

For Official Use Only Race Number

LINWOOD OPEN GRADED ENTRY FORM – PLEASE USE BLOCK CAPITALS AND A SEPARATE FORM FOR EACH EVENT

Name.....

Club or School.....

Sex M/F..... Date of Birth.....

Competitive Age Group (for Season 2009).....
(insert U11, U13, U15, U17, U20, Senior or Vet)

Event.....100 Metres Race 1.....Race 2.....

scottishathletics RegNoSGA No.....if applic)

Address.....

.....

Telephone Number.....

PERSONAL BESTANTICIPATED PERFORMANCE.....

- I accept that the organisers will not be liable for any loss, damage, action, claim, costs or expenses which may arise in consequence of my participation in this event.
- I declare that I am an amateur as defined by the Rules of UKA or am a registered Member of SGA and that I am aware of the rules regarding Banned Substances and agree to undergo a test for these if called upon so to do.

Signature.....Date.....

LINWOOD SPORTS COMPLEX

SUMMER OPEN GRADED SERIES 2009 OF TRACK AND FIELD EVENTS

*(including
scottishathletics Open Graded
Grand Prix Series Event 3 on 29th July)*
(Under UK Athletics Rules. scottishathletics Permit Events)

**AT LINWOOD SPORTS COMPLEX
BREDILAND ROAD, LINWOOD**

WEDNESDAY 29TH APRIL

WEDNESDAY 27TH MAY

WEDNESDAY 24TH JUNE

WEDNESDAY 29TH JULY

STARTING AT 7PM.

ENTRY FEE £2 PER EVENT

ALL AGE GROUPS AND ABILITIES WELCOME