Katie McKnight
			3	Diane Ramsey	4	Hollie Young
3	EDN	4.07.42	1	Emily Dudgeon	2	Fiona Cleat
			3	Lauren Stoddart	4	Blair Wood
4	SAL	4.11.50	1	Tyra Watson	2	Victoria Calderbank
			3	Chloe Grant	U17	4 Kristie Leybourne
5	KGA	4.12.15	1	Rose Fagan	U17	2 Helen Coleman
			3	Kathryn Pennel	U17	4 Christina Sharples
6	TFV	4.12.59	1	Amanda Campbell	2	Mhari Ingles
			3	Sarah Ingles	4	Sarah Dick

M 4x100m Relay

1	EDN	42.92	1	Allan Hamilton	2	Corey Hastings
			3	Isaiah Symonds	4	Callum Wilson
2	GHD	44.38	1	Andrew Wilkinson	2	Matthew Greenhow
			3	Brett Daley	4	Jack Greenwell
3	GSW	44.78	1	David Kerr	2	David Smith
			3	Jax Thoires	4	Jack Lochans
4	KGA	44.82	1	Ewan McBride	U17	2 Anthony Young
			3	Mark Travers	U17	4 Michael Overand
5	MID	45.33	1	Joe Cox	2	Daniel Loughran
			3	Phil Hay	4	Christian Carson
6	SAL	46.25	1	Charles Burke	2	Victor Neyu
			3	Aarron Crowley	4	Marcel Stevens
7	TFV	48.96	1	Sanju Sinwardena	U17	2 Garry Plain
			3	Martyn Paterson	4	Ryan Steel

M 4x400m Relay

1 EDN 3.21.14	1 Peter Loudon		2 Ross Matheson
	3 Jay Younger	U17	4 Greg Louden
2 KGA 3.24.22	1 Gareth Lamb		2 Michael Overand
	3 Ewan Dyer		4 Anthony Young
3 TFV 3.29.05	1 Craig Ritchie		2 Craig McDowall
	3 Dale Colley	U17	4 Martyn Paterson
4 GHD 3.29.86	1 Adam Rowland		2 Callum Robson
	3 Tom Maper		4 Andrew Roen
5 SAL 3.35.97	1 Josh Oguntayo		2 Matthew Wright
	3 Charles Hulson		4 Charles Burke
6 MID 3.41.50	1 Joe Cox		2 Patrick Dryden
	3 Dominic Hobbs	U17	4 Daniel Loughran
7 GSW 3.45.18	1 Stephen Fleming		2 Lachlan Oats
	3 Martin Fishwick		4 Jack Walker

PRIOR STANDINGS			MATCH RESULT			LEAGUE STANDINGS		
	Event	Lge		Event	Lge		Event	Lge
1	EDN 986	14	1	EDN 515	8	1	Team Edinburgh	1501 22
2	GSW 956	14	2	GHD 473	7	2	Team Glasgow	1428 20
3	SAL 775	11	3	GSW 472	6	3	Sale Harriers(Manchester)	1221 16
4	TFV 675.5	9	4	SAL 446	5	4	Gateshead Harriers & AC	1155.5 15
5	KGA 691	8	5	TFV 291	4	5	Team Forth Valley	966.5 13
6	GHD 682.5	8	6	KGA 278	3	6	Kingdom Athletics	969 11
7	PST 534	5	7	MID 240	2	7	Preston Harriers	664 6
8	MID 478	3	8	PST 130	1	8	Middlesbrough AC	718 5

Note(s)

PST Includes - 10pts,

W 100m	Wind -1.7 m/s	W Javelin Throw	
1 Kirsty Barr	GSW 12.90	1 Nicky McMutrie	EDN 31.81
2 Jess Kennedy	MID 13.17		
3 Claire Jane Macdonald	GSW 13.94		
W Long Jump		W Triple Jump	
1 Rachel Dinsdale	EDN 4.77+1.0	1 Carla McMullen	GHD 9.74-0.5
M 1500m		M 200m	Wind -0.5 m/s
1 Ruaridh Miller	EDN 4.25.18	1 Greg Louden	EDN 22.73
M Long Jump			
1 Jordan Newport	EDN 5.85+1.0		