

M 100m A

1	Rory Evans	TRF	11.1
2	Ricardo Francis	WKF	11.3
3	Craig Eaglesham	GLA	11.6
4	Ryan Scott U17	TFV	11.6
5	Tom Bennington	COY	11.7
6	Chris Stephenson	KUH	11.8
7	Junior George U17	SPN	12.1

M 100m B

1	John Craig	GLA	11.3
2	Ali Dewar U17	COY	11.6
3	Stephen Roy	TFV	11.8
4	Chris Brennan U17	WKF	11.8
5	Danny Barry	TRF	11.9
6	Steve Richardson U17	KUH	12.4
7	Sam Cundall U17	SPN	12.4

M 200m A

1	Ricardo Francis	WKF	22.5
2	Rory Evans	TRF	23.0
3	Chris Bloomfield U17	KUH	23.6
4	Craig Eaglesham	GLA	23.7
5	Johnny Seller	COY	24.1
6	Michael Deegan	TFV	24.2
7	Junior George U17	SPN	24.7

M 200m B

1	Christopher Taylor	COY	23.2
2	John Craig	GLA	23.3
3	Stephen Roy	TFV	23.6
4	Chris Brennan U17	WKF	24.2
5	Tom Butler	KUH	24.5
6	Sam Cundall U17	SPN	25.5
7	Chris Horniman	TRF	25.7

M 400m A

1	Luke Edwards U17	SPN	50.7
2	Danny Barry	TRF	51.3
3	Will Steel	COY	52.8
4	Chris Bloomfield U17	KUH	53.1
5	Lorne Menzies U17	GLA	53.9
6	Andre Pobischan	WKF	54.4
7	Lewis Grant U17	TFV	57.5

M 400m B

1	Tom Butler	KUH	53.6
2	Johnny Seller	COY	54.5
3	Niall Murray	GLA	56.5
4	Brendan Sykes	SPN	56.8
5	Chris Horniman	TRF	58.2
6	Craig Dickinson	WKF	60.3
7	Dean Crawford U17	TFV	60.7

M 800m A

1	Jeremy Gilmour	TRF	2.00.4
2	Thomas Atkinson U17	WKF	2.00.7
3	Jake Rowlands	SPN	2.01.1
4	Stuart Ross U17	GLA	2.04.1
5	Craig McDowal U17	TFV	2.04.2
6	Ali Smith	COY	2.07.2
7	Liam Holiday U17	KUH	2.09.6

M 800m B

1	Graham Hogg	TRF	2.00.4
2	Lewis Tatt	WKF	2.01.6
3	Ryan Greaves U17	SPN	2.02.7
4	Max Ralston U17	GLA	2.05.3
5	Keiron Smith U17	COY	2.05.6
6	Daren Thomson	TFV	2.05.9
7	Matty Pye	KUH	2.24.0

M 1500m A

1	Jeremy Gilmour	TRF	4.10.2
2	Kris Lecher	KUH	4.11.0
3	Dale Worton U17	WKF	4.22.5
4	Max Ralston U17	GLA	4.23.8
5	Ian Hardacre U17	TFV	4.27.3
6	Keiron Smith U17	COY	4.29.1
7	Ryan Greaves U17	SPN	4.31.6

M 1500m B

1	Matty Pye	KUH	4.20.0
2	Nathan Bolton U17	WKF	4.24.2
3	Graham Hogg	TRF	4.26.0
4	Stuart Ross U17	GLA	4.36.0
5	John Tolson U17	TFV	4.38.7
6	Peter Hoyle	SPN	4.42.8
7	Ali Smith	COY	5.03.8

M 3000m A

1	Iain Lynn U17	COY	9.17.7
2	Alex Hendry U17	TFV	9.21.2
3	Ben Holmer U17	WKF	9.26.7
4	Max Ralston U17	GLA	9.30.7
5	Liam Holiday U17	KUH	9.51.7
6	Ciaran McCaughey	TRF	9.57.9
7	Jake Rowlands	SPN	10.05.0

M 3000m B

1	Martin Hayes	GLA	9.36.4
2	Joe Hargreaves U17	WKF	9.45.0
3	John Tolson U17	TFV	9.54.6
4	Tim McCune U17	KUH	10.01.1
5	Peter Hoyle	SPN	10.14.4
6	Danny Brocklehurst	TRF	10.26.5
7	Louis Rose U17	COY	10.40.4

M 110mH A

1 Callum Innes U17	GLA 15.4
2 Ollie Palmer U17	COY 18.9
3 Mark Cage U17	KUH 20.5
4 Danny Barry	TRF 23.6
5 Sean Riley U17	TFV 24.7

M 110mH B

1 Callum Sharp	GLA 17.1
2 Chris Walgate U17	KUH 19.3
3 Daren Thomson	TFV 19.6
4 Morgan Bell	COY 20.0

M 400mH A

1 Martin Hayes	GLA 59.1
2 Sean Riley U17	TFV 59.7
3 Josh Green U17	WKF 59.9
4 Ollie Palmer U17	COY 63.8
5 Chris Walgate U17	KUH 65.7
6 David Meyer U17	TRF 75.3

M 400mH B

1 John Tolson U17	TFV 64.7
2 Niall Murray	GLA 66.5
3 Mark Cage U17	KUH 67.8
4 Morgan Bell	COY 75.9
5 Chris Horniman	TRF 77.9

M 2000m SC A

1 Sean Riley U17	TFV 6.28.3
2 Iain Lynn U17	COY 6.36.9
3 Martin Hayes	GLA 6.40.9
4 Kris Lecher	KUH 6.44.0
5 Graham Hogg	TRF 7.04.2
6 Tom Coney U17	WKF 7.15.9

M 2000m SC B

1 Alex Hendry U17	TFV 6.43.3
2 Danny Brocklehurst	TRF 7.12.9
3 Mark Cage U17	KUH 7.53.9
4 Niall Murray	GLA 7.55.2
5 Rich Wilcock U17	COY 8.29.9

M Discus Throw A

1 Jonathan Hepworth	SPN 34.68
2 Tom Crawford	TRF 32.94
3 Chris Gill	COY 31.03
4 Lewis Stead	KUH 30.76
5 Kyle Randalls U17	TFV 30.43
6 Cheidu Ufodiana	WKF 28.31
7 Liam Milligan	GLA 20.54

M Discus Throw B

1 Nathan Forrest	COY 30.70
2 Pete Smith	KUH 29.99
3 Jacob Fletcher	TRF 20.72
4 Lorne Menzies U17	GLA 18.96
5 Chris Taylor	SPN 13.53
6 Marc Boyd U17	TFV 13.02

M Hammer Throw A

1 Pete Smith	KUH 65.73
2 Jonathan Hepworth	SPN 48.47
3 Morgan Bell	COY 47.83
4 Kyle Randalls U17	TFV 47.21
5 Matthew Twidale	WKF 28.62
6 Tom Crawford	TRF 23.09
7 Liam Milligan	GLA 22.71

M Hammer Throw B

1 Will Steel	COY 41.30
2 Matthew Hunt U17	KUH 31.85
3 Chris Palmer U17	WKF 20.11
4 Jacob Fletcher	TRF 13.25
5 Alex Hendry U17	TFV 10.64
6 Callum Sharp	GLA 10.39
7 Eliot Maher U17	SPN 8.27

M High Jump A

1 Gary Plain U17	TFV 1.80
2 David Smith U17	GLA 1.75
3 Chris Taylor	SPN 1.70
4 Tom Crawford	TRF 1.70
5 Josh Green U17	WKF 1.60
6 Rich Wilcock U17	COY 1.60
7 James McLeish U17	KUH 1.55

M High Jump B

1 Callum Innes U17	GLA 1.70
2 Ali Steadman U17	COY 1.55
3 Ryan Greaves U17	SPN 1.50
4 Liam Holiday U17	KUH 1.50
5 Danny Nicol	TFV 1.40
6 David Horniman	TRF 1.40

M Javelin Throw A

1	Matthew Hunt	KUH	45.63
2	Nathan Forrest	COY	43.92
3	Matthew Twidale	WKF	39.41
4	Tom Crawford	TRF	39.37
5	Brendan Sykes	SPN	38.38
6	Liam Milligan	GLA	30.10
7	Stephen Roy	TFV	19.40

M Javelin Throw B

1	Jacob Fletcher	TRF	34.91
2	Chris Walgate U17	KUH	33.66
3	Ali Steadman U17	COY	32.07
4	Chris Palmer U17	WKF	26.24
5	Peter Hoyle	SPN	21.76
6	Fraser Gibson	GLA	15.66
7	Marc Boyd U17	TFV	14.44

M Long Jump A

1	Callum Innes U17	GLA	6.22
2	Rory Evans	TRF	6.02
3	Gary Plain U17	TFV	5.88
4	Steve Richardson U17	KUH	5.76
5	Eliot Maher U17	SPN	5.73
6	Johnny Seller	COY	5.65
7	Tom Coney U17	WKF	4.48

M Long Jump B

1	Fraser Gibson	GLA	5.67
2	Graham Hogg	TRF	5.51
3	James McLeish U17	KUH	5.36
4	Chris Gill	COY	5.23
5	Ian Hardacre U17	TFV	5.07
6	Sam Cundall U17	SPN	4.27

M Pole Vault A

1	Fraser Gibson	GLA	3.90
2	Lewis Stead	KUH	3.40
3	Chris Taylor	SPN	2.75
4	Rich Wilcock U17	COY	2.30
5	David Meyer U17	TRF	2.15

M Pole Vault B

1	Callum Sharp	GLA	2.90
2	Sean Rose U17	KUH	2.75

M Shot Putt A

1	Cheidu Ufodiana	WKF	12.91
2	Nathan Forrest	COY	12.41
3	Jonathan Hepworth	SPN	12.18
4	Pete Smith	KUH	10.49
5	Tom Crawford	TRF	10.35
6	Kyle Randalls U17	TFV	10.29
7	Craig Eaglesham	GLA	8.26

M Shot Putt B

1	Matthew Twidale	WKF	10.37
2	Lewis Stead	KUH	9.82
3	Brendan Sykes	SPN	9.39
4	Ali Steadman U17	COY	8.70
5	Lorne Menzies U17	GLA	7.73
6	Ryan Scott U17	TFV	6.31

M Triple Jump A

1	Chris Gill	COY	12.48
2	Junior George U17	SPN	12.37
3	Rory Evans	TRF	12.34
4	James McLeish U17	KUH	11.92
5	Gary Plain U17	TFV	11.44
6	Josh Green U17	WKF	11.14
7	David Smith U17	GLA	10.95

M Triple Jump B

1	Steve Richardson U17	KUH	11.20
2	Danny Nicol	TFV	11.17
3	Craig Dickinson	WKF	11.12
4	Zac Agar U17	COY	10.66
5	Niall Murray	GLA	10.58

W 100m A

1	Emily Shaw	TRF	12.3
2	Hannah Bird	SPN	12.3
3	Megan Hoult U17	KUH	12.7
4	Rebecca Riches	GLA	12.8
5	Becky Campsell U17	COY	12.8
6	Alix Wilson U17	TFV	13.1
7	Reagan Wright	WKF	13.2

W 100m B

1	Jenny Taker	TRF	12.6
2	Faye Mitchell U17	WKF	13.2
3	Jess Foster U17	COY	13.4
4	Melanie Turner	SPN	13.5
5	Sonia De Santos U17	KUH	13.6
6	Amy Grant U17	TFV	14.6
7	Lucinda Logan U17	GLA	14.7

W 200m A

1 Emily Shaw	TRF	25.0
2 Hannah Bird	SPN	25.0
3 Rebecca Riches	GLA	26.2
4 Leanne Shaw U17	COY	26.3
5 Megan Hoult U17	KUH	26.5
6 Alix Wilson U17	TFV	26.8
7 Reagan Wright	WKF	27.8

W 200m B

1 Jenny Taker	TRF	26.2
2 Rachel Shaw	WKF	26.6
3 Ruth Hill U17	COY	27.2
4 Amanda Campbell U17	TFV	27.3
5 Aishling McGhee	GLA	27.9
6 Sonia De Santos U17	KUH	27.9
7 Jade Stephenson U17	SPN	28.8

W 400m A

1 Aishling McGhee	GLA	60.2
2 Joanne Duxbury	TRF	60.2
3 Ashley Madden U17	TFV	60.4
4 Melanie Turner	SPN	61.3
5 Michelle Stone U17	KUH	63.4
6 Kate Wilson U17	WKF	65.4
7 Vicki Seller U17	COY	67.3

W 400m B

1 Lucy Abbott	TRF	62.4
2 Jade Stephenson U17	SPN	64.1
3 Faye Mitchell U17	WKF	65.0
4 Ruth Brandon	COY	66.3
5 Moira Burton	GLA	67.4
6 Robyn McDowell	TFV	68.0
7 Hannah Bentley U17	KUH	70.1

W 800m A

1 Abbey McGhee	GLA	2.16.7
2 Amanda Campbell U17	TFV	2.17.9
3 Katie McHale	WKF	2.19.8
4 Kirsty Milner	TRF	2.24.4
5 Sarah Peacock U17	SPN	2.28.6
6 Emma Willits	COY	2.31.4
7 Lauren Havercroftu17	KUH	2.42.3

W 800m B

1 Kate Wilson U17	WKF	2.28.6
2 Emily Curry	KUH	2.32.4
3 Emma Rawnsley U17	SPN	2.38.0
4 Nicolla Ellis	TRF	2.48.9
5 Katie Hunter U17	COY	2.49.8
6 Emma Crichton U17	GLA	2.51.4

W 1500m A

1 Mhairi Inglis U17	TFV	4.51.2
2 Katie McHale	WKF	4.55.3
3 Sarah Hudak	TRF	5.00.2
4 Abbey McGhee	GLA	5.05.7
5 Emma Willits	COY	5.08.6
6 Michelle Stone U17	KUH	5.17.8
7 Holly Moore U17	SPN	5.41.3

W 1500m B

1 Emily Curry	KUH	5.34.3
2 Katie Milner	TRF	5.37.3
3 Sophie Hunter U17	COY	5.38.8
4 Robyn McDowell	TFV	6.01.0
5 Caroline Adams U17	GLA	6.15.3
6 Rachel Shaw	WKF	6.37.3

W 3000m A

1 Mhairi Inglis U17	TFV	10.39.3
2 Sarah Hudak	TRF	10.57.5
3 Vicky Needham	COY	11.48.7
4 Lauren Havercroftu17	KUH	12.00.3
5 Caroline Adams U17	GLA	13.40.3

W 3000m B

1 Kirsty Milner	TRF	11.13.1
2 Hannah Bentley U17	KUH	13.01.7
3 Katie Hunter U17	COY	13.07.6

W 100mH A

1 Helen Goacher	COY	15.8
2 Katie Riches	GLA	17.4
3 Jenni Hutchinson U17	TFV	17.7
4 Lucy Abbott	TRF	19.4
5 Sonia De Santos U17	KUH	19.6

W 100mH B

1 Alice McCabe	COY	19.9
2 Stephanie O'Neill	GLA	24.4

W 400mH A

1 Lucy Abbott	TRF	66.5
2 Jenni Hutchinson U17	TFV	66.7
3 Amy Scott	KUH	73.5
4 Alice McCabe	COY	74.9
5 Katie Riches	GLA	75.8
6 Emma Rawnsley U17	SPN	76.8
7 Rachel Shaw	WKF	87.9

W 400mH B

1 Ruth Brandon	COY	75.6
2 Abbie Stringer U17	SPN	84.9
3 Nicolla Ellis	TRF	89.2
4 Moira Burton	GLA	89.2

W 1500m SC A

No competitors

W 1500m SC B

No competitors

W Discus Throw A

1 Chloe Beckett	TRF	38.13
2 Laura Teasdale	WKF	29.62
3 Heather Simpson U17	KUH	23.51
4 Jess Welsh U17	COY	19.00
5 Emma Crichton U17	GLA	17.41
6 Amy Grant U17	TFV	12.50
7 Holly Moore U17	SPN	8.42

W Discus Throw B

1 Ashleigh Beckett U17	TRF	25.80
2 Nicola Bates U17	KUH	23.51
3 Moira Burton	GLA	16.79
4 Stacy Bell	COY	15.51
5 Sarah Wood	WKF	7.70
6 Abbie Stringer U17	SPN	7.30

W Hammer Throw A

1 Nicola Bates U17	KUH	33.81
2 Chloe Beckett	TRF	30.61
3 Laura Teasdale	WKF	27.36
4 Laura Hunter	COY	19.26
5 Rachael McKie	TFV	17.60
6 Stephanie O'Neill	GLA	13.58
7 Emma Rawnsley U17	SPN	7.17

W Hammer Throw B

1 Heather Simpson U17	KUH	29.44
2 Lucy Abbott	TRF	21.79
3 Jenni Hutchinson U17	TFV	17.22
4 Sarah Wood	WKF	14.30
5 Emma Willits	COY	13.25
6 Emma Crichton U17	GLA	6.22
7 Sarah Peacock U17	SPN	5.20

W High Jump A

1 Lucinda Logan U17	GLA	1.53
2 Lois Earl U17	KUH	1.50
3 Jess Taylor	COY	1.50
4 Lucy Holmes	WKF	1.40
5 Zoe Reid U17	TRF	1.35
6 Dijan Matheson	SPN	1.30
7 Mhairi Inglis U17	TFV	1.25

W High Jump B

1 Katie Riches	GLA	1.40
2 Laura Hunter	COY	1.40
3 Reagan Wright	WKF	1.30
4 Hannah Bentley U17	KUH	1.30

W Javelin Throw A

1 Chloe Beckett	TRF	34.26
2 Lois Earl U17	KUH	25.26
3 Jess Taylor	COY	24.53
4 Rebecca Riches	GLA	21.26
5 Laura Teasdale	WKF	16.65
6 Amanda Campbell U17	TFV	10.31
7 Holly Moore U17	SPN	8.96

W Javelin Throw B

1 Ashleigh Beckett U17	TRF	28.85
2 Jess Welsh U17	COY	23.24
3 Nicola Bates U17	KUH	22.96
4 Moira Burton	GLA	16.84
5 Sarah Wood	WKF	7.66
6 Abbie Stringer U17	SPN	5.32

W Long Jump A

1 Lois Earl U17	KUH	5.08
2 Stacy Bell	COY	4.93
3 Lucinda Logan U17	GLA	4.90
4 Jenny Taker	TRF	4.81
5 Faye Mitchell U17	WKF	4.79
6 Jade Stephenson U17	SPN	4.65
7 Ashley Madden U17	TFV	4.55

W Long Jump B

1 Annie Roberts U17	COY	4.78
2 Zoe Reid U17	TRF	4.69
3 Dijan Matheson	SPN	4.40
4 Dionne Jones U17	WKF	4.15
5 Natalie Swann U17	KUH	4.09
6 Aishling McGhee	GLA	4.06
7 Robyn McDowell	TFV	3.27

W Pole Vault A

1 Amy Grant U17 TFV 2.60
2 Laura Teasdale WKF 2.20
3 Caroline Adams U17 GLA 2.00
4 Sophie Hunter U17 COY 1.85
5 Natalie Swann U17 KUH 1.70

W Pole Vault B

1 Vicky Needham COY 1.70

W Shot Putt A

1 Chloe Beckett TRF 12.08
2 Jess Taylor COY 9.41
3 Heather Simpson U17 KUH 9.19
4 Laura Teasdale WKF 8.76
5 Rachael McKie TFV 8.72
6 Melanie Turner SPN 8.55
7 Stephanie O'Neill GLA 7.50

W Shot Putt B

1 Anna Parkinson KUH 8.99
2 Jess Welsh U17 COY 7.17
3 Jenny Taker TRF 6.53
4 Dijan Matheson SPN 5.80
5 Abbey McGhee GLA 5.62
6 Ashley Madden U17 TFV 5.29
7 Sarah Wood WKF 4.31

W Triple Jump A

1 Zoe Reid U17 TRF 10.70
2 Stacy Bell COY 10.24
3 Dijan Matheson SPN 9.79
4 Hannah Bentley U17 KUH 9.72
5 Stephanie O'Neill GLA 9.38
6 Dionne Jones U17 WKF 8.86

W Triple Jump B

1 Laura Rigby COY 9.68
2 Katie Riches GLA 9.36
3 Natalie Swann U17 KUH 9.00
4 Hannah Bird SPN 8.88
5 Kirsty Milner TRF 8.52

W 4x100m Relay

1 KUH 51.5	1 Megan Hoult U17	2 Sonia De Santos U17
	3 Lois Earl U17	4 Anna Parkinson
2 COY 51.7	1 Laura Rigby	2 Jess Foster U17
	3 Ruth Hill U17	4 Becky Campsell U17
3 TFV 52.0	1 Alix Wilson U17	2 Ashley Madden U17
	3 Jenni Hutchinson U17	4 Amy Grant U17
4 TRF 52.0	1 Ashleigh Beckett U17	2 Emily Shaw
	3 Kirsty Milner	4 Jenny Taker
5 WKF 53.2	1 Dionne Jones U17	2 Faye Mitchell U17
	3 Rachel Shaw	4 Reagan Wright
6 SPN 53.3	1 Dijan Matheson	2 Melanie Turner
	3 Abbie Stringer U17	4 Hannah Bird
7 GLA 53.4	1 Rebecca Riches	2 Katie Riches
	3 Lucinda Logan U17	4 Aishling McGhee

W 4x400m Relay

1 TFV 4.06.5	1 Jennifer Hutchinson	2 Ashley Madden U17
	3 Amanda Campbell U17	4 Mhairi Inglis U17
2 SPN 4.11.5	1 Jade Stephenson U17	2 Melanie Turner
	3 Emma Rawnsley U17	4 Hannah Bird
3 GLA 4.12.2	1 Abbey McGhee	2 Aishling McGhee
	3 Moira Burton	4 Caroline Adams U17
4 COY 4.13.5	1 Jess Taylor	2 Vicky Needham
	3 Helen Goacher	4 Leanne Shaw U17
5 WKF 4.17.2	1 Katie McHale	2 Reagan Wright
	3 Kate Wilson U17	4 Rachel Shaw
6 TRF 4.18.4	1 Joanne Duxbury	2 Zoe Reid U17
	3 Emily Shaw	4 Nicolla Ellis
7 KUH 4.33.2	1 Amy Scott	2 Michelle Stone U17
	3 Lauren Havercroftu17	4 Emily Curry

M 4x100m Relay

1 COY 45.3	1 Tom Bennington	2 Christopher Taylor
	3 Johnny Seller	4 Zac Agar U17
2 GLA 45.8	1 Craig Eaglesham	2 John Craig
	3 Callum Sharp	4 Callum Innes U17
3 TRF 46.3	1 Rory Evans	2 Danny Barry
	3 Ciaran McCaughey	4 Jeremy Gilmour
4 WKF 46.6	1 Ricardo Francis	2 Chris Brennan U17
	3 Craig Dickinson	4 Cheidu Ufodiana
5 TFV 47.2	1 Ryan Scott U17	2 Michael Deegan
	3 Stephen Roy	4 Marc Boyd U17
6 KUH 47.5	1 Chris Stephenson	2 James McLeish U17
	3 Lewis Stead	4 Steve Richardson U17
7 SPN 49.0	1 Sam Cundall U17	2 Junior George U17
	3 Luke Edwards U17	4 Chris Taylor

M 4x400m Relay

1 COY 4.32.6	1 Christopher Taylor	2 Tom Bennington
	3 Will Steel	4 Johnny Seller
2 TRF 4.32.6	1 Danny Barry	2 Graham Hogg
	3 Jeremy Gilmour	4 Ciaran McCaughey
3 WKF 4.34.8	1 Thomas Atkinson U17	2 Nathan Bolton U17
	3 Andre Pobischan	4 Lewis Tatt
4 SPN 4.38.0	1 Jake Rowlands	2 Brendan Sykes
	3 Luke Edwards U17	4 Ryan Greaves U17
5 GLA 4.41.3	1 Lorne Menzies U17	2 Stuart Ross U17
	3 Martin Hayes	4 Max Ralston U17
6 KUH 4.43.2	1 Tom Butler	2 Chris Walgate U17
	3 Chris Stephenson	4 Liam Holiday
7 TFV 4.46.1	1 Stephen Roy	2 Lewis Grant U17
	3 Daren Thomson	4 Sean Riley U17

	Points
1 City of York AC	508
2 Trafford AC	489
3 Kingston Upon Hull AC	486
4 Team Glasgow	470
5 Team Forth Valley	386
6 Wakefield D. H. & AC	379
7 Spenborough & District AC	334

Note(s)

No competitors W 1500m SC A&B,
COY Includes + 25pts,
KUH Includes + 35pts,
SPN Includes + 35pts,
TFV Includes + 35pts,
GLA Includes + 25pts,
TRF Includes + 25pts,
WKF Includes + 35pts,

Athlete of match.

Women, Chloe Beckett, Trafford AC, Discus, 38.13 Metres.

Men, Peter Smith, Kingston Upon Hull, Hammer, 65.73 Metres.

	Club	COY							POINTS														
		No's	1	11	2	22	3	33	4	44	5	55	6	66	7	77	Used	Waste	Tot				
M 100m	A	6			5			4			7			8			11			9	50	0	50
	B	7			3			2			6			9			4			5	36	0	36
Cumulative		13			8			6			13			17			15			14	86	0	86
M 200m	A	6			8			4			5			7			9			11	50	0	50
	B	9			4			3			6			7			2			5	36	0	36
Cumulative		28			20			13			24			31			26			30	172	0	172
M 400m	A	8			7			11			4			6			9			5	50	0	50
	B	7			9			5			2			6			4			3	36	0	36
Cumulative		43			36			29			30			43			39			38	258	0	258
M 800m	A	5			4			8			6			7			11			9	50	0	50
	B	4			2			6			3			5			9			7	36	0	36
Cumulative		52			42			43			39			55			59			54	344	0	344
M 1500m	A	5			9			4			6			7			11			8	50	0	50
	B	2			9			3			4			5			6			7	36	0	36
Cumulative		59			60			50			49			67			76			69	430	0	430
M 3000m	A	11			6			4			9			7			5			8	50	0	50
	B	2			5			4			6			9			3			7	36	0	36
Cumulative		72			71			58			64			83			84			84	516	0	516
M 110mH	A	9			8			0			6			11			7			0	41	9	50
	B	5			7			0			6			9			0			0	27	9	36
Cumulative		86			86			58			76			103			91			84	584	18	602
M 400mH	A	7			6			0			9			11			5			8	46	4	50
	B	5			6			0			9			7			4			0	31	5	36
Cumulative		98			98			58			94			121			100			92	661	27	688
M 2000SC	A	9			7			0			11			8			6			5	46	4	50
	B	4			6			0			9			5			7			0	31	5	36
Cumulative		111			111			58			114			134			113			97	738	36	774
M DT	A	8			7			11			6			4			9			5	50	0	50
	B	9			7			4			3			5			6			0	34	2	36
Cumulative		128			125			73			123			143			128			102	822	38	860
M HT	A	8			11			9			7			4			5			6	50	0	50
	B	9			7			2			4			3			5			6	36	0	36
Cumulative		145			143			84			134			150			138			114	908	38	946

Club	COY	KUH		SPN		TFV		GLA		TRF		WKF		POINTS				
		No's	1	11	2	22	3	33	4	44	5	55	6	66	7	77	Used	Waste

M HJ	A	5	4	8	11	9	7	6	50	0	50							
	B	7	5	6	4	9	3	0	34	2	36							
Cumulative		157	152	98	149	168	148	120	992	40	1032							

M JT	A	9	11	6	4	5	7	8	50	0	50							
	B	6	7	4	2	3	9	5	36	0	36							
Cumulative		172	170	108	155	176	164	133	1078	40	1118							

M LJ	A	5	7	6	8	11	9	4	50	0	50							
	B	5	6	3	4	9	7	0	34	2	36							
Cumulative		182	183	117	167	196	180	137	1162	42	1204							

M PV	A	7	9	8	0	11	6	0	41	9	50							
	B	0	7	0	0	9	0	0	16	20	36							
Cumulative		189	199	125	167	216	186	137	1219	71	1290							

M SP	A	9	7	8	5	4	6	11	50	0	50							
	B	5	7	6	3	4	0	9	34	2	36							
Cumulative		203	213	139	175	224	192	157	1303	73	1376							

M TJ	A	11	7	9	6	4	8	5	50	0	50							
	B	5	9	0	7	4	0	6	31	5	36							
Cumulative		219	229	148	188	232	200	168	1384	78	1462							

W 100m	A	6	8	9	5	7	11	4	50	0	50							
	B	6	4	5	3	2	9	7	36	0	36							
Cumulative		231	241	162	196	241	220	179	1470	78	1548							

W 200m	A	7	6	9	5	8	11	4	50	0	50							
	B	6	3	2	5	4	9	7	36	0	36							
Cumulative		244	250	173	206	253	240	190	1556	78	1634							

W 400m	A	4	6	7	8	11	9	5	50	0	50							
	B	5	2	7	3	4	9	6	36	0	36							
Cumulative		253	258	187	217	268	258	201	1642	78	1720							

W 800m	A	5	4	6	9	11	7	8	50	0	50							
	B	4	7	6	0	3	5	9	34	2	36							
Cumulative		262	269	199	226	282	270	218	1726	80	1806							

W 1500m	A	6	5	4	11	7	8	9	50	0	50							
	B	6	9	0	5	4	7	3	34	2	36							
Cumulative		274	283	203	242	293	285	230	1810	82	1892							

W 3000m	A	8	7	0	11	6	9	0	41	9	50							
	B	6	7	0	0	0	9	0	22	14	36							
Cumulative		288	297	203	253	299	303	230	1873	105	1978							

Club	COY	KUH		SPN		TFV		GLA		TRF		WKF		POINTS					
		No's	1	11	2	22	3	33	4	44	5	55	6	66	7	77	Used	Waste	Tot
W 100mH	A	11	6	0	8	9	7	0	41	9	50								
	B	9	0	0	0	7	0	0	16	20	36								
Cumulative		308	303	203	261	315	310	230	1930	134	2064								
W 400mH	A	7	8	5	9	6	11	4	50	0	50								
	B	9	0	7	0	5	6	0	27	9	36								
Cumulative		324	311	215	270	326	327	234	2007	143	2150								
W 1500SC	A	0	0	0	0	0	0	0	0	50	50								
	B	0	0	0	0	0	0	0	0	36	36								
Cumulative		324	311	215	270	326	327	234	2007	229	2236								
W DT	A	7	8	4	5	6	11	9	50	0	50								
	B	5	7	3	0	6	9	4	34	2	36								
Cumulative		336	326	222	275	338	347	247	2091	231	2322								
W HT	A	7	11	4	6	5	9	8	50	0	50								
	B	4	9	2	6	3	7	5	36	0	36								
Cumulative		347	346	228	287	346	363	260	2177	231	2408								
W HJ	A	8	9	5	4	11	6	7	50	0	50								
	B	7	5	0	0	9	0	6	27	9	36								
Cumulative		362	360	233	291	366	369	273	2254	240	2494								
W JT	A	8	9	4	5	7	11	6	50	0	50								
	B	7	6	3	0	5	9	4	34	2	36								
Cumulative		377	375	240	296	378	389	283	2338	242	2580								
W LJ	A	9	11	5	4	8	7	6	50	0	50								
	B	9	4	6	2	3	7	5	36	0	36								
Cumulative		395	390	251	302	389	403	294	2424	242	2666								
W PV	A	7	6	0	11	8	0	9	41	9	50								
	B	9	0	0	0	0	0	0	9	27	36								
Cumulative		411	396	251	313	397	403	303	2474	278	2752								
W SP	A	9	8	5	6	4	11	7	50	0	50								
	B	7	9	5	3	4	6	2	36	0	36								
Cumulative		427	413	261	322	405	420	312	2560	278	2838								
W TJ	A	9	7	8	0	6	11	5	46	4	50								
	B	9	6	5	0	7	4	0	31	5	36								
Cumulative		445	426	274	322	418	435	317	2637	287	2924								
W 4x1		9	11	5	8	4	7	6	50	0	50								
Cumulative		454	437	279	330	422	442	323	2687	287	2974								
W 4x4		7	4	9	11	8	5	6	50	0	50								
Cumulative		461	441	288	341	430	447	329	2737	287	3024								

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|      Club| COY | KUH | SPN | TFV | GLA | TRF | WKF |      POINTS      |
|      No's| 1 11| 2 22| 3 33| 4 44| 5 55| 6 66| 7 77|Used Waste Tot|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+
|M 4x1    |  11|   5|   4|   6|   9|   8|   7| 50|  0| 50|
|Cumulative| 472| 446| 292| 347| 439| 455| 336|2787| 287|3074|
|-----+-----+-----+-----+-----+-----+-----+-----+
|M 4x4    |  11|   5|   7|   4|   6|   9|   8| 50|  0| 50|
|Cumulative| 483| 451| 299| 351| 445| 464| 344|2837| 287|3124|
|-----+-----+-----+-----+-----+-----+-----+-----+
|      Add|  25|   35|   35|   35|   25|   25|   35|  0|  0|  0|
|subtract|   0|   0|   0|   0|   0|   0|   0|  0|  0|  0|
|Cumulative| 508| 486| 334| 386| 470| 489| 379|2837| 287|3124|
|-----+-----+-----+-----+-----+-----+-----+-----+
|      TOTALS| 508| 486| 334| 386| 470| 489| 379|2837| 287|3124|
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Pos	Club	Points	Add	Sub	Total	Lge
1	CITY OF YORK AC	483	25	0	508	8
2	Trafford AC	464	25	0	489	7
3	Kingston Upon Hull AC	451	35	0	486	6
4	Team Glasgow	445	25	0	470	5
5	TEAM FORTH VALLEY	351	35	0	386	4
6	Wakefield D. H. & AC	344	35	0	379	3
7	Spenborough & District AC	299	35	0	334	2

Used + add - sub = total 2837 215 0 3052
 Unused points 287 287
 (Used+unused)+add-sub=total 3124 215 0 3339

Club	1st	2nd	3rd	4th	5th	6th	7th	1st	2nd	3rd	4th	5th	6th	7th
COY	A 5	8	6	8	4	5	1	B 8	6	5	7	4	0	2
TRF	A 10	8	3	7	4	4	0	B 8	5	4	2	4	2	1
KUH	A 5	4	6	8	6	4	4	B 6	9	5	3	3	2	2
GLA	A 7	3	6	7	6	2	6	B 7	4	2	6	6	5	1
TFV	A 6	4	4	2	8	6	5	B 2	1	5	2	4	6	3
WKF	A 2	5	7	3	6	6	4	B 2	5	4	5	2	2	1
SPN	A 2	5	5	2	3	5	9	B 0	2	5	4	3	5	4

Men	Points	Women	Points
1 Team Glasgow	247	1 Trafford AC	247
2 CITY OF YORK AC	241	2 CITY OF YORK AC	242
3 Kingston Upon Hull AC	239	3 Kingston Upon Hull AC	212
4 Trafford AC	217	4 Team Glasgow	198
5 TEAM FORTH VALLEY	198	5 Wakefield D. H. & AC	161
6 Wakefield D. H. & AC	183	6 TEAM FORTH VALLEY	153
7 Spenborough & District AC	159	7 Spenborough & District AC	140