

SCOTTISH UNIVERSITIES ATHLETICS

Freshers' Match - KHISA 29 October 2008

The following timetable has been prepared taking into account the number of athletes normally taking part in the meeting and is, therefore, liable to require alteration on the day depending on the turnout.

Please listen for announcements so that you are aware of any changes made by the Referees or organisers.

Track			Field		
14.00	60m Hurdles	Final M/F	14.00	High Jump	M/F
14.10	60m	Heats M/F	14.00	Long Jump	M/F
14.30	400m	Heats M/F			
14.45	60m	Finals M/F	14.45	Pole Vault	M/F
14.50	800m	Finals M/F	14.45	Shot Putt	M/F
15.05	200m	Heats M/F			
15.25	1500m	Finals M/F	15.30	Triple Jump	M/F
15.45	400m	Finals M/F			
15.55	3000m	Final (Combined)			
16.15	200m	Finals M/F			
16.20	4 x 400m				
16.30	4 x 200m				

If no heats are required the FINAL will be run at HEAT time.

If the Pole Vault is not required the TRIPLE JUMP will be held as soon as the Long Jump is finished

Athletes are required to declare their intention to compete AT LEAST one hour prior to the competition time

Numbers, as issued, must be worn front and back (except PV & HJ)

IT IS YOUR RESPONSIBILITY TO ENSURE THAT YOU DO NOT ENTER EVENTS, WHICH CLASH WITH EACH OTHER UNLESS YOU ARE CONFIDENT THAT YOU CAN COPE WITH THE PROBLEM.

Please ensure that everyone enjoys themselves by co-operating with the officials who have given of their own time to allow your competition to take place.