

2007

2008



SCOTTISH ATHLETICS
INDOOR LEAGUE

FINAL and RELAYS

SAIL FINAL 2008
Kelvin Hall
16th March

| | # | club | 60m'A' | 60m'B' | 600m'A' | 600m'B' | TRACK | S/Long'A' | S/Long'B' | FIELD | TOTAL |
|---------------|----|--------------------|--------|--------|---------|---------|-------|-----------|-----------|-------|-------|
| Under 11 Boys | 6 | Giffnock North *A* | 6 | 6 | 5 | 6 | 23 | 5 | 5 | 10 | 33 |
| Under 11 Boys | 7 | Giffnock North *B* | 3 | 4 | 4 | 5 | 16 | 4 | 6 | 10 | 26 |
| Under 11 Boys | 78 | Law & District | 2 | 2 | 6 | 1 | 11 | 6 | 2 | 8 | 19 |
| Under 11 Boys | 20 | Whitemoss | 5 | 3 | 1 | 3 | 12 | 2 | 4 | 6 | 18 |
| Under 11 Boys | 70 | Lasswade | | 5 | 3 | 4 | 12 | 3 | | 3 | 15 |
| Under 11 Boys | 51 | Airdrie | 4 | 1 | 2 | 2 | 9 | 1 | 3 | 4 | 13 |

| | # | club | 60m | 800m | 60m Hur | 200m | TRACK | High | LJ | Shot | FIELD | TOTAL |
|---------------|----|----------------|-----|------|---------|------|-------|------|----|------|-------|-------|
| Under 13 Boys | 56 | Edinburgh A | 5 | 2 | 4 | 5 | 16 | 3.5 | 5 | 3 | 11.5 | 27.5 |
| Under 13 Boys | 18 | VP-Glasgow | 3 | 5 | 5 | 1 | 14 | 3.5 | 3 | 4 | 10.5 | 24.5 |
| Under 13 Boys | 6 | Giffnock North | 4 | 1 | 2 | 3 | 10 | 2 | 4 | 5 | 11 | 21 |
| Under 13 Boys | 20 | Whitemoss | 2 | 3 | 3 | 4 | 12 | 5 | 2 | 2 | 9 | 21 |
| Under 13 Boys | 57 | Edinburgh B | 1 | 4 | | 2 | 7 | 1 | 1 | 1 | 3 | 10 |

| | # | club | 60m | 800m | 60m Hur | 200m | 400m | TRACK | High | LJ | Shot | FIELD | TOTAL |
|---------------|----|----------------|-----|------|---------|------|------|-------|------|----|------|-------|-------|
| Under 15 Boys | 71 | Kilbarchan | 1 | 3 | 4 | 2 | 5 | 15 | 4 | 5 | 4 | 13 | 28 |
| Under 15 Boys | 18 | VP-Glasgow | 4 | 2 | 3 | 3 | 3 | 15 | 3 | 3 | 5 | 11 | 26 |
| Under 15 Boys | 70 | Lasswade | 5 | 1 | 5 | 5 | 4 | 20 | 1 | 4 | 1 | 6 | 26 |
| Under 15 Boys | 6 | Giffnock North | 2 | 4 | 2 | 4 | 2 | 14 | 5 | 2 | 2 | 9 | 23 |
| Under 15 Boys | 78 | Law & District | 3 | 5 | 1 | 1 | 1 | 11 | 2 | 1 | 3 | 6 | 17 |

| | # | club | 60m | 800m | 60m Hur | 200m | 400m | TRACK | High | LJ | TJ | Shot | FIELD | TOTAL |
|--------------|----|----------------|-----|------|---------|------|------|-------|------|----|----|------|-------|-------|
| Under 17 Men | 56 | Edinburgh | 4 | 1 | 5 | 2 | 3 | 15 | 4 | 4 | 5 | 2 | 15 | 30 |
| Under 17 Men | 19 | VP-Glasgow | 5 | 2 | 3 | 1 | 1 | 12 | 5 | 5 | 3 | 4 | 17 | 29 |
| Under 17 Men | 71 | Kilbarchan | 2 | 3 | 4 | 3 | 2 | 14 | 1 | 3 | 2 | 5 | 11 | 25 |
| Under 17 Men | 78 | Law & District | 1 | 5 | 2 | 5 | 4 | 17 | 2 | 2 | 1 | 3 | 8 | 25 |
| Under 17 Men | 6 | Giffnock North | 3 | 4 | 0 | 4 | 5 | 16 | 3 | 0 | 4 | 1 | 8 | 24 |

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| | # | club | 60m | 800m | 60m Hur | 200m | 400m | TRACK | High | LJ | TJ | Shot | FIELD | TOTAL |
|--------------|----|----------------|-----|------|---------|------|------|-------|------|----|----|------|-------|-------|
| Under 20 Men | 19 | VP-Glasgow | 5 | 4 | 5 | 5 | 3 | 22 | 4 | 4 | 3 | 4 | 15 | 37 |
| Under 20 Men | 71 | Kilbarchan | 4 | 2 | 4 | 4 | 5 | 19 | 1 | 5 | 5 | 3 | 14 | 33 |
| Under 20 Men | 20 | Whitemoss | 3 | 1 | 1 | 1 | 2 | 8 | 3 | 3 | 4 | 5 | 15 | 23 |
| Under 20 Men | 78 | Law & District | 1 | 5 | 3 | 3 | 1 | 13 | 2 | 2 | 2 | 2 | 8 | 21 |
| Under 20 Men | 1 | Ayr Seaforth | 2 | 3 | 2 | 2 | 4 | 13 | 5 | | | | 5 | 18 |

| | # | club | 60m'A' | 60m'B' | 600m'A' | 600m'B' | TRACK | S/Long'A' | S/Long'B' | FIELD | TOTAL |
|----------------|----|--------------------|--------|--------|---------|---------|-------|-----------|-----------|-------|-------|
| Under 11 Girls | 51 | Airdrie | 3 | 5 | 5 | 6 | 19 | 4 | 2 | 6 | 25 |
| Under 11 Girls | 20 | Whitemoss | 6 | 6 | 6 | 2 | 20 | 1 | 3 | 4 | 24 |
| Under 11 Girls | 6 | Giffnock North *A* | 4 | 4 | 3 | 4 | 15 | 2 | 6 | 8 | 23 |
| Under 11 Girls | 64 | Falkirk | 5 | 2 | 2 | 3 | 12 | 6 | 4 | 10 | 22 |
| Under 11 Girls | 7 | Giffnock North *B* | 2 | 3 | 1 | 5 | 11 | 3 | 5 | 8 | 19 |
| Under 11 Girls | 78 | Law & District | 1 | 1 | 4 | 1 | 7 | 5 | 1 | 6 | 13 |

| | # | club | 60m | 800m | 60m Hur | 200m | | TRACK | High | LJ | | Shot | FIELD | TOTAL |
|----------------|----|-------------|-----|------|---------|------|--|-------|------|----|--|------|-------|-------|
| Under 13 Girls | 70 | Lasswade | 5 | 3 | 5 | 5 | | 18 | 5 | 5 | | 2 | 12 | 30 |
| Under 13 Girls | 17 | Shettleston | 4 | 5 | 3 | 4 | | 16 | 1 | 3 | | 4 | 8 | 24 |
| Under 13 Girls | 56 | Edinburgh | 2 | 2 | 4 | 3 | | 11 | 2 | 4 | | 5 | 11 | 22 |
| Under 13 Girls | 20 | Whitemoss | 1 | 4 | 2 | 2 | | 9 | 3 | 1 | | 3 | 7 | 16 |
| Under 13 Girls | 15 | Livingston | 3 | 1 | 1 | 1 | | 6 | 4 | 2 | | 1 | 7 | 13 |

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| | # | club | 60m | 800m | 60m Hur | 200m | 300m | TRACK | High | LJ | | Shot | FIELD | TOTAL |
|----------------|----|----------------|-----|------|---------|------|------|-------|------|----|--|------|-------|-------|
| Under 15 Girls | 6 | Giffnock North | 5 | 5 | 5 | 5 | 5 | 25 | 4 | 5 | | 2 | 11 | 36 |
| Under 15 Girls | 18 | VP-Glasgow | 3 | 4 | 3 | 4 | 4 | 18 | 5 | 4 | | 4 | 13 | 31 |
| Under 15 Girls | 70 | Lasswade | 1 | 3 | 2 | 2 | 3 | 11 | 1 | 3 | | 5 | 9 | 20 |
| Under 15 Girls | 78 | Law & District | 4 | 2 | 1 | 3 | 2 | 12 | 2 | 2 | | 1 | 5 | 17 |
| Under 15 Girls | 56 | Edinburgh | 2 | 1 | 4 | 1 | 1 | 9 | 3 | 1 | | 3 | 7 | 16 |

| | # | club | 60m | 800m | 60m Hur | 200m | 300m | TRACK | High | LJ | TJ | Shot | FIELD | TOTAL |
|----------------|----|-----------------------|-----|------|---------|------|------|-------|------|----|----|------|-------|-------|
| Under 17 Women | 6 | Giffnock North *A* | 4 | 5 | 3 | 5 | 5 | 22 | 5 | 3 | 3 | 4 | 15 | 37 |
| Under 17 Women | 78 | Law & District | 5 | 4 | 2 | 3 | 4 | 18 | 1 | 5 | 5 | 5 | 16 | 34 |
| Under 17 Women | 71 | Kilbarchan | 2 | 2 | 4 | 4 | 1 | 13 | 3 | 2 | 4 | 3 | 12 | 25 |
| Under 17 Women | 18 | VP-Glasgow | 3 | | 5 | 1 | 3 | 12 | 4 | 4 | | 1 | 9 | 21 |
| Under 17 Women | 7 | Giffnock North *B* | 1 | 3 | 1 | 2 | 2 | 9 | 2 | 1 | 2 | 2 | 7 | 16 |

| | # | club | 60m | 800m | 60m Hur | 200m | 300m | TRACK | High | LJ | TJ | Shot | FIELD | TOTAL |
|----------------|----|----------------|-----|------|---------|------|------|-------|------|----|----|------|-------|-------|
| Under 20 Women | 71 | Kilbarchan | 5 | 5 | 5 | 3.5 | 5 | 23.5 | 3.5 | 4 | 1 | 3 | 11.5 | 35 |
| Under 20 Women | 18 | VP-Glasgow | 2 | 4 | 4 | 5 | 2 | 17 | 5 | 3 | 4 | 4 | 16 | 33 |
| Under 20 Women | 56 | Edinburgh | 3 | 2 | 3 | 3.5 | 4 | 15.5 | 1 | 5 | 5 | 5 | 16 | 31.5 |
| Under 20 Women | 20 | Whitemoss | 4 | 1 | 2 | 2 | 1 | 10 | 3.5 | 1 | 3 | 1 | 8.5 | 18.5 |
| Under 20 Women | 6 | Giffnock North | 1 | 3 | 1 | 1 | 3 | 9 | 2 | 2 | 2 | 2 | 8 | 17 |

Under 11 Boys : 60 metres A

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------------------|--------------------|-------------|--------|
| 1 | 6 | David Lambie | Giffnock North 'A' | 9.33 | 6 |
| 2 | 20 | Fraser Paul | Whitemoss 'A' | 9.45 | 5 |
| 3 | 51 | John Harty | Airdrie | 9.84 | 4 |
| 4 | 7 | John Michael McFarlane | Giffnock North 'B' | 9.87 | 3 |
| 5 | 78 | Mark Bradshaw | Law & District 'A' | 11.44 | 2 |

Under 11 Boys : 60 metres B

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------|--------------------|-------------|--------|
| 1 | 6 | Gregor Munro | Giffnock North 'A' | 9.43 | 6 |
| 2 | 70 | Kyle MacKenzie | Lasswade 'A' | 9.65 | 5 |
| 3 | 7 | Stuart Thomson | Giffnock North 'B' | 9.82 | 4 |
| 4 | 20 | Lewis MacFie | Whitemoss 'A' | 9.86 | 3 |
| 5 | 78 | Euan Robb | Law & District 'A' | 10.65 | 2 |
| 6 | 51 | Josh Kerr | Airdrie | 11.10 | 1 |

Under 11 Boys : 600 metres A

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------|--------------------|-------------|--------|
| 1 | 78 | Jay Cowan | Law & District 'A' | 1:54.54 | 6 |
| 2 | 6 | Philip Lee | Giffnock North 'A' | 1:58.08 | 5 |
| 3 | 7 | Dewi Gould | Giffnock North 'B' | 2:00.47 | 4 |
| 4 | 70 | Calum Grahame | Lasswade 'A' | 2:09.73 | 3 |
| 5 | 51 | Deklin Renicks | Airdrie | 2:09.90 | 2 |
| 6 | 20 | Paul Cochrane | Whitemoss 'A' | 2:28.46 | 1 |

Under 11 Boys : 600 metres B

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------|--------------------|-------------|--------|
| 1 | 6 | Declar Farren | Giffnock North 'A' | 2:01.02 | 6 |
| 2 | 7 | Lewis Grant | Giffnock North 'B' | 2:06.89 | 5 |
| 3 | 70 | Kyle MacKenzie | Lasswade 'A' | 2:07.12 | 4 |
| 4 | 20 | Daniel Keenan | Whitemoss 'A' | 2:15.55 | 3 |
| 5 | 51 | John Harty | Airdrie | 2:23.82 | 2 |
| 6 | 78 | Mark Bradshaw | Law & District 'A' | 2:43.65 | 1 |

Under 11 Boys : Standing Long Jump A

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------------------|--------------------|-------------|--------|
| 1 | 78 | Jay Cowan | Law & District 'A' | 1.78 | 6 |
| 2 | 6 | David Lambie | Giffnock North 'A' | 1.74 | 5 |
| 3 | 7 | John Michael McFarlane | Giffnock North 'B' | 1.71 | 4 |
| 4 | 70 | Calum Grahame | Lasswade 'A' | 1.56 | 3 |
| 5 | 20 | Paul Cochrane | Whitemoss 'A' | 1.52 | 2 |
| 6 | 51 | Deklin Renicks | Airdrie | 1.52 | 1 |

Under 11 Boys : Standing Long Jump B

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|--------------|--------------------|-------------|--------|
| 1 | 7 | Lewis Grant | Giffnock North 'B' | 1.93 | 6 |
| 2 | 6 | Gregor Munro | Giffnock North 'A' | 1.66 | 5 |
| 3 | 20 | Mark Douglas | Whitemoss 'A' | 1.52 | 4 |
| 4 | 51 | Josh Kerr | Airdrie | 1.48 | 3 |
| 5 | 78 | Euan Robb | Law & District 'A' | 1.38 | 2 |

Under 11 Girls : 60 metres A

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------------|-------------------------------|-------------|--------|
| 1 | 20 | Sarah McDonald | Whitemoss 'A' | 9.25 | 6 |
| 2 | 64 | Claire Anderson | Falkirk Victoria Harriers 'A' | 9.27 | 5 |
| 3 | 6 | Rachel Alexander | Giffnock North 'A' | 9.73 | 4 |
| 4 | 51 | Emma Miller | Airdrie | 9.85 | 3 |
| 5 | 7 | Emma Watters | Giffnock North 'B' | 10.05 | 2 |

6 78 Kristen Cowe Law & District 12.25 1

Under 11 Girls : 60 metres B

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-------------------------|-------------------------------|-------------|--------|
| 1 | 20 | Alison Stewart | Whitemoss 'A' | 9.54 | 6 |
| 2 | 51 | Roisin Smith | Airdrie | 9.62 | 5 |
| 3 | 6 | Marie Louise Kolasinski | Giffnock North 'A' | 9.76 | 4 |
| 4 | 7 | Heather Scott | Giffnock North 'B' | 10.02 | 3 |
| 5 | 64 | Kelly Stone | Falkirk Victoria Harriers 'A' | 10.04 | 2 |
| 6 | 78 | Aynsley Jackson | Law & District | 11.16 | 1 |

Under 11 Girls : 600 metres A

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-------------------|-------------------------------|-------------|--------|
| 1 | 20 | Nicola Shankie | Whitemoss 'A' | 2:02.18 | 6 |
| 2 | 51 | Roisin Smith | Airdrie | 2:02.34 | 5 |
| 3 | 78 | Pamela McNicol | Law & District | 2:06.51 | 4 |
| 4 | 6 | Katie McClafferty | Giffnock North 'A' | 2:07.47 | 3 |
| 5 | 64 | Kelly Stone | Falkirk Victoria Harriers 'A' | 2:08.87 | 2 |
| 6 | 7 | Holly Still | Giffnock North 'B' | 2:10.99 | 1 |

Under 11 Girls : 600 metres B

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------------|-------------------------------|-------------|--------|
| 1 | 51 | Victoria Barclay | Airdrie | 2:06.46 | 6 |
| 2 | 7 | Robin Belch | Giffnock North 'B' | 2:07.30 | 5 |
| 3 | 6 | Nikki Hutcheson | Giffnock North 'A' | 2:08.20 | 4 |
| 4 | 64 | Alana Boggan | Falkirk Victoria Harriers 'A' | 2:14.36 | 3 |
| 5 | 20 | Megan Gemmell | Whitemoss 'A' | 2:32.00 | 2 |
| 6 | 78 | Kristen Cowe | Law & District | 2:45.61 | 1 |

Under 11 Girls : Standing Long Jump A

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------------|-------------------------------|-------------|--------|
| 1 | 64 | Claire Anderson | Falkirk Victoria Harriers 'A' | 1.85 | 6 |
| 2 | 78 | Pamela McNicol | Law & District | 1.73 | 5 |
| 3 | 51 | Emma Miller | Airdrie | 1.69 | 4 |
| 4 | 7 | Emma Watters | Giffnock North 'B' | 1.65 | 3 |
| 5 | 6 | Rachel Alexander | Giffnock North 'A' | 1.63 | 2 |
| 6 | 20 | Nicola Shankie | Whitemoss 'A' | 1.55 | 1 |

Under 11 Girls : Standing Long Jump B

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------------|-------------------------------|-------------|--------|
| 1 | 6 | Amy Martin | Giffnock North 'A' | 1.65 | 6 |
| 2 | 7 | Heather Scott | Giffnock North 'B' | 1.65 | 5 |
| 3 | 64 | Alana Boggan | Falkirk Victoria Harriers 'A' | 1.63 | 4 |
| 4 | 20 | Alison Stewart | Whitemoss 'A' | 1.60 | 3 |
| 5 | 51 | Victoria Barclay | Airdrie | 1.60 | 2 |
| 6 | 78 | Aynsley Jackson | Law & District | 1.43 | 1 |

Under 13 Boys : 60m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------|------------------------|-------------|--------|
| 1 | 56 | Kyle Hogg | Edinburgh AC 'A' | 8.20 | 5 |
| 2 | 6 | Callum Firth | Giffnock North 'A' | 8.39 | 4 |
| 3 | 18 | Ross Carpenter | VP City of Glasgow 'A' | 9.09 | 3 |
| 4 | 20 | Jonathon Shaw | Whitemoss 'A' | 9.27 | 2 |
| 5 | 57 | Luca Vita | Edinburgh AC 'B' | 9.30 | 1 |

Under 13 Boys : 800m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-----------------|------------------------|-------------|--------|
| 1 | 18 | Lewis Boyle | VP City of Glasgow 'A' | 2:32.12 | 5 |
| 2 | 57 | Patrick Ryan | Edinburgh AC 'B' | 2:33.19 | 4 |
| 3 | 20 | Craig Whyteside | Whitemoss 'A' | 2:37.73 | 3 |
| 4 | 56 | Jack Harrison | Edinburgh AC 'A' | 2:45.19 | 2 |
| 5 | 6 | Rob Gourley | Giffnock North 'A' | 2:59.67 | 1 |

Under 13 Boys : 60m Hurdles

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|--------------------|------------------------|-------------|--------|
| = | 57 | Callum Jones | Edinburgh AC 'B' | DNF | 0 |
| 1 | 18 | Robbie Pollock | VP City of Glasgow 'A' | 10.85 | 5 |
| 2 | 56 | Ben Black | Edinburgh AC 'A' | 10.86 | 4 |
| 3 | 20 | Andrew Ravenscroft | Whitemoss 'A' | 10.99 | 3 |
| 4 | 6 | S Woodhouse | Giffnock North 'A' | 12.22 | 2 |

Under 13 Boys : 200m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|--------------------|------------------------|-------------|--------|
| 1 | 56 | Kyle Hogg | Edinburgh AC 'A' | 27.17 | 5 |
| 2 | 20 | Andrew Ravenscroft | Whitemoss 'A' | 28.24 | 4 |
| 3 | 6 | Adam Divers | Giffnock North 'A' | 28.28 | 3 |
| 4 | 57 | Patrick Ryan | Edinburgh AC 'B' | 29.54 | 2 |
| 5 | 18 | Marcus Cooney | VP City of Glasgow 'A' | 30.43 | 1 |

Under 13 Boys : High Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|--------------------|------------------------|-------------|--------|
| 1 | 20 | Andrew Ravenscroft | Whitemoss 'A' | 1.40 | 5 |
| 2= | 56 | Ben Black | Edinburgh AC 'A' | 1.35 | 3.5 |
| 2= | 18 | Steven Thistleton | VP City of Glasgow 'A' | 1.35 | 3.5 |
| 4 | 6 | D Britten | Giffnock North 'A' | 1.30 | 2 |
| 5 | 57 | Callum Robertson | Edinburgh AC 'B' | 1.15 | 1 |

Under 13 Boys : Long Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-------------------|------------------------|-------------|--------|
| 1 | 56 | Kyle Hogg | Edinburgh AC 'A' | 5.04 | 5 |
| 2 | 6 | Adam Divers | Giffnock North 'A' | 4.31 | 4 |
| 3 | 18 | Steven Thistleton | VP City of Glasgow 'A' | 4.31 | 3 |
| 4 | 20 | Craig Whyteside | Whitemoss 'A' | 3.87 | 2 |
| 5 | 57 | Callum Jones | Edinburgh AC 'B' | 3.68 | 1 |

Under 13 Boys : Shot Putt

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------------|------------------------|-------------|--------|
| 1 | 6 | Calum McWilliams | Giffnock North 'A' | 7.44 | 5 |
| 2 | 18 | Robbie Pollock | VP City of Glasgow 'A' | 6.95 | 4 |
| 3 | 56 | Jake Kerr | Edinburgh AC 'A' | 6.51 | 3 |
| 4 | 20 | Jack McGregor | Whitemoss 'A' | 5.69 | 2 |
| 5 | 57 | Luca Vita | Edinburgh AC 'B' | 4.67 | 1 |

Under 15 Boys : 60m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------|--------------|-------------|--------|
| 1 | 70 | Jamie Wyse | Lasswade 'A' | 7.92 | 5 |

| | | | | | |
|---|----|-----------------|------------------------|------|---|
| 2 | 18 | Chris Marshall | VP City of Glasgow 'A' | 7.92 | 4 |
| 3 | 78 | Lewis Nicholson | Law & District 'A' | 8.10 | 3 |
| 4 | 6 | Alistair Brown | Giffnock North 'A' | 8.14 | 2 |
| 5 | 71 | Eric Conway | Kilbarchan 'A' | 8.27 | 1 |

Under 15 Boys : 800m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------|------------------------|-------------|--------|
| 1 | 78 | Craig Wellcoat | Law & District 'A' | 2:05.49 | 5 |
| 2 | 6 | Grant Muir | Giffnock North 'A' | 2:06..59 | 4 |
| 3 | 71 | Callum McLeod | Kilbarchan 'A' | 2:14.60 | 3 |
| 4 | 18 | Hugh MacKenzie | VP City of Glasgow 'A' | 2:26.94 | 2 |
| 5 | 70 | Billy Boyle | Lasswade 'A' | 2:29.13 | 1 |

Under 15 Boys : 60m Hurdles

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------------|------------------------|-------------|--------|
| 1 | 70 | Cameron Goodall | Lasswade 'A' | 8.84 | 5 |
| 2 | 71 | Jack Lochans | Kilbarchan 'A' | 9.83 | 4 |
| 3 | 18 | Christopher Marshall | VP City of Glasgow 'A' | 10.19 | 3 |
| 4 | 6 | Grant Muir | Giffnock North 'A' | 10.29 | 2 |
| 5 | 78 | Sean Houston | Law & District 'A' | 11.97 | 1 |

Under 15 Boys : 200m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-----------------|------------------------|-------------|--------|
| 1 | 70 | Cameron Goodall | Lasswade 'A' | 24.82 | 5 |
| 2 | 6 | Till Loehr | Giffnock North 'A' | 25.07 | 4 |
| 3 | 18 | Connor Murray | VP City of Glasgow 'A' | 25.70 | 3 |
| 4 | 71 | James Quinn | Kilbarchan 'A' | 25.97 | 2 |
| 5 | 78 | Lewis Nicholson | Law & District 'A' | 26.27 | 1 |

Under 15 Boys : 400m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------|------------------------|-------------|--------|
| 1 | 71 | David Kerr | Kilbarchan 'A' | 55.71 | 5 |
| 2 | 70 | Jamie Wyse | Lasswade 'A' | 57.33 | 4 |
| 3 | 18 | John Mulherron | VP City of Glasgow 'A' | 58.61 | 3 |
| 4 | 6 | James Gray | Giffnock North 'A' | 60.47 | 2 |
| 5 | 78 | Ross Hill | Law & District 'A' | 62.07 | 1 |

Under 15 Boys : High Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------|------------------------|-------------|--------|
| 1 | 6 | Matthew Kerr | Giffnock North 'A' | 1.81 | 5 |
| 2 | 71 | Jack Lochans | Kilbarchan 'A' | 1.60 | 4 |
| 3 | 18 | John Mulherron | VP City of Glasgow 'A' | 1.45 | 3 |
| 4 | 78 | Daniel Grieve | Law & District 'A' | 1.40 | 2 |
| 5 | 70 | Billy Boyle | Lasswade 'A' | 1.40 | 1 |

Under 15 Boys : Long Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-------------------|------------------------|-------------|--------|
| 1 | 71 | Andrew Cunningham | Kilbarchan 'A' | 5.39 | 5 |
| 2 | 70 | Cameron Goodall | Lasswade 'A' | 5.04 | 4 |
| 3 | 18 | Chris Marshall | VP City of Glasgow 'A' | 4.94 | 3 |
| 4 | 6 | Matthew Lawson | Giffnock North 'A' | 4.67 | 2 |
| 5 | 78 | Stewart Hall | Law & District 'A' | 4.44 | 1 |

Under 15 Boys : Shot Putt

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-------------------|------------------------|-------------|--------|
| 1 | 18 | Chris Barnes | VP City of Glasgow 'A' | 12.61 | 5 |
| 2 | 71 | Andrew Cunningham | Kilbarchan 'A' | 11.58 | 4 |
| 3 | 78 | Lewis Nicholson | Law & District 'A' | 10.63 | 3 |
| 4 | 6 | Till Loehr | Giffnock North 'A' | 9.67 | 2 |
| 5 | 70 | Billy Boyle | Lasswade 'A' | 8.27 | 1 |

Under 17 Men : 60m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-----------------|--------------------|-------------|--------|
| 1 | 19 | John Craig | VP City of Glasgow | 7.27 | 5 |
| 2 | 56 | Allan Hamilton | Edinburgh AC 'A' | 7.38 | 4 |
| 3 | 6 | Matthew Cumming | Giffnock North 'A' | 7.45 | 3 |
| 4 | 71 | Matthew Wallace | Kilbarchan 'A' | 7.55 | 2 |
| 5 | 78 | Alan Robb | Law & District 'A' | 7.57 | 1 |

Under 17 Men : 800m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------------|--------------------|-------------|--------|
| 1 | 78 | Ross MacDonald | Law & District 'A' | 2:01.90 | 5 |
| 2 | 6 | Kenneth Love | Giffnock North 'A' | 2:06.59 | 4 |
| 3 | 71 | Connor Henderson | Kilbarchan 'A' | 2:09.25 | 3 |
| 4 | 19 | Michael Gray | VP City of Glasgow | 2:10.32 | 2 |
| 5 | 56 | Adam Jack | Edinburgh AC 'A' | 2:17.40 | 1 |

Under 17 Men : 60m Hurdles

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------------|--------------------|-------------|--------|
| 1 | 56 | Toby Harris | Edinburgh AC 'A' | 8.51 | 5 |
| 2 | 71 | Jamie Milton | Kilbarchan 'A' | 8.89 | 4 |
| 3 | 19 | Andrew McFarlane | VP City of Glasgow | 9.04 | 3 |
| 4 | 78 | Ross Allan | Law & District 'A' | 11.29 | 2 |

Under 17 Men : 200m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-----------------|--------------------|-------------|--------|
| 1 | 78 | Alan Robb | Law & District 'A' | 23.48 | 5 |
| 2 | 6 | Matthew Cumming | Giffnock North 'A' | 24.02 | 4 |
| 3 | 71 | Matthew Wallace | Kilbarchan 'A' | 24.22 | 3 |
| 4 | 56 | Jordan Newport | Edinburgh AC 'A' | 25.34 | 2 |
| 5 | 19 | Jax Thoirs | VP City of Glasgow | 25.59 | 1 |

Under 17 Men : 400m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------|--------------------|-------------|--------|
| 1 | 6 | Kenneth Love | Giffnock North 'A' | 53.76 | 5 |
| 2 | 78 | Dougie Frame | Law & District 'A' | 55.28 | 4 |
| 3 | 56 | Craig Dickson | Edinburgh AC 'A' | 56.13 | 3 |
| 4 | 71 | Blair Crawford | Kilbarchan 'A' | 56.53 | 2 |
| 5 | 19 | Michael Gray | VP City of Glasgow | 56.75 | 1 |

Under 17 Men : High Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------------|--------------------|-------------|--------|
| 1 | 19 | Andrew McFarlane | VP City of Glasgow | 1.85 | 5 |
| 2 | 56 | Alan Hamilton | Edinburgh AC 'A' | 1.70 | 4 |
| 3 | 6 | Andrew Russell | Giffnock North 'A' | 1.70 | 3 |
| 4 | 78 | Ross MacDonald | Law & District 'A' | 1.70 | 2 |
| 5 | 71 | Blair Crawford | Kilbarchan 'A' | 1.65 | 1 |

Under 17 Men : Long Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------------|--------------------|---------------|--------|
| 1 | 19 | Andrew McFarlane | VP City of Glasgow | 5.63 | 5 |
| 2 | 56 | Jordan Newport | Edinburgh AC 'A' | 5.60 | 4 |
| 3 | 71 | Jamie Milton | Kilbarchan 'A' | 5.27 | 3 |
| 4 | 78 | Bobby Hill | Law & District 'A' | 4.91 | 2 |
| 6 | 6 | Fraser Graham | Giffnock North 'A' | no valid jump | 0 |

Under 17 Men : Triple Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|---------------|--------------------|-------------|--------|
| 1 | 56 | Toby Harris | Edinburgh AC 'A' | 12.63 | 5 |
| 2 | 6 | Fraser Graham | Giffnock North 'A' | 11.00 | 4 |

| | | | | | |
|---|----|--------------|--------------------|-------|---|
| 3 | 19 | Jax Thoirs | VP City of Glasgow | 11.00 | 3 |
| 4 | 71 | Jamie Milton | Kilbarchan 'A' | 10.47 | 2 |
| 5 | 78 | Ross Allan | Law & District 'A' | 9.25 | 1 |

Under 17 Men : Shot Putt

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-------------------|--------------------|-------------|--------|
| 1 | 71 | Andrew McLaughlan | Kilbarchan 'A' | 12.97 | 5 |
| 2 | 19 | Jax Thoirs | VP City of Glasgow | 9.35 | 4 |
| 3 | 78 | Alan Robb | Law & District 'A' | 9.04 | 3 |
| 4 | 56 | Andrew Robertson | Edinburgh AC 'A' | 8.99 | 2 |
| 5 | 6 | Daniel Chapman | Giffnock North 'A' | 7.71 | 1 |

Under 20 Men : 60m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------|--------------------|-------------|--------|
| 1 | 19 | David Clark | VP City of Glasgow | 7.18 | 5 |
| 2 | 71 | Mark Chisholm | Kilbarchan 'A' | 7.32 | 4 |
| 3 | 20 | Callum White | Whitemoss 'A' | 7.59 | 3 |
| 4 | 1 | Andrew McElwee | Ayr Seaforth 'A' | 7.64 | 2 |
| 5 | 78 | Andrew Russell | Law & District 'A' | 8.06 | 1 |

Under 20 Men : 800m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-----------------|--------------------|-------------|--------|
| 1 | 78 | Gary Grieve | Law & District 'A' | 1:59.95 | 5 |
| 2 | 19 | Seon Fontana | VP City of Glasgow | 2:01.24 | 4 |
| 3 | 1 | Alex Oliver | Ayr Seaforth 'A' | 2:03.74 | 3 |
| 4 | 71 | Stuart Miller | Kilbarchan 'A' | 2:07.89 | 2 |
| 5 | 20 | David Robertson | Whitemoss 'A' | 2:19.14 | 1 |

Under 20 Men : 60m Hurdles

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------|--------------------|-------------|--------|
| 1 | 19 | Calum Innes | VP City of Glasgow | 8.60 | 5 |
| 2 | 71 | Martin Lipton | Kilbarchan 'A' | 8.82 | 4 |
| 3 | 78 | Craig Allan | Law & District 'A' | 9.10 | 3 |
| 4 | 1 | Andrew McElwee | Ayr Seaforth 'A' | 9.35 | 2 |
| 5 | 20 | Craig McEwan | Whitemoss 'A' | 10.27 | 1 |

Under 20 Men : 200m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-----------------|--------------------|-------------|--------|
| 1 | 19 | David Clark | VP City of Glasgow | 22.98 | 5 |
| 2 | 71 | Mark Chisholm | Kilbarchan 'A' | 23.80 | 4 |
| 3 | 78 | Paul McLaughlin | Law & District 'A' | 23.84 | 3 |
| 4 | 1 | Andrew McElwee | Ayr Seaforth 'A' | 24.26 | 2 |
| 5 | 20 | Callum White | Whitemoss 'A' | 25.77 | 1 |

Under 20 Men : 400m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-------------------|--------------------|-------------|--------|
| 1 | 71 | Martin Lipton | Kilbarchan 'A' | 50.50 | 5 |
| 2 | 1 | Andrew McElwee | Ayr Seaforth 'A' | 53.87 | 4 |
| 3 | 19 | Colin Menzies | VP City of Glasgow | 54.38 | 3 |
| 4 | 20 | David Robertson | Whitemoss 'A' | 54.49 | 2 |
| 5 | 78 | Alistair Lannigan | Law & District 'A' | 55.33 | 1 |

Under 20 Men : High Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------|--------------------|-------------|--------|
| 1 | 1 | Andrew McElwee | Ayr Seaforth 'A' | 1.80 | 5 |
| 2 | 19 | Calum Innes | VP City of Glasgow | 1.75 | 4 |
| 3 | 20 | Craig McEwan | Whitemoss 'A' | 1.75 | 3 |
| 4 | 78 | Craig Allan | Law & District 'A' | 1.60 | 2 |
| 5 | 71 | Cameron Clark | Kilbarchan 'A' | 1.50 | 1 |

Under 20 Men : Long Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|--------------------|--------------------|---------------|--------|
| 1 | 71 | Cameron Clark | Kilbarchan 'A' | 6.30 | 5 |
| 2 | 19 | Calum Innes | VP City of Glasgow | 6.05 | 4 |
| 3 | 20 | Chris Stoddart | Whitemoss 'A' | 5.44 | 3 |
| 4 | 78 | Stewart Livingston | Law & District 'A' | 4.91 | 2 |
| 6 | 1 | Andrew McElwee | Ayr Seaforth 'A' | no valid jump | |

Under 20 Men : Triple Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-----------------|--------------------|-------------|--------|
| 1 | 71 | Cameron Clark | Kilbarchan 'A' | 13.86 | 5 |
| 2 | 20 | David Robertson | Whitemoss 'A' | 11.40 | 4 |
| 3 | 19 | David Clark | VP City of Glasgow | 11.31 | 3 |
| 4 | 78 | Craig Allan | Law & District 'A' | 11.14 | 2 |

Under 20 Men : Shot Putt

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|--------------|--------------------|-------------|--------|
| 1 | 20 | Craig McEwan | Whitemoss 'A' | 10.26 | 5 |
| 4 | 78 | Gary Grieve | Law & District 'A' | 7.59 | 2 |

Under 20 Men : Shot Putt

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------|--------------------|-------------|--------|
| 2 | 19 | Matthew Hester | VP City of Glasgow | 9.18 | 4 |
| 3 | 71 | Mark Chisholm | Kilbarchan 'A' | 9.04 | 3 |

Under 13 Girls : 60m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------|--------------------------|-------------|--------|
| 1 | 70 | Katy Purvis | Lasswade 'A' | 8.60 | 5 |
| 2 | 17 | Nicole McCann | Shettleston Harriers 'A' | 8.97 | 4 |
| 3 | 15 | Nikisha Wright | Livingston | 9.06 | 3 |
| 4 | 56 | Kirsty McKean | Edinburgh AC 'A' | 9.10 | 2 |
| 5 | 20 | Leah Dickson | Whitemoss 'A' | 9.88 | 1 |

Under 13 Girls : 800m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-------------------------|--------------------------|-------------|--------|
| 1 | 17 | Myrtle Breckenridge | Shettleston Harriers 'A' | 2:36.04 | 5 |
| 2 | 20 | Stephanie Curran | Whitemoss 'A' | 2:40.18 | 4 |
| 3 | 70 | Amy Smith | Lasswade 'A' | 2:42.52 | 3 |
| 4 | 56 | Heidi Biberbach-Laidlaw | Edinburgh AC 'A' | 2:53.64 | 2 |
| 5 | 15 | Melanie Sneddon | Livingston | 3:00.63 | 1 |

Under 13 Girls : 60m Hurdles

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|---------------------|--------------------------|-------------|--------|
| 1 | 70 | Ellen Kristofferson | Lasswade 'A' | 10.05 | 5 |
| 2 | 56 | Kirsty McKean | Edinburgh AC 'A' | 10.22 | 4 |
| 3 | 17 | Lisa Thomson | Shettleston Harriers 'A' | 11.24 | 3 |
| 4 | 20 | Lauren McSkimming | Whitemoss 'A' | 12.06 | 2 |
| 5 | 15 | Melanie Sneddon | Livingston | 12.25 | 1 |

Under 13 Girls : 200m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------------|--------------------------|-------------|--------|
| 1 | 70 | Katy Purvis | Lasswade 'A' | 29.11 | 5 |
| 2 | 17 | Nicole McCann | Shettleston Harriers 'A' | 29.29 | 4 |
| 3 | 56 | Emma McGinty | Edinburgh AC 'A' | 30.06 | 3 |
| 4 | 20 | Emma Frame | Whitemoss 'A' | 31.60 | 2 |
| 5 | 15 | Natalie Newlands | Livingston | 35.74 | 1 |

Under 13 Girls : High Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|---------|-----------|-------------|--------|
|-----|------|---------|-----------|-------------|--------|

| | | | | | |
|---|----|---------------------|--------------------------|------|---|
| 1 | 70 | Ellen Kristofferson | Lasswade 'A' | 1.47 | 5 |
| 2 | 15 | Nikisha Wright | Livingston | 1.35 | 4 |
| 3 | 20 | Emma Frame | Whitemoss 'A' | 1.30 | 3 |
| 4 | 56 | Katie Robertson | Edinburgh AC 'A' | 1.30 | 2 |
| 5 | 17 | Brogan Watt | Shettleston Harriers 'A' | 1.25 | 1 |

Under 13 Girls : Long Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-------------------|--------------------------|-------------|--------|
| 1 | 70 | Rachel Robertson | Lasswade 'A' | 4.42 | 5 |
| 2 | 56 | Kirsty McKean | Edinburgh AC 'A' | 4.14 | 4 |
| 3 | 17 | Brogan Watt | Shettleston Harriers 'A' | 4.13 | 3 |
| 4 | 15 | Nikisha Wright | Livingston | 4.03 | 2 |
| 5 | 20 | Lauren McSkimming | Whitemoss 'A' | 3.36 | 1 |

Under 13 Girls : Shot Putt

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|---------------------|--------------------------|-------------|--------|
| 1 | 56 | Emma McGinty | Edinburgh AC 'A' | 7.03 | 5 |
| 2 | 17 | Nicola Mackay | Shettleston Harriers 'A' | 6.94 | 4 |
| 3 | 20 | Meghan Owen | Whitemoss 'A' | 6.35 | 3 |
| 4 | 70 | Ellen Kristofferson | Lasswade 'A' | 6.10 | 2 |
| 5 | 15 | Mhairi Horn | Livingston | 5.34 | 1 |

Under 15 Girls : 60m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|---------------------|------------------------|-------------|--------|
| 1 | 6 | Emma Brown | Giffnock North 'A' | 8.07 | 5 |
| 2 | 78 | Chelcie Dalziel | Law & District | 8.11 | 4 |
| 3 | 18 | Chloe Lambert | VP City of Glasgow 'A' | 8.42 | 3 |
| 4 | 56 | Laura Paige | Edinburgh AC 'A' | 8.85 | 2 |
| 5 | 70 | Katherine Szymanski | Lasswade 'A' | 9.00 | 1 |

Under 15 Girls : 800m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|--------------------|------------------------|-------------|--------|
| 1 | 6 | Heather Howie | Giffnock North 'A' | 2:25.22 | 5 |
| 2 | 18 | Deborah Hannah | VP City of Glasgow 'A' | 2:26.04 | 4 |
| 3 | 70 | Joanna Smith | Lasswade 'A' | 2:28.21 | 3 |
| 4 | 78 | Samantha Stevenson | Law & District | 2:40.19 | 2 |
| 5 | 56 | Laura Robertson | Edinburgh AC 'A' | 2:43.69 | 1 |

Under 15 Girls : 60m Hurdles

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|---------------------|------------------------|-------------|--------|
| 1 | 6 | Emma Brown | Giffnock North 'A' | 9.34 | 5 |
| 2 | 56 | Martha Ryan | Edinburgh AC 'A' | 10.12 | 4 |
| 3 | 18 | Christina Clark | VP City of Glasgow 'A' | 10.29 | 3 |
| 4 | 70 | Katherine Szymanski | Lasswade 'A' | 10.72 | 2 |
| 5 | 78 | Alice Fingland | Law & District | 11.02 | 1 |

Under 15 Girls : 200m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------------|------------------------|-------------|--------|
| 1 | 6 | Paula Houston | Giffnock North 'A' | 26.24 | 5 |
| 2 | 18 | Chloe Lambert | VP City of Glasgow 'A' | 27.04 | 4 |
| 3 | 78 | Chelcie Dalziel | Law & District | 27.37 | 3 |
| 4 | 70 | Sarah Szymanski | Lasswade 'A' | 30.26 | 2 |
| 5 | 56 | Rachel Robertson | Edinburgh AC 'A' | 32.91 | 1 |

Under 15 Girls : 300m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-----------------|------------------------|-------------|--------|
| 1 | 6 | Lauren Lambie | Giffnock North 'A' | 44.69 | 5 |
| 2 | 18 | Alex McNaughton | VP City of Glasgow 'A' | 44.86 | 4 |
| 3 | 70 | Joanna Smith | Lasswade 'A' | 47.07 | 3 |
| 4 | 78 | Julie Dobbin | Law & District | 49.73 | 2 |

5 56 Laura Robertson Edinburgh AC 'A' 52.31 1

Under 15 Girls : High Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|---------------------|------------------------|-------------|--------|
| 1 | 18 | Sarah Gray | VP City of Glasgow 'A' | 1.50 | 5 |
| 2 | 6 | Rachel Trainer | Giffnock North 'A' | 1.40 | 4 |
| 3 | 56 | Katie Logan | Edinburgh AC 'A' | 1.35 | 3 |
| 4 | 78 | Alice Fingland | Law & District | 1.35 | 2 |
| 5 | 70 | Katherine Szymanski | Lasswade 'A' | 1.30 | 1 |

Under 15 Girls : Long Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-----------------|------------------------|-------------|--------|
| 1 | 6 | Emma Brown | Giffnock North 'A' | 5.03 | 5 |
| 2 | 18 | Catherine Clark | VP City of Glasgow 'A' | 4.68 | 4 |
| 3 | 70 | Sarah Szymanski | Lasswade 'A' | 4.49 | 3 |
| 4 | 78 | Julie Dobbin | Law & District | 4.28 | 2 |
| 5 | 56 | Martha Ryan | Edinburgh AC 'A' | 4.09 | 1 |

Under 15 Girls : Shot Putt

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------------|------------------------|-------------|--------|
| 1 | 70 | Francesca Benham | Lasswade 'A' | 7.83 | 5 |
| 2 | 18 | Hannah Moultrie | VP City of Glasgow 'A' | 7.68 | 4 |
| 3 | 56 | Katie Logan | Edinburgh AC 'A' | 7.48 | 3 |
| 4 | 6 | Nikki Manson | Giffnock North 'A' | 7.25 | 2 |
| 5 | 78 | Chelcie Dalziel | Law & District | 6.46 | 1 |

Under 17 Women : 60m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------------|------------------------|-------------|--------|
| 1 | 78 | Laurie McKenna | Law & District 'A' | 8.12 | 5 |
| 2 | 6 | Megan Cairns | Giffnock North 'A' | 8.28 | 4 |
| 3 | 18 | Mairi Bowie | VP City of Glasgow 'A' | 8.32 | 3 |
| 4 | 71 | Emily McQuade | Kilbarchan 'A' | 8.37 | 2 |
| 5 | 7 | Claire MacDonald | Giffnock North 'B' | 8.71 | 1 |

Under 17 Women : 800m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-----------------|--------------------|-------------|--------|
| 1 | 6 | Catriona Lockie | Giffnock North 'A' | 2:17.90 | 5 |
| 2 | 78 | Nicola Lindsay | Law & District 'A' | 2:27.91 | 4 |
| 3 | 7 | Joanna Thomson | Giffnock North 'B' | 2:35.59 | 3 |
| 4 | 71 | Sorcha Lynch | Kilbarchan 'A' | 2:42.14 | 2 |

Under 17 Women : 60m Hurdles

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------|------------------------|-------------|--------|
| 1 | 18 | Augusta Carmen | VP City of Glasgow 'A' | 9.42 | 5 |
| 2 | 71 | Judith McNicol | Kilbarchan 'A' | 9.50 | 4 |
| 3 | 6 | Hannah Hilley | Giffnock North 'A' | 10.97 | 3 |
| 4 | 78 | Lynne Livesey | Law & District 'A' | 11.65 | 2 |
| 5 | 7 | Rebecca Hart | Giffnock North 'B' | 12.01 | 1 |

Under 17 Women : 200m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------|------------------------|-------------|--------|
| 1 | 6 | Roisin Howat | Giffnock North 'A' | 27.15 | 5 |
| 2 | 71 | Emily McQuade | Kilbarchan 'A' | 27.52 | 4 |
| 3 | 78 | Laura Livesey | Law & District 'A' | 27.74 | 3 |
| 4 | 7 | Ruth Wallace | Giffnock North 'B' | 27.88 | 2 |
| 5 | 18 | Augusta Carmen | VP City of Glasgow 'A' | 28.32 | 1 |

Under 17 Women : 300m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------|--------------------|-------------|--------|
| 1 | 6 | Katie McKnight | Giffnock North 'A' | 44.41 | 5 |

| | | | | | |
|---|----|-------------------|------------------------|-------|---|
| 2 | 78 | Abby Currie | Law & District 'A' | 44.51 | 4 |
| 3 | 18 | Gilliam McFarlane | VP City of Glasgow 'A' | 45.83 | 3 |
| 4 | 7 | Monica Carlin | Giffnock North 'B' | 45.97 | 2 |
| 5 | 71 | Judith McNicol | Kilbarchan 'A' | 47.05 | 1 |

Under 17 Women : High Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|----------------|------------------------|-------------|--------|
| 1 | 6 | Amy Barrows | Giffnock North 'A' | 1.55 | 5 |
| 2 | 18 | Lara Davidson | VP City of Glasgow 'A' | 1.50 | 4 |
| 3 | 71 | Nile McMillan | Kilbarchan 'A' | 1.50 | 3 |
| 4 | 7 | Emma Proctor | Giffnock North 'B' | 1.35 | 2 |
| 5 | 78 | Nicola Lindsay | Law & District 'A' | 1.15 | 1 |

Under 17 Women : Long Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|--------------------|------------------------|-------------|--------|
| 1 | 78 | Laurie McKenna | Law & District 'A' | 5.11 | 5 |
| 2 | 18 | Jennifer Callaghan | VP City of Glasgow 'A' | 4.67 | 4 |
| 3 | 6 | Emma Dowd | Giffnock North 'A' | 4.35 | 3 |
| 4 | 71 | Hannah Boyd | Kilbarchan 'A' | 4.29 | 2 |
| 5 | 7 | Suzanne Russell | Giffnock North 'B' | 4.16 | 1 |

Under 17 Women : Triple Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-----------------|--------------------|-------------|--------|
| 1 | 78 | Laurie McKenna | Law & District 'A' | 10.12 | 2 |
| 2 | 71 | Hannah Boyd | Kilbarchan 'A' | 9.85 | 4 |
| 3 | 6 | Emma Dowd | Giffnock North 'A' | 9.68 | 3 |
| 4 | 7 | Suzanne Russell | Giffnock North 'B' | 9.12 | 5 |

Under 17 Women : Shot Putt

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-----------------|------------------------|-------------|--------|
| 1 | 78 | Kirstie McLeod | Law & District 'A' | 8.21 | 5 |
| 2 | 6 | Megan Cairns | Giffnock North 'A' | 8.05 | 4 |
| 3 | 71 | Sally Webster | Kilbarchan 'A' | 7.07 | 3 |
| 4 | 7 | Suzanne Russell | Giffnock North 'B' | 6.83 | 2 |
| 5 | 18 | Nicola Moultrie | VP City of Glasgow 'A' | 5.65 | 1 |

Under 20 Women : 60m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|--------------------|------------------------|-------------|--------|
| 1 | 71 | Holly Belch | Kilbarchan 'A' | 8.11 | 5 |
| 2 | 20 | Susan Hunter | Whitemoss 'A' | 8.52 | 4 |
| 3 | 56 | Lauren Stoddart | Edinburgh AC | 8.60 | 3 |
| 4 | 18 | Gilliam McMillan | VP City of Glasgow 'A' | 8.74 | 2 |
| 5 | 6 | Carolyn Hutchinson | Giffnock North 'A' | 8.92 | 1 |

Under 20 Women : 800m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-----------------|------------------------|-------------|--------|
| 1 | 71 | Michelle Bell | Kilbarchan 'A' | 2:18.63 | 5 |
| 2 | 18 | Erin Leggate | VP City of Glasgow 'A' | 2:21.60 | 4 |
| 3 | 6 | Ruth Joss | Giffnock North 'A' | 2:25.96 | 3 |
| 4 | 56 | Lauren Stoddart | Edinburgh AC | 2:36.63 | 2 |
| 5 | 20 | Laura McCord | Whitemoss 'A' | 2:45.83 | 1 |

Under 20 Women : 60m Hurdles

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|--------------------|------------------------|-------------|--------|
| 1 | 71 | Holly Belch | Kilbarchan 'A' | 9.27 | 5 |
| 2 | 18 | Heather Rankine | VP City of Glasgow 'A' | 9.47 | 4 |
| 3 | 56 | Emma Lowry | Edinburgh AC | 10.09 | 3 |
| 4 | 20 | Lorraine Boyd | Whitemoss 'A' | 10.99 | 2 |
| 5 | 6 | Carolyn Hutchinson | Giffnock North 'A' | 11.58 | 1 |

Under 20 Women : 200m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|--------------------|------------------------|-------------|--------|
| 1 | 18 | Hazel Blair | VP City of Glasgow 'A' | 27.84 | 5 |
| 2= | 71 | Emma Pettigrew | Kilbarchan 'A' | 28.27 | 3.5 |
| 2= | 56 | Lauren Stoddart | Edinburgh AC | 28.27 | 3.5 |
| 4 | 20 | Lynsey Ferguson | Whitemoss 'A' | 28.92 | 2 |
| 5 | 6 | Carolyn Hutchinson | Giffnock North 'A' | 30.14 | 1 |

Under 20 Women : 400m

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------------|------------------------|-------------|--------|
| 1 | 71 | Holly Belch | Kilbarchan 'A' | 59.81 | 5 |
| 2 | 56 | Louise McLelland | Edinburgh AC | 59.82 | 4 |
| 3 | 6 | Ruth Joss | Giffnock North 'A' | 64.41 | 3 |
| 4 | 18 | Yvonne McFarlane | VP City of Glasgow 'A' | 68.00 | 2 |
| 5 | 20 | Laura McCord | Whitemoss 'A' | 71.54 | 1 |

Under 20 Women : High Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-----------------|------------------------|-------------|--------|
| 1 | 18 | Hazel Blair | VP City of Glasgow 'A' | 1.55 | 5 |
| 2= | 71 | Emma Pettigrew | Kilbarchan 'A' | 1.40 | 3.5 |
| 2= | 20 | Lynsey Ferguson | Whitemoss 'A' | 1.40 | 3.5 |
| 4 | 6 | Fiona McTaggart | Giffnock North 'A' | 1.40 | 2 |
| 5 | 56 | Lauren Stoddart | Edinburgh AC | 1.30 | 1 |

Under 20 Women : Long Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|-----------------|------------------------|-------------|--------|
| 1 | 56 | Sarah Warnock | Edinburgh AC | 5.42 | 5 |
| 2 | 71 | Emma Pettigrew | Kilbarchan 'A' | 5.06 | 4 |
| 3 | 18 | Katie Riches | VP City of Glasgow 'A' | 4.46 | 3 |
| 4 | 6 | Fiona McTaggart | Giffnock North 'A' | 4.22 | 2 |
| 5 | 20 | Stacey Grant | Whitemoss 'A' | 3.82 | 1 |

Under 20 Women : Triple Jump

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|--------------------|------------------------|-------------|--------|
| 1 | 56 | Iona McKay | Edinburgh AC | 10.38 | 5 |
| 2 | 18 | Steph O'Neill | VP City of Glasgow 'A' | 9.25 | 4 |
| 3 | 20 | Lorraine Boyd | Whitemoss 'A' | 9.19 | 3 |
| 4 | 6 | Carolyn Hutchinson | Giffnock North 'A' | 8.48 | 2 |
| 5 | 71 | Michelle Bell | Kilbarchan 'A' | 7.65 | 1 |

Under 20 Women : Shot Putt

| Pos | Club | Athlete | Club Name | Performance | Points |
|-----|------|------------------|------------------------|-------------|--------|
| 1 | 56 | Emma Lowry | Edinburgh AC | 9.49 | 5 |
| 2 | 18 | Katie Riches | VP City of Glasgow 'A' | 8.70 | 4 |
| 3 | 71 | Rachel Mathieson | Kilbarchan 'A' | 8.48 | 3 |
| 4 | 6 | Jennifer Rioch | Giffnock North 'A' | 7.26 | 2 |
| 5 | 20 | Lorraine Boyd | Whitemoss 'A' | 6.03 | 1 |

SAIL FINAL RELAYS

| | | | | | |
|------------------|--------|-----|-----------------|----------|---|
| U11 Girls | Heat 1 | 20 | Whitemoss A | 2:11.59 | Q |
| | | 1 | Ayr Seaforth | 2:12.93 | Q |
| | | 18 | VP Glasgow | 2:20.34 | |
| | | 7 | Giffnock B | 2:23.58 | |
| | Heat 2 | 56 | Edinburgh | 2:20.96 | Q |
| | | 64 | Falkirk | 2:25.11 | |
| | | 8 | Giffnock C | 2:30.42 | |
| | | 21 | Whitemoss B | 2:36.38 | |
| | Heat 3 | 6 | Giffnock A | 2:15.24 | Q |
| | | 51 | Airdrie | 2:16.42 | Q |
| | | 160 | Shettleston | 2:37.92 | |
| U13 Girls | Heat 1 | 56 | Edinburgh | 2:01.62 | Q |
| | | 1 | Ayr Seaforth | 2:03.51 | Q |
| | | 60 | Shettleston | 2:04.38 | Q |
| | | 20 | Whitemoss | 2:07.70 | |
| | Heat 2 | 17 | Shettleston | 2:00.51 | Q |
| | | 78 | Law | 2:06.13 | |
| | | 6 | Giffnock | 2:07.09 | |
| | | 18 | VP Glasgow | 2:11.10 | |
| | Heat 3 | 70 | Lasswade | 2:00.80 | Q |
| | | 71 | Kilbarchan | 2:10.11 | |
| | | 51 | Airdrie | 2:13.47 | |
| | | 160 | Shettleston | 2:16.62 | |
| U15 Girls | Heat 1 | 6 | Giffnock A | 1:48.54 | Q |
| | | 56 | Edinburgh | 1:56.010 | |
| | | 17 | Shettleston | 1:57.58 | |
| | | 7 | Giffnock B | 1:57.85 | |
| | | 65 | Falkirk (guest) | 2:01.89 | |
| | Heat 2 | 71 | Kilbarchan | 1:55.79 | Q |
| | | 64 | Falkirk | 1:56.002 | Q |
| | | 78 | Law | 2:02.38 | |
| | | 20 | Whitemoss | 2:03.24 | |
| | | 8 | Giffnock C | 2:03.28 | |
| | Heat 3 | 1 | Ayr Seaforth | 1:50.37 | Q |
| | | 18 | VP Glasgow | 1:54.41 | Q |
| | | 160 | Shettleston | 2:03.90 | |
| | | 57 | Edinburgh B | 2:06.42 | |
| U17 Women | Heat 1 | 56 | Edinburgh | 1:49.96 | Q |
| | | 7 | Giffnock B | 1:50.22 | Q |
| | | 18 | VP Glasgow | 1:52.79 | Q |
| | | 71 | Kilbarchan | 1:56.00 | |
| | Heat 2 | 6 | Giffnock A | 1:48.04 | Q |
| | | 78 | Law | 1:50.25 | Q |
| | | 51 | Airdrie | 1:59.27 | |
| U20 Women | FINAL | 18 | VP Glasgow | 1:51.21 | |
| | | 20 | Whitemoss | 1:58.90 | |

SAIL FINAL RELAYS

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|------------------|--------|-----|---------------|---------|---|
| U11 Boys | Heat 1 | 6 | Giffnock A | 2:11.14 | Q |
| | | 1 | Ayr | 2:16.75 | Q |
| | | 20 | Whitemoss | 2:21.46 | Q |
| | | 60 | Shettleston | 2:23.30 | Q |
| | Heat 2 | 7 | Giffnock B | 2:14.67 | Q |
| | | 8 | Giffnock C | 2:25.16 | |
| U13 Boys | Heat 1 | 6 | Giffnock A | 2:00.09 | Q |
| | | 1 | Ayr | 2:06.10 | Q |
| | | 20 | Whitemoss A | 2:10.27 | |
| | | 18 | VP Glasgow | 2:12.44 | |
| | Heat 2 | 56 | Edinburgh | 2:01.57 | Q |
| | | 71 | Kilbarchan | 2:01.92 | Q |
| | | 78 | Law | 2:09.18 | |
| | | 22 | Whitemoss C | 2:28.07 | |
| | Heat 3 | 7 | Giffnock B | 2:07.56 | Q |
| | | 160 | Shettleston | 2:07.97 | |
| | | 21 | Whitemoss B | 2:08.24 | |
| U15 Boys | FINAL | 6 | Giffnock A | 1:40.32 | |
| | | 17 | VP Glasgow | 1:47.57 | |
| | | 78 | Law | 1:50.81 | |
| | | 7 | Giffnock B | 1:55.25 | |
| | | 20 | Whitemoss | 2:00.65 | |
| U17 Men | Heat 1 | 6 | Giffnock A | 1:35.63 | Q |
| | | 56 | Edinburgh | 1:37.03 | Q |
| | | 3 | Clydesdale | 1:43.50 | Q |
| | | 78 | Law | DNF | |
| | Heat 2 | 160 | Shettleston | 1:38.78 | Q |
| | | 64 | Falkirk | 1:41.14 | Q |
| | | 7 | Giffnock B | 1:47.70 | |
| U20 Men | FINAL | 19 | VP Glasgow | 1:32.61 | |
| | | 78 | Law | 1:37.98 | |
| | | 20 | Whitemoss | 1:39.77 | |
| | | 3 | Clydesdale | 1:40.28 | |
| U11 Girls | FINAL | 1 | Ayr | 2:12.03 | |
| | | 6 | Giffnock | 2:15.82 | |
| | | 51 | Airdrie | 2:17.09 | |
| | | 56 | Edinburgh | 2:17.57 | |
| | | 20 | Whitemoss | 2:18.50 | |
| U13 Girls | FINAL | 56 | Edinburgh | 2:00.47 | |
| | | 70 | Lasswade | 2:00.57 | |
| | | 17 | Shettleston A | 2:04.08 | |
| | | 1 | Ayr | 2:05.06 | |
| | | 60 | Shettleston B | 2:07.76 | |

SAIL FINAL RELAYS

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| U15 Girls | FINAL | 1 | Ayr | 1:47.57 |
| | | 6 | Giffnock | 1:47.81 |
| | | 18 | VP Glasgow | 1:54.09 |
| | | 64 | Falkirk | 1:55.17 |
| | | 71 | Kilbarchan | 1:56.55 |

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| U17 Women | FINAL | 6 | Giffnock A | 1:47.67 |
| | | 56 | Edinburgh | 1:49.46 |
| | | 78 | Law | 1:50.41 |
| | | 7 | Giffnock B | 1:51.12 |
| | | 18 | VP Glasgow | 1:54.45 |

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| U11 Boys | FINAL | 6 | Giffnock A | 2:12.93 |
| | | 7 | Giffnock B | 2:14.20 |
| | | 1 | Ayr | 2:15.21 |
| | | 20 | Whitemoss | 2:22.99 |

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| U13 Boys | FINAL | 6 | Giffnock A | 1:56.80 |
| | | 71 | Kilbarchan | 2:00.63 |
| | | 1 | Ayr | 2:03.36 |
| | | 56 | Edinburgh | 2:03.96 |
| | | 7 | Giffnock B | 2:07.89 |

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| U17 Men | FINAL | 6 | Giffnock | 1:36.02 |
| | | 56 | Edinburgh | 1:36.33 |
| | | 160 | Shettleston | 1:37.32 |
| | | 64 | Falkirk | 1:40.26 |