



Heating Appliances & Spares

SPECIALIST H & V DISTRIBUTORS

## HASL Lothian & Borders League Timetable

FIRST MATCH 27 <sup>th</sup> APRIL						
TRACK				FIELD		
1	1.15	70mH	U13G	1.00	Hammer	All
2	1.25	75mH	U13B	1.00	Pole V.	U15B/G
3	1.35	75mH	U15G	1.00	High J.	U11G
4	1.45	80mH	U15B	1.15	Long J.	U13G
5	1.50	1500m	U15G	1.15	Shot	U15G
6	2.00	1500m	U15B	2.15	Discus	U13B
7	2.10	1500m	U17/SW	2.15	Pole V.	U17/MW
8	2.20	1500m	U17/SM	2.15	Shot	U15B
9	2.30	300m	U17W	2.30	Long J.	U17/SM
10	2.35	300m	U15G	3.00	High J.	U13B
11	2.40	400m	U15B	3.15	Discus	U13G
12	2.45	400m	U17M	3.15	Shot	U17/SW
13	2.50	400m	SW	3.40	High J.	U15G
14	2.55	400m	SM			
15	3.00	800m	U13G			
16	3.10	800m	U13B			
17	3.20	100m	U11G			
18	3.30	100m	U11B			
19	3.40	100m	U13G			
20	3.45	100m	U13B			
21	3.50	100m	U15G			
22	3.55	100m	U15B			
23	4.00	100m	U17M			
24	4.05	100m	U17W			
25	4.10	100m	SW			
26	4.15	100m	SM			
27	4.20	4x200m	U11G			
28	4.25	4x200m	U11B			
29	4.30	4x200m	U13G			
30	4.35	4x200m	U13B			
31	4.40	4x200m	U15G			
32	4.45	4x200m	U15B			
33	4.50	4x200m	U17M			
34	5.00	4x200m	U17W			
35	5.05	4x200m	SW			
36	5.10	4x200m	SM			