

Competition: UKWAL Div 1 Round:2 RESULTS
 Venue: Birmingham, Sat 6 July 2002

100M A	Wind -0.8 m/s	100M B	Wind -0.4 m/s
1 Marcia Richardson	WSE 11.85	1 Lisa Trotman	TRF 12.23
2 Donita Benjamin	TRF 11.90	2 Zoe Wilson	BIR 12.29
3 Catherine Murphy	SBH 11.98	3 Felicia Louisy	WSE 12.32
4 Ellena Ruddock	RUG 12.00	4 Natasha May	SAL 12.53
5 Donna Maylor	BIR 12.17	5 Emma Bailey	RUG 12.56
6 Sharon Wilson	EWM 12.28	6 Cherie Pierre	SBH 12.62
7 Rebecca White	SAL 12.70	7 Joanna Trotman	TSL 12.62
8 Emma Duck	TSL 12.91	8 Shelagh Jackson	EWM 13.50

200M A	Wind -0.4 m/s	200M B	Wind +0.7 m/s
1 Catherine Murphy	SBH 23.92	1 Rachel Harris	BIR 24.91
2 Sinead Dudgeon	EWM 23.93	2 Laurette Thorne	WSE 25.02
3 Sarah Riley	BIR 24.44	3 Liz Fairs	TRF 25.07
4 Danielle Halsall	SAL 24.55	4 Michelle Pierre	SBH 25.19
5 Lisa Trotman	TRF 24.62	5 Sharon Wilson	EWM 25.40
6 Ellena Ruddock	RUG 24.77	6 Tina Thirwell	SAL 25.89
7 Leslie Owuso	WSE 24.78	7 Nichola Nutting	RUG 27.34
8 Katy Sketchley	TSL 25.99		

400M A		400M B	
1 Melanie Perkiss	TSL 52.99	1 Vicky Jamison	WSE 54.60
2 Helen Frost	BIR 53.14	2 Anita Eagland	TRF 55.54
3 Danielle Halsall	SAL 54.27	3 Michelle Thomas	BIR 56.17
4 Michelle Pierre	SBH 54.31	4 Rebecca Sweeney	SAL 57.12
5 Nicole Bowring	WSE 54.37	5 Danielle Glover	RUG 59.34
6 Katie Jones	TRF 55.60	6 Mhairi Walker	EWM 59.43
7 Mary McLung	EWM 57.72	7 Gill Cashell	TSL 59.71
8 Jessica Cunliffe	RUG 58.25	8 Sarah Heath	SBH 60.40

800M A		800M B	
1 Kerry Gillibrand	SAL 2.07.54	1 Danielle Woods	TRF 2.11.83
2 Mary McLung	EWM 2.08.22	2 Jo Ankier	SBH 2.13.82
3 Karen Hill	TRF 2.09.78	3 Sarah Simmons	WSE 2.14.44
4 Lucy Pringle	WSE 2.12.64	4 Paula Hopley	SAL 2.16.71
5 Sarah Heath	SBH 2.15.11	5 Alison Cooper	RUG 2.22.08
6 Danielle Glover	RUG 2.19.93	6 Wendy Morant	BIR 2.56.79
7 Helena Trigg	BIR 2.25.05		

1500M A		1500M B	
1 Kerry Gillibrand	SAL 4.21.66	1 Louise Whittaker	SAL 4.24.83
2 Karen Hill	TRF 4.29.91	2 Lyn Gallagher	SBH 4.36.93
3 Stephanie Van Graan	SBH 4.30.97	3 Sarah Simmons	WSE 4.56.04
4 Carolyn Dickie	WSE 4.39.39	4 Kim Elliott	BIR 5.02.03
5 Ruth Love	RUG 4.42.57	5 Rachel Ost	RUG 5.09.80
6 Claire Wilson	BIR 5.01.07		
7 Mhairi Walker	EWM 5.54.22		
8 Becky Ridgley	TSL 7.34.14		

3000M A		3000M B	
1 Jo Lodge	WSE 16.05.23	1 Ros Lewis	SBH 17.35.76
2 Lucy Elliott	SBH 16.38.90	2 Paula Fudge	WSE 17.49.09
3 Yvonne Baillie	BIR 18.47.55	3 Sonia Clark	SAL 19.34.51
4 Ruth Waller	SAL 19.24.55	4 Louise Thompson	RUG DNF
5 Sue Bellamy	RUG 19.30.96		
6 Gill Cashell	TSL 19.40.35		

100MH A	Wind +1.0 m/s	100MH B	Wind +0.3 m/s
1 Liz Fairs	TRF 13.76	1 Katie Jones	TRF 14.33
2 Bianca Liston	WSE 13.95	2 Joanne Suddes	EWM 14.79
3 Emma Reid	EWM 14.99	3 Debbie Harrison	BIR 15.85
4 Joanne Erskine	SBH 15.11	4 Tina Thirwell	SAL 16.02
5 Emma Duck	TSL 15.17	5 Claire Ridgley	TSL 17.06
6 Samantha Watts	SAL 15.99	6 Debbie Barritt	RUG 18.81

7 Lizzie Patrick	BIR 16.06	7 Rebecca Wright	WSE 18.98
8 Clare Acford	RUG 18.69		

400MH A		400MH B	
1 Celia Brown	SBH 61.27	1 Emma Reid	EWM 63.64
2 Samantha Watts	SAL 63.01	2 Ruth Waller	SAL 65.24
3 Jessica Cunliffe	RUG 63.20	3 Clare Acford	RUG 65.52
4 Lyndsay Fitzgerald	WSE 63.45	4 Joanne Erskine	SBH 65.62
5 Joanne Suddes	EWM 64.34	5 Rebecca Wright	WSE 70.62
6 Katie Sketchley	TSL 67.28		
7 Lindsay Johnson	TRF 78.90		
8 Marinova Seminova	BIR 85.02		

Discus Throw A		Discus Throw B	
1 Philippa Roles	SAL 53.56	1 Lorraine Shaw	SAL 46.27
2 Rebecca Roles	RUG 46.36	2 Sarah Henton	BIR 40.89
3 Nicola Talbot	BIR 44.06	3 Debbie Callaway	TSL 38.86
4 Vicky Foster	TSL 43.89	4 Julie Dunkley	SBH 34.97
5 Navdeer Dhaliwal	SBH 42.49	5 Jenny Duff	RUG 31.66
6 Helen Wilding	TRF 33.62	6 Vicci Scott	TRF 31.25
7 Janet Smith	WSE 30.87	7 Katie Lamb	WSE 28.42
8 Laura Ballotta	EWM 26.17	8 Lindsey Maguire	EWM 15.46

Hammer Throw A		Hammer Throw B	
1 Lorraine Shaw	SAL 63.81	1 Helen Wilding	TRF 47.25
2 Lesley Brannan	BIR 56.58	2 Janet Smith	WSE 44.52
3 Elmarie Knoetzen	SBH 52.42	3 Helen Gilbert	BIR 39.40
4 Lucy Marshall	RUG 50.23	4 Jenny Duff	RUG 32.99
5 Katie Lamb	WSE 50.11	5 Debbie Callaway	TSL 32.17
6 Vicci Scott	TRF 48.43	6 Chiara Collins	SAL 30.70
7 Vicky Foster	TSL 35.45	7 Jenny Grimstone	SBH 25.31
8 Lindsey Maguire	EWM 16.20	8 Joanne Stanley	EWM 12.46

High Jump A		High Jump B	
1 Rachael Martin	SAL 1.65	1=Shelagh Jackson	EWM 1.45
2=Catriona Christie	WSE 1.60	1=Carly Robson	WSE 1.45
2=Gillian Stewart	EWM 1.60	3 Claire Ridgley	TSL 1.40
4=Marina Seminova	BIR 1.40	4 Sally Kettle	RUG 1.40
4=Simone Glover	RUG 1.40	5 Joanne Harding	TRF 1.30
6 Becky Ridgley	TSL 1.40		
7 Claire Roddis	TRF 1.35		

Javelin Throw A		Javelin Throw B	
1 Shelley Holroyd	SAL 48.89	1 Jenny Grimstone	SBH 40.35
2 Kirsty Morrison	SBH 48.83	2 Gillian Stewart	EWM 38.74
3 Lorna Jackson	EWM 48.14	3 Helen Gilbert	BIR 32.10
4 Nightingale Anek	WSE 36.66	4 Margaret Veldman	SAL 30.30
5 Candice Francis	BIR 33.83	5 Claire Roddis	TRF 24.43
6 Joanne Harding	TRF 32.50	6 Janet Smith	WSE 18.04
7 Rebecca Roles	RUG 31.08	7 Simone Glover	RUG 16.12
8 Katy Sketchley	TSL 24.13	8 Melanie Perkiss	TSL 7.88

Long Jump A		Long Jump B	
1 Donita Benjamin	TRF 6.10NWI	1 Margaret Veldman	SAL 5.71NWI
2 Ruth Irving	EWM 6.01NWI	2 Debbie Harrison	BIR 5.56NWI
3 Ayshia Hanson	BIR 5.93NWI	3 Charmaine Turner	TSL 5.29NWI
4 Natasha May	SAL 5.86NWI	4 Katie Evans	RUG 5.25NWI
5 Kim Rothman	WSE 5.62NWI	5 Marcia Walker	WSE 4.96NWI
6 Jo Trotman	TSL 5.43NWI	6 Gillian Stewart	EWM 4.87NWI

7 Catheryn Dale	RUG 5.31NWI	7 Claire Roddis	TRF 4.37NWI
8 Cherie Pierre	SBH 4.14NWI		

Pole Vault A

1 Iri Hill	WSE 3.90
2 Ellie Spain	SBH 3.80
3 Laura Ballotta	EWM 3.70
4=Claire Ridgley	TSL 3.50
4=Hilary Smith	BIR 3.50
6 Linda Stanton	SAL 3.40
7 Lindsay Johnson	TRF 2.90
8 Holly Tinn	RUG 2.80

Pole Vault B

1 Catherine McCrae	WSE 3.60
2 Emma Hornby	BIR 3.40
3 Becky Ridgley	TSL 3.30
4 Amy Rennison	SAL 3.10
5 Kirsty Obern	RUG 2.50
6 Lindsey Maguire	EWM 2.30

Shot Putt A

1 Julie Dunkley	SBH 15.57
2 Philippa Roles	SAL 14.32
3 Vicky Foster	TSL 13.52
4 Kelly Sotherton	BIR 12.17
5 Rebecca Roles	RUG 12.05
6 Helen Wilding	TRF 11.99
7 Laura Ballotta	EWM 11.67
8 Katie Lamb	WSE 9.60

Shot Putt B

1 Lorraine Shaw	SAL 12.00
2 Navdeer Dhaliwal	SBH 11.42
3 Lesley Brannan	BIR 10.96
4 Debbie Callaway	TSL 10.71
5 Lorna Jackson	EWM 10.47
6 Jenny Duff	RUG 9.17
7 Vicci Scott	TRF 8.85
8 Nightingale Anek	WSE 8.01

Triple Jump A

1 Yamile Alderma	SBH 14.16NWI
2 Rebecca White	SAL 12.58NWI
3 Charmaine Turner	TSL 12.25NWI
4 Katie Evans	RUG 12.06NWI
5 Kelly Sotherton	BIR 11.95NWI
6 Carly Robson	WSE 11.78NWI
7 Joanne Stanley	EWM 11.13NWI
8 Joanne Harding	TRF 9.15NWI

Triple Jump B

1 Lizzie Patrick	BIR 11.83NWI
2 Alison McAllister	SAL 11.35NWI
3 Sarah Hunter	SBH 11.13NWI
4 Catherine Dale	RUG 11.03NWI
5 Sheilagh Jackson	EWM 9.85NWI
6 Lindsay Johnson	TRF 8.82NWI

4x100M Relay

1 WSE 46.73	1 Felicia Louisy	2 Marcia Richardson
	3 Laurretta Thorne	4 Bianca Liston
2 SAL 48.15	1 Natasha May	2 Margaret Veldman
	3 Rebecca Sweeney	4 Rebecca White
3 TRF 48.46	1 Katie Jones	2 Donita Benjamin
	3 Liz Fairs	4 Lisa Trotman
4 SBH 48.73	1 Yamile Alderma	2 Catherine Murphy
	3 Sarah Hunter	4 Cherie Pierre
5 TSL 48.77	1 Katie Sketchley	2 Melanie Purkiss
	3 Charmaine Turner	4 Joanna Trotman
6 EWM 49.06	1 Joanne Suddes	2 Shelagh Jackson
	3 Emma Reid	4 Sharon Wilson

4x400M Relay

1 TRF 3.43.40	1 Liz Fairs	2 Lisa Trotman
	3 Katie Jones	4 Anita Eagland
2 SBH 3.45.15	1 Celia Brown	2 Sarah Heath
	3 Michelle Pierre	4 Catherine Murphy
3 WSE 3.49.13	1 Lucy Pringle	2 Loretta Thorne
	3 Vicky Jamison	4 Nicole Bowring
4 BIR 3.56.97	1 Wendy Marrant	2 Kelly Sotherton
	3 Helena Trigg	4 Michelle Thomas

5	SAL	3.59.53	1	Rebecca Sweeney	2	Margaret Veldma
			3	Danielle Halsall	4	Kelly Gillibrand
6	RUG	4.05.52	1	Claire Acford	2	Danielle Glover
			3	Alison Copper	4	Jessic Cunliffe
7	EWM	4.14.63	1	Emma Reid	2	Mary McLung
			3	Mhairi Walker	4	Lindsay Maguire

PRIOR STANDINGS			MATCH RESULT			LEAGUE STANDINGS					
	Event	Lge		Event	Lge		Event	Lge			
1	SAL	225	8	1	SAL	207	8	1	Sale Harriers Manchester	432	16
2	WSE	179	7	2	WSE	176.5	7	2	W.S.E. & Hounslow AC	355.5	14
3	SBH	160	6	3	SBH	172	6	3	Shaftesbury Barnet H.	332	12
4	TRF	155	5	4	BIR	161	5	4	Birchfield Harriers & AC	308	9
5	BIR	147	4	5	TRF	146	4	5	Trafford AC	301	9
6	RUG	141	3	6	EWM	122.5	3	6	Rugby & Northampton AC	261.5	5
7	EWM	111	2	7	RUG	120.5	2	7	Edinburgh Woollen Mill AC	233.5	5
8	TSL	110	1	8	TSL	98.5	1	8	Team Solent	208.5	2